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Grosse Pointe News

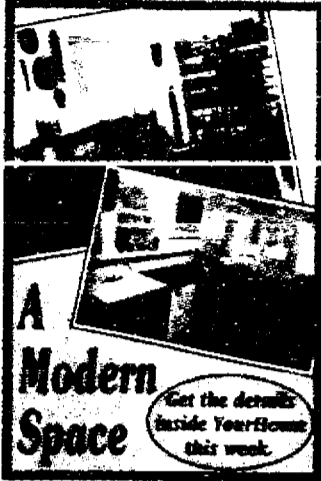
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Grosse Pointe, Michigan

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February 19, 1998



Josephine "Dody" Ford, center, glances at her family as Henry Ford Health System CEO Gail Warden, left, and her son, Buhl Ford, unveil the logo for the newly renamed Josephine Ford Cancer Center, following her \$10 million donation to the cancer center.



Winter flu hits Pointe hospitals hard; beds filled

By Jim Stickford
Staff Writer

The recent outbreak of the flu in metro Detroit has hit residents hard and local hospitals harder.

Jan Duster, spokesperson for Henry Ford Cottage Hospital, said that staffers have felt the effect of the flu on patients.

"We've primarily been seeing pediatric patients," said Duster. "All of our hospitals have been filled to capacity in the past few days and we have been waiting for beds to become available. We were closed to accepting new patients requiring beds four out of the five days of the week of Feb. 9-13 because of the number of flu patients."

Kathy Roberts of the Grosse Pointe school system said that the number of absences in the system's elementary schools has been higher than average.

But the numbers have not reached the level set by the state as a "crisis" level, she said.

Duster said that the emergency room doctors have been seeing an unusual number of upper respiratory infections.

This can develop into walking pneumonia if the sick person is not careful, she warned.

St. John spokesman Mike Kairis said that the worst seems to be over.

"The number of flu patients we are seeing seems to have peaked," said Kairis. "The hospital, at the worst stage of the flu cycle, was more than 96 percent full, which is higher than average. We were accepting all patients, but we were also trying to reroute some of our non-critical care cardiac patients to other medical facilities. No one was turned away."

Dr. Don Bignotti of Bon Secours said flu symptoms include a cough, fatigue, fever and aches. It is type A influenza.

"The best way to avoid getting the flu is to get a flu shot," said Bignotti. "But if you haven't got one, then you should take some common sense precautions like avoiding those who have the flu. Wash your hands. If you come into contact with someone who has the flu, then chances are you

"The best way to avoid getting the flu is to get a flu shot."

**Dr. Don Bignotti
Bon Secours Hospital**

will get it. This flu seems to be making the rounds."

Bignotti said that while every winter brings a round of flu, this year it seems worse than in the last couple of winters. He suspects that the relatively warm weather is playing a role.

"When it's really cold, people stay home," Bignotti said. "They don't want to go to the mall or to the movies. But with this warmer winter weather, people are getting out more, which means that they have more chances of getting exposed."

"Also, I think this strain is a little more aggressive than strains seen in the past few winters."

Bignotti said that if you get the flu, you should take care of yourself. Drink plenty of fluids.

If you have a persistent cough that brings up discolored mucus, then seek proper medical attention, said Bignotti. That might be a sign of pneumonia.

The main symptoms will last for three or four days, Bignotti said. You will feel very bad. The cough will stay with you for one or two weeks.

The flu has affected people in all age categories, said Bignotti. But older people are more vulnerable because they tend to get sicker and tend to feel the effects of the flu more than younger people.

The worst seems to be over, Bignotti said. But that doesn't mean that flu cycle is finished.

Those who haven't been sick should still take what precautions that they can. Those who come down with the flu should not take it lightly, he said.

WEEK AHEAD

Thursday, Feb. 19

The Grosse Pointe Historical Society is holding a lecture by Arthur M. Woodford at 7:30 p.m. in the Grosse Pointe War Memorial.

The lecture will explore the sources and research behind the two-volume set, "Tonnancour, Life in Grosse Pointe and Along the Shores of Lake St. Clair." Admission is free. Call (313) 884-7010 for information.

Friday, Feb. 20

The Friends of the Grosse Pointe War Memorial is holding its annual Taste of the Hops from 6:30-9 p.m. Fans of brewed libations will have the chance to taste the best of Detroit.

Tickets are \$30. Call (313) 881-7511 for information.

Monday, Feb. 23

The Grosse Pointe Park City Council meets at 7 p.m. in the Park city hall, 15115 E. Jefferson.

The Grosse Pointe Woods City Council meets at 7:30 p.m. in Woods city hall, 20025 Mack Plaza.

The Grosse Pointe Farms City Council meets at 7:30 p.m. in Farms city hall, 90 Kerby Road.

Thursday, Feb. 25

Dr. Suzanne Klein, superintendent of the Grosse Pointe public school system, is hosting a forum titled "What Does the Future Hold for the Grosse Pointe Schools?"

The forum is in Grosse Pointe South High School, Room 166, and begins at 7:30 p.m. It is free of charge and is sponsored by the Alpha Mu chapter of Delta Kappa Gamma, an international honorary society of women educators.

Representatives from the state and federal legislatures will be on hand to discuss how state and federal initiatives will affect Grosse Pointe schools.

Cancer center at Henry Ford receives \$10 million donation

Henry Ford Health System announced last week that Josephine Ford of Grosse Pointe has donated \$10 million to its cancer center.

In recognition of Ford's generous contribution, Henry Ford officials also announced that the cancer center has been renamed the Josephine Ford Cancer Center.

The donation was made in memory of her late husband Walter B. Ford II, who was treated for pancreatic cancer in the early 1990s at Henry Ford Hospital. Mrs. Ford also is a former board of trustee member of Henry Ford Hospital.

In making the announcement, her son Buhl Ford said: "Our family has always had a great interest in perpetuating the high quality medical care that is routinely provided here, ever since my great-grandfather, Henry Ford, founded Henry Ford Hospital in 1915."

The donation is being given in two increments with the total \$10 million expected to be reached within five years.

The money will be used for expanding an interdisciplinary clinic on the Henry Ford Hospital campus; constructing a high technology cancer

conference facility, using state of the art videoconferencing to speed connections between physicians at the regional sites and Henry Ford Hospital campus; creating a cancer prevention and research education unit; and implementing a broad-scale community education program aimed at early detection of breast, prostate, colon and cervical cancer.

"Mrs. Ford's generous gift enhances the system's cancer program, improving patient care and assisting with the system's efforts to advance prevention and treatment of the disease," said Gail L. Warden, president and chief executive officer of Henry Ford Health System.

"This generous gift allows the Josephine Ford Cancer Center to take substantial steps forward in making it a nationally leading cancer care and prevention program."

The Josephine Ford Cancer Center already is one of the largest in southeast Michigan. More than 15 percent of all persons in southeast Michigan diagnosed with cancer are treated at the center, and more than 3,000 newly diagnosed cancer patients each year go there.

In addition, the Josephine Ford Cancer Center is currently involved in more than 160 cancer studies, including the use of suicide gene therapy for breast, prostate and brain cancer. Henry Ford Hospital is the only location in Michigan approved by the federal government to use monoclonal antibodies to fight cancer, according to a company press release.

At the news conference, Buhl Ford read a statement for his mother announcing the donation:

"We chose to support Henry Ford's cancer program because, like many families, cancer has affected our lives also."

"This gift is, in effect, a thank you for the outstanding health care that our family has received here. It also serves to continue the legacy begun by my grandfather."

"It was here at Henry Ford Hospital that my husband, Wally, was treated for pancreatic cancer. The highly personalized care he received, I believe, made his final years more comfortable. I'd like to extend a special thanks to Wally's personal physician,

See FORD, page 2A



Sweet stuff!

Young Brian Fisher, 2 1/2, takes a sweet taste of sugar maple sap while his sister, Danielle, assists. The children's mother, Robin, says she grew up in Massachusetts and was very big into sugaring and wanted her children to experience the fun of it. At her home on Buckingham in the Park, she tapped the tree herself, and the children and their father, Eric, have enjoyed 1 1/2 quarts of maple syrup so far on their pancakes. Robin says real maple syrup is lighter and clearer than the store-bought variety. Sounds delicious!

Photo by Rosh Sillars

POINTER OF INTEREST Barbara Rubaie

Home: Grosse Pointe Woods

Age: 46

Family: Husband, Samir; two step-sons

Occupation: Director of Leprosy Relief and special events coordinator for P.I.M.E.

Quote: "God has been good to me."

See story, page 4A



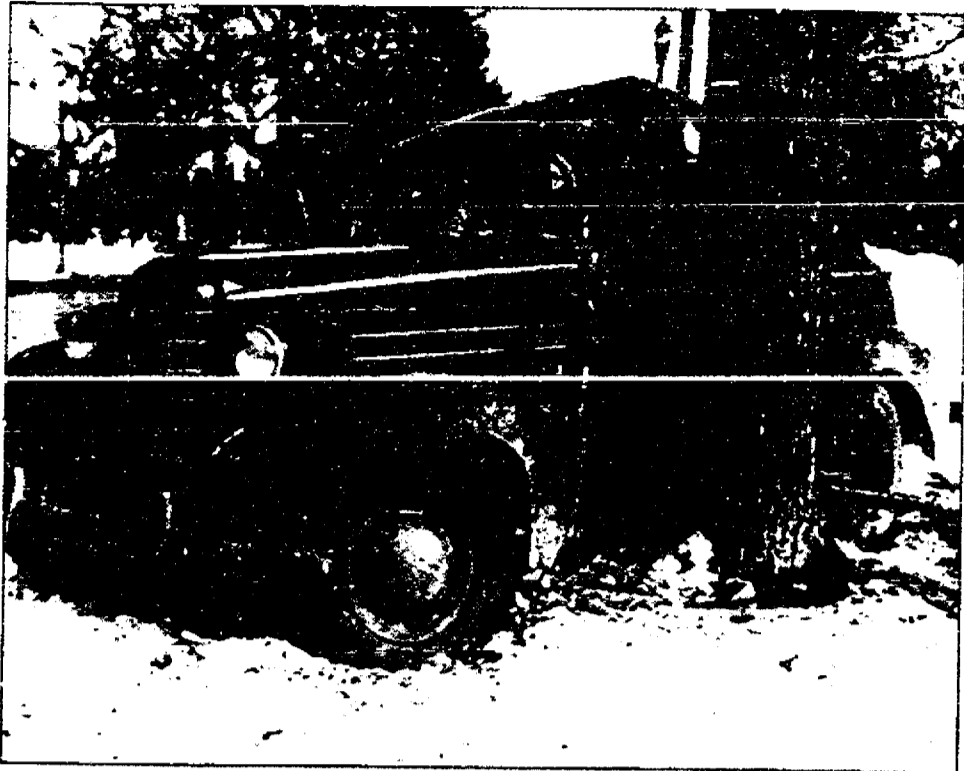
Barbara Rubaie

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50 years ago this week



Result of a bad combination

Icy streets and a reckless driver who almost sideswiped them are blamed by the occupants of this car for what happened on Jefferson and Park Lane at 11:30 a.m. Wednesday. A Detroit man driving and his passenger were both hurt. They were taken to Bon Secours Hospital for treatment. It was feared the driver might have suffered a fractured skull. The passenger, who suffered cuts on his face, said the driver swerved to miss being sideswiped by another car also heading west on Jefferson and went into a skid that ended against a tree. (Grosse Pointe News Feb. 19, 1948; photo by Fred Runnells.)

Ford

From page 1

Dr. Jae Ho Kim, as well as the other cancer center team members who assisted in his care.

"Today, with this donation, I would like to again express my gratitude.

"The Ford family remains committed to improving the future for all those who choose Henry Ford Health System for their medical care.

"We know that the important research and prevention programs under way here at Henry Ford are second to none. Our vision is that this gift will help reduce the incidence of cancer and weaken its devastating impact on all cancer patients and their families.

"I believe my husband would be so proud if he could be here today."

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The deadline for news copy is Monday noon to insure insertion.

Advertising copy for Section "B" must be in the advertising department by 11:00 a.m. on Monday. The deadline for advertising copy for Sections A & C is 10:30 a.m. Tuesday.

CORRECTIONS AND ADJUSTMENTS
Responsibility for display and classified advertising error is limited to either cancellation of the charge for or a re-run of the portion in error. Notification must be given in time for correction in the following issue. We assume no responsibility of the same after the first insertion.

The Grosse Pointe News reserves the right not to accept an advertiser's order. Grosse Pointe News advertising representatives have no authority to bind this newspaper and only publication of an advertisement shall constitute final acceptance of the advertiser's order.

yesterday's headlines

50 years ago this week

■ The Grosse Pointe Honor Roll Association hopes to have memorial library money — a minimum of \$500,000 — raised by Memorial Day. The library will honor more than 3,000 men and women who served in the war and the 100 Pointe residents who lost their lives.

■ A survey recently completed by L.M. Bartlett, director of pupil personnel with the Grosse Pointe schools, shows that 594 dwelling permits were issued during calendar year 1947. This constitutes a real building boom, only exceeded in 1939, 1940 and 1941 when 718, 755 and 831 permits were issued, respectively. The majority of the activity is a continuation of the trend which started with the resumption of home building in 1935 following the Depression.

25 years ago this week

■ A petition was filed in Wayne County Probate Court on Feb. 16 by the executors of the estate of the late Anna Thomson Dodge, for the sale of her mansion and estate — Rose Terrace — to Superior Lake Enterprises — for \$650,000. Rose Terrace comprises 9.2 acres at 12 Lakeshore. It was constructed by Horace Dodge in 1934 for \$4 million. Mrs. Dodge died in 1970 at the age of 103.

■ The City of Grosse Pointe has received notification that its application for eligibility under the National Flood Insurance Program has been approved. Effective Feb. 16 local property and casualty agents could begin selling HUD national flood insurance.

10 years ago this week

■ Grosse Pointe North's Marc deManigold signs to play football at Notre Dame this fall.

■ The Grosse Pointe Farms City Council granted a variance to The Blake Co. to construct homes on the 8.5-acre Higbie Estate in Grosse Pointe Farms.

5 years ago this week

■ Grosse Pointe school administrators are trying to figure out how they will incorporate a recently enacted law which requires obtaining fingerprints of all new hires for the purpose of running a criminal history check. No one is opposed to the background

checks, but administrators feel the 30-day time lag will disrupt the hiring process.

■ Overall crime, including burglaries and robberies, was down in 1992 in Grosse Pointe Farms, according to the annual report issued by the public safety department. Officials said 98 percent of all retail fraud in the Farms occurred at the retail stores at Mack and Moross.

■ In the Woods, crime statistics are up due to a homicide, the first in a decade — in which a woman was shot in her home by her husband. Other violent crimes were down.

■ Grosse Pointe South High School students Josh Moore and Katy Thompson attended Bill Clinton's inauguration as the 42nd president of the United States. They were among 350 high schoolers from around the country selected to participate in the 1993 Presidential Classroom program.

— Shirley A. McShane

\$10 million gift at work

The \$10 million gift allows the Josephine Ford Cancer Center to take substantial steps forward in creating a leading cancer care and prevention program. The money will go toward:

■ Regional Clinic Enhancement: Finalizing the development of breast and prostate interdisciplinary clinics in its Downriver, West Bloomfield and Macomb County regional cancer facilities. Sites for cancer care are being enhanced in all three clinic settings, which allows patients to receive cancer care near where they live. Patient education and examining areas are being reconfigured to provide easy access to treatment areas, such as radiation services and chemotherapy.

■ Program Consolidation: Building a state of the art, interdisciplinary clinic on the Henry Ford Hospital campus. Space is being dedicated for generously sized examining rooms that also accommodate a patient's family, patient education areas and rooms dedicated to discussing private matters such as counseling, clinical trials and social support needs.

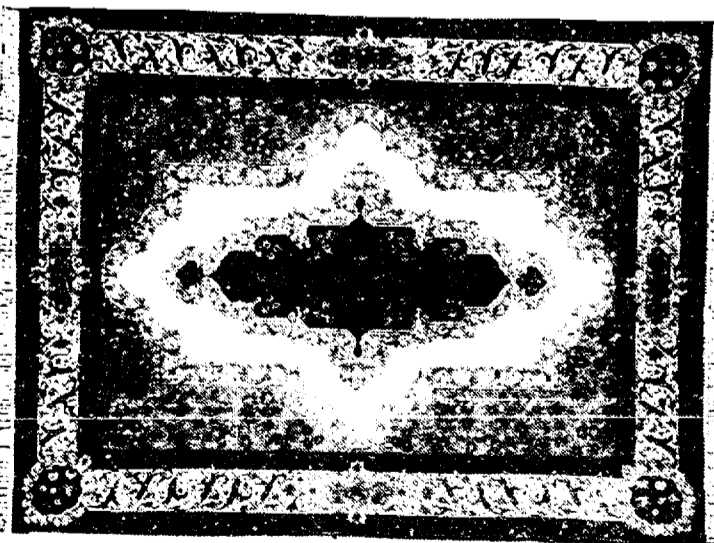
■ Advanced Technology: Building a high technology cancer conference facility, using state of the art videoconferencing to speed connections between physicians at the regional sites and Henry Ford Hospital campus. This fosters a team approach in which physicians from a range of specialties located at different sites can simultaneously review test results and discuss a patient's care together.

■ Research Development: Establishing a cancer prevention and research education unit, which involves the recruitment of additional nationally recognized cancer prevention researchers in the areas of nutrition, tobacco control and early cancer detection.

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Woods Beautification officers elected

The Grosse Pointe Woods Beautification Advisory Commission recently elected its officers for 1998. Standing, from left, are Jacki Rump - chairperson, Heather Simmet, Carol Sauter, James Kedich - treasurer, Bonnie Fleming, Michael Zollik, Kim Sorget - vice chairperson, Angelo DiClemente, Kathleen Brown, Marge Kingsley - recording secretary and Aaron Drucker. Seated, from left, are Catherine White, Frederick Orth and Janette Duster. Not pictured are Mary Beth Nicholson - corresponding secretary and council representative Thomas Fahrner.

Feb. 26 forum to discuss future of education in Grosse Pointe

"What does the future hold for the Grosse Pointe Schools?" will be the topic of a forum that will feature Dr. Suzanne Klein, superintendent of the Grosse Pointe Public School System, State Rep. Andrew Richner, and Charles Wilbur from U.S. Sen. Carl Levin's staff.

Klein will address local perspectives and concerns; Richner will discuss what is going on at the state level and how it affects Grosse Pointe, and Wilbur will share some of Levin's perspectives from the federal level, including the sen-

ator's efforts with regard to technology and education. All interested community members are welcome to attend.

The forum will be held on Thursday, Feb. 26 and will begin at 7:30 p.m. in room 166 of Grosse Pointe South High School.

The event is free of charge and is being sponsored by the Alpha Mu chapter of Delta Kappa Gamma, an international honorary society of women educators.

The Alpha Mu chapter is comprised of educators who either live or work in Grosse Pointe. While the forum is free, tax deductible donations to the scholarship fund (Delta Kappa Gamma Alpha Mu) will be accepted.

A teacher shortage is projected for the United States within the next decade. Part of Delta Kappa Gamma's mission is to encourage young women seeking to become educators and it awards scholarships to deserving recipients.

LWV invites public to forum on campaign finance reform

By Amy Andreou
Special Writer

Grosse Pointe has the potential to be one of the leading areas in Michigan to energize a ballot initiative on campaign finance reform so that the issue can become a proposal on the November 1998 ballot.

The local chapter of the League of Women Voters is hosting a program — that is free and open to the public — for area residents to find out more about the issue of campaign finance reform — a topic that has ignited at the federal level as well as at the state level.

The program will be Monday, Feb. 23 at 7:30 p.m. in the lounge of the Grosse Pointe United Church, which is located at 240 Chalfonte, at the corner of Lothrop, in Grosse Pointe Farms.

Speaking at the meeting will be Pat Donath, government director for the League of Women Voters of Michigan.

Specifically, she plans to discuss current proposals to change the financing of campaigns for candidates for the Michigan Legislature.

Grosse Pointe Farms resident Ann Nicholson, vice president of programming for the Grosse Pointe League of Women Voters, said, "Many citizens feel that political campaigns last too long and cost too much, that 'special interests' have too much influence, and that good people can't win. Ms. Donath will explain reform efforts from within the Legislature, and also work being done on a ballot initiative to plan alternative funding for candidates who agree not to accept private contributions."

Nicholson said the League is an active participant in both Washington, D.C., and Lansing regarding the issue of

campaign finance reform.

While the League of Women Voters has brought to public attention a number of issues, ranging from pollution of Lake St. Clair to campaign finance reform, the most fundamental focus of the League (at local, state and federal levels) is to increase voter interest, knowledge and turnout.

"Many citizens have the perception that candidates are heavily influenced by financial backers and special interest groups," Nicholson said. "The more a voter feels this way, the less likely he is to vote or take any interest in political issues."

Nationally, the League is supporting an incremental program of reform, partially developed by the American Enterprise Institute for Public Policy Research.

It contains, primarily, five ideas that League members say would close substantial loopholes:

1) **End Soft Money.** Currently, contributions to candidates are strictly limited to individuals and registered political committees contributing a relatively small amount of money (this is defined as hard money). However, corporations, unions and others may make unlimited contributions to parties (this is defined as soft money).

2) **Close the Issue Advocacy Loophole.** In the last election, millions of dollars were spent on campaign ads masquerading as issue ads. To close the loophole, the two should be clearly distinguished. For example, any ad with a candidate's name or picture that is run within 90 days of an election could be specified as a political ad.

3) **Strengthen the Federal Election Commission.**

Although complaints to the FEC increased last year, Congress did not increase the FEC's budget to investigate. Disclosure and enforcement tools need strengthening, and the FEC structure needs streamlining.

4) **Provide Free TV Time for Federal Candidates.** The single largest reason for soaring campaign costs is the high cost of TV. Broadcasters, by virtue of the licenses they receive at no cost, have a public interest obligation to improve political discourse.

5) **Provide a Tax Credit for Small Contributions from Individuals.** Small individual contributions, the most disinterested source, are shrinking. A tax credit would encourage more contributions.

Donath explained the background leading up to a drive to get a proposal on the November 1998 ballot in Michigan.

"Two years ago several Michigan League members participated in an all-day meeting in Lansing on campaign finance reform with people from a number of other organizations. The conclusion reached at that meeting was that more information about who was contributing what to whom needed to be disseminated in order to move campaign finance reform to the front burner of people's attention. At that time, (a group titled) Citizen Action had a grant to gather the information from the Michigan campaign finance filings for the 1992 and 1994 election cycles and produce a report. But that report has never been released."

Woods readies new sewer standards for Vernier projects

By Jim Stickford
Staff Writer

It just needs some fine tuning, but a policy setting new sewer construction standards along Vernier should be forthcoming from the Grosse Pointe Woods City Council.

The council, last July, banned new construction along Vernier for six months. The moratorium expired at the end of January, but the council renewed it for two months so that councilmembers could review sewer capacity along Vernier made by the city's engineers.

"We're going to be meeting with our engineers to go over their study," said Woods Mayor Robert Novitke. "The Vernier sewer lines are standard 10-year capacity lines. That means they can handle storm water from what the weather bureau calls a 10-year storm."

A 10-year storm is of such intensity, said Novitke, that it happens, on average, once every 10 years. Most sewer systems in the country are built to handle 10-year storms.

But more development on Vernier means less land to soak up storm water, Novitke said. Also, more water enters a system during a storm. So a system that is at capacity would have more flooding with more development.

When a system such as the one the Woods has is overwhelmed, the water has to go somewhere. In many cases, that means into basements hooked up to the system.

"We have a number of lots that will probably be split and developed over the next few years," Novitke said. "Before we can allow that, we need to know what the system can handle. That's why we commissioned our engineers to do a study of the sewer system and its capacity."

Fortunately, the city did some sewer pipe crossovers several years ago. So if the

Vernier sewer line is at capacity, some of the storm water can crossover to another line in the city that takes care of the Lochmoor Club, Novitke said.

Because so much of the club's property is open land, storm water is soaked up, instead of sent into the sewer system, so the Lochmoor line usually has capacity to spare, said Novitke.

"We will probably require some sort of on-site retention system for new development along Vernier," Novitke said. "That means new homes will have to have some way to retain storm water during very heavy storms. That usually is some sort of large pipe system that can store large amounts of storm water temporarily."

The council will also review whether to require local businesses to disconnect from the city storm sewer system.

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Life's work offers Woods woman challenge, fulfillment

By Jim Stickford
Staff Writer

For Grosse Pointe Woods resident Barbara Rubaie, the best things in life have come to her when she wasn't looking.

Rubaie, 46, is director of the Leprosy Relief Department, as well as special events coordinator for P.I.M.E. or the Pontifical Institute for Foreign Missionaries.

"My job is to raise money for the mission's leper colonies around the world," said Rubaie. "We have 13, most of them in India. The money goes toward medicine and the hospitals we operate."

The problem with leprosy in the third world, Rubaie said, is not that the disease, also known as Hansen's disease, can't be cured. It can. But rather the stigma the disease still carries in many underdeveloped countries hinders her work.

"Leprosy is a form of tuberculosis," Rubaie explains. "It attacks the nerve system, which causes the deformity. With proper medical treatment it can be arrested. But the stigma is so strong, often when it is known that someone has the disease, everyone shunshin or her, including family."

As a result, Rubaie said, many people who realize that they have the disease don't seek the treatment because they are afraid of the social consequences.

"We can cure leprosy," said Rubaie. "But we can't undo the damage done by the disease

before treatment is sought."

Rubaie, who attended St. Bridget's and St. Florian's in Detroit, got her job with P.I.M.E. in high school. The ninth child of a family of 10, her older sister Mary Ellen Barum had a job with P.I.M.E., and while Rubaie was attending high school at St. Florian's, her sister got Rubaie a job as a typist with the group. That was in 1970.

"While I came from a family

POINTER OF INTEREST

of 10 children, three of my older sisters were already married and had kids of their own when I was born," said Rubaie. "Because St. Florian's was far from my parents' house, I moved in with my aunt Helen, who lived near the school. So during high school I lived with my aunt and my sister Mary

she accepted it.

"We're a small organization, with only 12 employees," Rubaie said. "But we get visitors from all over the world. The priests and nuns who work in the missions have become my very good friends. The stories they tell are very interesting. I can't say that I've made a lot of money doing this job. People who do this don't. But the rewards you reap in your heart are great."

Rubaie also works part-time at Jacobson's in the Village.

"I've been single most of my life," said Rubaie. "I was in my 40s and didn't expect to get married. But a friend asked to see a friend of a friend in Ann Arbor. I was taking care of my aunt, Helen Barum, who had Alzheimer's and my life was very full."

But much to Rubaie's surprise, she and her blind date Samir hit it off. That was in 1992 and they've been together since then.

"It's funny, but my husband had been married before," said Rubaie. "When the marriage ended, he decided he didn't want to be married again. Here we were, two people with no plans to get married and we got married. To top it off, he's a practicing Muslim and I'm a practicing Catholic."

One of the things that

impressed Rubaie during the courtship phase of her relationship with her husband was how he interacted with her aunt Helen.

"She had Alzheimer's during the last few years of her life," Rubaie said. "Samir was really great with her. He would feed her and help out."

Many people, including some of the priests she knows, have questioned whether a couple with their differences could have a marriage, Rubaie said. But by respecting each other's differences, they made it work.

