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# Grosse Pointe News

VOL. 78, NO. 35, 22 PAGES  
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AUGUST 31, 2017  
 GROSSE POINTE, MICHIGAN

Complete news coverage of all the Pointes

## Little League champions welcomed home

By Kathy Ryan  
 Staff Writer

**GROSSE POINTE WOODS** — The Grosse Pointe Woods-Shores Little League team returned home last week amid sirens, applause and lots of hugs from family, friends and fans.

More than 100 people were on hand on the front lawn of the Woods city hall to welcome the boys of summer back from the Little League

World Series in Williamsport, Pa. And while they weren't able to bring back the top prize, the team of 12-year-old players brought back memories to last a lifetime.

Before city officials could officially welcome back the players, moms and dads, grandparents and friends had first dibs on the weary, but happy, players as they stepped

See HOME, page 3A



PHOTO BY RENEE LANDUYT

Quite a crowd gathered to welcome home the Grosse Pointe Woods-Shores Little League 12U team. The regional champs competed at the Little League World Series, but were eliminated by New Jersey. For more photos from their homecoming, see page 3A.

## K9 Safety Partners donate new vehicle to Harper Woods

By Anthony Viola  
 Staff Writer

**THE GROSSE POINTE** — Kaiser the K-9 has a new set of wheels thanks to The K-9 Safety Partners of Grosse Pointe.

A new \$60,000 Ford Explorer was donated to the Harper Woods Police Department by K-9 Safety Partners and was outfit-

ted specially for the K-9 unit.

The new vehicle is equipped with Kaiser, and his partner, K-9 Officer Steve Johnson, in mind. It features air temperature sensors to make sure Kaiser is always comfortable; a remote switch that will open the door if Johnson is away from the vehicle; and a secure kennel in the back

to ensure Kaiser's safety. Harper Woods Chief of Police James Burke said he is extremely grateful for the donation.

"The donation we've received is just unbelievable," Burke said. "John Stevens and the board were phenomenal to deal with. They offered their help in whatever way we needed."

The Harper Woods

Police Department needed a suitable vehicle. Before, Johnson was driving a basic Crown Victoria police interceptor with a kennel in the back — not exactly suited for the specialized job of a K-9 unit.

"Their extremely generous offer to fund this vehicle is what made it possible," Burke said.

The K-9 Safety Partners

of Grosse Pointe, a non-profit organization, was formed after John Stevens, its founder and president, saw how effective Raleigh, the venerated former K-9 in the City of Grosse Pointe, was at deterring crime and establishing a relationship with the community.

He started talking to the area police chiefs on

how to establish a bigger K-9 presence in the Pointes. The one thing he heard that prevented it most often was cost. K-9s run about \$10,000 to purchase. Then there is the accoutrement that goes along with the furry police officers. The vehicle and weekly training often are beyond what

See VEHICLE, page 4A



PHOTO COURTESY OF PAUL BURKA

Rainwater floods the roadway in the 1000 block of Nottingham in Grosse Pointe Park.

## Floods still haunt the Park

By Anthony Viola  
 Staff Writer

Geralynn Turner sits in the kitchen of her house in the 600 block of Barrington Tuesday, Aug. 29. Every surface on her first floor is covered with laundry baskets filled with miscellany, towels are strewn across the hardwood floors, fans are set up haphazardly attempting to dry damp items. Outside, rain falls increasingly harder.

The previous night, Monday, Aug. 28, her basement flooded for the second time in a year. According to a press release from Grosse Pointe Park City Manager Dale Krajniak's office, the city experienced a 100-year storm event. In one hour, more than 2 1/2-inches of rain

were recorded at the Jefferson pump station. Approximately the same amount fell last year when 200 basements flooded and sparked a class action lawsuit.

Mayor Robert Denner said he and the city manager were watching the pumps during the rain Monday. Everything was working like it should, he said.

While some streets flooded, Denner said it isn't unusual for that to happen.

"It's much like throwing water into your sink," Denner said.

It may take a second to drain, but eventually it goes down.

The flooding wasn't as widespread as it was last

See FLOODS, page 3A

## Bridge walk is Labor Day

By Kathy Ryan  
 Staff Writer

**GROSSE POINTE WOODS** — It may not be the Mighty Mac, but the footbridge at Lake Front Park serves as the perfect stand-in for residents who participate in the annual Walk the Bridge event set for Labor Day, Monday, Sept. 4.

Described as a "symbolic unison" with Mackinac Bridge walkers up north, the walk begins at 9:30 a.m. at the park's activities building. Walkers walk two laps of the park before crossing the footbridge near the city's marina and enjoying light snacks at the tent across from the bathhouse.

Recreation Supervisor Nicole Byron said about 200 people participate in the annual event. The walk is open to residents and their guests.

"My favorite part of the walk has always been when I look out and see a sea of colored T-shirts moving

See WALK, page 3A

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**Pointer of INTEREST**  
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**Francine Pegues**  
 Home: Grosse Pointe Park  
 Named president of Global Ties Detroit



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# SHE expands to larger location

By Anthony Viola  
Staff Writer

Sharon Eisenshtadt, owner of SHE in the City of Grosse Pointe and Bloomfield Hills, listens closely to her clients. So when her Grosse Pointe customers told her they wanted a bigger space, she heard them loud and clear.

Her new location, located in the Village next to Calico Corners, is set to open Tuesday, Sept. 5.

According to Eisenshtadt, the store still will offer the personalized shopping experience her clients have come to expect, only in a larger space with a brand new look.

"With this new space we've been able to change the aesthetic," Eisenshtadt said. "We've made it edgier, adding more of a New York SoHo vibe."

The new store will be more than twice the size, said Eisenshtadt. It will feature a seating area with furniture designed by Jonathan Adler and



COURTESY PHOTO

Sharon and Howard Eisenshtadt opened SHE in the Village in 2013. Four years later, they are moving to a bigger location and changing the aesthetic.

metalwork by Michigan-based designer Tom Myers.

"There will be more room to socialize," Eisenshtadt said, "more room for trunk shows, charity events and girls-night-out gatherings."

In its new retail space, SHE will bring back many familiar designers for fall 2017 which clients have grown to love, in addition to new fash-

ions. From denim and dresses to blazers and outerwear, SHE features European and U.S.-based designers including 360 Cashmere, Campomaggi, Chaser, Current Elliot, Jocelyn, Jonathan Simkhai, Max & Moi, Ramy Brook, Smythe, Veronica Beard, Yigal Azrouel, Zimmermann and many more. SHE Jewels — fine and artisan jewelry

— in addition to fashion jewelry and accessories including handbags, are sure to complete any outfit.

