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GROSSE
POINTE MAGAZINE

SUPERintendent

**Dr. Suzanne Klein to retire
after 40 years with district**

G.P. Express

**Friends of the Grosse Pointe Parade
to add Toys for Tots train to this year's event**

Thanksgiving Traditions

**Grosse Pointers share ways
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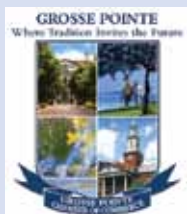
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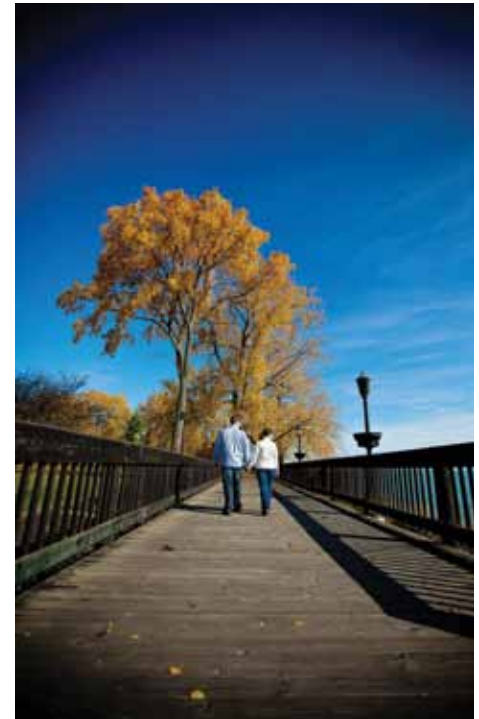
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On the Cover

West Park Photography photographed the cover photo during an engagement photography session with now-married Sam Blanchard and Elizabeth Ralstrom. The photo was taken at the boardwalk at Patterson Park in Grosse Pointe Park, where Blanchard proposed to Ralstrom. In August 2010, Blanchard and Ralstrom were married at St. Paul on the Lake Catholic Church and held their reception at the Grosse Pointe Yacht Club.

West Park photographers Lynn Bernardi and Andrew Schwartz are Grosse Pointe residents themselves and even named their photography studio after their beloved home. Check them out online at www.westparkphoto.com.



Grosse Pointe Magazine is published six times a year by Pointe Media Incorporated, 18530 Mack Ave. #106, Grosse Pointe Farms, MI 48236. Phone: (313) 640-8955; e-mail: publisher@grossepointemagazine.com. Grosse Pointe Magazine reserves the right to reject any advertising. Copyright 2011 Pointe Media Incorporated. Complimentary delivery to all Grosse Pointe homes. \$20/year subscriptions available for non-Grosse Pointe and nonresidential addresses.

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GROSSE POINTE MAGAZINE



John Minnis
Editor and Publisher

90 days until Christmas!

About the time you read this, it will be some 90 days before Christmas! Where did the summer go? Already, Halloween candy and Thanksgiving harvest wares are being moved aside for the holidays. The merchants are certainly hoping for a brisk holiday shopping season. So are we!

“

And, of course, there is ‘Grosse Pointe’ — the neighborhoods, the churches, the homes, the institutions and the lake — that make living here feel so ‘right.’

”

Yet, let’s not forget to enjoy Halloween and Thanksgiving along the way to the big day, Dec. 25.

All Hallows Eve is a good holiday in that there is little pressure — other than finding or making the right costume for your little goblins and witches and whatnot.

On the farm, we had to travel into town to go trick-or-treating. With the nearest home 1/2 mile away, trick-or-treating in the country was not very profitable.

Sometimes if we were lucky, our parents took us to grandma’s house in Detroit. Talk about efficient trick-or-treating! I remember being in awe of my uncle who during the evening would return to he and grandma’s home several times to empty a pillow case full of goodies onto his bed. He had Halloween down pat!

This Halloween in Grosse Pointe, be careful of the kids. It is harder to see this time of year as dusk turns to darkness. Beware and take care so the night is a treat not a nasty trick!

The farm was a better place to celebrate Thanksgiving Day. It just seemed fitting that many of the Thanksgiving meal produce — beans, squash, potatoes, canned beets, ham

(but not the turkey) were raised ourselves. It truly made us feel thankful!

This year, what with the economy still weighing on everyone’s mind — and pocketbook — it is even more important to be thankful for the many blessings we do have. Of course, there are our families and children without whom our lives would be sad and lonely. There are also our friends and colleagues and neighbors who make living in Grosse Pointe so great. And, of course, there is “Grosse Pointe” — the neighborhoods, the churches, the homes, the institutions and the lake — that make living here feel so “right.”

And don’t forget to thank and patronize our many businesses that are struggling to survive so that when we need them, they are there. Our businesses make living, working and shopping in Grosse Pointe fun and charming in a way that other suburbs will never know.

Happy Halloween and Thanksgiving to all our readers, advertisers and friends. See you at Christmas!

A handwritten signature in blue ink, appearing to read 'John'.

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Meet Stuart

Name	Stuart Haigh
Age	16
City	Grosse Pointe Woods
School	Grosse Pointe North
Parents	Norma Haigh and Joe Moeller



Photo by A Slice Of Life Photography

Stuart's Favorites

Music Artist?

Curren\$y

TV Show?

Scrubs

Store?

Polo

School Subject?

Science

Food?

All food

Thing to do on a Saturday night?

Hang out with my girlfriend and friends

Athlete?

Tim Shieff

Teacher?

Mr. Levinson

What song on your iPod would people be surprised by?

Mustang Sally by Wilson Pickett

What chore do you absolutely hate doing?

All chores

If you could have three wishes granted what would they be?

1. That there are lots of jobs and I get a good one
2. That I have a healthy, wonderful family
3. That I make lots of money

Where do you see yourself in five years?

Graduated from Western heading into a career in business finance.

About Stuart:

Stuart, a senior at North, has three siblings, Sara Haigh, Joseph and Rachael Moeller.

His hobbies include parkour (the art of movement), snow and water skiing and playing video games.

Stuart is interested in the environment, eats healthy and enjoys science.

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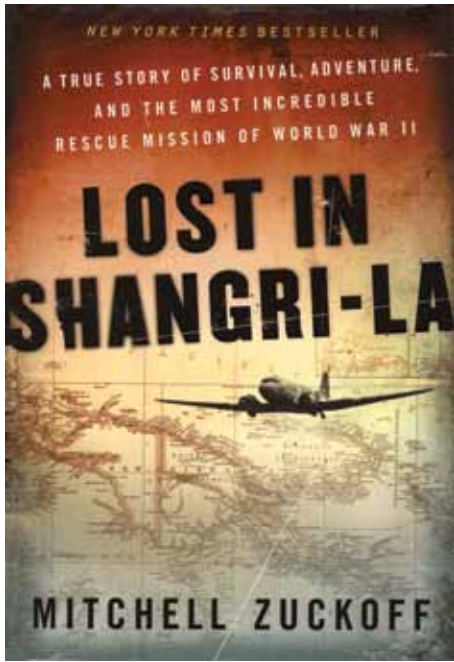
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TERRIFYING TRUE STORY RETOLD IN THE POINTES

Grosse Pointe Public Library and Wayne County Community College District bring acclaimed author to War Memorial

By Lauren Beaver

The *Gremlin Special* held 24 officers and enlisted men and women stationed on the former Dutch New Guinea. As they took a sightseeing tour over Shangri-La, their plane crashed.


Lost in Shangri-La is the true story of the three plane crash survivors and their harrowing journey through a jungle of poisonous snakes, parasites, disease, man-eating headhunters and the enemy Japanese, followed by a mountainside descent straight into a tribe of superstitious natives who had never seen a white person.

The Grosse Pointe Public Library and Wayne County Community College District are bringing a special presentation about the true and outstanding tale of the *Gremlin Special* to Grosse Pointe. Mitchell Zuckoff, author of *Lost in Shangri-La*, will be giving a presentation free of charge Thursday, Oct. 20 at

7:30 p.m. at the Grosse Pointe War Memorial.

Professor of journalism at Boston University, Zuckoff came across an article about the 1945 plane crash of the *Gremlin Special* while searching newspaper archives for “something else entirely.” The story stuck with him and before long Zuckoff found himself hunting down hidden strands of this mysterious event.

Through interviews with the sole surviving American participant, a journal kept from the time of the crash to the attempted rescue mission, scrapbooks and a trip to New Guinea to visit the plane’s remains and the adults who were children when they witnessed the crash, Zuckoff pieced together a breathtaking narrative nonfiction.

Zuckoff’s presentation will be a unique look at his journey reawakening and reintroducing to all a remarkable historical event. 

Great Lakes Log

Don’t let fall keep you inside

By Ted Everingham

A great way to spend the fall and winter is planning next spring and summer. Check out these ideas for the fast-approaching dark months.

The United State Power Squadrons offer “America’s Boating Course” and courses and seminars on a wide variety of boating- and sailing-related subjects. Topics range from basic boat handling



to marine weather, reading a chart to navigation, piloting to marine electronics — and the long list continues. Go to www.usps.org to check out the courses and where and when they are taught. Many are offered locally as well as where you snowbirds spend your winter.

Interested in learning to sail? It’s a little-known fact that adult learn-to-sail (ALTS) classes at many of our local yacht and sailing clubs are open to the public. Check with clubs near you for details. These ALTS classes fill quickly as spring approaches, so now is a good time to start shopping. Consider giving an ALTS class — or enrolling a child in a local junior sailing program — as a holiday gift in December.

Don’t wait for spring to enjoy Lake St. Clair. Check out four-season activities around the lake at www.TourLakeStClair.com. You’ll find a robust interactive calendar of things to do and see from the Blue Water Bridge at Port Huron-Sarnia to the Ambassador Bridge, any time of the year, on both sides of the border. Order the free “Circle the Lake Tour” map to help plan your get-away.

Ted Everingham’s Great Lakes Log can be seen daily at 1:30 & 4:30 a.m. and 1:30 & 10:30 p.m. on WMTV, a service of the Grosse Pointe War Memorial, on Comcast channels 5 & 915 in the Pointes and Harper Woods and on U-verse in seven counties in Southeast Michigan.



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Photos by Kathy Mazzola

Lochmoor swimmers set record win in MICSA

By Pete Waldmeir

For many competitive years, the Grosse Pointe Yacht Club swimmers were the ones to beat. The GPYC swim programs at one time produced 100 straight dual meet victories.

Over the last 10 years, however, the tables have turned. Fortunately, the honor of being hailed as the “Best of the Best” in Michigan inter-club swimming has been perpetuated

by a bunch of young competitors from yet another of Grosse Pointe’s premier sports facilities — the Lochmoor Club!

Lochmoor Club? Isn’t that just a swimming pool surrounded by a golf course? Not so fast! This has been a huge year for the club’s swimming overall.

Lochmoor’s Sea Dragons, as they have for the last decade, this past summer dominated all others, winning their 60th consecutive dual meet without a loss, then winning their 10th consecutive Inter-Club team title while becoming the first team in history to score more than 1,000 points in the 14-member Michigan Inter-Club Swimming Association (MICSA) championship meet in July that was held at the Grosse Pointe Hunt Club.

“It’s been a great run for Lochmoor,” said Coach Kevin Hafner, who has coached the Sea Dragons for 17 seasons. “The kids did a great job of setting a goal and getting there.”

Hafner’s spouse, Christine, also coached the Sea Dragons along with Brian Hafner, Megan Fox and Andy Cebull.