"My husband gets along great with the priests," said Rubaie. "He was educated by Jesuits in Iraq, where he's from."

The couple recently attended a meeting in Ann Arbor, where Bishop Gumbleton talked about U.S. policy in Iraq.

"God has been good to me. Whenever I think I have troubles, I get reminded of people who have real problems,"

Rubaie said. "I've had two people who meant the world to me die in my arms. After that I decided to make every day count and not to waste time. I have a good life. When I see pictures of the people who receive help from the P.I.M.E. hospitals I know how lucky I am."



P.I.M.E. headquarters, near the main campus of U-D Mercy in Detroit, is home to a large collection of art from around the world brought to the office by priests and other missionaries who have worked at P.I.M.E.'s 13 leper colonies. Barbara Rubaie shows off some art brought over from Asia.

Programs help low-income consumers help with phone bills

By the Federal Communications Commission

There are two special programs aimed at assisting eligible low-income consumers with their telephone bills.

One helps consumers with telephone connection fees and the other with monthly bills.

The programs are called "Lifeline" and "Link-Up" and information about them can be obtained from your local phone company and state utilities commission.

The Lifeline program provides between \$3.50 and \$7 per month to assist with monthly charges.

The amount will vary depending on decisions made by the state commission, such as whether to provide state support.

But eligible low-income consumers will receive at least a \$3.50 reduction on their telephone bill from the federal universal service support program.

The reduction applies only to

a single phone line at the qualifying consumers' principal place of residence.

To qualify for Lifeline in states that provide state support, a consumer must meet the certain criteria established by the state commission.

In states that do not provide state support, to be eligible a consumer must participate in one of these programs: Medicaid, food stamps, Social Security Income, federal public housing assistance or the Low-Income Home Energy Assistance Program.

All qualifying consumers are eligible for single party service, access to emergency services, operator and directory assistance and free toll limitation services, if the carrier is capa-

ble of providing those services.

Toll limitation includes toll blocking, which prevents the placement of any long-distance calls, and toll control, which limits the amount of long-distance calls to a dollar amount by the consumer.

Carriers providing Lifeline may not collect a service deposit in order to initiate Lifeline service if the qualifying low-income consumer voluntarily elects toll blocking.

The other program, Link-Up, offers eligible low-income consumers:

- A reduction in the local telephone company's charges for starting service (the reduction is one-half of the telephone company's charge or \$30,

whichever is less);

- Deferred payments with no interest on charges for starting service.

Link-Up does not reduce or eliminate any permissible security deposits.

The Link-Up reduction applies to a single telephone line at the eligible consumer's principal place of residence.

Consumer qualifications for Link-Up are the same as for Lifeline. Consumers should check with their state to see what they qualify for.

For more information, write the FCC Office of Public Affairs, Public Service Division, 1919 M Street NW, Room 254, Washington, D.C. 20554.



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*Annual Percentage Rate (APR) and interest rates are accurate as of 1/14/98 and apply only to new accounts opened with new money. New money is defined as money currently deposited into the account. APRs and interest rates are based on the charge amount for the 13-Week Treasury Bill. The interest rate for the portion of the balance above \$5,000 is tied to the weekly average of overnight Federal Funds. Rate and interest may fluctuate. Cash Management Checking account is subject to the portion of the balance below \$5,000 is tied to the 13-Week Treasury Bill rate less not more than 5%. As of 1/14/98 this interest rate is set at 4.75%. The APR is 4.75%. Fees may vary. The interest rate for the portion of the balance that is \$100,000 or more will be tied to the 13-Week Treasury Bill weekly average and will not exceed 5.75%. As of 1/14/98 the interest rate for this tier is set at 5.60%. The APR is 5.75%. The interest rate for the portion of the balance that is \$25,000 or more but less than \$100,000 is tied to the 13-Week Treasury Bill weekly average and will not exceed 5.25%. As of 1/14/98 the interest rate for this tier is set at 5.25%. The APR is 5.25%. Equal Housing Lender. © 1998 First of America Bank Corporation.

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American tragedy

Charles Kuralt called it the saddest place in America.

Sadder than Antietam, where more than 26,000 Union and Confederate casualties mark Sept. 17, 1862, as the bloodiest day in America's history.

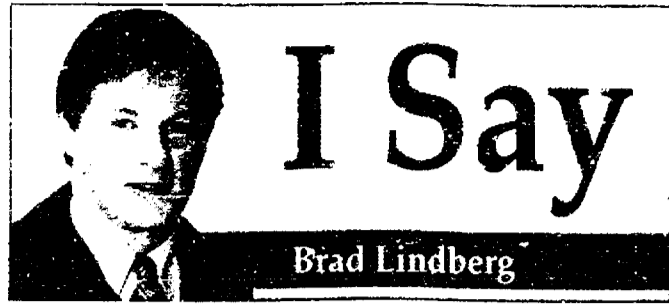
Sadder than the USS Arizona, where 900 American sailors still lie entombed within the battleship, rusting and oozing fuel oil in the muck at the bottom of Pearl Harbor.

Kuralt said the saddest place in America was the site of a

battle during the Sioux Indian Wars on the banks of the Little Big Horn River. The battle is chiefly remembered owing to the flamboyant Gen. George Custer's "last stand."

Kuralt didn't bestow the hillside with any special distinction because the Army lost the fight. More than 260 soldiers of the 7th Cavalry died on the prairie in late June 1876, just a few days short of our nation's Centennial.

Kuralt was saddened because, he said, Custer's courage led to defeat, while Crazy Horse's victory only sealed the fate of the Sioux and the Cheyenne at Wounded Knee. The ambitions of both men caused their destruction.



It's not often that anyone gets a chance to lock horns with Charles Kuralt. But he was wrong.

The saddest place in America is a lot closer than a hillside in southern Montana where Custer's recklessness cost the lives of his men.

The saddest place in America

is just a few miles away from where you're reading this newspaper.

Earlier this month, members of a Detroit family died because their home caught fire and they couldn't escape the flames. The fire department was unable to enter the house to save them.

Fearing crime, the family had secured their doors and windows with the type of steel security bars specifically designed to defeat crowbars and axes, even those in the hands of saviors.

You've seen the ads. "Home security doors bar criminals from entering your home. Fashionable yet effective." Or maybe you haven't.

There's not much need for people in the Pointes to encase themselves in wrought iron. We don't have the crime problem. Between an orderly citizenry and police departments that put a premium on stopping crime before it starts, we're doing all right.

Some people aren't so fortun-

nate. When they leave their home to go to work, when they go to the grocery store or mall, they clearly fear for their property. When at home they fear for something more immediate.

Facing the threat of crime, their experience has taught them that security means encasing their homes and loved ones in a cell. The risk of being shut off from help or escape must evidently be accepted.

What we have is a turnaround situation that boggles the mind.

We have people enclosing themselves in cages like animals while the streets are surrendered to the punks.

Grosse Pointe News

February 19, 1998, Page 7A

The Op-Ed Page



SCIENTISTS DISCOVER AN ENZYME TO STOP AGING -- WHAT CONSEQUENCES AMNT? ...



fyi

Moon babies?

It sounded just strange enough to be true, and FYI had to check it out: the rumor that, last month during a full moon, the maternity ward of one of the Pointe's hospitals was jammed with newborn babies — the result of a recurring phenomenon said to happen just about every lunar cycle of 29 1/2 days.



Ken Eatherly

This month's full moon was around Feb. 11 — did we get another baby boom?

Yep. "It's cyclical," said Renay Gaglear, a clinical nurse specialist who works in the birthing units at both Bon Secours and Cottage hospitals. "In my opinion, it really happens."

"Nobody really knows just why women go into labor when they do," she said. "We've also seen more deliveries when the barometer drops."

"All I know is, we were really busy last week," said an aide in Bon Secours' Birthcare Center, "around the time of the full moon."

"We're generally busy right before or around the full moon," said Jackie Mickle, charge nurse in the St. John Hospital Birthing Center, where FYI noted an impressive 31 "birthing suites."

It was Monday the 16th, and most of the rooms looked empty.

"We're at a low right now, but we were really busy Wednesday and Thursday," she said.

Wednesday of last week, the moon was full.

A true story of the supernatural, or just an old midwife's tale?

"I never noticed any change (in the number of births)," says longtime Pointe Ob-Gyn doctor John Bradfield, with 30 years in the baby business before he closed his office in the Woods. "It's an old story, but I don't know of any scientific basis for it."

Delphine resurfaces

FYI last informed Pointe historic shipwatchers that the 1921 steam yacht Delphine, formerly owned by Mrs. Horace Dodge and docked at her Rose Terrace, was bound for repair in a shipyard in Marseilles, France.

The President Clinton dilemma — heading down the homestretch

By Victor Bloom, MD

As things are beginning to sort out, it seems to be a political war. President Clinton adviser James Carville was right. Many people remember the new beginning of the left-right war, when Bork was "Borked" and denied a piece on the Supreme Court.



Dr. Victor Bloom

The powers that be did not want another conservative in the court, fearing reversal of the Roe v. Wade decision. They succeeded with Bork, but failed to stop Clarence Thomas from being appointed, and that was in spite of his not having a reputation as a scholar, but instead having a reputation, given by professor Anita Hill, that Thomas was a sexual harasser. She stored her resentment for vulgar remarks for a decade, and then let them loose on her former boss, who she always praised, and on whose coattails she rose to prominence.

Now the left-right, Democrat-Republican, liberal-conservative wings have polarized again. Given the massive media coverage, the liberals line up behind Clinton, believing Starr to be heading a "right-wing conspiracy." And the conservatives, especially those who read and trust the Wall Street Journal, have more than enough food for thought to consider Bill Clinton a sleaze, a scoundrel, a liar, a womanizer. They wonder, where is the women's movement now?

The liberals call this media blitz a frenzy of unsupported allegations from spurious and unreliable sources — mere hearsay, no facts. Facts can only, according to them, come out in open trial with a jury, which will examine them and come to a decision.

The "jury" of media-watchers is not evenly divided. Clinton has the highest approval ratings ever, which seems to be a paradox. The high ratings are undoubtedly due to the stable and improving economy, which conservatives say is the long-term effect of Reagan's "trickle-

down" philosophy, which took a couple of decades to work. But the present president gets the credit. So the folks support and defend him, which is only natural.

I imagine, too, that most Americans feel flawed. Nobody is perfect. We are only human. So we can identify, at least somewhat, with the beleaguered president. Many of us could not run for office because investigation into our past might reveal errors of judgment that could be considered as making one unworthy for public office, untrustworthy to make intelligent, rational and creative decisions on weighty matters.

Many of us feel that if we have an impossible standard for world leaders, nobody could lead the nation. It is well known that most presidents have done immoral things. But it used to be that they were more discreet and the newspaper reporters more kind.

But media and technology are getting to the point where privacy is lost and anyone's life can be investigated in minute detail. So many Americans think, what if that were me? I would not like the special investigator to come at me like the grand inquisitor. We cherish our privacy and the Bill of Rights, which guarantees it.

On the other hand, the reporters cite the First Amendment and the "public's right to know." Never before has there been such a clear conflict between the right to privacy and the public's right to know. Some may argue that the public has a right to know about figures in high office, because they are role models and have great responsibilities. At the same time, public offi-

cial are fallible human beings.

It is argued that we don't need to know about a president's private life. Whatever happens (between consenting adults) behind closed doors is nobody's business. Allegations of sexual peccadilloes are only that. There is no evidence or proof, and so, despite the extent of allegations over the years, none have been proven, and so we must consider Clinton innocent.

My legal resource tells me that if Clinton is charged with perjury in a civil case, it will be the first time in years, if not American history. It just isn't done. We must remember that the Paula Jones suit is a civil action, not criminal, but Ken Starr and his prosecutorial staff are homing in on hapless Bill Clinton as if he were a criminal. Maybe they feel he is a criminal, having successfully prosecuted many of his former associates and, for some, the death of Vincent Foster is still an open question.

We can only hope that after all this outpouring of allegation and denial, the public will soon have the benefit of judging the case on facts, rather than allegations.

Dr. Bloom is clinical associate professor of psychiatry, Wayne State University School of Medicine, and member of the American Academy of Psychoanalysis. He welcomes comments at vbloom@compuserve.com and visitors at factotem.com/vbloom.

Letters welcome

The Grosse Pointe News welcomes your Letters to the Editor. All letters should be typed, double-spaced, signed and limited to 250 words. Longer letters will be edited for length and all letters are subject to editing for content. Include a daytime phone number for verification or questions.

The deadline for letters is 3 p.m. Monday.

Send letters to Editor, Grosse Pointe News, 96 Kercheval, Grosse Pointe Farms, Mich. 48236; or fax them to (313) 882-1585. Letters may also be e-mailed to: jmanis@grossepointenews.com

Pointe plates

More great personal plates spotted on cars around the Pointes:

ANTIQR, red Grand Cherokee in the lot in Patterson Park.
CARISMA, green Explorer on Hampton near Barrington.
CASHMGR, money-green VW Jetta on Baifour in the Park.
DAYCARE, gold Volvo 740 outside Jacobson's.
FLY NWA, gray Ford Tempo with a North West Airlines bumper sticker, in the Pointe Plaza lot.
GRLFRND, white sedan parked on Vernier near Mack.
PRIMEAU, green Dodge Shadow ES in the Park city offices lot.

Young at heart

It was senior's special \$5.25 dinner night just before Valentine's Day in the Henry Ford Cottage Hospital cafeteria and someone announced they were showing a movie for the over-55 crowd afterward: "Romantic Inns of France and Italy."

Flagging interest

Winter Olympics fever is flying high in the Park, where David Breitenbach's frequently changed display of flags mounted on twin poles at the Nottingham Arms Apartments now shows the five-ring Olympic banner and the big red circle of the Japanese rising sun. — But Coffee Grinder regular Jay Russell is having a bit of trouble tuning in to the Olympic spirit: "I tried catching it on TV last week," he says, "but all I saw was 35 minutes of commercials."

Got an FYI tip? Call Ken Eatherly at (313) 822-4091, or e-mail him at KSCD36A@PRODIGY.COM



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Retire out of state, but Michigan will be missed

February is a month when everyone begins to look forward to spring and summer. We have had enough of gray, leaden days and long frosty nights. Only the promise of cheery days ahead sustains us.

Unlike the do-little-stay-at-home days of winter, the arrival of spring and summer brings with it such joyous events as graduations, weddings and perhaps a new grandchild.

In addition to these happy events, there are those who are looking forward to a milestone in their personal life — retirement.

They will be leaving the work force and with it a way of life they have known for most of their adult years. Their days have been structured around their work hours. Work has been a source of their livelihood and a place where they have made many friends.

They have enjoyed the camaraderie and common interests that prevail among those who spend long hours together in the same office or in the same pursuits.

They will miss it, but they will also be relieved to leave behind the time clocks and the

pressures. Their life is now their own. They can relax now and enjoy their family and friends. They will have time to play golf, cards or spend hours pursuing a hobby. They can live wherever they choose whether it be in Florida where it never gets really cold or in a more invigorating part of the country where the seasons change with the prevailing winds.

There will be some considerations to ponder. Some retirees do not want to move away from their grandchildren or their friends, but there will be those for whom this will not be a problem because their families have already relocated because of their jobs and their friends because they have retired and moved away.

There are those who can't wait to move to a smaller community to escape the problems of big city living and there are others who want to stay because they enjoy the momentum and excitement of the city.

There are no common answers but if the decision has not already been made the uneventful days and nights of February provide ample time to think ahead and plan for that day when the options are

Prime Time



By Marian Trainor

City-oriented people will want to remain close to the good things that only a large metropolis offers.

They enjoy going to the major exhibits at the Detroit Institute of Arts, live theater at the Fisher, dance recitals at the Music Hall, opera at the beautiful Michigan Opera Theater and the many offerings at the Masonic Temple. They want to go to the events at the Joe Louis Arena and to the baseball and football games. They think it's pretty neat that we can go international by crossing over to Windsor. Once there they take pride in looking across the river at Detroit's skyline. They are truly city people at heart. They treasure the city for what it offers and they have faith that in time it will solve its

problems. Another option open to retirees who enjoy the cultural advantages of a big city but would rather live away from its environs is retiring to a college town.

Many of the college activities are open to the general public there. They include series of plays, concerts, ballets and to hear performances by visiting artists and touring companies. State universities are usually liberal also in the extent to which they open their educational facilities to towns' people. State residents are entitled not only to use the library for reference but also to consult faculty members who are experts in horticulture, home economics and other practical subjects.

Beyond these pluses, college towns are usually well run

because college faculty members demand excellent parks, libraries, museums and adult education programs. Medical and dental care are good because of the need to train students in the best medical and research facilities.

Perhaps travel is high on your agenda. If so, why not spend some time traveling about the state? You will have fun scouting the areas and even if you decide to locate elsewhere, you will have some memorable sights to recall.

If you are water-oriented and most people who have lived around the Great Lakes are, there are 11,000 inland lakes and 100 miles of Great Lakes shoreline to explore. There are 67 harbors of refuge around the state offering launching and boating anchorage for pleasure boaters. There are another 1,000 public boat launching sites around the state for Michigan pleasure boat fleets.

Every lake area has activities such as Venetian boat parades, boat races and waterfront art exhibits. There are salmon derbies which follow game fish up the shores of

Lake Michigan and Huron. But Michigan has much to offer besides its lakes and beaches.

In order to really appreciate the diversity of what the state has to offer, it should be traveled at different seasons of the year but particularly in the fall when the trees burst forth in glorious colors. Its forests become aglow with brilliant red, bright oranges, waxy yellows and soft pastels as the trees change from faded green to burnished beauty.

Whether you decide to stay in Michigan or decide to settle in Florida, Arizona or any other retirement area, the sights you see as you travel about the state will remain in your memory.

As you wake up to each predictable day, perhaps you will think of the first soft snowflakes drifting over the city streets and little towns back home in the Wolverine State.

You will miss the freshness of spring breezes, the blazing, brazen display of fall colors and even the solitude and time for reflection the long winter nights afford.

U.S. Post Office ensures customer safety

You may have noticed the white and red signs on every federal mail box and the blue and white signs on post office lobby mail slots, but have you read them carefully? These signs warn customers about what the U.S. Post Office calls "target mail."

The post office wants to inform customers of guidelines for mailing parcels that would be classified as target mail. Target mail is identified as mail which should never be

allowed on an airplane. The program was created to ensure customer safety and to meet Federal Aviation Administration regulations.

Mail which is considered to be target mail is:

- All first class or priority parcel packages weighing more than 16 ounces.
- Domestic stamped mail, international stamped or metered mail that is found in

collection boxes, on docks or in lobbies.

Mail that is stamped must have been round dated at the post office before it can be sent by air. All mail that is labeled target mail and is addressed out-of-state will not be delivered.

It will be returned to the customer via surface transportation. This mail will still be shipped if the customer brings it into the post office and hands it directly to the clerk for round

dating or to the delivery carrier.

Mail which is labeled target mail and addressed in-state will be delivered by surface only. In-state target mail still will not be allowed on an airplane.

Face-to-face verification will eliminate mail being returned to the customer, and ensure the best possible customer service.

For more information, call Kim Goode at (313) 226-8708.

Senior Men's Club will meet on Feb. 24

The Senior Men's Club of Grosse Pointe meets on Tuesday, Feb. 24 at the Grosse

Pointe War Memorial. Lunch will be served at 11:15 a.m.

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Dr. John C. Dann

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NOTICE OF PUBLIC HEARING

The Committee on Health and Human Services will hold a public hearing on an ordinance to establish environmental health standards for the conduct of body arts procedures, to regulate the establishment and practice of body arts services; to authorize the environmental health division to enforce these standards and regulations by inspection, licensing of practitioners and permitting for body art establishments; to provide for suspension and revocation of licenses and permits; and to provide for misdemeanor and civic infraction penalties for violations of certain requirements and prohibitions of this ordinance.

The meeting will be held:
THURSDAY, FEBRUARY 26, 1998,
10:00 a.m.
Wayne County Commission,
Hearing Room 402,
600 Randolph
Detroit, Michigan 48226

You may direct any questions to the Commission Clerk's Office, 406 Wayne County Building, 600 Randolph, Detroit, MI, 48226. (313) 224-4965.

The speaker will be John C. Dann, professor of history at the University of Michigan. Dann has been director of the Clements Library at the

Dann's publications include "The Revolution Remembered, Eyewitness Accounts of the War for Independence" (1980); "The Nagle Journal" (1989);

Dann's speech is titled: "Clements Library — Treasure House of American History"

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**William Joseph
Curtiss Sr. D.D.S.**

A funeral Mass was celebrated in Our Lady Star of the Sea Catholic Church in Grosse Pointe Woods on Thursday, Feb. 12, for former Grosse Pointe Shores resident William Joseph Curtiss Sr., D.D.S., who died in Fort Gratiot on Tuesday, Feb. 10, 1998.

Dr. Curtiss, 84, was born in Detroit and received his undergraduate degree from the University of Detroit. He received his degree in dentistry from Marquette Dental School in Milwaukee and maintained a practice in St. Clair Shores during the 1950s and 1960s.

He was a first lieutenant in the U.S. Army during World War II. Dr. Curtiss enjoyed fishing.

Dr. Curtiss is survived by a daughter, Cynthia Barthel; a son, William J. Curtiss Jr., D.D.S.; two sisters, Emily Herrick and Sylvia Felix; five grandchildren; and two great-grandchildren. He was predeceased by his wife, Elinor.

Interment is at Resurrection Cemetery in Clinton Township. Funeral arrangements were handled by the Wujek-Calcaterra & Sons of Sterling Heights.

Memorial contributions may be made to the American Cancer Society or to the American Heart Association.

**Audrey D.
VerCruyse**

A memorial service will be held at a later date for former Grosse Pointe Farms resident Audrey D. VerCruyse, who died in Boca Raton, Fla., on Wednesday, Dec. 31, 1997, of complications from lung cancer.

Mrs. VerCruyse, 72, was born in Windsor, Ontario, and graduated from Eastern Detroit High School in 1944.

Mrs. VerCruyse is survived by a sister, Charlene Brennan Zielinski; a brother, Robert Brennan; three nieces; and two nephews.

Harold Ream

Private funeral services were recently held in Pennsylvania for former Grosse Pointe Woods resident Harold Ream, who died in the Georgian East Nursing home in St. Clair Shores on Sunday, Feb. 15, 1998.

Mr. Ream, 94, was born in Charleroi, Pa., and graduated from Belle Vernon High School in Belle Vernon, Pa. He worked as a supervisor in the Allen Port, Pa., steel works for Pittsburgh Steel. He was also a self-employed insurance agent.

An avid golfer, Mr. Ream also was a 32nd degree Mason and was a member of the Lions Club International.

Mr. Ream is survived by his wife of 67 years, Mildred; a daughter, Lynda K. Wilhelm; two sons, Robert and Harold; four grandchildren; and eight great-grandchildren.

Funeral arrangements were handled by the Chas. Verheyden Funeral Home in Grosse Pointe Park.

Memorial contributions may be made to the Roscoe Methodist Church, Roscoe, Pa., 15477.

Laurence E. Russell

A memorial service will be held in St. Mark's Lutheran Church in Encinitas, Calif., on Friday, Feb. 20, for former Grosse Pointe Woods resident Laurence E. Russell, who died in the Hospice-by-the-Sea in Rancho Santa Fe, Calif., on Saturday, Feb. 14, 1998.

Mr. Russell, 89, was born in Cortland, N.Y., and was a two-time graduate of Wayne State University. He received his bachelor of science in 1931 and his master's in education in 1936. He lettered in football, captaining the team in 1930.

A teacher of physical education at the school from 1938-1945, Mr. Russell was named men's golf coach, a position he held for 25 years. In 1988, he was inducted into the Wayne State University Athletic Hall of Fame.

An active man, Mr. Russell, in addition to golfing, enjoyed playing bridge and traveling.

Mr. Russell is survived by his wife, Dorothy; a daughter, Linda Wierzbicki; a son,

George Russell; a step-daughter, Sue Dhooze Evert; a step son, Victor Dhooze; a sister, Mildred Russell; eight grandchildren; five step-grandchildren; and one great-grandchild. He was predeceased by his wife, Anne Herman in 1975.

Memorial contributions may be made to the Wayne State University Department of Athletics, 5474 Woodward, Detroit, Mich., 48202.



Julie Ann Stanczyk

Julie Ann Stanczyk

A funeral Mass was celebrated in St. Columban Catholic Church in Birmingham on Wednesday, Feb. 11, for former City of Grosse Pointe resident Julie Ann Stanczyk, who died

of complications from seizure disorder in St. Colletta's School in Jefferson, Wis., on Sunday, Feb. 8, 1998, just 20 days before her 30th birthday.

Miss Stanczyk was born in Detroit and was known for her friendliness. She was determined not to let the seizure disorder of which she suffered since the age of 2, quiet her spirit. A fan of music, Miss Stanczyk enjoyed the songs of the Monkees.

Miss Stanczyk is survived by her parents, Bill Stanczyk and Joan Maguire; four sisters, Laura, Jenny, Aimee and Susie; three brothers, Matthew, Daniel and Gregory; grandparents, Melanie and James McAleer; her step-mother, Betty Stanczyk; and her step-father, Bill Kellogg.

Interment is at Holy Sepulchre Cemetery in Southfield. Funeral arrangements were handled by the A.H. Desmond and Sons Funeral Home in Royal Oak. Memorial contributions may be made to St. Colletta's School, Jefferson, Wis., 53549.

**Catherine V.
McFadyen**

A funeral Mass was celebrated on Friday, Feb. 13, in St. Ambrose Catholic Church in Grosse Pointe Park for former Park resident Catherine V. McFadyen, who died in the

Medilodge of Sterling Heights on Tuesday, Feb. 10, 1998.

Mrs. McFadyen, 97, was born in Scotland. She was a member of several local organizations, including the Third Order of St. Francis, the Grace Lutheran Church Seniors group, the St. Ambrose Altar Society and the St. Margaret of Scotland Guild.

Mrs. McFadyen is survived by her son, Fred J. McFadyen; two sisters, Mary Goff and Helen Gallagher; seven grandchildren; and 12 great-grandchildren.

Interment is at Mount Olivet Cemetery in Detroit. Funeral arrangements were handled by the Chas. Verheyden Funeral Home of Grosse Pointe Park.

Samuel J. Torina

A funeral Mass was celebrated in Saints Peter & Paul Jesuit Church in Detroit on Monday, Feb. 16, for Grosse Pointe Shores resident Samuel J. Torina, who died in the St. John-Bon Secours Senior Community facility in Detroit on Thursday, Feb. 12, 1998.

Mr. Torina, 84, was born in Memphis, Tenn., and was a graduate of the University of Detroit High School, University of Detroit and the University of Detroit Law School.

A member of the Coast Guard during World War II,

Mr. Torina was a member of the Judge Advocate's staff in San Francisco. After the war, he returned to Detroit and went into private practice, where he stayed until 1952 when he joined the staff of the Wayne County Prosecutor's Office.

In 1958 Mr. Torina was appointed Solicitor General of the State of Michigan, a position he held until 1964. During that time he argued many precedent-setting cases before the Michigan Supreme Court, the U.S. Federal Court of Appeals and the U.S. Supreme Court. One of the cases he argued was against Grosse Pointe's infamous "point system" real estate practice.

Mr. Torina also was involved in major cases, including the redistricting of the state Legislature, and a U.S. Supreme Court case brought against Chicago by a coalition of Great Lake states opposing the displacement of water used by the Chicago Water Board.

