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MAGAZINE

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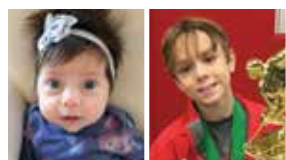


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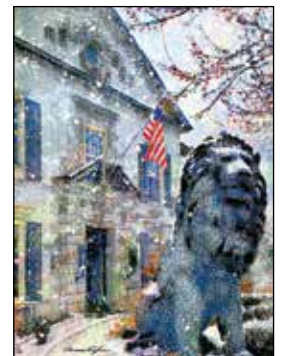
Photo by Renee Landuyt

*Happy New Year
from all of us here in our new home!*

On the cover

Our resident artist Dominic Pangborn, of Grosse Pointe Shores, works his magic again. Exclusively for *Pointe Magazine* is his depiction of The War Memorial in the snow.

Reprints of Pangborn's cover art are available for purchase by contacting publisher@grossepointemagazine.com.



Where in the Pointes?



Where in the Pointes is this object? On Monday, Jan. 22 we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win a Champs Rotisserie & Seafood gift card. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: In front of Blufin Sushi on Mack Ave.)

To find us on Facebook, search "Grosse Pointe Magazine"

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...Can't wait to hear what you have to say!

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John Minnis
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POINTE MAGAZINE



Lauren McGregor
Editor

Happy New Year!

It's hard to believe that it is 2018 already! We have so much to be excited about in Grosse Pointe. We have near 100 percent occupancy in our commercial districts. Homes are selling quickly, and spring will surely bring more homes on the market.

We're really excited to be staring off 2018 in our new home in The Village. Previously, we published *Pointe Magazine* out of our home across from Our Lady Star of the Sea in the Woods. And while that worked out well — and you couldn't beat the rent! — it was difficult for meetings with sources, advertisers, readers and friends.

Our new offices above the Village Grille dining room (entrance off Notre Dame at alley) are lovely and in the "heart of Grosse Pointe." The hustle and bustle of a downtown area — especially during the holidays — was a real treat. We were definitely filled with the holiday spirit this year!

We hope to keep the positive spirit alive throughout the rest of the year, and what better way to do that than with *Pointe Magazine*. We never run out of good stories to tell about Grosse Pointe people, places and organizations, and we really appreciate the tips we get from readers. Keep them coming!

All in all, we consider ourselves pretty fortunate to be here in Grosse Pointe at this time. We invite you to pay us a visit at our new digs (except on Tuesday, Grosse Pointe News production day!). We're pretty proud of our office, and everyone who visits is blown away.

Truly, we are looking forward to 2018 in The Village and the Pointes — as blessed a community as there is anywhere.

As usual, we ask you to continue to patronize our many loyal advertisers, businesses and organizations that make life in Grosse Pointe so fulfilling.

Happy New Year and see you around the Pointe! ☺

As I write, the second major snow of the year is wetting the street behind me. The sound of car tires on a slick Kercheval carries through the window. I imagine that by the time you read this, we'll have had a few more days like today. So here we go again, finding our tires, so to speak, in the changing season.

I have to admit, our January-February issue is always the most difficult to organize. After the bustle and hubbub of the holiday season, the community becomes markedly, and naturally, quieter.

For those who love the cold, I hope the arrival of *Pointe Magazine* with its snowy cover by Dominic Pangborn seems like a celebration of deepest winter. And for those who detest it, well, at least there's the inherent hope in a new year. And maybe a resolution (or two) to attempt?

To me, Grosse Pointe was made for winter. The architecture, puffing chimneys, snow settled just so between bricks and upon eaves, the muted sky and icy glint off Lake St. Clair. It's hard to beat that wintry morning light over the lake (unless, of course, you have a boat.)

Will you be celebrating winter in Grosse Pointe? There are countless opportunities to do so: Chilly-Fest in the Park on Jan. 13, WinterFest in the Woods on Jan. 27, WinterFest in the Farms on Feb. 3, among others.

And if the biting weather is more likely to force you indoors, remember the friendly and open doors of our local restaurants and shops. Catch a performance of *Peter and the Starcatcher* before dinner and drinks in the Park. Visit one of our libraries and pick up one of the recommended novels by Margie Reins Smith on page 18. Or mine for treasures at an estate sale. Reader Marlene L'Heureux proposed the idea for a piece about estate sales after regularly driving by their signs, but feeling unsure about how to tackle one. You can find tips on page 24.

However you enjoy, or endure, the deepest of winter, I hope you stay cozy and warm! See you in March! ☺

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Meet Wilhelmina

Name: **Wilhelmina May Murray** Siblings: **Theodore, 5, and Vincent, 2**
 Parents: **Georgianna & Joseph** Birthdate: **October 6, 2017** City: **Grosse Pointe Farms**
 Favorite activity: **Hanging out with Aunt Sara**
 Cute fact: **All three kids are named after the Van Gogh siblings**
 First word: **Just cooing right now**



About Wilhelmina *in Mommy and Daddy's words*

Wilhelmina is the first girl of five cousins including her two older brothers. She loves being spoiled and is starting to share lots of smiles with us. Wilhelmina loves to watch all the excitement around her and is cooing in response. Her full head of hair draws a lot of attention, but she doesn't seem to mind. We look forward to watching her grow.

Meet Liam



Name: **Liam O'Donoghue** Age: **9** Siblings: **Ryleigh, 12, and Teagan, 6**
 Parents: **Patrick & Lindsay** City: **Grosse Pointe Park**
 Interests: **Hockey, baseball and soccer**

Favorites

Food	School Subject	Vacation
Pizza	Math	Cancun, Mexico
Outdoor Activity		
Sledding and outdoor skating at Patterson Park		
Game	Book	
Monopoly and NHL '17	Holes by Louis Sachar	

What do you want to be when you grow up?
A NHL hockey player or an engineer

What is your favorite thing about going to school?
Playing with my friends

Who do you look up to and why?
My dad because he is smart and funny

About Liam

"I live in Grosse Pointe Park and am a fourth grader at Maire Elementary School. I have two sisters, Ryleigh and Teagan, and a golden retriever named Shillelagh."



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Meet Julianna



Name	Julianna Brenner
Age	16
City	Grosse Pointe Park
School	Grosse Pointe South
Parents	Valerie & Brian
Siblings	Isaac, 9, and Annika, 5

Julianna's Favorites

- Music Artist**
Gustav Holst
- Website**
Netflix
- TV Show**
Friends
- School Subject**
English
- Movie**
Legally Blonde, The Producers, Napoleon Dynamite
- Actor/Actress**
Gene Kelly
- Vacation**
Yearly visit to Vero Beach, Fla.
- Food**
Anything dairy
- Teacher**
Christopher Takis

What song have you downloaded that would surprise people?

“Peaches” by The Presidents of the United States of America

What unique skill do you possess?

I picked up tap dancing from Grosse Pointe Theatre and I’d like to learn other forms of dance someday.

If you could have three wishes granted what would they be?

1. I wish I had a glass of milk right now
2. I wish people knew what a euphonium is; I’m sick of describing it as a mini tuba
3. I wish the snow would go away and never come back, yuck

Where do you see yourself in five years?

Finishing my undergrad for music (band) education

What did you want to be as a child and what do you want to be now?

President/actress; high school band teacher

About Julianna

“I have been involved with Grosse Pointe Theatre since its 2013 season and I have been involved in 13 shows with them since, including three backstage.

Currently, I play a secretary in their production of ‘How to Succeed in Business Without Really Trying.’ I was also recently Luke in Birmingham Village Players’ production of ‘Anything Goes.’ Since the age of nine, I have been involved in 23 onstage productions.

I’m also in love with playing instruments, as I’ve been playing the piano since second grade and I play the euphonium in Grosse Pointe South’s Wind Ensemble.”

Photo by The Portrait Place



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Peter and the Starcatcher

By Anne Erickson

Rathleen Lusk couldn't be happier about producing Grosse Pointe Theatre's upcoming production of *Peter and the Starcatcher*.

"This is actually my favorite play," gushes Lusk. "What's nice is that it's a story everyone knows — the Peter Pan story — but it's a version people haven't heard. It's grounded in reality."

"It's about human people going through human things, and you can relate to it," Lusk adds. "All Peter wants in his life is to be a boy, and he can't because he's an orphan and has to work all the time. I think a lot of people can relate to that."

Director Kevin Fitzhenry agrees.

"I have always loved the Peter Pan lexicon," Fitzhenry says. "I grew up watching Steven Spielberg's *Hook*, about what would happen if Peter Pan grew up, and then came *Finding Neverland* about how J.M. Barrie came to write his play. So, this new origin story immediately appealed to me."

The Grosse Pointe Theatre production — which is set for Jan. 21, 25-28, and Feb. 1-3, 2018, at Pierce Auditorium — is a true ensemble show. It features a cast of 12 playing roughly 100 roles.

"There's a nice cohesion and sense of family to *Peter and the Starcatcher*, because the cast is together all of the time," says Lusk.


So, what's the theme of *Peter and the Starcatcher*?

"Imagination," Lusk says. "The show is about allowing yourself to use your imagination and to be childlike when you can."

Lusk says she loves being involved with Grosse Pointe

Theatre because there's a fresh energy about the productions.

"We're trying to pick shows that people who normally don't go to Grosse Pointe Theatre will come out and see," Lusk says. "This season, we're doing a lot of exciting things we haven't done before."

"I get to work with a lot of talented actors," Fitzhenry adds. "This production is truly a collaborative process. We are constantly bouncing ideas off each other. There are a lot of improv opportunities. It's fun to watch the cast grow into their characters." 

Grosse Pointe Theatre will present *Peter and the Starcatcher* Jan. 21, 25-28, and Feb. 1-3, 2018, at Pierce Auditorium, 15430 Kercheval Avenue, Grosse Pointe Park. The Jan. 21 and Jan. 28 shows are at 2 p.m., and all other shows are at 8 p.m. Tickets are \$20, available at www.gpt.org/shows.



Above, Norm Killop as Smee, Jeffrey Smyk as The Black Stache, Lauren Berndt as Molly and Josh Whitson as Peter; Mr. Smee (Killop) and the Black Stache (Smyk) hope to avoid Mr. Grinn, the ticking crocodile

Photos by Dale Pegg



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THE WRITE WAY at the War Memorial

By Margie Reins Smith

When she was a sophomore at Grosse Pointe North, Sarah Sheppard took a creative writing class that was supposed to be for juniors and seniors.

“I knew then, right away,” she says. “I was a writer.”

Today — 10 years later — she is on the brink of completing her first novel.

“It’s about a woman in her late 20s who moves from New York City to the Midwest.”

She pegged her novel as women’s fiction, a category which typically features a female protagonist and deals with women’s issues.

Sheppard earned a BA in English from St. Mary’s College in Indiana and a MFA with a concentration in fiction from Lesley University in Boston. While in college, she had a short story, some personal essays and several poems published.

Since college, she has worked in a variety of positions in the publishing industry. She held a senior managing role for a domestic publication. She freelanced for a travel agency, for a law firm, for a business consultant and a marketing agency. She has written for nonprofits. She taught a personal essay class.

She traveled — by train — around the U.S. for two months. “We had assigned seats for meals — different each day. I met a variety of people with interesting stories to tell. This was wonderful experience for a writer.”

Sheppard will teach two classes for aspiring writers at the War Memorial in the coming months. “I am excited about writing and I try to tailor each class to the interests of my students,” she says.

“Establishing a Creative Lifestyle” will be offered on Tuesday, Jan. 16. “If you want to live a creative lifestyle, you need to embrace creativity in all its forms,” she says. “This includes art, music, poetry, even travel and nature.”

“Blogs, Newsletter and Email Writing” will be held Tuesday, Feb. 20. Sheppard will talk about the fundamentals of blogging, cover the guidelines for writing newsletters



and teach a few tricks about how to pitch stories to various markets.

“My goal is to finish my novel by the new year, then find an agent and a traditional publisher.”

She writes at home, in coffee shops and in the library. “I try to write in the mornings. I aim for a certain number of words each day. Some days are easier than others, but building a writing routine is important.”

She’s currently freelancing for a law firm and a marketing agency and sending her short stories to various publications.

Her all-time favorite novels? *And the Mountains Echoed* by Khaled Hosseini and *East of Eden* by John Steinbeck. She admires the work of writers Joan Didion, Alice Munro, Adam Haslett and poet Lucille Clifton.

To register for one or both of the upcoming writing workshops, call the War Memorial at (313) 881-7511. [Φ](#)

Photo by Margie Reins Smith

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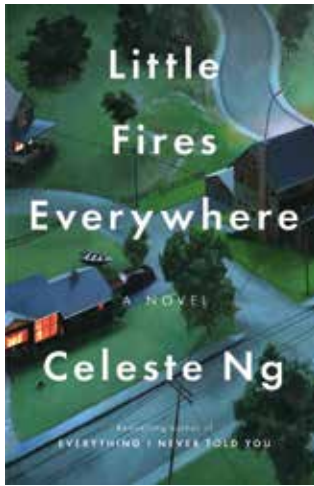
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THREE BOOKS TO COZY UP WITH THIS WINTER

By Margie Reins Smith



Little Fires Everywhere
by Celeste Ng

The Richardsons' house burns in the first sentence of the first chapter of *Little Fires Everywhere* by Celeste Ng. Arson. The rest of the novel asks the combustible question: Who did it?

The Richardsons live in upscale Shaker Heights, Ohio, a planned community. The streets curve to prevent speeding, the homes are painted in pre-

approved colors, the lawns are lush, the gardens pristine. It is the 90s. The Richardsons are white, educated and privileged — to all appearances, as manicured as the community they live in. Mr. and Mrs. Richardson have four lively, normal teenagers: Lexie, Trip, Moody and the youngest, Izzy.

In the opening scene, the three older siblings watch their house burn while seated on the roof of Lexie's car. They agree, without a sliver of evidence, that Izzy has finally "gone around the bend" and set the little gasoline-fueled fires in their (former) home, one in each bedroom.

The rest of this psychological novel reveals back stories for each child, for Mrs. Richardson and for the two tenants of the Richardsons' rental apartment.

Everybody has a motive. The solution to the mystery unfolds as hints abound. Fire imagery is associated with nearly everyone. The relationships are complicated by several teenage crushes and pairings; some racial prejudices; some unethical sleuthing and a long-kept secret.

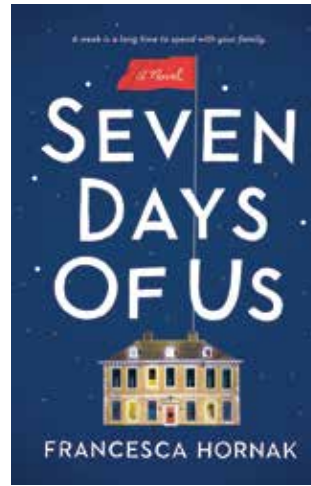
Celeste Ng's debut novel of a few years ago, *Everything I Never Told You*, was a best-selling page-turner, so *Little Fires* started at No. 7 on the New York Times Bestseller list the week it was published.

Who set the little fires everywhere? You won't find out until the very end and you might be surprised.



Seven Days of Us
by Francesca Hornak

Seven Days of Us is Francesca Hornak's first novel. In spite of its rather contrived premise (a family of four are quarantined during Christmas week in their spacious country retreat), and in spite of several unbelievable coincidences (the train station encounter), and in spite of a predictable outcome, it turned out to be a lively examination of family dynamics.