How good were 2011 Hafner’s swimmers? Well, get this. For a record fourth straight year, each of the team’s 84 individual entries scored points. And 61 of them made it to the MICSA championship meet’s final round.

The GPYC, incidentally, finished fourth in the MICSA meet with 695.5 points. Try as they might, like the other 12 runners-up, they just couldn’t slay the Lochmoor Dragons. Φ



Jimmy Mazzola gives teammates Evan Kolinski and Michael Polizzi the thumbs up while Kara Zmyslowski looks on during the swim meet parade.



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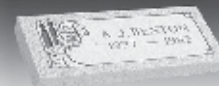
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Grosse Pointe Halloween Round-Up

By Lauren Beaver

Saturday, October 22:

Grosse Pointe Farms' Autumn Harvest at Pier Park, 2-4 p.m. Open to all Farms' residents and their guests, this fall harvest features hay rides, a live stage show, pumpkin pie decorating and a candy hunt. Tickets are \$5 per person and will be sold from 1:30 p.m., the day of the event.

Grosse Pointe Park's Halloween in the Park at Windmill Pointe Park, 4:30-6 p.m. Kids come and enjoy early trick-or-treating! Tickets are \$6 per child if purchased before Oct. 22 at the gatehouse of Windmill Pointe Park. Tickets purchased on Oct. 22 are \$12 per child. Children must be in costume, bring their own treat bags and be accompanied by an adult.

Grosse Pointe Historical Society Izzy's Saturday Halloween Event at the Provencal-Weir House, 1-3 p.m. Children ages 7 and up are invited to make "Bat-O-Lanterns, Frank-O-Lanterns and Ghost-O-Lanterns" out of small pumpkins, paint and craft foam.

Wednesday, October 26:

Grosse Pointe Shores Halloween Boo-Fest at GPS Municipal Park, 6-7:30 p.m. Shores' residents are invited to celebrate Halloween festivities at Shores Park.

Friday, October 28:

Grosse Pointe Historical Society Legends of Le Detroit Reading at the Provencal-Weir House. Celebrate Halloween legends and folklore from *Legends of Le Detroit* by Marie Caroline Watson Hamlin, originally published in 1884. Enjoy the autumn atmosphere of tiki torches and spooky stories such as "Nun of St. Clair" and "Devil's Grist" read by local actors on the lakeview porch. Stories are appropriate for older children and adults. Hotdogs, chips and pop will be served at 6 p.m. The reading begins at 7 p.m., with apple cider and donuts to follow. The event is free of charge.

Masquerade Murder at the War Memorial in the Alger House. Cocktails begin at 6:30 p.m. and a three course sit down dinner and show begin at 7:30 p.m. Tickets are \$55 per person and include dinner, show and one complimentary beer, wine or signature drink ticket. A cash bar is also available and guests are encouraged to wear costumes. Make your reservations to solve this classic murder mystery by Oct. 26 at (313) 881-7511 ext. 145.

Monday, October 31:

Halloween Parade in the Village, 3:30-4:45 p.m. Children 12 and under are invited to trick-or-treat along Kercheval, between Cadieux and Neff. Friends of the Grosse Pointe Public Library will be handing out free books to all the trick-or-treaters!



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Meet Lori

Name	Lori Palajac
Age	39
City	Grosse Pointe Shores
Occupation	Nurse, administrator and flight attendant



Lori's Favorites

Color?

Fuschia

Ice Cream?

Lemon Chiffon

Season?

Summer

Book?

The Bible

Restaurant?

Andiamo & Pegasus

Animal?

Dogs (my Yorkie & Shih-tzu)

Childhood TV Show?

The Brady Bunch

Thing to do on a Sunday afternoon?

Shopping, cleaning and a wonderful dinner

Best thing about living in Grosse Pointe?

Lake St. Clair, the private parks and public safety officers EVERYWHERE!!!

Item you cannot leave home without?

My purse

List two of your best personality traits?

Compassionate and forgiving

List two of your worst personality traits?

I'm known for speaking the harsh truth and I tend to fight fire with fire.

One thing not many people know about you?

I left a small town for the big city at 18 years old and was homeless.

Best vacation ever?

Amalfi Coast, Italy

You win the million dollar lottery, what do you do?

Buy an airplane and create a traveling hospital tending to third world countries to provide surgery, deliver medical supplies and medicine.

About Lori

Lori and husband Steve have one child, Alex.

Her hobbies include traveling, being outdoors and Yoga.

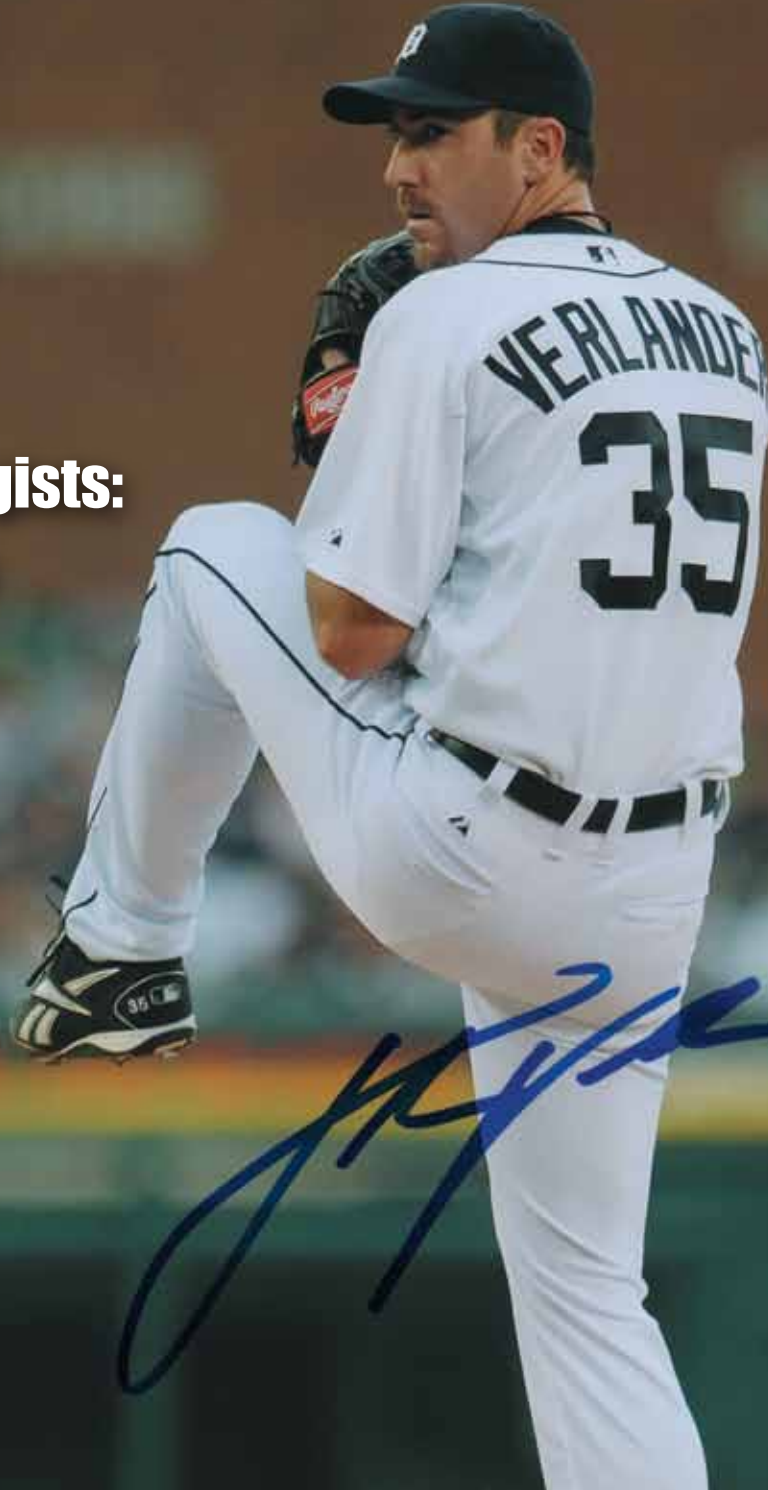
Lori, above right with co-worker Lorraine Maniaci, working hard at Comfort Care Home Care Assistance located in Grosse Pointe.



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Gregory J. Chancey, Executive Director



Paula Ottaway, D.D.S.

Cosmetic/Family Dentistry

University of Michigan

Native of Grosse Pointe

reception area has plush seating that allows those seated to enjoy a big-screen HDTV. She even has a beverage station that comes with an array of hot chocolate, coffee and teas. A high-speed Internet station permits patients to access the Web.

This concern for the patient continues in the treatment room. The dental chairs are the latest in ergonomic design. Patients can listen to music or watch TV. Should a procedure be required, patients have the option of requesting nitrous oxide for comfort. Most useful with children, Dr. Ottaway also finds that adults benefit from the sedation as well.

Periodontal disease and treatment care — including diagnosis, treatment and maintenance — are offered as well as root canals and restoration of crowns, dental implants, fixed bridges, dentures and partial dentures.

In addition to offering the usual cleaning and preventive services, Dr. Ottaway also provides cosmetic dentistry procedures such as restoring dental implants, composite fillings, porcelain crowns fixed bridges and veneers. Laser zoom whitening is also always available to her patients.

“My ultimate passion in dentistry is cosmetic,” Dr. Ottaway says. “Nevertheless, I have learned to love all aspects of dentistry. I have learned that what I love most about my profession are the people that I have encountered over the years. I love the friends that I have developed. I love to hear their stories and meet their families. I also love to establish a trust with my patients where I can provide them a superior oral health.”

Dr. Ottaway has been voted a Top Doc since 2008 in the southeast Michigan area by Hour Magazine. She was also recently voted a Top Doc by StyleLine Magazine. This is an honor for her as it is the professional peers that vote for her.

Dr. Ottaway lives in Grosse Pointe with her husband, a senior vice president of Credit Administration at Comerica Bank. She is a proud mother of two teenagers and, when time permits, enjoys knitting and painting. (In fact, all the paintings adorning the walls of her office are hers.) She is also an avid runner, frequently competing in the Detroit Free Press Marathon.

“A person’s smile is so important,” she says. “Dentistry and Cosmetic dentistry, in particular, are a perfect blend of both medicine and art.”

Dr. Paula Ottaway uses the latest dental methods to both restore and enhance the natural beauty of a smile. The University of Michigan School of Dentistry alumna has been in practice for 17 years and uses conservative, state-of-the-art procedures that result in beautiful, long-lasting smiles.

The daughter of a local vascular surgeon and sister of a local cosmetic plastic surgeon, Dr. Ottaway attended the University Liggett School. She recently relocated her state-of-the-art office, Wellspring Dental, to Grosse Pointe Woods.

Part of offering state-of-the-art service means having the latest equipment, including a fully-digital office. The x-ray machines use 90 percent less radiation than a traditional machine. Dr. Ottaway also has a digital panoramic x-ray that is so comprehensive it allows her to see the jaw joint and screen for any bony lesions or tumors. Her intra-oral camera allows the patients to see teeth up close so that they can make informed decisions on their own treatment needs.

The patient’s comfort is crucial to operating a modern dental practice. Dr. Ottaway and her staff have created an environment to put patients at ease and make them feel at home. Her

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Daniela Rodriguez, M.D.

Plastic Surgeon

U-M, Chicago Medical School, Montefiore Medical Center, N.Y.C.