When he returned to Detroit he became chief of the Wayne County Prosecutor's appeals division and later was head of the Appeals Division of the Wayne County Corporation Counsel and served on the faculty of the University of Detroit Law School.

A spiritual man, Mr. Torina was involved in many Catholic

organizations, including the Knights of Columbus and the Capuchin Monastery. He was a member of the St. Charles Montefalco Ushers Club and helped found the Catholic Worker and the St. Thomas More Association, as well as the Catholic Lawyers.

He also served as a board member of the University of Detroit Jesuit High School Alumni Association and was legal counsel for Cardinal Dearden and the Archdiocese of Detroit. Mr. Torina also supported several Italian cultural organizations, including the Italian American Lawyers Association and Boystown of Italy.

He was a founding member of Friends of the Opera and the Amicus Club.

An avid reader, Mr. Torina was very proud of his library.

Mr. Torina is survived by his sister, Catherine; his brothers, Oscar and Joseph; his nephews, the Rev. Ronald Torina, S.J., Michael and Richard Torina; his nieces, Marilyn McCormick, Kathleen Murphy and Gina Fox; and eight grandnieces and grand-nephews.

Interment is at Resurrection Cemetery in Clinton Township.

Memorial contributions may be made to the University of Detroit Jesuit High School Scholarship Fund, 4800 South Cambridge, Detroit, Mich.

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Grosse Pointe Academy eighth graders, from left to right, Robert Young, Julie Keersmaekers and Benjamin Houston, won first, third, and second place, respectively, in the 29th annual "American & Me" essay competition.

Academy students excel in essay competition

Three Grosse Pointe Academy eighth grade students have been named local winners in the 29th American & Me Essay Contest, sponsored by Farm Bureau Insurance.

Robert Young earned a first place award, Benjamin Houston earned a second place award, and Julie Keersmaekers finished with a third place award. All three received award certificates for their achievement. As the Academy's first place winner Robert's name will also be engraved on a plaque for permanent display in school.

Several thousand eighth grade students from nearly 380 Michigan schools participated in the 1997-98 America

& Me Essay Contest.

The topic of the 1997-98 contest was "How My Community Inspires Me To Become a Better American."

Young's first place essay now advances to the state-level competition, from which the top 10 essays in Michigan will be selected. The top 10 statewide winners, who will be announced in April, will receive plaques and U.S. Savings bonds valued from \$500 to \$1,000. In addition, the top 10 essayists will be honored at a banquet in Lansing, meet with Michigan's top governmental leaders and be the featured guests at a Lansing Lugnuts minor league baseball game dedicated in their honor.

A team of finalist judges that include top governmental leaders will determine the ranking of the top 10 statewide winners.

Started in 1968, and open to all Michigan eighth grade students, the American & Me Contest encourages Michigan youngsters to explore their roles in America's future. As a sponsor of the contest, Farm Bureau Insurance has earned 11 national awards from the Freedom Foundation at Valley Forge.

The Grosse Pointe Academy is an award-winning, independent, co-educational elementary school serving children of southeastern Michigan ages 2 1/2 through the eighth grade.



Superior

University Liggett School students, from left, Elizabeth Ralstrom, Melanice Brookins and Sherina Sharpe earned "superior" ratings in the Michigan Vocal Music Association's district solo and ensemble festival on Feb. 7 at Oakland University. They joined more than 1,000 other students from Michigan in the festival.

G.P. South choir students compete Feb. 28 in Indiana

Grosse Pointe South High School's show choir, The Pointe Singers, will travel to Mooresville High School in Mooresville, Indiana to compete in the sixth annual Spotlights Invitational Show Choir competition on Saturday, Feb. 28.

The Pointe Singers will be performing the group's competition show, competing against many of the best high school show choirs in Indiana, Illinois, Ohio, Michigan, and Wisconsin.

Competition among large mixed choirs, small mixed choirs, and

ladies' choirs will begin at 8:15 a.m. and continue throughout the morning and afternoon.

Solo performers also will be competing throughout the day.

Announcement of the finalists for the evening competition and awards will be given at the end of the afternoon session at approximately 5 p.m.

Evening competition will begin at 7 p.m.

Entry fees are \$6 for either the daytime or nighttime competition, or \$10 for both show.

Students excell at regional competition

Choir students enrolled at Grosse Pointe South High School who comprise various performing groups — The Pointe Singers, South Singers, Women of Pointe Singers, and Women's Choir ensemble — all received first division ratings at the solo and ensemble regional competition on Saturday, Feb. 7. They will also compete at the state-level competition in April.

Soloists receiving II ratings were Thia Penta, Katie Davis, Meredith Zielke, Tim Malefy, Elizabeth Barrett, Erin Noethen, Madeline Murawski, Caitlin Fitzgerald, Dan Augustine, Scott Kefgen, Emily Alber, Kristine Spaulding, Clint Zugel, Justin Uno, Laura Berman, Brigid Molloy, Christy Johnson, Megan Mullinger, Kate Burns and the Quarter Tones.

Soloists receiving I ratings and qualifying to participate in the state-level competition are: Claire Molloy, Marcy Richardson, a duet by Molloy and Richardson, Saran Dale, Amanda Lindow, Kate Dalbec, Jessica Bigelow, Jeniece Pettitt, Marco Maceri, Mario Tocco, Alexander Heinen, Patrick Healy, Erin Diamantides, Jamie Gates, Christine Rutok, Angelina Butalini, Aarianna Connor, Lindsey Pettitt, Jessica Ilichon, Trevor Harris, Chris Diamantides, Candice Pennefather, Patrick Livingston, Maria Simon, Brad Eberidge, Elizabeth Hempstead, Katy Lenz, Nick Kuhl, Kate Dalbec, Elizabeth Cronin, Sloane Artis, Kathy Ball, Leo Nouhan, Caitlin Shapiro.

Each ensemble has 16 members, allowing 80 students to qualify for state-level competition, as well as the above 34 soloists.

The choir's music teacher is Ellen J. Bowen. Private voice instructors are Sharon Babcock, Jennifer Fitch, and Marie Brown, all Grosse Pointe residents. Roma Fidocil, a former Grosse Pointe Farms resident, returned from Atlanta to run certain classes for South students who are preparing for the state-level competition and/or auditions for college.

Dancing with Daddy

St. Clare of Montefalco PTO is holding its fifth annual Daddy-Daughter Dance on Saturday, Feb. 28 at 6:30 p.m. in the social hall of St. Clare of Montefalco church. Tickets are \$15 per couple, and \$7 for additional daughters. Dads and daughters of all ages are welcome. Also, uncles, grandpas, brothers, or any substitute dads are welcome. A light dinner and dessert will be provided, along with special prices including American Girl merchandise. Shown here are Derek and Nico's Stratelak enjoying last year's dance.

For ticket information for this year's dance, call Debbie at (313) 886-7360.



Opera leader speaks at library about upcoming season

Karen DiChiera, director of the Department of Community Programs for the Michigan Opera Theatre, will preview the 1998 Spring Season of Michigan Opera Theatre (MOT), speaking Thursday, March 5, at 7:30 p.m. at the Central Branch of the Grosse Pointe Public Library, located at 10 Kercheval, Grosse Pointe Farms.

MOT will present Jules Massenet's "Manon" in April, Donizetti's "The Elixir of Love" in May, and conclude the season with George Gershwin's "Porgy & Bess" in June.

The MOT is celebrating its second full season of staging

its programs at the historic and opulent Detroit Opera House building located in downtown Detroit. The opera house underwent considerable renovation. The MOT headquarters is located at 104 Lothrop in Detroit. The Detroit Opera House is located at 1526

Broadwaybetween Madison and John R.

Although the program hosted by DiChiera is free and open to the public, seating is limited. Thus, registration is encouraged; to register for this event, or for more information, call (313) 643-2074, ext. 220.

Open enrollment at St. Clare Cooperative

St. Clare Cooperative Nursery School begins open enrollment for the 1998-1999 school year on March 1.

Classes are held on Monday, Wednesday and Friday, from 8:35-11:15 a.m. for 4-year-olds.

Classes for 3-year-olds are held on Tuesday and Thursday, from 8:45-11:15 a.m.

An open house will be held on Sunday, March 15, from 1-3 p.m. in the school, which is located at 16321 Charlevoix in Grosse Pointe Park.

For more information, call Coleen Sylvain at (313) 640-0662 to obtain registration forms.

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ADOLESCENT EXPERT OFFERS WORKSHOP

Anne O'Connor, MA, LLP will begin an eight week workshop for adolescent females from 7:30-8:45 Thursday evenings starting March 5, 1998, at 377 Fisher Rd., suite C-2, in Grosse Pointe.

The workshop, "Identity Crisis: Adolescent Girls and the Media", will focus on the mixed messages that our young women receive from the media that surrounds them, their parents who love them, and their own inner voice most often heard or ignored. Today's young women will need different tools than their own mothers had in order to successfully move through the adolescent developmental stage intact and self confident enough to be able to accomplish the necessary goals that are the work of this stage.

Ms. O'Connor, a psychotherapist in the Grosse Pointe area, is a pioneer in addressing the female adolescent issues that though, to some extent are shared by their male counterparts, to a much greater extent they are unique to the female adolescent. Come and join this interesting workshop! You'll will not be disappointed. Each session cost, \$25 and pre-registration is required.

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Perfect ACT places student as candidate in national contest

Eric Hoffmann Bonten, son of Charles and Mary Bonten of Grosse Pointe Woods, and a graduating senior at Grosse Pointe North High School, has been named one of approximately 2,600 candidates in the 1998 Presidential Scholars Program.

The candidates were selected from more than 2.5 million students expected to graduate from U.S. high schools in 1998. Final selection will occur in May.

Bonten got a perfect score (a score of 36) on the ACT Assessment test, and has earned a 4.239 grade point average at North High School.

He has already been accepted for the next freshman class at Harvard University, and the honors college at University of Michigan and Michigan State University. He said he is still waiting to hear from Brown and Yale universities, and the University of Pennsylvania.

The 2,600 candidates were selected for their exceptional performance on either the College Board SAT or the ACT Assessment. Further consideration is based on students' essays, self-assessments, descriptions of activities, school recommendations, and school transcripts.

A distinguished panel of edu-



Eric Hoffmann Bonten

The commission will select one young man and one young woman from each state, the District of Columbia, Puerto Rico, and U.S. students living abroad; up to 20 students from the creative and performing arts; and 15 students at-large.

The commission invites these scholars to be honored for their accomplishments during the Presidential Scholars National Recognition Week, held in Washington, D.C., the second half of June.

As guests of the commission, the scholars meet with government officials, educators, authors, musicians, scientists, and other accomplished persons. They will visit the museums and monuments of the nation's capital and attend recitals, receptions and ceremonies in their honor.

A highlight of National Recognition Week is a ceremony sponsored by the White House. At this ceremony, the scholars are awarded the

Presidential Scholars medal.

The scholars identify the educators who have influenced them the most, and these educators are designated as Distinguished Teachers. The teachers are invited to Washington, D.C., and are honored at a special reception.

The United States Presidential Scholars Program was established in 1964, by executive order of the president, to recognize and honor our nation's most distinguished graduating high school seniors. During the past 34 years, this federal program has honored nearly 4,000 Presidential Scholars.

School briefs

Reunions

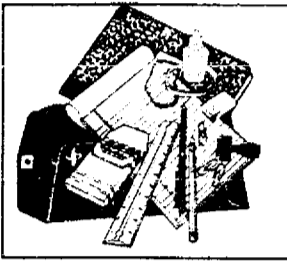
The Chadsey High School class of 1958 will have its 40th reunion on Friday, July 31, at the Nov-Hilton Hotel. Call Mike Poterala at (248) 548-4829 for more information.

Scholarships

Applications and instructions for Grosse Pointe South High School Mothers' Club scholarships are available in the Career Resource Center at South high through Friday, Feb. 27.

Each year the Mothers' Club sets aside a certain amount of its fundraising profits as scholarship money to be awarded to graduating seniors who apply and meet the financial and academic criteria.

In addition, various local organizations and memorial foundations award scholarships each year. These groups or individuals have requested that the Mothers' Club administer the application process and recommend



senior students as deserving candidates.

Scholarships offered this year include memorial scholarships awarded by the families of the following individuals: Jeffery R. Halso, Bradford J. Koenig, Alice Kelly McKee and Eric J. Rentenbach. Organizations offering scholarships are the Grosse Pointe South High Alumni Association, Grosse Pointe Rotary Club, Grosse Pointe Rotary Sunrise Club, Delta Kappa Gamma, Alpha Delta, Grosse Pointe Woman's Club and South Booster Club.

Scholarships range from \$250 to \$2,000 and are for one year.

Last year, 49 South seniors were awarded \$42,750 in scholarships. Completed applications must be submitted to the Career Resource Center by Feb. 27.

Questions can be directed to Kate Callas at (313) 499-2549.

cators will review these submissions and select 500 semifinalists in late March. Final selection of the scholars in May will be made by the White House Commission on Presidential Scholars, a group appointed by the president.



Photo by Duffy Ross

Dad's day

Larry Simon and his son Joseph enjoy a special evening together at University Liggett School's recent Fathers' Night program in the primary school, located on Cook Road in Grosse Pointe Woods.

Grosse Pointe Public School System Students of the Month for February, 1998

Safety:

Celia Mege, Defer, Johnno Ortisi, Michael VenBeek, Ferry; Sara Waldmeir, Elizabeth Buda, Kerby; Jessi Pogue, Maire; Ali Trost, Caitlin Embree, Mason; Brittney Cox, Trombly.

Service:

Stacey Ash, Defer; Don Thill, Ferry; Kristin Cole, Jessica DiVirgil, Kerby; Hilary Brodhead, Margaret Ferrara, Maire; Ben Gardner, Brian St. Hilaire, Mason; Colleen Quinn, Trombly.

Library:

Sarah Make, Britt Wedenoja, Defer; Angela Lee, Courtney Miller, Ferry; Drew Yavor, Kerby; Laura DeRush, Lindsay Tavery, Maire; Will Owen, Trombly.

(Library squad students assist the school librarian before class by shelving books, distributing audiovisual materials to teachers, etc.)

Students of the Month are those students with excellent attendance and dedication to their volunteer jobs.

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From mild-mannered reporter to ... Navigator Man!

The presidency, according to Teddy Roosevelt, is a "bully pulpit." So is the Lincoln Navigator.

ger cars. They block the view of drivers in parking lots and in heavy traffic. They are a throwback to the era of "insolent chariots."

equipped, our test vehicle stickered out at \$47,375.

How much do I love thee, Continental? Let me count the ways. First, the new Continental feels, looks and performs like a Lincoln should. Lincoln's front-wheel drive luxury sedan gets a bigger, bolder grille for 1998 and it is distinctive and attractive.

Its interior also has been re-done and includes an elegant analog clock instead of the usual digital. Its powerful twin-cam 4.6-liter 32-valve V-8 engine requires premium unleaded fuel, but is also very responsive. It drives the front wheels through a four-speed electronic overdrive automatic transmission.

As befits a luxury car, the Continental provides unparalleled comfort, solid handling and road feel, excellent engineering and attractive, conservative styling.

An interesting engineering feature of the '98 Continental is its multi-adjustable suspension, which offers a choice of firm, normal

and soft ride. You can actually feel the difference between the settings, not always true.

The instrument panel is very readable and attractive with electroluminescent gauges. Seats are comfortable and provide solid support and finish is first rate.

The exterior has clearly been influenced by the Mark VIII, with its sloping hood, front styling and bulging sides. I found the overall appearance stunning, a view not shared by everyone.

An optional Personal Security Package caters in a useful way to the current trend of paranoia in our society. It includes run-flat Michelin tires on special chrome alloy wheels, a garage

Autos

By Richard Wright



the road is powerful when you've mounted the high driver's seat of Lincoln's answer to the Hummer — in elegant civilian clothes, of course.

It shouldn't be that way. The Navigator is a most civilized vehicle, with boulevard ride, precise steering, enough performance for any situation. It is also tall and broad-shouldered, enough so that when a bad guy cuts you off getting on the freeway, the temptation is strong not to be mild-mannered and take it, but to head for the nearest phone booth and change into "Navigator Man."

We had a recent beauty-and-the-beast experience with Lincolns — a Continental followed by a Navigator. But in fact, the Navigator is beauty and beast all by itself.

There has been a lot of talk in the press recently about the soaring popularity of trucks and the entry of such luxury-car makers as Lincoln, Lexus, Mercedes-Benz and Cadillac into the sports-utility market.

They're a safety peril to drivers of smaller vehicles, critics say. They are environmentally incorrect, they guzzle gas and they are unnecessarily overweight. They are too expensive because the profit margin is much greater than on passen-

So, critics, what's your point? The fact is that Lincoln can't make these monsters fast enough to keep up with demand. The same is true of Mercedes-Benz and Lexus, and Cadillac hopes it still holds true when it gets its big off-road truck on the road.

What did I think? I was struck by the contrast between the Lincoln Continental, one of the more elegant luxury cars available, which was truly a pleasurable machine to live with, and the Navigator, which has many virtues, but not the ones I value.

Both Lincolns share certain features. They are both immediately identifiable by their bright toothy grilles which can outgrin Joe E. Brown (remember him). Some like these grilles, some don't. As a child of the chrome age, I do.

They also share a hefty price tag. Base price of the Continental is \$38,500, but with its optional equipment, which included a "RESCU package" worth \$2,225, personal security package for \$750 and power moonroof for \$1,515, the total list price of our test car came to \$44,820.

Base price of the Navigator, which is based on the Ford Expedition — no problem there — is \$43,300. As



The '98 Lincoln Continental is a very sophisticated luxury sedan.



The first Lincoln truck, the Navigator, is tall and broad-shouldered.

See AUTOS, page 13A

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Autos

From page 12A

door opener and a sophisticated global satellite rescue system. The tires are designed to travel up to 20 miles at 50 mph with no loss of steering if they go flat.

A new transmitter system can learn up to three garage and security system codes. The Remote Emergency Satellite Cellular Unit (RESCU) features two buttons in the overhead console. One links the driver to roadside assistance, the other to medical or law enforcement personnel.

The system transmits the Vehicle Identification Number of the car, as well as its location via a Global Positioning Satellite. The driver, or passengers, can use a telephone in the console to talk with operators who respond to the RESCU signal.

The '98 Lincoln Continental is equipped with standard anti-lock brakes and traction control system.

EPA mileage estimates are 17 mpg city/25 highway. We averaged about 20 in mostly city driving.

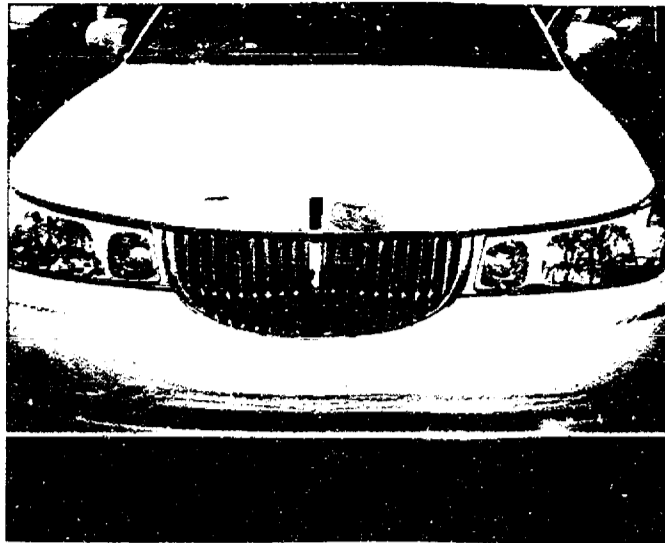
A feature I really liked about the Continental is that

the driver can program certain functions, such as whether you want your door locks to automatically lock when you put the car in gear. Automatic door locking is billed as a safety feature, although how it keeps you safe eludes me. I think it is much more likely to lock you out of your car when you are running errands.

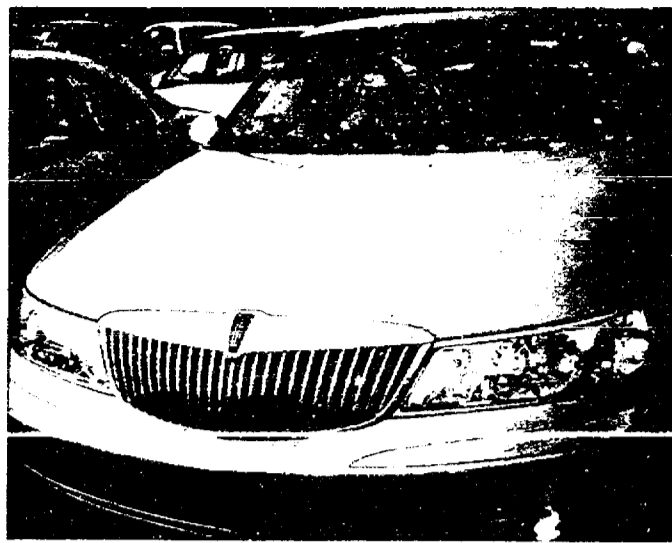
The Navigator was not as user friendly and it locked the doors whether you wanted it to or not. But trucks are not usually as friendly as luxury passenger cars and it is important to remember that the Navigator may be a Lincoln, but it is a truck — the first truck ever to carry the Lincoln marquee.

Based on the rightly popular Ford Expedition, this truck is powered by a 5.4-liter SOHC V-8 engine and features such upscale goodies as illuminated running boards, load-leveling air suspension and standard anti-lock brakes. It also has Lincoln's toothy grille.

Lincoln dealers lobbied hard to get the Navigator in order to penetrate the hottest segment of the new-vehicle market. Mercury got the Mountaineer last year based on the sales-leading Ford



The Lincoln grille has become a trademark. The '98 Town Car's grille has a center divider.



The '98 Continental does not have the thicker tooth right in the middle, a way to tell it apart from the Town Car.

Explorer, so the first Lincoln truck was based on the all-new Ford Expedition, an outstanding vehicle.

Lincoln dealerships do not attract people looking for small econoboxes. They don't want delicate beauty, they want a beast and the Navigator fills the bill.

The Navigator is equipped with a sophisticated V-8 engine that produces 230 hp, has a payload capacity of nearly two tons and can tow

8,000 pounds. With four-wheel drive, there is not much in the way of field and forest off-limits to the Navigator.

But are you really going to use a \$47,000 Lincoln to crash through the forest or haul manure? And for commuting and running errands, it logs in a steady 10.3 miles per gallon.

For what it is, the Navigator is excellent. It is hard to imagine a more luxurious truck which is also

capable of hard work. But does this vehicle package — not just the Navigator, but all the big sport-utilities that clog our freeways and parking structures — make a lot of sense?

Apparently, Lincoln cannot keep up with demand for them and big luxury sport-utilities are the hottest sellers on the market. People feel safe in them.

'98 brings 'safe-driving' resolutions from AAA

AAA Michigan says motorists can start 1998 safely by being courteous and following life-saving driving resolutions:

• Don't tailgate. Tailgating is the No. 1 cause of most rear-end crashes, representing 13 percent of all crashes in Michigan. AAA recommends striving for a "safety buffer" of at least four seconds between you and the vehicle ahead, with an extended following distance in inclement weather.

• Use your signals for stopping or turning. Signaling is not only courteous, it's the law, and a crash avoidance procedure that could save your life or the lives of others.

• Use your horn to warn, not to punish. Your horn is a safety device, not a weapon to punish other drivers. Use it only to avoid dangerous situations, and then, just enough to warn.

• Observe posted speeds. On

a 30-mile trip, driving five miles over the speed limit saves less than three minutes. Michigan's Basic Speed Law says to drive at a careful and prudent speed, not greater than nor less than is reasonable and proper.

• Apologize if you make a driving error. If your driving mistake involves others, offer an "I'm sorry" gesture. In a recent AAA survey, the favorite driver's apology sign is the "tap on the head," as in, "What was I thinking?"

• Don't drive drowsy. If you doze off while driving, you have lost control of your vehicle. Make sure you are well-rested or have an alert co-pilot to take over the wheel.

• Don't run red lights. Ignoring a red light is not worth the increased risk of injury and fines just to save an extra second. The law in Michigan for amber lights is to

stop before entering the intersection. If you cannot stop safely, do not speed up, but drive cautiously through the intersection.

• Pull over for emergency vehicles. If you block an emergency vehicle, you are interfering in a crisis. When you hear approaching sirens or see flashing lights, the law requires you to yield the right of way and pull as close to the right edge of the road as possible, clear of an intersection, and stop until the emergency vehicle has passed.

• Give pedestrians the right-of-way. Michigan law requires motorists must yield the right of way to pedestrians crossing at corners or other crosswalks, whether or not the crosswalks are marked by painted white lines.

• Share the road safely with bike riders. Bicyclists are not out of place on the roadway,

they are part of the traffic and share the road with motorists. Do not expect a bicyclist to get out of your way, even if you think he or she is impeding traffic. Carefully signal, then change lanes to pass.

• Give road construction work zones a "brake." In Michigan, there were 16 fatal traffic crashes and 958 injury crashes in construction zones in 1996 as the result of careless driving. Slow down and use caution in work areas.

• If you drink, steer clear of the wheel. In Michigan in 1996, alcohol was involved in 36.4 percent of all fatal crashes. Drunken drivers caused the deaths of more than 555 people and 14,442 injuries. If you choose to drink alcohol, use a designated driver or taxi to take you to your destination.

• And by all means, "buckle up."

Questions and answers by the VA department

Q. What is CHAMPVA? Who is eligible?

A. The Civilian Health and Medical Program of the Department of Veterans Affairs (CHAMPVA) is the medical program for dependents and survivors of veterans.

The following may be eligible for CHAMPVA benefits: the spouse or child of a veteran who has a permanent and total service-connected disability; the surviving spouse or child of a person who died in the line of duty within 30 days of entry in active military service; and the surviving spouse or child of a veteran who died as a result of a service-connected condition, or who, at the time of death, was permanently and totally disabled from a service-con-

ditioned condition.

Q. What does CHAMPVA cover?

A. CHAMPVA shares the cost of medical services and supplies provided dependents and survivors of veterans who meet certain eligibility criteria

and who are not covered under the Civilian Health and Medical Program of the Uniformed Services (CHAMPUS). Special rules and limitations, however, apply to some services and some services are not covered at all.

Q. As the spouse of a veteran who has a permanent and total service-connected disability, how do I apply for CHAMPVA?

A. To apply, call (800) 733-8387 or write to CHAMPVA, P.O. Box 65023, Denver, CO 80206-9023.

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Grosse Pointe Farms residents saw crime rates rise slightly in '97

By Brad Lindberg
Staff Writer

In the mixed world of crime statistics, the overall news is relatively good in Grosse Pointe Farms.

Overall, crime increased 13 percent last year in the Farms, fed largely by an increase in stolen flip phones. But in absolute terms, the figures are less worrisome.

Burglaries increased to 16 from 9 in 1996, a significant percentage increase but much lower than in 1994 and 1995, when the city reported a total of 58.

Auto thefts increased to 31, up 9 from the year before. The Farms has averaged 18 stolen cars annually since 1993. An average of more than 13 cases are cleared each year, leaving

the rest unsolved.

A big reason for the rise in car thefts is people stealing air bags for resale to unscrupulous auto parts stores, said a public safety officer. Within the past few weeks, in fact, stolen cars with air bags removed were recovered within walking distance of the owners' homes.

