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## **DOG DAYS OF SUMMER**

Doggone good days at Grosse Pointe  
Animal Adoption Society

## **THE WARDWELL HOUSE**

“At Home in the Pointes”  
inside the oldest brick house  
in Grosse Pointe

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- Charlevoix Street Party (GP Park, 7 p.m. on Saturday 7/13)
- SummerFest at The War Memorial (7/22-24 & 7/29-31)
- Music on the Lawn (GP Woods, 7 p.m. on Friday 7/26)
- After 6 on Kercheval (GP Park, 6 p.m. on Saturday 7/27)

## August 2019:

- Music on the Plaza (GP in The Village, 7 p.m. on Thursday 8/1 & 8/8)
- Music on the Lawn (GP Woods, 7 p.m. on Friday 8/23)
- After 6 on Kercheval (GP Park, 6 p.m. on Saturday 8/24)
- Racing for Kids Street Fair (GP Farms on The Hill, Wednesday, 8/28)

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July-August 2019

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**Where in the Pointes?**

Where in the Pointes is this object? On Monday, July 22, we will ask this question on our Facebook wall. The first person to respond with the most specific answer will win four tickets to the Michigan Renaissance Festival. Participants MUST wait for the question to be posted by Pointe Magazine. Good luck! (Last issue: Apple Blossom Baby & Decor)

To find us on Facebook, search "Grosse Pointe Magazine"

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**John Minnis**  
Publisher

# POINTE MAGAZINE



**Lauren McGregor**  
Editor

Everyone says Grosse Pointe empties out during the summer, but tell that to those of us who hang around to enjoy our Eden-like setting and take part in the many activities in store before school starts back up again.

If you like to golf, which I do, there are charity golf events that will not only satisfy your urge to get on the course but also raise money for good causes, such as the ongoing fight against cancer and support for Detroit Dog Rescue.

Dog lovers, you have a second chance to take part in the Michigan Humane Society's annual Mutt March at the Edsel & Eleanor Ford House. Originally scheduled for June 2, it was postponed to July 28 due to the soggy conditions on the grounds.

Greekfest is always one of our favorites. It gives everyone a chance to be Greek for a day! Many people think I'm Greek anyway, since my last name ends in an "s" preceded by a vowel. In fact, everytime I drop drycleaning off, the man at the counter, after typing in my phone number, says, "Minnis? Are you Greek?" At first, I would explain that no, it's Irish, but I have a lot of friends who are Greek. Now, instead of going through all that every time, I just say, "Yes! How did you know?"

For more laid-back fare, be sure to attend some of the weekly concerts at Music on the Plaza in the Village on Thursday nights and lakeside Summerfest at The War Memorial. (Pssst! Jimmy Buffet night is Wednesday, July 31. Don't tell anyone as seating is limited!)

Of course, we always end our summer with Racing for Kids to the Hill, the annual fundraiser hosted by Pat and Debby Wright. During the day, The Hill is closed to traffic and converted to a carnival atmosphere for children, including a scavenger hunt. The red carpet comes out at night for adults, featuring a silent auction, music, libations and great food. What a way to end the summer! This year, Racing for Kids celebrates 30 years!

As always, be sure to patronize our many loyal businesses and advertisers and be sure to tell them you saw them in *Grosse Pointe Magazine* and the *Grosse Pointe News*.

See you around the Pointe! ☺

*John*

While working on "At Home in the Pointes" for this issue, I had the pleasure of meeting Wardwell House owners Douglas and Marylyn Ross and researcher Henry Heatley. The love for this historic home runs deep in Grosse Pointe.

I, like countless others, have passed the Wardwell House on Jefferson and admired its traditional Christmas decorations and carousel horse in the conservatory window. It is one of the houses I deem a serious distraction while driving Jefferson. Never did I think I would have the opportunity to tour the home or to interview its owners about conserving the property for so many years.

Douglas and Marylyn shared how the house was on the market for just six days before their offer was accepted following a personal one-hour interview with the owner, and that Marylyn had always known the house would someday be theirs. They explained that a good friend had gifted them the antique carousel horse at least 25 years ago — and that they could not bear to part with it in the current sale. They showed me where servants quarters once were and where a cleverly disguised elevator ran between the first floor and master bedroom. It was a fascinating conversation with two true stewards of Grosse Pointe historical architecture.

To learn more about the history of the house, I pulled up a PDF from *Tonnancour* in the Grosse Pointe Historical Society archives. To my surprise, the only in-depth research conducted on the Wardwell House was by Henry Heatley in the 1970s. As luck would have it, he and wife Stella are my dear friends.

The next day, atlases, books and documents strewn the Heatley kitchen table. Henry explained how he had arrived at the year of construction, by poring over tax records and noting the jump in taxes, exactly what the increase would be for the building of a brick structure. He also shared little known facts with me, like the existence of an outdoor stove hidden between the brick structure and its clapboard addition. He debunked myth after myth about the old home, providing detailed proof of its history. No easy feat, and a Wayne State University paper well worth the read.

I hope you enjoy reading about Wardwell House and getting a peek inside the beautiful home.

Thank you to Douglas and Marylyn for opening their doors for the magazine, to Henry Heatley for his historical expertise, and to Don Schulte, ever the master photographer. ☺

*Lauren*



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# Meet Bella & Nini



|                |                                |
|----------------|--------------------------------|
| <b>Name</b>    | Bella and Nini                 |
| <b>Age</b>     | 13 dog years                   |
| <b>City</b>    | Grosse Pointe Woods            |
| <b>Breed</b>   | Yorkipoos                      |
| <b>Parents</b> | Izzy Donnelly & Jody Dickerman |

## Bella & Nini's Favorites

### Treat

Bella & Nini: Peanut butter cookies  
(for dogs)

### Place to nap

Bella & Nini: The couch, our mom  
Izzy's bed, and her lap

### Place to walk

In the neighborhood

### Toy

Bella: Chew toys  
Nini: None

### Activity

Nini: Chasing squirrels  
Bella: Watching Nini chase  
squirrels

### Are you couch potatoes, watch dogs or lovers?

All three of course!

### What's the most mischevious thing you have done?

Bella: I chewed an eraser from a brand-new pencil. When confronted, I ran and hid under the dining room table.

Nini: I took a walk, all by myself, to Mack Avenue Grille.

### How do you show affection?

Bella & Nini: Cuddling with my mom

### What is your biggest pet peeve?

Bella: When the neighbor's dog goes prancing on my property

Nini: When Bella goes to play with MY mom

## About Bella & Nini

“My sister Jody went to buy a hypo-allergenic dog and I went with her,” says Izzy. “She fell in love with Bella right away. I noticed that Bella’s sister, Nini, was sitting like a queen in the gated area all by herself. Little did I know that when I picked her up I would fall madly in love with her. The amazing thing is I am allergic to dogs! My friends and family were floored I got her. But we just couldn’t separate the sisters. So we became ‘the sisters with the sisters!’”





# MUTT MARCH

**NEW DATE!**

Due to soggy conditions at Edsel & Eleanor Ford House, the date of the Michigan Humane Society's Mutt March was changed from Sunday, June 2 to Sunday, July 28.

Sponsored by MHS and Sellers Subaru, the "march" is a 2.5-mile stroll on the Ford House grounds. Participants can begin any time between 8 a.m. and 12 p.m.

The area is wheelchair and stroller accessible. All are welcome to the free event. Dogs must be on leashes (not retractable leashes) and licensed.

Owners are advised to bring pets' current vaccination records. Water and snacks will be available.


For more information, visit [michiganhumanesociety.salsalabs.org/muttmarch2019](http://michiganhumanesociety.salsalabs.org/muttmarch2019). 

Photo by BoMo Photo, courtesy of Michigan Humane Society

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## Rounds 'Fore' Rescue gives strays a second chance

By Joyce Wiswell

Detroit continues to make great leaps forward in its renaissance, but one big problem shows no sign of abating — the epidemic of stray dogs. It can be downright discouraging for those working to solve the issue, admits Janet Pepler, president of the board of directors of Detroit Dog Rescue.

“Then the pups look at you and give you a bark and a lick, and you remember that saving dogs one at a time is very gratifying,” says the Grosse Pointe Woods resident.

She and husband Jerry Gadette are the major sponsors of Rounds 'Fore' Rescue, an annual golf outing at Lochmoor Golf Club on August 12.

“We’re expecting about 116 golfers and hope to hit the \$100,000 mark for the first time,” says Pepler, who owns The Pepler Insurance Agency in Harper Woods.

The day includes lunch, dinner, beverages, games, raffles and auctions for items like Shinola watches, a vacation in Myrtle Beach, a customized DDR golf bag handmade in the Philippines and, most irresistibly, adorable puppies.

Founded in 2011, DDR is Detroit’s first and only no-kill dog shelter. Besides taking in troubled animals that have spent a lonely life on the streets or chained in a desolate yard, the group conducts

outreach programs that include spay/neuter and vaccination clinics, welfare checks and educational school visits. Its Forever Foster program pays all expenses for those who give hospice dogs a loving home.

Some 1,200 dogs went through the DDR system last year, and nearly 400 were adopted out. Though no one knows the exact population of Detroit’s stray dogs, “we do know that our phones never stop ringing,” Pepler says.



Janet Pepler

The challenges are great. “It costs us \$900 per dog once we take it in. Most have heartworm and other medical conditions,” Pepler says. “After medical boarding, we put them into foster care to teach them socialization, and they are really pampered and spoiled before they go to a permanent home.”

Despite their rough beginnings, these dogs make wonderful companions. “They are so loving and forgiving,” Pepler says. “Rescue dogs know when they are rescued. It’s just amazing, but they do know you are giving them a second chance.”