Native of Grosse Pointe

As a teenager, Daniela Rodriguez was working in a local hospital when a group of doctors and nurses, headed for Central America on a mission trip, discovered the 15-year-old spoke Spanish.

“They took me along to translate for physicians treating children with cleft lip and cleft palate,” says Dr. Rodriguez. “The indigenous people were very spiritual, and believed the children were possessed by demons that caused their deformities.”

She remembers as many as 200 tiny, cloaked figures coming to the clinic for treatment. Because of their deformities, the children were kept covered and not educated or even integrated into society.

“The plastic surgeons changed the children’s lives,” she says. “Through surgery, they ‘cast the demons’ from the children, who were reborn afterward, integrated into society and able to go to school. For me, it was a very emotional and gratifying experience.”

So gratifying that Dr. Rodriguez took part in two more mission trips, then went on to the University of Michigan and Chicago Medical School, where she specialized in plastic and reconstructive surgery. She received advanced training in plastic surgery at the Montefiore Medical Center in New York City.

Dr. Rodriguez learned Spanish in her home, from parents who immigrated to the United States from Argentina. Her father, Francisco Rodriguez, M.D., is a vascular surgeon. Her mother, Estela Boudreau, is a sculptress. From them she learned to blend art and science. Four of the five Rodriguez children still live in the area and have diverse professions as an artist, a dentist, an ophthalmologist and a lawyer.

While cosmetic surgery is sometimes viewed as trivial, Dr. Rodriguez has seen firsthand the positive effect it has on her patients’ self esteem. “Even a subtle correction or enhancement has an impact far deeper than what is visible to the eye,” she reveals.

Dr. Rodriguez has lived in what she calls many “wonderful cities,” but was motivated to return to Grosse Pointe. “My family was the main reason, and I appreciated the childhood I had growing up here. Midwesterners are truly good-hearted people, and I wanted to raise my own family here in Grosse Pointe.”

Her husband, Dr. Bob Boctor, is an anesthesiologist. They



Photo by The Portrait Place

have four children and she “plans on taking the kids on mission trips when they are older.”

An avid equestrian, Dr. Rodriguez owns horses, which she keeps at the Grosse Pointe Hunt Club. Her athletic past includes horse showing and playing the game of polo, which she says is the only sport ever played where men and women are truly equal.

For more information about Dr. Rodriguez, log on to www.drdrodriguez.com.

Dr. Daniela Rodriguez

21727 Mack Avenue

St. Clair Shores MI 48080

586.777.7260

www.drdrodriguez.com

SUPERintendent

Dr. Suzanne Klein to retire in December

By Ann Marie Aliotta

After more than 25 years as an administrator and another 15 as a special ed teacher in the Grosse Pointe Public School System, Dr. Suzanne Klein is getting ready to step down at the end of this year.

But visit her office and you'd get the exact opposite impression — the impression of someone still very much engrossed in her work. Papers are stacked high on her desk, folders open with work in progress, computer constantly blooping with incoming e-mails.

After teaching special education in the classroom and resource rooms for about 15 years, Klein was offered the opportunity to be an assistant middle school principal in the mid-'80s. That led to stints as principal of Pierce, director of Special Education, director of Instructional Services, and assistant and deputy superintendent before her final role as superintendent.

Leaving teaching was not an easy decision for Klein, because she loved her work in the classroom. But she knew she could make an impact, especially since she is “not a behind-the-desk administrator.”

“I realized that, when you care passionately about what happens to kids, you help bring the reality of a vision like this to all the kids in the school district. There's a need for people to do this in the classroom level and a need for people who have that passion to do it administratively,” she

said. “I felt this would be an opportunity to take what I've learned and spread that in a different way to support that happening for kids in classrooms across the schools.”

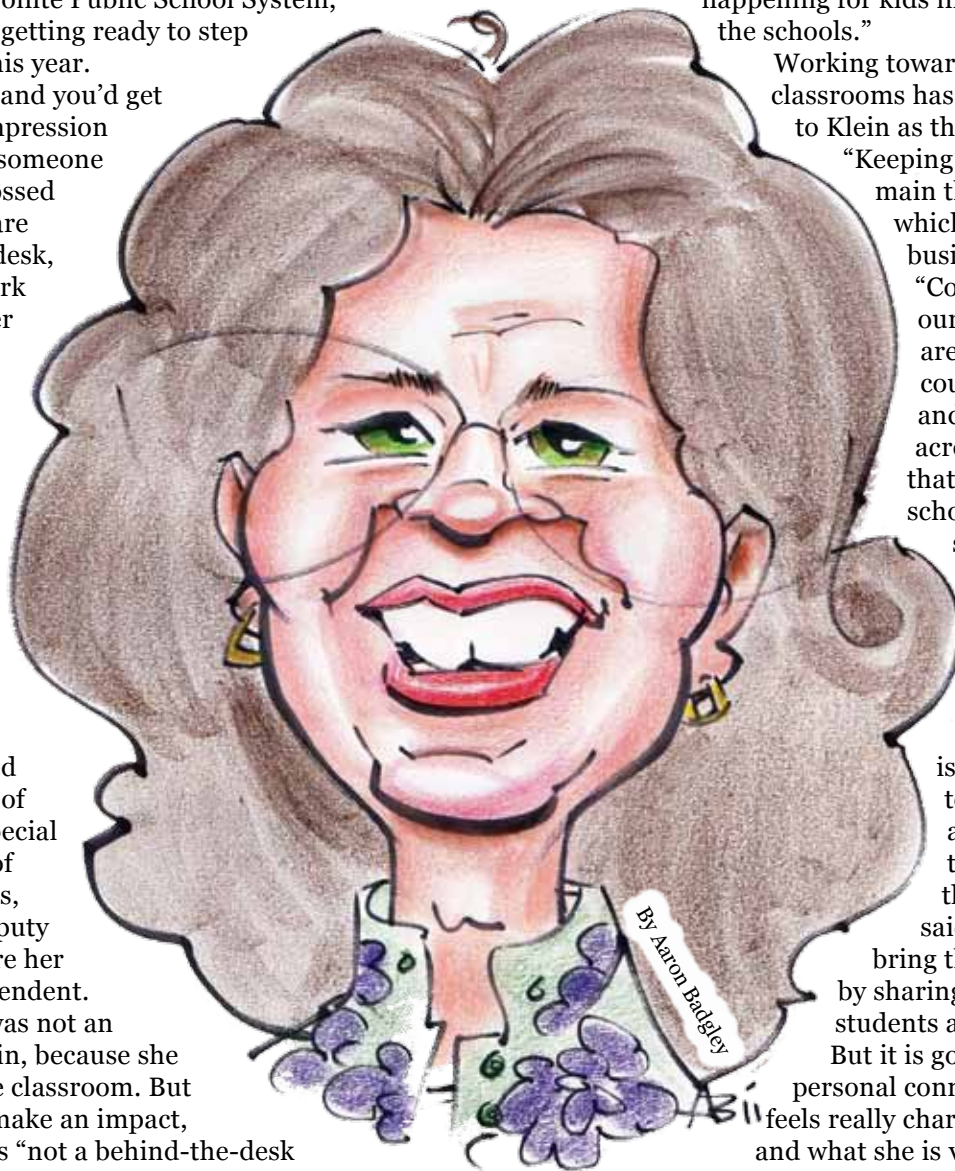
Working toward connecting those classrooms has been important to Klein as the district's leader.

“Keeping the focus on the main thing, the only thing, which is the learning business,” she said. “Continuously asking ourselves how well we are doing and how we could be doing better — and sharing those ideas across the district so that we are working as a school system, not just a system of schools.”

In her long tenure in the district, Klein has seen many changes, the biggest of which is the advances in technology. This is a tremendous help to the teacher in the classroom, Klein said, but also it helps

bring the district together by sharing information about students and best practices. But it is good, old-fashioned personal connections that she feels really characterize the district and what she is very proud of.

“We make our schools places of connection for the kids who are sitting in these classrooms,” she said. “We want them to know that not only their parents love them and care about them but that there are other people to whom they are important and have expectations and have hopes and dreams for them too.” ☐



'Roast & Toast' for Dr. Suzanne Klein

To benefit The Family Center and Grosse Pointe Rotary

When: Wednesday, Nov. 2

Where: Crystal Ballroom, Grosse Pointe War Memorial

Cost: \$100 VIP Reception (6:30 p.m.)

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\$50 Roast & Toast (7:30 p.m.)

Dessert, champagne, wine and beer

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David Benson MSW, LMSW, ACSW

Clinical Social Worker
Eastern Michigan University



David Benson, MSW, LMSW, ACSW is a highly skilled Clinical Social Worker with extensive child, adolescent and adult treatment experience in both outpatient and inpatient/residential settings. Mr. Benson has been in private practice in Grosse Pointe Farms for over seven years.

His practice specializes in child, adolescent and adult issues. David has many years of experience working in adolescent detention facilities with adjudicated adolescents, as well as in psychiatric hospitals treating the most severe disorders.

David Benson's history includes an extensive background of working with adults who suffer from depression, bipolar disorder, PTSD, anxiety disorders/phobias, and relationship difficulties and marital counseling.

Mr. Benson utilizes a unique approach in treating his clients. David believes that therapy consists of more than "50 minutes a week sitting in an office." David Benson makes himself available to his clients 24 hours a day. Clients have the option of contacting David through phone calls, text messaging and e-mails whenever they are in crisis, or are struggling with personal issues. David strongly maintains that this is a vital part of treatment. Feedback provided by clients and families has proven that this "personalized service" is highly beneficial.

David Benson provides individual and group therapy to adults, children and adolescents, as well as marital/couples and family therapy. For more information, please refer to David's website at: DavidBensonTherapy.com.

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Theodore C. Hadgis, DDS

General Dentist
University of Detroit, School of Dentistry
Lifelong Grosse Pointe Resident



Dr. Theodore Hadgis graduated with honors from University of Detroit, School of Dentistry, and is a former Assistant Clinical Professor in Restorative Dentistry.

As an Accredited Member of the American Academy of Cosmetic Dentistry, and an LVI Fellow of the Las Vegas Institute for Advanced Dental Studies, Dr. Hadgis is one of a select few cosmetic dentists nationwide to have passed the arduous requirements for both of these awards. He combines neuromuscular dental techniques with state-of-the-art cosmetic dentistry to treat TMJ and myofascial pain, while restoring a beautiful smile. He is unique within his field as the only Accredited

member of the AACD who is skilled in neuromuscular dentistry in the state of Michigan.

The range of services offered by Dr. Hadgis is impressive. He provides a full spectrum of expert service in general, comprehensive restorative, neuromuscular, cosmetic, including porcelain veneers, implants, periodontal care, non-surgical TMJ care, sleep apnea treatment, and sport agility guards.

"Over the years, I have been privileged to treat many people from all walks of life, from our local community, many from all over Michigan, and some who have flown in to see us from distant parts of the country. I am proud to have been able to serve them all."

Dr. Theodore C. Hadgis
20039 Mack Avenue
Grosse Pointe Woods
313.885.9454
www.DrHadgis.com

POINTES' OWN SENIOR OLYMPIAN

By Elizabeth Vogel

A burst of energy came bounding through the door of the Grosse Pointe Woods Starbucks. Dr. Sharada (Ingrid) Sarnaik arrives to discuss her involvement in the Senior Olympics.

“Sorry, I have to ask, but your nickname is Ingrid?” She laughs. “Actually that is my birth name. I was born in a highly westernized part of India. My mother named me after Ingrid Bergman. I changed my name after I married my husband—it’s a part of Hindu culture.”