Andrew and Emma, the parents, and Olivia and Phoebe, their adult daughters, are quarantined because Olivia, a doctor, has just returned from treating Liberian children who were infected with a highly contagious, often fatal virus (Ebola?). Each character has his or her own voice, fears, suspicions and secrets.

The setup is full of personal, and major, secrets. Of course, all the secrets are spilled before the week is out. Two outsiders enter the mix and are subsequently

quarantined. But the characters are likeable, the story clips along, the family clashes are familiar to anyone with siblings; and the outcome is . . . well, I had to keep reading to see what happened.



Eleanor Oliphant is Completely Fine
by Gail Honeyman

Eleanor Oliphant is Completely Fine is also a first novel for Honeyman. I finished it while eating breakfast, for Pete's sake, leaving the morning Freep and my e-mail inbox to languish. It was that good.



Eleanor is a rather odd character. Stilted. Lonely. A creature of habit. Closed up and eccentric. She lives alone, goes to work every day, eats the same thing every night, talks to her mother on the phone every Wednesday night.

Then Raymond, the IT man at work, comes to her work station to fix her computer. The developing friendship between Eleanor and Raymond reveals what makes Eleanor behave as she does.

The layers of her traumatic childhood and the "incident" that scarred her face are peeled off as the real Eleanor emerges. The psychological suspense is wonderfully crafted. Honeyman is someone to watch.



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RIGHT @ HOME

Using nature's palette to slow down and reconnect

By Virginia Ficarra

More than ever, we need to reconnect with nature, a “time out from screens,” for health and well being. While our daily lives can generate stress, immersing ourselves in the outdoors can be a source of release from mental fatigue.

The Hippocratic Oath reminds us that “walking is man’s best medicine.” Even if you cannot get outdoors as much as you would like, bring nature’s colors into your home décor and place of business. Reflect a spirit of relaxation with live plants and colorful landscapes and framed photos.


The 2018 color of the year highlights nature. *Oceanside*, a marine inspired color, is a blend of jewel-toned blue and green ocean waves.

Popular color themes are usually inspired by what is going on in the world and the general reaction. For 2018, that seems to be a yearning to de-stress, refresh, rejuvenate, relax and renew our lives. For example, colors in many products are associated with the names of natural resources: Mountain Air, Coral Island and Sierra Redwood.

Color is more than aesthetic. It’s about harnessing the color’s moods and magic. Here are tips to achieve the colors’, and by association, nature’s, moods:

1. Consider what the room is used for, the feelings, reactions and perceptions
2. Personalize it with a particular warm or cool palette in tints and shades
3. Cool colors are typified by blue, green and purple; use them for a calm and soothing mood
4. Warm colors include

- red, yellow and orange; use them for an active, social and energized mood
5. Deeper tones can make a space look smaller and tints can visually increase, while lighter tones (like the expansive sky) make space look larger
6. Dark walls require furnishings to blend in, as too much contrast can cut up the space, resulting in a less natural environment

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By Karen Pope

The Grosse Pointe Artists Association has assembled an all-star cast for its second season of *Your Old Mansion*, a series of four lectures to be held Sundays, January through May, 2 p.m. to 4 p.m. at The War Memorial.

Tickets are \$20 per lecture. A bonus for those who register in advance for all four lectures is a tour of the McLucas House, designed by mid-century-modern icon Alexander Girard.


“Partying through Prohibition” will open the series on Jan. 21. Local historians and authors Ann Marie Aliotta, Suzy Berschback and Madeleine Socia will take you back to the Roaring Twenties when many people defied Prohibition and partied with unparalleled exuberance in the spirit of *The Great Gatsby*.

Fast forward to 2018 for the next lecture. A team from Quinn Evans Architects, who use design and restoration to build the character of neighborhoods, will explore what led to the turnaround in Detroit, now considered the most exciting city in America, according to *The New York Times*. They will also tackle what’s next for the Motor City. Included on the panel will be former Challenge Detroit fellows Ann Phillips and Lauren Strauss as well as a former member of Detroit’s Historic Designation Advisory Board, Kemba Braynon.

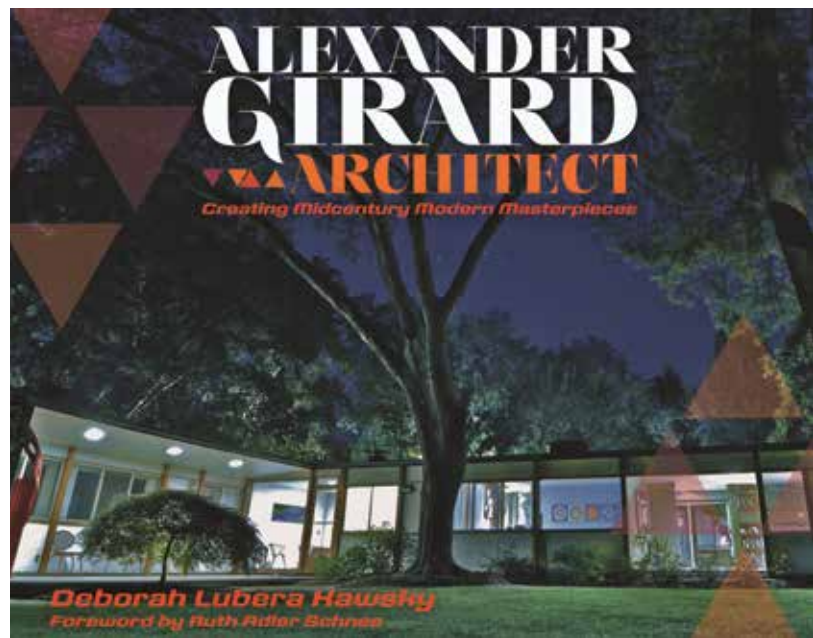
State Historic Preservation Officer Brian Conway, internationally recognized for his efforts in documenting Michigan as a leader in the development of Modernism, will be the lecturer in April. His second book, *Michigan Modern: An Architectural Legacy*, which includes several homes in the Pointes, will be available for purchase and author signing.

The final lecture will include two big names in Modernism. Designer Ruth Adler-Schnee, a leader in the movement along with Eames, Saarinen and Girard, will join art historian and author Dr. Deborah Lubera Kawsky to discuss Kawsky’s book on the McLucas House, one of the few houses designed by Girard.

After the lecture, those who bought tickets for the four-part series will be invited to tour the McLucas House, just a mile from The War Memorial.

To register for the lectures, visit www.grossepointeartcenter.org or call (313) 881.3454. 

From top: The W. Hawkins Ferry House in Grosse Pointe Shores, designed by William Kessler, is one of several area homes included in a new book on Michigan modern architecture by State Historic Preservation Officer Brian Conway, who will talk about the book



and sign copies as part of Your Old Mansion on April 8 at The War Memorial; Book about the McLucas House, to be released in June and the topic for the last lecture in the series, series ticket holders will be invited to tour the house after the lecture; Carl and Estelle Smith entertaining at their basement bar in Grosse Pointe Farms. The photo is courtesy of their granddaughter Suzy Berschback, who is one of three local historians giving the kick-off lecture for Your Old Mansion.

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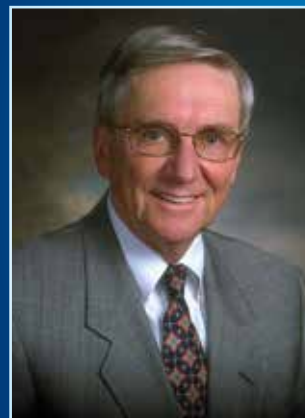


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The Art of Estate Sale Shopping

By Karen Dybis

Estate sale shopping can be an exciting way to pick up bargains, snag the accessory that finishes a room, as well as find that perfect antique piece that you didn't know you needed. In other words, it is a fun way to shop for clothing, furniture and much more.

Grosse Pointe estate sales are known throughout Metro Detroit as being among the best in terms of the mix of items, the value of the merchandise available and the size of the sales. But if you've never shopped an estate sale before, going into these fast-paced environments can feel a bit intimidating.

Local estate sale experts and companies say estate sales welcome newcomers as well as longtime buyers. Estate sales are typically put together for home sellers who are downsizing or moving on from a home because of a life event, like a divorce or death in the family.

Everyone organizing or participating in the estate sale will go out of their way to make you feel comfortable and explain how it works, says Anthony Jay, founder of Anthony's Estate Services in Grosse Pointe Farms.

Jay recommends newbies start by looking through listings on websites such as estatesales.net, a service that provides photos, information and more about estate sales across Metro Detroit. More than 50 companies participate in these listings, Jay says, so you can browse from the comfort of your own home before going into a sales environment.

"Estate sales are different than garage sales — these aren't people looking to clean out their basements. There often are fine collections, unique antiques and specialty items you

cannot find in a store," Jay says. "The last two sales I did in Grosse Pointe included 19th century bronze candelabras valued at \$1,500 per set. It's really a great treasure hunt and it can be very exciting."

Aaron Siepiershki, owner of Aaron's Estate Sales in Birmingham, agrees.

"Know before you go," Siepiershki says. "View the photos on the Internet before you go and be prepared to run to the items you want. Normally, there are lines at estate sales and people who shop them regularly are well prepared to buy. Pull the tag or pick up the tag first."

Look at the timing and parking restrictions on sites before heading out. From there, head inside to see what's available on the floor and what new items might have been added. Prices are typically negotiable, Jay says, so feel free to offer a reasonable amount for any item you're interested in purchasing. Staff of the company organizing the sale are readily available, so ask questions as needed he says.

Most estate sales take cash, check, debit cards and credit cards. The only thing Jay asks people to remember is that these are houses where people still live or will soon sell, so respect areas that are marked as closed to the public.

"It's supposed to be fun, and we're all happy to be there making deals," Jay says. "It's really a rewarding profession, helping people find good deals and helping families display and sell their items. It's especially great when I give the family a check when the sale is over and they're happy with the result." 

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February 7, Select 8:30 - 11am, Noon - 2:30pm, or 4:30 - 7pm session, at The War Memorial, 32 Lake Shore Drive, Grosse Pointe Farms, **FREE**

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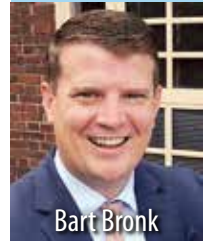
Teepa Snow

Raising Empathic Children in a Disconnected Age

February 13, 7pm, at University Liggett School, 1045 Cook Road, Grosse Pointe Woods, **FREE**

A child's emotional intelligence quotient (EQ) is the ability to accurately identify emotions and adroitly navigate emotion-governed interactions. Learn what every parent should know about the "anchor" EQ disposition of empathy, the ability to feel with another, and its development, expression, and viability in the digital age.

Featuring Bart Bronk, Head of School, University Liggett School.



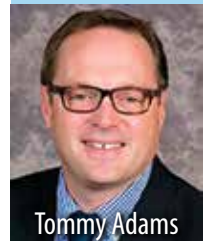
Bart Bronk

Technology in the Classroom: Is it the best fit for your child?

February 28, 7pm, at The Grosse Pointe Academy, 171 Lake Shore Road, Grosse Pointe Farms, **FREE**

All over the country, schools embrace the use of technological devices in classrooms. Tablet programs, apps and virtual learning are now curricular hallmarks from pre-kindergarten through high school. We will discuss the use of technology in schools and will provide tips on how to leverage technology in thoughtful ways to enhance your child's learning.

Featuring Tommy Adams, Head of School, The Grosse Pointe Academy.



Tommy Adams

It's All a Trap! The thinking traps that contribute to anxiety and depression in adolescents

March 7, 7pm, at Christ Church Grosse Pointe, 61 Grosse Pointe Blvd, Grosse Pointe Farms, **FREE**

Childhood and adolescence is the most common time for individuals to develop symptoms of anxiety and its close cousin, depression. We will discuss the common thinking "traps" that contribute to adolescent anxiety and depression, and share many tips and techniques parents can use to help their teen identify, get out of, (and even prevent falling into) the traps.

Featuring Amy E. Graham, Doctoral Candidate, Clinical Psychology; Dual Title, Infant Mental Health.



Amy E. Graham

Increasing the Odds: Recovery is about the family, not just the individual

March 15, 7pm, at The War Memorial, 32 Lake Shore Drive, Grosse Pointe Farms, **FREE**

Addiction is often described as a "family disease" – but up until now, families have been mostly left out of the recovery equation. This presentation will describe how to do an intervention and how to build a family recovery team, providing practical, helpful, hopeful information about intervention and family recovery.

Featuring Jeff Jay and Debra Jay, Love First. Presented by The Family Center in partnership with The War Memorial, Grosse Pointe News and Pointe Magazine.



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'Think spring' at Cobo boat show

By Ted Everingham

The Detroit Boat Show returns to Cobo Center Feb. 17-25 with more than 100 boat dealers and marine businesses under one roof for nine consecutive days. "The Boat Show signals a pivotal point in our Michigan winter and provides the inspiration for boaters to come together and start planning their next season's boating fun," says Michigan Boating Industries Association (MBIA) Executive Director Nicki Polan.



2018 marks the 60th anniversary of the Detroit Boat Show. About 1,000 boats will be on display, ranging from 10 to 50 feet in length, along with a dazzling array of boating products and marine-related services. "This show offers the best pricing of the year," Polan says. "It would take weeks to see this much product on your own."

Polan is quick to point out that the show will include attractions for everyone in the family — a special Kids Zone with crafts, Rail Jam Wakeboard Demos in two indoor pools filled with over 50,000 gallons of water, contests, giveaways and even Twiggy the Waterskiing Squirrel.

There will be a free six-hour Boaters Safety Course that concludes with an exam that may result in discounts on boating insurance for those who pass. Space will be limited so pre-registration for the course is strongly recommended. Call the MBIA at (734) 261-0123 for details.

To learn much more about the 60th annual Detroit Boat Show, visit www.detroitboatshow.net. I hope to see you there.

Ted Everingham's "Great Lakes Log" can be seen on WMTV, a service of the Grosse Pointe War Memorial, on Comcast channels 5 & 915 in the Pointes and Harper Woods, on WOW channel 10 in Grosse Pointe Woods and on AT&T U-verse in seven counties in Southeast Michigan. For broadcast times, click on the WMTV page of www.warmemorial.org or check the WMTV listings in the Grosse Pointe News.