Foursomes at Rounds 'Fore' Rescue are \$850. To buy tickets, make a donation or purchase a hole sign for \$100, visit [detroitdogrescue.com](http://detroitdogrescue.com). Non-golfers are welcome to join the fun for dinner and raffles. ♡

Photos courtesy of Detroit Dog Rescue





# Aretha's will(s)

By Jon B. Gandelot

It appears that the late Queen of Soul, Aretha Franklin, was doing what many people do: Thinking about her estate plan, but not getting it done.

Recently, up to three documents containing notes of her intentions for distributing her assets were found in her home, all naming her children as the beneficiaries. They were handwritten in what is believed to be the singer's handwriting. The most recent document appears to have been written in March 2014.



This article was due prior to a court hearing on the validity of any of Franklin's wills. However, we can point out that handwritten, or holographic, wills are recognized in most states, including Michigan. Such a will can be considered legal if it is signed by the will-maker, dated and the major provisions of the will are in the maker's own handwriting.

There are two morals to this story. The first is that merely "thinking" about your estate plan is insufficient. The second is that, like plumbing and electrical work, estate planning is best left to the experts. While it is admirable to make notes on your thoughts prior to seeing an estate planning attorney, the professional can offer guidance and make suggestions on how to best accomplish your goals. An estate planning specialist can also prepare the documents so as not to cause confusion or inconsistencies.

Many people procrastinate completing their estate plans because they can't make up their minds on the details. An experienced attorney can help you through those issues. Don't let the perfect be the enemy of the good.

*Jon B. Gandelot is senior counsel at Trowbridge Law Firm, P.C., with offices in Detroit and Grosse Pointe.*

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## Man's love for animals leads to new home for GPAAS

By Jane Nordberg

For more than 20 years, the Grosse Pointe Animal Adoption Society (GPAAS) has served the Grosse Pointes and neighboring communities as a non-euthanasia, non-profit organization. Until this year, it has had no permanent space to call home, relying on a system of volunteers to help foster abandoned or surrendered dogs and cats until a suitable home is found.

Thanks to a generous donation by Grosse Pointe Farms resident Tom Mackey, renovation of a new permanent building is underway, set to open this fall.

"Animals have always been a part of my life," Mackey says. "I'm fortunate to have accumulated some money over my lifetime and I want to give it to a charity that will do something with it."

Mackey is no stranger to GPAAS. He adopted his faithful wire-haired terrier, Scruffy, from the organization about 13 years ago. Since then, Scruffy has never been more than five feet away from him.

GPAAS founder and director Corinne Martin says Mackey's donations over the years have provided funding to help run GPAAS operations, but she was thrilled when he offered to provide

the funding for a new building.

"Many people give to different charities, but Tom's primary philanthropy is to animal welfare organizations," Martin says. "His charitable spirit is second only to his compassion for animals."


The 4,700-square-foot building at 20542 Harper Avenue in Harper Woods will provide a spacious, up-to-date environment for dogs and cats to exercise, as well as a place where prospective adopters can interact with adoptable animals.

"In the past, when a rented space got sold or renovated, we had to move again," Martin says. "Tom's gift means that long after I'm gone, and Tom's gone, this building will be a safe place for the animals who need it."

While Mackey himself funded the purchase of the building, he is quick to point out that the project is very much

a team effort.

"I provided some money, but there are many smart, dedicated people donating their time and talents," he says. "It's a very worthwhile project that means a tremendous new life for GPAAS."

GPAAS places more than 500 companion animals each year and has found homes for more than 11,000 animals since its founding in 1997. To donate, foster, adopt or learn more, call the Grosse Pointe Animal Adoption Society at (313) 884-1551 from 10 a.m. to 3 p.m. Monday through Friday, or e-mail [gpaas@wowway.biz](mailto:gpaas@wowway.biz). 



Tom Mackey and Scruffy



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# SUMMERFEST AT THE WAR MEMORIAL

By Jane Nordberg

From Jimmy Buffett to jazz, oldies to opera, SummerFest at the War Memorial offers something for everyone. The annual festival returns this year with family-friendly concerts on the lakefront lawn and adventurous animated movies in The Patriot Theater.

This year's event runs from July 22 to August 6, takes place rain or shine, and is free and open to all.

The series kicks off with a "How to Train Your Dragon" 1 and 2 double-feature, held in the Patriot Theater, on July 22 from 7 to 10:30 p.m. A double feature of Disney's "Brave" and "Moana" will be shown July 29 from 7 to 10:30 p.m.

The live music lineup includes an eclectic mix of high-energy performers. The five-member Ragbirds will entertain with a genre-bending hybrid of indie-pop melodies and global-infused beats on July 24 from 7:30 to 9 p.m. More into Motown? Check out the 10-member Mainstreet Soul group, Detroit's premier dance and Motown band, guaranteed to get the audience grooving July 30 from 7:30 to 9 p.m.

Crowd favorite Air Margaritaville takes the stage with their easygoing Jimmy Buffett-inspired tunes July 31 from 7:30 to 9 p.m. A jewel in the SummerFest lineup, five resident artists of Michigan Opera Theatre Studio return to the stage July 23 from 7:30 to 9 p.m. with an entrancing concert of music from the opera and Broadway stages. The five resident artists: Soprano Cheyanne Coss, mezzo-soprano Katherine DeYoung, tenor Michael Day, baritone Harry Greenleaf and bass Allen Michael Jones represent some of the most exciting emerging talent in opera today.

Ending the sensational SummerFest season is multi-instrument virtuoso Dave Bennett and his Band, who will "Rock the 50s" on August 6 from 7:30 to 9 p.m.

The War Memorial's culinary team will be serving up juicy burgers, hot dogs and traditional summertime fare, and a full bar along with soft drinks will be available for purchase. Attendees are welcome to bring in a picnic, but state law prohibits the entry of outside alcoholic beverages. Grounds open at 6:30 p.m. for all events. In the event of inclement weather, concerts will be held in The Patriot Theater.

For more information, visit [warmemorial.org/Summerfest](http://warmemorial.org/Summerfest). 

Photos by Miranda Hopkins Inner Circle Photography, courtesy of The War Memorial



By Joyce Wiswell


What started as a conversation 30 years ago between Children's Hospital of Michigan pediatric cardiologist and amateur racer Dr. William Pinsky, local auto journalist J. Patrick Wright and IndyCar racer Robbie Buhl has blossomed into a charity that has raised millions and, more importantly, brightened the days of some 35,000 children at 700 hospitals.

Grosse Pointe Farms-based Racing For Kids has arranged hospital visits by auto racing celebrities as nearby as Ascension St. John Hospital and as far away as Australia. Along the way, it has raised nearly \$7 million for life-changing medical equipment. Most of the biggest racing stars are involved; last year, 27 of the 33 starting line-up at the Indy 500 were on the Racing For Kids team that has cheered up patients.

"The drivers always say that the kids are the real heroes, and that they get so much more out of the experience than they put in," says Kathleen Conway, public relations and media director.

In 2007, the organization launched Racing For Kids to the Hill, a popular family-friendly street fair along Kercheval Avenue followed by an evening fundraising party. For years, a local celebrity acted as honorary chair, but in 2017 organizers decided to instead honor young patients with the Courageous Kids Award, a tradition that will continue at the Aug. 28 event.

In addition to Children's Hospital and Cottage, the Hill benefits pediatric programs at Ascension St. John and Beaumont Grosse Pointe. It all wouldn't be possible, Conway says, without the support of Grosse Pointers. "We are very grateful to the community for helping us help the kids get better faster," she says. "Being in the hospital can be a traumatic experience for kids, but we put smiles on their faces."

Learn more at [www.racingforkids.org](http://www.racingforkids.org), or call (313) 882-3403. 



**Courageous Kids: back row, Kathleen Sovran, Aidan La Forest, Dylan Drouillard, front, Delaney McEachin, Hudson Brown, Riley Slattery**



**Dr. Pinsky, Pat Wright and Robbie Buhl**

Photos courtesy of Racing for Kids



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# Dementia

By Dr. Saima A. Khan

When is being a little forgetful just a sign of normal aging and when is it something more serious, such as dementia?

Dementia is a complex combination of symptoms that can include changes in behavior, language and reasoning in addition to memory loss. People with dementia may exhibit increased anxiety, irritability; or they may become withdrawn, passive and depressed. They may hallucinate or act inappropriately and become paranoid.



Those with dementia have difficulty following directions for completing seemingly simple tasks, become easily frustrated yet struggle to find the words to communicate why, may ask the same question repeatedly or get lost in familiar places, may suddenly exhibit poor hygiene or lack of self care or can't tell you what they ate for breakfast and often forget to eat and lose weight.

Many times the onset of these symptoms is sudden and obvious; other times it is gradual and more difficult to diagnose. Sometimes other illnesses mimic dementia symptoms, and so the initial evaluation of dementia may include looking for easily treatable causes, such as infections (especially urinary tract infections in women), medication mishaps or even dehydration.

Treatment is available to help decrease the rate of decline. Protect your brain! Don't drink or smoke. Socialize. Exercise your body. Exercise your brain by challenging it with learning new things.

*Dr. Saima A. Khan, MD, MPH grew up in Grosse Pointe Farms and lives in the Woods with her husband and three daughters. She practices internal medicine in Warren, 28351 Schoenherr, (586) 393-6500.*



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# Fitness in a pill?

By Ken Welch

Can a single pill keep you healthy until you're 100?" That's the title of an article in the June/July issue of AARP. It caught my attention. The article centers around a new drug that's been developed by Joan Mannick, MD, an infectious disease specialist.