Sarnaik and her husband, Dr. Ashok Sarnaik, have lived in Grosse Pointe Woods for 36 years and their two sons, also athletes and physicians, graduated from Grosse Pointe North High School.



Sarnaik had just come from a workout at Pointe Fitness where she trains. “In the off-season I work out 3 days a week religiously,” says Sarnaik. “When I am training, I work out every day for about two hours.”

It all began years ago when Sarnaik read about an Atlanta female athlete in her early 50s. Sarnaik researched the Senior Olympics and began at state level, before earning enough medals to qualify for the National Senior Olympics.

2011 has been a banner year for Sarnaik. In the Senior Olympic Games



Photos by Ashok Sarnaik

held in Houston, she participated in the 65-69 age group in Track and Field events. She won three gold medals, one silver medal, and two bronze medals.

But she didn’t stop there. In July she participated in the World Games in Sacramento, Calif., where she earned a bronze medal. “This was the most exciting,” she exclaims. “It was a mind boggling experience. People traveled from all over the world just for this event. Listening to all of the languages, and to see the athleticism and passion was really remarkable.”

In July she traveled to Cleveland where she participated in National Masters. Here she earned a gold medal and two silvers.

Unfortunately, the Michigan Senior Olympics is not as well attended. “I wish there was more publicity for the Michigan Senior Olympics. It is really struggling. I just hope that other seniors will be inspired to participate and get involved.”

When asked what keeps her motivated? “Oh, the competition! I love the competition. It’s what keeps me going.”

With nine medals under her belt, Sarnaik is looking forward to the next World Games, which will be held in Brazil in 2013. ♣

Sarnaik is a Professor of Pediatrics at Wayne State University, where she has been teaching since 1973. Director of Sickle Cell Center and Staff Hematologist/Oncologist at Children’s Hospital of Michigan, she is an accomplished physician and scholar with over 100 articles, book chapters and abstracts.

caregiver

Preventing caregiver burnout

By Terri Murphy

November is National Family Caregiver Month. The National Family Caregiver Association coordinates National Family Caregivers Month as a time to thank, support, educate and empower family caregivers.

The demands of caregiving for a loved one can be overwhelming, especially if you feel that you have little control over the situation or that you are in over your head. If you let the stress of caregiving progress to burnout, it can damage both your physical and mental health. So if you are caring for a family member, it is essential that you get the support that you need. The good news is that you are not alone. Help for caregivers is available.

As the stress piles up, frustration and despair can take hold and burnout becomes a very real danger. But you can prevent caregiver burnout by following a few essential guidelines:

- Learn as much as you can about your family member’s illness and about how to be a caregiver.
- Know your limits. Be realistic about how much of your time and yourself you can give. Set clear limits, and communicate those limits to doctors, family members and other people involved.
- Accept your feelings.
- Confide in others.
- Take time for yourself. Accept help.

Terri Murphy is a Certified Senior Advisor and the owner of Home Helpers, a non-medical home care business. She lives in Grosse Pointe. She can be reached by telephone at (313) 881-4600 or send e-mails to tmurphy@homehelpers-mi.com. Home Helpers website is www.homehelpers-mi.com.



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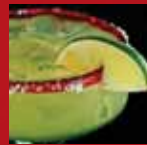
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SECURE BEGINNINGS

'Breathable' mattress gives parents peace of mind

By John Minnis

A good friend of Kristine and Ryan Shalla lost a baby due to SIDS (Sudden Infant Death Syndrome). So when Kristine met a woman at a Bayview Yacht Club function who was promoting a new "breathable crib mattress," her interest was piqued. Kristine did some research and found that the product designed and marketed by Kelly Obriott and Julie Andreae was indeed "Heaven Sent," a trademark of Secure Beginnings located in Detroit's Rivertown area.

Kristine calls the product "amazing." "I'm an advocate for it already," she says. "I'm telling all my friends about it."

Ryan and Kristine Shalla wanted the safest crib mattress possible for their baby. Then found it right here in Detroit: the Heaven Sent Breathable Crib Mattress manufactured by Secure Beginnings. Baby Ryan, who turned 1 month old on Sept. 15, seems to look forward to his own room!

Kelly Obriott was a designer at Ford Motor Co. when a good friend lost a baby to SIDS. The syndrome has no known cause but several attributing factors, including carbon dioxide buildup and high body temperature. Kelly's design addresses both factors: The baby literally sleeps on air, or rather a taut, air permeable membrane that allows carbon dioxide and heat to dissipate.

With Julie Andreae's background in interior design and marketing, Secure Beginnings now has a line of safe baby products. The crib mattress comes with 30 options, including five finishes and a dozen sleep surface colors.


The unique lift-and-lock system makes changing the sleeping surface easier than changing crib sheets. Further, the sleeping surface is machine washable.

The breathable mattress contains no toxic chemicals or fire retardants. The permeable surface is non-allergenic. Recycled materials are used where possible, and the products are made 100 percent in the United States and 99 percent in Michigan.

"I think this is great. I'm glad someone is doing this," Kristine says. "Plus we're helping a local business and keeping the baby safe."

The Heaven Sent mattress is more expensive than traditional mattresses, but priced at the low end of "organic" mattresses.

"The sky was the limit for us to have a safe mattress for the baby," Kristine says. "Parents pay more for their own mattress."

For more information, go to www.securebeginnings.com. 



Side view of Secure Beginnings' Breathable Mattress reveals that the 'mattress' is open to air circulation with side venting. Also, no dangerous side cushions are required.

Photo by John Minnis

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Pointes of Thanksgiving



Every family has a unique way of celebrating the holidays. Four Grosse Pointe families share with us their Thanksgiving traditions.



By Patti Theros

The Dulac Family

Because the Dulacs' relatives live out-of-state, Gerard and Lisa take the family downtown for the Turkey Trot races. After the run, they decorate their home for Christmas and then it's dinner at the Grosse Pointe Yacht Club. On Friday, the Dulacs participate in the Jingle Bell Run in Grosse Pointe.

T.J., Lisa, G.R., and Dominic Dulac. Photo by dad, Gerard.



The Demkowicz Family

Clockwise from top right, Derek, Meggie, Carly, Connie, Brian, Dylan and Jared Demkowicz



The Demkowicz family gathers with Connie's siblings and their families at Connie's parent's home in Colon, Mich. for a full weekend of festivities. After dinner, they play "Turkey Bingo" and host a talent show. On Black Friday, it's an "all moms" morning shopping spree before the "all dads/kids" Turkey Bowl flag-football game. "There are 16 grandchildren, so it's a lot of fun," says Connie. On Saturday, the dads, sons and Carly rent out an entire paintball field for paintballing.



Sue, Michael and Joe Lafata

Every Thanksgiving, season-ticket holder Joe Lafata and son Michael head downtown for the Lions football game. After the game, they join Sue at Joe's sister Mary Jo's house with other relatives for a traditional Thanksgiving feast.

The Zingas family hosts dinner for 40! But before the preparations begin, Chris and Marsha wake in the early morning for the Turkey Trot races. Cole attends the Lions game with his cousins. Both Chris and Marsha's moms bring their homemade entrees and side dishes for a traditional family dinner. On Friday, the entire Zingas family attends the Grosse Pointe Santa Claus Parade.



Back row, Marsha, Chris and Cole; Front row, Elana, Callie and Emilea Zingas

The Zingas Family

The Lafata Family

Vaccines, flu shots are in!

By Dr. Saima A. Khan

Over the past several years, new vaccines have been introduced for both adults and children. Here are the most recent changes:

Childhood:

Flu shot: 6 mos.-18 years (two doses may be needed for younger kids; check with your pediatrician).



Whooping Cough (Pertussis): a booster is needed at 11-12 years. Children 7 to 11 who are behind on their pertussis immunizations also get a booster.

Meningococcal: 11-18 years with booster at 16 if initial vaccine was at 11-13 years; if initial vaccine was at 13-15, the booster is needed at 16-18.

Human Papilloma Virus (HPV): For girls 9-26 years, this vaccine provides protection against genital warts and cervical cancer; it is best for girls who have never been sexually active.

Adults:

Shingles is a blistering rash that anyone who has had chickenpox can get. The vaccine, called Zostavax, is for people 60 or older, even if they have had a prior infection of shingles.

Pertussis: Whooping cough is afflicting adults as the effect of the childhood vaccine is wearing off. Adacel is approved for ages 11-64.

And never forget the annual flu shot! Most everybody can get one. Please remember to always ask your doctor.

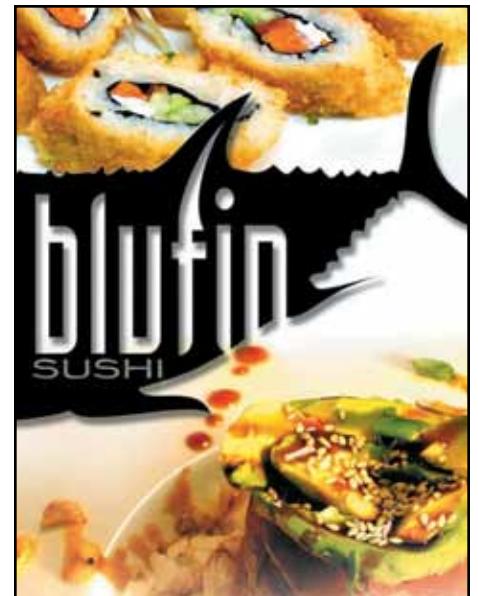
Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices Internal Medicine in Warren, 28351 Schoenherr, (586) 393-6500.

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ALL ABOARD!

Grosse Pointe Express to join Rudolph at this year's Santa Parade!

By John Minnis

The Friends of the Grosse Pointe Parade, the same folks who joined Rudolph to Santa's team of reindeer last year, are once again bringing a new offering to this year's parade: the Toys for Tots train dubbed the Grosse Pointe Wellness Express.

City resident John Stevens, president of the Friends of the Grosse Pointe Parade, said he is trying to get Marine Corps brass to sign off on the Grosse Pointe project.

"In its entirety, it is a Toys for Tots Train," he said, "and I'm seeking to get that endorsed nationally."

Meanwhile, the train — and its component parts, the locomotive, coaches and caboose — have been endorsed locally. The train itself is being sponsored by Beaumont Hospital (hence the Grosse Pointe "Wellness" Express); the coaches are being sponsored by Talmer Bank, and the caboose (the Toys for Tots sleigh) is once again being sponsored by Northern Trust.