Eisenshtadt is a committed business owner; she regularly travels to New York and Los Angeles to select the next season's fashions. She credits her in-store stylists for identifying the wardrobe "must haves" of her clientele.

Recently, Eisenshtadt went to Miami's Swim and Resort show specifically to meet the needs of Grosse Pointe customers, many who are frequent boaters, living in close proximity to Lake St. Clair. Additionally, Eisenshtadt has brought in new dresses at varied price points for women of all ages.

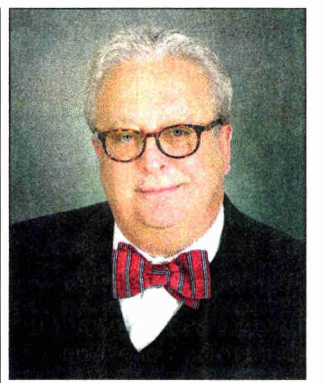
SHE isn't wasting any time giving back to the community. Thursday, Sept. 28, to Saturday, Sept. 30, SHE hosts the charity event 'FALL + PHILANTHROPY' at the new location. Part of the proceeds from sales those days will be

donated to Colors of Hope, a nonprofit organization that gives money to the Van Elslander Cancer Center Needy Patient Fund.

In 2008, Eisenshtadt opened her first store in Bloomfield Hills with her husband, Howard, and named the store SHE, as an acronym for their initials. After realizing many Grosse Pointers frequent their store, they decided the Village was a perfect fit for another location. Now, four years after opening in the Village, SHE's expanding.

"We're excited to join the great energy on our new block, which is front and center to the many new restaurants and stores," Eisenshtadt said. "Our customers can have a sandwich at the diner, spend a full day shopping, then go out for a drink. It is really a wonderful place to be."

"We believe in the community," Eisenshtadt continued. "We believe things are happening here."



David Dieter

## Dieter steps down

The Rev. Dr. David Dieter has left his position as the executive director of Services for Older Citizens.

"We are deeply appreciative of David's contributions as he helped navigate the organization over the last three years and he will be missed," said Mark Wollenweber, chairman of the Board of Trustees.

Catherine O'Malley will serve as interim executive director while a search is conducted for an executive director.

## Beaumont Hospital honored

U.S. News & World Report recently awarded Beaumont Hospital, Grosse Pointe with

"high-performing" rankings in three medical specialties — geriatrics, orthopedics and pul-

monology.

It is one of four hospitals ranked No. 15 in Michigan and one of three hospitals ranked No. 9 in metro Detroit.

"We are very proud of our team's accomplishments and ongoing efforts to provide clinical excellence and patient and family-centered care," said John Fox, president and CEO of Beaumont Health. "We could not have achieved these rankings without partnering and collaborating with the patients and families we serve."

The U.S. News Best

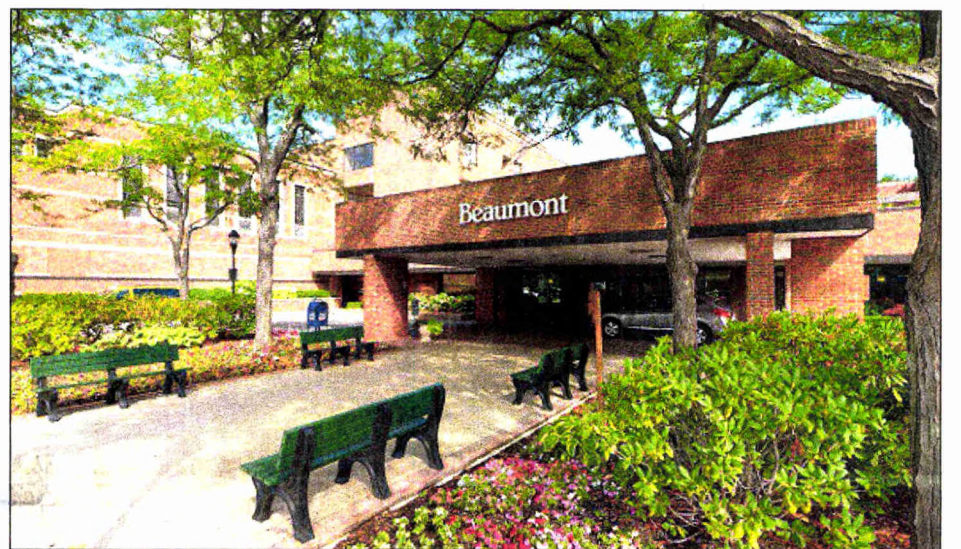


PHOTO COURTESY OF BEAUMONT HEALTH

Hospitals rankings, now in its 28th year, help guide patients to hospitals that deliver care across 25 specialties,

procedures and conditions. The Best Hospitals methodologies include objective measures such as patient survival, the

number of times a given procedure is performed, infection rates, adequacy of nursing staff and more.

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## The Week Ahead

### FRIDAY, SEPT. 1

- ◆ Woods city offices closed (unpaid furlough day for city employees).
- ◆ Farms Farewell Bonfire, 8 p.m. Pier Park.

### MONDAY, SEPT. 4

- ◆ Woods Bridge Walk, 9:30 a.m. Lake Front Park.

### Grosse Pointe News

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Tommy Schoeck slaps hands with assistant coach Marc Arseneau.



Grosse Pointe Shores Mayor Ted Kedziarski talks about the proclamation from the Shores perspective. On stage with the team are Wayne County Commissioner Tim Killeen and Grosse Pointe Woods Mayor Bob Novitke.



PHOTO COURTESY OF PAUL BUKTA

Rainwater floods the roadway in the 1000 block of Nottingham in Grosse Pointe Park.

**FLOODS:**

Continued from page 1A

year; however, early estimates from the city manager's office show about 20 homes were affected. Denner said the city is responding to the individual cases.

One of the individual cases is Turner. She said she still hadn't heard back from the city by early Tuesday afternoon, even after calling three times since they noticed the water rising.

"When we called the city last night to tell them we had water coming into our basement," Turner said, "they were pretty nonchalant about it. That's frustrating for how much money we pay in taxes. That's the big thing for us. That's an improvement that should be above and beyond anything else."

"When you live in a community you expect to have certain city services and amenities that work properly," Turner continued.

The Turners had just finished repairing the basement from last year's flood when 18 inches of water filled the lower level. They had to replace the washer and dryer, carpet, tear out drywall and repaint. Turner estimates it cost about \$10,000 to repair and replace everything.