The local figures look much better when compared to state numbers.

The Farms' crime index is about half that of the rest of Michigan. The city consistently outpaced the nation in clearing crimes, achieving a rate of 33.6 percent. Nationally, only 21.8 percent of crimes were cleared.

The Farms reported no cases of aggravated assault or arson, declining 300 and 100 percent,

Year	1997	1996	1995	1994	1993
Auto thefts	31	22	27	12	28
Burglary	16	9	24	34	12
Armed robbery	2	1	4	3	1
Unarmed Robbery	3	3	6	2	2
Bicycle thefts	27	27	25	33	26
Malicious destruction of property	122	73	97	76	77

respectively, from 1996.

The most common major crime was larceny, as 231 cases took place last year, up 10 percent from the year before.

Theft of cellular telephones accounted for a big part of the

The most popular month for residential burglaries was August, a traditional time when homeowners are away on vacation. A good way to protect your home while on vacation is with a burglary system, an official said.

There was only one burglary of a business in 1997.

The number of bicycle thefts equaled the five-year average of 27.

Malicious destruction of property hit a recent high of 122 reported cases, bumping the five year average to 89. "One night alone, there were 12 cases, all caused by juveniles," said Cooke.

Regarding traffic accidents, the most dangerous intersection in the Farms last year was Moross and Mack, where thir-

teen crashes occurred. The intersection of Lakeshore and Moross placed second with six accidents.

To help control speeding during 1998, the Farms has designated Moross, Ridge and Kerby roads as strict enforcement zones, according to Lt. Clarence Reichling of the traffic bureau.

As a way to help prevent crime in 1998, the detective bureau will continue participating in community education campaigns which address personal safety and property security issues.

The Farms participates in the Crime Stoppers program which informs local businesses regarding the activities of criminals who are known to be working in the area.

Cars vandalized on Balfour

Grosse Pointe Park police received a series of calls concerning several incidents in the 1200 block of Balfour between 11 p.m. Monday, Feb. 8 and 4 a.m. Tuesday, Feb. 9.

A car parked in a driveway had a window smashed and \$2 in change taken. Another incident involved the theft of a CD player from a car parked in a driveway. Entry was gained by smashing a window.

The final incident concerned the theft of a 1990 Plymouth Voyager, parked in the rear of a home.

Police said all the incidents are likely to be connected. The thefts remain under investigation.

Lost cars found

At about 3:45 a.m. on Wednesday, Feb. 11, while on routine patrol, a Grosse Pointe Park public safety officer observed three cars traveling on Charlevoix.

The officers saw two cars turn onto Somerset and cross Mack. It appeared that the drivers panicked when seeing the police car.

The officer followed and saw the cars cross Mack and stop in the 4100 block of Somerset. The drivers of the cars then got out and ran away.

An investigation revealed that the two vehicles, a 1997 Ford Taurus and a 1994 Pontiac Transport, had just been stolen in the City of Grosse Pointe.

The officer said the third car, a Neon, continued going west on Charlevoix. A car matching its description also had been stolen in the City earlier that evening.

But that was not the end of the story. Another Park patrol car, at about 4:15 a.m., was returning from the search for the suspects when he saw a car speed off. After a brief chase,

Cars vandalized on Balfour

the suspects abandoned the car and attempted to enter a home in the 4800 block of Courville.

The officer was able to arrest both suspects. One was a juvenile and was turned over to his family.

The other was arrested for fleeing and eluding and driving while license suspended. He is free on \$1,500 bond pending his arraignment in Park municipal court.

He likes guns

When Grosse Pointe Woods police officers stopped a driver for driving erratically, the last thing they expected to find were a lot of guns.

The incident began at about 7 p.m. on Thursday, Feb. 12. An officer on patrol saw a pickup truck weaving in and out of traffic while turning west onto Vernier from Mack.

When the officer stopped the vehicle and questioned the driver, he noted the smell of alcohol.

The driver's inability to perform roadside sobriety test also failed to fill the officer with confidence in the driver. A preliminary breath test showed a blood alcohol level of .29.

The driver was taken into custody and asked if there were any weapons in the vehicle.

He said no, but a search turned up a .45 caliber automatic, a .32 caliber automatic, a knife with a six-inch blade and \$1,400 in cash.

The driver, a Florida man, said he forgot about the weapons. He was arrested for operating a motor vehicle while under the influence of intoxicating liquors and carrying concealed weapons. He is free on \$1,000 bond.

PUBLIC SAFETY REPORTS

places better to do it than in the parking lot outside a hospital emergency room.

On Thursday, Feb. 12, at 5:45 p.m., a security guard leaving work at Henry Ford Cottage Hospital accidentally shot himself while storing his privately owned Colt 45 pistol in his vehicle, which was parked in the hospital's employee parking lot.

The bullet passed through his left thigh and lodged in the inner driver side panel of his vehicle.

Security personnel at Cottage are unarmed and the guard who shot himself did not have the gun with him on the job, said a hospital spokesman.

The victim sought treatment at Cottage.

Police secured the weapon, which was registered. The owner provided the police all required gun permits.

— Jim Stickford

A search of the car revealed two open bottles of beer, a partially smoked joint, and a small bag of marijuana under the passenger seat. A search of the driver revealed another bag of marijuana.

Both suspects, Detroit women in their early thirties,

said they were sightseeing along Lakeshore after leaving work and admitted drinking and smoking pot.

The driver and passenger posted bonds of \$300 and \$200, respectively, were assigned court dates and released.

— Brad Lindberg

Busy day on Lakeshore Drive

Shores public safety officers patrolling Lakeshore chalked up three arrests involving alcohol and controlled substances on Saturday, Feb. 14.

At 2:39 a.m., officers noticed a driver weaving his car along northbound Lakeshore near Moorland.

Upon being pulled over, he exited his car and said, "You got me for drunk driving."

The driver, a 43-year-old man from Detroit, blew an initial breath test of .17 but refused to cooperate in a subsequent test at the station.

He spent the night in jail, posted a \$100 bond and was released.

Later that night, police pulled over two women in a 1993 Ford Escort at 11:49 p.m.

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Unsuccessful grand theft auto

Car thieves aren't always successful.

A man living in the 600 block of Rivard said that during the night of Tuesday, Feb. 10 someone tried to steal his 1997 4-door Mercury Sable. He reported to police that his car had been broken into and the ignition damaged.

Police said thieves are

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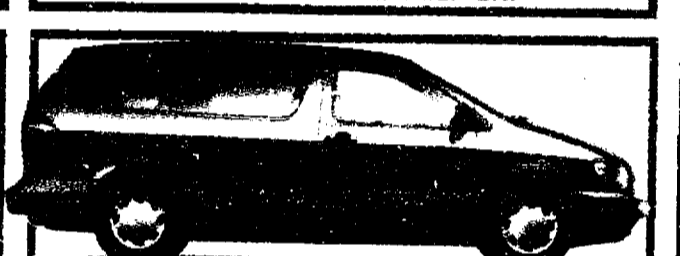


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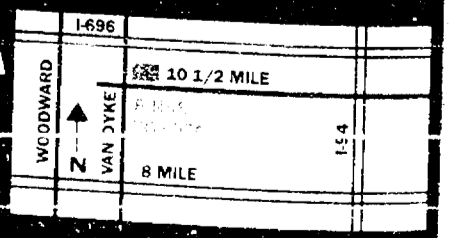
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LIVING WELL 1998

The problem with depression

Depression — it is a universal phenomenon which can range from sadness to suicide. It is an equal opportunity illness, but also a symptom.

Depression is the most common illness seen in a psychiatrist's office, and possible even by general physicians. Depression is more than the blues. It is undiagnosed and under-treated. It is not a weakness, but a potentially terminal illness which is treatable in most circumstances.

"Unfortunately, people remain somewhat wary of psychiatrists and believe that we only see patients who are 'crazy,'" admits Dan Cuyler, MD, Chief of Psychiatry for Henry Ford College Hospital.

Many depressed individuals will first go to family, their clergy, physician, or to their primary care physician, explains Dr. Cuyler. He rarely complains of a variety of vague or unexplained physical symptoms.

"How now," says Dr. Cuyler, "with a little probing, we see changes in mood, decreased interest and pleasure, weight changes, deep disturbances, restlessness or fatigue, decreased concentration, guilt and self-criticism, feelings of helplessness and hopelessness and, in more serious cases, act we or passive thoughts of suicide. In this last case, depression becomes a medical emergency which may require hospital care. The use of alcohol or drugs also can be a sign of depression where people may try to self-medicate their illness."

Dr. Cuyler advises anyone experiencing one or more of the symptoms listed above to see their physician for a thorough physical and psychiatric evaluation. Symptoms can be triggered by physical illness such as hormonal disorders, cancer, Parkinson's disease or other neurological diseases, or by side-effects of some medications.

"We also know that depressions may run in families, so it is important to look at family history," adds Dr. Cuyler.

Depressions can include dysthymias which are low grade, chronic, life-long depressions, seasonal affective disorder and reactive depressions in response to life events. Bipolar or manic-depressive illness and major depression are very much related to brain chemistry.

Depression can be associated with obsessive-compulsive disorder, anxiety and panic disorders, psychosis or loss of touch with reality, and substance abuse.

There are various treatments available for depression, and the treatment must be matched with the individual and with his or her illness. Psychotherapy or "talking treatments," may help with reactive depressions, dysthymia, or in other disorders, along with medication.

Light therapies are available for seasonal affective disorder. Medical or may be the treatment of choice in bipolar disorder and major depression. Today, there is an increasing number of newer medications with fewer side-effects — medications that can be life-saving. In more severe situations, electroconvulsive therapy (ECT) may be considered as a safe and effective treatment for resistant depressions.

"We have begun to view depression as a possible lifelong illness, as we do diabetes, asthma or heart disease," concludes Dr. Cuyler. "It is an illness that may require long-term treatment but, what's most important to remember, it is an illness that is treatable."

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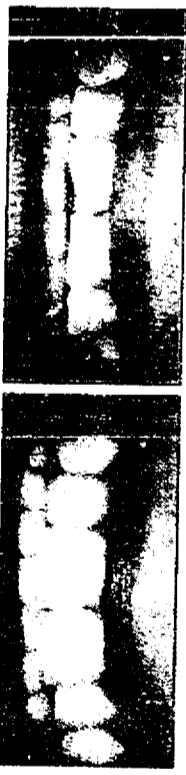
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Breast Cancer

Barriers prevent women from seeking screening

and Prevention (CDC).

Barbara knew that regular mammograms, breast exams by her doctor, and breast self-exams could detect cancer early and potentially save her life. Yet she did not know where to get early detection services locally until she went to the beauty salon, where her stylist handed her a brochure on services available in her community.

Barbara is not alone. Surprisingly, cost is not always the primary barrier to seeking early detection. Even among women with Medicare coverage for mammograms, 65 percent are not obtaining the procedure.

Fear of mammograms, cultural beliefs, and lack of transportation and childcare are common barriers that prevented 65 percent of women age 50 and older from obtaining screening mammograms within the past year, according to the Centers for Disease Control

trusted by the Latina community were hired to create and implement an outreach program. In Anchorage, Alaska, a local cab company provides discounted fares for underserved women, such as Alaska Natives, African Americans, Latinas, and Pacific Islanders, traveling to mammogram appointments.

The teleconference was sponsored by the CDC's National Breast and Cervical Cancer Early Detection Program and Avon's Breast Cancer Awareness Crusade, which have worked together since 1993 to promote breast health and early detection. For more information about mammograms and other early detection services, call the National Cancer Institute's hotline at 1-800-4-CANCER.

Landmark Summit on Breast Cancer

These programs and others were featured in a teleconference highlighting successful early

detection strategies. More than 15,000 participants learned about varied creative ways to reach underserved women.

Dr. Namei emphasizes the importance of regular medical examinations starting at birth and continuing throughout life to catch and correct problems in their early, more treatable stages. After children have completed the required immunization schedule, it is important for them to be seen annually by a physician until about age 6. "We want to be sure children pass the milestones that are expected by certain ages," said Dr. Namei. "It's also helpful to talk to parents about lifestyle safety issues, the child's diet and to answer any developmental questions or concerns." After age 6, and providing a person is healthy, the need for annual physical examinations is usually different for women than it is for men, according to Dr. Namei.

What's more, as athletes have found, a vegetarian diet is the way to go for muscles, strength and endurance. High carbohydrate, meatless pasta is the meal of choice of runners, delivering slow, sustained, energy without excess fat and calories. Here's a recipe that can help you learn some of the joys of a vegetarian diet:

You Better Eat Your Vegetables

More and more studies show your mother was right: you should eat your vegetables. In fact, according to Vegetarian Times magazine, research studies from as far back as the 1970s show a low-fat vegetarian diet can help prevent heart disease, diabetes and some kinds of cancer and may lower high blood pressure.

What's more, as athletes have found, a vegetarian diet is the way to go for muscles, strength and endurance. High carbohydrate, meatless pasta is the meal of choice of runners, delivering slow, sustained, energy without excess fat and calories. Here's a recipe that can help you learn some of the joys of a vegetarian diet:

Advice for cancer patients toll-free

Edith M. is a fighter—and a survivor. She was courageous in battling two bouts with cancer, but when her doctor recently diagnosed a third, unrelated cancer in her throat, her spirits flagged. "I just didn't know where to turn," Edith said. "I didn't know how I would find the strength to go on." Then she found out about the Cancer Care Counseling Line, 1-800-813-HOPE.

Cancer is often a frightening, overwhelming experience. Friends and family members may feel they don't know what to do or say, and in many communities, professional support for cancer patients and their families is very limited—or nonexistent. People don't know where to turn for information or guidance.

Cancer Care, Inc., a New York-based social service organization, is one of the few with a large staff of professional, accredited social workers. For more than 50 years, Cancer Care has offered information, education, counseling and financial support to patients and their families. Last year, thanks to a grant from Bristol-Myers Squibb, the agency was able to expand its services through an 800 number staffed by licensed clinical social workers. "Edith was very downhearted when she called," said Jane Levy, Social Work Supervisor, of the Counseling Line. Ms. Levy, an accredited social worker, talked with Edith about the resources she had in her life, and within herself—her family, her church, her own beliefs. "I reminded her of her earlier courage, and helped her think about how she could use them again," Jane Levy said. The Cancer Care Counseling Line, 1-800-813-HOPE, is free of charge to all callers and open from 9 a.m. to 5 p.m. Monday through Friday (EST).

Low-Fat Fettucini Alfredo
This version is much lighter than the original classic, but it loses none of the rich character.

- 1 1/2 oz. dry fettucini, preferably whole wheat
- 2 cups evaporated skim milk or low-fat soy milk (or 1 1/2 cups powdered skim milk mixed with 1/2 cups water)
- 4 cloves garlic, minced or pressed
- 6 lbs. grated Parmesan cheese
- 1/4 cup chopped fresh parsley
- Freshly ground black pepper to taste
- 2 cups chopped and steamed vegetables of choice: carrots, green beans, zucchini, onions, broccoli or peas

Cook pasta according to package directions. Drain. Place pasta in a large nonstick sauté pan along with milk and garlic. Bring to a simmer, stirring frequently. Add cheese. Continue cooking until cheese melts and sauce thickens. Stir in parsley and black pepper. Add steamed vegetables and toss gently. Serves 4.

Variations

- Flavor the milk with 1 teaspoon curry powder; proceed with recipe.
 - Chill dish and serve as a cold pasta salad.
 - Add a splash of wine to the sauce before heating.
- Per serving: 179 cal.; 15g prot.; 4g fat; 23g carb.; 11mg chol.; 320mg sod.

More information

You can get more great recipes and learn vital facts about vegetarianism from Vegetarian Times magazine, available at local newsstands or by subscription. For a free copy, call 1-800-442-1891.

Regular doctor visits key to good health



Dr. Farzin R. Namei, M.D.

Besides following a healthy, well-balanced diet, exercising regularly and getting enough sleep, what's the best way to stay healthy? See your physician for regular medical check-ups, says Bon Secours Family Practice physician Farzin R. Namei, M.D. Think of your body as you would your car. If you don't check the oil and look under the hood once in awhile, you could risk permanent damage and costly repairs down the road.

Never too early to be health wise

Dr. Namei emphasizes the importance of regular medical examinations starting at birth and continuing throughout life to catch and correct problems in their early, more treatable stages. After children have completed the required immunization schedule, it is important for them to be seen annually by a physician until about age 6. "We want to be sure children pass the milestones that are expected by certain ages," said Dr. Namei. "It's also helpful to talk to parents about lifestyle safety issues, the child's diet and to answer any developmental questions or concerns." After age 6, and providing a person is healthy, the need for annual physical examinations is usually different for women than it is for men, according to Dr. Namei.

Men - If a man is healthy and avoids risky behavior such as heavy drinking, smoking or a poor diet, he shouldn't require annual physical exam every two to three years is recommended. After 40, men should have their blood pressure, lungs and heart checked annually, plus certain blood studies. Men also need to be checked for blood in the stool. A digital prostate exam should be performed by 40 and repeated every two years until age 50. Annual prostate exams are required after age 50.

Feed early warning signs

Another way to identify a potential health problem is to attend community health fairs where blood pressure, blood cholesterol and blood sugar can be screened, said Dr. Namei. No one knows your body better than you. Heed the early warning signs it gives that trouble may be brewing. And don't hesitate to call your physician about something that concerns you.

Women

Women should begin having annual medical examinations when they become sexually active, or at least by age 18. A yearly PAP smear and pelvic exam should be done by a family practitioner or gynecologist to screen for cancers or other abnormalities. At that time, the blood pressure, heart and lungs should be checked, and blood work drawn, if needed. Most women should have a

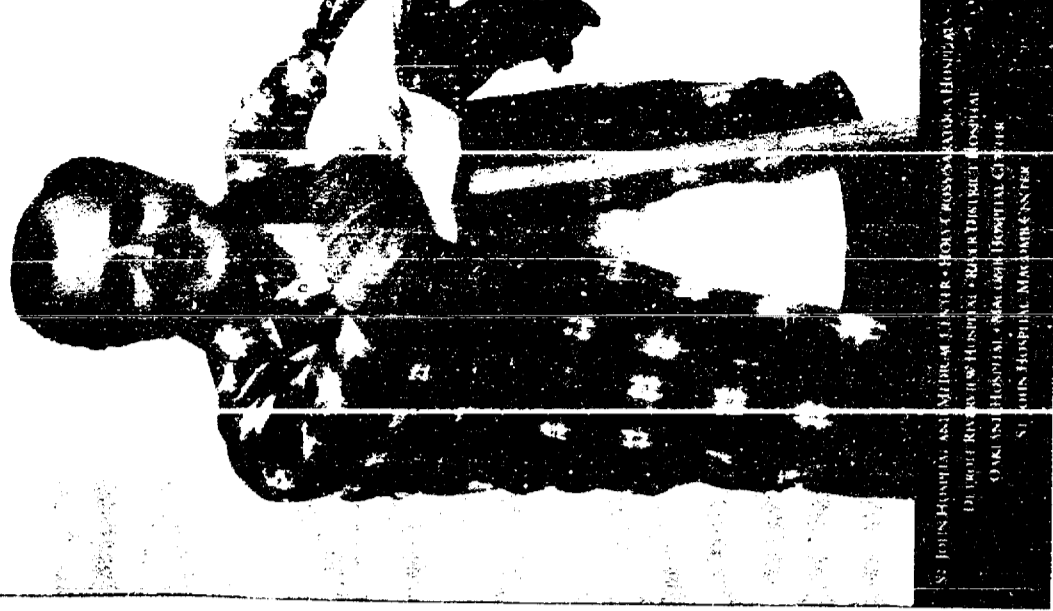
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Don't Diet! Success comes from weight management

In 1995, Michigan ranked as the fifth worst state in the nation with respect to the percentage of its adult population that is overweight. At that time, it was reported that 31 percent of the adults in Michigan were heavier than they ought to be for good health.

"Being overweight is defined simply as excess body fat," explains Roxolana Karanic, RD, dietitian at Henry Ford Cottage Hospital. "The best testing device is your mirror. Take a good hard look at yourself in your underwear, or less. Jump up and down and watch what wiggles—that's the fat. Or, pinch any fleshy portion of your body—your waist area, upper arm, or thigh, for example. If there's something there that you can actually grab, it's probably excess fat.

Americans spend more than 33 billion per year on weight control products and services, yet these efforts seem to have no effect on slowing the increasing prevalence of obesity. "Societal pressure and the preoccupation with thinness may actually be contributing to the increasing obesity," contends Roxolana. "Rather than obsessing over weight loss, the goal should be on weight management."

Weight management means achieving the best weight for optimal health for a particular individual. Roxolana recommends a three-step process:

1. Gradually change to a healthful eating style.
- As illustrated in the newly revised food pyramid, increase your intake of whole grains and fresh fruits and vegetables, dry beans and low-fat or nonfat dairy products.
- Accompany them with lean meats, poultry and fish, in smaller portions. A total of 6 ounces of protein per day is sufficient for most adults. Visually, that looks like two decks of cards.

- Include added fats, sugars and salt in moderation. Check the food labels for the amount of fat, sugar and salt per serving to avoid surprises that could sabotage your efforts.
- To keep food interesting, add flavor with balsamic vinegar, fresh chili peppers, unusual mushrooms, sun-dried tomatoes, garlic, exotic mustards and fresh herbs. Expand your cooking style by grilling or roasting, which intensify flavors and require little or no added fat.

2. Take a non-restrictive approach.
 - Include all foods so that you don't feel deprived, but limit some in accordance with the food pyramid guidelines.
3. Gradually increase your activity levels to at least 30 minutes per day.
 - In order to be successful with weight management over the long term, you must incorporate regular exercise into your lifestyle.
 - Activities can range from walking or mowing the grass, to playing golf or playing with your children.

It's also important to recognize that we eat for lots of reasons, many of them emotion-related, such as boredom, depression, frustration and nervousness. Before you open the refrigerator, stop and ask yourself if you are truly hungry. If you have eaten within the last four hours, your motivation may, in fact, be the hunger ad you just saw on TV. Try drinking a big glass of water. It not only helps your system process food better, but you may find that, rather than hungry, you actually are thirsty.

Roxolana cautions about falling into the low-fat trap. "Americans are getting the message and choosing nonfat and low-fat foods more often. But, at

See Don't Diet! Page 5

Vitamin C may help protect skin from damage, aging

The baby-boomers turning 50 at the rate of one every seven seconds, the fanning could not be better for a skin care advancement promising to slow the signs of aging. However, with so many products on the market claiming miraculous results—some decidedly more effective than others—it's not surprising that consumers have become confused about what really works.

The introduction of alpha hydroxy acids (AHAs), pioneered in the early '90s by Ian Marini, president and CEO of San Jose, California-based Ian Marini Skin Research, Inc., triggered an emerging market of clinically effective skin care. AHAs are especially effective for counteracting common skin problems such as facial lines and wrinkles, acne, skin discolorations, and age spots. They work by loosening the buildup of dead cells on the skin's surface and in the pores, leaving it dramatically smoother and more luminous.

Today, even more promising results are being seen with the use of a newly discovered Vitamin C complex developed by Marini and Nicholas Perricone, M.D., an associate professor of Dermatology at Yale University. Available under the name C-Esta, this new complex is a medical breakthrough based on the stabilization of the first topically applied, lipid (fat)-soluble form of Vitamin C. Vitamin C is essential for healthy skin, and is vitally involved in a variety of skin functions, from collagen synthesis to tissue repair. Marketed by Marini—a product researcher with more than 20 years experience—this next generation, patented complex is being used by a growing number of people to help reverse the appearance of aging skin, particularly wrinkled and sagging facial skin.

According to Marini, "C-Esta utilizes breakthrough technology that actually enables the skin to absorb Vitamin C." In turn, this allows C-Esta to act as a collagen builder and a powerful antioxidant. The key to prevention and reversing the damage that causes wrinkled skin lies in being able to protect and repair the membranes surrounding cells. Not only does the membrane protect cells, but this outer covering houses key receptors that influence many critical processes, including the determination of how firm and youthfully defined the skin appears. Damage to the cell membrane can inhibit certain receptor functions, causing the skin to sag and wrinkle. Lipid-soluble C-Esta, coupled with the specialized DAE delivery complex, can dramatically assist in improving the overall appearance of skin, not only as a wrinkle reducer, but by significantly tightening loose skin. "In addition," added Marini, "C-Esta can be used compatibly with AHAs, Retin-A and virtually any make-up or moisturizer.

"This level of skin care goes beyond the capabilities of retail cosmetic counters," observed Marini at a recent speech to the American Academy of Dermatology Nurses Association. "Although a prescription is not necessary, for measurable benefits to occur, it's important to have the education and expertise of qualified skin-care professionals who can recommend and supervise the appropriate skin-care program."

C-Esta products containing DAE Complex are available from physicians and selected skin-care professionals throughout the United States, and in many other countries. For more information, consumers can call 1-800-347-2223.

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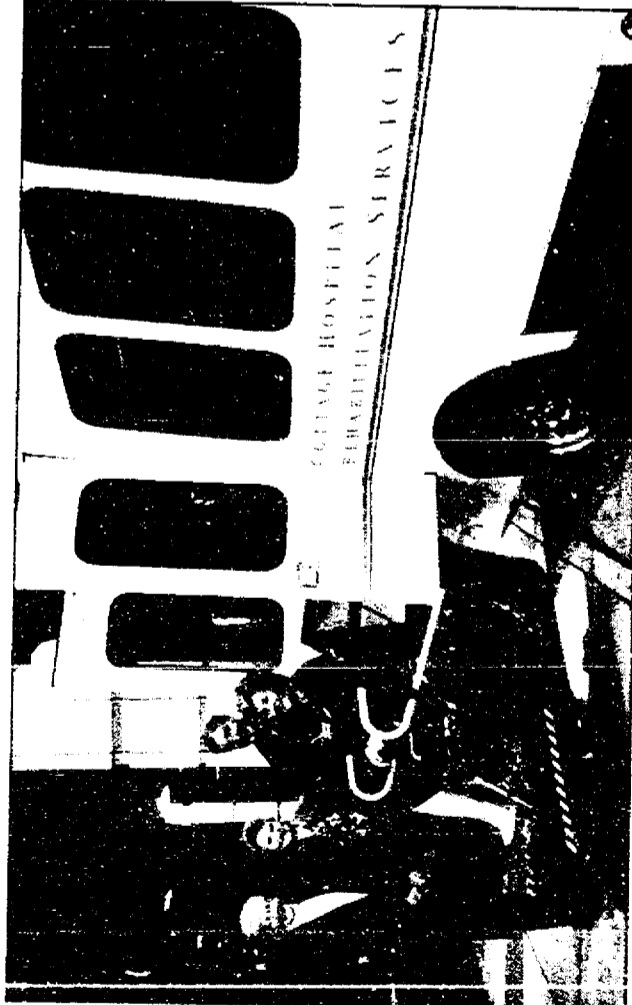
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Rehab van is therapy on wheels



Cottage Hospital Auxiliary President Robert Lady and Gift Shop Guild Chairperson Dottie Steiger learn how the wheelchair lift works on the new Rehabilitation Services van. Demonstrating are Recreation Therapist Bruce Ogilvy and Administrator for Rehab Services Kathleen Jakubiak Kovacek.

How will I do my grocery shopping? Will my car break down? Can I go out to eat in a restaurant? Can I manage in a public restroom? How will I feel if people notice my artificial leg?

