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Grosse Pointe News

VOL. 72, NO. 34, 40 PAGES
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AUGUST 25, 2011
 GROSSE POINTE, MICHIGAN

Complete news coverage of all the Pointes

Week ahead

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THURSDAY, AUG. 25

◆ The Johnny Trudell Orchestra performs at the Edsel & Eleanor Ford House, 1100 Lakeshore, Grosse Pointe Shores, at 7:30 p.m. Steffi Roches, of Grosse Pointe Shores, is a guest singer. Tickets range from \$12 to \$25 and may be purchased at fordhouse.org.

FRIDAY, AUG. 26

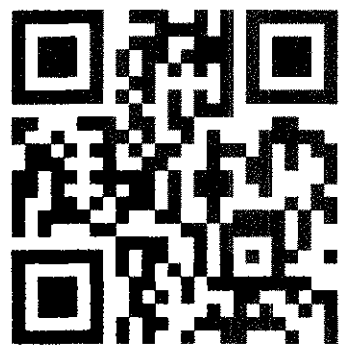
◆ Jazz at the Ford House: A Prelude to the Detroit Jazz Festival begins at 7:30 p.m. and features the Johnny Trudell Orchestra. Grounds open at 6 p.m. Tickets range from \$12 to \$25 and can be purchased at jazzfordhouse.eventbrite.com.

SATURDAY, AUG. 27

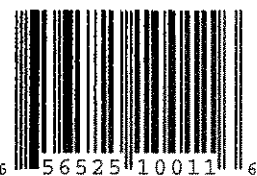
◆ Grosse Pointe Show Choir and Vocal Jazz workshops present "That's Entertainment," a concert, at 6 and 8 p.m. in the Grosse Pointe Performing Arts Center, 707 Vernier, Grosse Pointe Woods. Tickets are available at Posterity: A Gallery in the Village, online at gpschoir.org or at the door.
 ◆ West Park Farmers Market is open 9 a.m. to 1 p.m. at the corners of Kercheval, Lakepointe and Beaconsfield.
 ◆ The Eastside Farmers Market is open from 10 a.m. to 3 p.m. in the Alter Square parking lot, 14820 Mack, Detroit.

TUESDAY, AUG. 31

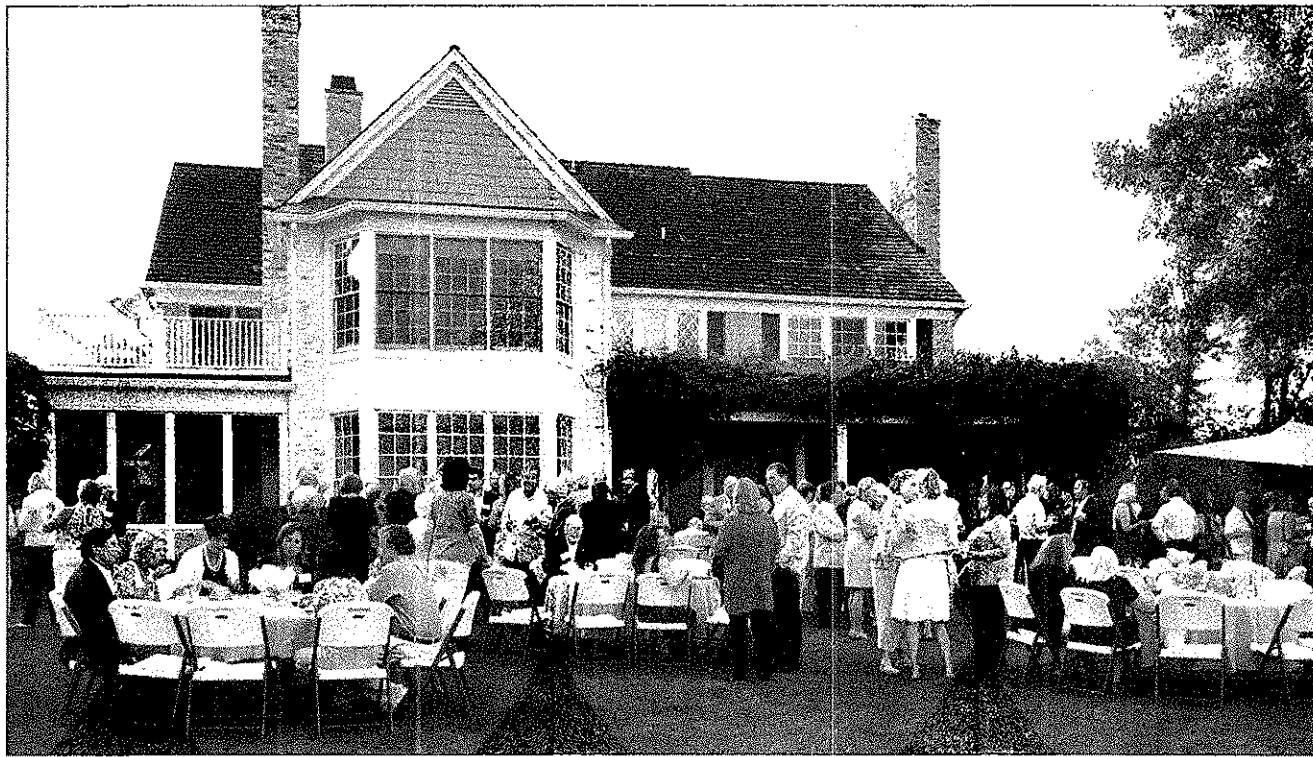
◆ Last day to pay summer municipal taxes without penalty. City halls are open until 5 p.m.
 ◆ Heather Gladden, Lake St. Clair Symphony Orchestra member, performs a free concert at 7 p.m. in Wahby Park, located in front of Blossom Heath Inn, 24800 Jefferson, St. Clair Shores.



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 Obituaries 4A II
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 Seniors 5B
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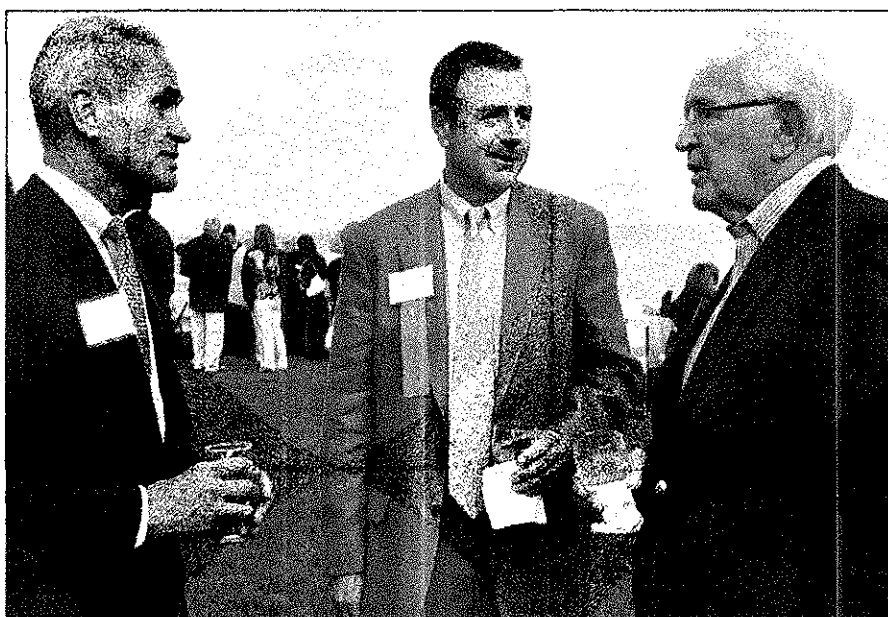
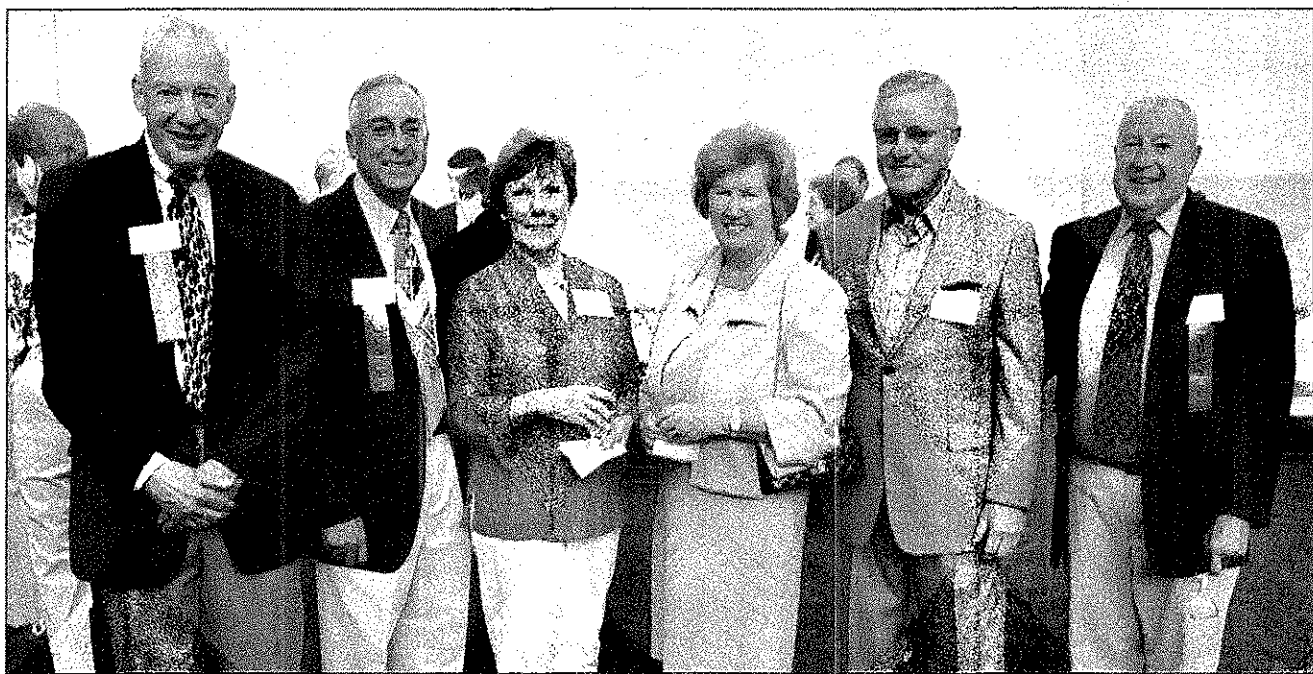
Foundation fundraiser



The Grosse Pointe Park Foundation's annual fundraiser was set at the lakeside house of Joseph and Donna Coughlin. Above, attendees gathered in the backyard. At right, foundation president David Baxter, center, and foundation vice president Barb Detwiler, greet guest David Hempstead.



PHOTOS BY RENEE LANDUYT



Above, attending the event, are from left, John Fildew, Dale and Lynn Ehresman, Betty and John Stevens and Dr. Clark Okluski. Discussing the Park's future at left, from left, Detroit Historical Society Executive Director and CEO Bob Bury, Grosse Pointe Park City Councilman Robert Denner and Grosse Pointe Park Mayor Palmer Heenan.

Heenan: Time to consolidate the Pointes

By Kathy Ryan
 Staff Writer

GROSSE POINTE PARK — Grosse Pointe Park Mayor Palmer Heenan is tired of Lansing trying to separate the Pointes. In fact, he'd like Lansing's move to help unite the five cities.

"This is outrageous," Heenan said of the new state House of Representative districts that split Grosse Pointe Woods and Grosse Pointe Shores from the other Pointes. "We will have minimal influence in Lansing. It's pure politics. The fix was in and no one cared about us."

According to Heenan, now might be the time for all five Pointes to get serious about consolidation.

"I'm partial to consolidation," he said. "We could retain our identity. But we would all need to consolidate. I know there are issues with some of the mayors, but I would be willing to give up my seat."

Heenan's remarks came at the end of Monday night's council meeting, and several council members shared his concerns.

"It's a sad commentary that Grosse

See *POINTES*, page 10A

Mayoral challenger puts it on the line

GROSSE POINTE SHORES — Two current office-holders are competing this year for mayor of Grosse Pointe Shores.

Incumbent Mayor Dr. James Cooper is being challenged by Mayor Pro Tem Thaddeus Kedzierski.

Cooper was elected village president in 2002 and, when the village was rechartered as a city form of government, mayor in 2009. Before being mayor, Cooper served three years as a trustee on the village council.

Kedzierski won election to the city council in 2009 and serves as head of the finance committee. He is not seeking reelection to the council.

Nine candidates are running for the six-member city council.

Incumbent candidates are David Galbenski, Brian Geraghty and Daniel Schulte. All are in their first terms.

Schulte was elected in April 2009. Galbenski and Geraghty were appointed to fill vacancies in April 2010.

Non-incumbent candidates are Alexander Ajlouni, Robert H. Barttette Jr., Bruce Bisballe, Robert Gesell, Kay Felt and Elias Ropotos.

See *CHALLENGE*, page 10A

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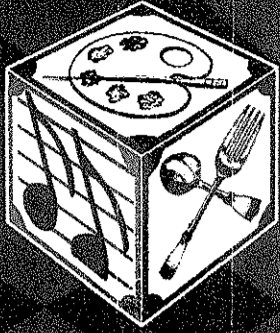
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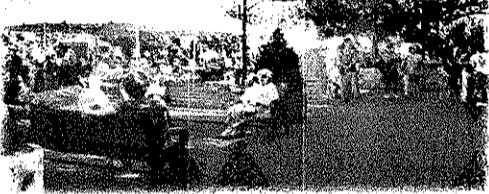
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- Bogart's Café
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- City Kitchen
- Salvatore Scallopini
- Dirty Dog Jazz Café
- SideStreet Diner
- Dylan's Raw Bar & Grille



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2:15 - 3:15 pm.....CutTime Simfonica	2:30 - 3:30 pm.....The Look
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3:30 - 5:00 pm.....Polish Muslims	3:45 - 5:00 pm.....Chris Degnore & the Black Drops
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Grosse Pointe News, BrightStar, Grosse Pointe Urgent Care, Notre Dame Pharmacy, Times, Village Grosse Pointe



Life savers

Grosse Pointe Woods City Council recognized the Lake Front Park swim instructors and life-guarders, who provided assistance to 65 swimmers this summer. Honored by the council were, instructors Ryan Taylor, Elizabeth Dolinski, Tim Lupo, Nicole Byron, Timothy Schultes, Ashley Zimmerman, David Castile, Ann Pedesky and Jonathan Schultes. Lifeguards recognized were, Jonathan Andrews, Lauren Bradley, Katie Buda, Ingrid Burton, Melanie Carolan, Paige Castile, Peter Cherry, Lily Coates, Alyson Delaney, Michelle Ewart, Emily Gazall, Emily Goltz, Zachary Gray, John Hales, Matthew Hughes, Jenna Isherwood, Kevin Jeffery, Eric Kuhn, Stephen LaBarge, Emma Mathews, Victoria McKay, Allison Meier, Robert Morgan, Eric Reardon, Peter Romanelli, Kelly Schulte, Annie Schulte, Jonathan Schultes, Brett Schultz, Connor Taormina, Beth Thomas, Matthew Toenjes, Madison Vens, Jason Vismara, Patrick Wagner, Andrew Poletis, Kesley Richards and Connor Yeager.

Accused car thief back in Farms court

By Brad Lindberg
Staff Writer

GROSSE POINTE FARMS — Matthew Rumora did a double take upon arraigning a Detroit teenager for car theft for the fourth time in less than two

months. "I thought he looked familiar," said Rumora, municipal judge in Grosse Pointe Farms. Defendant Ryan Ricardo Cain, 17, reappeared in court Wednesday, Aug. 17, on another charge of possessing and concealing a stolen motor vehicle.

abandoned house in the 4500 block of Farmbrook, on Detroit's eastside. "We processed the car for evidence and located a student I.D. on the driver seat with the name and photo of the defendant, Ryan Cain," Walko told Rumora.

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Rumora remembered Cain from a July 1 arraignment on three similar charges. The judge set high bonds — \$20,000 cash, no discount — on each of those counts, for a total of \$60,000.

Police made a beeline for Cain Aug. 8 and sent him to the Wayne County Jail in preparation for last week's arraignment. "A high bond is necessary in this case," Rumora said.

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He wanted Cain kept in the Wayne County Jail, unable to be released on bond and likely back on the street stealing cars, until tried in Wayne County Circuit Court. "Who released him?" Rumora asked.

Cain had nothing to say, other than a brooding "Nyeah," he understood the charge against him and, "Nyeah," he needed another court-appointed defense attorney.

The decision was made in circuit court, police said. "On Aug. 5, he had been released on a tether, awaiting trial Oct. 5," said Farms Detective John Walko.

Police think it's unlikely a reformation shall glitter anytime soon over the faults of their seemingly unredeemable — and alleged — serial car thief. "His attitude is cavalier," said Lt. Richard Rosati, head of the detective bureau. "I asked him if he liked being in jail. He said he's getting used to it."

Soon after Cain's release from county jail, tether readouts show him at the time and place an unlocked Pontiac Grand Prix was stolen the night of Aug. 6 while parked on Chalfonte near McKinley in the Farms. Readouts also place him where the car was recovered the next day behind an

Rosati drove Cain from county jail to the latest court hearing. "He kind of cracked a half smile," Rosati said. "I told him I can't convince him to stop a life of crime. Just do me a favor: Don't do it in my town. Saving him, I don't think I can do."

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Fifth annual racing fest on the Hill Aug. 31

The annual Racing For Kids event is Wednesday, Aug. 31 along the Hill on Kercheval in Grosse Pointe Farms.

This is the event's fifth year. "Every year this event gets bigger and better," said co-chair Tom Buhl. "People see the racing flags overhead and want to make sure they don't miss this exciting once-a-year event."

The event gets its name from Racing For Kids, a Grosse Pointe Farms-based national charity.

The charity uses the popularity of motorsports to generate awareness and funding for children's health care institutions across the country.

Hill Association merchants and businesses sponsor the day-long street fair, which is free and open to the public.

There is a sidewalk sale, a scavenger hunt sponsored by the Grosse Pointe News, games for children, moon walks, refreshments and family activities. Local band Whack the Mole performs oldies but goodies.

New this year is the Meijer Mobile Virtual Playground.

The 1,000-square-foot, interactive center offers families photo opportunities against racing themed backdrops, Wii interactive gaming areas, Nabisco snacks, and for the first 500 visitors, racing pin souvenirs.

The street fair, extending from McMillan to Hall Road, features IZOD IndyCar driver, Ana "Bia" Beatriz.

An evening cocktail reception and auction is from 6 to 9 p.m. at Northern Trust. The auction raises money for the Racing For Kids hospital visit program and several local children's hospitals.

The gathering features gourmet fare from Hill restaurants and Fresh Farms Market. The Dirty Dog Jazz Café provides jazz entertainment.

The auction features many luxury items, including getaways and sports packages. Bob DuMouchelle donates his services as the professional auctioneer.

Tickets to the evening reception are \$75 for advance purchase or \$90 at the door or purchased after Friday, Aug. 26.

For more information or to receive an invitation, call the



PHOTO BY JOE WARNER

Kercheval will host dozens of things to see and do during the annual Racing for Kids Aug. 31 on the Hill. One of the features is a line-up of classic, luxury and sports cars.

Racing For Kids office at (313) 882-3403.

David and Shery Cotton head up the honorary committee, which also includes Lynn and Paul Alandt, Mayor and Mrs. James Farquhar, Benson Ford, Jr., Donna Hoban, Robert and Victoria Liggett and

Gretchen Valade.

Sponsors of Racing For Kids to the Hill 2011 include the Winner's Circle sponsor, Health Plan of Michigan.

Grand sponsors are: Northern Trust Bank and Huntington Wealth Advisors. Pole Position sponsors in-

clude: Backer Landscaping, Beaumont Hospitals, Firestone Racing, and Talmer Bank and Trust.

Front Row sponsors are: the Dirty Dog Jazz Café, Henry Ford Medical Center - Cottage, The Hill Association, Kloka Design, Legacy Wealth

Management, and Russell Development.

Finish Line sponsors include: The Buisch, Connell Building Company, Deschaine & Associates, Higbie Maxon Agney, Grosse Pointe Farms Department of Public Safety, Just Breathe, LaLonde Jewelers, The League Shop, Leonard & Company, Merrill Lynch, Millennium Aviation, Milberg LLP, Mary Anne Petz, PIP Printing and Marketing Services, Pointe Towing, Pointe Alarm, RK International, Salon 76, A Slice of Life Photography, Village Palm, Wayne County Community College District, Ralph Wilson Enterprises and Woods Financial.

Media sponsors are the Grosse Pointe News and Hour Detroit.

Serving on the steering committee for the event are co-chairs Tom Buhl and Ed Russell and committee members Kristen Buisch, Chris Deschaine, Kathleen Conway, Julie Corbett, Linda Finger, Sue Hanawalt, Dan Jensen, Dan LaLonde, Liz Vogell, Debby Wright and Pat Wright.

Career criminal claims he found fallen motorcycle while walking

By Brad Lindberg
Staff Writer

GROSSE POINTE PARK and FARMS — Seven of Timothy Hugh Lynch's nine felony convictions came by plea agreements.

Police aren't certain how his latest prosecution will wind up.

They're pretty sure, however, no one buys his reasons for getting caught last week with a freshly stolen motorcycle. And wearing the rightful owner's missing motorcycle helmet.

"He stated he borrowed the motorcycle from a 'Joë Budda,' who lives in St. Clair Shores," said Officer Robert Krompatic of the Grosse Pointe Park public safety department. "He stated he lost his balance while riding the motorcycle and had fallen over."

Lynch, 55, lives in Grosse Pointe Farms.

Krompatic was on patrol at 10:55 p.m. Monday, Aug. 15, when he discovered Lynch standing next to a \$12,000 Yamaha FJR1300 sport touring motorcycle toppled on its side at the intersection of Mack and Devonshire.

"(Lynch) told me his name was Jim Quinn and that Joe Budda owned the bike, but he was in Harbor Springs and could not be reached," added

Park Officer Michael Miller, responding as backup.

Police determined the cycle belonged to a 68-year-old man living on Mirabeau Place, a cul-de-sac off of Kerby between Kercheval and Ridge in Grosse Pointe Farms.

The man didn't know the bike was missing until Park police called him.

"(The owner) stated no one had permission to be driving (the) motorcycle and he did not know Lynch," Krompatic said.

"(The owner) stated his mo-

torcycle should be in the driveway with the key in it," added Miller. "(He) stated someone must have stolen the motorcycle."

The theft likely occurred between 9:45 and 10:40 p.m., police said.

Lynch was arraigned Friday, Aug. 19, in Farms Municipal Court for vehicle theft, possession of stolen property and giving false information to police.

His explanation to Farms Lt. Detective Richard Rosati differed from those offered to Park police.

"He said he was walking along and saw the motorcycle had fallen," Rosati said. "A helmet was there, too. He put on the helmet and picked up the bike. He said he was trying to be a Good Samaritan. Just then, a Park policeman came and arrested him."

That's all.

"I must have had a look of disbelief on my face, because he didn't say anything after that," Rosati said.

Lynch's criminal history dates to a burglary charge in Petoskey in 1979, according to

law enforcement records. Nine of his arrests are for burglary, larceny, possession of stolen property or dangerous drugs.

He's been imprisoned four times, mainly for breaking and entering or larceny, according to state corrections department accounts. Sentences ranged from one to 14 years. The most he served at once was 3 1/2 years for larceny in a building in Wayne County.

State records also show he's been on probation five times and paroled three times.

Farms police have learned to look Lynch's way during crime sprees.

"He lies every time he moves his lips," Rosati said.

Lynch was scheduled for a preliminary hearing in Farms court Wednesday, Aug. 24. The date is after this week's Grosse Pointe News deadline.

City races no contest

CITY OF GROSSE POINTE — This November's election in the City of Grosse Pointe is uncontested across the board.

There's only one candidate for mayor, three for three open seats on the city council and one for municipal judge.

The filing date was Tuesday, Aug. 15.

Councilman John Stevens is stepping down. He's establishing a permanent residence in Florida, but is keeping his house in the City.

Stevens' seat is being taken by Andrew C. Turnbull, the only non-incumbent filing for office.

Candidates are:
Mayor: Dale N. Scrace, incumbent.

Council: Incumbents Donald J. Parthum Jr. and John Stempfle, plus newcomer Andrew C. Turnbull.

Judge: Russell F. Ethridge, incumbent.



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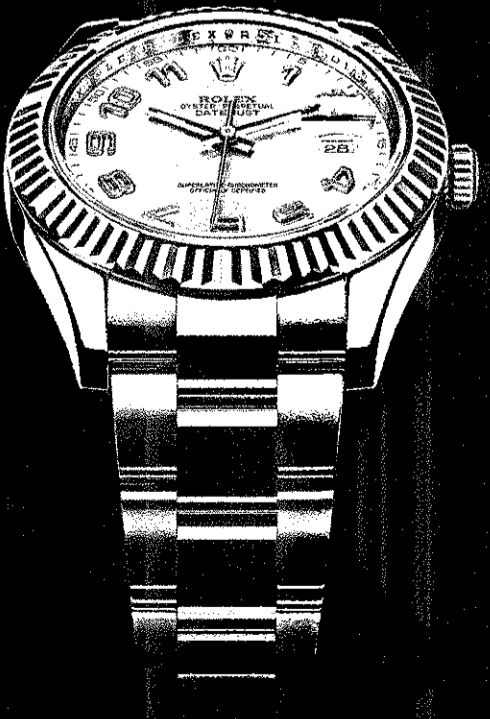
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POINTER OF INTEREST

Pete Wilson is serious about riding his bike, his job as a social worker for the Detroit Public Schools and about volunteering for Habitat Grosse Pointe Partners.