"It's frustrating. It shouldn't be happening this soon after," Turner said. "We literally just started moving the toys and things back in this weekend."

According to Turner, six inches filled her basement Monday. The repairs will, fortunately, be less significant. So far, only the baseboards will have to be replaced. However, it's an expense they weren't expecting so soon after the floods from last year.

Outside Tuesday, the rain increased to a pour and thunder rumbled. In the basement, David, Turner's husband, called up for assistance. The water had begun to rise again.

**WALK:**

Continued from page 1A

around the park," she said. "It's amazing to see 200 people just out and walking and having fun."

The Woods' bridge walk is one of many held throughout Michigan. For many, it serves as the traditional end of summer.

"It does mark the transition into fall and the fall activities we have planned for the park,"

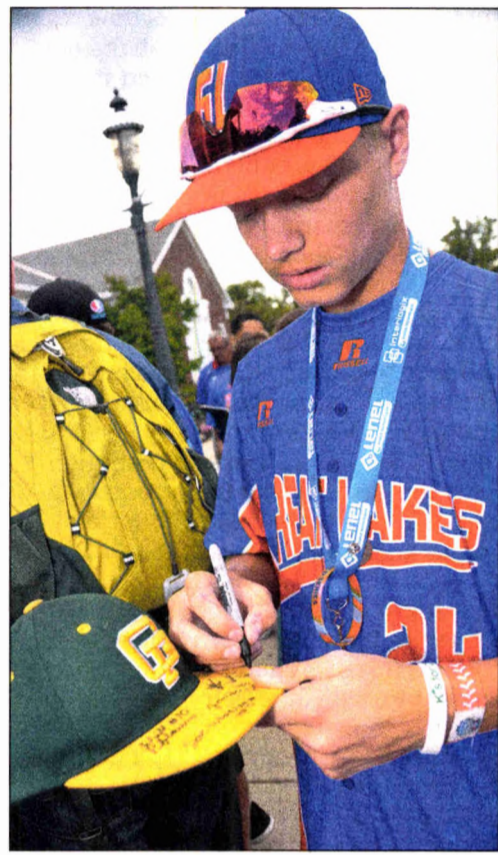
Byron said. But residents are reminded that while the pools may be closing, the walking path and fitness trail remain open year round.

"The pool will close at 8 p.m. Monday night," Byron said, but residents are urged to check the city's Update newsletter for fall and winter activities.

And if it helps, keep this thought — the pool will open again in 268 days.



Above, the team received accolades from a sizeable crowd during its homecoming Wednesday, Aug. 23. Right, Julia Ayrault holds up 4-month-old Dixie to greet first baseman Adam Ayrault upon his return.



Catcher Ryan Jones signs a hat for a fan.

**HOME:**

Continued from page 1A

off the bus after a seven-hour trip home from Williamsport.

Team member Joseph Wisniewski spoke for many of the players when he said he was just glad to be home.

"I'm sad that it's over, but I'm really happy to be home," he said, adding the whole experience was exciting, especially "being able to play in front of so many fans."

On Wednesday, Aug. 23, local fans welcomed them home, including city officials from both the Woods and the Shores.

Coach Jason Hill thanked the assembled crowd, his coaching staff and players.

"This is such an overwhelming welcome," he said. "We were so proud to represent Grosse Pointe. These 13 fine young gentlemen handled themselves so well. They were the first Michigan team to win a game at the World Series since 1982. That was quite an accomplishment."

While the team did not win the top title, they did win their final game against Italy, which was the first win in World Series competition for a Grosse Pointe team since 1982.

"You will have this wonderful experience with you all of your life," said Shores City Councilman Bob Gesell in his welcoming remarks. "It's amazing to think that from 7,000 teams, you made a run all the way to the last 16 teams. Thanks for sharing this experience with us."

"We are immensely proud of all of you and you all have a lot to be proud of as well," Grosse Pointe Woods Mayor Bob Novitke said. "You played with pride."

Gesell and Novitke were part of a police escort the team bus



Nicole Brumme, physical education teacher for the Grosse Pointe Public School System, fist bumps Jack Jones, pitcher for the Grosse Pointe Woods-Shores Little League team, who at age 12 throws a 75 mph fast ball.

received as it exited the freeway at Vernier in the last leg of a journey that began Aug. 4, when the team began a series of championship rounds, ending with earning the title of Great Lakes Regional champions Aug. 12 in Indianapolis. From there, the boys went directly to Williamsport where play began Aug. 17.

Once the team arrived in Williamsport, it was nonstop immersion in championship baseball, according to Richard Jones, father of team members Jack and Ryan Jones.

He described how the players are outfitted with all new uniforms, shoes and equipment, including bats and gloves. The players stay in a separate area called The Grove.

"While each team stays together, there is a common area where the players can mingle over meals and video games," Jones said. "It gives them the chance to meet players from all over the world."

Members of the last team to win a ticket to Williamsport, the 2013 Woods-Shores team, were in the welcoming crowd.

Ryan Shanley and Joey Rheaume, both 16, now play baseball for Grosse Pointe North High School and said they knew their younger counterparts were enjoying this amazing experience.

"What I remembered most," Shanley said, "was that I was just so happy to be home."

And amid the home-

town crowd was one very interested fan, Frank Sumbera, varsity baseball coach at Grosse Pointe North.

"We have always had a solid Little League program, one of the best in the state," Sumbera said. "I've been blessed to have them come up through it and to play at North. It's an outstanding program."

Also in the crowd were several young Little League players, including John Meek, 10, who started out playing T-ball at the Neighborhood Club. He was there with several of his current teammates who said they wanted to be the next

team to make it to Williamsport.

From the youngest players to grandparents like Anna Mae Reinhard, who was there welcoming her grandson, Chase Reinhard, home, all agreed it was a great accomplishment for the team.

"They worked so hard and made such an effort," Anna Mae Reinhard said. "We are all so impressed with how hard they worked and how well they played."

Chase Reinhard summed up the feelings of the entire team.

"The best part was just being there," he said.

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# Pointer named president of Global Ties Detroit

## Nonprofit links Detroiters with international business leaders

By Debra Kaszubski  
Special Writer

Grosse Pointe Park resident Francine Pegues believes there's never been a better time for citizen diplomacy. As president of Global Ties Detroit, Pegues will have the chance to link locals with people from all over the world.

Pegues, 70, was elected president June 28, for the 2017-18 year. The owner of Belle Isle Golf Center, Pegues has lived in Grosse Pointe 18 years. She has served in various roles with Global Ties Detroit, including vice chairperson and treasurer.