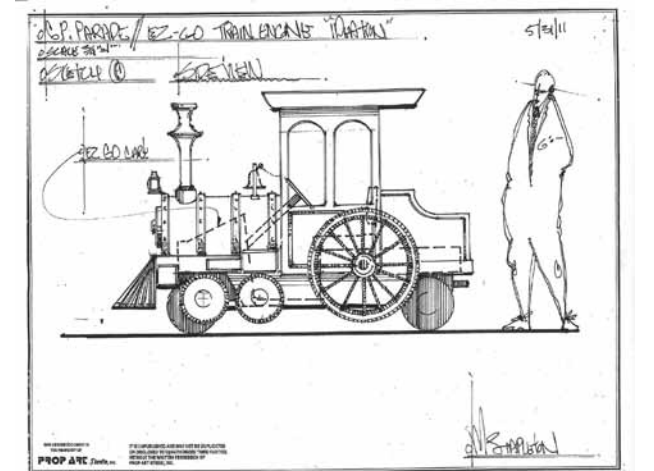
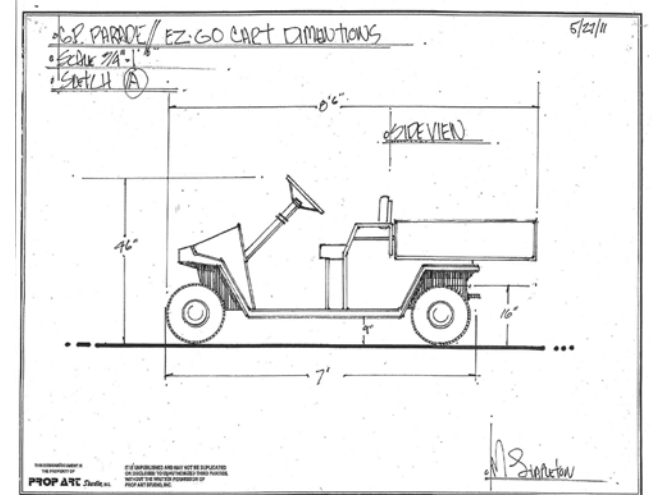
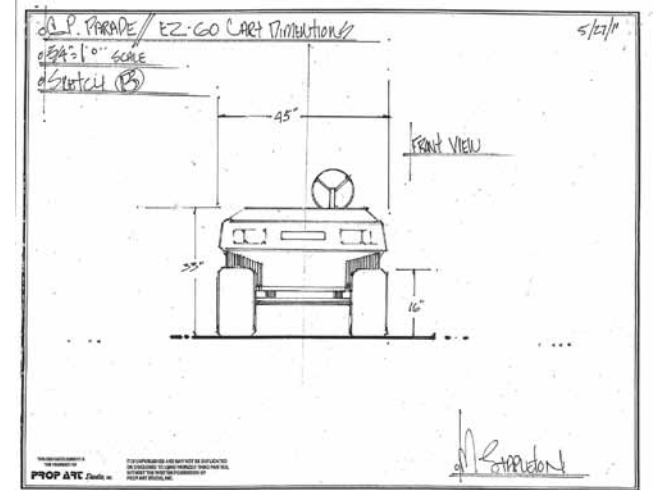
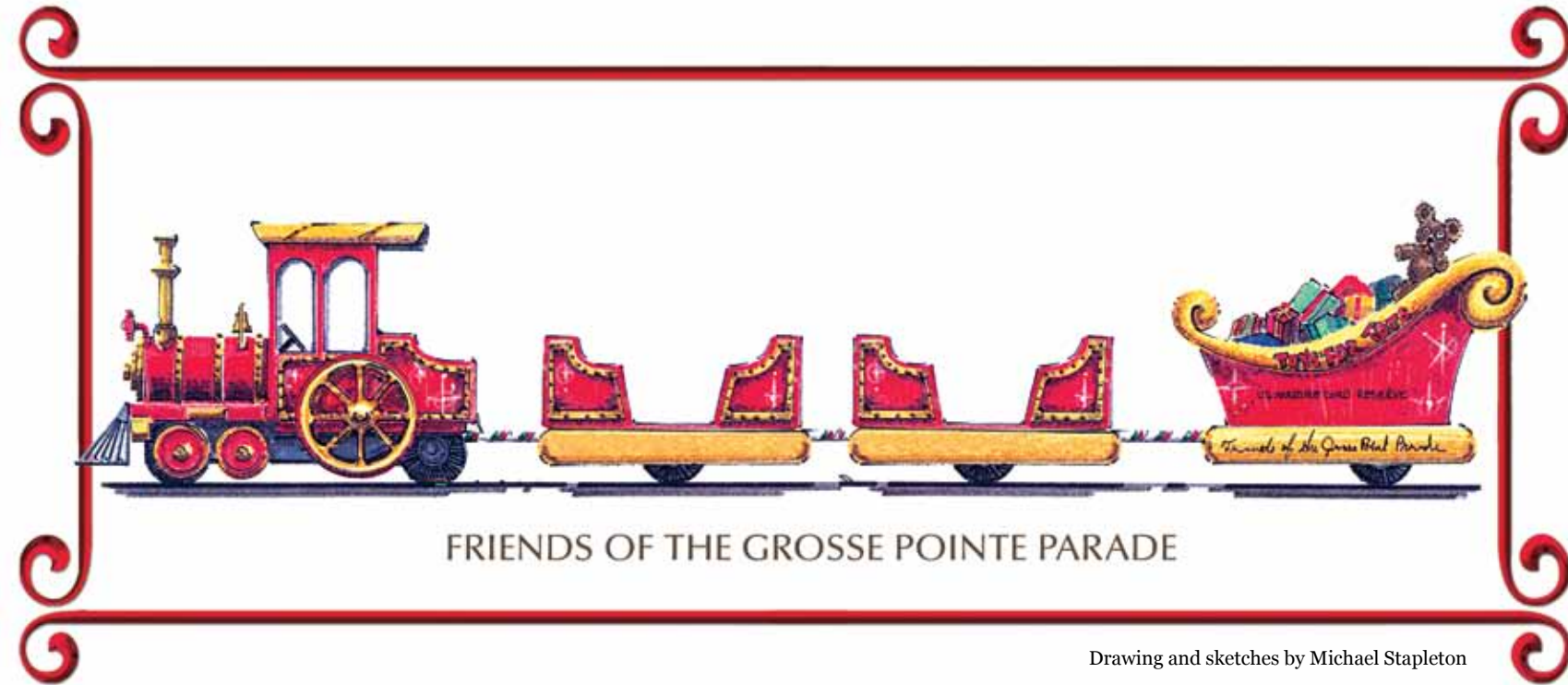
"We are excited to partner with the Friends of the Grosse Pointe Parade and to be the sponsor of the Grosse Pointe Express 'Caboose,'" says Northern Trust's Daniel Pienta, president & CEO of Southeast Michigan. "We are dedicated not only to meet the needs of our clients, but also the communities we serve!"

The "locomotive" is currently under construction at Prop Art Studio by Michael Stapleton of Grosse Pointe Woods. Stapleton's work is seen all over Detroit, particularly the huge octopus suspended over the ice at Joe Louis Arena. He is also the one who designed and built Rudolph last year and the Red-Nosed Reindeer's yokemates some years ago.

The locomotive is being built around an EZ-GO gas-powered utility golf cart. (See sketches.) The locomotive body will consist of plywood, cardboard and whatever else Stapleton finds to work with. "Once we get all the details on it," he says, "it will look like a big toy."

Retired automotive design engineer Dick Ruzzin, of Grosse Pointe Park, has been actively involved in the Friends' projects. He says the look of the train came from a Toys for Tots logo.

The Grosse Pointe Wellness Express will debut at this year's annual Friday-after-Thanksgiving Day Grosse Pointe Santa Claus Parade. Children and spectators are encouraged to bring toys to fill the "caboose" for Toys for Tots.



A U.S. Marine collects Toys for Tots from spectators at last year's Grosse Pointe Santa Claus Parade.



Dick Ruzzin, left, and Michael Stapleton at Prop Art discuss design issues for the locomotive for the Grosse Pointe Wellness Express train.



Photos by John F. Martin

Santa Claus Parade

By Lauren Beaver

Grosse Pointe's merriest, most festive parade of the year is just around the corner! The 36th annual Grosse Pointe Santa Claus Parade will take place Friday, Nov. 25 at 10 a.m. in the Village.

Following a good night's sleep after a full day of Thanksgiving feasting, bundle up the family to watch nearly 100 parade units and community groups march from Lewiston and Kercheval through the Hill and the Village shopping districts. Keep an eye out for the new Toys for Tots train and don't forget to bring a toy to donate!

Produced by the Grosse Pointe Village Association in cooperation with The Hill Association, the 36th annual Santa Claus Parade is sponsored by Pentastar Aviation.

For more information, call (313) 886-7474. ☎



Grosse Pointe Theatre revives 'neglected classic'

By Lauren Beaver

The Trip to Bountiful by Horton Foote is a story about coming home. Carrie, an elderly woman, wants only one thing – to visit her hometown of Bountiful, Texas one last time. Her family believes she is too weak to make the journey and so Carrie relies on strangers' goodwill to make her dream come true.

Directed by longtime Grosse Pointe Theatre member Ron Bernas, this story about compassion and love reveals the goodness in a world in which no one seems to care. Bernas says, "It's a very subtle drama, but it says a lot about interpersonal relationships."

The Trip to Bountiful is Bernas's first directing role with Grosse Pointe Theatre. He explains why he is passionate about its production. "It's a beautiful play. It's a neglected classic."

Revolving around the single goal of getting home, many, like Bernas, will identify with the nostalgia of an earlier time, and of course, of home. "It resonates with me. It's a universal story of wanting to go home," says Bernas.

The Trip to Bountiful will be performed at the Grosse Pointe War Memorial Nov. 6, 10-13, 17-19. Tickets may be purchased at www.gpt.org or by calling the ticket hotline at (313) 881-4004. The ticket office is also open Monday through Saturday, 10 a.m. - 1 p.m. and is located in the Grosse Pointe Theatre rehearsal studio at 315 Fisher Rd. ☎

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POINTE
MAGAZINE

City Kitchen

(313) 882-6667 • 16844 Kercheval, Grosse Pointe

Located in the heart of The Village, City Kitchen prides itself as being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. City Kitchen recently announced the addition of Executive Chef Chris Thompson, previously head chef at Joe Muer's, and unveiled a new menu that includes salad and bread with all entrees, light-portion selections and fresh fish and seafood selections prepared your way.

Happy Hour: Mon.-Fri., 4:30-6:30 pm. Lunch: Mon.-Fri., 11:30 am-3:30 pm; Dinner: Mon.-Thurs., 4:30-10:30 pm, Fri.: 4:30-11:30 pm, Sat.: 5-11:30 pm, Sun., 4-9 pm. Prime Rib every Sun. Late-Night menu available Mon.-Sat.

Web: www.city-kitchen.com



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Lunch Hours: Mon.-Fri., 11:30 am — 3 pm. Dinner Hours: Mon-Fri, 5 — 10 pm, Sat, 5 - 11 pm. Closed Sunday. Web: www.thehillgrossepointe.com



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TWO BAR•B•Q CHICKEN DINNERS **\$21⁷⁹**
Includes: Cole Slaw, Garlic Loaf, Cottage Fries, or Baked Potato
With Coupon, Dine-In or Carry Out. Expires 12-31-11.



SECOND DIRTY DOG JAZZ CAFE TAILGATE



By Margie Reins Smith

The Dirty Dog Jazz Café will host its second University of Michigan-Michigan State Tailgate Party on Saturday, Oct. 15, in the parking lot of Richard Elementary School.

The family-friendly event will feature four 72-inch LCD HD TVs and a 108-inch projection screen. The whole space will be covered by a tent. Janay Fillmore, administrative assistant to executive chef and general manager Andre Neimanis, said the party is on, rain or shine.

Last year was the Dirty Dog's first MSU-U of M Tailgate party. "We put it together at the last minute," Neimanis said, "including getting city approval, securing a liquor license and

receiving an OK from the health department."

"This year's event will be bigger and better," he said. "This is not a money-maker for the Dirty Dog. We want to cover our costs of course, but it's meant to be a fun event for the community."

The party begins at noon. A 50-50 raffle will benefit Racing for Kids, a nonprofit organization that raises funds for programs to improve the health of children throughout the country.