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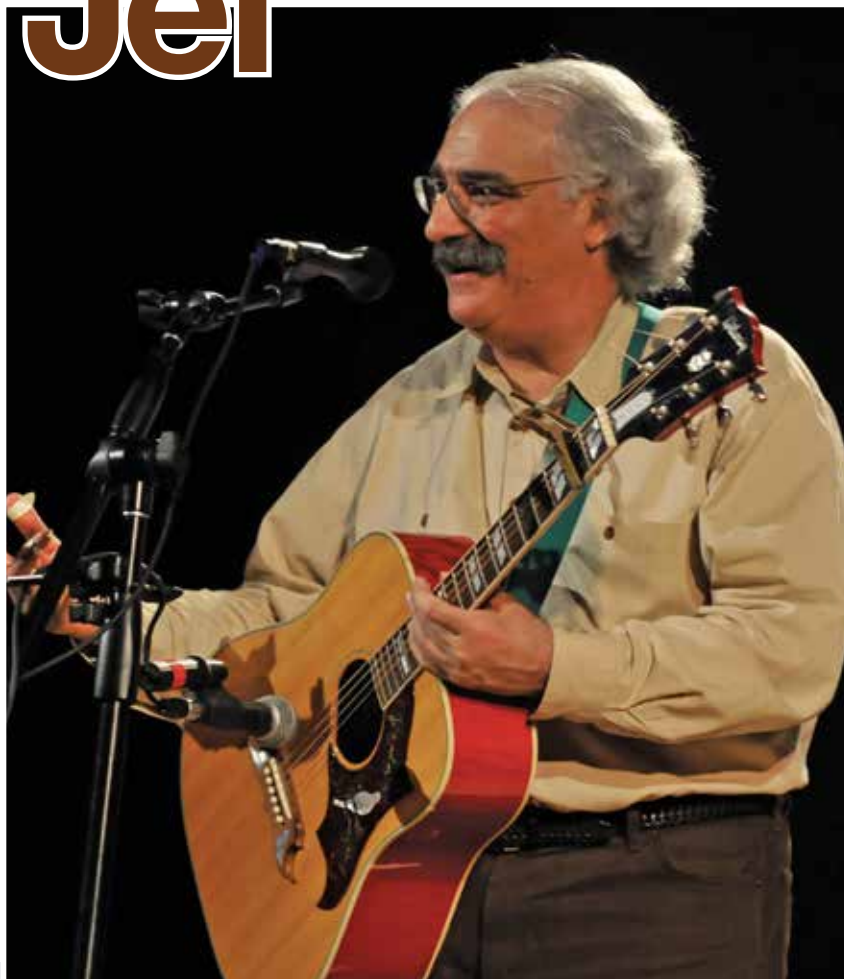
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Meet Jef



Name	Jef Fisk
City	Grosse Pointe
Occupation	Retired Chief Information Officer; current President, Grosse Pointe Theatre

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Summer

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What is your favorite thing about living in Grosse Pointe?

The diversity of the architecture

What is the best trip you've ever taken?

South of France with friends for a wedding

What is one thing most people don't know about you?

In the 1970s, I was an opening act for Steve Martin and Pat Paulsen.

What are two of your best personality traits?

My belief in the theme of Hitchhiker's Guide to the Galaxy, "Don't panic" and my willingness to help others when I have something to offer

What is the best gift you've ever received?

My daughter. Second best would be a Gibson Dove guitar named Maggie.

What accomplishment are you most proud of?

I performed 21 mini concerts in the last 10 years to benefit various not-for-profit organizations.

Words to live by?

"I'm not the one to tell this world how to get along ... I only know that peace will come when all hate is gone." Fred Neil

About Jef

"I was born in New York City and grew up in St. Clair Shores. During and after college, I spent about a decade trying to make a career in the music business as a singer/songwriter, producing a couple of albums for myself and a few for other people. I also spent a couple of years managing The Raven Gallery, a folk club in Southfield.

I joined Grosse Pointe Theatre in 1979, moved to Grosse Pointe in 1985 after changing careers to information technology, and earned an MBA from MSU in 1988. My wife and I started what is now the Youth on Stage program at Grosse Pointe Theatre in 1999. I thought that my Grosse Pointe Theatre presidency would be a reasonably smooth exercise, but alas, much has changed since June of 2016."

Jef and wife Kathy are parents to Carrie Royce Fisk. In his free time, he enjoys golfing, musical performance, acting and videography.

The NEW Tax Bill

By Jon B. Gandelot

I'm writing this in mid-December as Congress attempts to pass a major revision in the Internal Revenue Code. By the time this article is read, we may well have a new law. It remains to be seen what the new law may look like, but there are enough trends that we can make reasonable assumptions.



However, it appears that the federal estate tax exemption is about to double. The new exemption would rise to around \$11 million per person and \$22 million for a married couple. For the vast majority of people, this would eliminate the possibility of there being an estate tax at death. While that's good news for nearly everybody, it has a tendency to lull people into thinking there is no need to plan their estates or to review their existing ones.

In fact, the new law will require that nearly every person review their planning with an estate planning attorney. There have been six or seven revisions to the estate tax law since 2001. It is probable that Congress will "tweak" the law before long. A new Congress in 2019 could even undo what the current Congress has done.

Our office recommends that clients review their estate plans every year, as, in addition to the laws changing, family situations, dynamics and assets can change. It's a good idea to resolve to have your own plans reviewed this year.

Jon B. Gandelot is founding principal, GANDELOT HARTMANN, an estate planning and trust administration firm in Grosse Pointe Farms.

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Michael and Kim Pyenta, Ginny and Dan Lezotte and Bill Scott

Photo courtesy of St. Paul Catholic School

By Joyce Wiswell

A brand-new Louis Vuitton handbag and a glamorous downtown getaway at the new Detroit Foundation Hotel are among the enticing prizes at the 31st Annual St. Paul School Auction on Feb. 3 at the Grosse Pointe Yacht Club.

The event is the biggest fundraiser for the Catholic school in Grosse Pointe Farms, which opened in 1887. This year's theme, "Embracing Our Legacy," encourages participants to reflect on where they are today and how they can grow in faith and purpose for the benefit of students and their families. Proceeds from the auction are used for textbooks, technology enhancement, supplies, field trips, professional development and special programs at St. Paul School, which has 320 students in pre-school through eighth grade.

"The school has really deep ties here in the community and I have been completely overwhelmed by the kindness and generosity of local business owners who donated prizes," says Nicole Murphy, this year's auction chairperson.

Though the actual affair has yet to take place, the



community already got the chance to whet their appetite with the online auction, which ran Dec. 1-10. "It had good participation and concluded with a massive flurry of bidding at the last minute, which was exciting," says auction coordinator Therese Schueneman.

The big event includes a strolling dinner, live and silent auction items and a number of raffles, including a Year of Dining, with the prize of a dozen \$100 gift cards to local restaurants, one for each month. Other highlights include 19th-century artwork from St. Paul's parish house and a live Peloton Bikes group class, the hottest trend in exercising.

Betsy and Art Getz, who have four grandchildren enrolled in the school, are honorary auction chairpersons. Ginny and Dan Lezotte are patron campaign chairpersons and parents of three current students.

With about 300 party-goers, the auction typically sells out. For tickets, contact St. Paul Catholic School at (313) 885-3430. [P](#)



As usual, I've started a few New Year's resolutions. Besides the usual diet and exercise ones, I wanted to add better oral hygiene to the top of my list. What do you suggest besides brushing and flossing?

Great question, and I love your dedication to your oral health as a wellness plan for the new year. After all, you cannot be truly healthy without a healthy smile!

The biggest recommendation I could make is to add a Waterpik to your home care regimen. Using a Waterpik Water Flosser is much easier to use than traditional floss, which is difficult to maneuver. In my experience, patients have a difficult time with the floss and do not use it efficiently. The water flossers seem to be much easier to integrate into daily home care regimens and have been shown to be more than two times as efficient around crowns, bridges and implants than traditional flossing. They are also the most efficient way to clean around braces.

The second recommendation I can make for your 2018 resolution list is to get that electric tooth brush back out. It far exceeds the benefits of manual brushing and should be incorporated into everyone's home care regimen.

May your new year be filled with happy and healthy smiles!

Dr. M.S. Stonisch is a general dentist practicing on Mack Avenue in Grosse Pointe Woods at Faircourt Dental. For information or to schedule an appointment call (313) 882-2000 or visit www.faircourtdental.com.

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CAPRICIOUS EXPANDS ON THE HILL

By Anthony Viola

Capricious's small green façade on Kercheval on The Hill will be a little bigger come March.

"It is from here," store manager Jenny Buda says sitting in the back office, "all the way to the end. So, what was formerly the League Shop. It's going to be a big store."

Gretchen Valade opened the small shoe and accessory boutique five years ago, now she is expanding to apparel.

"We are going to have about thirteen brands of apparel," Buda says. "We are going to continue with our shoes and we are going to increase our handbags, jewelry and other accessories."

New apparel brands Capricious will be carrying include Elie Tahari, Eileen Fisher, Kate Spade, Shoshana, White and Warren, Kinross Cashmere, Three Dot, AG Denim and NYDJ Denim.

"I think it's going to be really amazing," Buda says. "There are not a lot of places where you have the boutique experience but you have everything. Shoes, jewelry, scarves, handbags, hose, sunglasses, hats, belts, the whole deal."


Buda says the brands were intentionally selected to fit the atmosphere of the new store.

"It's comfortable, it's not exclusive," Buda says. "It's inclusive and the variety of clothing lines has taken that into consideration. We have high-end but we have layering pieces too."

The new store will fill a much needed retail gap in Grosse Pointe, Buda says. She sees it as a sign of good things to come for the area.

"I really love seeing people coming on to The Hill," she says. "Coming back to Grosse Pointe to do some shopping. I love when people come in and say, 'stayed local today.'"

The store is closed until Thursday, March 8, as they put on the finishing touches. There is a Grand Opening celebration planned for that date.

"We have been working on this for six months already," Buda says. "I would never have guessed that this much work went into opening a retail store. But, this is not just going to be any retail store. The plans are so lovely." 



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Front, from left, Maryann, Lindsay and Jennifer; back, Courtney and Mark Rusch



Photo courtesy of the Rusch family

CIRQUE DES ÉTOILES

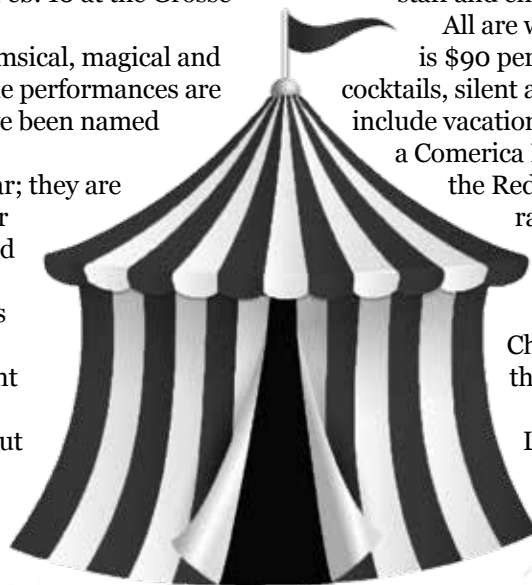
AUCTION 2018

Our Lady Star of the Sea School's premier event, Auction 2018 "Cirque Des Étoiles" (Circus of the Stars), will be held Saturday, Feb. 10 at the Grosse Pointe Yacht Club.

The evening's theme adopts the whimsical, magical and elegant characteristics for which Cirque performances are known. Mark and Maryann Rusch have been named this year's honorary chairs.

"The Rusches have many roles at Star; they are active parishioners, parents to two Star graduates; avid auction supporters, and lastly, Mrs. Rusch is our much-loved three-year-old preschool teacher," says Danielle Brousseau, auction chair.

Crediting Star as "the best investment we could have made in our daughters' futures," the Rusches feel strongly about supporting the annual auction. The funds raised are used to expand the available educational opportunities. Some items made possible through past auctions are iPads in each classroom, an updated computer lab and implementation of a dynamic STEM curriculum.




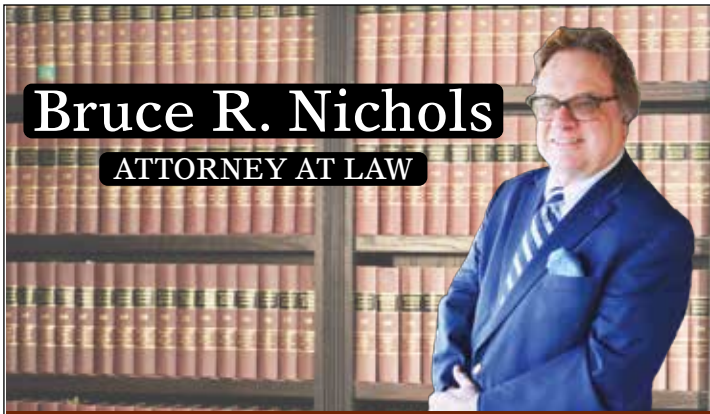
"This is all possible because of the support of our Grosse Pointe community and a culmination of efforts of a devoted staff and enthusiastic volunteers," says Brousseau.

All are welcome to attend the event. The cost is \$90 per person and includes strolling dinner, cocktails, silent and live auctions and raffles. Auction items include vacations to the Caribbean and Napa Valley, a Comerica Park suite, a unique experience with the Red Wings and fine jewelry. Additionally,

raffles include a Winner's Choice raffle, giving the winner the choice between a 2018 Lincoln MKC, a 2018 convertible Mustang, and \$10,000; and a Traveler's Choice raffle with a luxury vacation prize at the winner's choice of destinations.

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For additional information, visit www.olsos-auction.org or call (313) 423-9104. 



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BUD & SUE OZAR: 70 OVER SEVENTY CHANGEMAKERS

By Heather Wiegand

Bud and Sue Ozar of Grosse Pointe Park were recognized as Changemakers in 2017 by the Luella Hannan Memorial Foundation. The award was presented at the “70 over Seventy” celebration held in October at the Roostertail to honor those who prove impact is ageless.

“We are surprised and honored by this recognition,” says Sue Ozar. “All of our work is in Kenya in East Africa and we had no idea folks in the Detroit metro area, beyond our friends and family, really knew what we were doing.”

Sue left her job as a teacher at Pierce Middle School. “It was a job I loved,” she says, “but I also felt called to work as a volunteer.”

Sue and Bud discovered Lay Mission Helpers in Los Angeles and in 2002 were assigned to the Samoa Islands for three years. Sue became a principal there and used her skills as a Grosse Pointe teacher to resurrect a failing high school. Bud used his skills as an administrator to rejuvenate a social service agency which was almost defunct.

In 2006, the Ozars were reassigned to Kenya where they met and worked with Fr. Riwa, a Catholic priest who had established the Children’s Village to house and educate boys he rescued from the streets.

“I believe Samoa was the boot camp to prepare us for Kenya,” Bud says. “Kenya was a much more difficult assignment.”

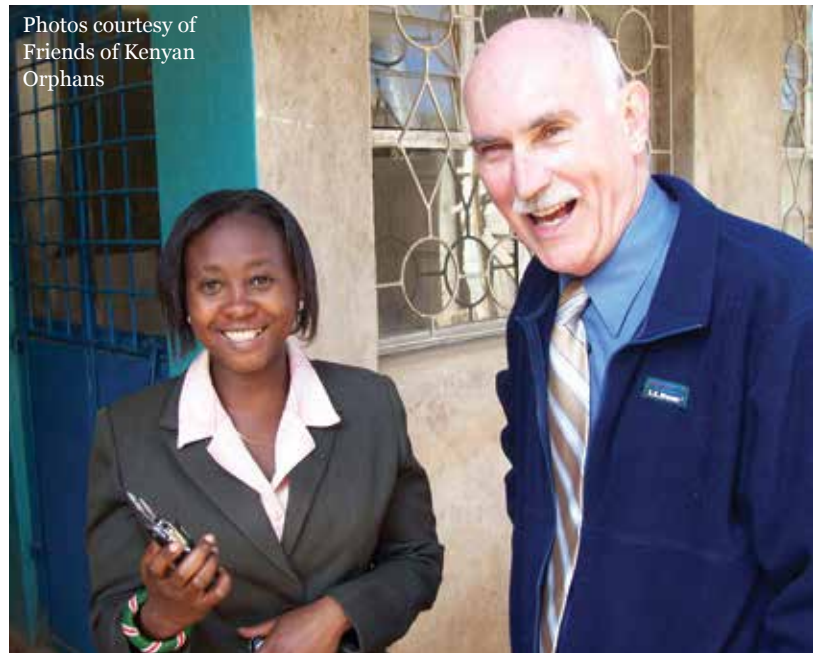
The Ozars returned to Grosse Pointe Park in 2008 with the goal to raise money to build a home for the orphaned and abandoned girls who were beginning to appear on the streets of Kenya. With the guidance of Kevin DiDio, an

attorney and Grosse Pointe Farms resident, they founded Friends of Kenyan Orphans in 2009 and have raised funds to build the St. Clare Centre for Girls, a home and school for 367 orphaned and abandoned girls in Kenya.