Everyday activities become new challenges in the wake of a debilitating accident or illness. To help patients get back into the business of living, Occupational and Recreation Therapists in the Henry Ford Cottage Hospital Rehabilitation Unit take small groups on short trips to the market, a community concert or the zoo. It's an opportunity for the rehabilitation patients to practice and achieve a level of comfort in the real-life situations they will encounter in the course of doing daily chores and enjoying leisure activities when they leave the hospital and rejoin their communities.

Thanks to the hard fund-raising work and generosity of the Cottage Hospital Auxiliary, learning these new lessons in living is more comfortable and more enjoyable for the rehab patients. They now travel in the unit's own specially customized van which was purchased by the Auxiliary as a gift to the hospital and the community it serves.

"Our members are delighted to be able to provide this exceptional vehicle which adds so much to the quality of the Cottage Rehabilitation services," said Auxiliary President Roberta Lady. "The Rehab staff is putting it to use in so many ways for the therapeutic benefit as well as pure enjoyment of our patients."

According to Bruce Ogilvy, Recreation Therapist, the van can accommodate a maximum of six wheelchairs, or 15 passengers using the fold-down

"It was custom built to fit the particular needs of our patients," said Bruce. "What makes this better than using a rental van is that it is accessible to us at all times. Our patients really enjoy traveling in it and look

forward to our outings." The new van allows therapists return safer and easier for the patient and caregivers.

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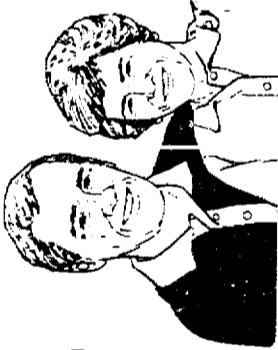
best meet the community re-introduction needs of their patients. It also provides opportunities for enjoyable breaks in the often lengthy hospitalization period, like a pleasant, scenic drive down Lake Shore Road, a trip to the Edsel & Eleanor Ford House, or a visit to the nature center at Metropolitan Beach.

The van also will be used for pre-discharge home evaluations during which a therapist accompanies the patient to see what adaptations are needed at the home to make their permanent return safer and easier for the patient and caregivers.

The van also will be used for pre-discharge home evaluations during which a therapist accompanies the patient to see what adaptations are needed at the home to make their permanent return safer and easier for the patient and caregivers.

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Don't Diet!

From Page 4

the same time, we're getting fatter than before." She adds that the average caloric intake in 1978 was 1,969 per person. But after the fat-free blitz overlook the country, the average intake rose to 2,200 calories per day. What's going on? Is it possible to eat low-fat and still gain weight?

"The answer is very simple: low fat does not mean low

calorie," says Roxolana. "Calories do count, whether they come from fat, sugar or protein. And often, when reducing fat, food manufacturers pour on the sugar to make the item more palatable-pleasing. We also may erroneously assume we can eat twice as many fat-free cookies as we can regular."

Look at the food labels — they provide all the information needed to make healthy choices. Try to keep your intake of calories from

fat to 30 percent or less of the total caloric intake for the day. If the total calories per serving seem excessive, even though the item is low in fat, you may want to choose something else to eat.

Portions are key when reading food labels and when preparing your plate. American restaurants are notorious for over-serving. When eating out plan to take half of it home for a second meal. At home, eat slowly and just enough

to not be hungry. If you feel "stuffed," you've gone too far. The "Clean Plate Club" doesn't take adult members any more.

"Diets don't last," concludes Roxolana. "Lifestyle changes do. If you can learn to limit what and when and how much you eat, along with increasing your physical activity, you'll be well on the way to successful weight management."

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Conditioning, nutrition and hydration are key to injury-free spring sports

injury-free spring sports

With warmer weather just around the corner, student athletes, parents and coaches need to be especially aware of some concerns and problems that naturally come with the beginning of the spring sports season. Proper conditioning, nutrition and hydration all play a part in reducing injury and other health threats frequently associated with athletic competition.

According to Joe Cimino, M.D., athletic trainer and coordinator for the Collage Hospital Athletic Medicine Program (CHAMP), "we must first remember that, for most of us, our activity level has been somewhat decreased over the cold winter months. Because of this, we need to take special care in preparing our muscles and bodies in general to the sports or activities we are going to participate in this spring."

Pro-athlete conditioning is the first step in minimizing the risk of injury in the early stages of training. This is true for all athletes, from cross-country back to work and golf athletes.

"Everyone should begin a pre-conditioning program two to four weeks before beginning to participate with an organized team or becoming heavily involved in any activity," says Joe. "Pre-conditioning should consist of a combination of cardiovascular training, weight training, and

stretching, cycling, walking, or jogging, 10 to 20 minutes a day to start and working up to a personally appropriate higher level, improves heart and lung function, and prepares the body for more strenuous activity. Weight training, either with free weights or machines, increases muscle strength and endurance. Stretching enhances flexibility and overall tissue mobility. It gets the body out of the static mode and helps to avoid strains and sprains later.

Beyond these general pre-conditioning activities, sport-specific training also should be discussed with the appropriate person, that being the coach, athletic trainer or fitness consultant.

Even with the best training and advice, injuries still do occur. When this happens, it is important to consult the appropriate medical professional on what is the best course of action for recovery. This is where an athletic trainer, physician, assistant or orthopedic physician specializing in sports medicine will come in handy. Proper attention will minimize the potential severity of the injury and get the recovery process started.

Joe, a relative CHAMP athlete

trainers, work with local high school teams to teach proper con-

during a practice, or a competition, the trainers are on hand to rapidly assess the injury and recommend treatment or a visit to the Collage Hospital Emergency Center or the CHAMP Injury Clinic. The Injury Clinic is available to all physically active members of the community on a walk-in basis on Thursdays, from 3 to 6 p.m., in the Collage Hospital Athletic Medicine and Physical Therapy Center, located on the lower level of 131 Kercheval Avenue, directly across from Collage Hospital.

On Tuesdays, from 3 to 5 p.m., Terrence Lock, M.D., orthopedic specialist and team physician to the Detroit Lions and Detroit Tigers, offers same-day appointments in his Pierson Clinic office on the second floor of 131 Kercheval Avenue. Injured athletes should call (313) 882-7900 for appointment availability for the Tuesday CHAMP Injury Clinic.

It is important to remember that not all injuries are caused by improper training," notes Joe, "some are inherent to a particular sport. For example, according to a nationwide survey of emergency rooms, injuries associated to softball and baseball are seen more than any other sport."

In this aspect of prevention, protective equipment is important.

conditioning, and injury avoidance techniques. If an injury occurs, See Injury-Free page 7



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Injury-free spring sports

From page 6

factor: Helmets, shoulder pads, and chest, shin and mouth guards all are examples of protective equipment designed to prevent injury in specific sports. Parents of athletes and participants should consult a sports medicine professional when looking for advice on protective equipment.

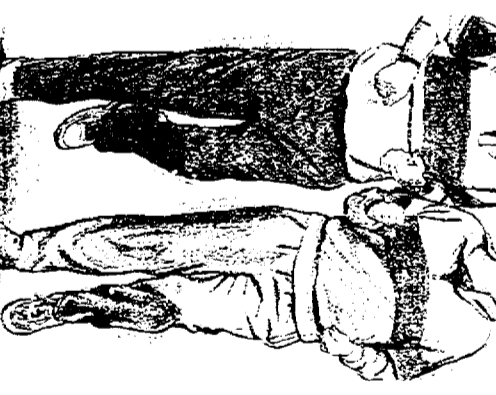
Proper nutrition and hydration are just as important as conditioning for an athlete. "For most non-professional athletes three well-balanced meals a day should provide all of the nutrients the body needs. But like any engine, the more the body is used, the more fuel it requires to keep going," says Joe. "It needs plenty of protein, carbohydrates and fats for proper muscle contraction and body function."

With all the recent concern over training and weight management of wrestlers in the state of Michigan, proper hydration — the amount of water in the body — has come to the forefront for this group of athletes and others at all levels.

"Water is essential for all organs and systems to function properly," explains Joe. "But, it is the muscle contraction and level of dehydration that is of most concern with wrestlers."

Simply put, every muscle requires water for contraction and exercise. Since the heart is a muscle, it too demands a certain amount of water for normal beating to occur. When deprived of this essential water, the heart will not beat normally, creating a condition which can become critical or even fatal.

Aording to Joe, the average person should consume 96 ounces of water each day. If you participate in an active sport, double your intake for every hour of exertion. He adds that, since the body loses water faster than it can be reabsorbed through the blood stream, it's important to start drinking extra water before the activity begins and follow-up with more water afterward.



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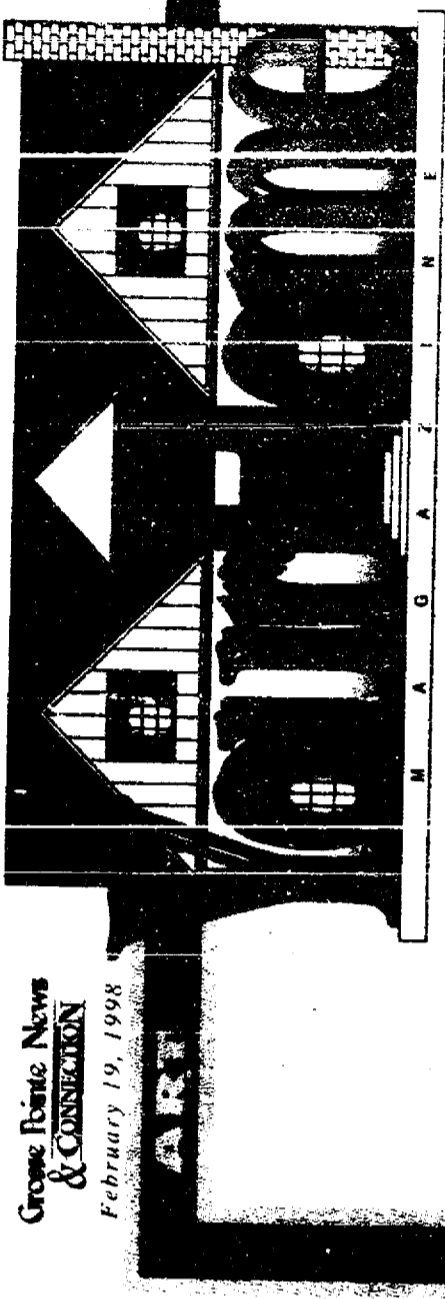
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Grosse Pointe News
& CONNECTION
February 19, 1998

REAL ESTATE GARDENING INTERIORS EXTERIORS

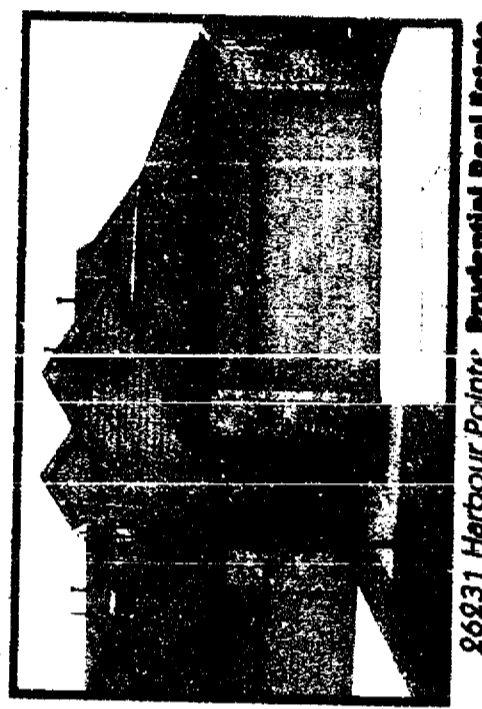
FASHIONS COLLECTIBLES



20605 Verrier Circle, Prudential Real Estate



485 Riverd, Prudential Real Estate



26931 Harbour Pointe, Prudential Real Estate



22446 Madison, Prudential Real Estate

INSIDE:

Special features:
Kitchen re-creation:
out with the old,
in with the new!
Page.....10

Garden Shed:
Gardening is
a very "human"
experience!
Page.....3

House hunting?
See what's
open Sunday
in YourHome!
Page.....8

First Offering

Hampton, Grosse Pointe Woods
Charm galore! Lovely side entrance home with large family room, updated kitchen, large deck. Three bedrooms. \$189,000.

Albert Kahn Design

One of the nation's most noted architects, Albert Kahn, designed this outstanding Lakeshore Drive mini-mansion with striking ceilings, marble entrance and fine amenities. \$875,000.

New England Charm

In the heart of the Farms, you will love the generous rooms! Large kitchen with breakfast bay, maple bedroom with dressing room. Recreation room. \$255,980.

First Offering

St. Gertrude, St. Clair Shores
Conveniently located first floor condominium with one bedroom and one and one half baths and a sitting room. \$51,900.

At The Edge of the Lake

This custom built four bedroom home offers you so much, a lifestyle like sports from your own garden privacy, hidden landscaping and investment in your future. \$495,000.

Fine Appointments

Beautiful details throughout this handsome English near The Village. Four bedrooms, spacious family room, super natural woodwork, elegant beveled glass doors! \$279,980.

To The Manor Born

Surround five bedroom English with slate roof, strip-down living room, lovely library, recreation room and all in pristine condition. \$349,900.

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Accents On Value

Classic three bedroom, one and one half bath Colonial on popular Grosse Pointe Woods street near schools, transportation and shops. Major new features. \$169,960.

OPEN SUNDAY 2-4 P.M.

2040 Allard, Grosse Pointe Woods
1529 Hampton, Grosse Pointe Woods
348 Fisher, Grosse Pointe Farms
304 Merriweather, Grosse Pointe Farms
22745 Kitzman, Clinton Township
21524 Sibar, Harper Woods
26590 Hidden Cove, Harrison Township
516 Lakepointe, Grosse Pointe Park
1386 Grayton, Grosse Pointe Park

Estate Sale

This well kept two bedroom Grosse Pointe Woods home is being sold to settle an estate. Fabulous second floor expansion possibilities. Den and attached garage. \$149,000.

Near Kerby School

This home has been lovingly maintained throughout. Features one and one half bedrooms, one and one half baths and a family room. Affordably priced at \$199,000.

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Using plants to soften the look of your home

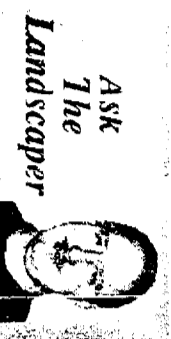
Q. Hello Dave, the front of our house is all grass and a few bushes. My wife wants more color there so often the look of our house. What type of plants will maximize my efforts? From doll-boy in St. Clair Shores.

A. Shrubs and trees will soften the effects of paved surfaces, brick or cement. Your landscaping can be as simple as a row of evergreens or a mixture of plant types and trees. Either way you should develop a plan before you start popping in shrubs. This way the finished project will look attractive.

The first choice you should make is whether you would like to add any trees. Deciduous trees will provide shade in the summer and allow sunlight through in the winter while providing beauty that changes with the seasons. Evergreens provide privacy and protection against wind.

The mistake most people make is planting trees too close to the house or planting large trees under utility lines. Know the mature size of your tree; so you can give it room to grow. If lack of room is a factor, choose a dwarf tree such as Serotian crab, weeping mandarin, Japanese maple or dwarf evergreens. These and many more are available at garden centers.

Foundation planting is the next step. Many people only plant a row of taxus trees in front of their house. These evergreens are a narrow green leaf and different varieties grow in different shapes, globe, spreading, cylinder and pyramid. Using all yews can get boring real quick though. Trying some other evergreen varieties such as holly, junipers, arborvitae or dwarf spruce will give your home definition from your neighbors.



Ask The Landscaper
by David Sculliere

plant your foundation shrubs in groupings of three or more. The larger grouping will give you a solid base to your planting. Then you can add a few accent plants for color and texture.

Focal plants will stand out against your foundation planting. Your focal plants are those which accent the area with color or a contrasting texture. Some of the more popular plants are siren, azaleas, nandina and even clematis can be good accents. Container plantings on porches, patios and decks add color to areas on hard surfaces.

By mixing both evergreens along the foundation of your home and adding a few accent focal plants, you can change your home from dull to stunning.

A pictorial magazine called Effective Landscaping is available for \$2.99. It is produced through the Michigan Nursery and Landscape Association and is a great tool for choosing plants. It is filled with photos and descriptions of shrubs and trees that will grow in our climate. There is also an editor's on perennial for those planning a perennial garden. We find both magazines very helpful tools in developing a quality landscape.

David Sculliere is a Michigan Certified Nurseryman at Southerne Landscaping and Garden Center, 23919 Little Mack, St. Clair Shores. Phone (810) 776-3811.

STANDARD HOME MORTGAGE

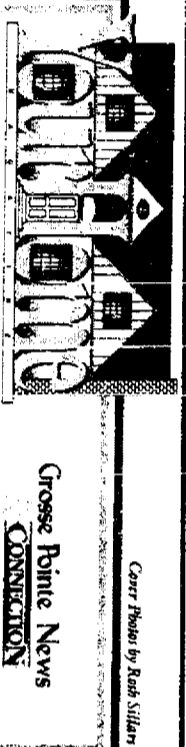
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ON THE COVER...

26231 Harbour Pointe CONDO-WATER FRONT \$428,500 • HARRISON TWP.

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22446 Madison FIRST OFFERING \$189,900 • ST. CLAIR SHORES

This home is quality on a beautiful double lot in prime "Eagle Pointe" subdivision. Move in and enjoy private lake front park. Numerous updates including new tear-down roof, central air conditioning, landscaping, finished basement with second full bath.

425 Rivard FIRST OFFERING \$237,500 • GROSSE POINTE CITY

Lovely center entrance Colonial tastefully decorated has large updated kitchen with oak cabinets, beautiful tile and built-in appliances. Eating area has bay window overlooking two tiered deck and yard. Newer carpeting and hardwood floors.

20605 Vernier Circle FIRST OFFERING \$185,000 • GROSSE POINTE WOODS

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The Prudential Grosse Pointe Real Estate Co. 882-0087

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830 GROSSE POINTE SHORES
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

831 GROSSE POINTE WOODS
Address: 1121 Torrey Rd. Bedroom/Bath: 4/2 Description: Open Sun 2-4, 2:00 sq. ft. Price: \$245,000 Phone: 313-527-8808

833 GROSSE POINTE FARMS
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

833 GROSSE POINTE CITY
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

834 GROSSE POINTE PARK
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

837 ST. CLAIR SHORES
Address: 1065 Woodbridge Bedroom/Bath: 2/2.5 Description: Open Sun, 1-4, Sharp condo. Price: Call Phone: 810-775-4900

838 NORTHERN MICHIGAN
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

840 OTHER AREAS
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

832 GROSSE POINTE FARMS
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

833 GROSSE POINTE CITY
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834 GROSSE POINTE PARK
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

831 GROSSE POINTE WOODS
Address: [Redacted] Bedroom/Bath: [Redacted] Description: [Redacted] Price: [Redacted] Phone: [Redacted]

836 HARPER WOODS
Address: 2030 Vernier Bedroom/Bath: 1/1 Description: Fairland Village Co Op Price: \$37,900 Phone: 810-775-4900

837 ST. CLAIR SHORES
Address: 1971 Fleetwood Bedroom/Bath: 1/1 Description: Hard to find lot!! unit! Price: \$49,900 Phone: 810-775-4900

838 HARPER WOODS
Address: 19950 Anita Bedroom/Bath: 3/3 Description: Open Sun, 2-4 p.m. Price: \$145,000 Phone: 810-445-6716

839 HARPER WOODS
Address: 21406 Breystone Bedroom/Bath: 3/2 Description: Brick ranch, lot, basement, full kit, Don Symons, C-21 Kee Price: \$126,900 Phone: 810-445-6716

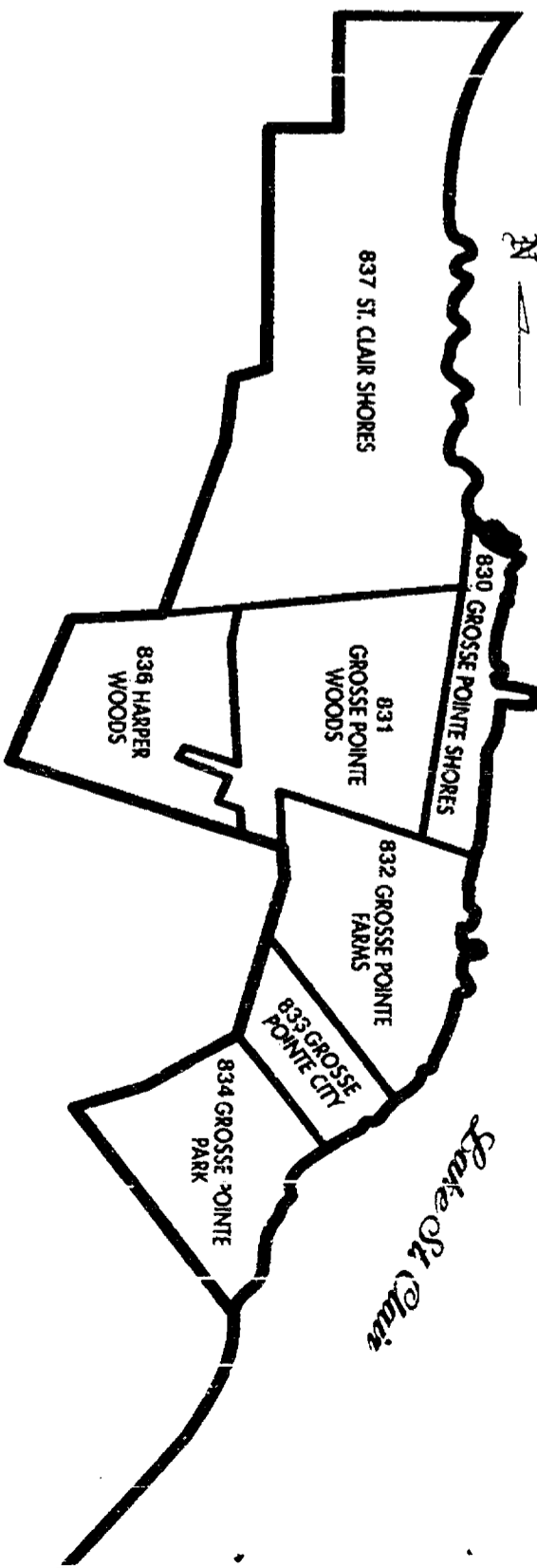
830 GROSSE POINTE SHORES
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831 GROSSE POINTE WOODS
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832 GROSSE POINTE FARMS
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ST. CLAIR SHORES

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815 OUT OF STATE PROPERTY

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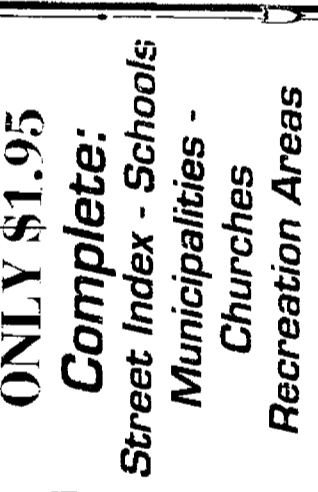
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Grosse Pointe News CONNECTION



Gardening: A very important part of the human experience



By Ellen Probert Williamson
 collections were made for formal gardens which often followed French or Italian models. Other estates were designed with a series of gardens which might include one of the formal gardens which often followed French or Italian models. Other estates were designed with a series of gardens which might include one of the formal styles as well as an oriental garden and a natural woodland garden. Most often, however, a large formal house had a large garden filled with annuals, perennials, and bulbs grown haphazardly, even though this was the heyday of the strained landscape architect.
 For the first time, at this point, women were admitted to the hitherto entirely male ranks of the recognized landscape designer-architect and such, notables as Ellen Shipman and Gertrude Jekyll became famous.
 By the mid-20th century gardening entered a new phase. Social conditions had so changed that the labor needed for the upkeep of even moderate gardens was hard to find or to pay for. Today very few people can afford to maintain the old order of a staff of gardeners and gardening has become a largely "do-it-yourself" project.
 Sometimes either a weekly handyman is employed to mow the lawn and do some clipping and weeding, or the general upkeep of the garden, especially of the lawn, is provided by a garden service under contract.
 As a result, ease of maintenance is the aim of all garden design and home owners. The whole garden design of the latter half of the 20th century may be said to be one of economy and great personal ingenuity, where the utmost is made of a small area, even if it is only a patio, a pool-side or a terrace with a view.
 A new development of recent years has been the annual "garden tour" which has become a feature of many cities, suburbs and small towns. This is an event where a group of gardens of various

See **GARDEN SHED**, page 8

Beline's Best Buys

794 NOTRE DAME, GROSSE POINTE CITY \$189,000
 IN THE APPEALING three bedroom Colonial convenient to most everything. Formal dining room, classic living room with natural fireplace, hardwood floors, gas forced air and central air conditioning.
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32911 CEDARWOOD ST. CLAIR SHORES \$141,900
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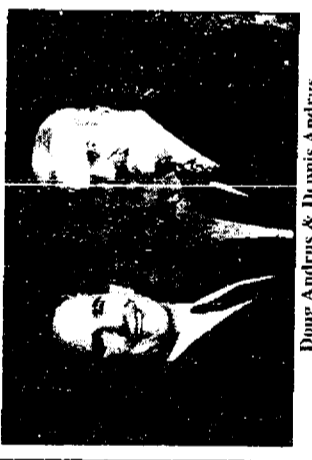
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\$237,500 GROSSE POINTE CITY

Lovely center entrance Colonial tastefully decorated has large updated kitchen with oak cabinets, beautiful tile and built-in appliances. Easting area has bay window overlooking two tiered deck and yard. Newer carpeting and hardwood floors.

FIRST OFFERING

\$185,000 GROSSE POINTE WOODS

Classic Colonial with natural fireplace (gas logs) and formal dining room. Kitchen with Corian counters and new floor 98, bay window. New bathroom floor and fixtures 97; many many newer features. This home has everything. All you have to do is move right in.

FIRST OFFERING

\$189,900 ST. CLAIR SHORES

This home is quality on a beautiful double lot in prime "Eagle Pointe" subdivision. Move in and enjoy private lake front park. Numerous updates including new tear-down roof, central air conditioning, landscaping, finished basement with second full bath. This is a rare opportunity!

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\$159,900 ST. CLAIR SHORES

Landmark home in "Eagle Pointe". Completely restored, updated and decorated in traditional manner with quality, beautiful wood details. Antique tile and trim around fireplace.

FIRST OFFERING

\$141,900 ST. CLAIR SHORES

Attractive Colonial with three bedrooms, two full baths, living room with natural fireplace, formal dining room, spacious family room, updated kitchen, many custom built-in features, refinished hardwood floors, newer heating system three years old, first floor laundry facility.

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\$130,000 GROSSE POINTE CITY

A couple of blocks to the "Village", Brick Colonial with three bedrooms, one bath, formal dining room and classic living room with natural fireplace, hardwood floors, security system, laundry, in finished recreation room, gas forced air and central air conditioning.