Community focused

By Ann L. Fouty
Features Editor

Pete Wilson is committed. He is dedicated to his students in the Detroit Public Schools. He is passionate about building Habitat for Humanity houses. And he is devoted to riding his new single-gear bicycle nearly eight months out of the year.

Riding season for the City of Grosse Pointe resident is April through November and he said he logs nearly 1,000 miles riding locally.

"I rarely get in my car," he said while sitting under a shade tree on Maryland in Detroit.

Wilson was taking a break from working on the roof of Erica Crossland's Habitat for Humanity house. He talked a little about riding and a lot about Habitat and his job as a social worker at Detroit City High School.

"Peter is awesome," said Tara Franey, director of development of Habitat Detroit. "He's always so laid back, so committed. He goes with the flow. He keeps so many people happy."

"I'm kind of a jack-of-all-trades," said Wilson, president of Habitat Grosse Pointe Partners, a coalition of 12 Grosse Pointe churches. "I'm a hammer expert, definitely. I work on siding and roofing. I install molding and kitchen cabinets, hang doors and windows. All things I've never done before."

He credits his learned skills to the five years he has been



Pete Wilson, of the City of Grosse Pointe, works on Erica Crossland's Habitat for Humanity house. He devotes his summers to building houses as a member of Habitat Grosse Pointe Partners.

PHOTOS BY RENEE LANDUYT

volunteering on Habitat builds.

"I wasn't doing it alone. I had plenty of guidance," he said.

Wilson became involved with Habitat as a parishioner of Grosse Pointe Memorial Church, one of the dozen churches forming the Grosse Pointe Partners whose membership is dedicated to helping Habitat for Humanity Detroit.

He has gone from novice to crew leader, now in charge of 10 to 14 volunteers on a build site and is in his final year of a two-year term as president of the Grosse Pointe Partners.

Wilson credits the churches for providing volunteers for the monthly builds and \$60,000 donated annually to Habitat Detroit to making his job easier and sustaining the project.

Again, he takes no credit for the Grosse Pointe Partners contribution to Habitat.

"I have the greatest crew; a great secretary. There are a lot of great people in this partnership," Wilson said.

Before Habitat

His interest in Detroit's future began nearly 40 years ago.

"I've always had a passion for Detroit. Growing up in the '70s, I saw the inadequacies," said Wilson, who was raised in Grosse Pointe Park. "This (participating in Habitat builds) was an area where I saw myself feeling passionate about — the construction of homes for the working-class families."

However, volunteering wasn't the center of his teenage life. Wilson played some inter-mural sports and volunteered with social service providers, Woodbridge Community and



Pete Wilson said he is definitely a hammer expert, and in this case, he's working on the roof.

Community Pride, while in high school. It took his move back to Grosse Pointe in his adult years for his volunteerism to cement.

Wilson graduated Grosse Pointe South High School in 1975, earned a Bachelor of Social Work degree from Northern Michigan University and a master's degree from Michigan State University.

"I was accepted into the accelerated program which means I packed two years worth of course work into one," he said of the master's program.

Wilson speculates he went into social work because he wanted his own family. Being the youngest of three and only boy; his oldest sister is 14 years older than he and his other sister is five years older. "When my sister had her baby, he was the brother I never had," he said.

He left Grosse Pointe as his jobs took him to Jonesville, Lansing and Traverse City. It was family and friends that drew him back.

He and his wife, Lynnette, married in 1982 and have two children. Christopher lives in Los Angeles and works for Covington House which provides services for 18- to 23-year-olds in transition. His daughter, Brittany, attends Western Michigan University and was a Boys and Girls Club camp counselor this summer.

"My kids are amazing. They both chose social work," he said, adding he didn't push them into that path.

His own path has led him to the Detroit Public Schools.

"Social work is the best position to have. I'm not cut out to be a teacher," he said.

"I love my job. I look forward to returning to work every August. The kids come, for the most part, for social work service. We provide the clinical service."

On any given day, Wilson is assisting Detroit City High School students who are going through an adjustment, such as being in a homeless situation due to a fire, a change in the household, a family mem-

ber's death or illness.

"They have to get through the process to overcome those tears. It's OK to be tearful," he said he tells his charges. "It is rewarding to help them through (the difficulties)."

Building blitz

As part of the 25th anniversary of Habitat Detroit, a building blitz is planned for Sept. 19-24 in the Morningside area of Detroit, which encompasses Maryland and Lakepointe. For more information, visit Grosse Pointe Partners website or Habitat for Humanity Detroit.

"I have to leave my work at the office. I'm pretty good at it. I have lost a night or two of sleep. That doesn't mean to sound callous," he said but more for his mental health.

Wilson may leave his work at the office, but he does take it seriously.

For example, several years ago, he said a student told him of a house bombing to take place on Devil's Night.

"I contacted the family, telling them to take measures to be out that night. The house was fire bombed. No one was hurt. I take everything seriously and that sounded serious."

Home life

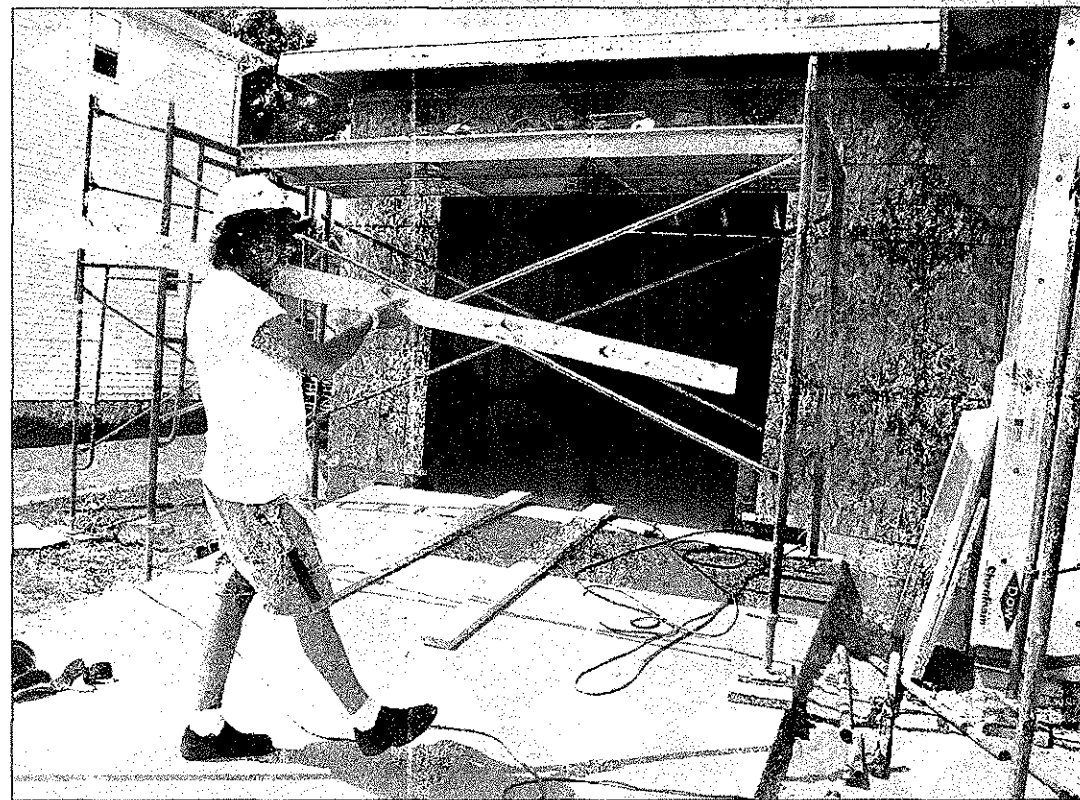
After working with youth all day, or hammering on a new house, Wilson returns to a tranquil life.

"What is unique about Grosse Pointe is the continuity. Grosse Pointe is as stable a community as you get. I love the water, the park system.

"I have a tandem kayak. My wife is out daily.

"I always thought I would have a boat, but I have friends who have sailboats and motorboats, so I don't need one. If I did, I would feel I would have to be using it continually."

Being on the water would cut down on his volunteering time to Habitat builds. And Wilson is nothing if not committed to riding his bike to a site where he will help another family realize a dream by building a new house in Detroit.



Pete Wilson believes volunteering is a way of paying it forward. Good things come from volunteering, he said.

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**CITY OF HARPER WOODS
WAYNE COUNTY, MICHIGAN
SYNOPSIS: REGULAR CITY COUNCIL MEETING
AUGUST 8, 2011**

The regular City Council meeting was called to order by Mayor Kenneth A. Poynter at 7:30 P.M.

ROLL CALL: All Councilpersons were present except for Mayor Pro tem John M. Szymanski and Councilwoman Vivian M. Sawicki.

MOTIONS PASSED

1) To excuse Mayor Pro tem John M. Szymanski and Councilwoman Vivian M. Sawicki from tonight's meeting because of a prior commitment.

2) To receive, approve and file the minutes of the regular City Council meeting held on July 11, 2011, and furthermore, receive and file the minutes of the Harper Woods Board of Review meeting held on July 19, 2011.

3) That the agenda of the regular City Council meeting having been acted upon, the meeting is hereby adjourned at 7:44 p.m.

RESOLUTION PASSED

- To approve the following items on the Consent Agenda : (1) approve the Accounts Payable listing for Check Numbers 94823 through 95062 in the amount of \$625,558.54 as submitted by the City Manager and Finance Director, and further, authorize the Mayor and City Clerk to sign the listing. (2) receive and file for the audit, the 2nd quarter financial statement. (3) approve payment to the City of Grosse Pointe Farms in the amount of \$13,143.18 for Harper Woods' proportionate share of the Inter-municipal Radio System for the period July 2010 through December 2010. (4) approve payment to Nu Appearance Maintenance, Inc. in the amount of \$16,406.00 for contractual lawn cutting and weed maintenance in various areas of the City, including the Community Center, DPW, City Hall, the parks and various residential homes that were not in compliance with the City's ordinance. (5) approve payment to Oakland County Information Technology in the amount of \$7,525.75 for fees relative to the CLEMIS computer system utilized by the Police Department. (6) approve payment to Statewide Security Transport in the amount of \$7,420.39 for prisoner lodging and maintenance for the month of June 2011. (7) approve payment to Wayne County in the amount of \$5,056.48 for services performed on the tax rolls and for the traffic signals. (8) approve payment in the amount of \$17,232.20 to Grosse Pointe Woods for the City's pro-rata portion of the operating and maintenance of the Torrey Road Pump Station for the period January 2011 through June 2011.
- That the request to transfer ownership of 2011 Class C Licensed business located at 20912 Harper Avenue, Harper Woods, MI 48225 Wayne County, from Ugly Duckling Salon to D & Z LLC be considered for approval and that it is the consensus of City Council that the application be recommended for issuance.
- To adjourn to Executive Session for the purpose of discussing the status of collective bargaining with various employee unions.

Kenneth A. Poynter, Mayor

Mickey D. Todd, City Clerk

PRIDE OF THE POINTES

The following area students were named to the Dean's List for the winter 2011 semester at Northern Michigan University: **Alexandra S. Fountain** and **Cora A. Smith** of Grosse Pointe Farms; **Daniel J. Andrews**, **Brian M. Auty**, **Abigail B. Martin** and **Mitchell C. Steinmetz** of Grosse Pointe Park and **Michael R. Doak** and **Meryl K. Masserang** of Grosse Pointe Woods.

Grosse Pointe residents and Hope College students **Anthony Mucciante**, **Charlotte Park** and **Kaley Sheldon** were named to the 2010-11 Michigan Intercollegiate Athletic Association Academic Honor Roll.

Amy Surmont, a junior at Hillsdale College, was named to the Dean's List for the spring 2011 semester. The 2008 graduate of Grosse Pointe North High School is the daughter of Rich and Karen Surmont of Grosse Pointe Woods.

◆◆◆
Carly Brekenridge Hanna, a 2005 graduate of Grosse Pointe North High School, earned a Master of Arts degree in communicative disorders and sciences from The State University of New York at Buffalo. She is the daughter of Cameell and Laurie Hanna of Grosse Pointe Woods.

◆◆◆
Kaitlin R. Graves, a 2008 graduate of Grosse Pointe North High School, was recently named a member of Sigma Alpha Lambda, the national leadership and honors organization at Grand Valley State University. She is the daughter of Lawrence B. and Sue A. Graves Jr. of Grosse Pointe Woods.

◆◆◆
Leo McKeever Hall was named to the Dean's List at the University of Notre Dame for both the fall 2010 and spring 2011 semesters. He is a member of the Notre Dame Men's Glee Club and a cellist in the Notre Dame Symphony

Orchestra. The 2010 graduate of Grosse Pointe South High School, is the son of Maura McKeever of Grosse Pointe Park.

◆◆◆
Roger D. Klein graduated summa cum laude from The College of Wooster with majors in biochemistry and molecular biology, and physics. He is a member of Phi Beta Kappa and Beta Beta Beta academic honor societies and of Xi Chi Psi fraternity. He is attending the Washington University School of Medicine in St. Louis. A 2007 graduate of Grosse Pointe South High School, he is the son of Martin and Alicia Klein of Grosse Pointe Park.

◆◆◆
Maggie Frangel, a 2010 graduate of Grosse Pointe South High School, was a first year letter-winner in the rowing program at the University of Miami. Additionally, two of her photographs were published in the university's literary journal.

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PUBLIC SAFETY REPORTS

City of Grosse Pointe

Sneak thief

While a homeowner in the 400 block of Lincoln mowed his backyard at about 1:30 p.m. Saturday, Aug. 20, a bike thief entered his garage and stole one of two bicycles hanging on a wall rack.

"The other bike that was on the rack was laying on the garage floor," said a public safety officer. "The garage door was open and the bike was not locked."

The stolen bike is a 15-speed, 28-inch Motiv worth \$450. The bike is yellow, has knobby tires and a bag mount on the handlebars.

Sniffs drugs

Raleigh the police dog detected narcotics in the car of a 23-year-old Detroit man being investigated for a traffic infraction at 11:50 p.m. Thursday, Aug. 18, on westbound Mack near Grosse Pointe Court.

Raleigh's handler, Sgt. Michael Almeranti, pulled over the man for operating a 1994 Cadillac DeVille with a broken taillight.

The man lacked a driver's li-

cense and was wanted in Hazel Park on a traffic warrant.

Raleigh caught the odor of drugs in the vehicle.

Almeranti's search revealed about one gram of marijuana in the ash tray and a plastic bag containing 90 generic Vicodin pills under the driver's seat, according to police.

"(The suspect) stated they were his sister-in-law's Vicodin," Almeranti said. "(I) did not see any prescription bottles in the vehicle."

Police arrested the man. They hope to seize his \$198 cash as part of a drug forfeiture program.

Officers let go two female passengers, ages 17 and 18, from Detroit.

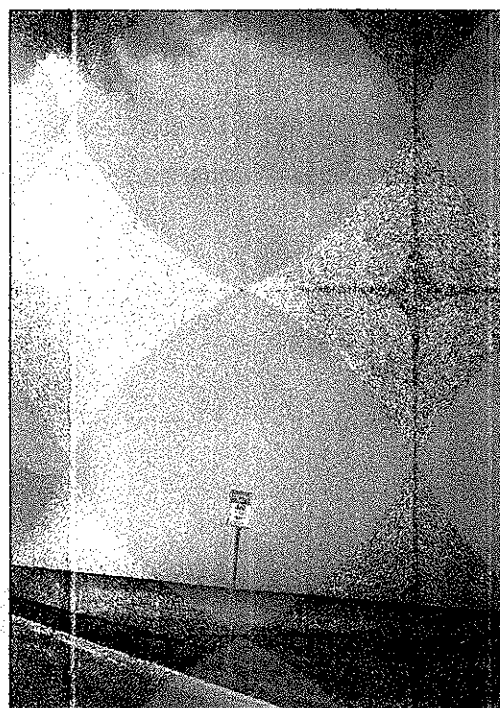
Breaks window

Sometime during the night of Monday, Aug. 15, or the following day, an unknown vandal broke an upper-story, double-pane window of a house in the 900 block of Rivard.

Damage totals \$500, the homeowner told police.

—Brad Lindberg

If you have any information about these or other crimes, call the City of Grosse Pointe public safety department at (313) 886-3200.



Ominous sky

PHOTO BY SUSAN BERTONI

The Grosse Pointe Shores Public Safety Department had plenty of work to do after this storm ripped through the city Aug. 9. Clean-up of the tree and fire damage continues.

Lakeshore breakwall near Carmel Lane tested positive for alcohol consumption at 2:24 a.m. Thursday, Aug. 18.

Blood alcohol levels ranged from .028 to .139 percent, according to police.

A 17-year-old suspect said "the group had been drinking alcohol and smoking marijuana at his house (on) Carmel Lane and then came down to the lake," said an officer.

All subjects were released at the scene to their mothers.

Grosse Pointe Farms

Unlocked cars

An opportunist capitalized on two unlocked vehicles parked side-by-side during the night of Saturday, Aug. 6, in the driveway of a house in the 100 block of Touraine.

Reported stolen from the center console of a blue 2009 Acadia was a black-faced, silver Movado wrist watch. A credit card was stolen from the other car, a tan 2011 Acadia.

"The card was used Sunday, Aug. 17, at a Detroit service station for approximately \$120," said a public safety officer.

Lakeside arrests

Three of four Farms teenage males hanging out on the

A patrolman reportedly saw the man turn a Dodge Dakota onto northbound Moross after the signal turned red.

During a roadside investigation near Colonial, police reportedly confiscated 8.5 grams of marijuana, a glass pipe and tobacco scale.

Good dog

Shortly before 11 p.m. Monday, Aug. 15, a woman returning to her residence on Beacon Hill unlocked the side door, entered and stepped on shattered glass from a window pane broken near the door handle.

The woman exited and called police. Officers think whoever broke the window intended to enter, but backed off.

"(The family dog) may have deterred the suspects from entering," the homeowner told police.

—Brad Lindberg

If you have any information about these or other crimes, call the Grosse Pointe Farms public safety department at (313) 885-2100.

Grosse Pointe Shores

Branch down

At 4:54 p.m. Thursday, Aug. 18, a fallen tree branch was reported blocking the sidewalk and part of the roadway near the intersection of Lake Shore Lane and Lakeshore.

A public works crew cleared the obstruction.

Lightning strike

Shortly after 3:30 p.m. Thursday, Aug. 18, lightning reportedly struck a box containing electronic equipment on a Stonehurst residence, affecting the irrigation system.

Mobile munchies

At 11:15 p.m. Wednesday, Aug. 17, a public safety officer patrolling the 500 block of Sheldon arrested an 18-year-old Grosse Pointe Woods man for possession of marijuana.

The officer found the man eating Mexican carry-out food in a 2002 Jeep station wagon parked curbside. The Jeep reportedly smelled of marijuana.

When the man obeyed the officer's instructions to exit the vehicle, a baggie containing 1/8 ounce of marijuana fell from one of his pockets, police said.

—Brad Lindberg

If you have any information about these or other crimes, call the Grosse Pointe Shores public safety department at (313) 881-5500.

Grosse Pointe Park

Fatal crash

A 20-year-old Clinton Township man was killed when he crashed a 2010 Toyota Camry into a stone wall at 1:30 a.m. Monday, Aug. 15.

According to police, the driver continued on when police attempted to stop him for

speeding at Beaconsfield and Mack. He fled down Beaconsfield at a high rate of speed before crashing into a wall in the 1000 block of Beaconsfield. He was transported to St. John Hospital and Medical Center where he was pronounced dead.

Copper theft

Copper pipes were removed from a vacant house in the 800 block of Barrington sometime between Friday, Aug. 5, and Monday, Aug. 15.

Bike thefts

Three bicycles were taken from a backyard on Nottingham overnight Saturday, Aug. 20.

A bicycle was taken from a garage in the 1100 block of Whittier at 9 p.m. Thursday, Aug. 18, by an unidentified male, according to police.

Arrest

Two Detroit residents were arrested at 10:15 p.m. Saturday, Aug. 20, following a call to police that two men were tampering with a vehicle in the 1200 block of Kensington. The suspects attempted to flee, but were arrested a short distance away.

—Kathy Ryan

If you have information on these or any crimes, call Grosse Pointe Park police at (313) 822-7400.

Grosse Pointe Woods

No bull

A customer left the Kroger on Mack at 3 p.m. Thursday, Aug. 18, without paying for several cases of Red Bull energy drink. He was spotted leaving the parking lot in a yellow Mustang, which was later stopped by St. Clair Shores police. The drinks were found in the trunk.

Missing something?

On Thursday, Aug. 18, a resident turned in a portfolio found on a bench near Mack and Lochmoor. There was no identification. The portfolio is being held at the Grosse Pointe Woods police station.

Turn it off

Police were called at 9 p.m. Wednesday, Aug. 17, to a house on Shoreham to follow up on a noise complaint they investigated earlier. While the machinery causing the noise had been shut down, a verbal altercation between residents followed.

Egging

Residents on Roslyn called police the morning of Saturday, Aug. 20, to report their driveway had been egged overnight. A similar incident occurred in December.

—Kathy Ryan

If you have information on these or any crimes, call Grosse Pointe Woods police at (313) 343-2400.

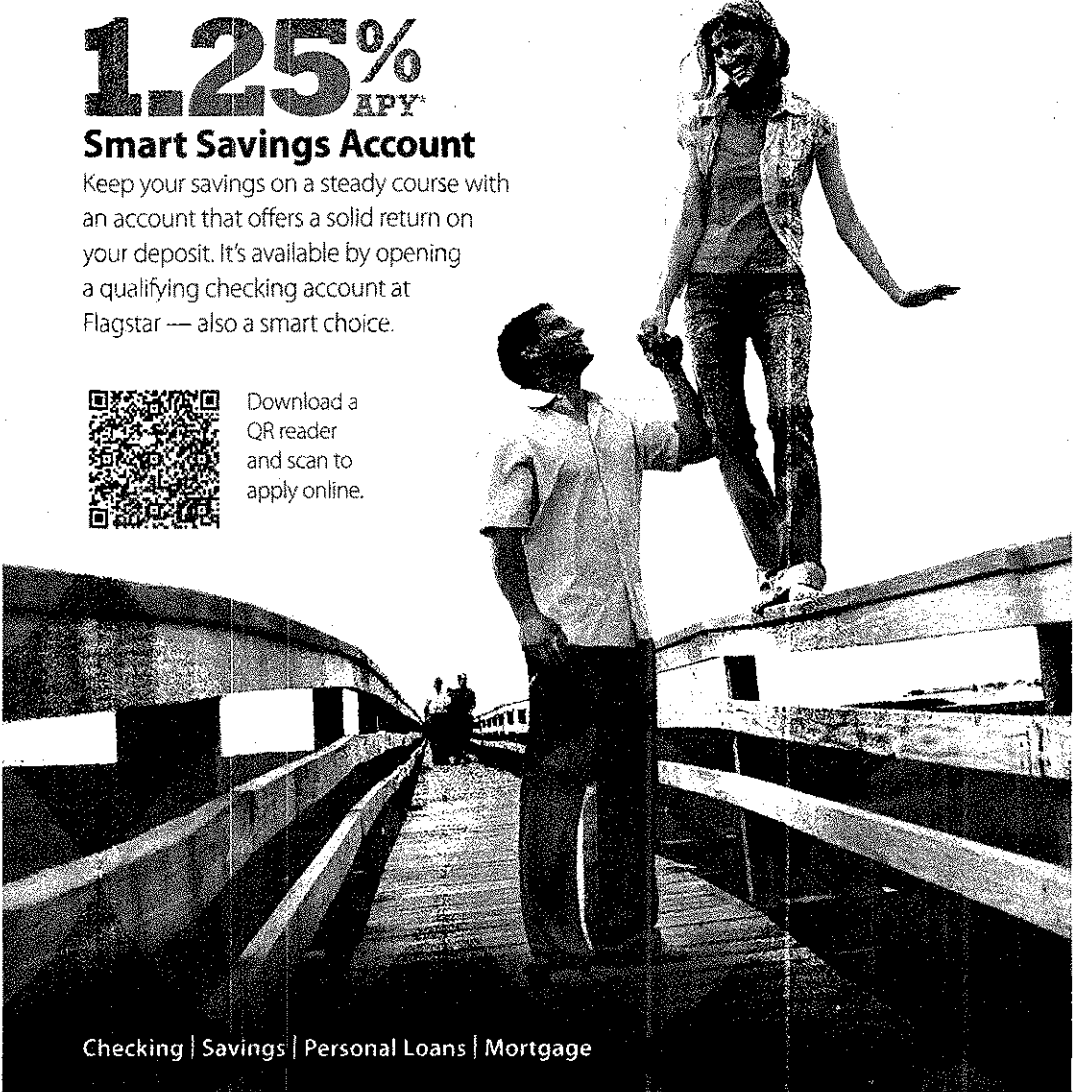
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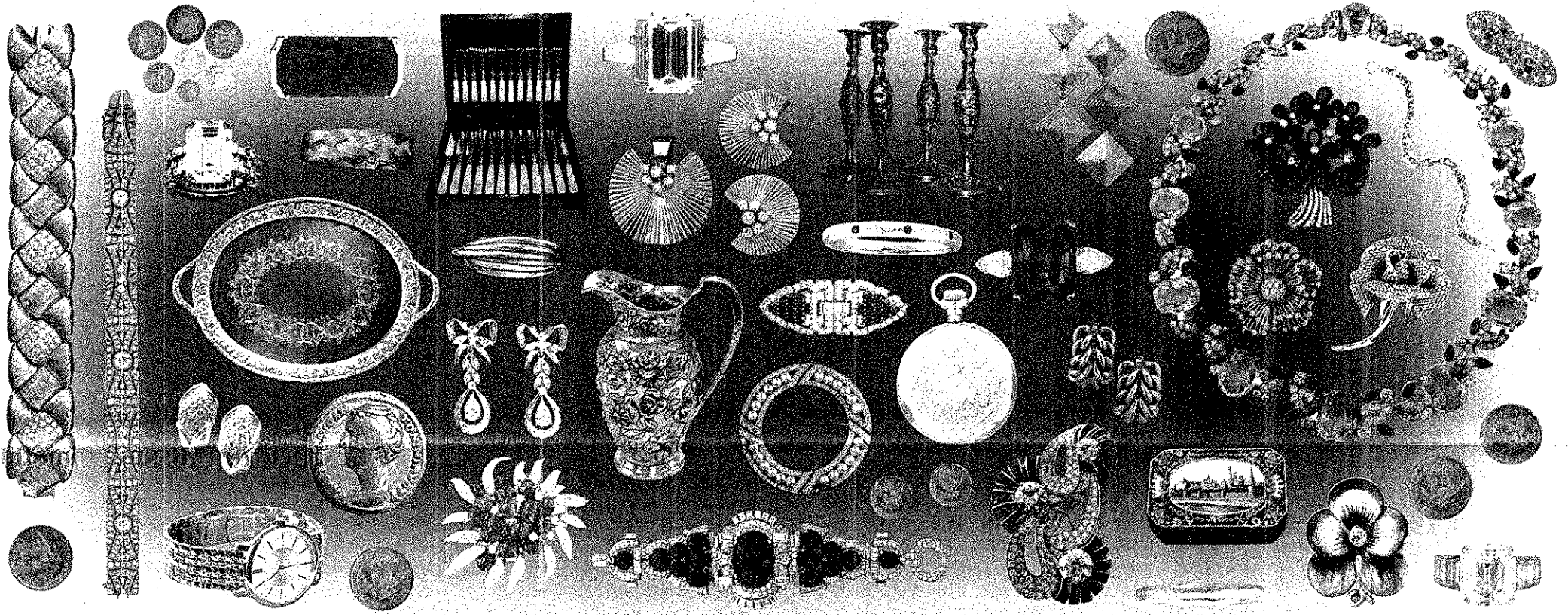
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Grosse Pointe News

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JOE WARNER: General Manager and Editor

OUR VIEW

Bledsoe says he knows reason behind recall attempt

Most Republicans and Democrats in the Grosse Pointes agree – leave the Grosse Pointe Public School System alone when it comes to open enrollment. Party lines seem invisible when it came to fighting for the school district.