Bud is 78 and Sue is 75 but they manage to return to Kenya each year.

“It is hard to tell what is ‘home’ for us now,” Bud says. “We are torn between our home here with our children and grandchildren and we are drawn to Kenya to work with those orphaned girls.”

For more information on Friends of Kenyan Orphans, visit www.friendsofkenyanorphans.org. 



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LOOKING FORWARD AT LIGGETT THE JOHN AND MARLENE BOLL CAMPUS CENTER

Construction is well underway after the Grosse Pointe Woods City Council unanimously approved a site permit for the construction of the John and Marlene Boll Campus Center building. The 30,000-square-foot Boll Campus Center is expected to open in fall 2018. It will include a state-of-the-art gymnasium, fitness center, locker rooms, a classroom, conference room and much-needed storage space.

“This building is an important investment in our campus and the community,” says Board of Trustees President John W. Stroh III ‘78. “It is an excellent space in which our students, alumni and the Liggett community can learn, play and grow.”

The building is one of the final steps in a 10-year master plan that unified the campus by bringing together the Middle School, formerly located on Briarcliff Road in Grosse Pointe Woods, and the main Cook Road campus.

“The construction of this magnificent campus facility will complement our 10 acres of state-of-the-art turf fields to create an athletic campus worthy of the school’s remarkable legacy of sports achievements,” says Interim Head of School Bart Bronk. “This building is not only an important asset for our school, but also for our community.”


The building is named in honor of John and Marlene Boll,

who made the lead gift to the school’s Sure Foundations campaign. The \$50 million comprehensive campaign invests in the school’s campus, builds its endowment and raises funds for operational support. To date, the campaign has raised more than \$34 million.

The Bolls’ contribution was the single largest gift in the school’s history.

“We are grateful for the generous support of John and Marlene and their confidence in our school’s mission,” says Kelley Hamilton, associate head of school for external relations. “Their lead gift to the campaign has helped us realize our long-term goal of building a state-of-the-art campus center and will have a lasting impact on our school’s future. We also appreciate the gifts that we received from our other campaign donors who believe in what we are doing now and what we will be doing in the future.”

Construction will continue on the building throughout the winter months to ensure it is completed by the start of classes in September 2018.

“This building truly is a remarkable next step in our school’s future,” Stroh says. “This building is not only an investment in our school, but also in our community. We are thankful to the Bolls and to our other campaign donors for helping to make this possible.” 

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North American International Auto Show

By John McTaggart

*F*or car enthusiasts, it's the World Series.
For automobile lovers, it's the event of the year.

The North American International Auto Show rolls into Detroit Jan. 13-28, 2018 at Cobo Center in the heart of the city.

"It's a great great event in a great great city," NAIAS public relations manager Max Muncey says. "There's something at this year's show that everyone can enjoy."

The event is jam-packed with events ranging from the black-tie Charity Preview Jan. 19, which directs proceeds to a wide range of children's charities in southeastern

Michigan, to the state-of-the-art Automobili-D exposition (Jan. 14-21), not to mention the public show running from Jan. 20-28 — and that is just a sampling of the show's features.

"The Charity Preview is the largest, single-night fundraiser in the world," Muncey explains. "That event has raised over \$41 million in the last 10 years alone, and over \$112 million since 1976."

Features such as the Gallery (Jan. 13) are just another part of what makes NAIAS one of the premier automotive events in the world, Muncey says.

"The Gallery features a \$10 million collection of some



of the world's most luxurious and exotic cars," he says. "Aston Martin, Bentley, Ferrari and Rolls Royce are just some of the brands who will be part of this year's Gallery. It's really something to see."


For patrons interested in working in the auto industry,

the Automobili-D exposition is open to during the first weekend of the public show (Jan. 20-21), thanks to a partnership with the NAIAS and the Michigan Economic Development Corporation.

"People with an interest in a career in all aspects of the auto industry can come to Automobili-D that first weekend and connect with companies at the Future Automotive Career Exposition (FACE)," Muncey explains. "This is a chance for qualified candidates to meet face-to-face with Automobili-D companies looking to fill positions across a variety of disciplines."

The heart of the NAIAS, however, is the Public Show.

"It gives automobile lovers the chance to get up-close with vehicles and technology that is on the cutting edge," Muncey says. "There are electric vehicles, muscle cars, full-size trucks and high-performance supercars, and just about everything else. It really is an event that has something for everyone to enjoy."

For more information on the North American International Auto Show, and to get tickets, visit www.naias.com. 





SERVICE DOG EARNS FIRST STAR AT 'POWER PLAY FOR HEROES'

By Melissa Walsh

U.S. military veteran Mike Ronan dropped the puck to kick off the 2017 Power Play for Heroes hockey game. But the event's first star went to his service dog, Julie.

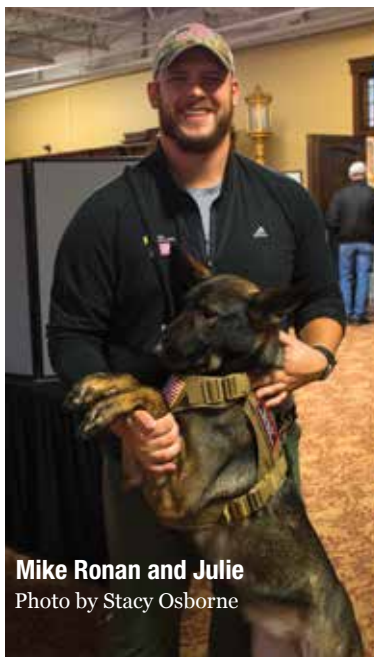
The charity game between Team STAHLs and The Detroit Red Wings Alumni at St. Clair Shores Civic Arena Sunday, Nov. 12 was part of the STAHLs' Power Play for Heroes weekend celebrating military veterans. The Stahls family dedicated the proceeds from the 2017 events to Guardian Angels, a Florida-based charitable organization that pairs medical service dogs with military veterans around the country suffering from post-traumatic stress disorder, depression disorders and traumatic brain injury.

Guests of honor Ronan, a Marine Corps sergeant veteran of Operation Iraqi Freedom, and his service dog Julie appeared

before the crowd of hockey fans between periods to present information about Guardian Angels. Ronan also hit the ice with Team STAHLs as they faced veteran pro-hockey players in a spirited game of speed, playful infractions and shots lighting up the nets at both ends, as well as brightening the faces of the many fans in attendance.

In the DRWA net was veteran airman and hockey goalie Gregg Malicke. The former Wolverine who played for the Grand Rapids Griffins followed his hockey career by enlisting in military service. He served eight years as a pilot with the 107 Fighter Squadron with deployments in Iraq and Afghanistan before transitioning into medicine as a flight surgeon.

"When they can put something together like this, it's just an honor to be part of it," Malicke says.



Mike Ronan and Julie
Photo by Stacy Osborne

Right, Mike Ronan, Ronan's fiancée Olivia Radke, Guardian Angels dog Julie and Guardian Angels Michigan Regional Coordinator Jolanthe Bassett

Photo by Stacy Osborne



“Everybody has their own experience over there. And everybody comes back in a different way, whether it’s change for the good or change for the bad.”

Paired with Julie in January 2017, Ronan says, “Julie’s been pretty fantastic.”

Suffering from post-traumatic stress disorder, depression and traumatic brain injury, Ronan experiences panic and anxiety attacks and seizures. Julie — trained to sense a chemical change in Ronan’s body — alerts him and calms him.

“Within a week of getting Julie I was going from sleeping an hour and a half or two hours a night to sleeping full nights with no nightmares almost instantly,” Ronan says.

“She’s made my life a lot easier,” says Ronan’s fiancée, Olivia Radke, “because when he had his panic attacks, I’d be the one comforting him. Julie brings him back much faster.”

Handling Eastside metro Detroit fundraising activities for the Guardian Angels, Grosse Pointe Farms resident Mary Lamparter raised \$150,000 in September 2017 and \$160,000 in 2016.

“I’m a fundraiser. And I’m dedicated to Guardian Angels,”

says Lamparter.

Her work to support 2017 Power Play for Heroes brought the organization another \$18,000, in addition to the matching contribution by the Stahls for a total of \$36,000. The family urges the community to contribute to Guardian Angels to help them meet their goal of \$40,000 — the cost of housing, training and pairing two dogs.

According to Guardian Angels Michigan Regional Coordinator Jolanthe Bassett, the dogs undergo 1,500 to 2,000 hours of training. Pairings with veterans is facilitated word-of-mouth. Qualifying conditions include a mental or physical disability limiting a major life activity, capability to work with and care for a service dog and ability to train at one of the Guardian Angels Florida locations. With the exception of a \$25 application fee, the 501(c)3 organization provides service dogs at no cost to qualified recipients.

“It’s a pretty well-oiled machine,” says Bassett.

For more information about Guardian Angels or to make a donation, visit medicalservedogs.org. 

Photo by Michael S. Doré



Farms teen scores figure skating buzz



Photos by Kevin Phelan

By Melissa Walsh

Following a three-hour ice workout, Emilea Zingas' energy was not tapered as she sat in the rink's figure skating office speaking happily about earning a spot in the 2018 Prudential U.S. Figure Skating Nationals competition in San Jose, Calif., Dec. 29 to Jan. 7.

"I'm so excited," she says. "I've never been more motivated, never wanted anything more."

In November, the 15-year-old Grosse Pointe South student and Farms resident skated to "Fireball" by Pitbull and netted the nation's highest novice ladies short-program score, moving her into a six-point first-place lead in Midwestern Regionals. Zingas' long-program score, however, set her back to second place, but less than one point from the first-place score secured by Chicago's Ariela Masarsky.

"I compete against (Masarsky) all the time," Zingas says.

"The two of them have been neck and neck all season," says Zingas' coach, Grosse Pointe Park resident Lindsay O'Donoghue. "I would say the two are the top contenders for nationals."

Zingas knew her short program was perfect. Her long program started out strong before hitting a bump.

"I landed the triple lutz, landed the triple flip," she recalls. "My footwork was great. Landed the triple sow, double toe. Then I stepped into the wrong spin."

"She really nailed the short program, in a way I've never seen her do before," says Zingas' mom, Marsha. "In the beginning (of the long program) I was really happy, then I was like, 'Please spin.' I could see she got lost."


Zingas recovered, finding her way into another spin and reconnecting with the rhythm of the music, "Malaguena" by 101 Strings Orchestra.

"I was just trying to keep fighting," Zingas says. "But after I skated I knew I made it."

"The spin was a little bit of an oops, but it was a great learning experience," O'Donoghue adds. "I think it showed her that she can compete at this level. (Nationals) is the best of the best. She's not at the level to go to the Olympics yet, but the buzz is huge."

Next season, Zingas will advance to junior level and then senior for Olympic competition. This being an Olympic year, O'Donoghue says, 2018 nationals will be especially exciting.

"That energy trickles down to all the levels," she says.

"To place would be amazing, and I know I have the ability to place at nationals, but just being there is a great experience," says Zingas. "But I'm going for a medal. I want to be on the podium." 



Emilea Zingas hears her score at the U.S. Figure Skating Sectionals with coaches Brooke Castile-O'Keefe, left, and Lindsay O'Donoghue.

Cancer: Catch it early to survive

By Dr. Saima A. Khan

It is a truism that early detection of cancer is the best way to beat the disease. So knowing some common early signs of cancer is pretty useful.

Every early sign can be caused by other common ailments, so follow up with your doctor (but not alarm) is appropriate.

And because cancers can arise in or affect any tissue or organ, the general rule is that unexplained pain, bleeding

and physical or functional changes need explanation. While many of these are well-known, other unexplained symptoms should not be overlooked.

Any large or changing mole or sores that recur or fail to heal should be examined. Early skin cancers are not alarming, because treatment is almost 100 percent effective, while advanced cancers especially melanomas have poor prognosis.

Dark streaks along the length of a fingernail can be melanoma or a sign of another cancer. Similarly, persistent white patches in the mouth or hoarseness deserve a look.

While breast cancer is most common in women, it is not unknown in men.

Knowing what is normal for you is very important. Aside from new lumps, persistent breast pain, skin or size changes and nipple discharge should be examined further. For men, difficulty urinating, testicular lumps or pain warrant medical examination.

Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.



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Comfort, risk

By Lina Bowman

Market ups and downs may be tolerable if you believe the event is unlikely to cause lasting economic damage. Still, major market downturns such as the 2000 dot-com bust and the 2008-09 credit crises are powerful reminders that we cannot control or predict exactly when the market will change course.



Market risk refers to the possibility that an investment will lose value because of a broad decline in the financial markets. These can be the result of economic or sociopolitical factors. If you're willing to accept more investment risk, then you may benefit from higher returns in the good times, but you may also get hit harder during the bad times.

Your portfolio's risk profile should reflect your ability to endure periods of market volatility, both financially and emotionally. Think about your personal relationship with risk. How much risk can you afford? How much risk are you comfortable taking?

Market declines are an inevitable part of investing, but abandoning a sound investment strategy in the heat of the moment could be detrimental to your portfolio's long-term performance.

Partnering with a financial adviser to help you put a plan in place may help you manage your emotions when turbulent times arrive.

All investing involves risk, including the possible loss of principal, and there is no guarantee that any investment strategy will be successful.

Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.

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Please visit our new Web-Site: www.ChampsRotisserie.com

HOURS:

MONDAY – THURSDAY 4:00 p.m.-10 p.m.
FRIDAY – SATURDAY 4:00 p.m.-11 p.m.
SUNDAY 3:00 p.m.-10 p.m.

Growing grass in winter

By Anna Bartolotta

It was a Saturday in October when I received a phone call from a tenant — their house was on fire. After first saying everyone was OK, the tenant disclosed to me they were growing marijuana in the basement, and he was so sorry, and he fled the scene after his attempts to put out the fire with his garden hose failed.



I quickly visited the property. The home was destroyed, and two firefighters were hurt in the incident.

Discovering “grow houses” is becoming more and more common especially in single-family homes, and the question is, how do you prevent this?

I have always needed tenants to have peaceful and quiet enjoyment of their homes, but as times change it is even more important to ensure that inspections are performed to guarantee illegal activity is not occurring right under your nose.

One of the easiest checks is a simple phone call to DTE to see if the electricity bills are not astronomical — grow lights use a lot of electricity.

Another obvious sign may be if the tenant has added a secondary air conditioning unit to help cool the home, or if the tenant is stalling allowing you to enter the home for inspections.

Take the time to visit your property and do your inspections. It is best for everyone involved.

Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's only dedicated, full service, full time rental agency staffed with licensed agents.



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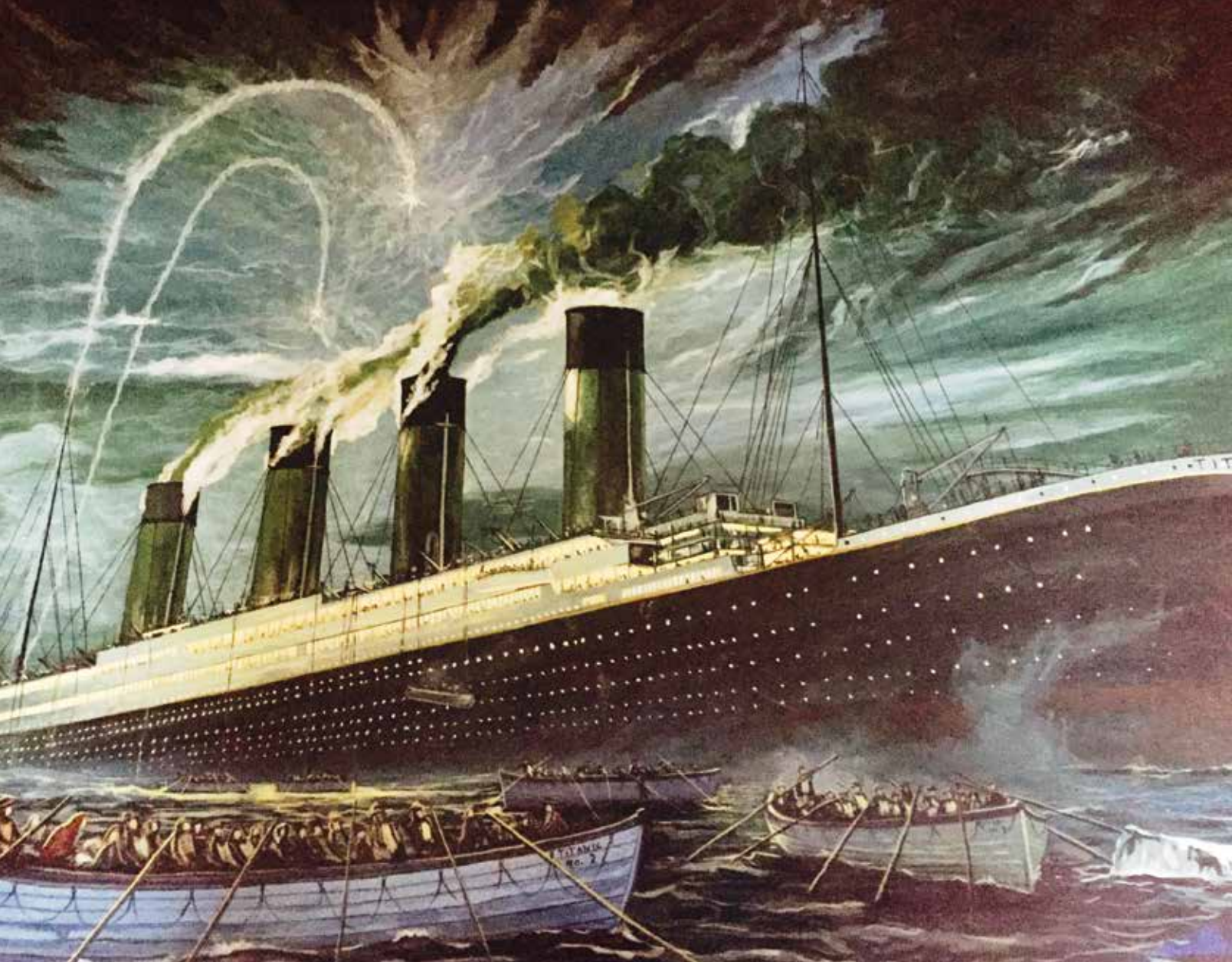
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QUESTERS, 'A CENTURY OF TEARS: THE TITANIC'

By Anne Erickson

*J*udith Coebly has always had a fascination with the story of the Titanic.

"As a little kid, I would collect things about the Titanic, and then I went on to be a sociology major, so that fit into my early interest," Coebly says.

Now, Coebly is known for her special Titanic presentation, "A Century of Tears: The Titanic," which is based on the story of an "unknown child" on the Titanic.

She'll give that presentation at the annual Questers meeting at the Assumption Cultural Center on Jan. 25.



Coebly and her husband were fortunate enough to attend the Titanic's 100th year memorial cruise, which took place in April of 2012. The cruise ship took Coebly and company on the exact route the Titanic took. The cruise's capacity was 1,300 people — the same capacity as the Titanic.

"It was an emotional trip, and a lot of descendants of those who were on the Titanic were on it," Coebly says.

One of those descendants told Coebly about an "unknown child" who passed away on the Titanic. It took decades to figure out the identity of this child, and Coebly's presentation takes

Opposite bottom, the “unknown child;” right, Judith Coebly during the Titanic’s memorial cruise 100th anniversary voyage in 2012; below, Assumption Cultural Center where the annual Questers meeting will take place Jan. 25.


attendees through the fascinating and emotional process of discovering the child’s story.

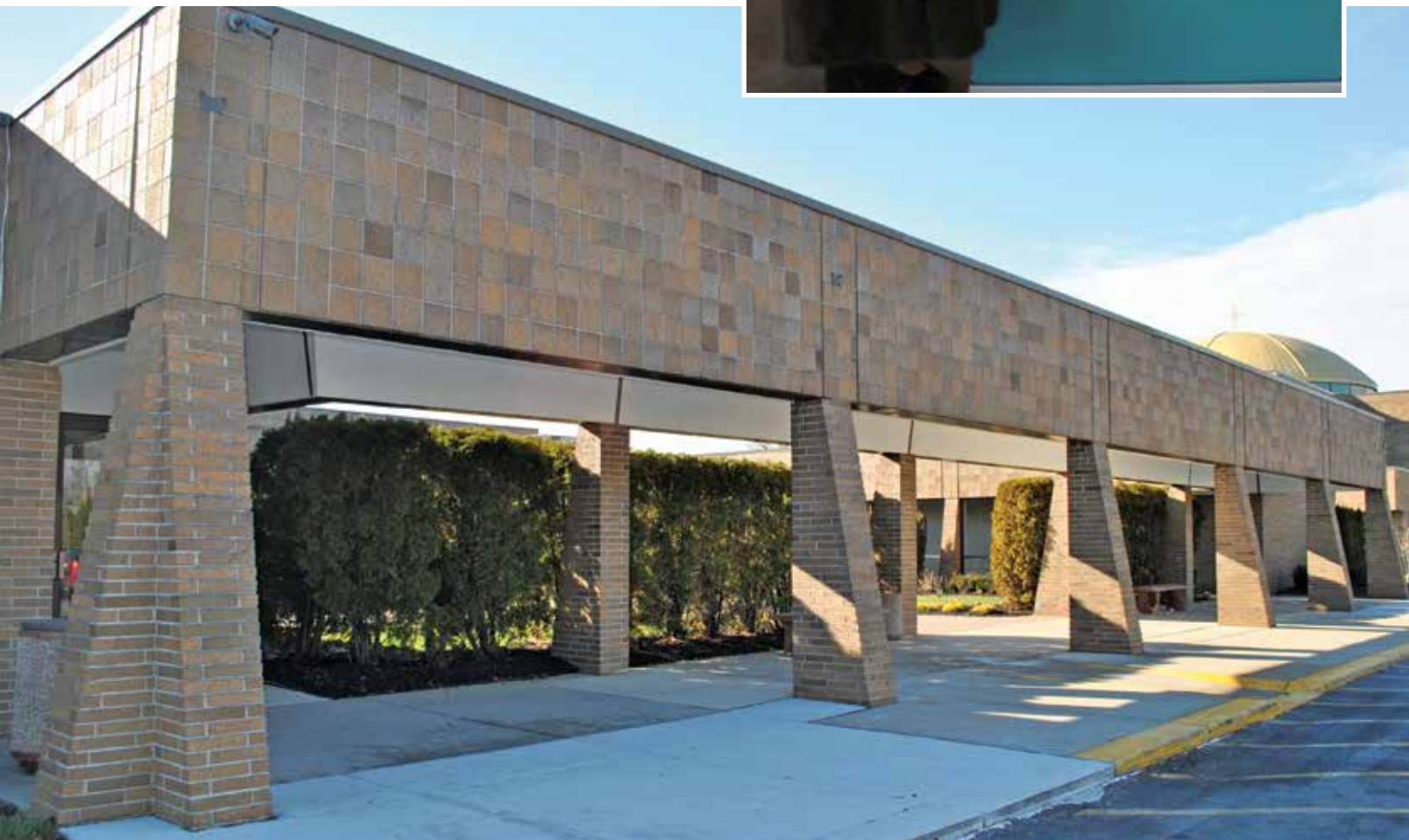
“You wouldn’t think something that happened 100 years ago would be this emotional, but people are still looking back at the stories — not why it happened, but looking at the lives of the people,” she says.

“This is a Questers talk, and that’s part of the organization’s mission: to do research and preservation,” she adds.

Dorothy Tepatti, president of the Questers’ Pettipointe chapter, agrees.

“We’re antique collectors, and our major objective is to stimulate the appreciation and collection of antiques,” she says. “We also encourage the presentation and restoration of historical landmarks.”

“A Century of Tears: The Titanic” will take place Jan. 25 at Assumption Cultural Center at 11 a.m. This is a plated luncheon and presentation. Tickets are \$25 per person. Find Michigan Questers online at michiganquesters.org. 



COOKING with CHEF ETHAN STEINER

Spiralized vegetable noodles



Wow! 2017. Where did it go? I had a great year as a chef. Working on Mackinac Island was a great opportunity not only as a chef, but to see a city in Michigan come alive in the summer after a long cold winter. Experiencing work in a wonderful summer resort was rewarding.

I especially enjoyed reviewing the Epcot Food and Wine Festival in the July-August 2017 issue. It was well received

and I have been contacted by readers inquiring about the event. I was happy to share my experience.

I am looking forward to the New Year and hope that it is as exciting as 2017. I wanted to come up with something healthy to start off the year. I hope you enjoy this one!

Spiralized Vegetable Noodles Serves 4

Ingredients

1/2 pound bacon, cut into 1/4 inch pieces
2 medium sweet potatoes, peeled
1 green zucchini
1 yellow zucchini
1 cup baby kale, thinly sliced
 Salt, pepper and red pepper flakes to taste
2-3 tbs water
 Spiralizer

Directions

1. Place bacon bits in a skillet on medium heat, stirring occasionally until bacon is crispy
2. Remove bacon bits with a slotted spoon and place on paper towel-lined plate. Save bacon drippings
3. Spiralize the sweet potatoes and zucchinis (I found a handheld spiralizer for under \$10 at my local grocery store and

it worked great. I have also seen vegetables already spiralized sold at the grocery store)

4. Sauté sweet potatoes and zucchini in the reserved bacon drippings for 2 minutes, scraping down the sides of the pan and tossing the vegetables
5. Add 2-3 tablespoons water and toss again to make sure nothing sticks to the bottom of the pan. Cover and let the vegetables cook for 5 minutes,

until they get soft and tender. Be careful not to overcook or they will start to break apart (this happens quickly)

6. During the last minute of cooking, stir in the kale so it wilts into the noodles, and remove from heat
7. Add bacon bits, salt and pepper to taste and stir

This recipe can be customized to your liking. I added a sliced kumato tomato and plated my vegetables with steak and a fried egg on top. To make this a vegetarian dish, omit the bacon and use olive oil to sauté.



Photo by Ethan Steiner

Chef Ethan Steiner, a 2008 graduate of De La Salle Collegiate High School, graduated from Le Cordon Bleu College of Culinary Arts with an Associates of Occupational Studies Degree in Culinary Arts and a Bachelor of Arts Degree in Culinary Management in Las Vegas.

After working the Las Vegas hotel circuit, Steiner decided to return to Michigan. He has worked with, and for, Chef Jose Andres, Chef John Hilton, Chef Rick Moonen, Chef Gordon Ramsay and Chef Wolfgang Puck.

Follow him on twitter @Chef_Ethan.

Ardmore — St. Clair Shores Gem

26717 Little Mack, St. Clair Shores • (586) 443-4597

For lunch we offer an array of salads, sandwiches, hot entrees and new specials daily. A few of our wonderful dinner menu items include steaks, lamb chops, stuffed salmon and 1/2 roasted duck. We also offer selections from a full bar to compliment your meal. Book your wedding, rehearsal dinners, baby showers, birthday parties or funeral luncheons with us; prices starting at \$13.95 per person. Ardmore Park Place — it's more than dining; it's a shopping experience. We are located on Little Mack in St. Clair Shores, just north of Frazho Road (10 1/2 Mile).



Our next 5-Course Wine Tasting Dinner is Wednesday, Feb. 7, 7-10 p.m., featuring VALENTINE appropriate pairings. The cost is \$65 (tax and gratuity included). Please make reservations early as seating is limited!

Hours: Lunch: Tue-Sat 11am-4pm; Dinner: Thurs-Sat 5-9pm

Web: www.ardmoreparkplace.com



Blufin Sushi ... EXPANDED DINING, FULL BAR!

18584 Mack Avenue, Grosse Pointe Farms • (313) 332-0050

Blufin is located on Mack just south of Moross. We have a great atmosphere in a cozy setting. At Blufin, we offer fresh, healthy foods using only the finest ingredients. We offer a wide variety of sushi, including our signature rolls like the Blufin, Las Vegas and Grosse Pointer made with only the freshest Alaskan King Crab. All our rolls are plated with amazing artistry. Also on our menu are entrees such as Japanese fried chicken, ahi tuna, Mongolian Beef, fried rice and tempura vegetable. Blufin Sushi has so many items to choose from we can't list them all. We also offer salads, soups, sliders, desserts and a kids menu consisting of chicken fingers, grilled chicken, fish tacos, etc. We now have our liquor license serving sake, wine, beer and cocktails. \$250 Reservation fee up to 6 guests. \$ covers food and drink.



VALENTINE'S DAY IS WEDNESDAY, FEB. 14 ... DON'T DISAPPOINT!

Hours: Mon-Wed 11:30am-10pm, Thur-Sat 11:30am-12am, Sun 11:30am-10pm

Happy Hour: Mon-Thur 2:30pm-5:30pm

Web: WWW.BLUFINSUSHI.COM



Champs Rotisserie & Seafood

20515 Mack Avenue, Grosse Pointe Woods (3 blks. S. of Vernier) • (313) 886-7755

Champs is located on Mack just three streets south of Vernier. Our soups, sauces and dressings are housemade daily using only the freshest ingredients from Michigan companies when possible. Champs is known for its Rotisserie Ribs and Chicken, served with our homemade BBQ sauce for which Champs has been known for the past 52 years since it was the BBQ House of Grosse Pointe. We also offer an exquisite variety of seafood, salad entrees, sandwiches, appetizers and a full children's menu. We also offer daily specials that we have become known for. For those warm nights, enjoy our patio with a big screen TV or you may choose to stay inside and snuggle by our beautiful fireplace. With this unique atmosphere, comes a full-service bar to make your dining experience complete. We have a great selection of Michigan-made vodka, gin and bourbon and a wide selection of scotch, from house to high end. Call ahead on those busy days for a carry-out. Our specially designed carry-out boxes will ensure your food gets home fresh and hot. We will cater your next event. Call and speak to one of our catering specialists after 4 p.m. Order off our catering menu or create your own.