Cover charge is \$5. Gourmet tailgate food will be available for purchase – autumn fare like chili, hot dogs and hamburgers, Philly cheese steak sandwiches, chicken wings and fries. A cash bar will offer beer, wine and soft drinks.

RIGHT at Home

By Virginia Ficarra



After

Before

Makeover Tips:

1. Paint the kitchen cabinets, ceiling, wood trim and built-in corner seat: Pratt & Lambert #29-32 Arrowroot, with a satin finish, and an eggshell finish on the ceiling.
2. The wall covering is cheerful, we can work around it.
3. To increase the visual look of the room, select an interesting 18"W x 24"H mirror, plus a 2" frame, and place it to the left of the corner cabinet.
4. To the right of the shelves, stack a couple of 12"W x 15"H pictures, including a color that blends with the wall covering.
5. Swap your flat light fixture for a chandelier (spray paint an existing one) then add some small red shades.
6. Finally, enhance the table with a colorful cloth and flowers from your garden.

Virginia, enclosed is a picture of our current kitchen. We have decided to stay in our home until the housing market changes. However, we do want to spruce it up until then. It is a small 9'6" x 11' room including counters, appliances, and a built in corner seat and cabinet. What color paint would you suggest to make it more cheerful and appear larger?

-Gerald and Sandra, Grosse Pointe Woods

Yes, you are wise to enhance your home and enjoy it now. Here are some suggestions that will not break the bank, but can add value without lifting a hammer or saw.



Virginia Ficarra, author and owner of Smart Home Moves LLC, is a color and design coach, speaker and pioneer in instant room makeovers.

This page is designed to answer your design and decorating questions. Rule your decisions. No matter the size of your home or wallet, help has arrived. Be it coordinating colors, selecting materials or space planning, eliminate the stress of sorting through a myriad of choices.

Making Color Work is a 200-page spiral bound book. Send inquiries to: The Home Color Wizard, P.O. Box 104, St. Clair Shores, MI 48080.

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YOUR HOME BEFORE



Start your home improvement project NOW and WOW your family and friends this holiday Season

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You know exactly what it will take to make your home the gracious and warm center of holiday hospitality that you want it to be for family and friends. Now is the pre-season. Time to prepare for the kickoff of the upcoming big time festivities. Freshen up that kitchen, take out that wall, open up that dining room, put in that beautiful bay window. Realize the dream that's been a sketch on a piece of paper until now.

YOUR HOME AFTER



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Ask Mr. Hardware

It's the heat and the humidity (lack of)!

By Blair Gilbert

Prepare your humidifier for the approaching heating season. Once the furnace kicks on the house will become drier and drier all winter long.

A well-tuned humidifier provides moisture all winter to keep the noses soft, the elbows from getting white, and the plants smiling. It also prevents static electricity, which keeps my computer from getting a little jumpy. Humidity in the air prevents wood from shrinking so furniture and floors stay tighter and quieter.

- Drum type humidifiers have a sponge pad that rotates in a tray of water. The sponge should be soft and able to rotate freely. The tray should be clean. Replace a stiff pad with a new one and clean the tray with a humidifier descaler. Drum filters usually last one to two years.

The float valve that controls the water in the tray should be checked for correct water level. Washers and valves are replaceable.

- Flow-through humidifiers use a vertical rectangular pad that last up to three years. When this style does not produce enough humidity we have two suggestions to improve the output. One is to change the water feed from a cold supply line to a hot. The other is to move the unit from the cold air plenum to the hot over the furnace.

Send your questions to Mr. Hardware c/o Gilbert's Pro Hardware at 21912 Harper, S.C.S. 48080, phone (586) 776-9532, or email blair@mrhardware.com. For past "Ask Mr. Hardware" columns, go to www.mrhardware.com.



Meet Marianne

Name	Marianne Carlisle
Age	72
City	Grosse Pointe Woods
Occupation	Homemaker



Marianne's Favorites

Dessert?

Sanders hot fudge cream puff

Activity?

Going to the casino

Book?

Same Kind of Different as Me
by Ron Hall & Denver Moore

Restaurant?

Champs in Grosse Pointe Woods

Vacation Spot?

Willow Pond, Bangor, Mich.

Childhood TV Show?

American Bandstand

Ice Cream Flavor?

Chocolate chip

Movie?

The King's Speech

What is your guiding principle or words to live by?

The Golden Rule

One thing you miss about being a kid?

Everything was taken care of for me and I had nothing to worry about.

What was your first job?

File clerk at Blue Cross Blue Shield.

Are you a collector of anything?

Porcelain figurines such as Lladro's and lead crystal animals.

Biggest accomplishment?

Celebrating 50 years of marriage and raising two children that we are proud of.

Biggest regret?

That I didn't travel more.

Most historical day in your lifetime?

The assassination of President John F. Kennedy.

About Marianne:

Marianne and husband Robert celebrated their golden wedding anniversary on May 20, 2011. They have two children, John and Mary Elizabeth.

Marianne enjoys reading and volunteering at church in her spare time.



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pointe of law

Some answers on foreclosures

By Randall D. Cain

With so many homes “under water,” we are frequently consulted by those who may be in the midst of losing their home or others who may see the “handwriting on the wall.”



Following are some of the questions we’ve received and some plain English answers.

Q: If I’m notified that a foreclosure proceeding is being commenced against me, how long do I have to stay in my home?

A: When you’re notified of the proceedings, you automatically have a 90-day extension if you call a certain number and advise them you’re seeking debt counseling. This is followed by a six-month redemption period to pay what’s owed on the mortgage. Even following foreclosure, we have found that homeowners usually have 12 to 18 months and as much as 24 months to stay in their home.

Q: Will the mortgage company come after me for the balance owed on the mortgage?

A: Traditionally, holders of a first mortgage will not seek to recover the deficiency because of the way foreclosures are handled in Michigan. Second mortgages are a different matter and are often vigorously pursued through collection efforts.

The time to consult with an attorney to consider what options may be available is early in the financial problem scenario, even before you are one month behind in your mortgage payment. It is also wise to beware of “debt mitigation” companies.

Randall D. Cain is a partner at Wilson & Cain, P.A., Attorneys and Counsellors, in Grosse Pointe Farms.



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MIKE'S ON THE WATER: Papa would've loved it!

By Judy Burke

*M*ike LeFevre opened his burger bar, Mike's on the Water in Saint Clair Shores in April. "I traveled the world for eight years gathering ideas for opening my own restaurant," Mike explains. "I had an opportunity in my hometown to make my dream come true. I couldn't refuse the cozy feel of a Hemingway's Sloppy Joe's Bar and a bit of Kennebunkport where people could kick back and unwind."

But on a larger scale, it is a venue and support for a variety of charities. His restaurant offers customers opportunities to purchase a nautical life ring to benefit their favorite charity:


Wigs for Kids, Shorewood Kiwanis, The First Tee, Lake Shore YMCA, American Cancer Society, Cops for Kids, The Lake House Cancer Support, Eastpointe Lions and Racing for Kids. The life rings are prominently displayed on the restaurant walls. Contributions go to the donor's charity of choice.

The quaint, white clapboard shanty is reminiscent of the old fishing eateries in the Florida Keys. Customers gather in "Keysian" spirit while long bladed ceiling fans spin above dark wooden tables and red bar stools. Glass bottle collectibles perch on shelves above the breezeway windows in the indoor wainscot paneled patio room. An outdoor patio circles the main dining area with a spectacular view of Michigan Harbor. Jimmy Buffet style music flows in the background.

A frequent customer told Mike, "You nailed it on the head. This is the place we needed, and we'll be back."

Nothing on the menu costs more than \$13. Fish and chips, corn on the cob and coleslaw are served in baskets. Other choices include: crab cakes, shrimp, whitefish, steaks, burgers, clam chowder and "gravy" or "cheesy" fries. Check out Grandma Mallat's grilled bologna. Chalk Board Specials highlight pan-seared salmon, lemon dill sauce, rice pilaf and honey vegetables. Surprise! No dessert, but ask Mike about "Ozzi-Tini" — Stoli Vodka on the rocks, a wedge of lemon and olives.

"I have plans for entertainment and dancing on our new deck in 2012," Mike says. "And there is docking for 22 boats up to 48 feet."

Mike's on the Water is tucked away behind Colony Marine at 24600 Jefferson on St. Clair Shores' Nautical Mile. Visit www.mikesonthewater.com or find Mike's on Facebook. 

Photos by Andrew Amine



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ANDY WARHOL (AMERICAN 1928-1987),
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GAME ON!

Tips and recipes for a game-day party



Family Features

You know watching a game is more fun with a bunch of friends — so why not host a game-day party so everyone can cheer on the home team together? Use these tips and recipes as your playbook for a game-day party that scores big on taste and fun.

Chili Champs

- Host a chili cook-off as part of the party. Offer fun awards for “Hottest,” “Best Tasting” and “Most Creative Ingredients.”
- Set up a toppings bar. Include different kinds of cheeses, peppers, onions, guacamole, salsa, queso and sour cream. Include crackers and corn bread, too — they’re easy for non-chili cookers to bring.

Dip Tip

- Step up your game by setting out a wide variety of dippers. Include different types of chips like blue corn, sweet potato and salt and vinegar. Also try flavored crackers, pita chips and a veggie tray.

For more great game-day recipes, visit www.eatwholly.com.

Wholly Chili

- 3 tablespoons canola oil
- 4 cups chopped yellow onion
- 2 large Poblano chilis, diced
- 3 tablespoons minced garlic
- 5 pounds ground meat
- 2 tablespoons kosher salt
- 2 teaspoons black pepper
- 1 1/2 tablespoons ground cumin
- 2 tablespoons Mexican oregano
- 1 1/2 tablespoons onion powder
- 3 tablespoons paprika
- 8 tablespoons chili powder
- 2 12-ounce cans tomato paste
- 28 ounces Wholly Salsa
- 3 quarts chicken stock
- 2 tablespoons Tabasco

Heat oil over medium heat in a large stock pot. When hot, add the onion, Poblano and garlic. Sweat until onions are translucent.

Add ground meat and stir. When meat is brown, drain. Return to heat.

Stir in dried seasonings. Add tomato paste, stir to combine and cook for 5 minutes. Add remaining ingredients. Simmer for 30 minutes.

For a thicker version, omit the chicken stock.

Seven Layer Dip

- 1 16-ounce can non-fat refried beans
- 1 9-ounce can bean dip
- 2 7-ounce packages Wholly Guacamole Classic, Spicy or one of each
- 1 16-ounce container light sour cream (or plain Greek yogurt)
- 3/4 package taco seasoning
- 1/4 teaspoon ground cumin
- 1 small can sliced black olives
- 1 large diced tomato
- 3 green onions, finely chopped
- 1 cup shredded cheddar cheese

Mix refried beans and bean dip together and spread onto the bottom of a 9 x 13-inch pan.

Next, mix sour cream (or yogurt) together with taco seasoning and cumin. Spread on top of the beans in the pan.

Spread guacamole on top of the previous layers then add olives, green onion and tomatoes. Top with the shredded cheese.



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THE FAMILY CENTER'S 3RD ANNUAL HAYRIDE



The Family Center Circle of Friends 3rd Annual Hayride will take place Friday, Oct. 14 from 7 – 11 p.m. at the Tompkins Community Center in Grosse Pointe Park.

Come out and enjoy food, refreshments, entertainment and a horse drawn hay wagon ride provided by McKenney Horse Ranch! The highly talented Barley Boys Jug Band will once again provide entertainment.