A proposal by Gov. Rick Snyder for all districts to be schools of choice has many here seeing red, including state Rep. Tim Bledsoe, D-Grosse Pointe, who is the target of a recall petition filed in Wayne County last week.

John Hauler, a Grosse Pointe Woods resident who lost his bid for Congress in 2010 to Hansen Clarke, filed paperwork citing Bledsoe's vote against House Bill 4362 as the reason for wanting a recall.

House Bill 4362 lowered business taxes while raising taxes on individuals. Bledsoe voted against the issue in May.

Bledsoe, however, said the recall effort isn't at all due to that vote.

"This is all about my opposition to Governor Snyder's mandatory Schools of Choice proposal," Bledsoe said in a release. "Lansing Republicans want to ram through a mandatory open enrollment bill without public input the same way they rammed through the redistricting and I'm fighting to keep that from happening."

"Whether it's school funding, schools of choice, or redistricting, legislative Republicans have inexplicably targeted the Grosse Pointes."

Bledsoe, after the vote for redistricting, called the Grosse Pointe News and expressed shock at what he witnessed.

"They didn't want to listen to anything Grosse Pointe had to say," Bledsoe said. "They've split the Grosse Pointes. I can't believe it."

Bledsoe said he will continue to fight, as he was elected to do.

"Why haven't Governor Snyder and Legislative leaders explained their rationale for their anti-Grosse Pointe policies?" Bledsoe asked. "Even conservatives in my community are perplexed as to why Lansing Republicans ripped apart this predominantly Republican community in redistricting."

While the redistricting is a done deal, the school open enrollment thoughts loom large for Grosse Pointers. Many have made their feelings known in Lansing and recently a committee formed in the Grosse Pointes that tackles the issue for the 18 percent of Michigan public schools which have the option of open enrollment, but choose not to.

The committee is Michigan Communities for Local Control. They will fight for that control – as Bledsoe does in Lansing.

In the meantime he'll also fight the recall if he needs to. A clarity hearing for the language of the proposed recall will be held Aug. 30.

Stay tuned.

Where did summer go?

As the kids go back to school, the great events keep coming to the Pointes.

While The Hill shook to an earthquake on Tuesday, it will shake for different reasons Wednesday, Aug. 31 when the annual Racing for Kids takes over the streets and neighboring parking lots.

The day benefits Racing for Kids, a Grosse Pointe Farms-based national charity which uses motorsports to generate awareness and funding for children's healthcare institutions across the United States.

Kercheval will close between Hall Road and McMillan as dozens of events offer something for everyone. And it's free of charge.

Many of the Hill's businesses are part of the fifth annual street fair, which features a collection luxury, classic and sports cars, games, food, sidewalk sales, a moonwalk and more. IZOD IndyCar driver Ana "Bia" Beatriz will be on hand for the day's events.

An evening reception and live luxury auction at Northern Trust will raise funds for Racing for Kids.

The day is action packed and worth the trip to the Hill. The street fair runs from 11:30 a.m. to 3 p.m., while the reception is from 6 to 9 p.m. For ticket information, call (313) 882-3403.



LETTERS

The Grosse Pointe News welcomes your letters to the editor. All letters should be typed, double-spaced, signed and limited to 250 words. Longer letters may be edited for length and all letters may be edited for content. We reserve the right to refuse any letter. Include a daytime phone number for verification or questions. The deadline for letters is 3 p.m. Monday.

Thanks for help To the Editor:

Many thanks to Grosse Pointe Farms City Manager Shane Reeside and the city council for inviting DTE

Energy to attend the Aug. 8 city council meeting.

And thanks to DTE representatives, Joe Cazenov, regional manager of corporate and government affairs; and Todd Henning, senior planning engineer, who graciously answered questions and gave us their direct-line phone numbers.

I called Mr. Henning and left a voice mail. He returned my call almost immediately. And within eight business days, he had my problem fixed, which was

flickering/blinking lights in my house, which started four weeks before my call.

I had called DTE Energy 14 times and nothing had been done. I continually got excuses, or worse yet, they would insist the problem had been taken care of.

It was not until Mr. Henning got involved that my problem was not only resolved, but he had our street lights back on, which had also been out four weeks.

M. O'BRYAN
Grosse Pointe Farms

GUEST OPINION By Russ Harding

EPA: It's for your own good

The recent announcement by the Obama administration that the Corporate Average Fuel Economy standard for autos and light trucks is being increased to a breathtaking 54.5 miles per gallon has been met with a collective yawn from the motoring public.

Why would such a major regulatory change drastically altering the vehicles Americans can purchase not result in public outcry? Because they do not believe the new standards will actually be implemented.

When government regulates by ideology rather than following the laws of physics and economics, the results are more about political theater than actual change.

Increasing the mandated fuel economy of vehicles by 2024 ignores the marketplace. The American automobile industry already existing, in the case of General Motors and Chrysler, on the largesse of the federal government through taxpayer-funded bailouts, simply cannot expect to be profitable making smaller vehicles costing on average \$6,000 more, due to federal mileage mandates.

When consumers are faced with sticker shock brought on by the fuel economy standards, they will stay away from new car dealerships in droves.

EPA mandates

The new mandates flying out of the Environmental Protection Agency in Washington will have profound impacts on future vehicles and how much we pay for personal transportation and the cost of transporting goods.

First was the doubling of the CAFE standard for light trucks and automobiles, followed by the recently announced mandated 15 percent increase in efficiency for large trucks and 18-wheelers.

The resolve of the Obama administration to dictate the future of transportation in America has not changed, but the marketing message has. The new message from the feds: trust us, these new mandates will save you money — this from a government that has proven incapable of balancing its own budget.

The EPA is apparently convinced they know better than the trucking companies and builders of large truck engines how to save the industry money through increased fuel economy mandates. EPA officials must consider executives of those industries to be either ignorant or intentionally operating against their own best interests.

The arrogance of EPA officials seems to know no bounds. As government man-

dates replace competitive forces in the marketplace, the American consumer will pay the price through higher costs and less choice, resulting in the continuing downward spiraling of the economy.

We can expect more central planning from government bureaucrats over every aspect of our lives until voters demand their elected representatives stop the excesses of an out of control administrative state. Let us hope that is sooner rather than later.

Former governor gets it wrong, again

Former Gov. Jennifer Granholm and her husband, Dan Mulhern, in an online article in Newsweek, lament America is losing manufacturing jobs to China — especially the so-called clean energy jobs.

They are right. During her eight-year reign as governor, Granholm presided over a state that shed hundreds of thousands of manufacturing jobs. They are wrong, however, about the solution of targeted tax breaks and more public-private partnerships.

Targeted tax breaks for clean energy projects or any other favored cause of the political class simply do not work. The money has to come from somewhere, which results in a penalty to companies not

among the chosen few.

Targeted tax breaks and other subsidies are increasingly unsustainable for federal, state and local governments going broke.

The call for public-private partnerships is just a code word for crony capitalism. In public-private partnerships, the taxpayer usually ends up paying the bill for companies that benefit from government subsidies and favored treatment. This further erodes the free market and competition essential to growing the economy and increasing jobs.

The national and state economies will not recover as long as the political class advocates redistributing taxpayer money rather than doing the hard work of structural tax, labor and regulatory reform.

The good news in Michigan is Gov. Rick Snyder and legislators in Lansing recognize policies of the last eight years have not worked.

They have made a good start in reducing government hand-outs and eliminating red tape through regulatory reform legislation. But this is just a start and much work remains to be done.

Russ Harding is senior environmental policy analyst for the Mackinac Center for Public Policy and director of the center's Property Rights Network.

GUEST OPINION By The Center For American Progress

Sustainable motor works

Major automobile manufacturers around the world are implementing sustainable practices from the construction of plants running on clean energy to improvements in the efficiency of assembly processes.

This green automotive production has great potential.

Car manufacturing giants, such as General Motors and Toyota, have responded to the demand for more sustainable products, including automobiles. Both GM and Toyota are channeling "green power" through their factories by generating electricity from burning

landfill gas and wind and solar energy. They've also started using green building certification for both production facilities and non manufacturing sites. GM and Toyota emphasize the importance of design's role in shaping the entire lifespan of a

product, proposing initiatives ranging from the use of lightweight materials to design geared toward fuel efficiency and recyclability.

German manufacturer, BMW, is joining its green car-making peers. Though its prod-

ucts generally qualify as "premium" for the consumer market, public demand for products made with less energy and more recycled materials has shifted the definition to include expectations for more efficient business practices and manufacturing processes in the automotive industry.

The company's focus on leading the industry in clean energy ventures include a "commitment to protecting the environment and continual implementation of sustainable methods of capturing renewable energy," according to Josef Kerscher, president of BMW

See MOTOR WORKS, page 9A

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I SAY By A.J. Hakim

'The Wrestler' relates to everyone



After re-watching Darren Aronofsky's "The Wrestler," I couldn't help but think the film's limited box office success relates to people's misconceptions of it being strictly another "wrestling film."

The film grossed \$26 million during its five-and-a-half month run in the United States — 776 screens was its widest

release — making a \$20 million profit.

But it should've done better because it's truly an emotional and inspirational film for everyone — except children — and it's more than a "wrestling film." In fact, wrestling scenes make up little more than a quarter of the film's 109-minute running time.

The film opens with a two-minute tribute to Randy "the Ram" Robinson (Mickey Rourke), with color commentary from his matches playing against a backdrop of promotional flyers and newspaper and magazine clippings, all highlighting "the Ram's" iconic career among the top ranks of professional wrestling. It

culminates in his legendary match — a victory over The Ayatollah April 6, 1989 at WrestleJam III in front of a sold-out Madison Square Garden.

Fast forward 20 years and it's all gone.

Robinson sits alone in a dressing room, his back to the camera. When the promoter enters to give Robinson his pay, the money is short because, as the promoter says, "I was sure the gate would do better."

The man who once stood a legend, his name able to sell out Madison Square Garden, now cannot sell out a school gymnasium.

Time is a bully and a thief. It

takes and takes, it devastates, until there's nothing left.

And now, Robinson, battered and beaten, is left working the independent circuit, attempting to recapture the glory days of 20 years ago. He has little money and is hardly able to pay rent for his trailer. He lost contact with his daughter (Evan Rachel Wood), whom he abandoned to become a wrestler, and he seeks comfort in lap dances from a stripper (Marisa Tomei), who is hesitant to allow their relationship to progress outside the club.

"The Wrestler" isn't an original story, as Barry W. Blaustein's "Beyond the Mat," in particular, already tackled

the realism and physical and mental isolation/devastation of professional wrestling. But what drives the film, even beyond Aronofsky's decision to break from his norm by using a handheld camera (Arriflex 416) — making for a voyeuristic endeavor into Robinson's life — is Rourke and his heartfelt, brutally honest portrayal of Robinson.

This is his story. That of an aging man, beaten, but willing to put his life on the line for a final moment in the spotlight.

Oscar-nominee Rourke, whose career began with unlimited potential, chose to leave acting for professional boxing. He's fully aware of what it's like living on the top,

having everything, only to lose it years later, left living day-to-day, with little money, scavenging for food. And it's translated on-screen in all its purity, in all its sincerity.

"The Wrestler" isn't easy to watch, at times, grotesque in its wrestling scenes. But it isn't just a wrestling film. It's not just for wrestling fans. "The Wrestler" relates to everyone — writers, directors, athletes, teachers, entertainers, businessmen — and anyone fighting against time, waiting for one more book, script, game, film, restaurant, shop or match to catapult them back to the top for one last time.

And it's satisfying to the very end.

STREETWISE By Renee Landuyt

What would you like to have packed in your lunch?

If you have a question you would like asked, drop us a note at 96 Kercheval on The Hill in Grosse Pointe Farms, MI 48236 or email to editor@grossepointenews.com



'Pizza, a Butterfinger, grapes and a juice box.'
LANIE FITZPATRICK
Grosse Pointe Farms



'Chocolate cake, pretzels and a lemonade.'
SHANE FITZPATRICK
Grosse Pointe Farms



'I would like to have all candy and a root beer float.'
NATHAN POWELL
Grosse Pointe Park



'Chocolate candy, potato chips, lollipops and no vegetables.'
KATIE HAUN
Harper Woods



'Meatballs, macaroni and cheese, blueberries and chocolate milk.'
JACQUELINE KOERNER
Grosse Pointe Shores

GUEST OPINION By Rich Lowry

The war on lemonade

There's no more poignant symbol of American childhood than the lemonade stand, evocative of long, lazy summer days and pie-in-the-sky entrepreneurial dreams.

It inevitably was a subject for a Norman Rockwell print, with a brassy kid confidently hawking cups for 5 cents each. If Rockwell were to update the image today, he might have to include an officer of the law nosing around the stand to ensure its compliance with all relevant ordinances.

In various localities around the country this summer, cops have raided and shut down lemonade stands. The inci-

dents get — and deserve — national attention as telling collisions between classic Americana and the senseless pettifoggery that is increasingly the American Way. There should be an easy rule of thumb for when enforcement of a regulation has gone too far: When it makes children cry.

Setting up a lemonade stand has always been the occasion for early lessons about the importance of hustle and perseverance, and some business basics — like location, location, location. It shouldn't be the occasion for dealing with the unreasoning dictates of The Man.

Police in Coralville, Iowa, a

Setting up a lemonade stand shouldn't be the occasion for dealing with the unreasoning dictates of The Man.

few weeks ago conducted a sweep and shut down three lemonade stands, some within minutes of their opening. The offenders had started their renegade operations the week-end of an annual bike ride across the state. The town requires vendors to have a permit during the event. None of the perps did, including one 4-year-old girl who shamelessly made \$4 before police intervened. One mother said she could only laugh when the police told her the cost of a per-

mit was \$400. Uncomprehending, her children cried.

In McAllen, Texas, two children were shut down and their grandmother threatened with a fine on similar grounds. Hoping only to fund the upkeep of their two hermit crabs, the youngsters started selling lemonade for 50 cents a cup in a park without a health permit or licensed food handlers to prepare or serve their lemony libation.

In Midway, Ga., three girls

were told they needed a business license, peddler's permit and food permit to set up a lemonade stand on their front lawn. The chief of police explained why she had to act to protect the public from the unauthorized sale of the unknown substance purporting to be "lemonade." "We were not aware of how the lemonade was made, who made the lemonade, of what the lemonade was made with."

Chances are it was made of the usual dangerous cocktail of lemon juice, sugar and water. If children — or their parents — aren't to be trusted to prepare lemonade, presumably people lured by the prospect of a cool drink on a

hot day take their pocket change elsewhere.

Invariably, the parents of illicit lemonade-stand vendors protest to the authorities, "but they're just children." That should be a clinching, self-evident argument. But not when an unbending legalism is ascendant, and there's a law for everything.

For now, the lemonade-stand crackdowns are a bridge too far. They usually bring cries of public outrage and embarrassed backpedaling from officials. So belly up to the lemonade stand — while you still can.

Rich Lowry is editor of the National Review.

— King Features Syndicate

GUEST OPINION By Paul Kersey

How to defuse PERA's ticking time bomb

Watching the Legislature tackle public-sector labor relations is a lot like watching a bomb squad at work: slowly, painstakingly picking out wires and nervously cutting them, hoping they don't trigger an explosion.

The caution is understandable; under Michigan's Public Employment Relations Act, government employee unions have built powerful political machines based on collective bargaining authority and massive amounts of cash. But perhaps lawmakers have made this process more complicated than it has to be. Sometimes the best thing to do with a bomb is to cart it off to an empty field where you can blow it up.

Over the last several months, lawmakers have made a series of changes to public-sector collective bargaining. Some, such as allowing emergency financial managers to set aside union contracts for insolvent cities, counties and school districts, are likely to have a positive effect. Others, like the watered-down changes to the binding arbitration law, may have no impact.

Politically, the situation is explosive. PERA has created

powerful government employee unions that have used their position as bargaining representatives to influence how government in Michigan functions.

Up until very recently, if a school district wanted to fire ineffective teachers, it would have to negotiate evaluations and assignments with a union that would almost always insist on strict seniority and a clumsy evaluation process making it difficult to identify bad teachers, let alone get them out of classrooms.

New teacher tenure law changes should give districts more leeway. Tenure will be harder to get and easier to lose and layoffs should no longer be done by seniority. But to make this work, the Legislature had to change the bargaining law so districts wouldn't be pressured into negotiating away their power to identify and let go of bad teachers.

The Michigan Education Association, the state's largest teachers union, is displeased and threatening to recall legislators who voted in favor of the new tenure law.

Which leads to another dangerous part of PERA: the millions of dollars in mandatory union dues payments — money basically guaranteed to

unions by government officials with little or no accountability for how it is used. In a typical year, the MEA receives more than \$60 million in forced dues. Based on its financial reports, we estimate only about a third of the MEA's budget goes into workplace representation.

So for all their caution, lawmakers still have to confront a union with the means and motivation to strike back at those who seek to make schools better at teaching students. A host of other unions can make similar threats to lawmakers who attempt to make other government services less costly and more productive.

All the tinkering has still left us with a powerful union establishment capable of doing great damage, just waiting for something to set it off. To defuse the situation — and the continuous threat to taxpayers — the Legislature could outlaw collective bargaining in local governments and school districts. There is no need to maintain a union establishment that has become a menace to education and good government in general.

There's a strong case to be made that carefully calibrated half-measures will do more damage than a straightforward

approach to public-sector unions, such as repealing PERA outright or cutting off unions' dues funds. Union officials are going to lash out either way, so policymakers may

as well fix things so next time unions decide to target lawmakers, they do it with funds they raised themselves rather than mandatory dues handed over by local school districts.

Blow PERA up, one time, and know that when it's over, it won't blow up again.

Paul Kersey is director of labor policy at the Mackinac Center for Public Policy.

MOTOR WORKS: Automotive's commitment

Continued from page 8A

Manufacturing. BMW's subsidiary plant in Spartanburg, S.C. — the largest automobile plant by workforce in the United States — has demonstrated longstanding dedication to sustainable automaking, ranking third on the U.S. Environmental Protection Agency's list of the 20 strongest on-site generation clean power users.

Since 2003, the Spartanburg plant has collected, cleaned and compressed methane gas from local landfills and used it to generate more than 50 percent of the factory's energy. In 2009, the company invested an additional \$12 million into its

effort to recover and use even more landfill gas, reducing carbon dioxide emissions by roughly 92,000 tons per year and saving \$5 million in annual energy costs.

Aside from making production more efficient, manufacturers also seek to add more sustainable materials to their finished products.

For its 2008 Escape, Ford Motor Co. used 100 percent recycled fabric for all seating surfaces. By processing post-industrial waste material and recycling it into major automobile components, Ford conserves up to 600,000 gallons of water, the equivalent of 1.8 million pounds of carbon dioxide and more than 7 million kilowatt-hours of electricity annually.

Some manufacturers are recapturing expended energy, an effective addition to preexisting efficiency measures such as installing engine improvements or hybrid systems.

Volkswagen's work on ther-

moelectric exhaust systems found electricity generated by waste exhaust, heat and solar power could be stored and reused to reduce fuel consumption. And Honda's work on the Rankine cycle, a steam-operated heat engine, uses exhaust from gasoline combustion to heat water into steam, which in turn creates fuel-conserving electricity.

Today's major automotive manufacturers have committed themselves to realizing a cleaner industry. It's unfortunate some of these same companies pressured the Obama administration to weaken fuel-efficiency standards for cars and light trucks built from 2017 to 2025. But they are showing a clear effort to more efficiently produce cars with smaller energy footprints without compromising power or performance.

From "It's easy to be green" series by The Center for American Progress, headed by John D. Podesta and based in Washington, D.C.



PHOTO COURTESY GROSSE POINTE CHAMBER OF COMMERCE

Goodies for dogs

Bow Wow Bake Shoppe is strictly for the dogs. All its baked goods are made on site from scratch, including birthday cakes. All recipes used are approved by the Michigan Department of Agriculture. The shop also offers name brand dog-related retail items such as bowls, collars, leashes, jewelry, clothing, greeting cards, frames and wine caddies. Dogs are welcome in the store located at 21035 Mack, Grosse Pointe Woods. Attending the ribbon cutting ceremony, from left, are family members Tanya Bardy, Marissa Gojcaj, Robert Szychulski, Trixie, John Rostek, bakery owner Lisa Bardy, Grosse Pointe Woods Mayor Robert Novitke, Grosse Pointe Woods City Administrator Al Fincham and Jennifer Boettcher, executive director and president of the Grosse Pointe Chamber of Commerce.

Farms man promoted

Grosse Pointe Farms resident Brian Black was promoted to the position of senior commercial banking for Fifth Third Bank. He was a senior lender with the bank.

Black leads all commercial

banking and credit functions and serves as a member of the bank's executive team in eastern Michigan.

He joined the bank in January 2009 coming from Majesty Capital Management

to manage Fifth Third's business banking unit which focuses on meeting small business financial needs.

Black has more than 22 years experience in the financial services industry. He was president of retail banking at Republic Bank in Lansing and spent 12 years at Michigan

National Bank.

Black earned a Bachelor of Administration degree in financial administration from Michigan State University and a Master of Business Administration degree from Dartmouth College and attended the Stonier Graduate School of Banking.

POINTES: Decisions catch ire of council

Continued from page 1A

Pointe has to face a threat on two fronts," said Councilman Dan Clark. "Our local control of schools is being challenged by mandated open enrollment. Most everyone agrees that our schools are the cement that holds our community together. Now we're being split politically. I'm unhappy."

"This attempt to separate us underscores our common elements. We have to seriously look at some accommodations. It would be difficult to split a single city. I think we should look to our fellow Grosse Pointes for partnership."

Councilman Robert Denner concurred.

"I agree," said Denner. "This is a serious issue for all the Pointes. On the face of it, it appears this is an effort to drive us apart. I will not tolerate it. The five Pointes need to work together."

While consolidation has been the elephant in the room for years within the five Pointes, Heenan added another concept to the mix.

"Grosse Pointe Shores is in two counties, Macomb and Wayne," he said. "If we all merged, we could be part of Macomb County. We would need to consolidate, but we could retain our identity."

Recognizing consolidation would take time, members of both the council and the audience questioned whether legal action might have a more immediate effect in delaying the split, a tactic not unknown to Grosse Pointe Park. Some 20 years ago, Heenan was part of a lawsuit against the state when the Park was separated from other Pointes when districts were redrawn. The state Supreme Court ruled in favor of the Park.

"I want people to be aware of what is happening," Heenan said. "The way the district is now, we're with Pontiac. We're put with people who don't have the same interests we do. It doesn't make sense."

While no official action was taken at the meeting, several members of the council and city manager Dale Krajniak agreed that the first step should be discussions with the other Pointes.

"If we sit still, we will be absorbed into a situation that is just not right," Heenan said. "Lansing comes down here for our money, but then disregards us."