The drug, RTB101, is creating a lot of excitement among the institutes and research labs focused on the science of aging. The drug deals with the biological and cellular breakdowns that contribute to the aging process.

According to Dr. Mannick, the goal is to not just help a person live longer but also healthier. Her intent is to put the brakes on aging itself and things like dementia, chronic health problems and frailty. She says, "I want 85 to be the new 65."

The article is very informative and worth reading. Statistics that jumped out: in a decade, nearly 1 in 5 Americans will be 65 and older. Three out of four will have two or more serious health conditions and, really scary, 1 in 10 will develop dementia.

I have clients and members who ask, "Why can't I do what I used to?" This article has some answers.

A section of the article talks in common terms how our bodies change cellularly as we age. The big six are inflammation, changes in metabolism, macromolecular damage or free radicals, proteostasis (the body's ability to heal itself), the slowing of stem cell development (the ability to create new cells) and the decreased ability to endure both physical and emotional stress.

These changes are inevitable and happen in all of us, but the article does offer advice on what you can do now to slow the aging process and it's really no surprise.

Yup! Eat right, sleep right and work out.

Ken Welch is owner and trainer at Pointe Fitness on Harper south of Allard. Online: [pointefitness.com](http://pointefitness.com).

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By Dr. Stonisch

*I would love to have a whiter smile; however, traditional home whitening and in office treatments are too sensitive for me. What can I do?*

Your problem of sensitive teeth is a common problem. As a matter of fact, I have quite sensitive teeth. First and foremost, a thorough dental check-up should be completed to rule out common dental and systemic issues that elicit tooth sensitivity such as:

- Gum recession
- Tooth decay
- Fractured teeth
- Leaking fillings
- Gum disease
- Dry mouth
- Gastric reflux

Once a treatable condition has been addressed, other options for whitening can be considered.

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*Dr. M.S. Stonisch is a general dentist practicing on Mack Avenue in Grosse Pointe Woods at Faircourt Dental. For information or to schedule an appointment call (313) 882-2000 or visit [www.faircourtdental.com](http://www.faircourtdental.com).*



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# Sunscreen

By Dr. Meredith Price

Summer is here! People are in the sun more and looking to make sure they stay healthy and protected while enjoying summertime activities.

Recently, the FDA released a call for further data regarding some common sunscreen ingredients. This was a result of a study which demonstrated systemic absorption of some of these ingredients through the skin.



Although our skin is an effective barrier, almost anything we apply is absorbed to a certain degree.

Just because something is absorbed does not make it unsafe, and after decades of use, there have been no reported data of systemic internal side effects from use of sunscreen.

What we do know is that UV radiation from sun exposure is the most preventable risk factor for skin cancer, including melanoma.

However, until more data is available, patients have been asking what they should use on their skin. My main advice is do not refrain from sunscreen use! If you are concerned, stick to mineral based sunscreens (you will see zinc oxide or titanium dioxide listed as the active ingredients) as these sit on the surface of the skin and reflect the UV radiation. Also, use sun protective clothing with UPF in it, and limit your sunscreen application to exposed skin only.

I plan to continue to use sunscreen on myself and my children as a safe means of preventing skin cancer, and I encourage you to as well.

*Meredith Price, MD FAAD, heads Hamzavi Dermatology Grosse Pointe. Online at HamzaviDerm.com; on Instagram @gpdermdoc; on Facebook @HamzaviDermGrossePointe.*

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## Ladies' golf event at Lochmoor Club *raises funds for a great cause*

By Anne Erickson

The annual ladies' golf event at Lochmoor Club is more than just a fun event.

Last year, the event raised \$30,000 for the Needy Patient Fund at Ascension St. John Hospital's Van Elslander Cancer Center (VECC).

This year, they're looking to do it again.

The 2019 event will take place August 14 at the Lochmoor Club in Grosse Pointe Woods and is \$140 per person for club members. Aside from corporate sponsors, it's a members-only event.

Organizers say having the funds go to the Needy Patient Fund is a great way to help the local community.

"All of the money we give them goes directly to the patients and their


families, so it stays local," says Katie McSkimming, event chair. It's a very laid-back, easygoing format that appeals to all types of players, and it's fun and no pressure. We don't put a big focus on the winners, just having fun."

"There's a great camaraderie to this event," adds committee member Tina Ford. "It's also very nice that we have many cancer survivors who play in the event. After the event, we give roses to all the cancer survivors, and it's incredible to look around see how many people are truly impacted by cancer."

"What's touching to me is that it allows the cancer patients to focus more on their recovery rather than having to worry about financial

burdens they face," says committee member Susan O. Anderson. "These people are stressed, and to the extent that we can alleviate that, hopefully they can get better faster."

The event also raises funds for charity through corporate sponsors and private donors. If you would like to make a private donation, contact Katie at [katie@tompkinsproducts.com](mailto:katie@tompkinsproducts.com).

Those looking to become a member of Lochmoor Club will find information at [LochmoorClub.com](http://LochmoorClub.com). 

**Above, bottom right, Erin Collins, Gail Howe, Katie McSkimming and Kristy Donnellon**

Photos courtesy of Lochmoor Club





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# Financial agility

By Lina Bowman

In order to take advantage of opportunities, you must be flexible and adaptable to whatever comes your way — good or bad. Single minded, linear plans can slow down your growth. A well-established, comprehensive plan will prepare you for the inevitable



ups and downs of life. This is where financial agility comes into play.

So, what is financial agility? How can it work for you?

Agility refers to the ability to make decisions and act quickly. This is not to be confused with market timing. Instead, having financial agility allows you to react and adapt to the changing financial landscape. However, in order to be reactive, proactive planning is first required.

For example, we may be astounded by an elite athlete's agility on the field or court, but what we overlook are their years of diligent training and preparation for the moment at hand. Likewise, in order to be financially agile, you should have a disciplined plan in place.

The basics of a plan like this entail: creating and growing wealth, protecting and preserving your investments, creating an income plan and, lastly, having a legacy plan in place.

Having a structured plan in place will provide financial agility for you and your family. Suddenly, the turbulent financial markets will be less daunting. An experienced financial adviser can help you put a plan like this in place.

Stay agile my friends!

*Lina Bowman is a financial adviser in Grosse Pointe. She can be reached at (313) 343-0800 or Lina@BowmanAsset.com.*

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# Screen rental candidates

By Anna Bartolotta

Coming out of our busiest rental season of the year it's more important than ever to properly screen your potential tenants for your vacant rental unit.

You may have more than one prospective occupant battling for the use of your property, and it is up to you to pick the best candidate.



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Do you have two separate candidates with the same credentials and you are having a hard time deciding? With two tenants that have parallel credit and background checks it will come down to character. Remember you will be cultivating a business relationship with this person for years to come.

*Anna Bartolotta is owner of Grosse Pointe Apartments and Property Management. This area's original dedicated, full service, full time rental agency staffed with licensed agents.*

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# DRIVING GROSSE POINTE IN A JAGUAR E-TYPE

By Alexander Kelly

Photos by Alexander Kelly

Grosse Pointe Dr. Edward Jeffries is an automotive enthusiast. His passion for cars was sparked from grand prix racing and an interest in driving. His son, Chris, is the owner of many collector cars and his son-in-law, Alain Squindo, is the COO of RM Sotheby's. I asked Dr. Jeffries about his passion for cars and his Jaguar E-Type.

### **Q: What ignited your passion for cars?**

A: I'd say it started when I was watching cars in high school, the grand prix races, seeing the Ferraris and the Lotus cars going around the track, it looked like a lot of fun. For some reason, I've always loved those big wheeled MGs. The MGs were affordable and a good entry level car. They were fun to drive. You can't go fast but you can get where you want to go.

Another car I really like — I had a Jaguar MK2, a four door sedan. It broke

down from time to time but other than that it was a fun car to drive and also very comfortable. You could take four people easily. It was a classy looking sedan, very British. Navy Blue with a tan interior. If you can't get a British car in blue you have to get it in British Racing Green.

My dad was into Thunderbirds. They weren't exotic but they were still fun. On Sundays I would lay around and watch cars because I was bored.

My college roommate had two TR3s. I remember driving those all over campus. I've never collected cars for the collector experience or as an investment. My goal with owning a car is to drive them. Some people put a car in a garage and let it sit there for four years, but I'd rather drive the cars.

### **Q: Why did you buy your Jaguar E-Type?**

A: Well, I had always wanted one, they run and drive well, it's a really fun

car. Anyone looks good in a Jaguar.

### **Q: What makes the E-Type stand out from other cars you've owned?**


A: It's a very attractive car that runs well. It's easy to drive.

### **Q: What cars do you want to buy in your future?**

A: Well, I almost bought a Sunbeam Tiger, just last week actually. I do want a 289 Cobra. I wouldn't want a 427 Cobra, those are too fast and dangerous. The 289, built for the road, is a car I would like to own.

### **Q: What brought you to Grosse Pointe?**

A: I can't get out of Grosse Pointe. My parents brought me here. I grew up on Harvard and after college I lived on Fisher for eight years. Then I moved to Village Lane, and then my current home.

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# COME, BE GREEK FOR A DAY!

By Anne Erickson

Assumption Cultural Center’s GreekFest brings a beloved mix of authentic Greek food, culture and entertainment to Assumption Greek Orthodox Church each summer.

This year’s event — running from Thursday, August 15, through Sunday, August 18 — is expected to draw more than 10,000 people to the church. Chances are, they’ll be on the hunt for tasty dishes like lamb shank, chicken kabobs and rice pudding.

“It’s an anticipated event for the community to come together,” says Joan DeRonne, who is GreekFest marketing committee coordinator, as well as administrator at the Assumption Greek Orthodox Church and Cultural Center and Assumption Nursery School.