Tickets are \$25 each. The event is for adults 21 and older, as beer and wine will be served. To purchase tickets, visit www.familycenterweb.org. 

Mark your calendars!

9TH ANNUAL


The 9th annual Family Center HOLLY FEST will take place Thursday, Dec. 8 at the Grosse Pointe Club ("Little Club.") Proceeds from this holiday benefit support the Family Center of Grosse Pointe & Harper Woods. Honorary chairs for the 2011 HOLLY FEST are Rick and Cat Ruffner of Grosse Pointe Park.

Cocktails begin at 6 p.m., followed by dinner at 7 p.m. The silent auction will take place from 6 – 8 p.m., followed by a live auction from 8:30 – 9:30 p.m. Some of the auction items last year included vacations in Italy, Colorado and Northern Michigan, Red Wings hockey tickets, Sole Sisters Party for 20, jewelry and much more.

General admission is \$85. Friend of HOLLY FEST tickets are \$180 and include



prominent listing in the benefit program. Sponsorship is \$500 and includes two tickets and prominent listing in the benefit program.

For tickets and further information on sponsorship, visit familycenterweb.org, click on events and download the forms. 

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**CHAMBER OF COMMERCE
BUSINESS EXPO**

By Jim Stickford

*P*aul W. Smith, radio personality at WJR, is the speaker at the sixth annual Grosse Pointe Business Expo, which will be held at the War Memorial on Tuesday, Nov. 1 from 5 to 8 p.m.

Jenny Boettcher, executive director of the Grosse Pointe Chamber of Commerce, said the Expo got its start five years ago at the Grosse Pointe Yacht Club. It has proved to be so popular that only the Grosse Pointe War Memorial can house the event.

“The purpose of the Expo is to promote local businesses in the community,” Boettcher said. “The Expo is a convenient and affordable way for Grosse Pointers to get maximum exposure of local businesses that belong to the Grosse Pointe Chamber of Commerce by showcasing the businesses, services and products they offer.”

In order to have a display at the Expo, the business must belong to the Chamber, Boettcher said. The variety of businesses who will be setting up tables and displays range from non-profits such as Services for Older Citizens to real estate operations to banks to cellular telephone providers as well as Wayne County Community College District and Wayne State, hospitals and insurance companies.

Smith, who also has a column in The Detroit News, was asked to be this year’s speaker because he has a great presence in Grosse Pointe as both a resident and a local media figure.

“We figured he could speak to Grosse Pointers about businesses and the business climate as it exists today,” Boettcher said. ☐

Fairy Tale Festival July 23 @ Edsel & Eleanor Ford House

Photos by Christine M.J. Hathaway



"Prince" Jim Bedford and Layla Dagle



Zoe and Aidyn Yaeger



Maya Gomez

GreekFest August 18-21 @ Assumption Greek Orthodox Church

Photos by John Minnis



Cathy DeRonne Sharifi and Gabby Sharifi



Josh, Ian, Aubrey and Carmen Maskey



Nick Haddad

Racing for Kids to the Hill August 31

Photos by John Minnis



Dominique Abner and Jacob and Zachary Cardenas



Ella and Ava Smith and Ana Beatriz



Erynn Long and Alix Fleig

Grosse Pointe's Greatest Block Party September 10-11 in the Village

Photos by Lauren Beaver



Evan Provenzano, Sophia Provenzano and Lily Heald



Lauren Kramer, Emily VanDerHoeven and Lucy Barnowske



James Ulku, Kate Kasza, Addy Ulku and Kaitlyn Jenich

2011 Special Kids Support Our Stars 9th Annual Charity Dinner June 30 Photos by John Minnis



Carole Sine, Jack Lizza and Sandy Youngblood



Colleen Allen, Jeanne Lizza and Kate Conway



Jennifer Dickey, Therese Lisowski and Stephanie Soave



Joe Tolari and Marlyss Nadeau



Mike Liddane, Laura Bommarito, Caitlin Lizza and Mallory Lizza



Vicky and Matt Liddane and Margaret Rose

Detroit Symphony Orchestra July 8-9 @ Edsel & Eleanor Ford House

Photos by John Minnis



Sally and Bob Werenski



Peggy Stanton, Jane Cracchiolo and Madeleine Scranton



Jenny Nolan and Gloria Whelan

Detroit Historical Society Gala April 15 @ Dossin Great Lakes Museum

Photos by Christine M.J. Hathaway



Bob and Jane Grambo and Diane and Doug Dossin



Karen Klenk and Sidonie Dossin Brown



Tom Buhl, Bob Bury and Sean Cotton

Fourteenth Annual Archbishop's Gala June 8

Photos by Christine M.J. Hathaway



Dr. Clark Okulski



Father Patrick Halfpenny and Huong and Scott Reilly



Jan and Ralph DeFour

DSO Luncheon June 14 @ Lochmoor Club

Photos by Christine M.J. Hathaway



Mado Lie, Jean Carman and Alice Berbian Haidostian



Marjorie Saulson and Anne Parsons



Peggy Huntington and Deborah Meade



Lynn Miller and Dick Bowlby



Charlotte Worthen and Sandi Knollenberg



Rose, Deborah and Richard Patrich

Racing for Kids to the Hill Reception August 31 @ Northern Trust Bank Photos by Christine M.J. Hathaway



Dennis Andrus, D.J. Kennedy, Dr. Donna Hoban and Diane Woolsey



Gary Cortner and Ron DiCicco



Julie Corbett, Pat Brinker, Sue Taylor and Kim Schmidt



Peter and Maureen Mercier and Tom Buhl



Robbie Buhl, Pat Wright, Ed Russell and Dan Pienta



Sue and John Swegles and Lynn and Harry Kurtz

Grosse Pointe's Greatest Block Party September 10-11 in the Village

Photos by Lauren Beaver



Janet Early, Laura Rodin and Nancy Vella



Ann Connally, Jordan Connally, Victoria Boykin, Sharon Whitney-Boykin and Dominique Whitney



Mike and Joann Kramer

Leinweber Tribute Dinner Correction



The individuals in this photograph were misidentified in the August-September issue. From left are Mike Kramer, Beverly Leinweber, Ellen Durand and John Denomme.

1100 Harvard Block Party September 11



Grosse Pointe Park Mayor Palmer Heenan and Councilman Greg Theokas joined neighborhood kids for the annual 1100 Harvard Block Party with much patriotic fanfare.

pets



Buddy and Scooby welcome your hi-res Pointe Pets pictures at 18530 Mack #106, Grosse Pointe Farms, MI 48236 or e-mail buddy@grossepointemagazine.com

Baloo and Trixie



Baloo is pictured with Christiana Scheibner, left, of Grosse Pointe City and Trixie is walked by Erynn Long of Grosse Pointe City.

Red



Red, a yellow Lab, lives with Jeff and Lisa Mager of Grosse Pointe Park. His favorite activities include swimming in Lake St. Clair and going for walks through the Village.

Gabriel and Damon



Gabriel and Damon share a home with Gloria Rocco of Grosse Pointe Woods.

Hunter and Snoopy



Holly and Jack Kristan are proud owners of two special beagles, Hunter and Snoopy, in Grosse Pointe Farms.

Raleigh



Raleigh patrols with his best friend Officer Mike Almeranti.

Nabokov and Kipling



Nabokov and Kipling live with Gretchen Lawrie in Grosse Pointe City.

Louis



GPAAS — Louis is a 4-year-old male Abyssinian Blue. His favorite color is purple, and he is looking for a good home!

The Grosse Pointe Animal Adoption Society (GPAAS) pets shown here may have found loving homes by the time Pointe Magazine is printed. Go to gpaas.org for pet availability.

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Meet Joel

Name	Joel Radu
Age	36
City	Grosse Pointe Farms
Occupation	Owner of Blufin Sushi Restaurant in Grosse Pointe Farms



Blufin Sushi

Located at 18584 Mack Ave. in Grosse Pointe Farms, Blufin Sushi is a restaurant with a true passion for food.

Blufin Sushi provides customers with a warm, exciting, upscale yet affordable Japanese fusion dining experience.

The menu features a great selection of freshly-prepared high quality food including sushi, sashimi and specialty rolls. There are also plenty of offerings for the non-sushi lover.

Something about you that most people don't know? That I have a high IQ

What was your first job? Worked at a car wash

Your most often used phrase? Get to work!

Best advice you have received? Move to Grosse Pointe Farms (thanks Katy!)

If you weren't a business owner what would you be? Law enforcement

What is your next goal? To raise my three kids and get involved in my community more!

Favorite thing to do outside of work? Kids sporting events

Words to live by? Work harder if you want it!

About Joel:

Joel and wife Katy are the parents of three children, Jackson, Stella and Santino.

When not working, Joel enjoys cooking and family vacations.

Thank God — and the Pilgrims

By the Rev. Richard

I recall simpler days before
Atkin diets or knowing not
all foods are healthy for you.

I remember
having
Thanksgiving
at my
grandparents'
home and the
great quantity
of food. Tables
bearing the
heavy weight
of pumpkin
pies, stuffed



turkey and bowls of mashed potatoes
were set and waiting. When the feast
was ready, which meant every uncle,
aunt and cousin had arrived, my
grandfather led the traditional prayer
of giving thanks to God for the brave
journey of the Pilgrims. At the close of
his prayer he would be sure to praise
God for his grandfather who chose to
leave Germany and establish a new
home in the United States.

My hope this Thanksgiving season is
for all of us to remember the Pilgrims
and ancestors who came to America
by ship, plane or car so we could have
a better life.

Happy Thanksgiving and God bless
you and your family.

*The Rev. Richard Yeager-
Stiver is pastor of Grosse Pointe
Congregational Church.*

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06 THURSDAY

- Friends of the Grosse Pointe Public Library present “Remembering Frederic: A Musical Conversation between Frederic Chopin and George Sand” at Unitarian Church, 7 p.m.

07 FRIDAY

- Grosse Pointe North Homecoming Weekend

08 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at Camp Bow Wow Training Center, 12-3 p.m.

12 WEDNESDAY

- The Family Center presents “Volunteerism: Building a Stronger Sense of Self” in the Connelly Auditorium at Beaumont Hospital, 7 p.m.
- Grosse Pointe Public Library Used Book Sale at Ewald Branch, Friends Members Only Day, can join at door, 6-8 p.m.

13 THURSDAY

- Friends of the GPPL Book Sale at the Ewald Library, 10 a.m.-8 p.m.
- Friends of the GPPL present James Joyce Ulysses three-session discussion-based seminar by U-M professor Dr. John Whittier-Ferguson. Essential to have read *Ulysses, A Portrait of the Artist as a Young Man* and *Dubliners*, will take place in the Woods Program Room, \$40 for three sessions, 7 p.m.

14 FRIDAY

- Grosse Pointe South Homecoming Weekend
- Friends of the GPPL Book Sale at the Ewald Library, 10 a.m.-4 p.m.
- Grosse Pointe Woods Fall Festival at Lake Front Park, 6 p.m.

15 SATURDAY

- Dirty Dog Jazz Cafe’s U-M/MSU Football Game Tailgate Party in the Richard parking lot
- Friends of the GPPL Book Sale Bag

Day, \$5 per bag of books, at the Ewald Library, 10 a.m.-2 p.m.

16 SUNDAY

- The Daughters of Penelope host 19th Annual Festival of Tables at the Grosse Pointe War Memorial, First Table Viewing & Gift Boutique: \$10 in advance, \$12 at the door, 1:30-4 p.m. Second Table Viewing & Gift Boutique, includes dinner and fashion show: \$60 per ticket, 4:30-8 p.m.