And while the talks were not necessarily partisan in nature, Clark did remind Heenan of the political reality of the situation.

"We don't have the Democrats to blame for this one," he noted.

CHALLENGE: Mayor, Mayor pro tem face off

Continued from page 1A

Boyce and Robert Graziani.

Boyce has been on the council since April 2009 and, before that, was city clerk from February 2002.

Graziani was village clerk from Feb. 2008 to April 2009, when he joined the council.

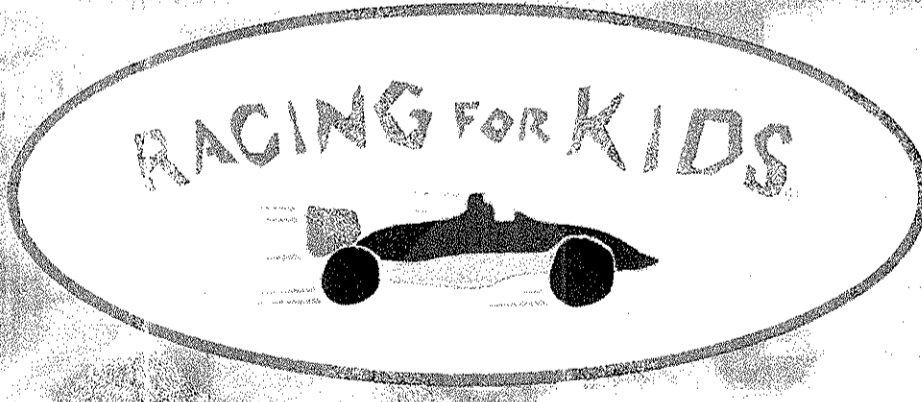
— Brad Lindberg

Election results determine the length of terms and the staggering of seats for future elections.

Not seeking reelection are council members Victoria

RACING FOR KIDS 2011

Wednesday August 31, 2011



Sneak Peek of Auction Items

- Great Lakes Freighter Adventure for Four
- 2012 Indianapolis 500 VIP Package for Two
- Deep Sea Fishing off of Key Largo, Florida
- Two month lease on a Vespa Scooter
- Dinner for Twelve at the Dirty Dog Jazz Cafe Boardroom

Street Fair and Scavenger Hunt

11:30am - 3pm

- * IndyCar Racer Ana (Bia) Beatriz Appearance
- * Scavenger Hunt sponsored by the Grosse Pointe News
- * Sidewalk Sale
- * Meijer Mobile Virtual Playground by MRA experiential tours and equipment
- * Games for Kids
- * Cottage Sugar Cooking Decorating sponsored by Henry Ford Medical Center
- * Music by local bands
- * Coloring Contest sponsored by the Grosse Pointe News
- * Refreshments
- * Moon Walks
- * Exotic Cars on Display



Reception & Auction

6:00pm-9:00pm

The cocktail reception and live luxury auction at Northern Trust from 6 to 9 p.m. will raise funds for the Racing For Kids hospital visit program and several local children's hospitals including DMC Children's Hospital of Michigan, Henry Ford Medical Center and pediatric programs at Beaumont Hospital Grosse Pointe.

The gathering will feature gourmet fare from all the restaurants on the Hill and Fresh Farms Market. The Dirty Dog Jazz Café will provide jazz entertainment and the auction will feature many luxury items including get-aways and sports and spa packages.

Tickets to the evening reception will remain \$75 for advance purchase or \$90 at the door or purchased after August 26. For more information or to receive an invitation, call the Racing For Kids office at 313.882.3403

Scavenger Hunt and Coloring Contest sheets at the Grosse Pointe News 96 Kercheval

Grosse Pointe News
Media Sponsor

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NEWS II

AUTOMOTIVE
2011 Lexus GX 460
 Lexus GX 460 offers power-operated third row and full-time all-wheel drive **PAGE 7A II**

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Pendulum swings: Teacher scales ranks

By A.J. Hakim
 Staff Writer

As an undergrad at the University of Michigan, Kate Murray had every intention of returning home to her family in Libertyville, Ill. after graduation.

That is, until a good friend — and Grosse Pointe South graduate — suggested Murray, a double-major in secondary education in English and French, pre-student-teach at Grosse Pointe North.

She learned under the tutelage of the now late Guido Regelbrugge, an icon at the school who taught French from 1968 to 2000.

"I did my student-teaching with Mr. R, who is a legend, and while I was here, I also connected with Bob Rymer, also an icon," said Murray, whose original dream was to be a lawyer and ambassador to France. "It went so well, I student-taught here and, during my student-teaching, one of the French teachers left and I became a long-term sub. At the end of the year, they asked me to stay."

That was 16 years ago and Murray remained at North and taught anything from freshmen English, reading workshop, French I to Advanced Placement French and, her true passion, AP Language and Composition. The latter she taught for 12 years, including this past year when students

broke school records in terms of passing rates.

She also led the freshman academic success team — a program to increase literacy and skills in all academic areas to students with social and educational needs — from its beginning six years ago.

"It was the school, it was the people and the community," said Murray, a City of Grosse Pointe resident. "The community of Grosse Pointe had really taken me in and that made me feel comfortable, not only comfortable here but wanting to stay here in this community and leave my home behind."

"I think I, like other people in Grosse Pointe, stayed for the schools."

But in the past few years, both Murray's head and heart changed and her desires extended beyond the confines of the classroom. She wanted to impact more students and looked to administration to afford that opportunity.

So, when Matt Outlaw left his position as assistant principal at North to become principal at South, Murray capitalized and is now his successor.

"I've never had a desire to leave the classroom, but my desire to impact more students overwhelmed that," Murray said. "And so, I thought of this as an opportunity to affect more students and help all students learn."

"The last two years, I just



PHOTO BY A.J. HAKIM

Grosse Pointe North Assistant Principal Kate Murray

completed a degree at Oakland University in educational leadership. That, combined with the Galileo Teacher Leadership program, I feel prepared my head for it, and then it was really my heart that had to decide this is what I wanted to do and this was going to be the venue in which I could help more students."

The Galileo Institute for Teacher Leadership is a program at Oakland University to enhance leadership skills of teachers and develop teachers into leaders.

Murray joins the administrative ranks during what she considers, "a pivotal time for education," and is ready to translate her knowledge and experiences in the classroom into her new role by helping provide the best learning environment for all students.

"You can call it explosive; you can call it negative," Murray said of the current issues in education. "But I think of it as an opportunity. And I

think the pendulum is going to swing the other way again, and I would like to bring respect, professionalism and joy to this profession.

"And I believe I'm a strong proponent for public education and, in specific, Grosse Pointe students, and I want the best for Grosse Pointe students. I'm a Norsemen and I feel really lucky this opportunity presented itself here, and I feel honored to serve in this new capacity."

Murray's education experience:

- Undergraduate degree in secondary education in English and French, University of Michigan
- Masters degree in secondary education, Saginaw Valley State University
- Education specialist degree in leadership, Oakland University
- Currently pursuing doctorate in educational leadership, Oakland University

Superintendent's contract approved

By A.J. Hakim
 Staff Writer

The final piece is now in place for Tom Harwood to succeed Suzanne Klein as superintendent of Grosse Pointe public schools.

At its monthly meeting, the Grosse Pointe Public School System Board of Education approved — by a 5-2 vote — Harwood's contract as the district's new superintendent. Trustee Fred Minturn and secretary Judy Gafa dissented.

Harwood starts his new role Jan. 1, 2012 — after Klein officially retires — and the new contract runs through June 30, 2014.

Meanwhile, he resumes his role and pay — \$152,700 — as the director of human resources and labor negotiations.

"For a first contract, three years would be typical," Clark Hill PLC professional John Gierak said. "Because Dr. Klein is continuing on, this is a two-and-a-half-year contract, and this will be right down the middle of the fairway in terms of what you'd see in a superintendent's contract."

President John Steininger, vice president Joan Dindoffer and treasurer Brendan Walsh developed the contract, along with Gierak, attempting to maintain language and pay

similar to Klein's contract.

According to the contract, Harwood's annual base salary is \$174,802 — a slight increase compared to Klein's current \$170,420 — and includes annual base salary increases, merit pay of up to \$3,500, fringe benefits to health, dental and vision coverage, paid sick leave of up to 120 days per year, non-contributory plan payments to the Michigan Public School Employees Retirement System and a \$500 per month auto reimbursement. He also receives 25 paid vacation days each school year, with the option of rolling over up to five days into the next year.

"There was a desire to keep the contract similar to the present contract, with certain enhancements to the district," Dindoffer said.

"There's been a significant change in terms of non-accrual of vacation or rollover of vacation, that's a considerable, potential savings to the district."

"There was a conversion from a longevity pay to a merit pay increase. The evergreen clause has been removed so that the board needs to take an affirmative action in order to renew the contract."

An evergreen clause automatically renews a contract at the end of the term unless ei-

See CONTRACT, page 2A II

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– Event Agenda –

Registration Opens 11:30 a.m.
 Coney Island Lunch 11:30 a.m.-12:40 p.m.
 Steven Zack Remembrance & Opening Remarks 12:45 p.m.
 Shot Gun start 1:00 p.m. (18 holes)
 Reception & Strolling Dinner 5:30-6:30 p.m.

Steven E. Zack
 1951 – 2011

Steve's legacy would be to honor him in conjunction with this golf classic by introducing the Steven E. Zack Insurance Industry Cup trophy.

Foursome
\$1,500

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- ♦ Gifts, Luncheon, Cocktail Reception & Strolling Dinner
- ♦ Listing in Event Program

Grosse Pointe residents, business and insurance industry leaders have been "teeing-it-up" for kids for the past five years and their efforts have generated nearly \$200,000 to support life-changing programs at Boys & Girls Clubs of Southeastern Michigan's James & Lynelle Holden Club.

The Holden Boys & Girls Club, located on Detroit's east side, serves nearly 2,000 kids annually.

For Additional information, please call:
 Chris Kyles, Holden Club Director
 313-372-9550
 or email ckyles@bgcsm.org

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Software program aids learning for students with needs

By A.J. Hakim
Staff Writer

Following successful pilot programs at Parcels Middle School and Monteith and Poupard elementary schools, the Grosse Pointe Public School System Board of Education approved expanding SuccessMaker to include districtwide availability.

SuccessMaker, a computer- and research-based software program developed by Pearson Education, is designed to address the needs of students with special needs and at-risk students in both reading and

mathematics. By collecting and tracking data, the program assesses a student's strengths and weaknesses and uses instructional gaming to aid development, while enabling teachers to systematically monitor and modify instruction based on progress.

"From the pilot program, teachers reported gains in reading and math (1/3 to a full-year's growth)," Director of Student Services Deb Jackson said via e-mail. "Since we did not start the program until the school year was under way, there was not a significant change in the NWEA scores.

We will be closely tracking student progress to see if the program increases NWEA scores."

The district approved 50 licenses — allowing for 50 concurrent users across the district — with three years of support from Pearson Education and three days of professional development for staff, totaling \$84,010.

Costs are purchased through the district's American Recovery and Reinvestment Act funds, which requires a portion of funding be used toward a research-based intervention tool.

The board approved expansion

despite Grosse Pointe Education Association President Ranae Beyerlein's opposition to using ARRA funding on a software program instead of recalling or hiring teachers for the same purpose.

"The program may be very successful and may benefit many of our students — I'm not against the program per se — but money spent could be used to recall teachers and other staff who could be employed, but lost their jobs," Beyerlein said.

Jackson responded: "When the grant was written and we accepted the ARRA funds, we

had committed a certain amount of funds to increase student achievement by the use of technology, so it's something that we are obligated, when we accepted the funds, to actually spend them on technology."

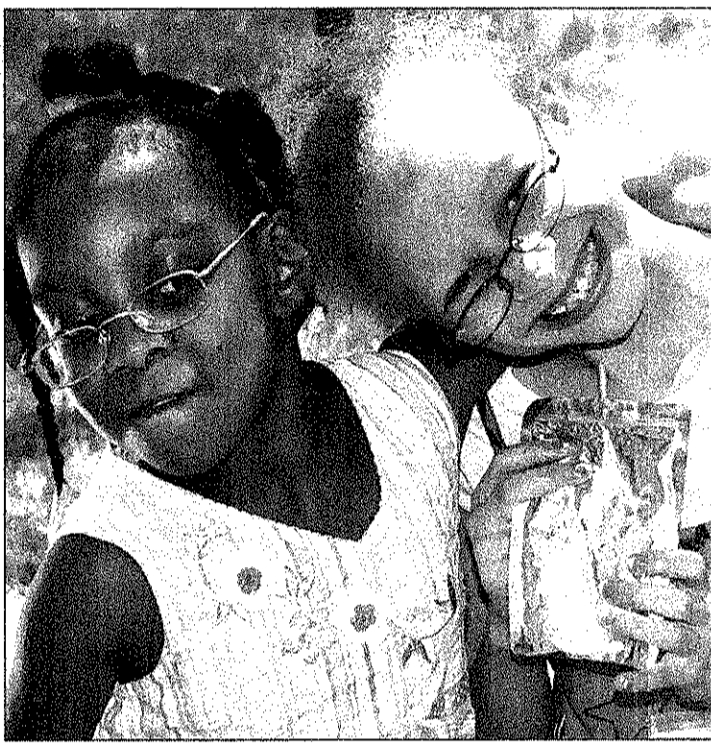
Federal mandates requiring districts use a research-based intervention tool to track student progress prompted Department of Student Services Program Specialist, Sue Lucchese, and Monteith principal, Keith Howell, to conduct research on software designed to increase student achievement. After exploring several software learning pro-

grams, including observing use in other districts, Lucchese and Howell decided on SuccessMaker.

"I believe that it is very beneficial," Title I teacher, Shantrell Griffin-McMillian said via e-mail. "My students bought into the program. Two were initially apprehensive but, once I showed them their progress, both worked hard every day to increase their goal."

"I think (SuccessMaker) provides excellent immediate response time of problem areas ... As a special education and Title I teacher, I find this program worthwhile."

Making the transition



PHOTOS BY RENEE LANDUYT

To ease the transition into a new school, students with special needs spent the morning with their new teachers at Ferry Elementary School during a picnic.

Destiny Miller, above, shares a hug with her friend, Akira Laughhunn.

Right, Ian Krieger enjoys a cup of ice cream.

Far right, Shannon Moin, left, converses with her new teacher, Julie Walkley.



South senior, a featured soloist

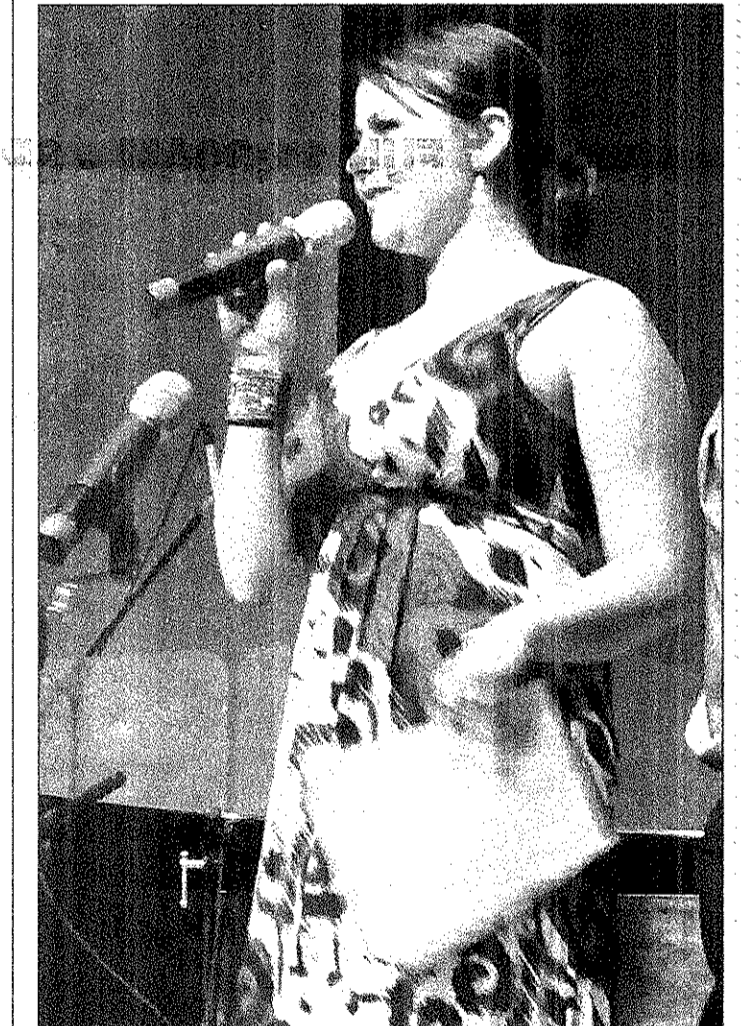


PHOTO COURTESY OF ELLEN BOWEN

Grosse Pointe South senior Elyce Croce was a featured soloist at the University of Michigan's MPulse Summer Performing Arts camp, a music performance, music technology, musical theater, theater and dance camp for high school students.

Croce, of South's top vocal ensemble, Pointe Singers, sang the solo "Mas Que Nada" in Portuguese.

School briefs

90th anniversary commemorative book in works

In conjunction with the district's 90th anniversary of consolidation celebration set for Sept. 23, officials are organizing a photo book commemorating a "day in the life" of a public school district.

Community relations specialist, Rebecca Fannon, is asking for information from families with any long-standing history in the district or any historical photos or facts about the district. Any such information will be published in the book.

For more information, contact Fannon by phone at (313) 432-3007 or via e-mail, rebecca.fannon@gpschools.org.

Musical set for Aug. 27

The Grosse Pointe show choir and vocal jazz groups

present, "That's Entertainment," at 6 and 8 p.m., Saturday, Aug. 27, at the Grosse Pointe Performing Arts Center.

The performance is the culmination of a weeklong workshop sponsored by the Grosse Pointe South choir boosters. The production features both middle school and high school students singing to the theme "travel across America from sea to shining sea."

The workshop is directed by South choir director Ellen Bowen. Staff includes: vocal jazz and high school clinician Duane Davis, choreographers, April James and Christopher Spaulding, and middle school school vocal clinician, Heather Albrecht.

For more information, visit Posterity: A Gallery in the Village or gpsouthchoir.org.

Contract: 'It just seems like a sweetheart contract, with a golden parachute, at a time when the district can't afford something like that'

Continued from page 1A II

ther party involved notifies the other of a desire to not renew, all within a specified time period prior to the end of the contract term.

According to Gierak, his company suggests omitting any such clauses, fearing detriment to the district through an assumption of lack of confidence in its leader.

"In my 35 years working with districts, I've never had (termination by convenience) included in a superintendent's contract," Gierak said. "We're proposing recommendations that districts do not give evergreen clauses for superintendent's contracts because it takes an action of the board in order to stop the evergreen from going."

"Very often, if the board is

having some concerns, if they don't continue the contract, it requires a vote of the board, and there's issues of loss of confidence in the superintendent."

Despite its apparent similarities to Klein's contract, and Gierak's opposition to an evergreen clause or something similar, board trustee Fred Minturn voiced concerns about the language and the lack of a termination agreement, other than for "just cause."

"I have grave concerns about this contract," Minturn said. "This contract does not include the language, or the formula, that all the other employees of the district have agreed. I don't know why everybody, from top to bottom, wouldn't be signed up to the same sort of language of revenue sharing and cost increases and the like."

"Then I noticed this contract has 60-days notice for the superintendent to cancel it, but there isn't such notice period for the board to cancel it. That makes it a \$700,000, two-and-a-half-year, no cut commitment and, in my business career, I just don't see that."

"It just seems like a sweetheart contract, with a golden parachute, at a time when this district can't afford something like that."

The board systematically evaluates the superintendent's performance annually.

Board meeting notes:

• Along with the new contract, the board approved the superintendent goals and evaluation process. The evaluation criteria includes objectives persistent to established policy 1230, as well as objectives de-

veloped by the superintendent.

• Grosse Pointe Foundation for Public Education offered four monetary gifts — \$10,200 for library media hardware, \$2,700 for a high-definition camcorder for Grosse Pointe North's television productions group, \$5,000 for 15 netbooks for Trombly Elementary School's fourth-grade class and \$500 to screen "Race to Nowhere," a film challenging assumptions on improving the current education system, at Grosse Pointe South.

• The board approved a resolution on local control of schools, opposing Gov. Rick Snyder's proposed legislation regarding forced school of choice.

• The board approved a new contract for EduStaff and accepted federal program funding.

City of Grosse Pointe Woods, Michigan

NOTICE IS HEREBY GIVEN that the Council will be considering the following proposed ordinance for a second reading at its meeting scheduled for Monday, September 12, 2011, at 7:30 p.m. in the Council Room of the Municipal Building. The proposed ordinance is available for public inspection at the Municipal Building, 20025 Mack Plaza, between 8:30 a.m. and 5:00 p.m., Monday through Friday. The Council meeting is open to the public. All interested persons are invited to attend.

AN ORDINANCE TO AMEND CHAPTER TWO, ADMINISTRATION, ARTICLE VII FINANCE, DIVISION SIX COST RECOVERY, BY ADDING SUBDIVISION IV COST RECOVERY FOR TRAFFIC ACCIDENTS, BY PROVIDING PROCEDURES FOR REIMBURSEMENT FOR EMERGENCY RESPONSES FOR TRAFFIC ACCIDENTS, ESTABLISHING LIABILITY FOR THOSE EXPENSES, AND PROCEDURES FOR COLLECTION OF EXPENSES.

Lisa Kay Hathaway, MMC
City Clerk

G.P.N.: 8/25/2011

City of Grosse Pointe Woods, Michigan

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AN ORDINANCE AMENDING CHAPTER 8, BUILDINGS AND BUILDING REGULATIONS, BY ADDING ARTICLE XV, ALARM SYSTEMS, ESTABLISHING A REGISTRATION FEE FOR ALARM SYSTEMS; REGULATING ALL ALARM SYSTEMS; CONTROLLING EXTERIOR LIGHTING AND SOUND AND PROVIDING FOR COST RECOVERY RELATING TO REPEATED FALSE ALARMS.

Lisa Kay Hathaway, MMC
City Clerk

G.P.N.: 8/25/2011

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AN ORDINANCE TO AMEND CHAPTER 42 TRAFFIC AND VEHICLES, ARTICLE VI STOPPING, STANDING AND PARKING BY ADDING SEC. 42-271 TO INCLUDE DOUBLE PARKING AS A CIVIL INFRACTION VIOLATION, AND SEC. 42-272 TO PROVIDE A FEE SCHEDULE BASED ON COUNCIL RESOLUTION.

Lisa Kay Hathaway, MMC
City Clerk

G.P.N.: 8/25/2011

RACING FOR KIDS

SCAVENGER HUNT ON THE HILL

Grosse Pointe News

WEDNESDAY, AUGUST 31ST
11:30AM - 3PM

On Your Mark, Get Set, Go!