HAPPY VALENTINE'S DAY FROM CHAMPS!

From Friday, February 9th thru Wednesday, February 14th, bring your Valentine to Champs.

With the purchase of 2 entrees you can share a dessert ... on the house!


Hours: Mon-Thurs 4-10pm, Fri-Sat 4-11pm, Sun 3-10pm

Web: www.ChampsRotisserie.com



City Kitchen

16844 Kercheval, Grosse Pointe • (313) 882-6667

Located in the heart of The Village, City Kitchen prides itself on being a unique neighborhood eatery that serves quality fare in an upscale, yet relaxed and casual setting, as well as carry-out and on- and off-site catering. The restaurant offers fresh seafood from Foley Fish Co., Boston's famous fish house, as well as Great Lakes perch, pickerel and Lake Superior whitefish delivered daily. From the grill, try "Certified Angus Beef" New York strip or tenderloin steaks and some of the best burgers in town. Also enjoy seasonal salads, desserts, appetizers and wood-fired pizza. Join us at our bar for Happy Hour Monday–Friday from 4:30 to 6:30 p.m. and enjoy your favorite cocktail, beer or wine of your choice at our special Happy Hour pricing. 

VALENTINE'S DAY IS WEDNESDAY, FEB. 14. MAKE YOUR RESERVATIONS EARLY!

Hours: Lunch: Mon-Fri 11:30am-3:30pm

Dinner: Mon-Thurs 4:30-9:30pm, Fri 4:30-10pm, Sat 5-10pm, Sun 4-9pm



Web: www.city-kitchen.com



Photo by Donald Schulte

Dirty Dog Jazz Cafe

97 Kercheval, Grosse Pointe Farms • (313) 882-5299

Winner of *Hour Detroit Magazine* awards for 2010 Restaurant of the Year and Best Chef 2010 & 2011, the Dirty Dog Jazz Cafe features top guest musicians and award-winning food. Two-time "Best Chef" winner André Neimanis offers an American bistro menu in a well-appointed, 65-seat dining room with white-linen round tables surrounded by red-fabric walls with dark wood, wainscoting, Tudor carriage lights and dog-themed paintings and sculptures. Favorites include Steak Burger with Foie Gras, Beef Short Rib, Salmon Filet and Chicken Pasta to name a few! Live Jazz Tuesday through Saturday offers patrons a unique and memorable experience (reservations are strongly recommended). Private dining is available for up to 25 people in The Boardroom, which also features full meeting and conference capabilities.  

Hours: Tues 11:30am-8pm; Wed-Thur 11:30am-10pm; Fri 11:30am-11:30pm; Sat. 4pm-11:30pm

Web: www.dirtydogjazz.com



Harvard Grill

16624 Mack Avenue, Grosse Pointe Park • (313) 882-9090

Don't feel like cooking tonight? Stop by Harvard Grill for our delicious, home-cooked and affordable daily specials that include soup, salad or coleslaw:

Monday:

- **Pot Roast** with mashed potatoes, vegetable and roll
- **Homemade Meat Loaf** with mashed potatoes, vegetable and roll

Tuesday:

- **Chicken Pot Pie** with garlic toast
- **Short Ribs of Beef** with mashed potatoes, vegetable and roll.

Wednesday:

- **Beef Stroganoff** served over noodles with garlic toast
- **Sloppy Joe** with potato chips

Thursday:

- **Pork Chop** with mashed potatoes, vegetable and roll
- **Spaghetti**
- **Baked Spaghetti**

Friday:

- **Fish & Chips** — Cod served with fries or mac and cheese, coleslaw and roll. Pan Fried, Deep Fried or Broiled.

Sunday:

- **Eggs Benedict**


Breakfast served all day every day. Now serving beer and wine!

Hours: Open 7 Days — Mon-Fri 7am-8pm; Sat-Sun 7am-3pm



Irish Coffee Bar and Grill HOME OF THE ORIGINAL BAR BURGER!

18666 Mack Avenue, Grosse Pointe Farms • (313) 881-5675

Irish Coffee Bar and Grill has been a staple on Mack Avenue in Grosse Pointe Farms for **38 YEARS**, notable for their fantastic bar burgers (1/3 lb ground rounds) and numerous coffee cocktails. Three high-definition TVs make this neighborhood bar a great place to watch the game. Swing by after the game or any entertainment event in the area, bring your ticket stub and your burger is only \$2.96 with purchase of a beverage! The daily lunch special is the best in town: dine-in between 11 a.m. and 5 p.m. and for \$6.95 have a ground round, fries and your choice of beverage (domestic draft beer or pop). This is also good for a fish sandwich or a grilled chicken sandwich. This family-owned restaurant is a great spot for young and old, and there is something on the menu for everyone. The homemade onion rings are a local favorite, and the fresh and hand-battered yellow-belly perch are particularly popular among seafood lovers. Numerous corned-beef sandwiches top off the menu with a true, Irish flare. The grill is open until 1 a.m., seven days a week! Hope to see you there! 

BE SURE TO BRING YOUR SWEETIE BY ON VALENTINE'S DAY, WEDNESDAY, FEB. 14!


Hours: Mon-Sat 11am-2am; Sun 5pm-2am

GRILL OPEN UNTIL 1 A.M., 7 DAYS A WEEK!



Little Tony's — Lounge in the Woods

20513 Mack Avenue, Grosse Pointe Woods • (313) 885-8522

Little Tony's is Grosse Pointe's favorite Bar & Grill. A place where families and friends have gathered for over 40 years for good food and good cheer. Cozy, quaint and warm, it's a throwback to when a business was run by an owner and not a corporation. A real neighborhood bar, where locals meet and everyone really does know your name. Serving only the freshest of Ground Rounds (they're delivered daily), Little Tony's has made a name for itself as "the place" to go on the east side for Great Burgers. Cooked to order and served with an array of extras, you are sure to have your burger craving satisfied here. Voted "Best Burger on the East Side" by the Detroit Free Press and Grosse Pointe Patch. The menu, although small, has a lot more to offer. Delicious Reubens, succulent Turkey and Ham sandwiches, Fish and Chips, Tuna Melts to die for, and don't forget Carol's Famous Chili. Our extensive bar is complimented by a great selection of beers, ales and wines. Dine on our beautiful, open-air patio during the summer months. Family friendly, so bring the kids, our great wait staff can't wait to serve you. 

TRU LUV ... AT LITTLE TONY'S ON VALENTINE'S DAY, WEDNESDAY, FEB. 14!


Hours: Mon-Sat 11am-11pm

Web: www.littletonysgp.com



Luxe Bar & Grill

115 Kercheval, Grosse Pointe Farms • (313) 924-5459

Luxe is the neighborhood spot that serves quality food, drink and atmosphere — without pretense. Hospitality is our passion — quality and taste are the priority. We believe the character of a bar is its patrons, and we welcome all seeking food, company and friendly conversation to enjoy our charmed local bar. An eclectic menu features fantastic Prime Burgers on homemade brioche buns, as well as scratch soups, salads and entrées, including chicken, salmon, lamb chops and steaks in a variety of different daily preparations. Chef Nikola Culakovski embraces various elements of traditional and new American cuisine. 

LUXE BAR & GRILL IS A GREAT PLACE FOR A VALENTINE'S DATE!

Hours: Daily 11am-1am (Kitchen closes at midnight.)


Web: www.luxebarandgrill.com



DINING GUIDE

Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its fourth year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 


MACK AVENUE GRILL IS A GREAT PLACE FOR BREAKFAST, LUNCH OR DINNER WITH YOUR VALENTINE!

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

2 signature pasta dishes and a bottle of wine \$38 — perfect for Valentine's Day, Wednesday, Feb. 14!

Hours: Mon 4-10pm; Tues-Thurs 11am-10pm; Fri 11am-11pm;
Sat noon-11pm; Sun 3-9pm

Web: www.pepperonigrillescs.com



Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

Monday - Burger Bash (burger and fries) \$5.99. !

Tuesday - **1/2 off pizza!** \$3 Boombas 10 p.m.-close

Wednesday - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

Thursday - Fajita Frenzy \$11.99; Rib Rave (1/2 slab with fries) \$11.99

Sunday - Prime Rib \$15.99

All Day, Everyday - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint;
\$3.50 Shot Specials



Hours: Mon-Sat 11am-2am; Sun Noon-2am

Web: www.shoresinn.com



Sierra Station La Cantina — Celebrating 40 Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.  

PROSPERO AÑO NUEVO!

Hours: Lunch: Thurs-Fri 11:30am-1:00pm

Dinner: Open daily at 5pm


Web: www.sierrastationgp.com



Photo by Donald Schulte

Telly's Place — Est. 1982

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Look around and you'll see a couple on a romantic date, sharing an order of our signature spinach dip and chips, a group of friends celebrating a birthday with our specialty martinis, or people sitting at the bar, watching the game on our flat-screen TVs. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution. 

Telly's Specials:

- Trivia Monday (win gift cards!) - \$4 Margaritas
- Tuesday - Bar Bingo 9 p.m.-Midnight
WIN gift cards!
- Wednesday - \$5 Specialty Martinis
- Thursday-Saturday
Live Entertainment
- Sunday - .50 Wings and \$2.50 Domestic Beers

HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS

Hours: Mon-Sat 11am-Close; Sun Noon-Close

Web: tellysplace.com



Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

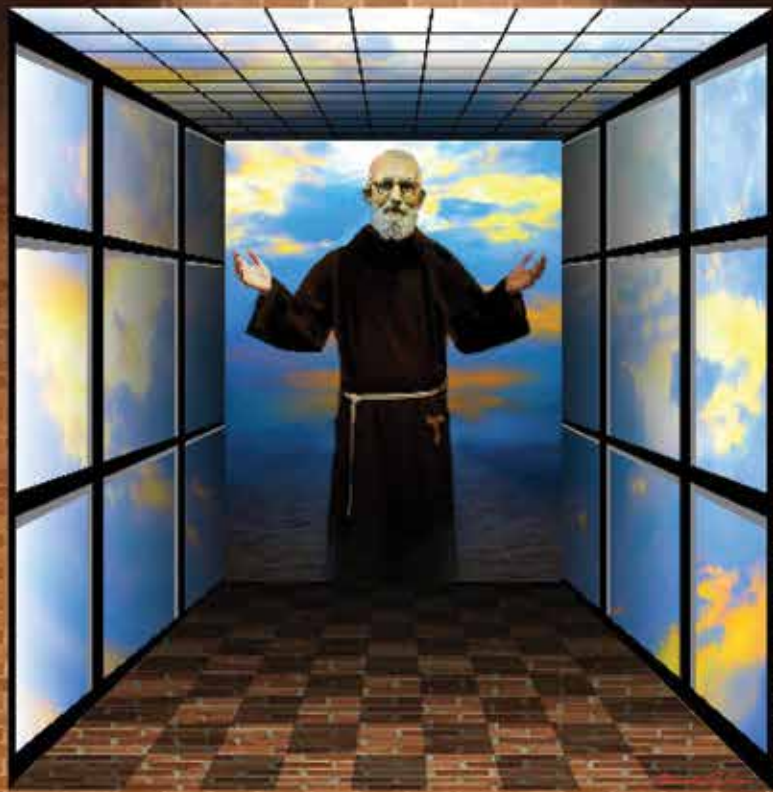
The Watermark is Fine Dining at its Best — With it's amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille! 

◆◆◆◆◆ OPEN YEAR-ROUND ... THE ONLY WATERFRONT VALENTINE'S DAY LOCATION! ◆◆◆◆◆

Hours: Daily 11am-Close

Web: www.watermarkbarandgrille.com





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Certified Senior Solutions, Inc is a professional elder care assistance program, helping families find solutions to their senior care needs. Every senior's situation is different, and so is the information we offer to each family. Our senior advisors provide situation-specific advice to families on topics including:

▲ Senior Housing Choices

- Independent Living Communities
- Assisted Living Communities
- Skilled Nursing Facilities
- Memory Care Communities
- Adult Foster Homes

▲ Aging in Place

- In-Home Caregiving
- Community Based In-Home Services
- In-Home Nursing Care
- In-Home Physical Therapy
- In-Home Physician Services

▲ Financial and Estate Planning

- Elder Care Attorneys
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- End of Life and Funeral Planning
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- Reverse Mortgages

▲ Senior Health, Nutrition & Fitness

- Chronic Illness in Seniors
- Alzheimer's and Dementia
- Physical and Cognitive Aging
- Grief and Loss
- Hospital/Rehab Discharge Consulting
- Mental Health Crisis Care

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GETTING BACK TO ACTIVE AFTER KNEE INJURY



Running together while visiting Ocean City, MD, John Ellis and his wife, Wen Kawaji, stay active, even following Ellis's knee injury and surgery.

By Susan Bollinger

Just a few days after his 40th birthday, Grosse Pointe Farms resident John Ellis was playing a game of indoor tennis. “I came to a sudden stop and my knee popped out. I knew it was bad,” he says. After x-rays and an MRI diagnosed a ruptured ACL (anterior cruciate ligament), Ellis was on the path to surgery.

A marathon runner and avid surfer, Ellis travels to surf but also finds waves on Lake Huron just north of Grosse Pointe. He didn’t want an injury to change his lifestyle or get in the way of his passions.

“Since I’d just turned 40, I said to myself, ‘I don’t want to look back 10 years from now, and because I blew my knee out, I gained weight, stopped being active and can’t do what I used to do,’” he says.

Before surgery, Ellis’s orthopedic surgeon Stephen Mendelson, M.D., sent him for “pre-hab” physical therapy. “Pre-hab was key in my recovery,” he says. “It strengthened the muscles in my legs and after a few weeks, my pain went away.”

After surgery, Ellis “overdid it at first.” He was walking without crutches after just one day, but realized he needed to take it easy for a few weeks before he eased back into activity. He started physical therapy two weeks after surgery, returning to his pre-hab therapists at St. John Medical Center Physical Therapy – Grosse Pointe.

Just four months post-ACL reconstruction, Ellis was already ‘catching the waves’ again. He’s also back to running, and developed a new interest: triathlons.

“I started swimming after my surgery, and I like the lower impact of the swimming, biking and running combination,” he says. Ellis runs regularly with his wife, Wen, who is in medical school.

“When we run together, we get to talk and exercise,” he says. “Staying active throughout life is so important.” [Φ](#)

Michigan surfing is a passion for Ellis, who stretches after hitting the waves on southwest Lake Huron.



What's a successful resolution?

By Ken Welch

It's that time of year again when people make the resolutions that they'll joke about not keeping.

We know that one of the more popular promises to one's self is to pursue better health and fitness.

Will you succeed or fail? I think another question should be, how will you judge what success or failure is?

I have to tell you about a woman I'm training. She's 57, non-athletic, a little overweight



and has never worked out ... ever. She looked me up about three months ago with the goal of simply getting in better overall shape so she "didn't end up like her mother." Anyone taking care of elderly parents because of poor physical health understands what she meant.

So, we started. She promptly missed her first session due to a "work thing" but called to tell me, didn't blow it off, and rescheduled. She made that session but only got a third of the way through saying, she "felt tired, nauseous and light headed" and thought she "should stop."