“It’s become a giant ‘class reunion’ for all ages,” she adds. “I love seeing people look forward to reuniting with friends each year.”


Tom Thomas, festival co-chair, says his favorite thing about GreekFest is “experiencing the excitement, energy and camaraderie of our guests and volunteers embracing our event over the four days.”

In addition to the food, which is a major draw, GreekFest also offers Greek dancing, Greek bouzouki music, a kids’ tent, kids’ rides and additional entertainment. The event will also feature a raffle, with third place taking a \$1,000 travel voucher, second place scoring \$2,500 and the grand prize offering a whopping \$10,000.

Thomas says there are many aspects of Assumption Cultural Center’s GreekFest that make it a regular stop for locals.

“The Greek hospitality, culture and, of course, the Greek food and pastries,” he says, are a huge draw.

“The music, dancing, international marketplace and kids’ experience area, as well as Taverna for adults, provide something for all ages,” he adds. “Church tours of Iconography completed by world renowned artist Vlasios Tsotsonis is an experience everyone takes with them.”

Assumption Greek Orthodox Church is located at 21800 Marter Rd. For information on the 2019 festival and more information about the schedule, performers and more, visit [www.assumptionfestival.com](http://www.assumptionfestival.com). 



Photos courtesy of Assumption Greek Orthodox Church

**From top; dancing under the stars; delicious food and pastries; shopping in the marketplace; live entertainment**





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# Meet Phil



|                   |  |
|-------------------|--|
| <b>Name</b>       | Phillip Koufos   |
| <b>Age</b>        | 89   |
| <b>City</b>       | Grosse Pointe Woods  |
| <b>Occupation</b> | Retired from Ford's Dearborn Engine Plant; current Assumption Greek Orthodox Church employee |

## Phil's Favorites

- Season**  
Summer
- Movie**  
*The Manchurian Candidate* (1962)
- Food**  
Lamb chops
- Restaurant**  
Pegasus Taverna
- Musical Artist**  
Frank Sinatra
- Vacation**  
New Hampshire
- Activity**  
Working at Assumption
- Dessert**  
Hot fudge sundae from Wally's

**What was your first job?**

Shining shoes at my dad's barbershop

**What do you miss about being a kid?**

My friends, Bob and Jack. I called them 'the two brothers.' They treated me like I was part of their family.

**What is the best trip you've ever taken?**

Two three-week roadtrips to Tampa, Florida with the brothers, just after high school

**What is the most historical day in your lifetime?**

At 21, going into the service. The day I went into the Korean War.

**What accomplishment makes you proudest?**

Helping Mom and Dad when Dad became unresponsive. For seven years, I helped get him ready in the morning and put him in the wheelchair. After that, I watched over Mom.

**Do you collect anything?**

Loose change

**Words to live by?**

Treat everyone like you want to be treated.

## About Phil

Phil worked as a barber in his father's Detroit barbershop for many years, perforated by military service. After enlisting in the Army, he was sent to Korea for two years to serve in the Korean War.

"I was fortunate to be stationed at a hospital. Things were calm. I was also the only one who spoke Greek (of the American troops), and the hospital housed Greek soldiers. I could translate, help." He was also able to forge friendships.

Phil and wife Irene (deceased) raised two children, Jimmy (deceased) and Dena. He laughs that within the span of two weeks, Phil had traveled to Greece, met, married and started a family with Irene. He worked at Ford's Dearborn Engine Plant for nearly 17 years, until his short-lived retirement.

"I love to work," he says. He's been an employee of Assumption Greek Orthodox Church and Cultural Center for about 35 years and a member since childhood. He works seven days a week, because it keeps him connected to everyone.

Today, Phil loves spending time with his Assumption community, the early morning group at National Coney Island on Harper, and his beloved grandchildren, Lexi and Jack.



# Vacationing with an aged loved one

By Terri Murphy

So, you have decided to plan a family vacation which includes your aging parents or a loved one. The goal is to make sure that your trip is about making memories that you can remember fondly, and not ones that you would like to forget. The quick answer is to plan carefully, and then expect those plans to change.



Many seniors have enjoyed travelling throughout their lives, but as they age it becomes more difficult for them to continue to do so without the assistance of their children or a friend. Whether they are experiencing physical changes or memory issues, travelling as we age can become

challenging without the support and help of a loved one.

Here are five tried and true tips from Care.com author Liz O'Donnell for enabling a smooth and successful family trip:

1. Consider every detail and don't wing it.
2. Minimize changes to normal routines.
3. Give them time to adjust to change.
4. Plan frequent breaks.
5. Remember to relax and enjoy your time together.

If you are patient and flexible with plans, you will create memories that will last a lifetime.

*Terri Murphy is the owner of Certified Senior Solutions. CSS provides consulting services to seniors and their families, helping them develop a care plan that works best for their situation and connecting them with the appropriate resources to implement that plan. Call (313) 881-4600 or visit [www.certified-ssi.com](http://www.certified-ssi.com).*

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**By Lauren McGregor**

Those who frequent Mack Avenue have undoubtedly noticed the vibrant new banners gracing its medians. “The Avenue in the Woods” is a newly founded non-profit business association in Grosse Pointe Woods and a product of the hard work of its board members, Mary Aubrey-Rogers and Donna O’Keefe.

It all started when the two Grosse Pointe Realtors and longtime Woods residents were surprised to see Mack Avenue’s exclusion from a local map that featured other Grosse Pointe shopping districts.

“We brought it to the attention of the little Blue Book and they completely agreed,” says Aubrey-Rogers. The issue, she realized, was that the business district had no representation, no voice in the greater community.

“There hasn’t been a business association in many years,” says Aubrey-Rogers. “The association and its branding bring an important visibility to businesses.”

Business owners were well aware of this need. After starting in September 2018, The Avenue in the Woods already has 73 members — and growing. They expect 100 members by the end of the year.

The association’s first event, “Hop Down the Avenue,” was a huge hit.

“We received a great response from the business owners about the number of people who stopped in to participate,” says O’Keefe.

For “Hop Down the Avenue,” business owners displayed a paper bunny in their window to indicate participation in



the event. Pedestrians stopped in each business to enter in different giveaways and get a peek inside shops they otherwise wouldn’t have visited.

The Avenue in the Woods also serves an important role as liaison between the business community and the city.

“The city council has been so receptive and supportive of our vision,” says O’Keefe.

“In fact, many of our goals were mirrored in the Grosse Pointe Woods 2020 Vision Plan,” says Aubrey-Rogers.

Some of these shared goals include more crosswalks; general enhancement of the space and the possibility of pocket parks; additional parking; and branding names for the Mack Avenue business district.

Aubrey-Rogers and O’Keefe credit Lisa Chalker, designer and co-owner of Apple Blossom Baby & Decor, with the branding art. The official logo (as seen on the banners) is her design. Also her creation — the sweet “The Avenue” flower signs in front of many Avenue in the Woods members’ businesses.

Speaking of signs — a particularly exciting development is a new ordinance on Grosse Pointe Woods business signs.

“The current sign ordinances are archaic. Mack Avenue businesses are not allowed blade (overhang) signs,” says O’Keefe. This negatively affects business visibility.

The association has made enormous strides on that front, serving as a voice for business owners at city council meetings.

“Final city council approval is expected by the end of summer,” says Aubrey-Rogers.

Aubrey-Rogers and O’Keefe are also looking forward to autumn, when The Avenue in the Woods will host another





promotional event — Autumn Adventure on the Avenue.

“We’d also like to have seasonal, themed banners,” says Aubrey-Rogers. “So the art you see on the medians is regularly changing.”

The pair is also responsible for the newly planted flower beds at the poles’ bases.

“The Department of Public Works has been wonderful,” says Aubrey-Rogers. “They hung the banners and prepped the beds for us. We went in and planted the flowers. They water them daily.”

Between advertising, banners and Avenue beautification, raising funds is vital. So, “We charge \$100 per year as a membership fee,” Aubrey-Rogers explains. Membership brochures are available at Grosse Pointe Woods City Hall. Meetings take place monthly at Cook Schoolhouse.

The Avenue in the Woods has a long list of goals, chief among them: new ways to increase awareness for Avenue businesses, more crosswalks, fewer vacancies and encouraging merchants to beautify their storefronts.

For more information about the business association and its upcoming events, visit The Avenue in the Woods on Facebook. [P](#)

[f](#) *The Avenue in the Woods*

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## at home in the Pointes

By Lauren McGregor

What is believed to be the oldest brick home in Grosse Pointe is on the market for the first time in over 30 years.

The Wardwell House, at 16109 Jefferson, is likely the third oldest home in Grosse Pointe, behind the Cadieux House and Provencal-Weir House.

In a historic archeology research paper at Wayne State University, Henry Heatley, then Anthropology Department graduate, wrote that William Buck, an English farmer, purchased the land in 1845 and hired Henry Seitz to build the house in about 1849.

The tax records at the Burton Historical Collection, Heatley explains, were how he narrowed down the date of construction. He discovered a large increase in taxes, congruent with the building of a brick structure.

The house saw two major changes: the addition of a clapboard section

in the late 1800s; and renovation by renowned local architect William Stratton in 1912.

If William Buck had the historic house built, why is the house named the Wardwell House? In 1901, attorney and businessman Henry Russel bought the house and in 1912, gifted it to daughter Helen and her husband Harold F. Wardwell, a Detroit businessman. Helen lived there until her death in 1976, making the Wardwells the longest owners. At Helen's bequest, Grosse Pointe Memorial Church acquired the house in 1977. In 1981, at Heatley's submission, the Wardwell House was made an official Michigan State Historic Site.