"Global Ties Detroit exposes our international visitors to the amazing people, places, organizations and social conscious that is Detroit," she said. "Those of us living and working in the

Detroit area know how special this region is; now we have a conduit to share that with the world."

Global Ties Detroit is a nonprofit agency that hosts international exchange programs on behalf of the U.S. Department of State, the U.S. Agency for International Development and other governmental organizations, universities and groups that promote global exchange and citizen diplomacy. The nonprofit welcomed 302 international visitors in 2016.

"Visitors sent to Detroit by the state department are leaders in their home countries," Pegues said. "They are or will be in a position to affect business trade with the U.S. We want them to know our citizens who are business leaders in the

Detroit community. These visitors need to know us as friends and people who care about what's also important to them."

The goal of Global Ties Detroit is to connect international professionals with the hope of forging lasting relationships. Connections to international visitors are made through dinners, stays with area host families, speaker programs, networking events and more.

"Global Ties Detroit connects people in a way that's personal around a common thread," Pegues said. "Last year Global Ties Detroit hosted a group of female elected officials from 12 countries. We were able to connect them with Girl Scouts of Southeast Michigan, who runs a camp called Camp Moxie that prepares girls to

change the world."

Grosse Pointe families, as well as others from the Detroit area, are needed to host visitors who want to meet and share a dinner. All visitors are vetted by the State Department and USAID. Most want to experience an American meal in a home, particularly around the holidays.

"I urge everyone to become a member of Global Ties Detroit. Become a citizen diplomat and enjoy the opportunity to meet with future world leaders," Pegues said. "This is an opportunity of a lifetime."

Wednesday, Sept. 13, Global Ties Detroit sponsors an international prohibition cruise and boat tour on the Detroit River. The event gives cruisers a chance to see what life was like for enterprising Detroiters who took advantage of the city's proximity to Canada dur-



PHOTO COURTESY OF GRACE ANDERSON

Francine Pegues

ing Prohibition. Also in attendance will be a group of visitors from Belarus.

Cost of the event is \$50 for Global Ties members, \$65 for non-members.

Call (313) 638-1626 or visit [globaltiesdetroit.org](http://globaltiesdetroit.org) for tickets. Also visit the website for information on other Global Ties Detroit events or volunteer opportunities.

## VEHICLE:

Continued from page 1A

municipalities can afford. That's where K-9 Safety Partners comes in. It raises money to help alleviate the heavy cost burden for what it sees as an essential asset to the community and police departments.

"The No. 1 benefit is the

safety of the officers," Stevens said.

Instead of having an officer go into a garage or house while chasing a criminal, a K-9 like Kaiser can go in and find a suspect without risking the safety of the officer.

K-9s are more effective at detecting drugs and recovering missing people as well.

Burke also noted a K-9

is a great deterrent to crime and reduces the use of force. When a would-be criminal sees a K-9, they think twice.

"We've had a lot of people surrender when they see Kaiser. They've even told us they were going to run and then decided it wouldn't be a good idea," Burke said.

Johnson, Burke and Stevens all mention the



PHOTO BY ANTHONY VIOLA

Harper Woods K-9 Officer Steve Johnson stands with Kaiser in front of a new Ford Explorer donated by K9 Safety Partners of Grosse Pointe.

relationship and trust a K-9 establishes with the community.

"It's a great ice breaker," Burke said. "People, especially kids, love Kaiser."

For Stevens, a little

talked about benefit of a K-9 presence is the effect on home value.

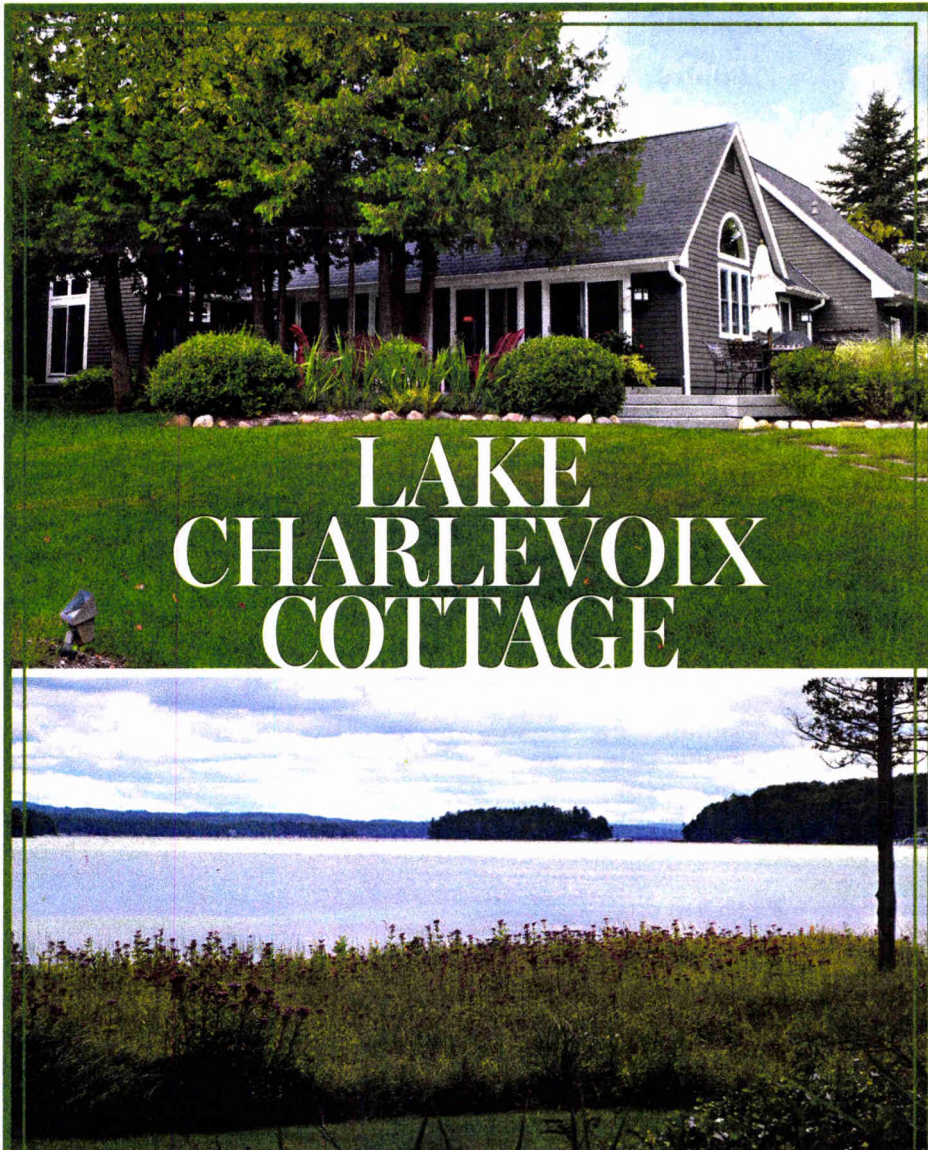
"Any gated community with dogs, their values are up as much as 40 to 50 percent," Stevens said. "Say a house is \$100,000

on one side of the street. The same house on the other side of the street, the one with K-9s, is worth \$150,000. Same house, same square footage."