PRICE REDUCED

\$159,900 ST. CLAIR SHORES

Three bedrooms, one bath, formal dining room, updated kitchen with natural fireplace, family room, updated wood floors. A "must see"! \$199,500 → \$159,900 (GPN-CW-2351C)

PRICE REDUCED

\$149,900 GROSSE POINTE WOODS

Three bedrooms, one bath, formal dining room, updated kitchen with natural fireplace, family room, updated wood floors. A "must see"! \$199,500 → \$149,900 (GPN-CW-6501D)

PRICE REDUCED

\$89,900 HARPER WOODS

Newer furnace, newer air conditioning, new windows, new sliding and gutters. New steel entry doors, freshly painted and new carpeting, refrigerator, washer, dryer stays. Updated kitchen, nice open floor plan. Immediate occupancy.

PRICE REDUCED

\$83,500 HARPER WOODS

Freshly painted ranch on come lot with replacement windows, circuit breakers, Florida room, aluminum siding, hard wood floors, bay window in breakfast room and new kitchen floor. The stove, refrigerator, washer, dryer are included.

PRICE REDUCED

\$49,900 ST. CLAIR SHORES

Very spacious ranch style condo. Immediate occupancy! All new vinyl windows and large door wall to balcony. Fresh neutral decor, newer carpeting. Updated kitchen includes newer appliances, flooring and counter. Open Sunday 2:00 - 4:00.

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\$42,000 HARPER WOODS

Boater's delight, spectacular townhouse with 40 foot boat well (well has electric, cable, and phone). Professionally decorated from ceramic tiled foyer with sweeping staircase to designer kitchen with Corian counters. Sub-zero Jennair.

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Freshly painted ranch on come lot with replacement windows, circuit breakers, Florida room, aluminum siding, hard wood floors, bay window in breakfast room and new kitchen floor. The stove, refrigerator, washer, dryer are included.

PRICE REDUCED

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Newer furnace, newer air conditioning, new windows, new sliding and gutters. New steel entry doors, freshly painted and new carpeting, refrigerator, washer, dryer stays. Updated kitchen, nice open floor plan. Immediate occupancy.

PRICE REDUCED

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Boater's delight, spectacular townhouse with 40 foot boat well (well has electric, cable, and phone). Professionally decorated from ceramic tiled foyer with sweeping staircase to designer kitchen with Corian counters. Sub-zero Jennair.

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\$89,900 HARPER WOODS

Newer furnace, newer air conditioning, new windows, new sliding and gutters. New steel entry doors, freshly painted and new carpeting, refrigerator, washer, dryer stays. Updated kitchen, nice open floor plan. Immediate occupancy.

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St. Clair Shores. BUILD YOUR DREAM house on one of the last lake front lots in St. Clair Shores. Lot features 180 degree view of Lake St. Clair, steel sea wall, pier, two boat hoists, and utilities at the street. \$380,000. # 34645 (GPN-F-02JEF)

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City. PRICE REDUCED on this four bedroom two and one half bath home. Move in condition with many updates. Three car garage and large yard. Well maintained with immediate occupancy. \$274,900. # 33345 (GPN-GW-10JLN)

St. Clair Shores. CANAL FRONT DETACHED CONDO! Beautifully decorated Cape Cod style with first floor master bedroom and bath, great room with fireplace and all Pella windows. 25 foot boatwell. \$214,900. # 32905 (GPN-GW-60VAN)

City. GRAND CENTER ENTRANCE COLONIAL featuring large living room with natural fireplace, formal dining room, family room, updated kitchen with eating space and hardwood floors. A "must see"! \$199,500. # 33225 (GPN-CW-2351C)

Woods. THREE BEDROOM COLONIAL. Formal dining room with kitchen and first floor den. Large deck overlooking beautiful yard. D finished garage. \$169,900. # 36805 (GPN-H-44RO5)

Woods. Open Sunday 2 - 4 PM. 1343 Hollywood. This three-bedroom Colonial features entry hall, family room, natural fireplace, some new windows, central air and more. Make an appointment today! \$165,000. # 33315

Woods. PRICED REDUCED! Attractive brick ranch in great neighborhood, backs up to park. Three bedroom home offering spacious living room with fireplace, deep lot and attached garage. \$149,900. # 36625 (GPN-H-541JUN)

Harper Woods. COUNTRY LIVING IN THE CITY! Nicely maintained three bedroom, one and one half bath brick ranch. Large family room and garden room overlooking patio and pool! Home warranty! \$149,900. # 32925 (GPN-CW-6501D)

Detroit. Here's that exceptional home you've been waiting for! Dramatic curved window in the living room, cathedral ceiling, natural fireplace. Spacious formal dining room. Four bedroom, two full baths with a hard in the finished basement. Central air. \$145,000. # 34835 (BC-GF-151JAR)

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Harper Woods. GROSSE POINTE SCHOOLS a plus with this well maintained four bedroom two bath home. Finished basement, new two and one half car garage. Freshly painted and ready to move in! \$174,900. # 32745 (GPN-GW-48KIN)

Detroit. MOST DESIRABLE LOCATION. Oversized three bedroom bungalow featuring a huge family room with fireplace, doorwall to deck and nice size yard. Central air, two-car garage. \$117,900. # 36675 (GPN-H-51BER)

St. Clair Shores. Attractive letter home features newer kitchen and vinyl siding, driveway, and wood deck. Subdivision has private park for residents. \$95,900. # 34855 (GPN-44JAN)

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Garden Shed

From page 3

ous kinds is offered for a "tour" sponsored by a gardener, center or garden club and where tickets are sold for a fundraiser for some project, usually of civic betterment. One suspects that it is also a means of doing a little bragging on the part of the garden owner as to his ability as a "do-it-yourselfer."

This has also become the age of the specialty gardener and the specialty garden club, prevalence of herb gardens, rose gardens, wildflower gardens and the like has

10 free blue spruce available

Ten free Colorado Blue spruce trees will be given to each person who joins The National Arbor Day Foundation during the month of February.

The free trees are part of the nonprofit foundation's Trees for America campaign.

Colorado blue spruces have a silver blue-green color and compact conical shape.

The trees will be shipped post-

increased.

Flower shows are more popular than ever and are another way of displaying one's prowess as a gardener. It is far more satisfying to show off one's own prize roses or chrysanthemums than those of one's employed gardener.

It seems fairly clear that gardening is a very important part of the human experience as it has been since time immemorial, and that it will go on being a very important one for the foreseeable future and beyond.

To become a member of the foundation and receive the free trees, send a \$10 contribution to Ten Free Colorado Blue Spruce Trees, National Arbor Day Foundation, 100 Arbor Ave., Nebraska City, Neb. 68410, by Feb. 28.

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20069 Berns Ct.	\$219,900	2-4 p.m.
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2016 Van Autwerp	\$179,900	12-5 p.m.
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19950 Anita	\$145,000	2-4 p.m.
20696 Gannore	\$114,800	2-4 p.m.
STAR SHORES		
22635 Alger	\$108,500	2-4 p.m.
22701 Alger	\$109,500	2-4 p.m.
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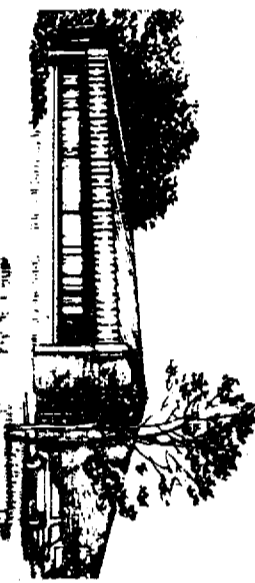
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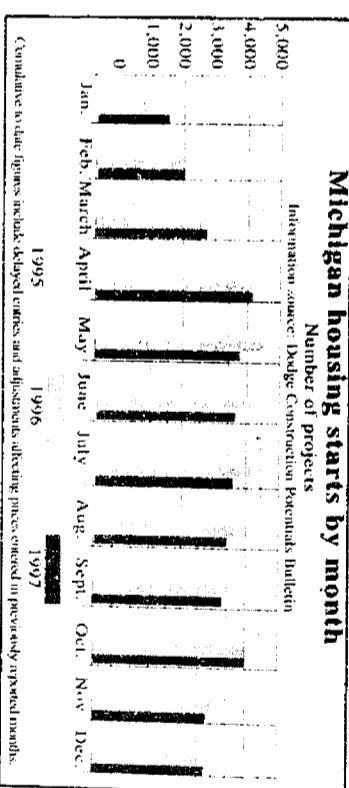
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'97 housing ends strong

Michigan 1997 housing project starts were down 6.6 percent from 1996 year-to-date totals through the month of December as compared to 7.7 percent through the month of November. December housing project starts were down by only 1.1 percent from November.

"December ended 1997 with a bang; due in part to favorable weather, interest rates and lumber prices," says Michael Tobin, president of the Michigan Association of Home Builders (MAHB). "The economy's strength in general is allowing the housing market to remain sound. We expect this to continue into 1998. We may not see the numbers we saw in 1996 and 1997, but if the

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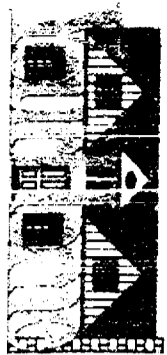
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By Marguerite K. Fitzgerald
Special Writer

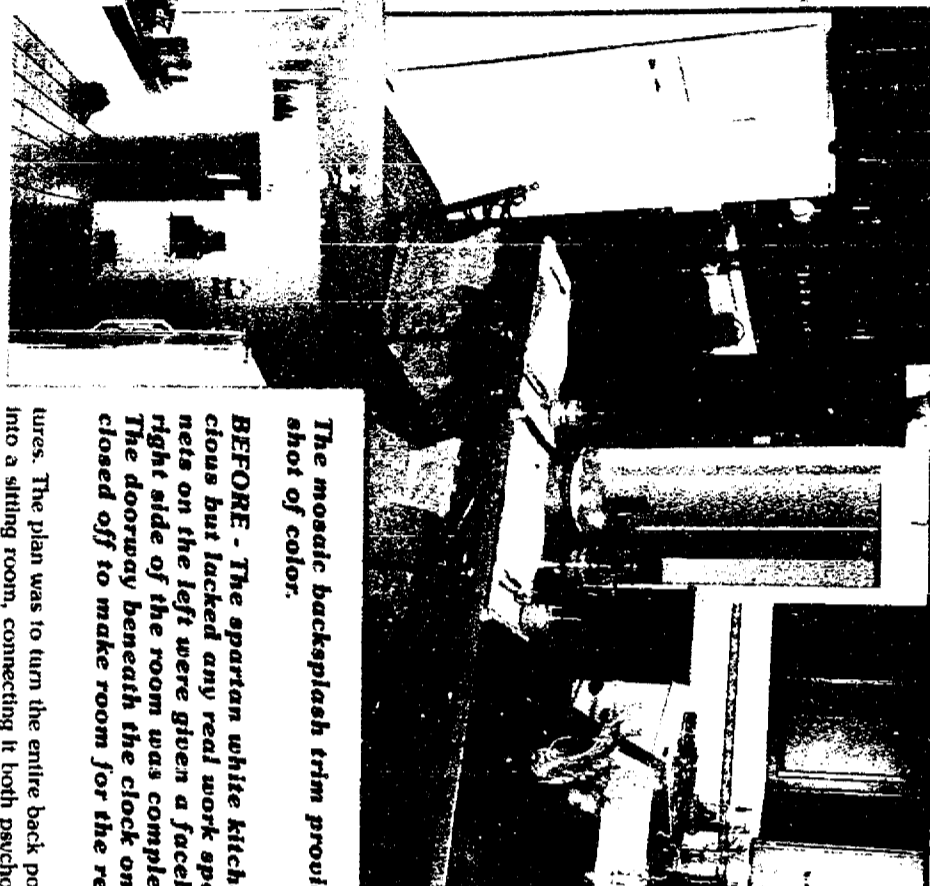
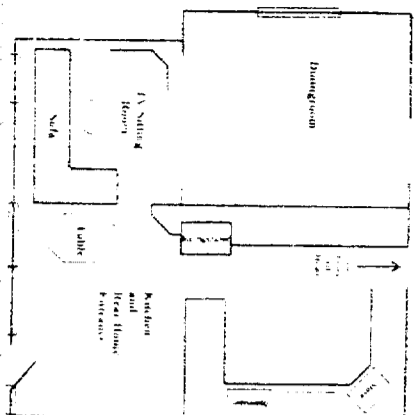
Step into John and Claudia Gelle's, newly redesigned kitchen and attached sitting room. An immediate sense of calm enfolds you. Deep blue-green kitchen cabinets and countertops laced by the warm tones of Mexican saltillo tile floors blend nicely to create a room that is as functional as it is appealing. A southern wall of windows beyond the counter peninsula guarantees a late afternoon bath of sunlight, even on winter's shortest days. Continue around into the sitting room, and relax for a moment on the sofa. Filled on the stereo or the television, tucked away in the back of this home, comfortable and insulated, the stress of your day is but a distant memory.

This clapboard Victorian farmhouse on St. Clair Avenue in Grosve Pointe was built in 1908. When the Gelles took their first look, its dilapidated frame was clearly in need of attention. In fact, as John put it bluntly, "It was the eyesore of the block." The Gelles were comfortable with the idea that a total renovation was in order, and by the time they worked their way toward the redesign of the kitchen, they had a good idea of what they wanted to do.

Out with the old — all of it

The original kitchen was roomy (measuring 12' by 14') but poorly appointed, with minimal counter and storage space. Beyond this, heading toward the back of the house, was a smaller window-filled entry. The previous owner had taken down a wall, bringing what was a porch into a now more spacious kitchen. Also at the back of the house, abutting the porch-turned-entry space, was a small powder room. This was accessible only through a doorway linked to the dining room. The entire configuration was awkward, with generous spaces not being used to their greatest potential.

The Gelles knew they wanted a kitchen space which would feel like it was part of a bigger area. And they knew that the powder room off the dining room would have to go. Thus the creation of a kitchen-sitting room "L" began to take shape. John first removed the wall which separated the powder room from the entry space and pulled out the plumbing fix-



BEFORE - The spartan white kitchen was spacious but lacked any real work space. The cabinets on the left were given a facelift, while the right side of the room was completely gutted. The doorway beneath the clock on the left was closed off to make room for the refrigerator.

BEFORE - The plan was to turn the entire back portion of the house into a sitting room, connecting it both psychologically and geographically to the kitchen. It would become a place where they could relax with a book or watch the news while simultaneously preparing a meal.

Over the course of three weeks, the room began to take shape. A dropped ceiling with beadboard paneling was installed, to match the original ceiling board on the other half of the room. Gelle also removed four windows to protect the room from the almost blinding effects of the late afternoon sun. A smaller 4' by 3' window now sits in their place. From there, it was a simple matter of installing drywall and crown moldings before the room was ready to be painted white.

The back half of the kitchen was left intact, save for the addition of window trim and a new door. It serves as an angle entrance into the home from the outside, and the abundance of windows here brightens the sitting room, completing the L-shaped space.

Countdown to a better kitchen
There were a number of issues to be addressed in the redesign of the kitchen. Storage was minimal, lighting was poor, and countertop work-space was practically nonexistent. The sterile white ceiling-to-floor color scheme looked both old and

BEFORE - (Above) This was the powder room, closed in by two walls (abutting the kitchen and the dining room) which Gelle removed. The four windows were the source of too much sunlight, so Gelle removed them and installed a smaller 4' by 3' window.



A KITCHEN RE-CREATION

Defining A Modern Space In An Older Space



BEFORE (Below) - Facing the back of the house, where white tile floors showed every bit of dirt that came in from the outdoors. This entry room was once a screened porch. Windows replaced the screens, but the refrigerator blocks the view.

AFTER - Gelle added window trim that matched what he found in other parts of the house. A new door with an arched window continues the line of natural light that wraps around this part of the room. Off to the far right is the sitting room.

cold. Gelle completely gutted the room, saving only the frame of the cabinets along one wall. He redesigned the stove-sink-cabinet side of the room, creating a U-shaped cooking area where the peninsula discreetly separates the kitchen from the sitting room. This approach eliminated the "bowling alley effect" which characterized the old kitchen. Already the room had been transformed into a space well-defined but not cramped.

Gelle laid the saltillo floor tiles himself. The badly worn original wood floors were covered with an adhesive, followed by a 1/2" cement board which was screwed in place. Starting from a center point the tile was laid out, covering the floor from the front door, reaching back through the kitchen and around into the sitting room. The monolithic look of a single floor material gives the entire space continuity.

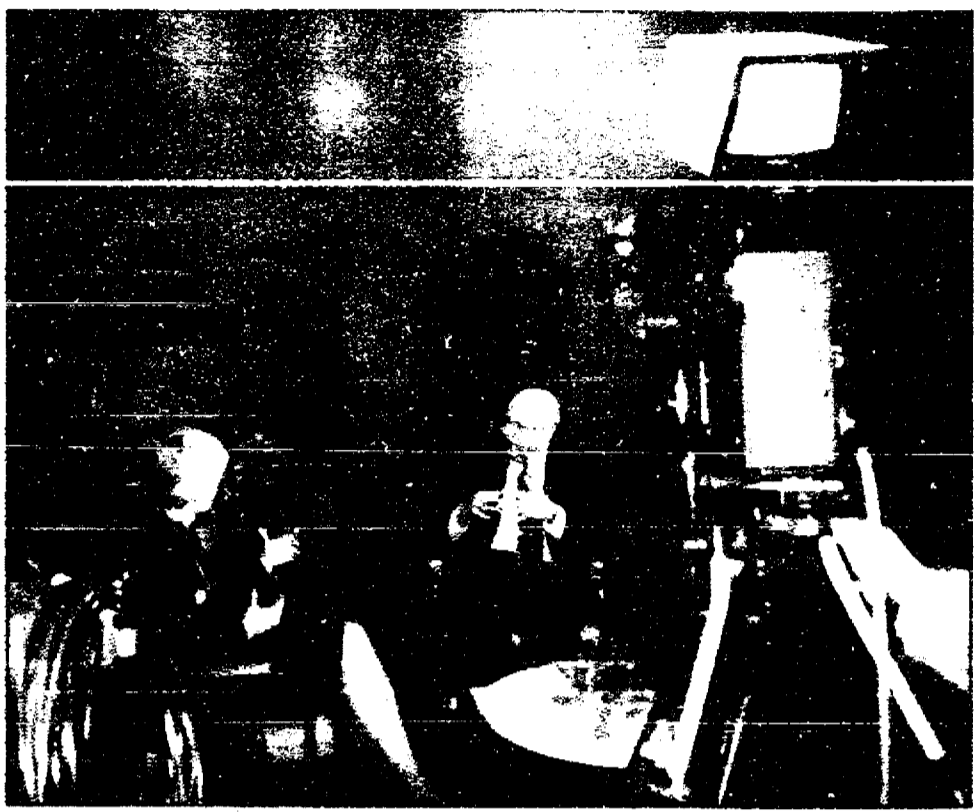
To achieve the rich, glowing tones in the cabinetry, Gelle applied latex primer to the cabinet frames, doors and drawers. They were then sanded, and painted a deep green. Next, a diluted navy paint mixture was sparingly applied — just brushed once very lightly over the green — to alter the hue slightly. Then came a high gloss varnish to protect the paint, followed by a dull varnish which created a soft matte finish. Cabinet knobs which resemble antiques, disressed pewter were installed. Gelle replaced the old tall louvered cabinet doors with glass ones. These now showcase the Gelle's beautiful collection of crystal stemware and colorful ceramic plates. A formica countertop in "Bayou Oxide" completes the entire look.

Typing it all together
The Gelles chose colorful accents and casual furniture to make their new kitchen a warm, gratifying place to spend time either with friends, or by themselves. Wrought-iron bar stools with caned backs and seats are a comfortable place to sit while having a quick sandwich. The gate-legged table to the right of the back door was chosen for its distressed, antique look. It complements the long, low cedar chest across the way, given to John by a neighbor from his childhood. A collection of Pewabic tiles dance above the windows in the back. Well-placed track and pendant lights keep the kitchen work areas in clear view. Quiet ambient light from lamps in the sitting room create a more sanctuary-like atmosphere. Primitive art, collected over the years on trips abroad, is grouped on the wall. It is easy to imagine sitting here reading or talking while music plays in the background and talking aromas from a Mexican dish fill the air. The dinner hour could end up lasting all night.

When the Gelles entertained in their last home, they made every effort to create a living room where their guests would feel comfortable. Yet by the end of the night, everyone always ended up in the kitchen, crisscrossed together elbow-to-elbow. Since people tended to gravitate there, John promised himself that he'd find a way to bring the sofa into the kitchen. At the time it was an idle thought. Now that the work is over and they've created their own solution, perhaps their biggest problem will be getting their guests to go back home at the end of the evening.

AFTER - This comfortable sitting room is now just steps away from the kitchen. Turn right from here and walk into the dining room. Note that the Mexican saltillo tile floor wraps around into this room, creating the visual look of one large space out of what were three smaller ones.



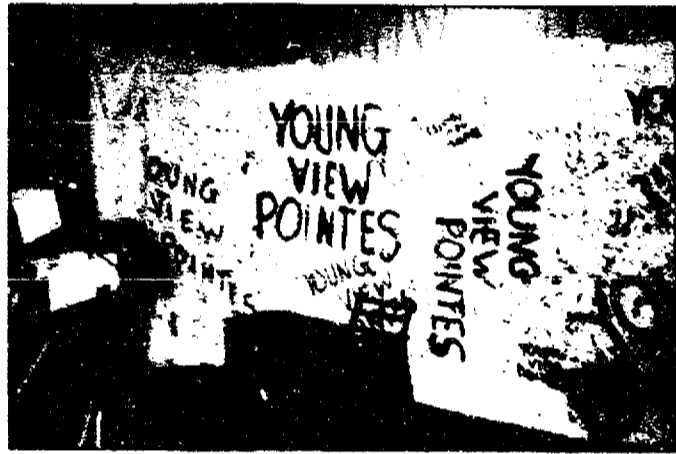


Local program television host John Prost (left) interviews Penny Baller of the Metro Detroit Girl Scouts. Prost is just one of several local residents who hosts his own show as a part of the Grosse Pointe War Memorial's local origination programming for Comcast Cable.

Amy Parvel (below, left), director of community television services, supervises the taping of a show at the War Memorial's television studio control booth.

Local kids get into the act on the set of Young View Pointes, a show produced by kids between the ages of 10-13.

Photos by Jim Stickford



Local studio offers Pointers a spot on TV

By Jim Stickford
Staff Writer

Getting on television these days isn't hard. Ask Pointers John Prost or Johanna Gilbert or Julia Keim or David Draper. Each of these people has his or her own television show, broadcast on Grosse Pointe Cable — Channel 5.

The shows are produced by the Grosse Pointe War Memorial at a studio run by the organization at its headquarters, 32 Lakeshore.

John Prost, a former Grosse Pointe Park councilman, is the producer and host of "Pointers with Prost," an interview show. He first became involved with local origination programming as an interviewee.

"Irv Steiner had an interview show in the 1980s," Prost said. "I was on as a guest a few times in my capacity as a Park councilman and because of my involvement in local Republican politics. When Irv died, I was asked to do a comparable show. I've been doing this since about 1987."

Johanna Gilbert became involved in the War Memorial's community television services 12 years ago. Gilbert is a singer. When the new, evolving local cable system came on,

she thought it would be a great opportunity to bring local performers to the attention of the public.

"Right from the beginning I understood that it was a volunteer activity," Gilbert said. "I made a presentation and told the War Memorial representatives that programs would be scripted and not a free-for-all. It would be a directed and focused show."

"I've been doing it ever since. It has brought me in touch with members of the community. I'm amazed at the richness and diversity of talent that is in Grosse Pointe. It's truly a remarkable community."

Amy Parvel, the Grosse Pointe War Memorial's director of community television services, said that it has always been the War Memorial's responsibility to provide local origination cable television programming. Grosse Pointe Cable, now owned by Comcast, was originally owned by the War Memorial.

Comcast purchased the company in 1994.

The purchase agreement called for the War Memorial to continue to provide the local programming, Parvel said. To that end, a \$2 million production facility capable of recording and broadcasting

See CABLE, page 2B

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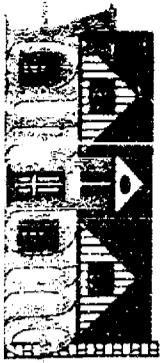
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RETAKES



By Margaret K. Fitzgerald
Special Writer

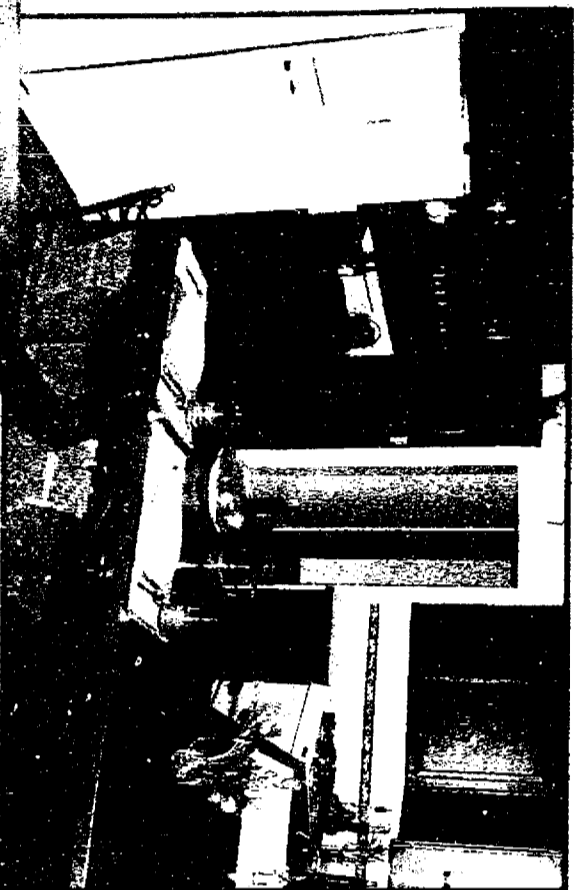
Step into John and Claudia Gelle's newly redesigned kitchen and attached sitting room. An immediate sense of calm enfolds you. Deep blue-green kitchen cabinets and countertops balanced by the warm tones of Mexican saltillo tile floors blend ideally to create a room that is as functional as it is appealing. A southern wall of windows beyond the counter peninsula guarantees a late afternoon bath of sunlight, even on winter's shortest days. Continue around into the sitting room, and relax for a moment on the sofa. Flick on the stereo or the television. Tucked away in the back of this home, comfortable and insulated, the stress of your day is but a distant memory.

This clapboard Victorian farmhouse on St. Clair Avenue in Grosse Pointe was built in 1908. When the Gelles took their first look, its dilapidated frame was clearly in need of attention. In fact, as John put it bluntly, "It was the eyesore of the block." The Gelles were comfortable with the idea that a total renovation was in order, and by the time they worked their way toward the redesign of the kitchen, they had a good idea of what they wanted to do.

Out with the old — all of it

The original kitchen was roomy (measuring 12' by 14') but poorly appointed, with minimal counter and storage space. Beyond this, heading toward the back of the house, was a smaller window-filled entry. The previous owner had taken down a wall, bringing what was a porch into a now more spacious kitchen. Also at the back of the house, abutting the porch-turned-entry space, was a small powder room. This was accessible only through a doorway linked to the dining room. The entire configuration was awkward, with generous spaces not being used to their greatest potential.