In 1984, current owners Douglas and Marylyn Ross

purchased the home.

"It's time to pass the torch to someone else," says Douglas of selling it after 35 years of stewardship.

The couple is especially concerned



Photos by Don Schulte Photography



with the preservation of their beloved home.

“We lived on Westchester, but I always said this would be my house someday,” says Marylyn. When she saw the house was up for sale, Marylyn immediately called Douglas. “I said, ‘The house is for sale!’”

Douglas laughs, “I said ‘what house?’”

“The house,” clarified Marylyn.

“We made an offer and the owner conducted a one-hour interview with us in front of this fireplace,” Douglas says, seated in front of the same fireplace. “There were other offers, but based on our interview, we were chosen. The owner believed we would bring the right dedication to the place.”

“The Rosses have been very good stewards of the house,” says Realtor Mike LeVan. “They would love for someone historically minded to

purchase the home and preserve what is here.”

The house is well known by passersby for more than its striking architecture: the antique carousel horse, named Sandy, in the conservatory window and its Christmas decorations, an abundance of classic wreaths and

garland, are community favorites. While Sandy won’t be included in the sale, the Christmas decorations will be.

“We couldn’t be late decorating the house. We’ve had people knock on our door asking when the Christmas decorations would be going up,” Marylyn laughs. They hope the next

owner will continue the tradition.

The six-bedroom, 4,400 square-foot house sits on nearly an acre. The spacious dining room is Douglas’s favorite room in the house. “For all the gatherings we’ve had there,” says the father of three.

Marylyn prefers the living room, with its floor to ceiling shelves and large original windows.



Photos by Don Schulte Photography







Photos by Don Schulte Photography

A unique feature is a working elevator between the first floor and the master bedroom, added in the 1940s, according to Douglas.

The Rosses hope the next owners will also consider themselves stewards of the house, with an interest in preserving its historical integrity.

For more information, contact Realtor Mike LeVan of William Adlhoeh & Associates at (313) 570-5995 or [mike@mikelevan.com](mailto:mike@mikelevan.com).

Source: "The Wardwell House: A Legacy of Old Grosse Pointe" by Henry Heatley



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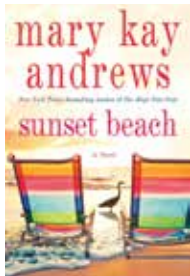


# Peggy's Picks

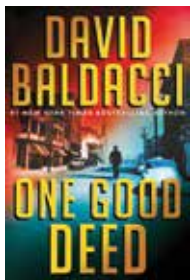


By **Peggy Kitchel**  
 Assistant Director, Grosse Pointe Public Library

Oh, the joys of summer. Sailing, swimming, picnics in the park, baseball, bike rides, concerts on the lawn and reading a good book. Your library has so much to offer this summer. Come in, cool down and pick up one of these sizzling reads for a hot summer day!



**Sunset Beach**  
 By *Mary Kay Andrews*  
 When a suspicious death at a beach resort exposes corruption at her father's firm, Drue goes from cubicle rat to investigator, and is drawn into a case that may involve her father. With an office romance building, an old missing person's case re-opened, and a cottage in rehab, there's a storm on the horizon at Sunset Beach.



**One Good Deed**  
 By *David Baldacci*  
 It's 1949 when Archer, a straight-talking World War II soldier is released from prison for a crime he didn't commit. Within a single night, his search for gainful employment — and a stiff drink — leads him to a local bar, where he is hired for what seems like a simple job. When a murder takes place right under his nose, police suspicions rise against the

ex-convict, and Archer realizes that the crime could send him right back to prison . . . if he doesn't use every skill in his arsenal to track down the real killer.



**Maybe You Should Talk to Someone**  
 By *Lori Gottlieb*  
 One day, Lori Gottlieb is a therapist. The next day, a crisis causes her world to come crashing down. Enter Wendell, the quirky but seasoned therapist. With wisdom and humor, she invites us into her world as both clinician and patient. This is a deeply personal yet universal tour of our hearts and minds and provides a portrait of what it means to be human. It's a funny and illuminating account of our own mysterious lives and our power to transform them.

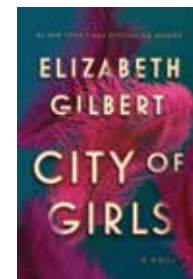


**The Summer Guests**  
 By *Mary Alice Monroe*  
 When a hurricane threatens the coasts of Florida and South Carolina, an eclectic group of evacuees flees for the farm of their friends. During one of the most challenging weeks of their lives, relationships are put to the test as the evacuees are forced to confront the unresolved issues they have with

themselves and with each other. As the storm passes, they realize what really matters isn't what they brought with them to the mountains. Rather, it's what they'll take with them once they leave.



**The British Are Coming**  
 By *Rick Atkinson*  
 Full of riveting details and untold stories, *The British Are Coming* is a tale of heroes and knaves, of sacrifice and blunder, of redemption and profound suffering. As he tells the story of the first 20 months of the struggle to shake free of King George's shackles, Rick Atkinson gives new life to the first act of our country's creation drama.



**City of Girls**  
 By *Elizabeth Gilbert*  
 Eighty-nine-year-old Vivian recounts her life after being kicked out of Vassar College, in 1940, when she was 19. Her parents sent her to Manhattan to live with her aunt where she meets unconventional and charismatic characters. But when Vivian makes a personal mistake that results in professional scandal, it turns her new world upside down in ways that will take her years to fully understand.

Top photo by Jeffrey Sauger, courtesy of GPPL



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Summertime swimming  
and a reminder to put safety first with



By James Aren



When it comes to swimming, safety is the name of the game for Suzette Kapla of Suntastic Swim School, so she took the school to where the swimmers are — right in their backyard.

Currently celebrating its fifth anniversary, Suntastic offers home-based lessons and holds classes at Lakeview High School as well.

Kapla is a full-time physical education teacher. She and husband Scott, principal of Lakeview High School in St. Clair Shores, started teaching swimming lessons with a safety-first approach.

“Our goal is to provide high-quality water safety instruction,” she says. “We’re surrounded by water.”

Drowning is the number one cause of accidental deaths in children aged one to four years old according to the National Drowning Prevention & Alliance. NDPA says swimming is not a natural instinct in humans and everyone should take lessons.

Tina Lamb, of Grosse Pointe Farms, has had three children take lessons in her own pool with Suntastic.

“We tried one-on-one, group lessons, nothing worked. Until Suntastic came along,” Lamb says.

“The teachers are able to zero in on

personalities and learning styles to help students learn well and quickly.”

After three or four lessons, her kids — including a three-year-old — were swimming. Kapla recommends children begin swimming lessons between six and 12 months old — “no



later than two years of age.”

“Having a pool in the backyard, it’s important that our kids can not only swim, but swim well,” Lamb says.

NDPA states supervision is always

necessary. Twenty-three percent of drownings happen at family gatherings in backyard pools, so Suntastic Swim also offers lifeguarding services at private residences.

Lamb has used that service when hosting parties.

“It’s nice to be able to take a breath when you’re having a party,” she says. “The life guards take the worry out of the pool party, so that the homeowners can focus on other things. They’re so diligent,” Lamb says.

Suntastic currently employs about 15 college and high school students. More than 300 swimmers took lessons in the last session. She’s very happy with the success of her company and hopes to bring swimming lessons and water safety to a wider area of students in the future.

“We’ve been blown away by the response from the community. They really show an appreciation for what we do for children,” says Kapla.

For more information, visit [suntasticswimschool.com](http://suntasticswimschool.com).

Suntastic Swim School

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# DOUGIE COWAN

## SAILING FOR THE UNITED STATES NATIONAL TEAM

By James Aren

It's a long way from Lake St. Clair to the English Channel, as Dougie Cowan, of Grosse Pointe, will soon find out when he sets sail this summer to represent the United States in Weymouth, England for two weeks.

Cowan, 14, will take his place as one of 50 sailors hitting the English Channel in single-sailor boats from July 27 to August 2.

He said his favorite part of sailing in England will be representing his country. The United States National Sailing Team invited the most accomplished Optimist sailors in the country, according to the organization.

Cowan started sailing when he was seven years old. Two weeks later, Cowan was asked to join his first racing team. He has sailed extensively in Michigan, including racing from Port Huron to Mackinac five times. He has also sailed in California, Florida, New Jersey, Pennsylvania, and even Iowa.

Dougie's mother, Amy Gmeiner Cowan, is "over the moon" proud of her son.

"The US National Team wasn't even on the radar," Amy says. "It's the icing on the cake."

Sailing runs in the family. Dougie's mother Amy sailed here in

Detroit and his father, Michael, sailed on the east coast.

Amy is very happy Dougie followed in his parents' wake. She says she met lifelong friends when she sailed and thinks her son is doing the same now.

"The teamwork you learn is the most important thing about sailing," she says.

Sailing internationally was a goal for Dougie. Making the national team makes him look for bigger, maybe

even Olympic-sized, goals on the horizon. Dougie plays hockey and lacrosse when he is not sailing. He loves the competitive nature of sailing and says that it's different than other sports.