One day, K-9 Safety Partners hopes every Pointe has its own K-9 unit. With another K-9 unit in Grosse Pointe Farms, it is off to a good start.

"We should have a cooperative effort," Stevens said. "If you have four dogs, you can start allocating the K-9s' time more appropriately. The goal is to create a canine corps for Grosse Pointe and Harper Woods is a part of that."

Until then, Kaiser is available to all the Pointes at any time, day or night.



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## Public Safety Reports

### Grosse Pointe Shores

#### Heroin OD

Two men, one from Lansing the other Marine City, were arrested for possessing heroin. Around 8 p.m. Thursday,

Aug. 24, an officer witnessed a vehicle roll into another car at the light on Vernier at Lakeshore. When the officer approached the vehicle, he noticed the passenger was unresponsive. According to the officer,

the driver had pinpoint pupils and was obviously intoxicated. The driver attempted to put the car into reverse and back up, but passed out before he was able. The officer

See REPORTS, page 5A

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## REPORTS:

Continued from page 4A

called for medical backup and removed the two men from the car. Narcan was administered for heroin overdose. They were revived at the scene then transported to St. John Hospital & Medical Center. They were both cited for possessing heroin. The driver received additional charges of operating under the influence of drugs and driving on a suspended license.

## Flat tire leads to arrest

A man who pulled over on Lakeshore to change a flat tire eventually was arrested for operating while intoxicated. At 12:30 a.m. Friday, Aug. 25, an officer spotted a disabled vehicle on the side of the road at Fairlake Lane and Lakeshore. The officer questioned the individual, who he said carried a strong odor of alcohol. The individual was administered and failed a field sobriety test. He blew a .17 percent blood alcohol content, more than twice the legal limit.

—Anthony Viola  
Report information about these and other crimes to Grosse Pointe Shores Public Safety, (313) 881-5500.

## Grosse Pointe Park

## Tabs go walking

Two white wicker chairs, estimated at \$300, were stolen from a front yard in the 1300 block of Lakepointe. The missing chairs were reported absent Saturday, Aug. 26. The suspect is unknown.

block of Wayburn.

## Someone's been busy

Three instances of a man passing counterfeit \$100 bills were reported between 3:45 and 4:10 p.m. Thursday, Aug. 24. The suspect, described as a 5-foot, 11-inch black male, 25, with an afro and clean cut, made, or attempted to make, small food purchases in the 17000, 16000 and 15000 blocks of Mack. No arrest has been made.

## Missing purse

A pink crochet purse was taken from the backroom of a business in the 17000 block of Mack sometime between 12:30 and 3 p.m. Tuesday Aug. 22. An estimated \$100 worth of items were in the purse including I.D., debit card, bridge card and necklace.

## Wicker they go

A Park resident was arrested in the 1300 block of Yorkshire at 8:20 a.m. Friday, Aug. 25, for operating while intoxicated.

## An early start

A Detroit man was arrested on Beaconsfield at Vernor for driving without a license at 10:50

## No license

A Detroit man was arrested at Vernor for driving without a license at 10:50

p.m. Saturday, Aug. 26. He also had warrants out for his arrest.

## Stalking

A Detroit man was arrested at 1:45 p.m. Friday, Aug. 25, behind the Park police station on Maryland at Hampton, for aggravated stalking of a Park resident.

—Anthony Viola  
Report information about these and other crimes to the Grosse Pointe Park Public Safety, (313) 822-7400.

## Grosse Pointe Farms

## Party store B&amp;E

Police received a call at 4:14 a.m. Monday, Aug. 28, of an alarm being sounded at Mr. C's Party Store on Mack. Upon arrival, police found an unknown suspect used a brick to break a window in a back door. Video surveillance captured the suspect, a white male, approximately 50 years of age, gray hair, 6-feet tall, 200 pounds, smoking a cigarette. He checked three cash registers, but they were empty. He was able to take \$60 from the lottery cash register.

## Lights out

Police stopped a bicyclist on Lakeshore at Moross at 2:25 a.m. Saturday, Aug. 26, for not having front or rear lights on his bike. A check of his identification revealed the cyclist was wanted on a felony warrant out of Southfield. He was taken into custody and turned

over to Southfield police.

## Noise complaint

At 11:45 p.m. Monday, Aug. 21, police were called to Chalfonte near Brownell Middle School on the report of a loud motorcycle driving recklessly in the Brownell parking lot. Police located the operator near Chalfonte and Kerby and he admitted to driving through the Brownell parking lot. The motorcyclist denied drinking, but police found an open bottle of liquor in his backpack. He agreed to submit to a blood alcohol test, revealing a level of .04. But since he was only 20, he was cited for being a minor in possession and his bike was confiscated.

## Rug rats

An employee of a church on Lothrop reported to police at 1 p.m. Thursday, Aug. 24, that a parishioner witnessed an unknown person dumping a large amount of carpeting and padding into the church's Dumpster. The parishioner was able to get a license plate number of the truck, which was tracked to a car dealership in Rochester. The sales manager told police the plate had been stolen from the dealership.

—Kathy Ryan  
Report information about these and other crimes to Grosse Pointe Farms Public Safety, (313) 885-2100.

## City of Grosse Pointe

The City experienced a quiet week. No reports

were released.

—Anthony Viola  
Report information about these and other crimes at the City of Grosse Pointe Public Safety, (313) 886-3200.

## Grosse Pointe Woods

## Home invasion

A resident of the 1900 block of Van Antwerp called police after returning home at 8 p.m. Thursday, Aug. 24, and finding a bedroom of the home ransacked. Entry was gained through a broken rear window. No valuables were taken, but \$200 in cash was missing. A neighbor reported seeing a suspicious person in and around the victim's yard. She described the suspect as a black male, 5 feet 7 inches tall, 140 pounds with short hair and wearing a red shirt and black shorts. Police remind residents to call them immediately if they see anything suspicious.