1. Pick up a Racing for Kids bag at the tent in front of 112 & 114 Kercheval
2. Visit each participating merchant, have your Scavenger Hunt sheet marked and pick up their special item
3. Return to the Racing for Kids tent with your completed Scavenger Hunt sheet to receive a special prize

63 Kercheval
TATTOOS
Grosse Pointe Chamber of Commerce

livingwaters
Entrance off McMillan
PENS

RACING FOR KIDS
Tent in front of Northern Trust
RACING FOR KIDS BAG

kloka-design-group
110 Kercheval
HOT WHEELS CARS

Christian Science Bookstore
106 Kercheval
BOOKMARK & PET A REAL DALMATIAN

Grosse Pointe News
96 Kercheval
COLORING BOOK

ROBERT LOOMIS & ASSOCIATES
131 Kercheval
FUN FLYERS

GREATWAYS TRAVEL
100 Kercheval
PENCILS

The League Shop, Inc.
72 Kercheval
GLOW IN THE DARK BOUNCING EYEBALLS

LaLonde
91 Kercheval
A SURPRISE

HIGBIE MAXON AGNEY REALTORS
83 Kercheval
LITTLE BAG OF CANDY

BROOKS BROTHERS
11 Kercheval
COUPONS

PNC
1 Kercheval
TATTOOS

Mutschler KITCHENS A BLAKE COMPANY
90 Kercheval
"CARS" STICKERS

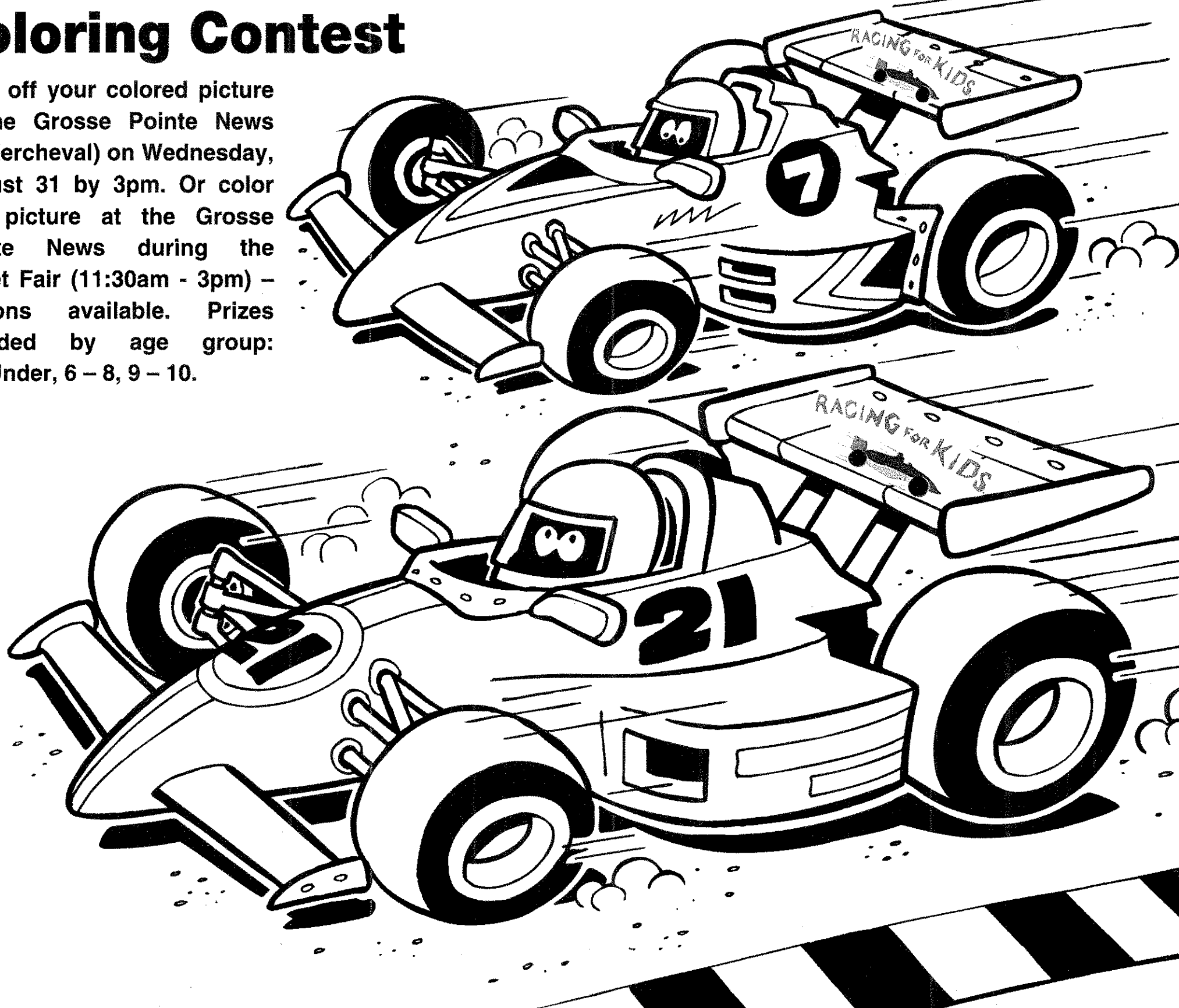
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JOIN THE FUN 11:30AM - 3PM • Moon Walks • Sno-Cones • Clowns • Popcorn • Ice Cream • Whack the Mole Band • and **RACECARS!**



Coloring Contest

Drop off your colored picture at the Grosse Pointe News (96 Kercheval) on Wednesday, August 31 by 3pm. Or color this picture at the Grosse Pointe News during the Street Fair (11:30am - 3pm) - crayons available. Prizes awarded by age group: 5 & Under, 6 - 8, 9 - 10.



NAME _____ AGE _____ CITY _____

OBITUARIES: Loved ones remembered

Continued from page 4A II

James Watts Whims

James Watts Whims, 86, passed away peacefully Tuesday, Aug. 16, 2011, after a brief illness, surrounded by his family.

"Whimsy" as he was called by his friends, could light up a room with his quick wit and magnetic personality. He had a wonderful sense of humor and an abundance of friends.

Born Nov. 15, 1924, in Grand Rapids, he joined the Army Air Corps during World War II where he flew the P-51 Mustang fighter plane. After he finished college at Michigan State University. In 1953, he married Mary Sherwood and they were blessed with four children. Mr. Whims was widowed in 1979, later married Marilyn Peck and became stepfather to her daughter, Alicia.

Mr. Whims worked from the time he was 10, selling Christmas wreaths, shoveling snow and taking every opportunity possible in Grand Rapids to help support his family during The Great Depression. His exemplary work ethic and desire to succeed continued throughout his life.

While pursuing a career in the automotive business, he performed live television commercials for Stroh's Beer, Pabst Blue Ribbon, and General Motors Corp. during Friday night fights. His early successes as an actor and top sales representative afforded him the resources to purchase Williams Manufacturing where he established strong relationships with the big three auto companies. In 1984, he purchased the Union Spring Corp., where he remained an active board member until his death.

Mr. Whims was a longtime resident of Grosse Pointe and a member of the Detroit Athletic Club, Bayview Yacht Club and the Country Club of Detroit, where he loved playing golf. He was an avid sports fan and held season tickets for the Red Wings, Lions and Tigers.

In the winter months, he and his wife lived in North Palm Beach, Fla., where they belonged to The Lost Tree and Everglades clubs and enjoyed an active social life.

Mr. Whims is survived by Marilyn, his wife of 28 years; daughters, Tracy (Jim) Fountain and Alicia Peck; sons, Jim (Brigit), Tim (Sally) and Rob (Kimberly); 17 grandchildren and his sisters, Gretchen and Mary Ann.

A private memorial service was held in the rose garden at Christ Church Grosse Pointe.

A celebration of his life will be held at a later date.

Donations may be made to the Wounded Warrior Project, 1111 W. 22nd St., No. 620, Oakbrook, IL 60523.

Arrangements were handled by William R. Hamilton Funeral Home, Mount Clemens.

Charles S. "Terry" Davis III

Charles S. "Terry" Davis III, beloved husband of Susan Pomeroy; loving father of Charles S. (Carole) Davis IV, Jonathon P.S. (Jamaica) Davis, Susan Grace (Timothy) Kendrick; adored grandfather of Katherine Grace, Charles S. (Tristan) Davis V, Logan, Tremain and Kaiden; and brother of Elizabeth "Buffy" Davis, passed away Saturday, August 13, 2011.

Mr. Davis was a third generation Grosse Pointe Farms resident, where he lived for 46 years, served as a councilman the last 10 years and as a trustee of the police and fire retirement system.

He was a principal of Goodrich, Davis, Peabody and Co., which provided financial counseling services.

Before founding Goodrich Davis, Mr. Davis served in the

administration of former U.S. President Ronald Reagan as chief operating officer of the General Services Administration. He was appointed to the Cabinet Council for Management and Administration, invited to testify before the U.S. Congress on management practices and served on government panels, including for the National Academy of Science. For his service, he was awarded the President's Outstanding Public Service Award by Reagan.

In later years, he counseled former presidents George H.W. Bush and George W. Bush, and numerous presidential candidates and other politicians. Most recently, he was an active member of the Tea Party movement in eastern Michigan.

Mr. Davis served on myriad boards of directors including Bank of America, Crippled Children's Society of Metropolitan Detroit and the Wayne County Community College District Advisory Board. He was also a mentor and teacher, including serving as an associate professor of economics and finance at Walsh College.

Mr. Davis started his career with Touche Ross after earning master's degrees in both finance and economics from the University of Chicago. He then spent more than 10 years with Ford Motor Co., including as CFO of Ford Land.

He was knighted in the Sovereign Military Order of the Temple of Jerusalem. He founded the Priory of St. Clair and helped found the first Canadian Priory.

Above all, Mr. Davis loved his family. He was a devoted husband, father and grandfather. He and his wife participated in many theatrical productions, particularly in many Grosse Pointe Theatre and Fine Arts Society of Detroit shows. He enjoyed attending his children's athletic events, coaching them and refereeing games.

Mr. Davis leaves behind many who have benefited from his generosity of spirit, his keen intellect and deep compassion. He will be missed by his family, many close friends and colleagues.

A memorial service will be held at 4 p.m. Saturday, Aug. 27, at Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms.

Donations may be sent to the Grosse Pointe Farms Public Safety Benevolent Association, 90 Kerby Road, Grosse Pointe Farms, MI 48236; the Ronald Reagan Presidential Foundation and Library at reaganfoundation.org, or the First Church of Christ, Scientist, Grosse Pointe Farms, 282 Chalfonte Ave., Grosse Pointe Farms, MI 48236.

Robert E. deSpelder

Grosse Pointe Shores resident Robert E. "Lefty" deSpelder, 84, died peacefully at home Saturday, Aug. 13, 2011, with family at his side.

He was born at Grace Hospital in Detroit where his parents, Ray Emerson deSpelder M.D. and Alice Louise Hill deSpelder R.N. were on staff.

Mr. deSpelder graduated in January 1945 from Grosse Pointe High School. He was a homeroom officer, played varsity football and ran track. He also was voted "Class Glamour Boy."

After graduation, Mr. deSpelder and his identical twin brother enlisted in the U.S. Navy where they delighted in good-natured high jinks. A typical routine involved one denying he had been ordered to do something, knowing the other had been told, and then waiting for the inevitable blow-up by senior officers.

After the war, Mr. deSpelder attended Wayne State University and Michigan State University. He was a member of Delta Chi at MSU.

One spring break, he agreed to help a friend drive to Los Angeles. This break would take much longer than expected. The route to L.A. went through New Orleans, Mexico City and Acapulco. After

reaching L.A., Mr. deSpelder worked as an assistant tennis pro.

Eventually he and his friends drove north. On the way they worked as lumberjacks in the Redwood forests of Northern California. They continued on to Seattle, bought a sailboat and sailed to Ketchikan, Alaska, via the Inside Passage. During the voyage, they were nearly run down by three Navy destroyers while hidden in the troughs of 30-foot seas. They sold the boat and returned to Los Angeles.

Eight months after starting the trip, Mr. deSpelder returned to Grosse Pointe in time for Thanksgiving.

One semester before graduating from MSU, Mr. deSpelder was offered a job at Ross Roy Inc. He worked as an account executive on the Chrysler account and, after 22 years, retired as a senior vice president. Later, he worked for Jacobson's in the Village.

Mr. deSpelder married Pat Gallagher in 1957. They met at Ross Roy and began their life together in Birmingham,

later moving back to the Pointes.

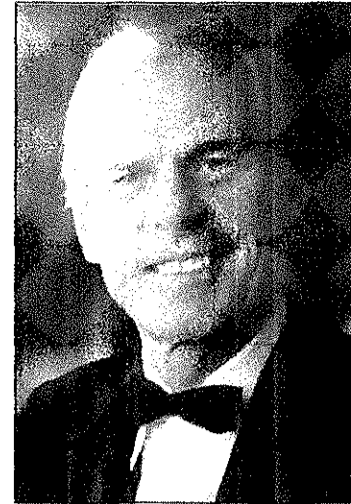
Mr. deSpelder loved sailing and owned a 40-foot Mariner ketch, "Golden Mean." Many friends enjoyed the annual fireworks cruise and weekend sails throughout the summer.

After fully retiring, Mr. deSpelder went back to school to finish his bachelor's degree. He received a full scholarship to the University of Michigan - Dearborn and graduated with distinction in 2003 at age 76.

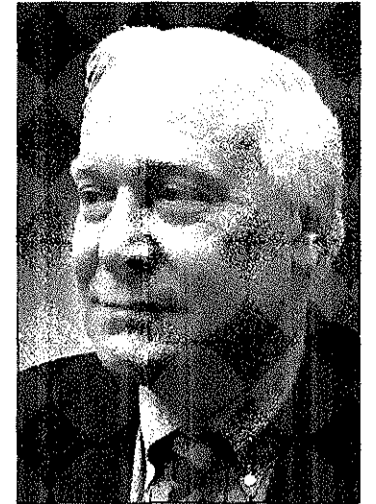
While attending U of M, Mr. deSpelder and his wife enjoyed the football games at "The Big House" and sitting in the student section. During the summer breaks, Mr. deSpelder and his wife enjoyed camping in their RV in Petoskey.

After his wife passed away, Mr. deSpelder spent his time with his children and their families, traveling and playing bridge several times a week.

Mr. deSpelder is survived by his children, Bill (Julia Yao) Sidenstecker, Robert B. (Nuria Giralte) deSpelder, Mark E. (Sandy) deSpelder, Lisa



James Watts Whims



Charles S. "Terry" Davis III



Robert E. "Lefty" deSpelder

(Peter) Macuga; grandchildren, Bradford R. deSpelder, Logan B. Giralte deSpelder, Nathan T. Giralte deSpelder and stepgrandchild, Alexander Clogg.

He was predeceased by Pat, his wife of 52 years.

Visitation will be held from 2 to 9 p.m. Friday, Aug. 26, at Chas. Verheyden Funeral Home, 16300 Mack, Grosse Pointe Park. Interment will be Saturday, Aug. 27, at the Pilgrim Home Cemetery II in Holland.

Read more and share a memory at verheyden.org.



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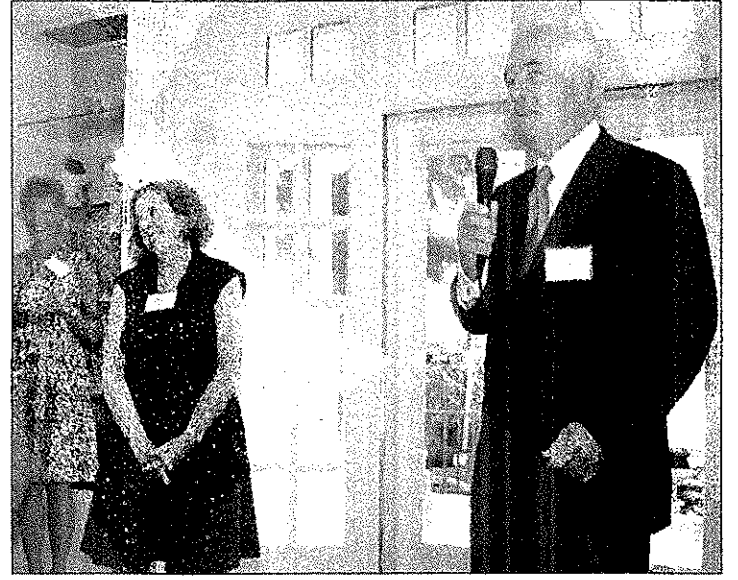
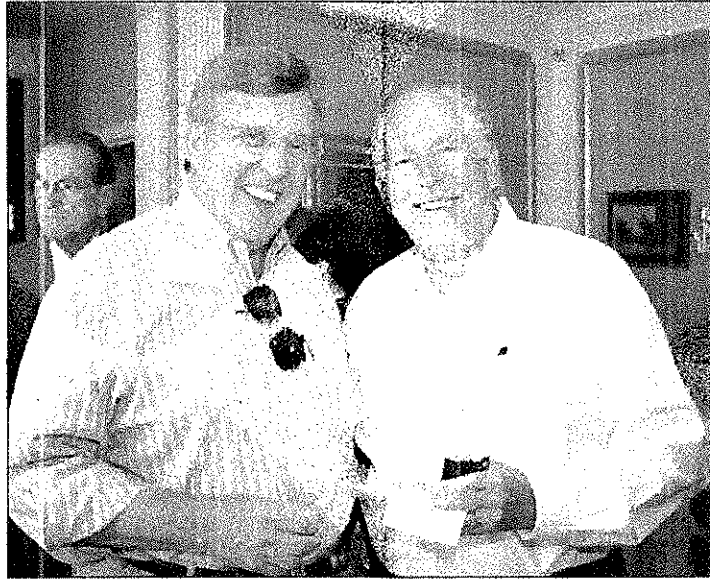
*Netflix offer: Valid on LG Revolution purchases between 7/22/11-8/28/11; after 3 months, \$7.99/mo (plus other charges) applies unless you cancel earlier.

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From left, Diane Radloff, Nashwa Sawaf, Dr. Hadi Sawaf, Doug and Tracy Blatt.



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Great night

Above left, Ron Lamparter, left, and Bob Liggett. Above, Diane Radloff and Joan Gehrke listen as Jim Nicholson speaks at the tribute to Gehrke. At left, from left, Bill Chope, Anthony and Theresa Selvaggio and Vicki Liggett. Below left, Dr. Robert Morris and Bill Gehrke.



Joan Gehrke in front of a plaque listing donors who gave to the endowment in her name.

Night honors years of dedication to St. John

Grosse Pointe Shores residents Bob and Vicki Liggett hosted more than 100 friends of Joan Gehrke and St. John Hospital and Medical Center to honor the dedicated community leader for her years of volunteer service.

Gehrke, of Grosse Pointe, first volunteered with the Fontbonne Auxiliary and continued to grow as she served in a variety of leadership roles to raise funds for SJH&MC over the past 30 years.

Gehrke served as the first chair of the St. John Health Foundation Board and helped recruit the Foundation's current board. She helped lead efforts to raise more than \$57 million, which included the campaign for the addition of the Van Elslander Pavilion. After six years, she passed the reign on to Eugene LoVasco, of Grosse Pointe Farms, on July 1.

Bob Liggett, Foundation trustee; Diane Radloff, SJH&MC president; Jim Nicholson, of Grosse Pointe Farms; and LoVasco praised and thanked Gehrke for her many contributions, leadership in philanthropy and her determination to go beyond the expected to enhance health care for patients.

While LoVasco has assumed the role of chair of the

Foundation Board, Gehrke continues to serve as a trustee. "I have the good fortune to work with the quality team of trustees that Joan essentially built over the past six years," LoVasco said. "I have been truly inspired by Joan and her leadership, and I've stepped into shoes that are hard to fill."

In an effort to carry on Gehrke's legacy at St. John, her longtime friend and colleague at PVS Chemicals, Inc., Nicholson and his family, donated a gift of \$500,000 to establish the Joan Gehrke Endowed Fund in Oncology. Under the direction of Ayad Al-Katib, MD, medical director, East Region Oncology Services, the fund will provide support for new research initiatives, ongoing physician education opportunities and assistance in adding new program specialty areas.

During the tribute evening, a donor plaque was unveiled revealing the names of more than 100 donors who honored Gehrke by supporting the prestigious tribute to her.

Special recognition was given to the Nicholson family for their exceptional gift. Other leadership donors include Bob and Vicki Liggett, Gene and Jeanne LoVasco, and Lisa Vallee-Smith and Jeffrey Smith.

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Cocktails at 6:00pm ~ Dinner at 7:30pm

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Grosse Pointe News

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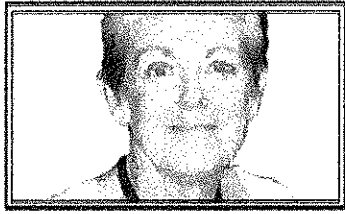
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AUTOS By Jenny King

Lexus GX 460 loaded top to bottom



Lexus introduced its second-generation GX 460 more than a year ago as a 2010 model.

The 2011 version of this luxury sport utility, with power fold-flat third-row seating and room for seven, now includes Smart Stop Technology as standard.

Smart Stop is not unique to the GX 460. Toyota began adding it to all its products at the end of last year. It reduces engine power if both accelerator and brake pedals are pressed under certain conditions. When the accelerator is depressed first and the brakes are applied firmly for longer than one-half second at speeds greater than five mph, it stops the car.

In normal driving conditions, you won't notice Smart Stop Technology as it is imperceptible. The feature doesn't engage if the brake pedal is depressed before the accelerator pedal. This allows vehicles starting on a steep hill to safely accelerate without rolling backward — hill start.

The window sticker for the 2011 GX 460 outlines a dazzling number of features, followed by some \$6,500 in options. The suggested retail price of the GX 460 Premium is \$57,240. The GX base model starts at \$52,445.

As a point of reference, the GX is the middle child in the Lexus lineup of sport utility vehicles. The smaller RX begins at \$39,000 and the LX starts around \$79,500. The RX also is available as a gas-electric



PHOTOS BY JENNY KING

hybrid.

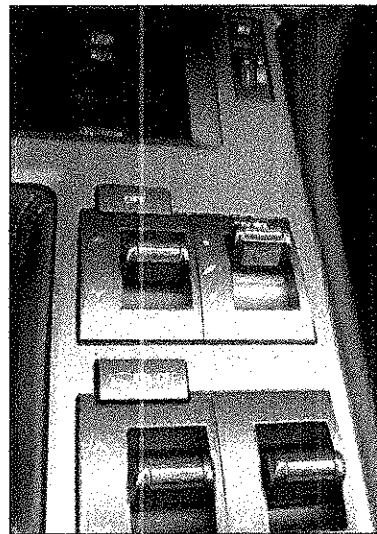
If the price tag on the GX is out of your range, just look at the photos and move on.

But if you are into automotive technology, off-road features and an abundance of creative comforts, read on.

The 5,340-pound GX 460 Premium comprises a steel body on a steel frame. Lexus says the GX shares the Prado platform with the Toyota 4Runner—another SUV that likes to push the limits.

The GX 460's 301-horsepower powertrain with six-speed automatic is capable of a peak torque of 329 pound-feet at 3,500 rpm. That translates to a towing capacity of up to 6,500 pounds.

Full-time four-wheel drive is standard. Lexus says the TORSEN torque-sensing limited-slip center differential can



The Lexus GX 460, powered by a 4.6-liter V-8 with six-speed automatic, is equipped with a power-operated third row and has full-time all-wheel drive. The Lexus GX 460, above, right, faces off with the steep side of a sand dune along the Lake Michigan shore. Switches on the center console, left, control a number of functions that increase the versatility of the Lexus GX 460 utility vehicle.

be electronically locked for inclement weather. It also offers a low range for off-road driving. The TORSEN differential distributes power 40:60 — front/rear — under most driving conditions and changes the ratio as needed based on steering input and wheel slip, Lexus reports.

The TORSEN differential also helps make the GX 460 less prone to slippage due to sudden changes in road surface

conditions, such as driving through a puddle or over an ice patch, according to Lexus.

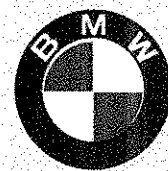
Getting down and dirty

In spite of its many refined characteristics, the GX 460 is equipped with trail driving capabilities and is not intimidated by tough assignments.

Off-roaders likely will make

See GX 460, page 9A II

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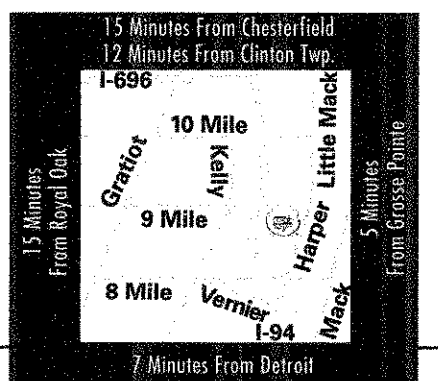
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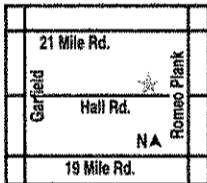
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PHOTO BY JOE WARNER

Drawing winner

Pat Jensen of Clinton Township was the winner of a contest for a \$300 shopping spree at Nino Salvaggio, sponsored by Fiat of Lakeside. Jensen's winning ticket was drawn from more than 15,000 entries. Between two new Fiats above, from left, are Fiat of Lakeside General Manager Rick Foley, Jensen, Nino Salvaggio General Manager Frank Nicolletta and Scott Summers, Fiat regional brand manager.



PHOTO BY JEFFREY SAUGER FOR CHEVROLET COURTESY OF WIECK MEDIA

Woodward Dream Cruise

Crowds are reflected in a 1956 Chevrolet Bel Air station wagon at the Woodward Dream Cruise Saturday, Aug. 20, in Birmingham. Chevrolet celebrated its centennial at the Dream Cruise with more than 60 heritage vehicles, new Volts, Sonics, Cruze Ecos and Camaro ZL1 vehicles on display in the Birmingham Triangle. Also on display were vehicles from the "Transformers" movies, and a selection of Indy 500 pace vehicles.

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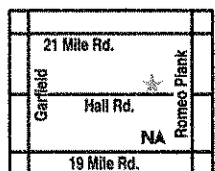
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*GMS pricing. Must add tax and up front fees to all leases. 0% financing available in lieu of manufacturers rebate. Photos may not represent actual vehicles. Some rebates require US Bank financing at standard rate. In-Market or EVA rebate may apply to some leases/purchases. Paying up to \$500 on remaining lease payments. Upfront fees include 1st payment, tax on all rebates and cap cost reduction, doc fee, license, title, registration fee. Security deposit may be required on some models. Tier 1 approvals through US Bank do not require a security deposit. See dealer for details. Expires 8/31/11.

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GX 460: Loaded top to bottom

Continued from page 7A II

use of several or all of the following safety and handling features:

The standard Kinetic Dynamic Suspension System works with front and rear stabilizer bars to control vehicle sway. Lexus says KDSS can reduce maximum body-roll angle by as much as 50 percent, which is helpful for on-road as well as off-road driving.

The design is interesting. It employs hydraulic cylinders acting on each stabilizer bar and linked by a pressure-sensing valve, thereby reducing the degree of roll stiffness provided by the stabilizer bars.

Stiffness of the bars can be significantly increased to help reduce body lean, Lexus says. In off-road driving, KDSS allows the wheels on each axle to move with a larger degree of side-to-side independence, lessening any tendency for wheel lift. When the vehicle is on an uneven surface, one compressed cylinder causes fluid to flow to the other cylinder, helping the vehicle to keep all four wheels on the ground. That action increases wheel travel and articulation and helps equalize wheel loading, according to Lexus.

In addition to KDSS, the GX 460 offers optional Crawl Control, which automatically modulates the throttle and brake. When the transmission is shifted into low range, Crawl Control regulates engine speed and output, along with braking force, to move the vehicle forward — or in reverse — at one of five low-speed settings. This frees the driver to focus on steering without also

having to modulate the throttle and brake pedals when driving over very rough ground or steep grades.