"Sailing is different than other sports. Football is always played on the same sized field. Sailing is different each time. It has different situations and needs different strategies and different tactics." ☎

Photo by Michele Penoyer for Grosse Pointe Yacht Club; courtesy of the Cowan family





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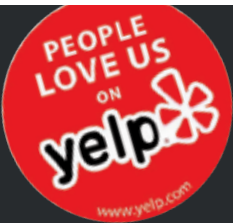
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# Meet Angel



Name: **Angel Nicole Richard**

Birthdate: **September 10, 2018**

Siblings: **Arnett Richard IV, 6, and Adin Michael Richard, 2**

Favorite activity: **Playing peek-a-boo, going to the park and going on walks**

Cute fact: **Angel loves to grab our faces and give us wet kisses.**

Parents: **Arnett Richard III and Nicole Richard**

City: **Grosse Pointe Woods**

First word: **Dad, da**

## About Angel

*in Mommy and Daddy's words*

"Angel is very sweet and lovable. She is very busy around the house crawling, standing and babbling. She has also taken a few steps. Her brothers love to make her laugh. She loves to play with Dad and for Mommy to hold her. She likes to listen to books and look at colorful pictures. Everyone in our family loves to kiss her cheeks. We pray that Angel lives a blessed life."

# Meet Carter

Name: **Carter Erndt** Age: **10** City: **Grosse Pointe Park**

Parents: **Matthew and Elizabeth Erndt** Siblings: **Thomas, 8**

Interests: **Golfing, swimming, snorkeling** School: **Maire Elementary**

## Favorites

Food: **Jet's Pizza with ranch dressing dip**  
Vacation: **Hilton Head Island, S.C.**

Game: **Fortnite**  
School Subject: **Science**

Book: ***Tales of a Fourth Grade Nothing* by Judy Blume**

Outdoor Activity: **Swim at the pool, up north in Oscoda, Mich. and the ocean**

Who is your hero and why?

**My mom because she helps me with my homework, my frustrations, and she teaches me to work out.**

What is your favorite thing to do with your family?

**Bike rides with my whole family including our two mini Dachshunds in our bike trailer!**

What do you want to be when you grow up?

**Engineer with interest in the auto industry. I would like to work on making the electric cars more affordable for every family to be able to buy. I would also like to improve buses by having them run on cleaner energy.**



What is your favorite thing about going to school?

**I like to play with my friends and meet new friends. I like that I have teachers that make me feel extra special! Mrs. Keellean is always joyful and makes me feel happy.**

## About Carter

"My name is Carter Matthew Erndt and I am entering my second year of Boy Scouts. I am outgoing and I like to meet new friends and people. I also love to walk my two dogs Inga and Winston and have two geckos named Finn and Spring who are both two years old. I like to keep active while helping my Dad do projects around the house."



  
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# Meet Sarah




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**Name** Sarah Hamouda

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**Age** 16

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**City** Grosse Pointe Woods

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**School** Grosse Pointe North

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**Parents** Eddie and Aliaa Hamouda

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## Sarah's Favorites

**Music Artist**  
Ariana Grande, Juice WRLD

**TV Show**  
*Gossip Girl*

**School Subject**  
Chemistry

**Movie**  
*Pride and Prejudice*

**Actor/Actress**  
Leighton Meester  
and Leonardo DiCaprio

**Book**  
*The Great Gatsby*

**Vacation**  
Paris, France

**Website**  
YouTube

**Food**  
Tacos and french fries

**Extracurricular Activity**  
Dancing

**Teacher**  
Mrs. Alles

**What song have you downloaded that would surprise people?**

“Say You Won’t Let Go” by James Arthur

**What unique skill do you possess and what skill would you like to learn?**

I can do the splits and wiggle my ears. I would like to learn to do an Aerial.

**If you could have three wishes granted, what would they be?**

World peace; No more ocean pollution; For me and all my family and friends to succeed in the future

**What did you want to be as a child and what do you want to be now?**

I wanted to be a pharmacist and now I want to be a lawyer.

**Where do you see yourself in five years?**

Graduating from college

## About Sarah

“I am a dancer who loves hanging out with friends, shopping and movies. I also enjoy doing track and field, walking my dog and running. My favorite season is spring because my birthday is in April and my favorite flower is a peony.”

Sarah’s other interests are music and fashion design. The Grosse Pointe North student has one brother, Joe, 17.

Photo by AVB Images



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**Roxy Urquiza Flores**  
B.F.A. illustration





## A RECORD NEARLY 50 YEARS IN THE BREAKING

By Beth Newhart

As the old saying goes, records are made to be broken. But what if it takes almost a half century to do it?

In 1969, 10-year-old Tommy Matthews was swimming for Lochmoor Club at the Interclub Finals hosted by the Detroit Boat Club. He walked away from his 50-yard backstroke with a club record time of 36.20 for boys ten and under. As the years wore on, records fell at the club, but Tommy's stood the test of time, that is, until last summer when then 10-year-old Dane Lezotte took his place in Lochmoor history.

In a similar fashion, Lezotte was swimming in the Michigan Interclub Swimming Association [MISCA] Finals hosted at Red Run Golf Club in Royal Oak. The swimmer broke the record twice during that meet — once in the preliminaries when he swam the race in 35.72 and at finals where he swam 34.98.

Lezotte suited up in his “fast skin,” a racing suit that replicates a shark's skin scales, reducing drag and increasing speed. He pushed off the wall and gave

it his all.

“When I finished, I looked up and saw the time,” he says. “I put my head on the gutter because I was tired.”

Breaking this record was no easy feat. Matthews [now known simply as “Tom”] went on to be the Michigan State record holder in the Boys' 10 and under 50 backstroke in 1969 and was ranked second in the nation as well. After becoming a three-time All-American swimmer at Lawrenceville School in New Jersey, he walked on to the swim team at Auburn University and earned his varsity letter while swimming alongside Olympic medalists Rowdy Gaines and Billy Forrester.

After spending most of his adult life in advertising sales on the coasts, Matthews has returned to Grosse Pointe where he fondly remembers Grosse Pointe University School [now University Liggett]. But because his beloved school was without a swim team, he joined varsity high school swim practices at the old pool at Grosse Pointe South.

“I have fond memories of listening to

Led Zeppelin platinum records on the pool deck as a 12- or 13-year-old with the older kids,” he says.

But Lezotte would certainly be up to the challenge of matching such a legacy. The incoming sixth grader at St. Paul's trains at Pointe Aquatics and has qualified for the National Club Swimming Association [NCSA] for the past three years. Besides having a love for baseball, basketball and football, Lezotte was also a state gymnastics champion on the horizontal bar in 2014 — while in kindergarten.

The two met recently, and Matthews congratulated Lezotte. “I'm so proud of his accomplishment,” he says. The two share a common love of baseball as well and Matthews sees this as a jumping off point for the younger swimmer. “Whatever you choose to do, I told him, I wish you well.”

What's Lezotte's next challenge? Beating sister Brooke's 12 and under, girls' backstroke record at Lochmoor. He needs to shave almost four seconds off to get to 30.92, but sibling rivalry can do wonders for the competitive spirit. 



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Photo by Donald Schulte

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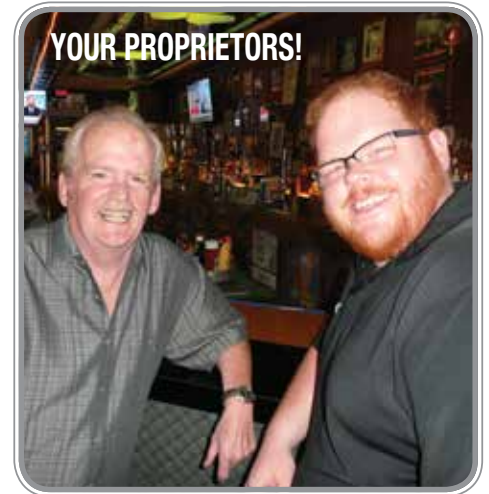
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## Mack Avenue Grille

19841 Mack Avenue, Grosse Pointe Woods • (313) 886-0680

As the Mack Avenue Grille enters its seventh year under the ownership of veteran restaurateurs Louie and Dino Ropotos, they would like to kick things up a notch to complement the fine wines and premium beers they began offering last year. The brothers are adding some new fine dining dishes to their menu, including pan-seared and broiled Alaskan Cod, broiled Salmon, Classic Lamb Chops, Chicken Piccata and Chicken Marsala and more to their standard fare, including 31 gourmet salads and breakfast favorites, such as the ever-popular Very Berry Crème Brûlée French Toast. Of course, they are not forgetting what made Mack Avenue Grille more than a diner. They will continue to offer three homemade soups du jour or freshly homemade chili daily, burgers and all manner of diner sandwiches, fresh-squeezed orange juice and three-egg, whipped omelets of all combinations. All ingredients are fresh — no frozen fish here! 

Hours: Mon-Sat 7am-8pm, Sun 8am-3pm



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## Mike's on the Water

Located in Michigan Harbor/Colony Marine (enter thru automatic gates)

24600 Jefferson, St. Clair Shores • (586) 872-2630

Our 9th season promises to be bigger and better than ever! Our fun and cozy atmosphere makes Mike's a fabulous place to unwind. With '70s era music, great food and drink prices and a very friendly staff, Mike's is a great place for people of all ages. We are family oriented and have a great kids menu. Our menu has everything from burgers and sandwiches to fried fish and daily fresh-catch specials, including boatloads of perch, and great salads. Try our "Lobster Roll" — over 56,000 sold! Food prices range from \$4.25-\$13.95. Mike's Nautical Hour (happy hour) featuring special prices on favorite libations runs from 3-6 p.m. every day. Watch your favorite sports teams at our fun bar. Mike's boasts ample parking, 26 boat wells with docking for up to a 48-foot vessel and a floating dock for personal watercraft.