## Bad check

A 28-year-old Detroit woman was arrested after attempting to cash a fraudulent check at 2:45 p.m. Friday, Aug. 25, at the Chemical Bank on Mack. According to

police, the woman asked to cash what appeared to be a payroll check from a home health care agency in the amount of \$1,200. Bank policy is to verify any check over \$400 from non-customers and that resulted in determining the check was fraudulent. The suspect also had warrants out for her arrest from Ferndale, Detroit and Madison Heights.

## OWI

A 31-year-old Woods resident was taken into custody following a traffic stop at 2:15 a.m. Sunday, Aug. 27. Police attempted to stop the car for a defective headlight and the car struck the curb as it came to a stop on Brys. Police determined the driver was on a suspended license and had expired plates. He also refused a Breathalyzer test, requiring a blood draw at a hospital. He was cited for operating while impaired, driving on a suspended license, driving with an expired plate, refusing a Breathalyzer test and defective car equipment.

—Kathy Ryan  
Report information about these and other crimes to Grosse Pointe Woods Public Safety, (313) 343-2400.

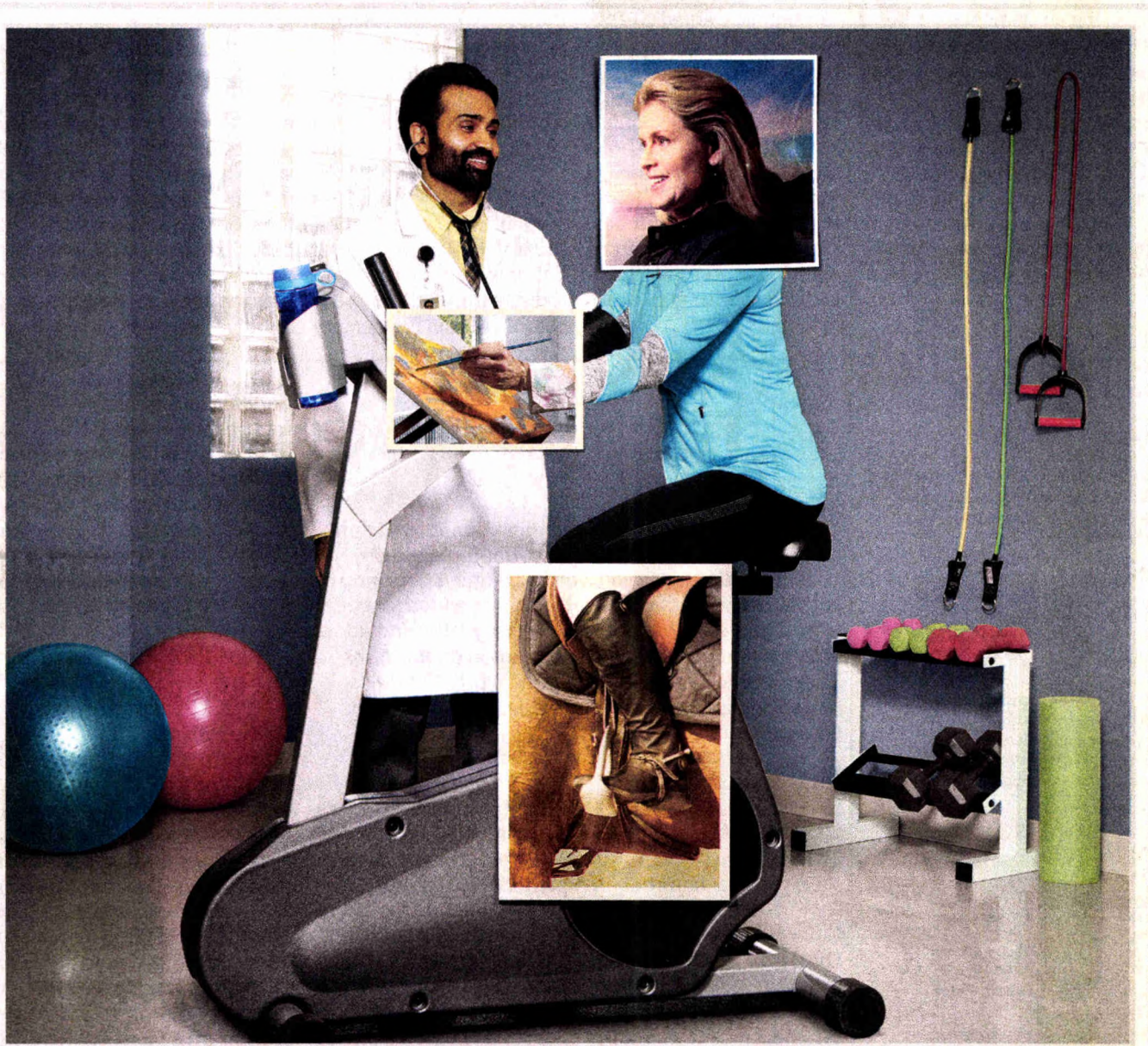


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6A | OPINION

Grosse Pointe News

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2017 Facilities Assessment



North High School  
342,148 s.f.  
1,385 Students  
2,408 Capacity  
57%



South High School  
436,691 s.f.  
1,678 Students  
2,128 Capacity  
78%



Brownell MS  
157,493 s.f.  
612 Students  
754 Capacity  
81%



Parcells MS  
208,855 s.f.  
665 Students  
806 Capacity  
82%



Pierce MS  
122,313 s.f.  
527 Students  
728 Capacity  
72%



Defer ES  
60,001 s.f.  
315 Students  
525 Capacity  
60%



Ferry ES  
68,016 s.f.  
364 Students  
625 Capacity  
58%



Kerby ES  
76,795 s.f.  
353 Students  
425 Capacity  
83%



Maire ES  
50,200 s.f.  
316 Students  
375 Capacity  
84%



Mason ES  
45,020 s.f.  
294 Students  
450 Capacity  
65%



Monteith ES  
63,239 s.f.  
444 Students  
625 Capacity  
71%



Poupard ES  
61,973 s.f.  
297 Students  
550 Capacity  
54%



Richard ES  
56,099 s.f.  
355 Students  
475 Capacity  
75%



Trombly ES  
43,110 s.f.  
267 Students  
425 Capacity  
63%

OUR VIEW

1984: Deja vu all over again

To meet the challenges facing the Grosse Pointe Public School System — namely, shrinking enrollment and declining funding from the state — Superintendent Dr. Gary Niehaus is naming a 40-plus member Blue Ribbon Committee that will meet twice a month for four months to come up with a plan that aligns projected enrollment, facilities use and budget constraints. Measures could include school closings and consolidations and shared use of buildings with non-school organizations and, possibly, for-profit businesses, if that is permissible, and redrawing boundaries. After lengthy discussion Monday night, the school board decided not to shackle the Blue Ribbon Committee with parameters, such as class-size limitations, building closings or boundary changes. Still, any plan that increases class sizes will not cut it with board member Chris Profeta. “I will not approve any plan that increases class sizes,” he told his fellow board members. Overall, the school system is operating at about 70 percent capacity. However, that masks some outliers. North High School is at 57 percent capacity; Poupard Elementary is at 54 percent; Ferry at 58 percent; Defer at 60 percent; and Trombly and Mason are at 63 and 65 percent, respectively. Further, according to Dr. Niehaus, enrollment is falling at a rate of 100 students a year districtwide. Projections match up with the superintendent’s statement. In five years, projected enrollment is 7,391, a drop of 540 students. Of course, projections could be wrong. Back in 1984, enrollment was expected to drop to 6,200. That never happened. Further, the loss of each student costs the district \$10,000 in funding. At 100 fewer students a year, that’s \$1 million less in funding. Over five years, that’s \$5 million. Clearly, something has to give, and it will be the Blue Ribbon Committee’s task to sort out and come back with recommendations. The worst thing that could happen, Board President Brian Summerfield said, is the committee may come back with no recommendations, that its members like things just the way they are. “That will not be acceptable,” he told the board. If all this sounds familiar to longtime Grosse Pointe residents, it should. We went through this 33 years ago in 1984. Of course, some things are different today, the biggest being how schools are funded. 1984 was pre-Proposal A days when school districts enjoyed some financial independence by levying their own millage. Today, some 65 to 70 percent of GPPSS funds are directed by the state. Board member Cindy Pangborn, who led the fight in 1984 to prevent school closings, asked the key questions: “Will the community accept the closing of a high school? Will the community accept closing an elementary school? Will the community accept lower property values because we don’t have walkable schools? Will the community accept redrawing boundaries?” As far as who is on the Blue Ribbon Committee, we understand the superintendent has already finalized his list. We sincerely hope Chris Fenton, retired deputy superintendent for business for decades, including during the controversial year 1984, is on the list. We can think of no other member of the community as informed or better suited to serve on the committee than Mr. Fenton.