Hill-start Assist Control provides additional control for off-road driving by helping keep the vehicle from rolling back while starting on a steep incline or slippery surface. Downhill Assist Control affects the descending ability of the transmission's low range by helping to hold the vehicle to a target speed with no intervention from the driver.

A steering angle indicator in the gauge panel shows the driver at a glance which direction the front wheels are pointing. This is helpful for country off-roading or for everyday urban parallel parking.

The adaptable suspension has three modes: normal, sport and comfort. The sport is the most interesting; it does give a lot of road feel.

Bells and whistles

The optional navigation system had a feature we found ourselves using Lexus Enform with destination assist. We were able to talk with a real person who guided us nicely to our destination.

The hard-disk nav system was part of a larger parcel that included a Mark Levinson audio package with surround sound audio/17 speakers/7.1 channel architecture. It appeared to be able to play DVDs but there were no front-seat-mounted screens for second and third-row passengers.

A Lexus spokeswoman said if you get the Mark Levinson package, you'll need to specify rear seat entertainment to get the screens in the second row. "Otherwise, you'll be watching your DVDs from the Nav screen up front," she said.

Lexus said currently GX 460 customers are 50-50 male-female with a median age of 51. Ninety percent are married. We don't know how many use their utility vehicles off-road.

Among the features we especially liked were the ventilated front seats. Both front seats are 10-way power adjustable and can be heated and ventilated. The latter was most welcome as our July temperatures continued their climb to

three figures. The standard power moonroof was surprisingly quiet when opened on the highway.

The rear door of the GX 460 is hinged at the right side, a feature those who prefer top hinges have criticized. We had no complaints. And we were glad when the information screen directly in front of the driver reminded us, as we were about to back down a driveway, the rear door was open.

Filling up the GX 460's gas tank with the recommended premium grade fuel will set you back some serious money. Combined city and highway fuel economy is rated at 17 miles per gallon, which puts the GX below the average for all SUVs.

When asked if there are plans for a gas-electric hybrid model for the GX, Lexus responded, "No announcement at this time."

Pre-collision option

The optional pre-collision system package includes radar cruise control. The user designates a preset distance from the vehicle traveling ahead. If, based on a variety of inputs, PCS determines a collision is unavoidable, the system preemptively retracts the front seat belts and pre-initializes break assist so increased braking will be applied the instant the driver depresses the pedal.

In addition, a pre-collision system with driver attention monitor and lane departure alert is available for the GX 460.

Available adaptive front lighting illuminates a turn or curve as the driver steers into it and includes high intensity discharge headlights. The available PCS with driver attention monitor package includes intelligent high beam headlights that automatically switch the high beams to low when encountering oncoming vehicles or approaching vehicles from the rear. Standard headlamp cleaners on the Premium model help ensure optimal headlight performance in almost all weather conditions.





Jenny King is an automotive writer who lives in the City of Grosse Pointe.



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<p>2011 CHRYSLER 200 TOURING 9 AT THIS PRICE</p> <p>Premium Cloth Bucket Seats, 6-Speed Automatic Transmission, 2.4L I4 DOHC 16-Valve VVT Engine, Customer Preferred Package 28U</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>MSRP \$21,700</td> <td>LEASE 36 MO. \$1999 DOWN</td> <td>BUY 72 MO. \$1999 DOWN</td> <td>SALE PRICE</td> </tr> <tr> <td>CHRYSLER EMPLOYEE</td> <td>\$167</td> <td>\$259</td> <td>\$15,188*</td> </tr> <tr> <td>GENERAL PUBLIC</td> <td>\$186</td> <td>\$274</td> <td>\$16,597*</td> </tr> </table>	MSRP \$21,700	LEASE 36 MO. \$1999 DOWN	BUY 72 MO. \$1999 DOWN	SALE PRICE	CHRYSLER EMPLOYEE	\$167	\$259	\$15,188*	GENERAL PUBLIC	\$186	\$274	\$16,597*	<p>2011 CHRYSLER TOWN AND COUNTRY TOURING 9 AT THIS PRICE</p> <p>3.6L V-6 engine, power windows, locks, mirrors, sliding doors and lift gate, Customer Preferred Package 29K</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>MSRP \$29,995</td> <td>LEASE 36 MO. \$1999 DOWN</td> <td>BUY 72 MO. \$1999 DOWN</td> <td>SALE PRICE</td> </tr> <tr> <td>CHRYSLER EMPLOYEE</td> <td>\$209</td> <td>\$238</td> <td>\$22,697*</td> </tr> <tr> <td>GENERAL PUBLIC</td> <td>\$269</td> <td>\$374</td> <td>\$24,563*</td> </tr> </table>	MSRP \$29,995	LEASE 36 MO. \$1999 DOWN	BUY 72 MO. \$1999 DOWN	SALE PRICE	CHRYSLER EMPLOYEE	\$209	\$238	\$22,697*	GENERAL PUBLIC	\$269	\$374	\$24,563*
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<p>2011 DODGE CALIBER MAINSTREET 15 AT THIS PRICE</p> <p>2.4 L4 Cylinder Engine, Power Windows, Locks, Mirrors, Keyless Entry, Customer Preferred Package 24F</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>MSRP \$19,370</td> <td>LEASE 36 MO. \$1999 DOWN</td> <td>BUY 72 MO. \$1999 DOWN</td> <td>SALE PRICE</td> </tr> <tr> <td>EMPLOYEE PRICE TO EVERYONE</td> <td>\$179</td> <td>\$199</td> <td>\$13,679*</td> </tr> </table>	MSRP \$19,370	LEASE 36 MO. \$1999 DOWN	BUY 72 MO. \$1999 DOWN	SALE PRICE	EMPLOYEE PRICE TO EVERYONE	\$179	\$199	\$13,679*	<p>2011 CHRYSLER 300 LIMITED 8 AT THIS PRICE</p> <p>3.6L V6 Engine, Leather Trim Bucket Seats, Power Windows, Locks, Mirrors, Keyless Entry, Customer Preferred Package 27H</p> <table border="1" style="width: 100%; text-align: center;"> <tr> <td>MSRP \$31,995</td> <td>LEASE 36 MO. \$1999 DOWN</td> <td>BUY 72 MO. \$1999 DOWN</td> <td>SALE PRICE</td> </tr> <tr> <td>CHRYSLER EMPLOYEE</td> <td>\$229</td> <td>\$395</td> <td>\$26,348*</td> </tr> <tr> <td>GENERAL PUBLIC</td> <td>\$296</td> <td>\$429</td> <td>\$28,259*</td> </tr> </table>	MSRP \$31,995	LEASE 36 MO. \$1999 DOWN	BUY 72 MO. \$1999 DOWN	SALE PRICE	CHRYSLER EMPLOYEE	\$229	\$395	\$26,348*	GENERAL PUBLIC	\$296	\$429	\$28,259*				
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<p>2011 TRAVERSE LS</p> <p>Lease 39 MO \$25900*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>0% APR up to 60 Mo.</p> <p>GM Employee Price WAS \$29,999</p> <p>NOW \$25,520</p> <p>8 Passenger Seating</p>	<p>2011 IMPALA LT</p> <p>Lease 39 MO \$28200*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>0% APR up to 72 Mo.</p> <p>GM Employee Price WAS \$22,485</p> <p>NOW \$19,359</p> <p>Alloy Wheels</p>	<p>2011 REGAL</p> <p>Everyone's Sale Price WAS \$27,415</p> <p>Lease 39 MO \$11763*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 REGAL T01 TURBO</p> <p>Everyone's Sale Price WAS \$29,495</p> <p>Lease 39 MO \$13195*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>
<p>2011 EQUINOX LS</p> <p>Lease 39 MO \$23000*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>0% APR up to 60 Mo.</p> <p>GM Employee Price WAS \$23,490</p> <p>NOW \$22,512</p> <p>38 Available at Similar Savings</p>	<p>2011 SILVERADO WT</p> <p>Lease 39 MO \$16800*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>0% APR up to 60 Mo.</p> <p>GM Employee Price WAS \$22,485</p> <p>NOW \$16,252</p>	<p>2011 LACROSSE</p> <p>Everyone's Sale Price WAS \$27,745</p> <p>Lease 39 MO \$17505*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 TERRAIN</p> <p>Everyone's Sale Price WAS \$25,190</p> <p>Lease 39 MO \$18329*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>
<p>2011 CRUZE LS</p> <p>Lease 39 MO \$13200*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>1.9% APR up to 60 Mo.</p> <p>GM Employee Price WAS \$18,360</p> <p>NOW \$17,031</p> <p>85 Available at Similar Savings</p>	<p>2011 MALIBU LS</p> <p>Lease 39 MO \$13400*</p> <p>\$2,500 DUE AT LEASE SIGNING PLUS TAX</p> <p>0% APR up to 60 Mo.</p> <p>GM Employee Price WAS \$22,735</p> <p>NOW \$19,036</p>	<p>2011 ENCLAVE</p> <p>Everyone's Sale Price WAS \$36,490</p> <p>Lease 39 MO \$24436*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 ACADIA</p> <p>Everyone's Sale Price WAS \$33,240</p> <p>Lease 39 MO \$18810*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>
<p>2011 SIERRA</p> <p>Everyone's Sale Price WAS \$26,610</p> <p>Lease 39 MO \$19505*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 YUKON</p> <p>Everyone's Sale Price WAS \$39,645</p> <p>Lease 39 MO \$37181*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 SIERRA</p> <p>Everyone's Sale Price WAS \$26,610</p> <p>Lease 39 MO \$25931*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>	<p>2011 YUKON</p> <p>Everyone's Sale Price WAS \$39,645</p> <p>Lease 39 MO \$43606*</p> <p>\$2,500 due at lease signing, plus tax. 10,000 miles a yr.</p>

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2011 Buick Regal CXL 30 MPG Up To \$3,000 REBATE Heated Leather Seats, Bluetooth Hands Free Calling, XM Satellite Radio Stk. #B11701		2011 GMC Terrain \$22 MPG GM Employee Pricing TO ALL! Stk. #T11715		2011 GMC Sierra 1500 EXT. CAB 4WD All Power, Trailering Package, Keyless Entry. 0% Financing Available Stk. #T11771																																																	
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2011 Buick LaCrosse 30 MPG Nicely Equipped, All Power, Aluminum Wheels, Keyless Entry, Cruise, On-Star Navigation Stk. #B11806		2011 Buick Enclave MADE IN MICHIGANI! 24 MPG! LOADED! Leather Heated Seats, Power Liftgate, Rear Camera and much more! Stk. #B11920		2011 Buick Lucerne Auto Climate Control, Bluetooth Hands Free Calling, Keyless Entry, All Power. Stk. #B11596																																																	
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2011 GMC Sierra 2500HD Crew Cab 4WD SLE Heavy Duty Trailering Package, Bluetooth, Rear Park Assist, Remote Starter, Auto Climate, Locking Tailgate Stk. #T11004		2011 GMC Acadia MADE IN MICHIGANI! 24 MPG Keyless Entry, Cruise, Aluminum Wheels, All Power Stk. #T11739		2011 GMC Yukon Denali AWD LOADED! Navigation, Rear DVD, Sunroof, 20" Chrome Wheels, Power Liftgate, Rear Camera Stk. #T11830																																																	
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\$500 Over Black Book Trade-In Value! *Vehicle condition clean, average, rough to be determined by appraiser. Must present this coupon at time of appraisal. Must have clean 1 owner Car Fax. 2008 models and older only.

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 <p>2011 Buick Lacrosse Lease: \$235 Purchase Payment: \$339 Purchase Price: \$23,472 WAS \$28,495</p>	 <p>2011 BUICK ENCLAVE CXL Lease: \$411 Purchase Payment: \$519 Purchase Price: \$4,999 WAS \$41,100</p>	 <p>2011 Buick Regal RL6 Lease: \$248 Purchase Payment: \$379 Purchase Price: \$26,313 WAS \$37,780</p>	 <p>2011 Buick Lucerne CXL Zero Down Purchase: \$397 Purchase Price: \$27,346 WAS \$34,790</p>	 <p>2011 GMC Yukon SLT 4WD Lease: \$553 Purchase Payment: \$654 Purchase Price: \$43,673 WAS \$53,740</p>
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2011 CHRYSLER 200 NO EMPLOYEE DISCOUNT NEEDED! IMPORTED FROM DETROIT Power Windows/Locks/Mirrors, Keyless Entry, Alum. Wheels, Premium Cloth Bucket Seats, 6-Speed Automatic Transmission, 2.4L I4 DOHC 16 Valve Dual VVT Engine 31 MPG! MSRP: \$22,290 Stk. BN569214	2011 JEEP GRAND CHEROKEE OVERLAND DEMO DEMO BLOWOUT SALE PRICE 25P Package, 5.7 Hemi, Loaded! Leather Heated Seats, Rear Entertainment Center. MSRP: \$46,180 Stk. BC560842	2011 JEEP PATRIOT LATITUDE X 4X4 SPORT 26F Package, Leather Interior, Sun & Sound Group MSRP: \$27,215 Stk. BD111273	2011 DODGE DURANGO CITADEL AWD DEMO! 25J Package, Loaded, Leather, Rear DVD Entertainment Center, Trailer Tow, 5.7 Hemi, Heated Seats MSRP: \$48,930 Stk. BC594719																				
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\$37,795*																							
2011 DODGE JOURNEY CREW 28M Package, Premium Cloth, 3.6 Pentastar Engine, Loaded & More! 25 MPG! MSRP: \$29,990 Stk. BT516631	2011 DODGE DAKOTA SLT CREWCAB 4x4 V-8 ONLY ONE LEFT! 26D Package, Premium Cloth Buckets, Utility Group, 6-Way Power Driver's Seat, 4.7 V-8 Engine, 18" Aluminum Wheels. MSRP: \$33,170 Stk. BS559513	2011 CHRYSLER TOWN & COUNTRY TOURING EDITION L 3.6L V6 24-Valve VVT Engine, 6-Speed Automatic Transmission, Stain Repel Low-Back Seats STOW & GO SEATING MSRP: \$31,895 Stk. BR630529	2011 CHRYSLER 300 LIMITED ALL NEW 3.6L V6 Pentastar Engine, Luxury Leather Trimmed Bucket Seats, 5-Speed Automatic Trans, U-Connect Touch CD/DVD/MP3/NAV LEATHER INTERIOR, 20" WHEELS, & MORE MSRP: \$31,995 Stk. BH595873																				
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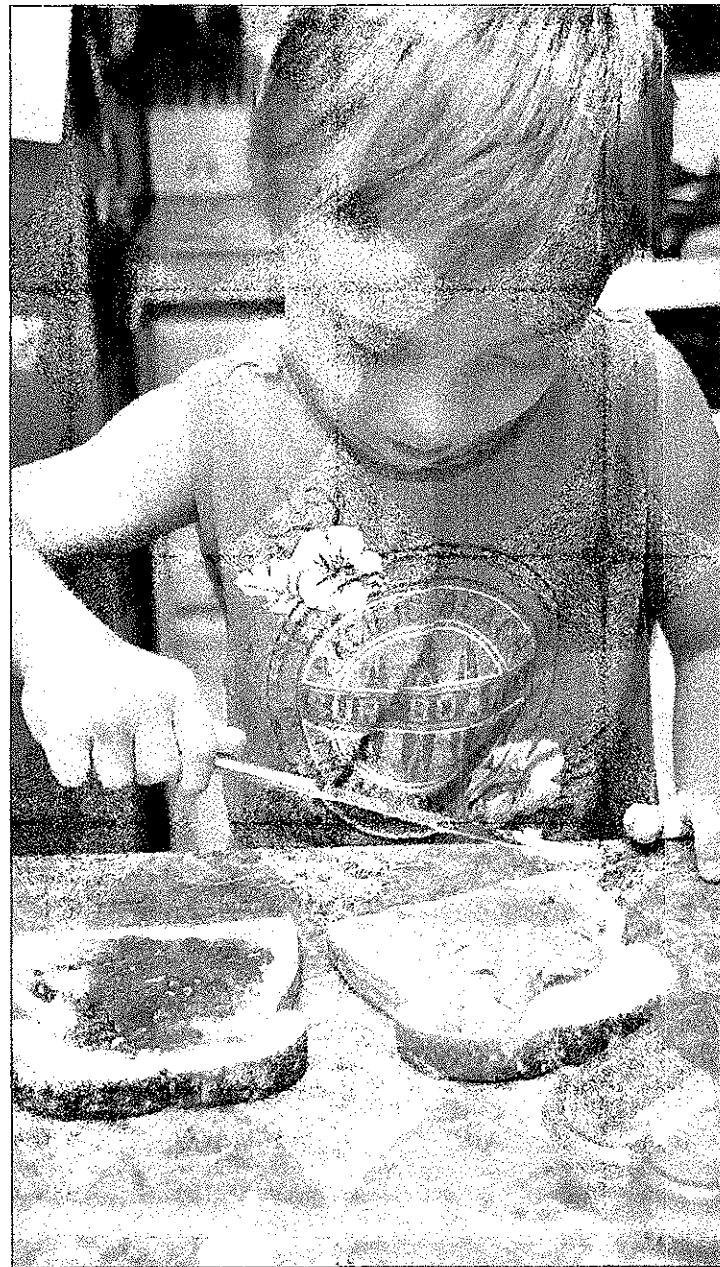
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FEATURES

HEALTH
Pension benefits
 Check on VA pension assistance
 PAGE 5B

4 CHURCHES | 5 SENIORS | 6 HEALTH | 8-9 ENTERTAINMENT

What's for Lunch?



Left, Michael Banaszewski learns how to spread crunchy peanut butter and jelly. Above, middle schooler Kylee Banaszewski now packs her entire lunch with a sandwich, chips and grapes.

By Ann L. Fouty
 Features Editor

A lunch consisting of a slice of bologna slapped between two slices of soft white bread has given way to pita pockets, bagels, deli flats, sour dough or whole wheat breads filled with anything but processed lunch meat and cheese.

Lettuce and tortilla wraps are just the latest in a long line of healthy alternatives to a salami sandwich.

Yellow mustard has been replaced with Dijon or cream cheese spreads.

American cheese is a thing of the past. Children are munching provolone, Havarti and low fat cheddar.

Lunch has a new and healthy menu.

Children need one fruit, one vegetable, one serving of whole grain and one protein in their lunch, said Angela Collinson, St. John Center for Wellness nurse practitioner.

There are hundreds and hundreds of combinations to fulfill those requirements, she said. And it can be done without sweets and processed foods.

However, Collinson said what a child will actually eat at the lunch table begins long before school. It begins at home with parents setting the example to maintain a well-rounded

Sandwich on a stick

◆ Cube bread, cheese and lunch meat into 1/2 inch thick slices, add a pickle, olive and grape tomato and small lettuce leaf. Mustard or mayonnaise may be dropped into a small plastic container. Insert on a straw or popsicle stick.

◆ Firm fruit, such as melon balls, pineapple, kiwi and oranges work on drinking straws.

◆ Cucumbers, carrots and peppers cut into thin sticks can be inserted in a lettuce-lined pita pocket. Add a dab of salad dressing and the sandwich is good to go.

— From Disney Family Fun

diet.

And Grosse Pointe lunch-makers have taken note.

"There is always fruit," said Rebecca Fannon, mother of three elementary-aged sons, Nicholas, William and Gregory, all attending Kerby Elementary School, "usually one that packs well like an apple, not-too-ripe banana or an orange already peeled and sectioned."

"One staple for all three kids would be PB&J. It's my 'go-to' in a pinch. Apples are also a staple," said Cindy Banaszewski, who also has three children. Kylee attends

See LUNCHBOX, page 8B

2011 Michigan Renaissance Festival

AUGUST 27TH AND 28TH

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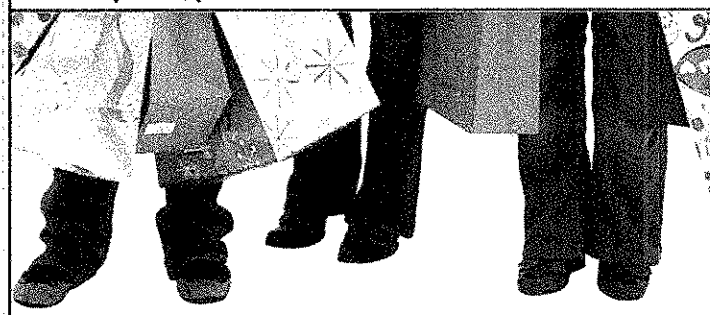
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2B | FEATURES

Shopping Reviews

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for where to go for this week's
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by Erika



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Not needing art supplies or wanting to throw them out, Jon's wife came to us for guidance as what to do with these items. The "Artist Studio Estate Sale" was born. Perhaps you or someone you know is in a similar situation.

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Yesterday's Headlines

Editor's note: The following excerpts appear as they were printed in the Grosse Pointe News.

1961

50 years ago this week

◆ **ATTEMPTED ASSAULT:** Park police are searching for a man who attempted to assault a seven-year-old girl at Windmill Pointe Drive and Middlesex. The would-be rapist was frightened away by the girl's screams.

The man approached the girl and a five-year-old boy with whom she was playing and offered both some licorice candy. Then taking the girl and boy by the hand, walked down Middlesex toward a field at Windmill Pointe.

Police said that when the man attempted to take the children across the street, the boy balked because his parents had forbidden him to cross streets. The man, however, took the girl across and into the field, where he attempted to assault her.

When the child started to scream, the man tried to calm her down. He released her when she continued screaming and the girl escaped. The man then fled east on Windmill Pointe and disappeared. Police were called by a resident who heard the girl's screams.

◆ **CITY REFUSE COLLECTORS IRKED:** A study by Grosse Pointe City Council to determine whether the City should purchase new packer trucks to pick up refuse or to turn to outside contractors for City refuse collection, came under fire at the last meeting of the Council.

Fearing for the safety of their jobs, the City employees involved gathered to inform the Council that with proper equipment they could continue to handle the refuse operation at least as efficiently and inexpensively as an outside contractor.

They complained that the City equipment has been obsolete and worn out for years and that the City has provided neither the leadership nor the organization required in an efficient operation.

1986

25 years ago this week

◆ **BOARD PASSES ATTENDANCE POLICY:** There won't be any "free" absences of high school students this school year under a policy of regulations adopted by the Board of Education.

Under the new policy, students will be allowed make-up privileges for excused unavoidable absences. Work assigned during avoidable excused absences — like those days taken to stretch school vacations — may be made up but teachers needn't offer extra help to the students on work being made up.

◆ **GROSSE POINTE DOC-**

FROM THE AUG. 24, 2006, ISSUE OF THE GROSSE POINTE NEWS

2006: All aboard

Grosse Pointe 14-year-olds, from left, Alexis Stepanek, Katie LeVan and Beatrice Tepel spent five days aboard the tallship STV Unicorn as part of the Sisters Under Sail program. They sailed from Chicago to Port Huron and encountered some adventures and learning experiences along the way.

◆ **TOR FOUND DROWNED IN RIVER:** Detroit homicide detectives were still investigating the death of a Grosse Pointe Park resident whose body was pulled from the Detroit River near the foot of Alter Road.

The 63-year-old resident, a doctor at Henry Ford Hospital, was reported missing to Grosse Pointe Park police at about the same time his body was found by two fishermen in the river.

◆ **POLICE TRYING TO CURB RADAR DETECTOR THEFTS IN POINTE:** It is somewhat ironic that an electronic device designed to keep the owner from visiting with police has them calling and meeting with police often.

In the last two weeks eight juveniles have been arrested in the Woods — five of them from the Grosse Pointes — in connection with a number of larcenies.

The target of these thieves is radar detectors. Valued at anywhere from \$200 to \$300, the detectors bring a fair price on the street.

2001

10 years ago this week

◆ **SURPRISE!** When Darrel Schuurman of the Grosse Pointe Farms water department came to work Monday,

Aug. 20, the last thing he expected to find was a report indicating the Farms discharged 126,000 gallons of sewage into Lake St. Clair beginning at 11 p.m. the night before.

The Farms had just completed construction of a separated sewer system and said there was no reason for a discharge.

◆ **LET THE LIGHT IN:** It looks like dark days for the Grosse Pointe Central Library now, but when the boards blocking the library's two-story windows are gone, the library will have a whole new window on the world.

The library is in the midst of a \$186,000 window replacement project.

◆ **DAYLIGHT THIEF STRIKES ON HILL:** Farms police were called to an office in the 100 block of Kercheval at noon to search for a thief who stole a computer.

The crime was witnessed by a woman who works in the office.

She told officers she and another office worker were in her office when they noticed someone was in a nearby room.

She confronted the man who proceeded to walk out of the room and down a hallway. She went after him, asking what he was doing.

The suspect turned around and pulled up his shirt. He then said that he had a gun. The woman ran back to her

office and called police.

2006

Five years ago this week

◆ **LOT SWAP SQUARES OFF VILLAGE:** The casual parker won't notice a difference.

But a property transfer between the Neighborhood Club and the City of Grosse Pointe means the Neighborhood Club can look to the future with a designing eye.

The two entities will swap portions of parking lots between St. Clair and Neff, adjacent to Lot 3.

The properties are the exact square footage, but the exchange leaves both sides with rectangular parcels, rather than awkward L-shaped lots.

◆ **ZONING ORDINANCE REVISIONS:** A four-month moratorium on accessory buildings is over in Grosse Pointe Shores.

The changes address the number and location of accessory buildings, such as tool sheds, as well as garages and athletic courts.

Under the new ordinance, homeowners cannot install an accessory building within 10 feet of the rear yard line.

— Compiled by Karen Fontanive

NEW ARRIVALS

George Emerson Kime

Jon and Sarah Kime, of Traverse City, are the parents of a son, George Emerson Kime, born June 30, 2011.