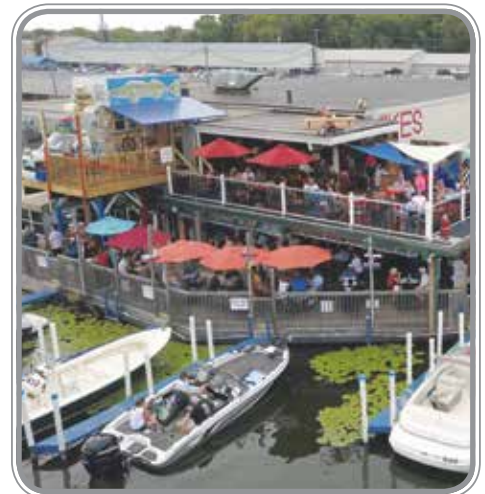
Your host, Mike LeFevre

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Kitchen Hours: Tues-Thur 11:30 am-10 pm; Fri-Sat 11:30 am-11 pm; Sun noon-8 pm


Bar Hours: Tues-Sat 11:30 am-close; Sun noon-close; Closed Mondays

Web: [www.mikesonthewater.com](http://www.mikesonthewater.com)



## Pepperoni Grille

22411 Greater Mack, St. Clair Shores • (586) 774-3998

As its name implies, Pepperoni Grille is a cheerful spot set in a welcome, casual atmosphere. The eatery features a small bar and dining room on one side of the central open kitchen, and a second dining room on the other side. It offers notable pizza along with a number of popular dishes from Calamari, Chicken Piccata and Lake Michigan Perch to Filet Mignon and New York Strip Steaks and Baby Back Ribs. The staff is friendly and courteous. The full bar offers wine, liquor and beer. Our Reverse Happy Hour from 8 p.m. to close 7 days features \$2 domestic beers, \$5 martinis and 1/2-off appetizers. Tuesday is half-off pizza all day, dine in or carry out. Wednesdays feature two signature pasta dishes and a bottle of wine \$38. 

Hours: Mon-Thurs 4-10pm; Fri-Sat 4-11pm; Sun 3-9pm

Web: [www.pepperonigrillescs.com](http://www.pepperonigrillescs.com)



## Shores Inn

23410 Greater Mack St. Clair Shores MI 48080 • (586) 773-8940

Established in 1937 and under the same ownership since 1969, the Shores Inn has been a local favorite for generations. Featuring 150 craft beer selections, an enclosed heated patio (with fire pit) and Happy Hour 7 days a week (buy one appetizer, get one free of equal or lesser value with two beverage purchase), the Shores Inn is a popular gathering spot for all ages. Delicious, homemade pizza has just been added to the extensive menu and daily specials keep hungry guests coming back:

**Monday** - Burger Bash (burger and fries) \$5.99. !

**Tuesday** - 1/2 off pizza! \$3 Boombas 10 p.m.-close

**Wednesday** - All you can eat Perch \$12.99, 4-9 p.m. **Ladies Night featuring a Designer Purse raffle!**

**Thursday** - Fajita Frenzy \$11.99; Rib Riot (1/2 slab with fries) \$11.99

**Sunday** - Prime Rib \$15.99

**All Day, Everyday** - Craft Beer of the Month, \$3.75/pint; Domestic Draft Feature, \$2.75/pint; \$3.50 Shot Specials

**Hours:** Mon-Sat 11am-2am; Sun Noon-2am

**Web:** www.shoresinn.com



## Sierra Station La Cantina — Celebrating 40+ Years!

15110 Mack Avenue, Grosse Pointe Park • (313) 822-1270

The Sierra Station was established in 1977 and has transformed into a favorite Grosse Pointe Park destination. The Sierra Station prides itself as a family-style Mexican restaurant, offering affordable dinners. Most impressive is the food! Few restaurants survive 40 years unless they have great food. The entrée menu features more than 30 dishes served with the standard rice and beans. House specialties are the Verda Sauce and Chili Relleno. It is one of the few places you can sit down, eat authentic Mexican food, have a Margarita, enjoy the South-of-the-Border ambience and bric-a-brac and let your kids run free. The patio veranda is an ideal space to throw your wedding party, family celebration or business luncheon. Prefer an indoor setting for your event? Sierra Station has a private dining room filled with beautiful authentic decorated space capable of setting 40 guests. Join us on Thursdays for \$3 Jumbo Margaritas. Carry-outs available.



**OUR GORGEOUS PATIO IS OPEN FOR YOUR SUMMER DINING ENJOYMENT!**

**Hours:** Lunch: Thurs-Fri 11:30am-1:00pm

Dinner: Open daily at 5pm

**Web:** www.sierrastationgp.com



Photo by Donald Schulte

## Telly's Place

20791 Mack Ave., Grosse Pointe Woods • (313) 881-3985

As a staple of the Grosse Pointe Woods neighborhood since 1982, Telly's isn't your normal bar and grill. Walk in off Mack and you'll instantly notice that with over 35 years of history, a sense of warmth, friendliness and contemporary atmosphere abounds. Everyone is welcome at Telly's. Everyone is family at Telly's. Owners and native Grosse Pointers Ty and Jimmy are committed to bringing you the atmosphere, quality and service that has made Telly's an institution.



**Monday** - \$4 Margaritas

**Tuesday** - Bar Bingo 9 p.m.-Midnight. WIN gift cards!

**Wednesday** - \$5 Specialty Martinis

**Thursday-Saturday** - Live Entertainment

**Sunday** - .50 Wings (dine-in only) and \$2.50 Domestic Beers

**HAPPY HOUR 7 DAYS A WEEK 3-6 PM: \$1 OFF ALL DRINKS AND \$4.99 SELECT APPETIZERS**

**Hours:** Mon-Sat 11am-Close; Sun 4pm-Close


**Web:** tellysplace.com





## Villa Restaurant and Pizzeria

21311 Gratiot Avenue, Eastpointe • (586) 778-1780

Loretta, Tony, and Joe are the third generation of the Palleschi family to operate the Villa. Following in the footsteps of their grandparents, Antonio and Arcangela and parents Orlando and Anna, they maintain the family tradition of authentic, home-style Italian cooking started in 1956. The restaurant has experienced numerous expansions and renovations over the past 63 years, but remains in its original location. One thing that has not changed over the years is their commitment to offering a quality meal in a comfortable setting at a moderate price. Customer favorites include: veal parmigiana, baked spaghetti, lasagna, chicken marsala, ravioli, and of course hand tossed round pizza, cooked in a stone oven. For those who prefer deep-dish pan pizza, Villa's is unrivaled. To complete your meal Villa offers several desserts such as: tiramisu, lemon ice, spumoni and of course handmade cannolis. A fine selection of beer, wine and liquor is also available. If you have never tried Villa, stop by and see why they have been an Eastside favorite for over six decades. The family motto has always been, "Let our family serve your family." 

Located minutes from the Pointes

Join us for Valentine's Day, Thursday, Feb. 14!

Hours: Mon-Sat 4-10pm, Sun 2-9:30pm



## Village Grille

16930 Kercheval, Grosse Pointe • (313) 882-4555

Located in the Village for 25 years. Family friendly restaurant and sports bar offering: daily lunch and dinner specials, 25 draft beers, Keno, Garden and all new Soup Bar featuring 6 house-made soups every day! Planning a party? Ask about our full service catering or check out our private banquet room which will accommodate up to 60 guests and offers a variety of menu packages suitable for any event and budget: Showers, rehearsal dinners, team parties, business meetings and receptions! 

### Late Night Happy Hour

7 days a week after 9:30 p.m.

Half off Pizza • \$5 Nachos • 2 for \$10 Appetizers • Drink Specials and more!

Hours: Open daily 11am

Web: [www.villagegrille.com](http://www.villagegrille.com)



## Watermark Bar & Grille @ Jefferson Beach Marina

24400 Jefferson Ave., St. Clair Shores • (586) 777-3677

**The Watermark is Fine Dining at its Best** — With its amazing views and classy but casual atmosphere, Watermark Bar & Grille is your go-to place for drinks after work, a date with that special someone or that special event, or just a dinner out with the family. Louie and Dino Ropotos, owners of the popular Mack Avenue Grille, invite you to come by boat, car, bicycle or on foot to their newest culinary venture — the Watermark Bar & Grille at Jefferson Beach Marina on the Nautical Mile in St. Clair Shores. The Ropotos brothers have converted the former nightclub into a family-style waterfront restaurant. Like they have done at Mack Avenue Grille, all their food — from salads, to burgers, to vegetable wraps to pasta, to Lobster Mac & Cheese and daily fish specials — all their food is made from the freshest ingredients purchased daily. And you won't want to miss our great pizza offerings straight out of our new, state-of-the-art pizza oven! Our fabulous 40-stool bar and some 40 dining tables inside — not to mention the outdoor bar and deck — can accommodate any crowd. Come in check out what everyone is talking about — the Watermark Bar & Grille! 

🌸 OPEN YEAR-ROUND ... OUR WATERFRONT PATIO DECK IS OPEN! 🌸

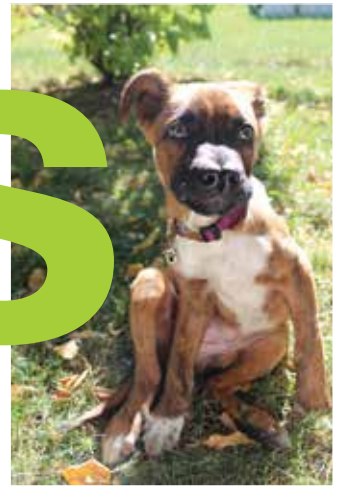
Hours: Daily 11am-Close

Web: [www.watermarkbarandgrille.com](http://www.watermarkbarandgrille.com)



# pets

Molly welcomes your hi-res Pointe Pets pictures at [Lauren@grossepointemagazine.com](mailto:Lauren@grossepointemagazine.com).



## McKay

McKay (pronounced: mack-eye) is a one-year-old tri-color Irish Pied Havanese! She has her life jacket ready for sailing season and loves any body of water, from bathtub to lake and everything in between. McKay is the joy of the Moebus family.