19 WEDNESDAY

- The Family Center presents “Community Education in Healthcare: A Growing Need” at the WCCCD – University Center, 7 p.m.
- Grosse Pointe Public Library presents “Your Money in the Balance” in the Woods Program Room, 7 p.m.
- Grosse Pointe Historical Society’s Bicknell Lecture at the Grosse Pointe War Memorial, Jack Dempsey will discuss his new book *Michigan and the Civil War: A Great and Bloody Sacrifice*, 7:30 p.m.

20 THURSDAY

- Friends of the GPPL present the second session of James Joyce Ulysses with U-M professor Dr. John Whittier-Ferguson, 7 p.m.
- Grosse Pointe Public Library presents *Lost in Shangri-La* by Mitchell Zuckoff, a true story of survival, adventure and the most incredible rescue mission of WWII, at the Grosse Pointe War Memorial, 7:30 p.m.

22 SATURDAY

- Grosse Pointe Art Center’s Annual Auction Fundraiser *Lights, Camera, Action!*, 7 p.m.
- Grosse Pointe Park’s Halloween in the Park at Windmill Pointe Park, 4:30-6 p.m.
- Grosse Pointe Historical Society hosts Grosse Pointe South High School Class of 1976 Reunion
- Grosse Pointe Historical Society presents Izzy’s Saturday Halloween Event at the Provencal-Weir House, come make “Bat-O-Lanterns, Frank-O-

Lanterns and Ghost-O-Lanterns” out of small pumpkins, paint and craft foam, 1-3 p.m.

- Grosse Pointe Animal Adoption Center Adoption Day at Camp Bow Wow Training Center, 12-3 p.m.

23 SUNDAY

- Christ Church Grosse Pointe *Soaring Sounds in a Sacred Place* Concert Series “For a Royal Occassion” featuring music heard at Royal Weddings, Coronations and Funerals, 4:30 p.m.

26 WEDNESDAY

- A Night at the Opera House at the Grosse Pointe War Memorial, Michael Hauser, Marketing Manager for the Michigan Opera Theatre, presents history of the opera company and its home, the Detroit Opera House, 7-8:30 p.m.
- Grosse Pointe Public Library presents “Financial Planning for Women” in the Woods Program Room, 6:30 p.m.
- Grosse Pointe Shores Halloween BooFest at GPS Municipal Park, 6-7:30 p.m.

27 THURSDAY

- Friends of the GPPL present the third session of James Joyce Ulysses with U-M professor Dr. John Whittier-Ferguson, 7 p.m.

28 FRIDAY

- Masquerade Murder at the Grosse Pointe War Memorial in the Alger House, \$55 per person, reservations required, 6:30-9:30 p.m.
- Grosse Pointe Historical Society presents Legends of Le Detroit at the Provencal-Weir House, celebrate Halloween with tiki torches, hotdogs, chips and stories from the Legends book, apple cider and donuts to be served after the readings, 7 p.m.

31 MONDAY - Halloween

- The Village Halloween Parade, trick-or-treat for children, 3:30-4:45 p.m.

November

Calendar

01 TUESDAY

- Grosse Pointe Chamber of Commerce Business EXPO at the Grosse Pointe War Memorial, 5 p.m.

02 WEDNESDAY

- An American Iliad at the Grosse Pointe War Memorial to commemorate the 150th Anniversary of the American Civil War, \$18 per person, \$6 per student, 7-8:30 p.m.
- Grosse Pointe Public Library presents "Alpha Boomers: Boom or Bust for Your Retirement?" in the Woods Program Room, 7 p.m.

05 SATURDAY

- Mom-to-Mom Sale at the War Memorial, \$2 early bird admission, \$1 general admission, 9 a.m.-12:30 p.m.
- Grosse Pointe Animal Adoption Center Adoption Day at Camp Bow Wow Training Center, 12-3 p.m.

06 SUNDAY - Daylight Savings Time

- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

09 WEDNESDAY

- Grosse Pointe Public Library presents John Guleserian, cinematographer and graduate of Grosse Pointe South. Guleserian will show clips and speak about his experience working on the 2011 Sundance Film Festival "Best Picture" *Like Crazy*.

10 THURSDAY

- Grosse Pointe War Memorial presents "Basic Computer Repair," 7-9 p.m.
- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

11 FRIDAY- Veterans' Day

- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial
- Grosse Pointe Art Center's Holiday Shop opens

12 SATURDAY

- Grosse Pointe Historical Society's Izzy's Saturday Thanksgiving Event at the Provencal-Weir House, decorate four napkin rings with mini wreaths, 1-3 p.m.
- Grosse Pointe Historical Society's Second Saturday Open House, 1-4 p.m.
- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

13 SUNDAY

- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

16 WEDNESDAY

- Grosse Pointe Public Schools present SERVE Spirit of Giving at Grosse Pointe South, meet with dozens of local nonprofits and explore volunteer opportunities for you and your family, 7 p.m.
- Grosse Pointe Historical Society's Bicknell Lecture at the Grosse Pointe War Memorial, Anthony J. Yanik will discuss his book *The Fall and Recapture of Detroit in the War of 1812: In Defense of William Hull* for the bicentennial of the opening campaign of the War of 1812 in Detroit, 7:30 p.m.

17 THURSDAY

- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

18 FRIDAY

- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

19 SATURDAY

- Grosse Pointe Animal Adoption Center Adoption Day at Camp Bow Wow Training Center, 12-3 p.m.
- Grosse Pointe Theatre presents *The Trip to Bountiful* at the Grosse Pointe War Memorial

20 SUNDAY

- Christ Church Grosse Pointe *Soaring Sounds in a Sacred Place* Concert Series "Haydn & Poulenc," \$20 per ticket, 4:30 p.m.

22 TUESDAY

- Grosse Pointe Woods' Woods Aglow, 7 p.m.

24 THURSDAY - Thanksgiving Day

25 FRIDAY

- 36th Annual Grosse Pointe Santa Claus Parade in the Village, 10 a.m.
- The Village Aglow Tree Lighting Ceremony in the Village, 5 p.m.

27 SUNDAY

- Grosse Pointe Shores' Lighting of the Village at the GPS Municipal Building, 6 p.m.

30 WEDNESDAY

- Holiday Tree Lighting and Gift Market at Windmill Pointe Park, shopping in the Tompkins Community Center, 4-8 p.m.; Santa visit, 5:30-6:30 p.m.; Tree Lighting Festivities, 6:30 p.m.; free holiday movie at the Okulski Family Theatre before the Tree Lighting at 4:30 p.m. and after the Tree Lighting at 7 p.m.

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The Trip to Bountiful

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Carrie is an elderly woman who wants only one thing... to visit her hometown of Bountiful, Texas, one last time. Her efforts are thwarted by her family, who believes she is too frail for the trip. A determined Carrie turns to strangers to help make her dream come true. A bittersweet tale of recapturing love and compassion in a world that no longer seems to care.

Call **313-881-4004** or visit **www.gpt.org** for more information or to order tickets.

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Aging expert to speak at War Memorial

BrightStar of Grosse Pointe/Macomb will celebrate its grand opening on Thursday, Oct. 20, at 4:30 p.m. at the Grosse Pointe War Memorial with a keynote speech by Dr. Catherine Lysack of Wayne State University's Institute of Gerontology.

Dr. Lysack will present preliminary results of downsizing research in a speech titled: "Moving Mom Means More than Packing the Dishes."

Adult children can make moving their parents from their long-time homes easier on everyone if they simply slow down — or, in some cases, don't move their parents at all.

"What makes downsizing in late life unique is that it could be their last move," she said. "Thinking about it in that way brings the distant horizon of end of life closer into view. At this point, people are asking, 'How much future do I have and do I want to have it in a new place?'"

Dr. Lysack said well-meaning adult children can inadvertently create emotional hardship.

"The family is doing it with love and caring, but from the older person's point of view, it just doesn't always feel right," she said. "Moving one's parent goes well beyond the simple task of packing up this set of dishes."

In her address, Dr. Lysack will offer guidance for adult children facing the difficult decision of whether to move their parents into a retirement community or assisted living facility — and what to take with them.

BrightStar of Grosse Pointe/Macomb is a proud partner of WSU's Institute of Gerontology, supporting education and research on aging.

Owned and operated by Anne Marie Gattari, a former Detroit journalist and Ford Motor Co. public relations manager, BrightStar serves one of the fastest aging populations in the state.

Nearly 15 percent of the residents of the Grosse Pointes and Macomb County are aged 65 or older. About two out of every five older adults in the area currently have some form of disability, including mobility, sensory, cognitive and self-care limitations.

In the past 20 years, the population of those 85 and older has doubled to 5.5 million, according to the 2010 U.S. Census. By 2050, that number will skyrocket to 19 million. Meanwhile, seniors are increasingly choosing to remain in their own homes as they age.

For more information, contact Anne Marie Gattari at (586) 279-3610, am.gattari@brightstarcare.com, or go to www.brightstarcare.com/grosse-pointesoutheast-macomb.

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Pete Waldmeir, long-time columnist, lives in Grosse Pointe Woods.

BE A GOODFELLOW THIS CHRISTMAS ... MAKE A KIDDIE RICH!

Back in the midst of the not-so-Great Depression, my late mother, Helen, labored mightily to raise three kids alone in a third-floor walk-up on Fourth Avenue between Ferry and Kirby on what is now the Wayne State University complex in Detroit.

In the summer, my older brother Joe and his pals played a broomstick game called “Tippy” in the alley behind our building because baseballs were too expensive.

Being excluded from the older kids’ Tippy game, us grade-schoolers gathered in another alley and entertained ourselves by clubbing giant rats that we would flush from the concrete garbage bins.

Among the many things that I learned in that time before plastics and “Sesame Street,” jet engines and synthetic fabrics, clothes dryers and frozen foods that weren’t just left outside on a wintry window ledge all night was this incontrovertible truth:

All that nonsense about poor kids “not knowing that they’re poor” is a lot of baloney. I knew. And they know now. That’s why, when I was asked to join the Old Newsboys’ Goodfellow Fund of Detroit several years ago, I did it without question.

I won’t burden you with more war stories. But I will add that — like Coleman Young, like the late Ed McNamara, like dozens of friends and relatives that have gone before me — I vividly remember my Goodfellow

visits. Like the first Christmas Eve that two Detroit cops climbed those three flights of stairs to bring us Goodfellow gift packages.

Mom had managed to find and buy a skinny tree. With decorations, but no lights. But that was OK. My stocking contained my most cherished gift: a fresh orange. The Goodfellow’s box had a toy, some hard candy and warm clothes. You can learn to forget a lot. But you remember a lot, too.

The Detroit Goodfellows are a 501(c)(3) tax deductible volunteer Michigan charity with the lowest overhead in the state. Please, give what you can when you’re asked. Rest assured, the 32,000 kids we will gift with warm clothing, books, candy, toys and trinkets this December know that they’re poor.

But you can make them rich, at least on Christmas morning. ☺

Personally autographed copies of Pete Waldmeir’s hardcover collection of Detroit News columns, “Little Beads of Blood,” make perfect gifts for birthdays and other special days. Pointe Magazine sale price: \$9.95. Email: pwaldmeir@aol.com or call (313) 882-5490.

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All that nonsense about poor kids ‘not knowing that they’re poor’ is a lot of baloney. I knew.

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