The Gelles knew they wanted a kitchen space which would feel like it was part of a bigger area. And they knew that the powder room off the dining room would have to go. Thus the creation of a kitchen-sitting room "1," began to take shape. John first removed the wall which separated the powder room from the entry space and pulled out the plumbing fix-



BEFORE - The spartan white kitchen was sparse but lacked any real work space. The cabinets on the left were given a facelift, while the right side of the room was completely gutted. The doorway beneath the clock on the left was closed off to make room for the refrigerator.

tures. The plan was to turn the entire back portion of the house into a sitting room, connecting it both psychologically and geographically to the kitchen. It would become a place where they could relax with a book or watch the news while simultaneously preparing a meal.

Over the course of three weeks, the room began to take shape. A dropped ceiling with beadboard paneling was installed, to match the original ceiling board on the other half of the room. Gelle also removed four windows to protect the room from the almost blinding effects of the late afternoon sun. A smaller 4' by 3' window now sits in their place. From there, it was a simple matter of installing drywall and crown moldings before the room was ready to be painted white.

The back half of the kitchen was left intact, save for the addition of window trim and a new door. It serves as an ample entrance into the home from the outside, and the abundance of windows here brightens the sitting room, completing the L-shaped space.

Countdown to a better kitchen

There were a number of issues to be addressed in the redesign of the kitchen. Storage was minimal, lighting was poor, and countertop work space was practically nonexistent. The sterile white ceiling-to-floor color scheme looked both old and

AFTER - Colorful but not loud, the kitchen now draws you in. The countertops are well lit and ample. Note the glass doors on the left which replaced the old lowered ones.

dated. Gelle completely gutted the room, saving only the frame of the cabinets along one wall. He redesigned the stove-sink-cabinet side of the room, creating a U-shaped cooking area where the peninsula discreetly separates the kitchen from the sitting room. This approach eliminated the "bowling alley effect" which characterized the old kitchen. Already the room had been transformed into a space well-defined but not cramped.

Gelle laid the saltillo floor tiles himself. The badly worn original wood floors were covered with an adhesive, followed by a 1/2" cement board which was screwed in place. Starting from a center point, the tile was laid out, covering the floor from the front door, reaching back through the kitchen and around into the sitting room. The monolithic look of a single floor material gives the entire space continuity.

To achieve the rich, glowing tones in the cabinetry, Gelle applied latex primer to the cabinet frames, doors and drawers. They were then sanded, and painted a deep green. Next, a diluted navy paint mixture was sparingly applied — just brushed once very lightly over the green — to alter the hue slightly. Then came a high gloss varnish to protect the paint, followed by a dull varnish which created a soft matte finish. Cabinet knobs which resemble antiques, distressed pewter, were installed. Gelle replaced the old tall louvered cabinet doors with glass ones. These now showcase the Gelle's beautiful collection of crystal stemware and colorful ceramic plates. A fornicia countertop in "Bayou Oakle" completes the entire look.

Thing it all together
The Gelles chose colorful accents and casual furniture to make their new kitchen a warm, gratifying place to spend time either with friends, or by themselves. Wrought-iron bar stools with cane backs and seats are a comfortable place to sit while having a quick sandwich. The gate-legged table to the right of the back door was chosen for its distressed, antique look. It complements the long, low cedar chest across the way, given to John by a neighbor from his childhood. A collection of Pewabic tiles dance above the windows in the back. Well-placed track and pendant lights keep the kitchen work areas in clear view.



BEFORE - (Above) This was the powder room, closed in by two walls (abutting the kitchen and the dining room) which Gelle removed. The four windows were the source of too much sunlight, so Gelle removed them and installed a smaller 4' by 3' window.

A KITCHEN RE-CREATION

Defining A Modern Space In An Older Space



BEFORE (Below) - Facing the back of the house, where white tile floors showed every bit of dirt that came in from the outside, this entry room was once a screened porch. Windows replaced the screens, but the refrigerator blocks the view.

AFTER - Gelle added window trim that matched what he found in other parts of the house. A new door with an arched window continues the line of natural light that wraps around this part of the room. Off to the far right is the sitting room.



Quiet ambient light from lamps in the sitting room create a more sanctuary-like atmosphere. Primitive art, collected over the years on trips abroad, is grouped on the wall. It is easy to imagine sitting here reading or talking while music plays in the background and tantalizing aromas from a Mexican dish fill the air. The dinner hour could end up lasting all night.

When the Gelles entertained in their last home, they made every effort to create a living room where their guests would feel comfortable. Yet by the end of the night, everyone always ended up in the kitchen, crushed together elbow-to-elbow. Since people tended to gravitate there, John promised himself that he'd find a way to bring the sofa into the kitchen. At the time it was an idle thought.

Now that the work is over and they've created their own solution, perhaps their biggest problem will be getting their guests to go back home at the end of the evening.

AFTER - This comfortable sitting room is now just steps away from the kitchen. Turn right from here and walk into the dining room. Note that the Mexican saltillo tile floor wraps around into this room, creating the visual look of one large space out of what were three smaller ones.



Grosse Pointe News Features

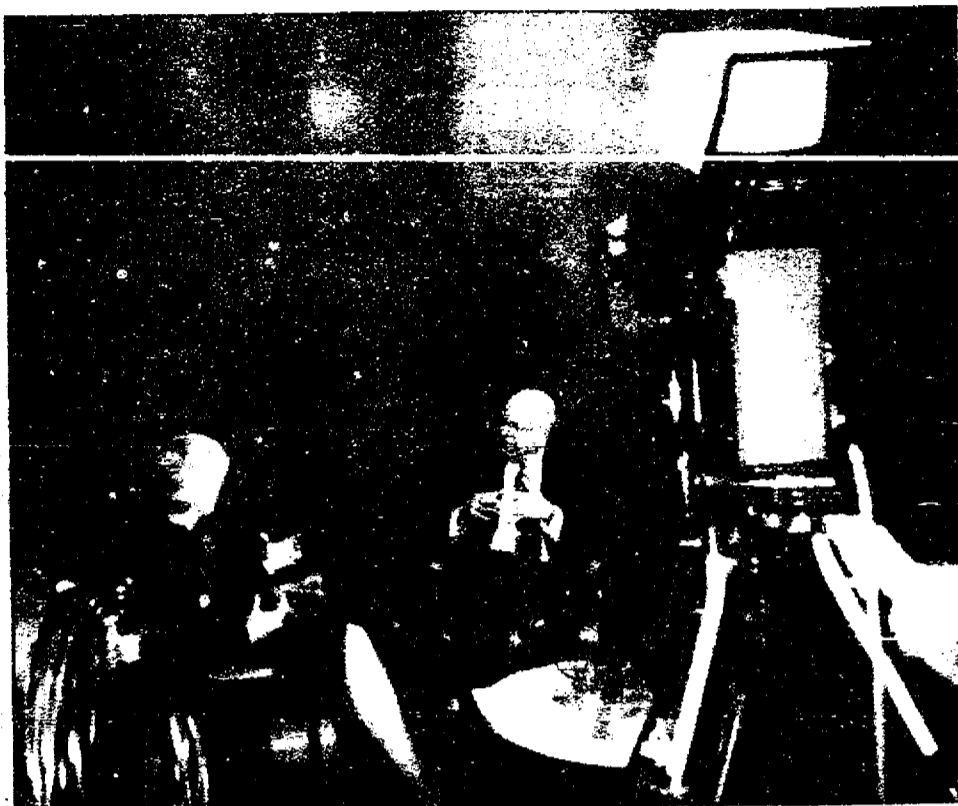
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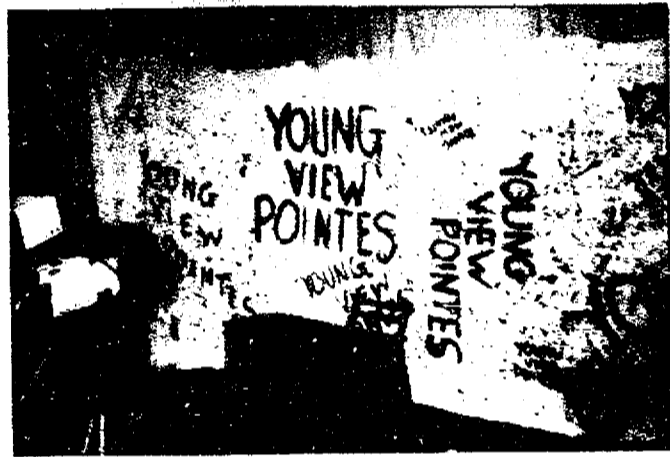


Local program television host John Prost (left) interviews Penny Baller of the Metro Detroit Girl Scouts. Prost is just one of several local residents who hosts his own show as a part of the Grosse Pointe War Memorial's local origination programming for Comcast Cable.

Amy Parvel (below, left), director of community television services, supervises the taping of a show at the War Memorial's television studio control booth.

Local kids get into the act on the set of Young View Pointes, a show produced by kids between the ages of 10-13.

Photos by Jim Stickford



Local studio offers Pointers a spot on TV

By Jim Stickford
Staff Writer

Getting on television these days isn't hard. Ask Pointers John Prost or Johanna Gilbert or Julia Keim or David Draper. Each of these people has his or her own television show, broadcast on Grosse Pointe Cable — Channel 5.

The shows are produced by the Grosse Pointe War Memorial at a studio run by the organization at its headquarters, 32 Lakeshore.

John Prost, a former Grosse Pointe Park councilman, is the producer and host of "Pointers with Prost," an interview show. He first became involved with local origination programming as an interviewee.

"Irv Steiner had an interview show in the 1980s," Prost said. "I was on as a guest a few times in my capacity as a Park councilman and because of my involvement in local Republican politics. When Irv died, I was asked to do a comparable show. I've been doing this since about 1987."

Johanna Gilbert became involved in the War Memorial's community television services 12 years ago. Gilbert is a singer. When the new, evolving local cable system came on,

she thought it would be a great opportunity to bring local performers to the attention of the public.

"Right from the beginning I understood that it was a volunteer activity," Gilbert said. "I made a presentation and told the War Memorial representatives that programs would be scripted and not a free-for-all. It would be a directed and focused show."

"I've been doing it ever since. It has brought me in touch with members of the community. I'm amazed at the richness and diversity of talent that is in Grosse Pointe. It's truly a remarkable community."

Amy Parvel, the Grosse Pointe War Memorial's director of community television services, said that it has always been the War Memorial's responsibility to provide local origination cable television programming. Grosse Pointe Cable, now owned by Comcast, was originally owned by the War Memorial.

Comcast purchased the company in 1994.

The purchase agreement called for the War Memorial to continue to provide the local programming, Parvel said. To that end, a \$2 million production facility capable of recording and broadcasting

See CABLE, page 2B



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United Way auction will be at Detroit Opera House

United Way Community Services will hold its seventh annual "Making Dreams Happen" auction on Friday, Feb. 27, at the Detroit Opera House.

Proceeds from the benefit will go to United Way's youth programs, which encourage youth leadership, teamwork and the importance of sharing talents in service to the community. Some volunteer opportunities included renovating parks, helping children and older adults in recreational activities and assisting in homeless shelters.

"More opportunities are needed where youth can feel encouraged, empowered and know their talents greatly contribute to the community," said Grosse Pointer **Jim Nicholson**, who is sharing the auction chairmanship for the benefit with his wife, **Ann**, and Grosse Pointers **Joan and Bill Gehrke**. "The 'Making Dreams Happen' auction makes this possible by providing funds for youth programs which teach that cooperation, determination and teamwork do make a difference."

Grosse Pointe resident **Anne Magreta**, a sophomore at the University of Michigan and a 1996 graduate of University Liggett School, worked with United Way's youth programs for three years.



Leading the auction volunteer committee for the United Way Community Services "Making Dreams Happen" are four Grosse Pointers. From left, are Jim and Ann Nicholson and Joan and Bill Gehrke.

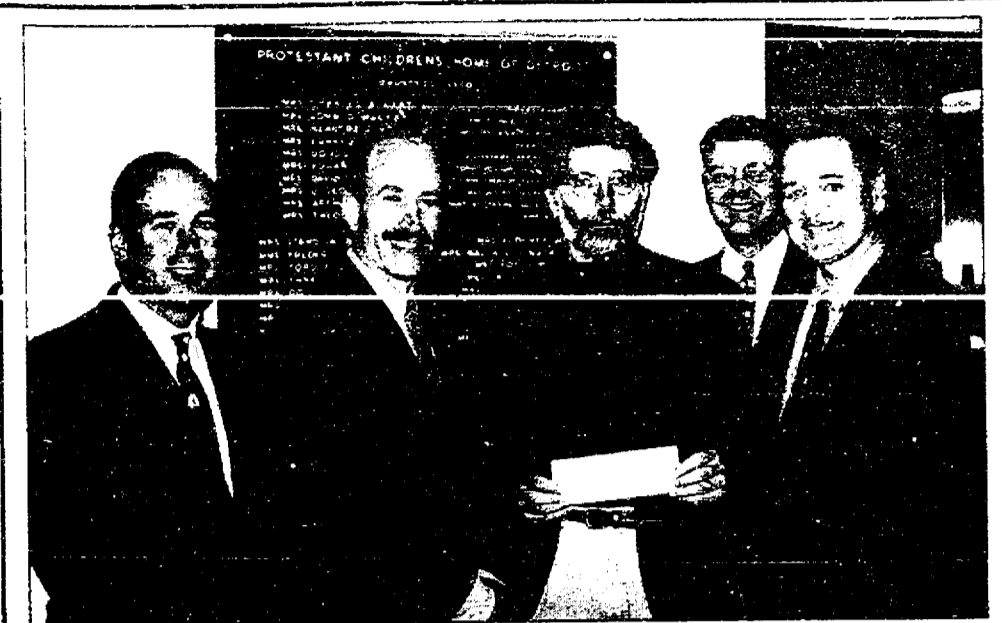
"My experience with the youth programs was the most worthwhile thing I did in high school," Magreta said. "It gave me an opportunity to meet and work with people from different neighborhoods, providing service through varied activities. The perspective I gained on life, people and service to community enhanced the academic education I received in the classroom."

The evening begins at 6 p.m. and will include a sit-down dinner catered by Opus One, silent and live auctions, raffle prizes (grand prize is a 1999 Plymouth Prowler), and a special performance by jazz saxophonist **Kenny G**.

Tickets are \$150 a person. To make a reservation or purchase raffle tickets, call **Vernessa Williamson** at (313) 226-9413.

Evening of Hope: Leukemia, Research, Life Inc. is putting the final touches on its 17th annual "Evening of Hope" dinner dance, which will be held on Saturday, Feb. 28, at Laurel Manor in Livonia.

Close to 1,000 guests are expected to attend and planners hope to raise \$75,000 or more to benefit the non-profit organization dedicated to the elimination of childhood cancers through research at



Italian-American Delegates

Representatives of the Italian-American Delegates recently presented a \$1,500 check to the Children's Home of Detroit, 900 Cook in Grosse Pointe Woods. The IAD has been an annual contributor to the CHD for the last five years.

From left, are **Dr. Angelo Tocco**; **Vito Tocco**; **Michael Horwitz**, executive director of the CHD; **Sam Ventimiglia**; and **Gary Taormina**.

Children's Hospital of Michigan.

The masters of ceremony will be TV personalities **Denise Dador**, **Lila Lazarus** and **Rich Fisher**. The evening will begin at 6:30 p.m. and will include cocktails, a silent auction, dinner, dancing and a raffle.

Among the Grosse Pointers who are supporting the evening are **Rick and Sharon Fromm**.

Tickets are \$60 a person. To order, call **Eileen Surma** at (313) 581-5647.

And the winner...

"Oscar Night America," a fundraiser for Detroit Film Theatre, will be held for the second year in a row on... you guessed it... Oscar Night, Monday, March 23.

The evening will be dedicated to all the glamour and glitz of Hollywood and will be held at Intermezzo Restaurant in Detroit's Harmonie Park.

Last year's party, a sellout, raised more than \$40,000. This year's honorary chairmen are **Mayor Dennis W. Archer** and the **Honorable Trudy Archer** and **Mr. and Mrs. Elmore "Dutch" Leonard**.

The evening will include a buffet supper, open bar, multiple large screen projections of the Oscar telecast, a live auction with local celebrity auctioneers and prizes. Each guest will get an official Academy Awards poster and a limited edition program like the one given to guests at the real Academy Awards ceremony in Los Angeles.

Among the Grosse Pointers who are on the board of directors of the Cinematic Arts Council: **E. Ray Scott**, **Ralph Mandarino** and **Diane Schoenith**. **Shirley Young** is on the council's advisory board.

Seating for "Oscar Night America" is limited. Guests are encouraged to dress up in their best Hollywood attire. Tickets are \$125. Call the DIA volunteer office at (313) 833-0247.

Bring a friend: The Assistance League to the

Pointe symphony director to lead chamber group

Felix Resnick, music director and conductor of the Grosse Pointe Symphony and the Birmingham-Bloomfield Symphony orchestras and violinist with the Detroit Symphony Orchestra, will direct a new chamber orchestra, the Emerald Sinfonietta.

The group's first concert will be at 3 p.m. Sunday, March 8, at St. John Vianney Church, 54045 Schoenherr in Shelby Township.

Tickets are \$20; \$15 for seniors and students with IDs. Concert proceeds will benefit the church's music ministry. To order a ticket, call (313) 438-0780.



Action Auction

The Grosse Pointe Academy's Action Auction committee held an update reception at the home of **Barb and D.J. Kennedy** recently, as plans for the annual fundraiser are under way. Theme for the 1998 benefit, which will be held on **May 6 and 9: "It's Elementary."**

This year's Action Auction chairmen are, from left, **John and Sheri Conway**, **Dr. Cathy Nowosielski** and **Jeff Lutz**.

Tickets for the benefit will go on sale in March. For more information, call **Nancy Collins** at (313) 886-1221.

Northeast Guidance Center will hold an open house for prospective members on Tuesday, March 3, at 6:30 p.m. in the tennis house of the Grosse Pointe Hunt Club, 655 Cook in Grosse Pointe Woods.

ALNEGC is a non-profit group of more than 100 women who enhance the objectives of the Northeast Guidance Center through volunteer and financial assistance. Members work in a hands-on capacity, planning and carrying out fundraising and friend-raising activities, including the annual "Art on the Pointe" event held each June on the grounds of the Edsel & Eleanor Ford House. Reservations are necessary for the open house. For more information, call (313) 824-5699.

On the Town: The Juvenile Diabetes Foundation will present "Off the Ice and On the Town," a special evening with Red Wings players and coaches on Monday, Feb. 23, to benefit the foundation.

The event will include dinner at **Risata** and a performance at **Second City**. The wives of the Red Wings have planned an auction of surprise items. The Stanley Cup will also be on display.

Chairmen of the event are **Cynthia Ford** of Grosse Pointe Farms and **Annette Kolon**. Other Grosse Pointers involved in the benefit include **Dale Austin** and **Diane Schoenith**.

Tickets are \$200. For information, call the JDF office at (248) 569-6171.

Benefit dinner: The Composite Lodge No. 499 and Laurel Acacia Eastgate No. 477 Free & Accepted Masons are sponsoring a benefit dinner for **Judy Busby** at 6:30 p.m. Wednesday, March 11, at Pointe Masonic Temple, 1850 Vernier in Grosse Pointe Woods. Tickets are \$20 and all proceeds will benefit Busby and her child. For information, call **Ray** by Monday, March 9, at (313) 331-2104.

— Margie Reins Smith

Meetings

Garden club
The Grosse Pointe Park Garden Club met Feb. 9 for lunch at the Victoria Place. **Roger Sutherland** gave a slide presentation, "Flowers Really Know How to Get Things Done."

Camera club
The Grosse Pointe Camera Club will meet at 7 p.m. Tuesday, Feb. 24, at Brownell Middle School for a program on night photography by **Bill Buchanan**. Refreshments will be served and visitors are welcome. For information, call (313) 824-9064 or (313) 822-7080.

Newcomers
The Grosse Pointe Newcomers Club will meet on Saturday, Feb. 21, at Fishbone's Mardi Gras Cafe for a New Orleans-style party. The price is \$47 a couple. For more information, call **Steve and Amy Murphy** at (313) 885-1761 or **Craig and Dawn Bloomfield** at (313) 882-5269.

Women's Connection
The Women's Connection of Grosse Pointe will meet on

Thursday, Feb. 26, at a private club in Grosse Pointe. The speaker will be **Dr. Lylas Mogk**, medical director of the Visual Rehabilitation and Research Center of southeast Michigan. The Women's Connection is a women's support and networking group for professional women and those entering the workforce. For more information, or to make a reservation, call **Nancy Neat** at (810) 777-0888 during the day, or (313) 882-1855 evenings, by Monday, Feb. 23.

Sigma Nu Phi
The annual founder's day dinner of the Taft chapter of the Sigma Nu Phi (legal) fraternity of the Detroit College of Law will be held on Friday, Feb. 27, at Laurel Manor, 39000 Schoolcraft in Livonia. The speaker will be **Justice Marilyn J. Kelly** of the Michigan Supreme Court. Cocktails begin at 6, dinner will be served at 8 p.m. The cost is \$40 a person. To make a reservation, call **Neil J. Lehto** at (810) 726-1000 or e-mail to nlehto@ameritech.net.

Garden center
The Grosse Pointe Garden Center has planned two spring lectures. "Planning and

Planting for Spring in your Garden" will be presented from 10 a.m. to noon Saturday, March 7, by **Mary Hair**, **Tim Boland** and **Laura Coit**, authors of "Michigan's Gardeners Guide."

The event will be held in the activities room on the same day as the Grosse Pointe Board of Realtors Home and Garden Expo. Garden Center members may attend free. The charge for non-members is \$5.

Don Jensen, floral arranger and owner of The Arrangement Flower Shop, will present a program at 7:30 p.m. Thursday, March 12, in the Art Room of the War Memorial. The public is welcome and refreshments will be served. For more information about either event, call (313) 881-4594 Tuesday through Thursday between 10 a.m. and 4 p.m.

Singles club
Selective Singles Social and Travel Club, a singles club for people 45 and older, will meet on Friday, Feb. 27, at Bravo's, 29047 Utica in Roseville, for cocktails, conversation and dinner at 6:30 p.m. For reservations, call **Ramona** at (313) 884-2986 or **Bob** at (810) 777-6508.



Fine Arts Society

"The Supporting Cast," was presented by the Fine Arts Society recently to a sellout audience.

The cast included, from left: **Marilyr McCowell**, **Geno Pirrami** and **Karen Quarnstrom**. In the front, from left, are **Julia Keim** and **Sue Owens**.

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Annual exams recommended for women

By Dr. Paul C. Nehra
Special Writer

An annual gynecologic examination allows your physician to screen for a variety of conditions including breast, cervical, ovarian and uterine cancers. Any additional screenings are based on your age, family and medical history, physical findings and any abnormal test results.

Breast cancer accounts for 32 percent of all cancers in women and 18 percent of deaths from cancer. If one lives long enough, the risk becomes one in nine for developing the disease.



Dr. Paul C. Nehra

The "gold standard" for screening for breast cancer is mammography. Most organizations recommend the first exam at age 35 to 40. After age 40, annual mammograms are recommended. Previously, recommendations called for a mammogram every two years between ages 40 and 50, but more recent data suggests that annual exams are preferable.

If you have a family history of breast cancer, your doctor may insist on more frequent exams.

While mammography is our best tool for detecting breast cancer, it is not perfect. Up to 10 percent of breast cancers may not be detected by mammography. Monthly self-examination also is important in identifying lumps and other changes. If you do detect a lump and the mass persists, see your doctor. Remember that early detection is important to a successful result when treating cancer.

Cervical cancer is screened via the PAP smear. The American College of Obstetricians and Gynecologists generally recommends an annual PAP smear for sexually active women. The test can help detect precancerous changes of the cervix.

If a PAP smear is abnormal, your doctor may recommend a procedure called a colposcopy. The biopsy that results from this test will determine which treatment regimen is appropriate.

Patients with a previous hysterectomy may not require a PAP exam every year, but should have one every three years. However, an annual pelvic exam is recommended for these women. Patients frequently equate a PAP smear and pelvic exam, and feel "cheated" if the PAP smear is not performed.

There is no good screening test for ovarian cancer. This is typically the most aggressive cancer of the reproductive tract. Approximately one in 70 women will develop this type of malignancy, with women over age 40 being at greater risk.

The best screening tool is still an annual pelvic exam. In some cases, an ultrasound and use of a tumor marker (blood test) may be indicated.

Ovarian cancer's symptoms may be vague, including nausea, a feeling of indigestion or nonspecific abdominal discomfort.

Routine widespread screening for uterine cancer is not indicated. However, women over age 35 to 40 with a history of abnormal bleeding (short menstrual cycles, prolonged bleeding, intermenstrual bleeding) should see a doctor.

Uterine cancer screening most often involves a uterine biopsy performed in the physician's office. Ultrasound also may be used as a screening technique when certain risk factors are present, with a biopsy then performed if results are worrisome.

Some risk factors of uterine cancer include:

- obesity
- diabetes
- hypertension
- a long-standing history of infrequent menses
- inappropriate use of estrogen or estrogenic compounds.

Another type of gynecologic cancer that may be present with minor symptoms is vulvar cancer. The cancer is most common after menopause. Precancerous changes may also be diagnosed. Vulvar skin biopsy, usually done under local anesthesia, leads to a diagnosis. Symptoms include itching and discoloration of the skin.

Women should not assume that all genital itching is caused by a yeast infection. Frequently, pruritis indicates something else. If vulvar itching persists, visit your physician.

As mentioned earlier, an annual gynecologic exam is recommended for women of reproductive age to screen for a number of cancers and precancerous conditions.

An annual exam also provides your doctor with an opportunity to detect other conditions such as hypertension, elevated cholesterol, weight problems, eating disorders, colon cancer, urinary tract abnormalities (incontinence), osteoporosis and diabetes.

Dr. Paul Nehra, of Eastside Gynecology & Obstetrics, P.C., is chairman of the Obstetrics & Gynecology Department at Bon Secours Hospital.



Auto Show charity preview

Enjoying a good time at the Jan. 9 charity preview party for the North American International Auto Show are Grosse Pointe Beth Moran, the charity preview chairperson for Children's Services of Northeast Guidance Center; Detroit Mayor Dennis Archer; Cheryl Coleman, executive director of the Northeast Guidance Center; Paul and Lynn Alandt, honorary chairmen for Children's Services of the Northeast Guidance Center; and Terry Stuart, one of the 800 children serviced by the NEGC.

The center received \$318,000 from the preview party proceeds, thanks to the Detroit Automobile Dealers Association.

'Swing Street Revisited' to feature jazz and art

"Swing Street Revisited" — the hottest jazz and jazz art — is coming to Grosse Pointe at 6 p.m. Sunday, March 29. For one night only, the Crystal Ballroom will be transformed into Jimmy Ryan's Club from New York's 52nd Street.

During the heyday of jazz — the 1940s, '50s and '60s — on that one short block from Fifth Avenue to Sixth Avenue were many jazz clubs where all the greats of the era played: Dizzy Gillespie, Count Basie, Louis Armstrong, Fats Waller, Billie Holiday and Sidney Bechet. The music was swing, bebop, "Art Tatum" style and Dixieland. Musicians came together to play set after set. Customers would stroll from club to club to listen to those musicians and their various styles of music.

Lining the walls of Jimmy Ryan's Club were paintings of the musicians painted in the club as they performed during that era. They were all the work of Davis Quinn — musician, artist, and (by day) an executive of Chubb & Son.

He painted more than 400 paintings which hung on the walls of Jimmy Ryan's Club. It is from Jimmy Ryan's that Grosse Pointe Fred Ruffner began to buy these paintings. As the wrecking ball was readied to finally demolish Jimmy Ryan's, one of the last clubs left, Ruffner bought the last remaining paintings literally off the walls.