## In Loving Memory of Turbo

Beloved member of the Tedesco family and many a passerby, Turbo crossed the Rainbow Bridge but left paw prints on many hearts. "A dog's life is too short. Their only fault, really."



## Tux

Rescued at four weeks old, Tux was a welcome addition to the Tedesco family of Grosse Pointe Woods. He quickly bonded with Chocolate Lab, Turbo. The two would share treats and nap together. Tux is full of personality and adds fun to each day!



## Baxter

**GPAAS:** Baxter, a 1.5-year-old tri-color Yorkshire Terrier/Chihuahua mix is available for adoption!



## Harper

**GPAAS:** Harper, a female Shorthair Orange Tabby kitten, is just a few months old and available for adoption along with many other kittens!



## Chief

**GPAAS:** Chief is a 65-lb. American Bulldog mix, neutered and available for adoption!



# The human-animal bond

By Dr. Nancy Pillsbury

The American Veterinary Medical Association defines the human-animal bond as a “mutually beneficial and dynamic relationship between people and animals that is influenced by behaviors that are essential to the health and well-being of both.”



People who love animals already understand the obvious benefits of companionship and love that a pet provides, but there are many more benefits as well:

- ◆ Stress reduction
- ◆ Improved mood
- ◆ Increased physical activity
- ◆ Immunity boost
- ◆ Social connections
- ◆ Emotional support

Assistance dogs such as seeing eye dogs have been helping their human counterparts for many years.

In recent years, therapy animals have expanded into support for children with autism, veterans with PTSD, diabetes alert dogs to predict and to respond to drops in blood sugar, and seizure alert dogs which can predict epileptic seizures.

The bond humans share with animals goes beyond written explanation. It is a deep connection which can rival connections to other humans, and we are all the better for it.

*Dr. Nancy Pillsbury is a 1993 graduate of Michigan State University. She joined Harper Woods Veterinary Hospital in 2011.*

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## 11 THURSDAY

- The Helm July birthdays celebration, registration required, 11:30 a.m.
- Music on the Plaza in The Village, featuring The Universal, free concert series, 7-8:30 p.m.

## 12 FRIDAY

- DSO at Ford House, Detroit Symphony Orchestra performs at the Ford House with fireworks finale and the addition of an Atwater Brewery lakeside beer garden in honor of the 10th concert series, ticket information at [fordhouse.org](http://fordhouse.org), grounds open 6 p.m., concert 8 p.m.

## 13 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at The Helm, 12-3 p.m.
- DSO at Ford House, performance with fireworks finale and lakeside beer garden, grounds open at 6 p.m., concert at 8 p.m.

## 18 THURSDAY

- Music on the Plaza in The Village, featuring Arizona Sun with Devin Scillian, free concert series, 7-8:30 p.m.

## 20 SATURDAY

- 2019 GPYC Optimist Nationals sponsored by Grosse Pointe Youth Nautical Education Foundation
- 2019 Bell's Beer Bayview Mackinac Race

## 22 MONDAY

- Summerfest at The War Memorial through August 6, free, double feature of How to Train Your Dragon 1 & 2, more information at [warmemorial.org/summerfest](http://warmemorial.org/summerfest), 7-10:30 p.m.

## 23 TUESDAY

- Summerfest at The War Memorial, Michigan Opera Theatre Studio Artists, more information at [warmemorial.org/summerfest](http://warmemorial.org/summerfest), 7:30-9 p.m.

## 24 WEDNESDAY

- Summerfest at The War Memorial, featuring The Ragbirds, 7:30-9 p.m.

## 26 FRIDAY

- The Village Sidewalk Sale and Art Fair

- Music on the Plaza in the Village, featuring The Sun Messengers, free concert series, 7-8:30 p.m.
- Music on the Lawn in front of Grosse Pointe Woods City Hall, 7-10 p.m.

## 27 SATURDAY

- The Village Sidewalk Sale and Art Fair
- Grosse Pointe Animal Adoption Society Adoption Day at The Helm, 12-3 p.m.
- After Six on Kercheval in Grosse Pointe Park, 6-10 p.m.

## 28 SUNDAY

- Michigan Humane Society's Mutt March at Ford House, 8 a.m. - 12 p.m.

## 29 MONDAY

- "Fore" The Helm Golf Invitational at Lochmoor Club, for more information, call Peter Poulos at (313) 649-2104 or e-mail [ppoulos@helmlife.org](mailto:ppoulos@helmlife.org)
- Summerfest at The War Memorial, double feature of Brave and Moana, 7-10:30 p.m.

## 30 TUESDAY

- Summerfest at The War Memorial, featuring Mainstreet Soul, 7:30-9 p.m.

## 31 WEDNESDAY

- Summerfest at The War Memorial, featuring Air Margaritaville, 7:30-9 p.m.

## 01 THURSDAY

- Music on the Plaza in The Village, featuring Alvin Waddles and friends, 7-8:30 p.m.

## 03 SATURDAY

- St. Andrew's Society of Detroit 170th Highland Games at Greenmead Historical Park in Livonia

## 06 TUESDAY

- Summerfest at The War Memorial, featuring David Bennett and Band, 7:30-9 p.m.

## 08 THURSDAY

- The Helm August birthdays celebration, registration required, 11:30 a.m.
- Music on the Plaza in The Village, featuring Emma Aboukasm & Something to Live For, the music of Billy Strayhorn, 7-8:30 p.m.

## 09 FRIDAY

- Friends of the Grosse Pointe Public Library book sale at Woods Branch, 10 a.m.-4 p.m.

## 10 SATURDAY

- Friends of the Grosse Pointe Public Library book sale at Woods Branch, 10 a.m. - 3 p.m.
- Grosse Pointe Animal Adoption Society Adoption Day at The Helm, 12-3 p.m.

## 12 MONDAY

- Detroit Dog Rescue's Rounds 'Fore' Rescue annual golf outing at Lochmoor Golf Club, more information at [detroitdogrescue.com](http://detroitdogrescue.com)

## 14 WEDNESDAY

- Lochmoor Fights Cancer, Ladies Golf Outing to fundraise for The Needy Patient Fund at Ascension St. John Hospital's Van Elslander Cancer Center, more information at [lochmoorclub.com](http://lochmoorclub.com)

## 15 THURSDAY

- GreekFest at Assumption Greek Orthodox Church & Cultural Center, food, games, entertainment, kids activities, raffles, market and more, free parking, valet available, shuttle rides, 4-10 p.m.; also takes place Friday, Aug. 16, 3-11 p.m.; Saturday, Aug. 17, 11 a.m.-11 p.m.; Sunday, Aug. 18, 11 a.m.-8 p.m.

## 23 FRIDAY

- Music on the Lawn in front of Grosse Pointe Woods City Hall, 7-10 p.m.

## 24 SATURDAY

- Grosse Pointe Animal Adoption Society Adoption Day at The Helm, 12-3 p.m.
- After Six on Kercheval in Grosse Pointe Park, 6-10 p.m.

## 28 WEDNESDAY

- Racing for Kids to the Hill, featuring race cars, street fair, kids activities, music, refreshments and more, 11:30 a.m.-3 p.m.

## 30 FRIDAY

- Detroit Jazz Festival through Sept. 2



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# 2019 RACE TO FEATURE 105-FOOT WHITEHAWK

2018 race



Photo by PhotoElement

## By Ted Everingham

More than 205 sailboats are expected to answer the starter's cannon for the 95th consecutive sailing of the Bell's Beer Bayview Mackinac Race on Saturday, July 20. Bob Nutter, a veteran Mackinac competitor and the chairman of this year's race, reports that the largest boat in the 20-class fleet will be Whitehawk, a 105-foot custom ketch from Newport, R.I.

Owned by Peter Thornton of Key Largo, Fla., Whitehawk was built in Rockland, Maine, in 1978, patterned after Ticonderoga, remembered by sailing buffs as a famous 1936 vintage racing yacht. Whitehawk has been a familiar sight among traditionally designed sailing mega-yachts in Newport for years.

There is no mistaking that Whitehawk is a cruising boat with her three oversized staterooms, a ten-sided Mandela skylight, a fireplace and a head with a teak bathtub. She is a very distant cousin of the stripped-down, flat-out racing machines with which she'll share the Mackinac Race starting line. She

will sail the longer Cove Island course from lower Lake Huron to historic Mackinac Island with the largest and fastest boats in the fleet.

A veteran of 33 Bayview Mackinac Races and 32 Chicago Yacht Club races to Mackinac, Nutter will watch the starts on Saturday and then drive to Mackinaw City to catch a late ferry to Mackinac Island to wait for the fleet

While weather drives the results of any long-distance sailing race, the first boats likely will reach the finish line below the Grand Hotel Sunday afternoon or evening. In most years, nearly all of the boats will finish the race sometime during the daylight hours on Monday. An awards party is held on the Island on Tuesday afternoon.


It will be far different from Bayview's first Mackinac race in 1925 when just 12 boats started and only four finished. (Many of the 20 classes in the 2019 race will be larger than the entire fleet in 1925.) It was the beginning of a long, rich history of what has become a rite of Michigan's summer. For more about the history of the race, including firsthand accounts from those who have sailed it, as well as GPS tracking and constantly updated results during the race, visit [www.bycmack.com](http://www.bycmack.com). 



Photo by Billy Black

to arrive. "I'd love to be sailing, but I am looking forward to experiencing this great race from a perspective that I've never had," he says. "This is an opportunity just too good to miss."

*Ted Everingham is past commodore of Bayview Yacht Club and is on the board of the Grosse Pointe Youth Nautical Education Foundation.*



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