We had gone at a very easy pace, but she couldn't handle it. I didn't hold out much hope for her and thought she'd eventually quit — BUT SHE DIDN'T. She kept trying and canceling and rescheduling and showing up and lasting longer and doing more and canceling and rescheduling and doing even more.

Her most recent workout last week was her best yet, and she'll probably turn around and cancel on me again, but you know what? She'll show up again too, because that's what she does. She shows up. It's way cool.

To me she's a fitness success. She might not get a six or even a three pack, but she's in it for the long run, and that's the most important thing.

Check your resolution meter. What's going to gauge your success or failure?

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: pointefitness.com.

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Aging Gracefully: Be Proactive to Prevent Falls

By Susan Bollinger

As we age, balance, strength, vision and even side effects from medications make tripping and falling more likely. In fact, falls are the leading cause of injuries for older Americans.

“But falling is not an inevitable result of aging,” assures Deb Miller, assistant executive director, Services for Older

Citizens (SOC). “Simple adjustments and lifestyle changes can significantly reduce your risk.”

Miller recommends:

- Exercise. By staying active, you’ll improve muscle tone, balance and physical condition.

- Remove trip hazards. Those throw rugs? Get rid of them. Bump up lighting in your home. Add some motion-sensor lights that plug into wall outlets to light up hallways and paths you take when you’re up in the night.

- Get an eye exam. You’ll be able to see obstacles clearly and will be less likely to misjudge uneven terrain.


SOC offers two free classes that focus on preventing falls and improving safety:

Keeping You Fit at Home. Learn how to improve flexibility, balance and strength with exercises you can do on your own. Sponsored by Heartland Health Care Center. The next class is Thursday, Jan. 25, from 12:30 to 1:30 p.m.

A Matter of Balance Workshop. Discover changes you can make at home to reduce your fall risk, set goals to increase your activity and learn exercises that improve strength and balance. Contact SOC for class dates and times.

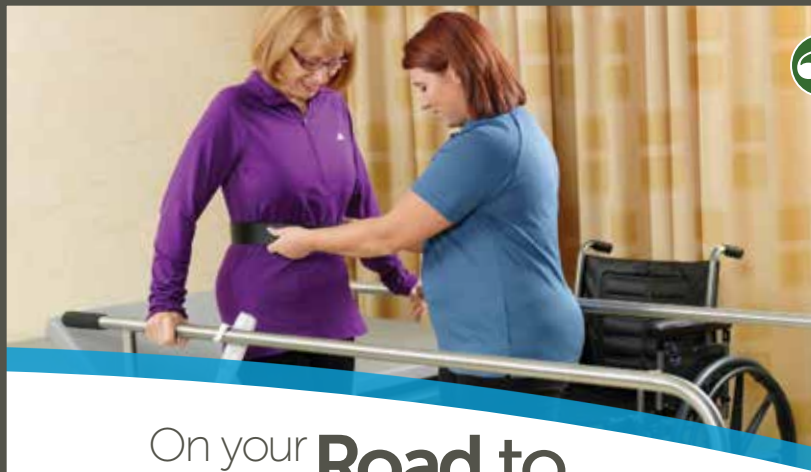
Both classes meet at SOC, 158 Ridge Road, in Grosse Pointe Farms. While there is no cost to attend, pre-registration is required.

SOC also offers a variety of exercise classes, including yoga, chair yoga, Tai Chi and Active Fit, for a low fee. Each one is tailored to the fitness needs of older adults.

To find out more and to register, visit www.socservices.org and click on the calendar, or call SOC at (313) 882-9600. 



Josie Dehelean of Grosse Pointe Woods in SOC's yoga class



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- Jennifer

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“We want to help our patients achieve their best smile possible,” says Dr. Hunt. That is why he specializes in comprehensive dental care to maintain the health and beauty of your teeth.

Call the office today to start your smile transformation. ■



WORLD RENOWNED DEMENTIA EXPERT PRESENTS

The ABC's of Dementia and Caregiving — Essentials for Good Care

The statistics are startling: 1 in 5 families are currently dealing with dementia. But, due to the aging of the baby boomer population, and the fact that there are currently more than 110 types of dementia, in just 15 years 1 in 2 families will be facing the disease.

What does this mean? It means that over the course of our lives, each of us will be affected by dementia, even if we don't develop it ourselves. Impacting the entire family, it disrupts dynamics, causes confusion and bewilderment, and turns loved ones into strangers.

Co-workers, friends and associates are not immune; 1 in 10 people in the U.S. age 65 and older currently has Alzheimer's, the most common type of dementia. That number will escalate rapidly in the coming years as the 65 and older population is projected to nearly double. By 2025, the number of people aged 65 and older with Alzheimer's dementia is estimated to reach 7.1 million, almost a 35 percent increase from the 5.3 million people age 65 and older affected today. Many people also face young onset Alzheimer's.

"Due to dementia's significant growth and impact, there is a great need for education," says Debbie Liedel, executive director, The Family Center. "Most of us don't know what to do when someone close to us starts showing dementia symptoms, or understand why our loved one's demeanor is changing. It can be very unsettling and painful for everyone involved. This program is an exceptional opportunity to understand the disease, recognize symptoms and learn tips for improved communication."

Part of The Family Center's Ask The Experts Talks, this important, free event is presented in partnership with Senior Helpers (sponsored by Barbara Roden), The War Memorial, Grosse Pointe News, Pointe Magazine and ShorePointe Village.

The presentation is set to take place Wednesday, Feb. 7 at The War Memorial and covers the following topics.

The ABC's of Dementia and Caregiving — Essentials for Good Care

- Why Do They Do that? Understanding Symptoms and Behaviors of Dementia
- How to Communicate with Someone Who Has Dementia
- Improving Your Hands-On Skills for Giving Care

- Creative and Practical Tips for Getting Through the Day
- Managing Behavior: Start with Yourself!
- Learning the Art of Being an Advocate & Partner



The presentation will be repeated during three different sessions throughout the day: Session 1 with an 8:30 a.m. registration and 9 a.m. to 11 a.m. program; Session 2 with a 12 p.m. registration and 12:30 p.m. to 2:30 p.m. program; Session 3 with a 4:30 p.m. registration and 5 p.m. to 7 p.m. program.

To reserve your seat, call (313) 881-7511 or visit www.warmemorial.org/familycenter.

"Even though she's talking about a difficult topic that is intimidating and frightening, Teepa Snow's use of humor and compassion creates a very special and effective learning environment," says Barbara Roden, owner of Senior Helpers. "She explains the science

of dementia, and through role play teaches how to better understand symptoms, interact more effectively and provide better care through real world techniques that work. This program is for everyone, because sooner or later, most of us will either develop the disease, or have loved ones who do. But we can take action, and this event is a great starting point."

Alice Oldham, Grosse Pointe resident, agrees. "Dementia is a topic that should, and can, be discussed. We all think about it, but we don't really want to acknowledge it. Whether we get dementia or not, we're all impacted in one way or another, and it's not just *okay* to talk about it, it's *important* to talk about it."

Today's voice for dementia, Teepa Snow is one of the world's leading advocates and educators for anyone living with dementia. Snow's philosophy is reflective of her education, work experience, medical research and first-hand caregiving experiences. Her advocacy efforts led her to the development of the GEMS® dementia classification model and the Positive Approach® to Care training strategies.

Snow has over 35 years of clinical experience in the field of geriatrics and dementia care, as well as having provided care to family members with dementing illnesses. Currently, she has an independent practice as well as clinical appointments with Duke University's School of Nursing & UNC-CH School of Medicine. She provides interactive and creative educational and practical hands-on training sessions to organizations and providers throughout the US, Canada, Australia and the UK.

Learn more at www.teepasnow.com. 

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Meet Richard



Photo by Renee Landuyt

Name	Richard Landuyt
Age	84
City	Grosse Pointe Park
Occupation	Retired administrator of pension plans

Richard's Favorites

Season

Spring

Musical Artist

Colm Wilkinson

Vacation

Marco Island, Fla.

Movie

Les Miserables

Book

Cemetery Gang

Restaurant

Antonio's in the Park

Activity

Theater

Food

Pot roast

Dessert

Ice cream

What was your first job?

Soda jerk

What did you want to be when you were growing up?

A pilot

What is one thing you miss about being a kid?

Youth and flexibility

What is the best trip you've ever taken?

50th wedding anniversary Family Cruise from Montreal to Nova Scotia to Boston

What is the most historical day in your lifetime?

The surrender of Japan to end World War II

What accomplishment makes you proudest?

The result that we reached in raising our six wonderful, beautiful children

Words to live by?

Treat others as you would like to be treated. Pay it forward.

About Richard

"I am a person who enjoys helping others. In the past, I've been active with many volunteer positions and I'm presently volunteering with St. Vincent de Paul.

I try to be positive with each day, as they become more and more precious. I also try to stay busy and I especially appreciate that I can say that my kids are also my friends. I guess as I approach the far end of the yardstick of life, and am still on this earth, that God is not done with me yet!"

Richard and wife Sylvia (deceased) have six children: Richard, Renee, Shelley, Susan, David and Steven. In his free time, Richard enjoys golfing and fishing.

Isolation and Loneliness

By John Channing

Now that the holidays are behind us, let's see if we can keep that spirit alive.

Everyone reading this article knows or knows of some elderly person(s) in our community that is socially isolated and/or lonely. It may be a relative, neighbor or member of your place of worship. It is important we don't forget about these people as the holiday cheer fades and make the effort to reach out to them from time to time.



About half of people over the age of 75 live alone. According to AARP's Connect2Affect, social isolation is a "growing epidemic" with an effect similar to smoking 15 cigarettes a day. Isolation is linked to increased mortality, poor cognitive functioning and dementia, high blood pressure, falls, hospital readmissions and depression. I'm sure you'll find it no surprise that those who feel isolated are more likely to eat poorly and be sedentary.

However, feeling connected and involved benefits both mental and physical health (as they are intertwined). Social support is shown to get seniors to eat better, get more exercise and live a healthier lifestyle.

With the graying of our population, isolation and loneliness will be more prevalent than ever. If you know someone who seems cut off, make the effort; it doesn't take much on your part to help someone feel connected and valued. And if you are at risk, make the effort to reach out, your health and well being depends on it.

John Channing is owner of BrightStar Care of Grosse Pointe/Macomb. He can be reached at (586) 279-3610 or john.channing@brightstarcare.com.

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HOPE AND SUPPORT FOR ALZHEIMER'S CAREGIVERS

By Jane Nordberg

People caring for a loved one with dementia can feel overwhelmed, helpless and alone. But a local monthly support group is available that offers a safe place for caregivers, family and friends of those with dementia to meet and develop a mutual support system.

The Alzheimer's Caregivers Support Group meets the third Thursday of every month from 6 p.m. to 8 p.m. at Services for Older Citizens in Grosse Pointe Farms.

In its third year, the group is the brainchild of Carolyn Van Dorn of Nursing Unlimited and Marian Battersby of Home Instead Senior Care. Battersby is a Certified Senior Advisor and Van Dorn completed training to teach a "Creating Confident Caregivers" six-part class. Both are Alzheimer's Association trained facilitators, a designation not held by every support group.

"Because we have a trained facilitator, we can offer not only our own local support and resources, but those through the wider Alzheimer's Association network," Van Dorn says. Those resources include adult day programs, an integrated care

counseling program, and a 24/7 help line, at (800) 272-3900.

Often, people don't realize there is help available, Battersby says, but learning about access to resources is just part of what the support group offers. Perhaps even more important is the sharing by other group members of their own experiences in caring for a loved one with dementia.

"Nobody should – or needs to – go through this process alone," Battersby says. "Depending on where their loved one is in their diagnosis, there is always someone in the group who can offer advice."

The small group size (about six to 10) provides a confidential, non-judgmental forum for caregivers. No one is forced to contribute if they choose not to do so.

"I don't know of one person who has come to our group who hasn't learned something," Van Dorn says. "We will keep doing what we're doing as long as we know what we're doing is helping others."

For more information about the Alzheimer's Caregivers Support Group, call (313) 882-9600. [P](#)

**Marian Battersby and
Carolyn Van Dorn**

Photo by Jane Nordberg



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**“What if she wanders off?
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**“We need to keep her safe at home.
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Photos by Christine M.J. Hathaway

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Sally Ottenhoff Memorial Scholarship Fundraiser Aug. 19 @ Jefferson Beach Marina Photos by John Minnis



Ann and Dave Ottenhoff



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Racing for Kids to The Hill Aug. 30 @ Northern Trust

Photos by Christine M.J. Hathaway



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Park Foundation Fundraiser Sept. 9 @ Glidden Home, Windmill Pointe

Photos by Renee Landuyt



Hosts Penny and Craig Glidden



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Photos by Christine M.J. Hathaway

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Photos by Renee Landuyt

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Meet Meredith



Photo by Jacquelyn Knoll

Name	Meredith Price, MD
Age	34
City	Grosse Pointe
Occupation	Dermatologist, Hamzavi Dermatology Grosse Pointe

Hamzavi Dermatology

“I have the amazing privilege of working with physicians who excel at medical dermatology, provide the highest level of care to patients, and who also value balance between work and family. Bringing Hamzavi Dermatology to my hometown of Grosse Pointe was my dream from the first day I joined the practice. Now that we’re here, we’re focused on growing relationships with Grosse Pointe area residents and expanding the services we offer, like bringing MOHS surgery, which will be available in 2018.”

For more information about Hamzavi Dermatology visit hamzaviderm.com. Hamzavi Dermatology Grosse Pointe is located in the Beaumont Medical Building at 16815 East Jefferson Ave., Suite 140, Grosse Pointe.

About Meredith

“I was born and raised in Grosse Pointe and attended local schools. My husband and I are now raising our two children here and adore spending time at the parks, libraries and local community events. We love to stroll through The Village, take the girls to play at the Tot Lot, or stop into Park Grill for the dipping plate. Traveling is a favorite past time of ours, but no matter how amazing the destination I always love coming home!”

Meredith and husband Zachary Price, MD, are parents to Camille, 5, and Charlotte, 2. In her free time, Meredith enjoys tennis, travel, family time and SCUBA diving.

What was your first job?

When I was 16 years old I was introduced to the healthcare environment through my first job hanging x-rays at St. Joseph Mercy in Clinton Township (now Henry Ford Macomb).

What is your most often used phrase?

Team work makes the dream work! Even when you think you’re on your own, you are always surrounded by others who support you. In order to achieve success we must lift each other up.

What is your favorite thing to do outside of work?

Travel with my family. My favorite place on the planet is Maui (Maui no ka oi!). I have been several times and my favorite memory there was my first nighttime SCUBA dive.

What is the best advice you have received?

I’ll never forget when my dad pushed me to go for what I want in life. When my husband and I started thinking about having kids I began doubting my ability to become both a doctor and a mother successfully. My dad insisted that with hard work and determination I could accomplish anything I dreamed of, and so I did! I learned that you can’t plan how life will go, you just have to follow your dreams and adjust accordingly. With that approach I’ve been able to strike a wonderful balance between work and home life.

Tell us something about you that most people don’t know.

I’m a certified Master SCUBA Diver with advanced skills. I’ve been able to explore sunken ships and dive with sharks.

Words to live by?

Your greatness is not what you have, it’s what you give.