"Swing Street Revisited" will showcase 11 of Detroit's top jazz musicians: Marcus Belgrave, George Benson, Tom Brown, Paul Klinger, Don Mayberry, Bill Meyers, Bert Myrick, Stu Sanders, Gary Schunk, Ursula Walker and Jim Wyse. They will play swing, bebop, Dixieland and they'll do some jamming. Marcus Belgrave will do his famous rendition of Louis Armstrong. There will be special appearances by Lars Bjorn with Linda Yohn as "The Baroness."

As the musicians play,

they will be surrounded by 50 of Davis Quinn's paintings from the collection of Fred Ruffner. This will be the only Michigan showing of these paintings.

DSO conductor Neeme Jarvi is honorary chairman, and benefactors are Valente Jewelers and Merrill Lynch, with the support of the city of Detroit Cultural Affairs Department and the Michigan Council for Arts and Cultural Affairs. The show is being produced by the Grosse Pointe Arts Council, The Jazz Forum

Council Corner

Arts Council
313-438-2434

and the War Memorial. Additional help is being provided by the Grosse Pointe Theater and the Grosse Pointe Artists Association. More information is on Grosse Pointe Cable. Watch Bunny Denler's show during the week of March 2 and Johanna Gilbert's show during the week of March 9.

Tickets are \$50 a person for Inner Circle which includes a complimentary beverage, program listing and a full color catalog of the Davis Quinn paintings for your table; \$35 a person for Outer Circle, which includes cabaret seating with a complimentary beverage; and \$25 for theater seating.

A complimentary buffet will be served and there will be a cash bar. For more information, call the Arts Council at (313) 438-2434. Tickets are on sale at the War Memorial at (313) 881-7511. Tickets will be mailed two weeks before the performance.

For jazz fans who want

their music earlier in the month of March, the Jazz Forum will give its first concert of the Spring Series on Wednesday, March 11, at 8 p.m. at the Unitarian Church, 17150 Maumee. Playing will be the Larry Nozero Quartet and Patti Richards on vocals.

Individual concerts are \$10 in advance; \$12 at the door; or you can attend all three in the series for \$25. For additional information, call (313) 961-1714.

The Detroit Society of Women Painters is having its annual show at Ambleside Gallery on Fisher Road. It's a fantastic show, and well worth a visit to the gallery.

Grosse Pointe artists represented are M. Stirling Allardice, Zena Carnaghi, Isabella Goosen, Charmaine Kaptur, Dorothea Krieg, Carol LaChiusa, Nancy Proffit, Bette Prudden, Virginia Sendelbach, Elaine Schaitberger, Ruth Whipple, Beverly Zimmerman and Loria Zurvalec. Our own Ruth Whipple won an award. The show runs until Saturday, Feb. 21. For more information, call (313) 885-8999.

The next general meeting of the Grosse Pointe Artists Association will be held on Monday, March 2, at 7:30 p.m. at the War Memorial. National award-winning artist Tom Hale will be doing a critique of members' works. The meeting is open to the public. New member jurying will take place in the beginning of April.

Anyone who is interested should call Sue McDonald at (313) 822-7509 for more information.

— *Bunny Homan,*
President,
G.P. Arts Council

Rehabilitation programs offered at Bon Secours

As part of its ongoing pulmonary and cardiac rehabilitation programs, Bon Secours Hospital offers the following classes for muscle strengthening and endurance training:

Asthma Education Program — The course is offered to asthmatic children and their parents. It is designed to provide information about asthma and how it can be managed effectively.

The three-session course will be held from 7 to 8 p.m. Thursdays, March 5, 12 and 19, in the Cardiopulmonary Department at Bon Secours Hospital. Call (313) 343-1594 for more information.

There is a \$10 charge per family. Adults with asthma, curious about management of their disease, can call the same number for additional information on adult course offerings.

Pulmonary Rehabilitation Program — A physician's referral is required for this educational exercise program for people with chronic obstructive pulmonary disease. For more information, call (313) 343-1594 between 7 a.m. and 5 p.m. weekdays.

Cardiac Rehabilitation Program — A physician's referral is needed for an educational exercise program for people likely to develop heart disease as well as those recovering from cardiac illness/surgery. For more information, call (313) 343-1594 between 7 a.m. and 5 p.m. weekdays.

American Lung Association Breather's Club — The educational support group is for people with chronic obstructive lung disease such as emphysema, bronchitis or asthma. The group meets on the third Monday of each month from 3 to 4:30 p.m. in the Bon Secours Hospital Connelly Auditorium. You may join at any time. There is no charge. For more information, call (313) 343-1594.

Alliance for Mentally Ill offers lecture

The Alliance for the Mentally Ill meets most Mondays at 7:30 p.m. at the Henry Ford Continuing Care Center, 19840 Harper in Harper Woods. On the second Monday of the month, the meeting will be held at 1:30 p.m. at Grosse Pointe Woods Presbyterian Church, 19950 Mack in Grosse Pointe Woods.

The alliance and Grosse Pointe Community Education will co-sponsor a program about shyness and social phobia on Monday, Feb. 23, at Barnes school. Dr. Manuel Tancer will discuss the continuum between shyness, social anxiety and social phobia. The charge will be \$5, and half of the proceeds will go to brain research. For more information, call (313) 343-2178.

For more information about the alliance, call Margaret at (313) 884-9005 or Frances at (313) 839-9826.

Your Skin

by Lisa A. Manz-Dulac, MD



Nails, whether on our hands or feet, are susceptible to long-term damage or loss if not given the proper pampering.

To keep nails healthy and looking their best I wear gloves to protect them from cleaning solvents and other abuses. But the nail salon be sure that instruments are sterile or bring your own. If you wear acrylic nails or extensively use polish, allow nails to rest for 1 or more months each year and do not manipulate

late cuticles to ensure the nail matrix remains protected. Early detection and treatment of damaged or infected nails can prevent the development of serious problems, including loss of nails. In addition, changes in your nails may indicate other health problems that need to be addressed.

To learn more about keeping healthy nails, contact your dermatologist, or call us at **Eastside Dermatology, Dr. Lisa A. Manz-Dulac and Associates** (313) 884-3380



Hospital promotes heart health

Bon Secours Hospital will offer a HeartHealth Essentials program to educate people on the important aspects of maintaining good heart health and reducing the risk of coronary heart disease.

management.

The class will be offered from 6 to 8 p.m. Thursdays, March 5, 12, 19 and 26, in the Bon Brae Center classroom, 22300 Bon Brae in St. Clair Shores.

The cost is \$40 a person (which includes the HeartHealth Essentials book).

For more information or to preregister, call (810) 779-7900 between 9 a.m. and 4 p.m. weekdays.

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Exceptional art

View an exceptional selection of fine arts and select crafts, including works by Heather Lane Pottery, Michael Derbyshire, Jon Tury and Stella Holmes, at the Grosse Pointe South High School Art Fair, Saturday, Feb. 28, from 10 a.m. to 5 p.m., in Grosse Pointe South High School, 11 Grosse Pointe Boulevard in Grosse Pointe Farms. Proceeds from this event, which also includes an artists' raffle, benefit the school's athletic programs and scholarship funds. Admission is \$2. Call (313) 343-2133.

Seeds & skis

Enrich your children's mind, body and spirit with the educa-

tional and social programs of the Grosse Pointe War Memorial, 32 Lakeshore in Grosse Pointe Farms. Little green thumbs can discover more about the animal tracks in your winter garden during a Seeds To Grow On Get Tracking program on Saturday, Feb. 21, from 10 to 11 a.m. The fee is \$1. Skiers in Grades 6 to 12 should sign up now for the Ski High Club trip to Pine Knob on Friday, Feb. 27, from 4:15 to 11:30 p.m. Membership is \$20. For more information, call (313) 885-5755. Club members, ages 5 through 14, can also register now for their Saturday, Feb. 28, trip to Pine Knob, from 9 a.m. to 4:30 p.m. Membership is \$50 per person or \$125 for families.

fees vary. Preregistration is required for most programs. Call (313) 881-7511.

Open House

Find out what Memorial Nursery School, located at Grosse Pointe Memorial Church, 16 Lakeshore in Grosse Pointe Farms, has to offer your son or daughter during their Open House on Monday, Feb. 23, from 9 to 11:30 a.m. Parents and little ones are invited to this introduction to the co-operative preschool for children ages 3 and 4. Call (313) 417-9265.

Tuesday notes

The Tuesday Musicals, now in its 114th year, offers an innovative and entertaining introduction to classical music.

complete with cows and a dance contest, for the whole family, Saturday, Feb. 28, at 10:30 a.m., in the Grosse Pointe War Memorial. Call (313) 445-6297.

North's pirates

Gilbert and Sullivan's comic operetta The Pirates of Penzance will be brought to life by the thespians of Grosse Pointe North High School in North's Community

Performing Arts Center, 707 Vernier in Grosse Pointe Woods, Thursday, Feb. 26 through Saturday, Feb. 28, at 8 p.m. Tickets are \$7 and can be purchased at Hedy's Books and Gifts, 19415 Mack in Grosse Pointe Woods and Wild Birds Unlimited, 20458 Mack in

Grosse Pointe Woods, or at the door (313) 343-2239.

Volumes of fun

Reading In The Park, 15129 Kercheval in Grosse Pointe Park, offers volumes of fun-filled programs for children. Girls and boys, in grades 1 to 5, partake in a pair of programs. Find fascinating facts about life along the Nile and create sugar cube pyramids during a free Mummies Made in Egypt Winter Workshop and craft time on Monday, Feb. 23, from 3:45 to 4:30 p.m. Make Gum Wrapper Chains and enjoy stories from the American Girl Collection during a free American Girl Workshop on Tuesday, Feb. 24, from 3:45 to 4:30 p.m. Youngsters can hear

stories about birds and make their own bird feeders during the free Preschool Story Hour on Monday, Feb. 23 and Tuesday, Feb. 24, from 10:30 to 11:15 a.m. Call (313) 822-1559.

Story time

Barnes & Noble, 19221 Mack in Grosse Pointe Woods, invites young readers to enjoy free Children's Story Times and coordinating crafts. On Tuesday, Feb. 24, at 11 a.m., hear Clifford Gets The Job Done and make a craft based on what you want to be when you grow up. Listen to Jerry Prasecki and Wendy Rollins read the Adventures of Na-Uh and Na-Huh on Thursday, Feb. 26, at 7 p.m. Call (313) 884-5220.



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Edward Nepi Salon

We're back home with our doors open wide. After a fire forced us to close our doors in early January, we reopened February 16. Edward and Tess Nepi extend their sincere thanks to all those who helped during the past six weeks. Tammy Tedesco of Spa Bellagio invited the Nepi crew to service their clients at Spa Bellagio on 21511 Harper in St. Clair Shores. Nepi employee Barbara Strzelicki kept everything in running order. Many thanks to all Nepi employees including Mary Holloway, George Liller, Cindy Gardner, Ronald Ruel, Laurie Tutak, Sophia and Christine. A special mention goes to David Wagensomer of Phillips Contracting, Inc. who remodeled the Nepi salon from top to bottom in a quick and efficient manner. The Nepi's also thank their many clients for their patience and understanding during this hectic time. Edward Nepi Salon...at 19463 Mack, (313) 884-8858.

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calendar of events

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Serve it in style - and save! Wilton Armetale's vegetable motif salad bowl set is the perfect addition to your dinner table. Regularly priced at \$112, it's on sale for only \$69 through March 21. Gifts.

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Bouquet of dresses. Come see the beautiful selection of bright spring dresses from Shomi, Dana Buchman and YL. Dress Salon.

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calendar of events

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Grosse Pointe News Sports

Section C

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FEBRUARY 19, 1998

North wrestlers win MAC White dual meet showdown

by Chuck Klonke
Sports Editor
It was just what Art Roberts had hoped for. A showdown between two unbeaten teams with the Macomb Area Conference White Division dual meet wrestling championship on the line. And to make things even better, Roberts' Norsemen came out of the showdown with a 35-27 victory over Sterling Heights.

how wrestling is supposed to be. You didn't have to be rooting for one of the teams to enjoy that." The meet was tied at 18-all when North ran off a string of five straight victories. Eddie Wright started it with a 6-3 win at 145 pounds against Brian Kelp, who had won the championship in the Macomb County Invitational at 140 pounds. The string of North victories ended with a thrilling 16-15 win by Joe Brennan over Ed Nemer-Kaiser at 189 pounds. In between the Norsemen got victories from David Hirt,

8-0 at 152 pounds; Jeff Kalkhoff, 3-1 at 160; and Gary Bordato, 11-2 at 171. Wright was wearing a protective mask because Kelp had picked up two victories on injury defaults during the Macomb Invitational when he had bumped his opponent with his head. "We just didn't want to take any chances," Roberts said. "Eddie wore the mask in practice for a couple of days so he would get used to it. He wrestled a great match — he had a great week." Wright and Kelp were tied 3-3 after two periods. Wright took an early 2-0 lead on a takedown, but Kelp came back with an escape and a takedown to lead 3-2. Wright tied the match with an escape in the closing seconds of the first period.

recorded. "There was no stalling in that match. Both kids really went after it. If Joe had been pinned, we'd have lost the meet." There was also a bit of luck involved for the Norsemen. They won the coin toss to choose who to put out first for the even matches (second, fourth, etc.) which meant Sterling Heights had to declare a wrestler for the odd-numbered matches. "We knew they were going to void at either 130 or 135 and they wanted to void against Derek (Phillips)," Roberts explained. "Since the 130 match was the fifth, they had to announce their wrestler first. When they took the void, I put Derek in at 135. I knew then we had a sure 12 points."

doubt at press time. The third-place finish was disappointing for North. "A couple of kids we counted on lost one-point decisions in the semifinals and didn't place," Roberts said. "Hopefully, we learned a few things and we won't slip up again in the state meets." Phillips, Wright and Bordato each won championships in the division meet. Phillips won all three of his matches at 130 pounds on pins, including a fall against Center Line's Brad Merle at 1:54 of the final. It was the fourth straight league championship for Phillips, who is 35-3 this season with 27 pins.

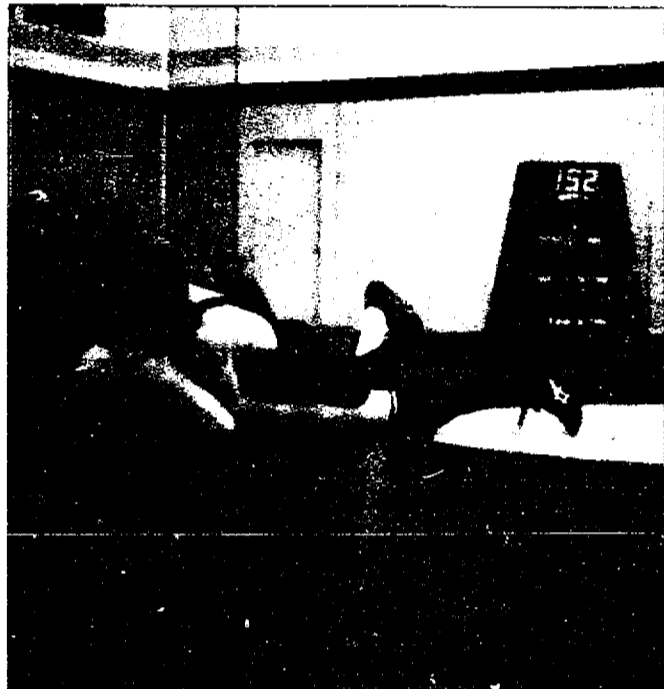
"Derek is the first North wrestler to finish first in the league team straight years," Roberts said. Wright chalked up his second league title in a row with an 8-4 decision over Sterling Heights' Kelp at 145. Wright won his first match on a fall, then posted an 11-0 decision. "Eddie continued to wrestle great," Roberts said. "I was close to defaulting him after he got his head jammed into the mat, but he didn't want to quit. He just said, 'let me get back out there.'" Bordato pinned his way to a third straight league championship, stopping Alayan of Sterling Heights.

See NORTH, page 2C



Photo by Rich Sillars

Eddie Wright, wearing the mask, goes for a takedown against Sterling Heights' Brian Kelp in the 145-pound match. Wright's 6-3 win over Kelp was the first of five straight victories for Grosse Pointe North on its way to a 35-27 win over the Stallions.



North's David Hirt, top, kept the victory streak going with an 8-0 decision over Chris Floras at 152 pounds.

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The Grosse Pointe Hockey Association Midget AA Bulldogs won the championship in the International Silver Stick tournament in Sarnia, Ontario.

Midget AA Bulldogs take first place in Silver Stick tournament

The Grosse Pointe Hockey Association Midget AA Bulldogs won all five games to take first place in the North American Silver Stick championships in Sarnia, Ontario.

The Bulldogs beat Montreal 1-0 in the championship game and goalie Jim Christman posted his second shutout of the tournament.

Grosse Pointe's other victories were against Philadelphia; Fairbanks, Alaska; Pekin, Ill.; and Sudbury, Ontario.

This tournament was especially gratifying to win because all of the teams had to win qualifying tournaments to participate in the finals," said head coach Jim Kendall.

This was the 29th annual tournament which is held in Port Huron and Sarnia. The championship trophy is a sterling silver stick.

The Bulldogs earned a spot in the finals by defeating seven other Michigan teams in the regional tournament in St. Clair Shores.

"The tournament was an exciting one for everyone because many of the games were decided by a single goal," Kendall said.

"Our goaltending by Jim Christman and Brandon Tinkham was outstanding. Our forwards — captain Francis Rodriguez, Jay Reece, Ryan McCuen, Rob Brachel, Matt Brachel, Rich Williams, Jason Bernardi, Jason Douglas, Mike Barnes and Dan Sluka each contributed key points. And our defense of Matt Kenney, Bill Artymovich, Mike Young, Jeff Giffer, Nick Pouliot, Brian Lisiecki and Ryan Nankervis shut down the opposition at crucial times."

Each player on the team received a sterling silver pin.

"We were proud to represent the Grosse Pointe Hockey Association in this tournament," Kendall said. "We're very happy to be able to present them with another banner to hang."

The Bulldogs won the 1997 Midget A state championship.

Squirt AA Bulldogs win uphill battle in MAHA District tourney

The Grosse Pointe Hockey Association Squirt AA Bulldogs had an uphill battle, but they finally won the Michigan Amateur Hockey Association District 3 championship and are awaiting the state tournament next month.

The Bulldogs, who lost 5-2 to Belle Tire in the first round of the district, had a rematch with that squad in the finals of the double-elimination tournament and had to beat Belle Tire twice to win the title.

Belle Tire, on the other hand, needed only one victory after going unbeaten in the first round.

Grosse Pointe won the first game of the finals 3-0.

The Bulldogs carried the play in the first period of the second game, but it was scoreless going into the second period.

Belle Tire's goalie turned back several Grosse Pointe shots in the second period, too, but midway through the period Rob Small fed a perfect pass to Sam Sherer, who gave the Bulldogs a 1-0 lead.

Ten seconds later, Tony Alfonsi scored from Derek Mayoros to give Grosse Pointe a two-goal cushion.

With just over a minute left in the game, the Bulldogs had a breakaway attempt that was stopped by the Belle Tire netminder. The Bulldogs were caught deep in their zone and Belle Tire took advantage of the lapse to cut the lead to 2-1.

But the Bulldogs controlled the final seconds and mobbed their goalie when the buzzer sounded.

Grosse Pointe had strong play throughout the tournament from goaltenders Jordan Zielke and Anthony Luckow; defensemen Adam Abraham, Drew Davis, Chris Kenney, Stefan Harris and Andrew Tignaneli; and forwards Chris Fox, Cameron Burt, Alfonsi, Mayoros, Small and Sherer.

The Bulldogs opened the tournament with a come-from-behind 4-2 victory over the defending district champion USA Panthers.

They then nipped a strong Royal Oak squad 1-0 before losing 5-2 to Belle Tire.

The Bulldogs got a chance to regroup after the defeat and eliminated Royal Oak 5-2 to earn a spot in the finals.

Tony Alfonsi is the Bulldogs' head coach. His assistants are John Day and Rob Small. Ken Nowak and Kurt Luckow coach the goalies. Harry Harris is the manager.



The Grosse Pointe Hockey Association Squirt AA Bulldogs took first place in the recent Michigan Amateur Hockey Association District 3 championships. The Bulldogs defeated Belle Tire twice in the final round to win the title.



The Grosse Pointe Hockey Association Squirt A Bulldogs beat the Ann Arbor Chiefs 3-2 in overtime to win the championship in the Plymouth Holiday Classic.

Squirt A Bulldogs win in overtime

The Grosse Pointe Hockey Association Squirt A Bulldogs made their second venture into an overtime tournament final a successful one with a 3-2 victory over the Ann Arbor Chiefs at the Holiday Classic in Plymouth.

Michael Reisig scored the winning goal with 2:18 left in overtime as the Bulldogs avenged a 4-1 loss to the Chiefs in the opening round of the tournament.

Scott Granger won a battle along the boards and fed the puck to Reisig, who broke down the middle and beat the Ann Arbor goalie with a wrist shot.

The Chiefs led 2-0 after two periods, but the Bulldogs put on heavy pressure in the third period with the forechecking of Drew Casazza and Steve Gorman.

Tom MacEachern got the Bulldogs on the scoreboard with 3:14 left in the third period with an assist to tournament MVP Reisig and Mike Paglino tied the game with 1:47 remaining.

Scott Campbell, Jim Solomon and Reisig played an outstanding defensive series with strong performances in goal by Mike MacKool and Joe Wurst.

The Bulldogs lost 4-1 to the Chiefs in the opening game of the tournament, but Grosse Pointe bounced back to beat the Plymouth Stingrays 3-1.

Matt Long's second-period goal gave Plymouth a 1-0 lead, but Reisig put the Bulldogs ahead with goals on two hard shots from the point and Tom MacEachern capped the scoring on a breakaway, set up by Reisig.

Josh Halas, Granger and MacEachern also had assists. Wurst had an outstanding game in goal, making 24 saves, including several key stops in the third period.

The Bulldogs needed a victory against the Detroit Dragons to reach the finals and they won 5-2 as Paglino scored the first and last goals, while Adam Rock, Domenic Recchia and Paul Sandmair tallied the ones in between.

Halas had two assists and Granger collected one.

Scott Ciraulo and Jon Roberts played strong games for the Dragons.

The Bulldogs' head coach is Len MacEachern and his assistants are Fred Halas and Mike Sandmair. The team manager is Jim Solomon.

Spring sports kickoff set

Grosse Pointe South will host its Spring Sports Kickoff for parents and coaches Thursday, Feb. 26 at 7 p.m.

The event will begin in South's cafeteria with remarks by principal Arthur Miller, assistant principal-athletics Jo Lake and Booster Club president Don Lindow.

Parents will then move to specific rooms for breakout sessions with coaches at about 7:30 p.m.

That schedule is athletic trainers, training room; baseball, Cleminson Hall; boys lacrosse, old band room; girls lacrosse, library; rowing, cafeteria; sailing, room 164; soccer, cafeteria conference room; softball, auditorium; tennis, Cleminson conference room; boys track and field, boys gym, and girls track and field, girls gym.

The School Store will be open from 6:30 to 7 p.m. for parents who wish to browse or buy spirit wear.

There's more sports on page 10C

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The Grosse Pointe News

North swimmers ready for MAC Red showdown with South

Grosse Pointe North's swimming team improved to 4-0 in the Macomb Area Conference Red Division with a 121-64 victory over Roseville.

South stays unbeaten

Grosse Pointe South's swimming team remained unbeaten in the Macomb Area Conference Red Division with a 127-58 victory over Roseville.

"The meet against Roseville demonstrates the depth this team has," said head coach Bill Thompson.

South's victory featured strong individual performances by the squad's seniors and underclassmen.

Personal bests were posted by seniors Chris Ruffrok in the 100-yard freestyle and Jeff Davis in the 200 and 500 freestyle events.

Several sophomores and freshmen also had personal bests. In one of the closest races of the meet, sophomore Noah Cheek nearly beat Roseville's best sprinter in the 50 freestyle. Cheek had his best time as he was edged by three-hundredths of a second.

Other sophomores recording personal bests were Kevin Knipstein, 50 freestyle; Ben Semmer, 500 freestyle; and Brendan Cotter, 100 freestyle.

Freshmen Alan Borrell in the 50 freestyle and Alex Sperling in the 100 butterfly also had personal best times.

"There has been tremendous improvement across the board each week by everyone on this team," said assistant coach Jim Bellanca.

Divers Clay Vanderpool, Greg Kelly, Pat O'Brien and Dan Olson "have been improving and giving the team added scoring capability each week," said diving coach Tom Mulhern.

Tonight, Feb. 19, South will meet Grosse Pointe North in a battle of undefeated MAC Red teams. Swimming is scheduled to start at 6 p.m.

Knights' Shelden honored

University Liggett School junior Andy Shelden was named the outstanding swimmer and the Knights tied for third place in the team standings at the recent Class C-D Swimming Invitational at Erie-Mason.

Shelden won the 200-yard freestyle in 1:49.69, setting a meet record and achieving a state qualifying time. He also finished first in the 500 freestyle in 4:51.71 to eclipse his own meet and pool record.

The ULS 200 medley relay team of Shelden, Erica Stock, Jeff Zens and Katie Critchell was third in 1:58.08 and the Knights' 400 freestyle relay team of Zens, Critchell, Shelden and Erica Brammer was third in 3:49.15.

Erie-Mason was first in the team standings with 484 points, followed by Dundee with 341.5 and ULS and Flat Rock tied for third with 118.

very over Roseville.

Adam Ziegler led the way for the Norsemen with victories in the 200-yard freestyle and 100 butterfly.

Other firsts came from Kelly Cleary in the 50 freestyle, Lee Elsey in the 100 freestyle and John Kappa in the 100 butterfly.

The Norsemen meet Grosse

Pointe South tonight, Feb. 19, in the MAC Red championship.

Earlier, North beat U-D Jesuit 84-58 and defeated Farmington 112-65.

Individual winners for the Norsemen against U-D Jesuit were Cleary, 50 freestyle; Ziegler, 100 butterfly; Elsey, 100 freestyle; and Steve Ogilvy,

100 breaststroke.

Other outstanding performances came from Kevin Pavolina, who had his best times in the 200 and 500 freestyle races, and Elsey, who had a personal best in the 200 individual medley.

Ziegler led the way against Farmington with victories in the 200 freestyle and 100 but-

terfly. North's other wins came from Elsey driver Peter Faterok and Brent Nielbowicz.

North dropped a 110-70 decision to a strong Ann Arbor Pioneer squad, but Ziegler posted a state qualifying time in winning the 500 freestyle.

Ogilvy was the Norsemen's other winner with a first in the

100 breaststroke.


North is 8-3 overall.

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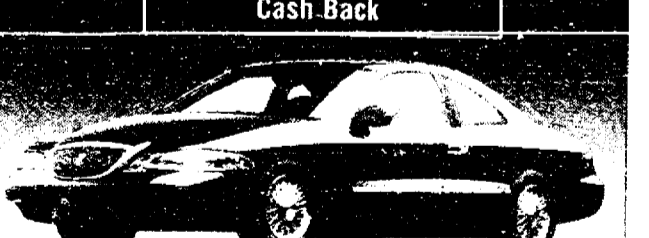


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