GUEST VIEW By Dr. Gary Niehaus

Re-aligning the arrows with purpose

The Grosse Pointe Public School System Board of Education adopted a Strategic Plan with input from 42 community members, administrators, teachers and staff helping us “align the arrows” of our great district. In that process, the Strategic Planning Committee wanted GPPSS to ensure delivery of a rigorous curriculum to maximize the potential for each student. Since December 2015, that plan has been shared at televised board meetings, at town halls and in staff development sessions. Progress toward each goal area has been tracked. Those goal areas include:

- Curriculum, Instruction and Assessment
- Embedded Professional Development
- Infrastructure and Technology
- Community Connections

I am honored to share some of the results from the implementation of that living plan. The K12 Niche 2017 school rankings recognized GPPSS for achieving the rank of No. 4 Best School District in Michigan (up from eighth), and No. 88 Best School District nationally. U.S. News named both North and South among their Best High Schools. The Washington Post named both among their Most Challenging High Schools (again up from their ranking the year before). Mason Elementary

was named a National Blue Ribbon School. We are who we are because of the unparalleled support of our community and our employees — faculty, staff and administrators. It is exciting when outside groups also recognize our staff. Niche ranked GPPSS as the No. 1 Best Place for teachers to teach and as having the No. 1 Best Teachers in Michigan. We are proud of the teaching and learning in our classrooms daily as ONE GP — where everyone learns, every day. The best part of being a superintendent is visiting the classrooms throughout the school system. Seeing is believing when you witness what is being accomplished with the teaching and learning daily. 21st century col-

lege and career ready skills have emerged as essential components for future student success. Best practices are embedded in our professional development with consistent teaching throughout the school system. I invite you to witness this learning yourself. Here are some ways you can continue to participate by volunteering to serve on one of these ongoing district committees in support of the Strategic Plan. Our curriculum adoption is on a six-year renewal cycle where faculty, community and administrators come together to align and reaffirm the school system curricula and materials. The Technology Planning Committee has generated a

See NIEHAUS, page 7A

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Tigers get dished

To the Editor: First, as a member of the Grosse Pointe Park Little League championship team of 1964, I’d like to congratulate the current Woods-Shores team on their great success! WE only lasted two games in the tournament. However, I must add that, in watching the kids on TV of late, I was very surprised by something: as all our players

introduced themselves they named their favorite MLB star. Two of the kids picked Jose Iglesias; one picked JD Martinez (a picture of whom ESPN showed in an Arizona uniform), but every other kid out of the 20-plus on the roster named a player from another team but the Tigers as his favorite! Not even ONE nod to Miggy or JV?! What’s up with that? I have NO idea, but I’d sure like to know. This would never have happened when my

buddies and I were growing up in Grosse Pointe idolizing Kaline, Kuenn, Colavito, McAuliffe, Willie Horton and company!

BOB PAGE  
New York City/  
West Palm Beach

Pot wall disappointment

To the Editor: I am sure that many people have differing opinions on the Grosse Pointe Park pot wall. I feel saddened when I drive down this way to get to Detroit. I take a pitiful back-alley road to continue my journey. Coming back, the road into Grosse Pointe Park is tight and narrow. This attempt at unity and shared history misses the mark for me, however well-meaning. To me, this pot wall area reminds me of our racial dilemma every time I pass through

(the) pot wall. Honest and open dialogue and arts — be it music, dance, painting and past/present history discussed will perhaps help us to make a better future. Hate, injustice, fairness denied won’t work.

EILEEN  
WULLSCHLEGER  
Grosse Pointe Farms

Bad start

To the Editor: I was dismayed to see that the new owners of the venerable Grosse Pointe News couldn’t spare a few lines of type to identify the staff members standing behind them in the photo on the cover of the Aug. 24 issue. Then turn to Page 3A and what do we have? Another picture of the new owners. Poor form. Bad start. TOM PANZENHAGEN City of Grosse Pointe

I SAY By Renee Landuyt

# Storm Harvey brings memories flooding back



**A**s I sit at my computer, the rain pounding on the roof and the local forecast predicting flash flooding, I know it will be nothing like the situation in Houston and surrounding areas. Catastrophic flooding from so much rain turned streets into rapids as Harvey made landfall as a Category 4 hurricane with winds up to 130 mph. Apparently, the storm slowed a bit when it

made landfall — not that you'd know it by the drenching rains. Rain, rain and more rain and much worry about the levees. People sprayed signs on doors that read, "Go away Harvey" or "Be Nice Harvey," as though Harvey is listening or cares.