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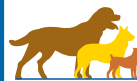
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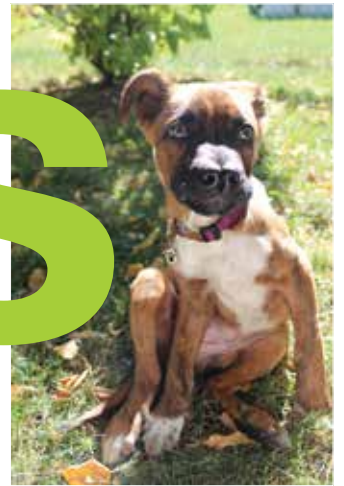


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pets

Molly welcomes your hi-res Pointe Pets pictures at McCourt Building, 2nd Floor, 16980 Kercheval, Grosse Pointe, MI 48230 or e-mail lauren@grossepointemagazine.com.



Homer

Homer is “simply the best dog ever, full of unconditional love.” He was brought to Michigan by GPAAS, rescued from a shelter in Tennessee. He had been running loose in the hills and is a Braque du Bourbonnais, a breed that nearly went extinct in the 1960s.



Walter

Smart, strong, goofy Walter is a 3-year-old rescue mutt from GPAAS. He was found by a police officer while romping on a ramp leading to I-696. For Ronda Evola it was love at first sight! She claims they “rescued each other” after losing her beloved rescue dog Simon to natural causes. Walter was recently hired as a toy tester by a tough toys company and has his own Facebook page (Walter The Dog).



Jinx

Jinx is a Bugg, or a Boston Terrier-Pug mix. She is the personification of the quote, “And though she be but little, she is fierce.”



Avery

Avery, almost two years old, loves to be with her owners, Emma and Jack. She enjoys belly rubs, walks and looking out the window at the squirrels.



Addison

Addison, a 9-year-old Lab Cocker Spaniel mix, will play fetch with a tennis ball for hours. Addison can’t get enough of playing fetch!



Bruno

Bruno is a 3-year-old Rottweiler who loves walks and car rides. He enjoys his Grosse Pointe Farms home with siblings Aengus and Jax.

Baby, it's cold outside!

Dr. Jennifer Khalifah

Winter is officially here! As the temperature drops and the snow arrives, it's important your pets are protected against the harsh elements. Here are some points to remember:



- Don't leave your pets outside for long periods of time as they can suffer from hypothermia and be prone to frostbite. You may want to consider getting a coat for your pet, especially if they have short fur.

- Pets that are outside must have ample shelter along with an insulated surface to lie on (straw is best). There should be access to fresh (not frozen) water, which may require a heated water bowl specifically made for pets, along with a supply of fresh food.

- After being outside, thoroughly wipe your pet's feet, legs and underside to remove any snow or ice that may be stuck in the fur. This will also help remove any salt or ice melt from the feet or skin that could be irritating if not removed. If you can get your pet to wear booties, this will help protect the paws, especially on walks.

- Store salt or de-icers in a safe place so pets cannot ingest them. Clean up any antifreeze spills as these types of chemicals are toxic to animals.

As a general rule, if it's too cold for you to be outside, it's probably too cold for your pets too! Remember to contact your veterinarian should you have any concerns regarding your pet, and be sure to stay safe and warm this winter season!

Dr. Jennifer Khalifah graduated from Michigan State University in 1997. She joined Harper Woods Veterinary Hospital in 2016.

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13 SATURDAY

- North American International Auto Show at Cobo Center, through Jan. 28
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.
- Grosse Pointe Historical Society Open House at Provencal Weir House, 1-4 p.m.
- Izzy's Second Saturdays at Provencal-Weir House, \$20 per member, \$25 per non-member, reservations required by Friday, Jan. 12, ask for Izzy at (313) 884-7010, build your own snowman project including polymer clay for the eyes, mouth, buttons and carrot nose, fleece for the scarf and a top hat, 1-3 p.m.
- Grosse Pointe Park Chilly-Fest at Windmill Pointe Park (Trolley ride to Patterson), 12-4 p.m.

15 MONDAY - Martin Luther King, Jr. Day

16 TUESDAY

- Establishing a Creative Lifestyle with Sarah Sheppard at The War Memorial, register at (313) 881-7511

17 WEDNESDAY

- The Family Center's Play Central, for parents, grandparents and caregivers to play with their children and socialize with families in an indoor setting, follows GPPSS calendar, holidays and snow days, get a 'free visit' coupon at familycenterweb.org, \$5 per family visit, Wednesdays and Thursdays through May 31, 9-11 a.m.

21 SUNDAY

- Grosse Pointe Theatre presents "Peter and the Starcatcher" at Pierce Auditorium, also Jan. 25-28, Feb. 1-3, tickets at gpt.org
- The Grosse Pointe Artists Association presents "Your Old Mansion" lecture series at The War Memorial, Sundays through May, \$20 per lecture, tickets available at grossepointeartcenter.org or (313) 881-3454, opening lecture is "Partying through Prohibition," 2-4 p.m.

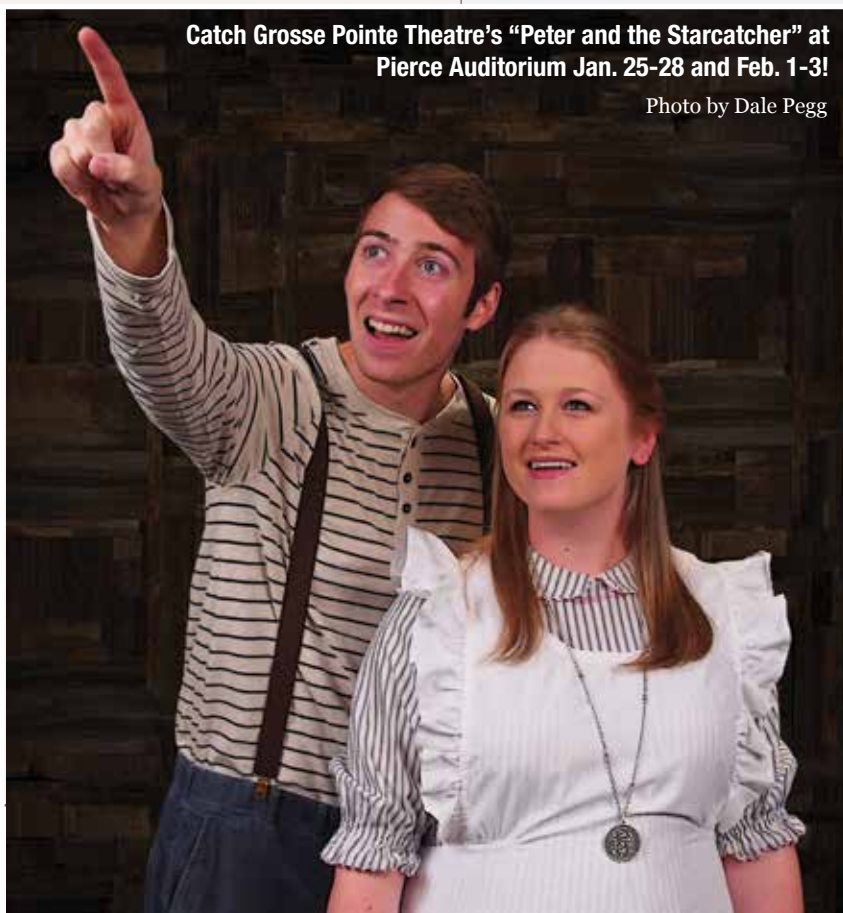
25 THURSDAY

- Questers Annual Meeting, "A Century of Tears: The Titanic" at Assumption Cultural Center, plated luncheon and presentation, \$25 per person, visit michiganquesters.org, 11 a.m.

- Grosse Pointe Chamber of Commerce Annual Membership Dinner and Pointer of Distinction Awards at the Grosse Pointe Yacht Club, \$80 per person, for reservations call (313) 881-4722 or e-mail info@grossepointechamber.com, 5:30 p.m.
- Subtleties of Scotch at The War Memorial, \$45, register at warmemorial.org or (313) 881-7511, 7-9 p.m.

27 SATURDAY

- Grosse Pointe Woods WinterFest at Lake Front Park, 12-2 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.



Catch Grosse Pointe Theatre's "Peter and the Starcatcher" at Pierce Auditorium Jan. 25-28 and Feb. 1-3!

Photo by Dale Pegg

28 SUNDAY

- The War Memorial Winter Brunch Series (one per month from January to March) featuring Dave Bennett Jazz, a gourmet brunch, coffee service, and bottomless mimosas, \$30 for one brunch, \$72 for two brunches, \$99 for full brunch series, brunch at 11 a.m., concert at 12:30 p.m.

03 SATURDAY

- Winterfest at Farms' Pier Park, 11 a.m. - 3 p.m.
- Grosse Pointe Woods Mother-Son Movie Day, 12:30-2 p.m.
- St. Paul School Auction at Grosse Pointe Yacht Club, for tickets and info call (313) 885-3430

07 WEDNESDAY

- The Family Center presents "The ABCs of Dementia and Caregiving," 8:30-11 a.m., 12-2:30 p.m., or 4:30-7 p.m. at The War Memorial, free, register at (313) 447-1374 or familycenterweb.org

08 THURSDAY

- Simple Braising Tricks that Wow with Chef Frank at The War Memorial, \$45, register at warmemorial.org or (313) 881-7511, 6:30-8:30 p.m.

10 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

- Izzy's Second Saturdays at Provencal-Weir House, \$20 per member, \$25 per non-member, reservations required by Friday, Feb. 9, ask for Izzy at (313) 884-7010, welcome Valentine's Day by making a heart garland for your mantle or doorway, 1-3 p.m.
- Our Lady Star of the Sea Annual Auction at Grosse Pointe Yacht Club, visit olsos-auction.org or call (313) 423-9104

13 TUESDAY

- The Family Center presents "Raising Empathic Children in a Disconnected Age" at University Liggett School, free, register at (313) 447-1374 or familycenterweb.org

14 WEDNESDAY - Valentine's Day

15 THURSDAY

- Detroit Boat Show at Cobo Center, through Feb. 25
- Friends of the GPPL Book Sale at Woods Branch, members only 10-11 a.m. all others 11 a.m. - 8 p.m.
- Grosse Pointe Public Library presents Longitude and Latitude, with Attitude: One Man's Quest to See the Entire World in Ewald Program Room, Rufus McCaugh (semi-retired Brownell Middle School teacher) presents the story of his adventures around the world, 7:30-8:30 p.m.

16 FRIDAY

- Friends of the GPPL Book Sale at Woods Branch, 10 a.m. - 4 p.m.

17 SATURDAY

- Friends of the GPPL Book Sale at Woods Branch: BAG DAY (\$5 to fill a bag with books), 10 a.m. - 2 p.m.

19 MONDAY - President's Day

20 TUESDAY

- Blogs, Newsletter and E-mail Writing with Sarah Sheppard at The War Memorial, register at (313) 881-7511

27 TUESDAY

- The Family Center presents "Meet & Greet for Professionals" at The War Memorial, free, register at (313) 447-1374 or familycenterweb.org, 9:30 a.m. - 12 p.m.

24 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at SOC, 12-3 p.m.

28 WEDNESDAY

- Grosse Pointe Public Library Write On Pointe at Ewald Branch, finalists of the 2018 Short Story Contest will read their stories aloud and the winners will receive their prizes, light refreshments will be served, 6:30-8:45 p.m.
- The Family Center presents "Technology in the Classroom: Is it the best fit for your child?" at The Grosse Pointe Academy, free, register at (313) 447-1374 or familycenterweb.org, 7 p.m.



60th annual Detroit Boat Show

The 2018 Detroit Boat Show is returning to Cobo Center Feb. 17-25. More than 100 of Michigan's best boat dealers and marine businesses will offer their best prices, selection and services.

New 2018 products will be the highlight, as well as excellent prices on non-current boats, motors, trailers and accessories. Hundreds of fishing boats, pontoon boats, cruisers, ski boats, wakeboard boats, inflatables and personal watercraft will be for sale, along with water toys, docks, decks, boat lifts, canvas, electronics, accessories and so much more!

Even if you're not there to shop, enjoy one of the many other activities and shows taking place. Wake Rail Jam, produced by Step Up Productions, consists of two pools holding over 50,000 gallons of water. With the aid of a high-speed, gas powered winch, competitors are pulled across a course that packed with rails, sliders, jumps and other features allowing them to perform astounding tricks. Professional wake boarders from all around the country will compete against each other in

air defying feats.

The Kids Zone will have water rollers, crafts and photo taking with a real mermaid! Kids will especially love "Twiggy's Lagoon." Twiggy, the world famous water skiing squirrel, has performed in front of millions of people since 1979. She has been all over the world performing in all styles of events including X-Games, boat, travel, RV and various trade shows. Twiggy has also been in several movies, television shows and commercials over the past few decades.

Special Days

Monday, Feb. 19: Senior Day – Seniors 65 and older receive free admission

Tuesday, Feb. 20: Ladies Day – Ladies get in free

Wednesday Feb. 21: A Boat Load of Food – Donate five cans of food to Gleaners Food Bank between 3 p.m. and 6 p.m. and get in free

Thursday, Feb. 22: Millennials Night Out, Career Day, AND Boat Show Gives Back

Millennials 30 and under receive free admission. The show is also hosting a Career Day for high school and college students interested in learning about careers in the industry, including marine technology! The third event of this special day is Boat Show Gives Back, in which attendees learn about the Recreational Boating Industries Educational Foundation, scholarships available, careers in the industry and the thousands of dollars the Foundation gives to students and marine professionals to invest in education.

Show hours are Saturday, 10 a.m. to 8 p.m.; Sunday and Monday, 11 a.m. to 6 p.m.; Tuesday through Friday, 3 p.m. to 9 p.m. ☎



Photos courtesy of Detroit Boat Show

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Meet Ed



Name	Ed Deeb
Age	81
City	Bloomfield Hills, Mich.
Occupation	Chairman of Michigan Youth Appreciation Foundation

Ed's Favorites

Food

Italian and Middle Eastern

Musical Artist

Handel

Hobby

Writing and playing clarinet

Movie

Guns of Navaronne

Activity

Inspiring youth to do the most good

About Ed

“I was born in Detroit and graduated from Eastern High School (Martin Luther King Jr. High School). I worked in my parents’ convenience store while in high school and in college at Michigan State University.

I am celebrating my 57th anniversary as a leader in the food industry, and inspiring our youth. I enjoy being at our family gatherings and serving on various non-profit organizations’ boards.”

Longtime and former Grosse Pointe resident, Ed is responsible for the founding of the Michigan Food and Beverage Association, Michigan Business and Professional Association, Eastern Market Merchants Association, Friends of Eastern Market, Eastern Market Corporation (co-founder), Prize Coalition Scholarships and Project: Hunger.

What was your first job?

I worked for a food industry newspaper in Detroit after college.

What did you want to do when you were growing up?

I wanted to be an editor or publisher of a newspaper.

What is the best trip you’ve ever taken?

Touring Alaska with my wife Joanne

What accomplishment are you most proud of?

Founding Metro Detroit Youth Day in 1980

What is one skill you’d like to learn?

I’d like to learn how to paint scenes or events.

Are you a collector of anything?

Over the years I collected camels and have a big selection.

Words to live by?

“Don’t go where the path may lead; Go where there is no path and leave a trail.”

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