Richard Dell'Acqua, of Olympia, Wash., is the maternal grandfather.

Paternal grandparents are Curt and Sue Kime, of Grosse Pointe Farms.

Matthew Allen Shimko

Jason and Lisa Shimko, of Grosse Pointe Farms, are the parents of a son, Matthew Allen Shimko, born June 6, 2011.

Richard and Peggy Putty, of Dearborn Heights, are the maternal grandparents.

Paternal grandparents are Gloria Shimko and Ron King, of Roseville, and the late Thomas Shimko.

Great-grandparents are Everett and Velma Hammond, of Westland.

Mia Grace Marko

Josh and Amanda Marko, of Harper Woods, are the parents of a daughter, Mia Grace Marko, born July 20, 2011.

Peter and Shirley Brankovic, of Grosse Pointe Park, are the maternal grandparents.

Paternal grandparents are Moe and Bev VanWalleghem, of New Baltimore.

Daniel and Lena Marko, of Cedar Rapids, Iowa, are the great-grandparents.

Chloe Angenette Maks

R. Erick and Holly Beighley Maks, of the City of Grosse Pointe, are the parents of a daughter, Chloe Angenette Maks, born April 5, 2011.

Fred and Patsy Beighley, of Upper St. Clair, Pa., are the maternal grandparents.

Paternal grandparents are William and Rebecca McCoy, of Grosse Pointe Woods, and Raymond and Tina Maks, of Sterling Heights.

Great-grandmothers are Angenette Decraene, of Grosse Pointe Woods, and Elise Beighley Blanford, of Apollo, Pa.

Landon Zhi Schleicher

Hobie Schleicher, formerly of Grosse Pointe Shores, and Sonia Chen, of Torrance, Calif., are the parents of a son, Landon Zhi Schleicher, born May 29, 2011.

Ken and Lyiang Chen, of Torrance, are the maternal grandparents.

Paternal grandparents are Glenn and Nancy Schleicher, of Grosse Pointe Shores.

Joann and Louis Schleicher, of St. Clair Shores, are the great-grandparents.

48 | CHURCHES

PASTOR'S CORNER By Rev. Fred Harms

Wheelbarrow anyone?

A famous tightrope walker, "the Great Blondin," stretched a high wire over Niagara Falls. He initially took hold of a balance beam and walked across with little hesitation.

A crowd started to form below. Then the tightrope walker discarded the balance beam and walked back across the high wire. The people below cheered as they witnessed this tremendous feat.

The famous tightrope walker followed this accomplishment by running across the high wire strategically placed about Niagara Falls. The people cheered even more and cried out, "You are the greatest tightrope walker in the world!"

Next came an amazing stunt. The tightrope walker pushed a wheelbarrow over the high wire, successfully getting to the other side. The crowd went wild. They clapped and cheered even louder. Then the tightrope walker called down to the people below, "Who will get into the wheelbarrow?"

There was silence. Then some mumbling could be heard. Finally, a spokesman for the group responded, "We know that you are the greatest tightrope walker in the whole world. We agree to this fact. There is consensus among us. But nobody is willing to get into the wheelbarrow."

There is one who can do much more than push wheelbarrows over a high wire. There is one who came in the flesh; God's own son, who healed the sick, cleansed lepers, restored sight to the blind and hearing to the deaf. There is one who brought life back into the widow's son and the leader of the synagogue's daughter. There is one, Jesus the Christ, who fed the multitudes, calmed the waters of a stormy sea and even walked on water.

We can know a lot about this Jesus, especially in the historical sense. We can agree and testify to who he is in our creedal statements. But do we have the faith to believe in him and trust him with our lives?

In this day and age, with all the anxiety and fear over our present and future, we have the outstretched hand of Jesus offered to us. He bids us to come to him in faith; and he promises not to disappoint us. Jesus is true to his word.

Wheelbarrow anyone?

Harms is senior pastor at St. Paul Lutheran Church, Grosse Pointe Farms.

Lutherans building bridges



PHOTO BY RENEE LANDUYT

Standing from left, Laura Tannous, Joudeh Focouseh, Sam Archinal, Jenna Dzierwa, Bashar Kassis, Wadi' Bishara and Martha Younan; seated, from left, Sama Dabit, Maysa Tannous, Alicia Sornson, Jihan Azar and Hannah Tannous. Archinal is a member of St. Paul Evangelical Lutheran Church and others are from Jordan.

St. Paul Evangelical Lutheran Church members invited 12 Middle Eastern teens and their sponsor to an evening picnic at the City of Grosse Pointe park.

The group, from Bethlehem, Ramal and East Jerusalem, is spending two weeks in southeastern Michigan in a cultural and religious exchange program.

For two weeks, the visitors meet with various congregations and attend a Lutheran camp where they learn about Christianity, said the Rev. Fred Harms.

St. George Lutheran Church in Brighton is the host church.

Harms said this is the second time a Middle Eastern group of Christians has visited the area. Likewise, local Lutherans traveled abroad to get a better sense of culture and turmoil in the Middle East.

"We have created bridges," he said.

CHURCH EVENTS

Foster care

Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms, hosts the east side regional meeting of the Faith Communities Coalition on Foster Care from 6:30 to 8:30 p.m. Thursday, Aug. 25.

Trina Richardson, adoptive/foster parent retention/recruitment coordinator with the Michigan Department of Human Services, explain how churches can get involved in

foster care outreach during the fall and Christmas season.

For more information, contact the Rev. Kate Thoresen at kthoresen@gmail.com or call the Save Our Children Coalition office at (313) 593-5052.

CrosspointeChristianChurch.org.

Capuchin

The fourth annual Harvest Dinner is from 5 to 8 p.m. Saturday, Sept. 17, at the Gleaners Community Food Bank, 2131 Beaufait, Detroit.

Tickets range from \$15 to \$100. For ticket information, visit cskdetroit.org/eartworks or call (313) 579-2100. Registration deadline is Thursday, Sept. 3.

Crossepointe Church

Crossepointe Christian Church, 21336 Mack, Grosse Pointe Woods, hosts a remembrance service at 9:30 a.m. Sunday, Sept. 11. For more information, visit

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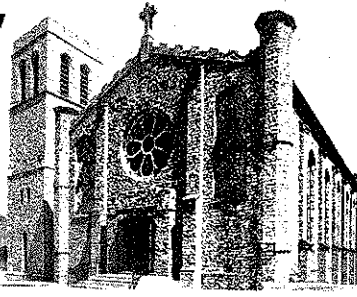
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8:15 & 10:30 a.m.
9:30 a.m. Sunday School begins
11:30 a.m. Party in the Jefferson Courtyard
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Worship in the sanctuary 10:30 a.m.
Sept 4 - Lakeside Worship 8:30 a.m.
Worship in the sanctuary 10:30 a.m.
Holy communion at both services

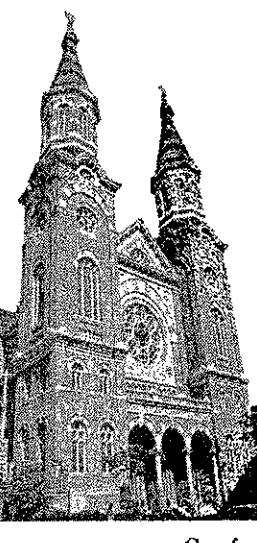
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CAREGIVING By Terri Murphy

Veterans Aid and Attendance Pension Benefit



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If you or a family member is an honorably discharged veteran who served at least one day during a period of wartime ("wartime" defined may be broader than you think), and if you are in need of assistance with daily living, either in your house or assisted living facility, you may be entitled.

These benefits are paid in addition to any monthly pension the veteran receives. Aid and Attendance benefits help cover expenses required for assistance in performing everyday personal tasks and functions.

Due to the aging population and the increasing number of those who may qualify, a business opportunity now exists for many companies who seized the demand and lack of information pertaining to Aid and Attendance to their advantage. I caution you not to fall victim to one of these scam services. The majority of these companies/individuals have no association with the VA (despite the name of their company), and are not well versed in the laws, applications or appeals of the VA.

The VA law requires anyone assisting a veteran in qualifying or applying for veteran's benefits to be accredited by the VA. Moreover, no one can charge a veteran to assist with the completion or filing of VA benefits application.

Many companies/individuals offer to file for this pension for "free" with the intention to gain you as a client and sell you products or services they offer. Trusts and Annuities are areas to exercise extreme cau-

tion. People are often told they need to put x amount of dollars into an annuity and/or trust to qualify for the pension. While this may be a good option, it's not always in the best interest of the veteran or widow. This can tie up funds that may be needed.

Keep in mind, the person selling the annuity makes a commission. Don't enter into these arrangements without a full understanding of their impact.

Elder law attorneys are well versed in areas impacting seniors, including Social Security, Medicare, Medicaid, guardianships and appropriate trusts. Many also deal with veteran's benefits, are very knowledgeable of this pension and are a resource to consider for proper advisement.

But even attorneys must be accredited by the VA. Be sure any advisor you use is accredited.

When applying for the Aid and Attendance benefit, keep the following in mind:

- ◆ If calling or visiting a Department of Veterans' Affairs office for information on this benefit, don't be surprised if the individual knows nothing about it. Be persistent and demand to talk to someone else. Regrettably, this is more common than not.

- ◆ This process takes about six to nine months (possibly longer) to receive a "determination of eligibility." Make sure you have all required documentation when beginning your application or additional delays may occur. Keep copies of all correspondence, applications and records submitted through the filing process. If the application is approved, the benefit will be retroactive to the date the application was filed.

- ◆ If you or your loved one has mental incapacities such as dementia or Alzheimer's, the Department of Veterans' Affairs will require a fiduciary be appointed, as the applicant will be declared incompetent of handling their financial af-

fairs. The VA will have to approve the fiduciary. A meeting with a field agent will follow, but due to a lack of agents, the wait time can be several months.

- ◆ A fiduciary must not have a felony conviction or filed for bankruptcy.

If you do not have immediate need for the pension but suspect you will, start gathering the necessary documents and forms well in advance. Find out where discharge papers, marriage licenses, bank account information and other relevant documents are kept. In some cases, it may be necessary to arrange for copies and this can be a timely process. It might also be prudent to ask parents while they can still assist you in locating these documents.

You need to be persistent. You need to expect to encounter imposed delays from the Department of Veterans' Affairs and to be overwhelmed with the amount of documentation and forms that are not

easily understood. The VA is known to ask for the same information more than once, claiming to never have received the application or all supporting documentation.

Don't take NO for an answer and if you encounter someone truly not well informed about this benefit, keep going until you find someone who is.

It is regrettable our government does not do more to disseminate critical information regarding benefits and pensions to those who served our country and are entitled. If you know someone who might be eligible for this benefit, please make them aware of it.

Terri Murphy of Grosse Pointe is a certified senior advisor and owner of Home Helpers, a Non-Medical Home Care Business. She can be reached at (313) 881-4600 or send e-mails to tmurphy@homehelpersmi.com. Visit the website at homehelpers-mi.com.

ASK THE EXPERTS By David M. Benson

Awareness of depression in adolescents



Save the Date

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A panel of experts facilitates a discussion in response to concerns voiced by teens and parents.

RSVP: The Family Center (313) 432-3832 or register on-line familycenterweb.org

Q. My son has always been outgoing and social. Recently, he appears to be really depressed. Can teenagers get "real" depression? If so, what are the warning signs of suicide?

A. Depression is real and affects children, adolescents and adults. Depression can happen to anyone at any time. To answer your questions, I first address teenage depression, and part two will examine the link between depression and suicide, as well as alarming trends and statistics of teenage suicide.

As parents, we believe we know our teenager well and would certainly notice if he/she is not acting the same. Adolescents will often keep feelings to themselves as some venture out in isolation from their parents. No matter how we as parents attempt to engage, communicate, and involve ourselves in the teenager's life, it is impossible to identify everything a teenager is feeling. Some parents may overlook some of the most common developmental stages in teenagers, and dismiss the issue(s) to puberty, social appropriateness and "he/she is just at that age."

The Diagnostic and Statistical Manual of Mental Disorders classifies dysthymic disorder and depression under "depressive disorders." Dysthymic disorder is a clinical diagnosis more common in children and adolescents than depression. Although they share similar criteria, they dif-

fer in duration and severity of symptoms. The following is a list of "warning signs" that each parent should observe with their teenager. These are the most common criteria/symptoms in diagnosing depression or dysthymic disorder:

- Poor appetite or overeating.
- Insomnia or hypersomnia.
- Low energy or fatigue.
- Low self-esteem.
- Poor concentration or difficulty making decisions.
- Feelings of hopelessness.

Today, teenagers face a lot of pressure, not only at school and at home, but while finding their identity, along with personal and family relationships. Teenagers also experience many other social pressures that did not exist when we parents grew up. Latest trends include bullying, cyber-bullying, shame and embarrassment through social network websites and constant "examination" by their peers.

As parents, the first most important way to help is to consistently keep open the lines of communication between teenager and parents. Getting to know the fine line between communicating and giving your teen the needed space he/she requests is the most challenging task.

For a teenager, it is very im-

portant that he/she does not isolate him/herself and that the teen has someone to confide in.

As much as we parents would like, this may not always be a parent. There are plenty of supports that a teenager may utilize: siblings, relatives, grandparents, friends, school counselors, therapists, ministers, coaches, teachers, etc. Again, the focus should be on whom the teenager feels comfortable talking. Parents can only continue to emotionally support their teenager and remain consistent throughout the developmental process.

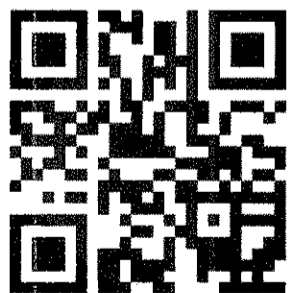
David M. Benson is a licensed clinical therapist. Contact him at EastShore Counseling Services (313) 447-5779 or e-mail: info@DavidBensonTherapy.com.

The Family Center, a 501(c)3, non-profit organization, serves as the community's centralized hub for information, resources and referral for families and professionals.

To view more Ask The Experts articles, visit familycenterweb.org.

E-mail questions to: info@familycenterweb.org; to volunteer or contribute, visit familycenterweb.org or write 20090 Morningside Drive, Grosse Pointe Woods, MI 48236

Editor's note: The Aug. 18 Ask the Experts was written by the Rev. Richard Yeager-Stiver.



HEALTH POINT By Jeff and Debra Jay

Can smoking marijuana trigger mental illness?



Dear Jeff and Debra:

I have a lot of friends who say smoking marijuana is harmless for the most part and it should be legalized.

I've tried it a couple of times and don't really like it. I honestly don't know what everyone sees in it. But I wonder if it really is harmless. I've read different things about marijuana that point out some serious side effects, but what really surprised me is hearing it could cause mental illness. Is this true?

-CURIOUS

Dear Curious:

There is research suggesting smoking marijuana can increase the risk of schizophre-

nia among adolescents genetically predisposed to it. A particular brain region that is not fully developed during adolescents appears to be affected by marijuana and schizophrenia.

The study strongly suggests marijuana use can trigger schizophrenia if a teenager has a family history of the illness.

"Because this language/auditory pathway continues to develop during adolescence, it is most susceptible to the neurotoxins introduced into the body through marijuana use," said researcher Dr. Manzar Ashtari, an associate professor of radiology and psychiatry.

This study in no way infers that marijuana causes mental illness in all people who smoke it, although marijuana causes other problems such as impairment of attention, memory and the organization and integration of complex information.

According to co-principal investigator, Dr. Sanjiv Kumra,

an assistant professor of psychiatry, "The finding suggest that in addition to interfering with normal brain development, heavy marijuana use in adolescents may also lead to an earlier onset of schizophrenia in individuals who are genetically predisposed to the disorder."

Marijuana has also been known to cause temporary psychosis in some users and is linked to anxiety disorders. In addition, it can lead to respiratory problems, cancer and addiction.

Jeff and Debra Jay, of Grosse Pointe, are professional interventionists and the authors of, "Love First: A New Approach to Intervention for Alcoholism and Drug Addiction." Debra Jay is the co-author of, "No More Letting Go: The Spirituality of Taking Action." They can be contacted at (313) 882-6921 or lovefirst.net.

SENIOR SCENE By Ruth Cain

Strategies for times of adversity



Aging has many rewards for most of us: satisfaction for accomplishments, wisdom from decades of experience and more leisure time for learning, exploring new interests and making new friends.

But older adults are more likely than younger adults to

face such challenges as bereavement, health issues, financial difficulties, disability, loneliness and loss of activities and relationships that helped imbue life with a sense of purpose.

"Resilience is not only a character trait, it also reflects a dynamic process," according to Joel Pava, Ph.D., director of psychotherapy services in the Depression Clinical and Research Program at Massachusetts General Hospital. "You can learn to increase resilience by changing your expectations and attitudes."

Three large longitudinal studies of more than 15,000 older adults in the United Kingdom looked at what factors allowed participants to flourish despite adversity, or to bounce back after adversity.

The studies didn't find strong associations between resilience and socio-economic or demographic characteristics. It did, however, find a strong relationship between resilience and good quality relationships with family and friends, especially when these relationships were "confiding and involved

See STRATEGIES, page 7B

We know there are times when pain stops you from living your life. Not Anymore.

Millions of people live with chronic pain, which can affect a particular body part like the hip, back, or neck, or be experienced as general all-over body pain. But whatever part of you hurts, you just want the pain to stop. Because pain symptoms vary from person to person, the right pain treatment must be tailored to the individual. Fortunately, there are many treatment options for pain management.

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STRATEGIES: Facing challenges

Continued from page 5B

recent contact."

"The message of the studies is that it's important to reach out to others and to stay in touch with loved ones over time," said Pava. "If you are isolated, joining a community center, religious organization, or senior center might help you meet and form friendships with others."

Pava recommends other strategies:

- ◆ When you find yourself dwelling on losses, switch focus to what you still have and are grateful.
- ◆ Have a compassionate attitude toward yourself and avoid excessive self-criticism when dealing with adversity.
- ◆ Volunteer. Assisting others in need can make your life more mean-

ingful.

◆ **Rediscover strengths.** Remind yourself of what you used to enjoy and took pride in and consider doing them again. Regaining a sense of control over one's life can make you more resilient.

◆ **Enjoy challenging mental activities** and pursue varied interests to keep yourself stimulated and engaged. Take an interest in the world around you.

◆ **Plan pleasurable events** and establish meaningful goals to have something to look forward to.

◆ **Adopt a healthy lifestyle** with a nutritious diet, regular physical activity and restful sleep. Avoid smoking and take no more than one drink a day for women and two for men.

◆ **Exercise.** If physical disabilities are a problem, ask your doctor what activities are safe and do what you can to keep moving. Regular exercise improves your health and increases your sense of mastery and well-being.

◆ **Reduce stress** by taking time to unwind. Confide worries to trusted relatives or friends and practice relaxing activities, such as hobbies, meditation or tai chi. Too much stress can cause physical and emotional strain and wear away at resilience.

◆ **Accept help** from trusted friends and relatives when discouraged. Get professional help for significant depression and anxiety. These mood disorders are not a natural part of aging and require treatment.

This information appeared in the Mind Mood & Memory Newsletter. Reach Cain at ruthcain@comcast.net

Valade Arts Center classes

The Valade Healing Arts Center offers a variety of caring-healing classes and services on the third floor of the Van Elslander Cancer Center on the St. John Hospital and Medical Care campus.

The following classes are offered in September:

Aura photography — appointments are taken from 9 a.m. to 12:30 p.m. Saturday, Sept. 10. Aura is an energy field radiating through and around all living things. Participants are provided with a color photo of the aura. Twenty-minute appointments cost \$30 and 30 minute appointments cost \$45.

To register for aura photography, or for more information, call the Valade Healing Arts Center at (313) 647-3320.

Yoga retreat — 9 a.m. to noon Saturday, Sept. 24. The cost is \$55.

The last day to register is Thursday, Sept. 22. The silent retreat combines meditation and visualization and consists of gentle Hatha yoga poses. Bring a yoga mat, blanket, small pillow and bottled water. The blanket and small pillow are optional, but may enhance comfort during meditation and visualization. To register, call St. John Health Connect at (866) 501-3627.

Tai chi — beginning classes are from 6:15 to 7:15 p.m. Mondays, Sept. 12 - Oct. 17; 6:30 to 7:30 p.m. Tuesdays, Sept. 18 - Oct. 18; or Wednesdays, 1 to 2 p.m. Sept. 14 - Oct. 19.

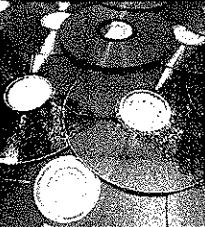
The cost is \$70.

Continuing classes are 7:30 to 8 p.m. Mondays, Sept. 12 - Nov. 14. The cost is \$95.

To register, call (866) 501-3627.

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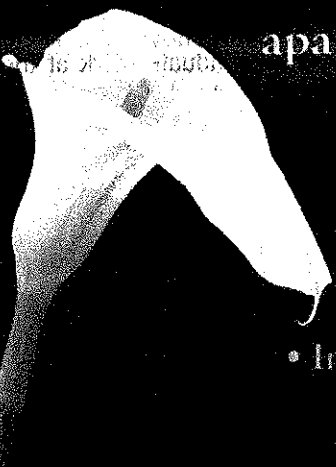
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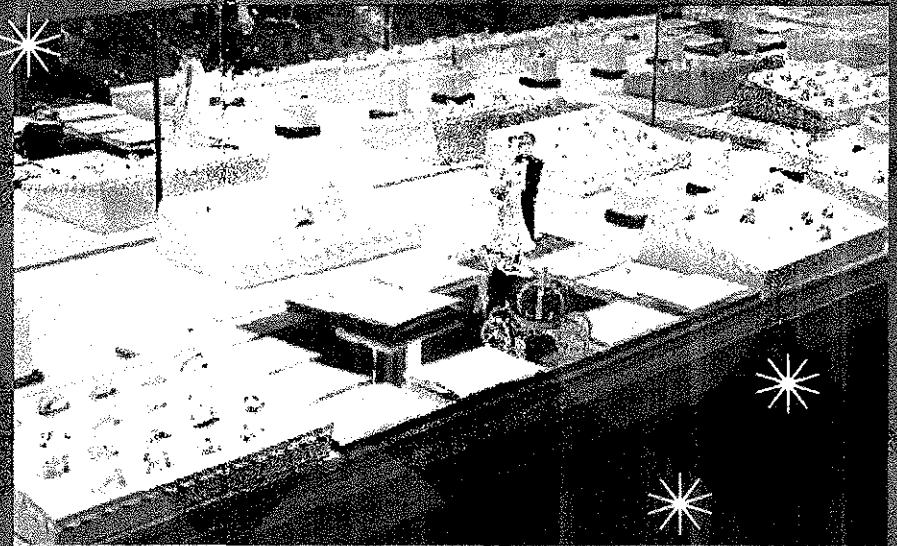
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- ◆ brie cheese with mustard and sprouts
- ◆ leftover turkey loaf with tomatoes and lettuce or sprouts
- ◆ sliced leftover chicken or turkey, honey mustard, tomatoes and lettuce or sprouts
- ◆ sliced leftover beef with mayonnaise or horseradish, sliced tomato and cucumbers
- ◆ chicken salad made with celery, lettuce and tomato
- ◆ salmon salad with lettuce or sprouts
- ◆ shrimp salad with lettuce or sprouts
- ◆ low fat cream cheese and smoked salmon with tomato and red onion
- ◆ bagel with low fat cream cheese with raisins, cashew and apples

—From laptoplunch.com

LUNCHBOX: Eating nutritiously

Continued from page 1B

Parcells Middle School; Kellen goes to Mason Elementary School; and Michael is at Ferry Elementary School.

"All sandwiches are made fresh in the a.m.," she continued via e-mail. "I prepare everything else the night before and refrigerate anything that needs it until morning. I leave the lunch bags on the counter in order by age and any notes that needed to be returned or signed goes under each bag. I'll pack non-refrigerated items the night before, as well."

These two mothers plan ahead and Fannon buys well-liked items in bulk, such as Goldfish and Cheez-its.

"It does take planning ahead," Collinson noted. "Parents have to know kids likes and dislikes."

Involvement

Parents should customize lunches, aware of beneficial food their children will eat, said Beaumont Hospital Grosse Pointe Chef Dan Kellogg.

Fannon, Banaszewski, Kellogg and Collinson say one of the key ingredients to children actually consuming their lunches is to have them involved in menu planning, grocery selection and preparation.

One suggestion Kellogg gives is cutting whole wheat, tomato or spinach wraps into 6- or 8-inch sections for easy eating. They can be filled with last night's leftovers or low sodium turkey with slices of bell pepper, tomato or lettuce.

Berries of any kind are hot items — and filled with antioxidants.

For variety, he said, pack sliced apples or celery with a container of peanut butter to use for dipping.

The favorites of 8-year-old Emma Nearhood and 5-year-old Jack Nearhood, both attending Kerby, are soup, fruit cups with 100 percent juice, or-

ganic peanut butter and jelly on whole wheat bread, yogurt and sliced cucumbers.

All three mothers believe in reusable containers. Thermoses are filled with soup for the Fannon boys which are packed in insulated lunch boxes, each in a different color.

"My youngest," Banaszewski said, "has an elephant lunch bag."

Her daughter carries a sturdy blue lunch bag with her name embroidered on it. Both Kellen's and Kylee's lunch boxes are cooler-lined.

Mom Anne Nearhood said Emma's personalized lunch box is pink and Jack carries a Spiderman lunch box each with foods kept cool with either a cold pack or frozen yogurt.

Unfortunately, Fannon said, she has to send plastic spoons because the cutlery sent in previous years didn't make it home.

Otherwise, she supports the "green schools" initiative to reduce waste.

According to laptoplunch.com, "it has been estimated, on average, a school-age child using a disposable lunch generates 67 pounds of waste per school year. That equates to 18,760 pounds of lunch waste for just one average-size elementary school."

Kellogg is an advocate of reusable containers to cut down on waste and to add convenience and size variety to keep foods fresh and uncrushed.

Go power

"This year, since Kylee will be in middle school, she will have to prepare her whole lunch, but I think I will still make the sandwiches simply because it will be easier in the morning chaos," said Banaszewski. "Kellen will chose his sides and prepare his drink. One (side) must be a fruit or veggie and the other



PHOTOS BY RENEE LANDUYT

Cindy Banaszewski, left, watches as Micheal and Kylee make the PB & J sandwiches for school lunches. To make sandwiches interesting, whole wheat bread cutouts can be used

Below, Michael Banaszewski carries an elephant-shaped lunch box. Sister Kylee's lunch tote is monogrammed. Their food is kept cool with reusable plastic ice cubes.

Bottom, a PB & J on whole wheat in the shape of a dinosaur or a fan makes eating a sandwich more fun.

can be pretzels, chips, pickles. He usually drinks milk from home and puts it in an eight ounce sports bottle. I try to avoid sugar in their lunches."

It is more expensive, but including 100 percent juice drinks is healthier. Stick to natural sugars rather than added sugar products.

"Stay away from sugar," Kellogg said. "Put fruit smoothies in a thermos. They are a great source for protein. Use fresh or frozen fruit and add wheat germ. They are a great drink."

Collinson suggests children drink water or flavored water with their meals.

"They need water every day," she said. "Juice is not a health drink. Give them an orange rather than orange juice; an apple rather than apple juice."

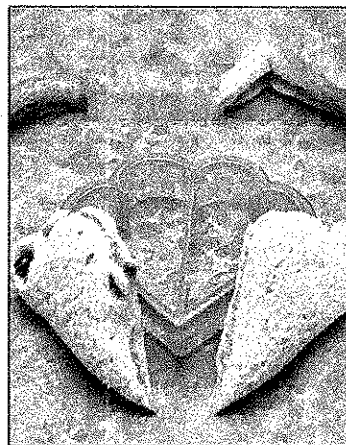
To create variety, Collinson gave these suggestions: squeeze lemon or lime juice into a bottle of water; or add fresh fruit to the water, such as watermelon or raspberries or mint.

Nearhood adheres to nutrition in her children's lunches, as well as having her children drink water, and occasionally chocolate milk.

"They need the energy to get through the afternoon, not sugar for a quick burst of energy but something that will sustain them through the afternoon."

"I include my children in their choices for lunch even though they usually pick the same thing most days," she said.

In addition to the food,



Nearhood packs hand wipes or hand sanitizers along with a note.

"My children wait for the notes. Sometimes I write something ('I love you.' 'Have a good day.' 'Keep up the good work.' 'I'm proud of you.') and sometimes the note has a sticker or a funny drawing," she said.

A LA ANNIE By Annie Rouleau-Scheriff

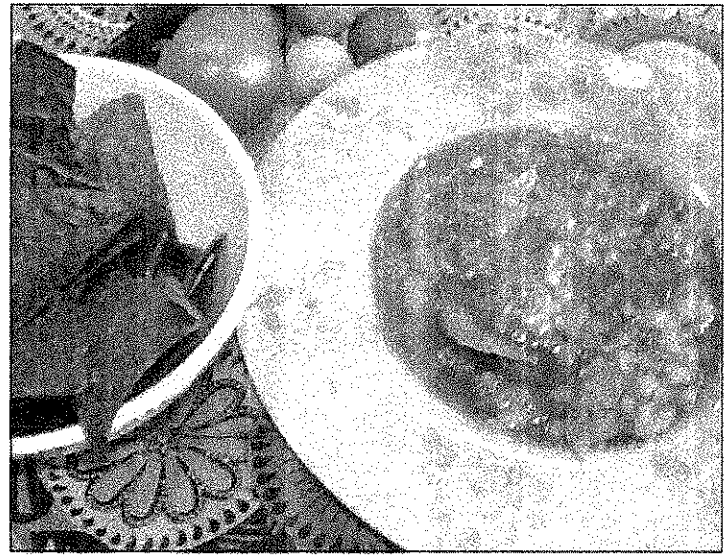
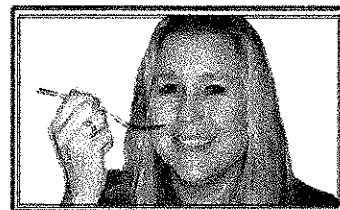


PHOTO BY TONY SCHERIFF

Salsa is good at breakfast, lunch and dinner.

Fresh tomatoes make best salsa



Summer is far from over, but the first harvest (early planters) of tomatoes and other veggies are sprouting up. I landed a bowl of ripe and juicy tomatoes from my sister's garden. Salsa came to my mind. I tossed my tomatoes with other fresh ingredients that are more than likely grown close to home this time of year.

End of the Summer Salsa with Key Lime

- 1 1/2 lbs. home grown tomatoes, diced
- 2 tablespoons minced shallots
- 1 serrano chile, seeded and finely diced
- 1 jalapeno pepper, seeded

- and finely diced
 - 1 tablespoon chopped fresh chives
 - 2 tablespoons finely chopped fresh cilantro
 - 1 teaspoon sugar
 - 1 teaspoon salt
 - 1 tablespoon fresh squeezed key lime juice
- In a medium bowl, combine tomatoes with shallot, serrano chile and jalapeno pepper. Gently toss. Add chives and cilantro and toss. Add sugar, salt and key lime juice and stir well. Cover and refrigerate to allow the flavors to blend. This simple, medium spicy, salsa boasts a fresher than fresh flavor with a perfect dose of key lime.
- Enjoy the salsa on chicken or shrimp from the grill or over fresh greens with a little olive oil. I like to heat a bit of salsa in a small pan then fry an egg right over it. Throw in a few tortilla chips in the pan, sprinkle with some cheese and you've got huevos rancheros. It's a super yummy breakfast. P.S. Salsa is good for you.

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ENGAGEMENT

Wightman - Brosnan

John and Rose Brosnan, of Grosse Pointe Park, have announced the engagement of their son, Daniel V. Brosnan, to Claire R. Wightman, daughter of Mallick and Christine Wightman, of Lexington, Ky. A June wedding is planned.



Daniel V. Brosnan and Claire R. Wightman

Brosnan is a 2002 graduate of Grosse Pointe South High School. He earned an engineering degree from Michigan State University and attended graduate school at the University of Louisville. He is an electronics engineer for General Electric.

Wightman graduated from Eastern Kentucky University with a nursing degree. She is a registered nurse in the pediatric intensive care unit at Kasair Children's Hospital, Louisville, Ky.

Bridge walk

Grosse Pointe Woods is again one of several Michigan communities holding a virtual Mackinac Bridge Walk Monday, Sept. 5, in Lake Front Park, which culminates the summer's Walk Michigan program in Lake Front Park. The event begins at 9:30 a.m. and consists of two loops around the park's paved walking path, including the park's pedestrian bridge in salute to the "Big Mac" walk and concludes with light snacks at the tent across from the bathhouse. Each participant receives a commemorative Bridge Walk T-shirt. Woods residents and their guests can participate in the event sponsored by the Governor's Council on Physical Fitness, Health and Sports and Michigan Fitness Foundation to encourage residents to take steps toward healthier, more physically active lives. The local walk coincides with the Mackinac Bridge Walk initiated Labor Day 1958, which draws nearly 50,000 participants annually. To register, call the Lake Front Park office, (313) 343-2470, between 9 a.m. and 5 p.m. Monday through Friday by Sept. 4. The Sexton family participated in last year's Grosse Pointe Woods Lake Front Park bridge walk.

Rachel Sexton, of Grosse Pointe Woods, won the Walk Michigan Mackinac Island trip. Her name was chosen from more than 600 contest submissions from those who regularly walk in Lake Front Park. She and her family stay at Mission Point Resort Labor Day weekend. The 10-year-old walks regularly with her parents in Lake Front Park. Sept. 5, the Sextons participate in the 54th annual Labor Day Bridge Walk, walking across the five-mile span of the Mackinac Bridge.

In total, Grosse Pointe Woods residents logged more than 1,128 miles during the summer Walk Michigan program. Grosse Pointe Woods recognizes the following for their efforts in this year's Walk Michigan program: Paul Garner - 140 miles; The Teisan family - 127 miles; Katherine Raulston - 75 miles; Irma Zehetmair - 24 miles; The Stafford family - 234 miles. Walk Michigan is a free, non-competitive program established in 1985 to promote health and fitness for individuals of all ages and abilities.



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Grosse Pointe News

SPORTS

LIGGETT

One of the best

Liggett senior Abby Belcrest ready for final year of high school PAGE 2C

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GROSSE POINTE SOUTH

Mollison a gridiron leader for South

By Bob St. John
Sports Editor

Grosse Pointe South's varsity football team is one of the favorites to win a division title.

Playing a large part in that is senior running back Eddy Mollison. The 17-year-old veteran led the Blue Devils with 1,013 yards rushing on 173 carries with 10 touchdowns and one two-point conversion in 2010.

He was an offensive force in the Blue Devils' run to the Division 2 state semifinal game against eventual champion Farmington Hills Harrison.

Mollison was a dual threat in the backfield. He caught 11 passes for 157 yards and one touchdown.

"I can't believe this is my senior year," Mollison said. "I have been working hard to make sure my final year of football is as good as I can make it."

Mollison's work ethic is just what head coach Tim Brandon wants in his leaders. Mollison used the extensive time in the weight room to add muscle to his 5-foot, 10-inch frame. He now weighs 185 pounds.

"Eddy is one of those players who works hard on the field and in the classroom," Brandon said. "He is a wonderful leader who will help teach our younger guys."

He earned All-MAC Blue



PHOTO BY BOB BRUCE

Senior Eddy Mollison hopes to rush for more yards than last year's 1,013 and help the Blue Devils make it to the state playoffs for a third straight season.

and All-East Honorable Mention honors after finishing second on the Blue Devils in scoring last fall with 68 points.

"I think I can improve my numbers from last year,"

Mollison said. "We should have a good team with a good quarterback (Robby Kish) and good wide receivers, so defenses will not be able to focus on stopping me.

"That will be a key to my success. I should have room to run and I look forward to catching passes out of the backfield."

He is in the weight room

nearly every day and has taken part in several 7-on-7 workouts with his teammates this summer.

"Beating Temperance (Bedford) was a great moment, beating (Grosse Pointe) North was great and playing Harrison in the semifinals was also on that list, even though we lost," he said. "We made far too many mistakes in that loss."

"This is something we can learn from to make us a better team this season."

Mollison's favorite running backs in the National Football League are Baltimore Ravens' Ray Rice, Jacksonville Jaguar Maurice Jones-Drew and Minnesota Vikings' Adrian Peterson.

"These are some of the best running backs in the NFL," Mollison said. "They're not the biggest guys, but they work hard to be the best they can be."

Mollison bench presses 225 pounds and squats 330 pounds. He has the size and stamina to not just repeat as an All-MAC Blue running back, but be the division's most valuable player.

Included in his workouts with South's new strength and conditioning coach, Mike Fox, is supersets and staying active, creating strong stability and balance while running through would-be tacklers and hitting the hole faster.

"I would love to be all-state and I know I will work hard to get that honor," he said. "We're a team and my individual goals take a back seat to our team goals. Winning football games is the most important thing and preparing for our opener against a good U-D Jesuit team is our focus."

"Coach Brandon is a great coach and he will have us focused on our opener and not any other game on our schedule."

Mollison wants to play college football. At the moment, Hillsdale College, Butler University and several universities out east have shown interest in Mollison.

"I want to play college football, but I'm not sure where I want to play," he said. "I have time and I will make my decision after the football season is over. I have plenty of time to make this big decision."

He has a 3.54 grade point average and his schedule this year includes two advanced placement courses and an honors class. He said he is considering majoring in engineering or a science-related field.

During the summer, Mollison went to Jamaica, spent time with friends and worked out in the weight room.

"I can't wait for my senior year to start and I expect to make the most of it," he said.

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LIGGETT

She is a star

By Bob St. John
Sports Editor

Liggett senior Abby Belcrest exemplifies the definition of role model.

The 17-year-old Harrison Township resident has the stuff champions and valedictorians are made of.

She is a nationally ranked ice hockey and field hockey player and one of Liggett's top students.

"Abby knows she is a student-athlete, not an athlete-student," her father, Ed Belcrest, said. "My wife, Amy, and I are very proud of Abby. She works hard on her studies and on the field."

Belcrest is preparing for her final year of high school field hockey. As a sophomore, she helped the Knights win a division championship and make it to the state semifinals.

Last year, the squad took a step back, but Belcrest played well enough to earn all-state honors in Division II.

"I didn't start playing field hockey until my freshman year here at Liggett," she said. "I wanted to do something since I didn't play a fall sport, so I thought field hockey would be fun since it is close to ice hockey."

Belcrest learned a ton her first year, thanks to the Knights' plethora of veterans on the field hockey team.

She soaked in as much as she could that initial season and quickly became a natural at the sport.

Belcrest became so accomplished she was invited to play for the prestigious Team Pinnacle that fields the best players in Michigan, including those from state powers Ann Arbor Huron and Ann Arbor Pioneer. She is under the tutelage of Pinnacle director Nancy Cox, who was the University of Michigan's women's field hockey coach before retiring in 2008.

Belcrest played in the Pinnacle Disney Showcase in Orlando, Fla. this summer and was a contributor to the team's drive to the championship.

"It's amazing playing with and against the best players in the country," she said. "The game is fast, which helps me play better and I've been able



PHOTO BY RENATO JAMETT

Liggett senior Abby Belcrest is the Knights' top returning player and has the option to play field hockey or ice hockey in college.

to get better. This should help me this year playing my final season of high school field hockey for coach Tamara (Fobare)."

Belcrest is the same position the seniors were when she was a freshman. She is the veteran all-state player and teaches younger players the finer aspects of the game dominated by squads on the East and West coast.

She is an even better ice hockey player. The 5-foot, 5-inch Belcrest is one of the top defensemen in the state.

She played for Belle Tire in 2009, helping the team advance to the national quarterfinals and winning a state championship.

She also donned a Little Caesars jersey in 2008 on the 14U squad that won a state title and was national runner-up. Both seasons she earned the Justin Pellman Award. During the last two years, Belcrest played on the Little Caesars 16U and 19U squads. She played a pivotal role in helping the squads win state championships, but they came up one game short in bids to win national championships.

"We played some great games against Belle Tire in the state playoffs and won some big games in the national playoffs," Belcrest said. "It's tough to lose two years in a row in the national championship game, but it's an honor to make it that

far. I have one more chance to win that elusive national championship, but we still have to win the state title first against some good competition around the state."

She has her sights set on playing either field hockey or ice hockey at the college level. Ivy League schools Brown and Princeton have spoken to her and her parents, as have Amherst and Middlebury.

"I've never played forward on the ice, just defense," Belcrest said. "I'm aggressive on the ice and I think I'm good at my position. I do my best and I'm excited to play college sports."

She is going to make her college choice this winter.

"Abby has some time before making a decision," Ed Belcrest said. "We will sit down and look at what school fits Abby academically and athletically. She can't go wrong with her choices."

Belcrest visited each of her college choices while playing field hockey and ice hockey tournaments the past couple of years.

Belcrest went to St. Mary's in Mount Clemens and had academic scholarships to Warren Regina and Pontiac Notre Dame Prep high schools before selecting Liggett.

She is a Liggett Merit Scholar, as well as a member of the Cum Laude Society, Betty Ellis Cup Recipient

(2009), Mount Holyoke Book Award Recipient (2010), National Merit School Commendation, Williams Book Award Recipient (2011), a student commission member the past three years and 2012 Liggett class president.

"I enjoy high school and the challenges Liggett presents," Belcrest said. "I am definitely prepared for college a year from now."

"I can't wait for my senior year. I will enjoy every part of my experience here at Liggett because I know this year will go by fast and before I know it, I will be packing for college."

Belcrest is also an all-state honorable mention lacrosse player for the Knights. She also earned All-State Academic and All-League First Team last spring. Lacrosse is the only sport she isn't considering playing at the college level.

Her academic slate at Liggett includes honors classes in biology, algebra II and trigonometry, Spanish II, chemistry, pre-calculus, Spanish III and physics.

She plans on pursuing a career in international studies, cultural studies or political studies.

For now, Belcrest continues to work hard on the ice and with her Liggett field hockey teammates. The season starting today, Thursday, Aug. 25, with a home tilt against state power Ann Arbor Huron.

FROM THE SPORTS DESK

Words of Wellness

No cardio machines? No weights? No Problem. Never mind the barbells, squat racks and the resistance bands. You've got the best home gym at your disposal already, your body. The benefits of using your own body weight for exercise are many. First, your likelihood of injury is reduced dramatically. There are no loose weights to control or drop. There is no spotter needed. You are not overloading your body with added resistance. What you've got on your bones is what you've got to work with, and that's a great start.



Mike Hackett

Next, it's affordable and portable. There are no membership dues for this workout. It's free and can be done anywhere; at home in the backyard, or on the road in a hotel room. If you've got the space, you've got a workout waiting.

But the clinching advantage to incorporating bodyweight exercises into your regimen is that it's downright effective. Exercising with bodyweight best prepares you for your day-to-day activities. It's what we call functional training. You're the one who needs to feel comfortable supporting your body weight all day long and therefore it is vital to train with it. This is especially true for those who have jobs that require you to be on your feet all day.

Which exercises are we talking about? A complete workout can be achieved by combining elements of cardiovascular, resistance, flexibility and core strength.

Cardio. You've got two feet, so use them. Walk, jog, and run. They are all great ways to improve your heart and respiratory functions while burning calories. If you really feel up to it, you can get more creative and perform callisthenic exercises like skipping, high-knees and shuffling. Likewise, swimming is a technically a body weight cardio exercise...just add water.

Resistance. In bodyweight training, the resistive force you work against is gravity and the exercises options are vast. For your lower body, try body weight squats, lunges or various jumps. Upper body exercises may come in the form of push-ups, tricep dips and/or pull-ups. Likewise, holding a stationary isometric position like that of a wall-sit or a plank can provide a serious challenge. The idea is that if you can push, pull, or support your own body weight, you are then performing a strength improving exercise.

Core and stability. With an overabundance of body weight core and stability exercises, it's easy to get overwhelmed in choosing which will work best for you. To simplify it, use three basic forms: crunching movements, extremity movements and balancing movements.

Crunching movements, like abdominal crunches and sit-ups, are short pulsating contractions that will specifically target the abdominal walls.

Extremity movements, like leg lifts or bicycles, provide added resistance to core exercises. And, balancing movements, like standing on one foot or holding isometric positions, will target smaller stabilizer muscles that are vital to improving coordination.

Flexibility. No fitness routine can be considered complete without paying special attention to flexibility. Truth told, if you're performing strength exercises with correct form, most will improve flexibility. But, practicing flexibility shouldn't stop there.

After your workouts, use static stretching as a way to increase mobility and reduce soreness. Static stretching is performed by holding your muscles in a stretched position for an extended duration (15-20 seconds per stretch is adequate).

If you're trying to figure out which bodyweight exercises to incorporate into your routine, be sure you start out slow. Start by performing only a few basic exercises and then see how your body responds.

If you're unfamiliar with this type of exercise, you'll likely find it requires proper form and demands attention to detail. It is therefore common to sense fatigue and soreness, especially if you're used to using machines.

Once you're comfortable, or have conditioned yourself to handle more of a challenge, look to combine a few body weight exercises into one form of exercise. If you really seek a fitness discipline that uses all the above facets, try yoga.

It's a simple ideology: Use your body as the mechanism for fitness and your body will become fit.

Losing fat mass and building lean muscle tissue your body will have no choice but to adapt.

Then you'll likely view other scenarios in the real-world as two-minute workouts. Flights of stairs? No sweat. Pick a parking spot a mile away from the store front? Bring it on.

You've got a body. Use it, and live well.

Mike Hackett holds a Bachelor of Science degree in exercise science and is an American Council on Exercise's certified trainer. He is manager of Pointe Fitness and Training Center and proprietor of Mike Hackett and Syphus Training LLC. He can be reached at (313) 407-6656 or e-mail Hack1913@hotmail.com. E-mail Hackett with health questions or topics for future articles.

GROSSE POINTE SOUTH



PHOTO BY JOHN CHLUFFO

Close to home

Grosse Pointe South graduate Victor Mattison signed a letter-of-intent to run track and field for University of Detroit Mercy. Taking part in the ceremony held earlier this month was, top row from left, South Athletic Director Jeremy Hawkins, coach Dick Green and Coach Werner Schienke; and seated from left, Lanette Mattison, Victor Mattison and Erica Mattison. Guy Murray is UD Mercy's director of track and field, as well as cross country. The Titans' schedule includes invitational meets in December, January and February, Horizon League Indoor Championships and an indoor invitational at the end of February and beginning of March, followed by NCAA Division I Indoor meets through March and April. The Horizon League Outdoor Championships are in early May and the championship meet is June 9 to June 12 in Des Moines, IA.

LITTLE LEAGUE

Park 11U beats Midland in title game

After winning the 11U District No. 6 championship, Grosse Pointe Park advanced to the state sectional tournament by defeating Georgetown/Grand Rapids in two straight games in the best-of-three series.

With the wins, the Park squad traveled to Midland where Michigan's eight sectional champs met to determine a state championship.

On Friday, July 29, Grosse Pointe Park came out roaring with bats ablaze and defeated the Upper Peninsula sectional championship team from Norway 22-0 in four innings.

Joey Naporano belted a two-run home run to begin the power surge and Mike Lanson followed with two HRs and a double for eight RBIs. Jacob Hinkle added another home run.

Ryan Sullivan and William Muawad chipped in with three hits apiece, Davis Graham and Josh Adams had two hits and Julian Harrell and Logan MacLean added singles. Lanson, Sullivan and Naporano threw a combined 43 pitches to secure the victory.

The following day, the Park defeated West Portage 13-7. The team opened the scoring in the first inning with back-to-back home runs by Lanson and Naporano.

Muawad, Hinkle and Jacob Bolton each had two hits for the team in the victory with Bolton, driving in two runs. Lanson also added two singles and a double in the game.

With both teams advancing to the semifinal round, Grosse Pointe Park played Midland Sunday, July 30, to determine the seating for the Final Four.

Midland defeated Grosse

Pointe Park 4-2 with fine pitching and fielding, holding the team to only three hits, including an RBI double by Seth Adams and two singles by Graham.

With Midland leading 4-2 with two outs and the bases loaded with Midland players in the top of the sixth, Naporano, playing left field, ran in a full sprint to run down the ball and keep the score close.

On Monday, Aug. 1, Grosse Pointe Park beat Cheboygan 15-0 in four innings as Muawad hit the second pitch of the game for a homer. Lanson added a grand slam, a double and single, while Naporano belted two doubles. Josh Adams and Graham added doubles to supply the offense, setting the stage for a rematch for the state championship against Midland, who defeated Taylor West 10-0 later that day.

The state championship game was Tuesday, Aug. 2, and Grosse Pointe Park jumped out to a 2-0 lead in the opening inning as Muawad singled, then trotted home when Ryan Sullivan lined a home run over the left field fence, shattering a car windshield in the parking lot.

Midland scored one run in the bottom of the first inning, but the Park team added two more runs in the top of the second inning as Adams and Bolton scored on Muawad and Hinkle hits.

Midland made it exciting, scoring twice in the bottom of the third inning, making it a 4-3 game.

Hinkle, the Park's starting pitcher, closed the door and shut out Midland the rest of



PHOTO BY LIZ NAPORANO

The state champions above are, front row from left, Seth Adams, Julian Harrell, Logan MacLean, Josh Adams, William Muawad, Mike Lanson, Jacob Hinkle, Jacob Bolton, Joey Naporano, Davis Graham and Ryan Sullivan; and back row from left, Grosse Pointe Park Little League President Marty McMillan, coach Joe Hinkle, manager Dean Graham and coach Brian MacLean.

the game. In the top of the fourth inning, Naporano hit a single and scored on Graham's homer, making it a 6-3 game. Later in the inning with two

outs, Muawad stroked a Texas-League single to center, Hinkle reached base on a Midland miscue and Sullivan belted a 3-1 pitch over the left field wall for his second home run of the game, increasing the lead. The Park scored runs in the fifth and sixth innings. Hinkle earned the win against a strong-hitting

Midland squad and was relieved in the final inning by Bolton, who fanned one of Midland's power hitters on three pitches to give Grosse Pointe Park the state title.

LITTLE LEAGUE



PHOTO COURTESY OF GEORGE LUTFY

10U state champs

The Grosse Pointe Park 10U tournament team became Little League state champions, beating Bay City 9-0 in the championship game. The Park team swept the series. It finished 6-0 in the tournament and outscored its opponents 56-8. The champions are, front row from left, Ryan Downey, Mickey Walkowiak, Nate Budziak, Conor McKenna, Giovanni Lutfy, Jackson Lawrence, J.D. Finger, Jacob Balconi, Ben Lemanski and Colin Mulcahy; and back row from left, Coach Mike Downey, Alec Azar, Coach Geoff Finger, Anthony DerManulian, coach Jim Budziak and manager George Lutfy.

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