The Houston situation brings to mind Katrina when people in New Orleans were stranded on rooftops waiting on rescuers, huddled together inside waiting for a boat to take them to safety or walking through a flooded street going nowhere in particular. Equally as heartbreaking were the number of animals left behind, abandoned or drowned. Now the same type of raging storm hits Texas.

Heartbreaking.

Survivors of Katrina were bused to Houston to spend a few nights in an overcrowded stadium. Now, I wonder, where will the survivors of Harvey be bused, if anywhere?

I lived in Houston for a couple years, and it was a crowded city back then. Today, the population is almost 2.5 million with a population density estimated around 3,662 people per square mile, according to worldpopulationreview.com. That's a lot of people to help, save, rescue and then, once dried out, rebuild.

What do you do in the meantime? How do you get information without a computer or TV? How do you use your phone if you are

unable to charge it? Where do you go? What do you eat? How do you stay dry? The National Weather Service said the wind and rain could leave large parts of South Texas uninhabitable for months.

When I lived in Colorado in the '90s, there was a 100-year flood that made national news. Five people lost their lives, torrents of rain caused stream flooding, a derailed freight train ruptured a gas line in town that caused an explosion destroying houses and businesses, cars were floating upside down.

At the time, the town I lived in did not have an emergency warning system, so I didn't know what was happening outside. When I left work that eve-

ning, I had to run my foot along the ground to find the curb because rainwater had turned Mountain Avenue into a fast-moving river. A five-minute drive home took more than an hour and at one point we needed a police escort because all the roads were beyond flooded. It was destructive with almost 15 inches of rain — but nothing like Harvey.

I pray for the people and animals in Harvey's path. I grieve for them and I want to help. If you feel the same way, here are a few suggestions:

An organization in Austin, Texas, is helping shelters in Houston that cannot handle pets and are overcrowded. They have already taken in more than

200 animals and expect more. The Humane Society of the United States is deployed and working with local officials to rescue animals in the floods. The American Society for the Prevention of Cruelty to Animals is on the ground in Texas working to rescue animals.

The Red Cross is helping people with food and clothing and Habitat for Humanity has a Disaster Response Team. If you would like to donate to any of these organizations here is a list: austinpetsalive.org, redcross.org, habitat.org, humane.org, aspca.org.

Thank you for caring. We all have to work together. Landuyt is the Grosse Pointe News staff photographer.

## NIEHAUS:

Continued from page 6A

technology plan to evolve into 21st century classrooms with an emphasis on teaching and learning rather than a device. The GPPSS Diversity Plan emerged with an emphasis on learning, understanding and acknowledging our need to know one another better. All students must feel safe, welcome and connected in order to demonstrate their best learning.

GPPSS continues to age with distinction, so our focus in 2017-18 will be on addressing our building infrastructure and maintenance needs. Our 16 school buildings range in age from 51 to 111 years. We are trying to maintain our old buildings on a sinking fund of \$2.6 million and an additional \$1.3 million through the Wayne County enhancement millage for maintenance and repairs. Professional estimates show we need more than \$10 million annually to properly maintain our buildings. We will assemble a Blue Ribbon Facilities Committee this fall to help plan future building and infrastructure priorities and identify potential funding sources. Together we will create a plan that honors our buildings, many of which are nationally designated historic sites, and meets the needs of today's learners, preparing them for college and careers.

Since Proposal A passed in the mid-1990s, GPPSS has relied on enrollment for

the majority of our annual budget. It is surprising that many do not know how our schools are funded with "school taxes" going directly to the state and coming back to districts on a per-pupil basis. Fewer students means less money. Enrollment is down here and across Michigan. The GPPSS enrollment decline has been about 100 students per year for the past six years. That decline translates into a larger graduating class than incoming kindergarten students. While the district is closely monitoring live births across southeast Michigan, and those are coming back as the economy continues to improve, we must do more.

Bringing young families into our community sooner has been one remedy. GPPSS has opened eight additional pre-K tuition-based classrooms across the school system for children ages 0 to 5. We hope to get our young families into our school system early and often.

The district also continues to partner with the Chamber of Commerce and Board of Realtors to market our area.

The Blue Ribbon Committee will provide recommendations to the board of education for additional ideas. Creative minds will look at our purpose as a school system and our opportunity with space in our beautiful buildings. Together we will develop a plan in line with our mission: Promote Innovation -> Maximize Potential -> Embrace Community.

## YESTERDAY'S HEADLINES

**1942**  
75 years ago this week

◆ **WOODS ATTACKS FLOOD PROBLEM:** Threats of future serious floods in the Grosse Pointe Woods section may soon be averted.

The Woods council has made arrangements with the Detroit Edison Company to install a throw-over system whereby, if power to the Woods pumping plant fails, a switch-over to domestic power lines may be made.

◆ **48 WILL ANSWER SEPT. 1 CALL:** Forty-eight men were named Monday from Local Draft Board 57 to answer a Sept. 1 induction call. The men will undergo a final physical examinations and those who pass will be sworn in.

**1967**  
50 years ago this week

◆ **SCHOOLS STARTING NEW ERA:** The start of classes throughout the Grosse Pointe Public School System begins with a personnel change. Dr. Theos I. Anderson, superintendent of schools, assumed the chief school post on July 1. Also, for the first time in the 45-year history of the school system, a woman has been elected board of education president.

**1992**  
25 years ago this week

◆ **RESIDENTS MUST HOOK UP:** After a judge

ruled that two Shores residents with faulty septic tanks must connect to the village's sewer system, the pair filed a third-party complaint against village officials demanding they pay for the hookup.

The judge denied the temporary restraining order sought by the residents and ordered them to begin work hooking up their homes to the sewer.

**2007**  
10 years ago this week

◆ **COMPTROLLER FACES 2 FELONIES**

Former Grosse Pointe Woods Comptroller Clifford Maison was formally charged with two

counts of embezzlement by a public official greater than \$50 by the Wayne County Prosecutors' Office.

Maison, 54, is charged with using gasoline from city pumps for his personal vehicle and filing false mileage reimbursement requests.

◆ **MIDDLE SCHOOL CONSTRUCTION SMOOTH:** Progress is being made on new science labs at the three district middle schools. The updates at Parcels and Pierce should be completed by the start of the school year. Brownell's construction is about half-way done and students will utilize portable classrooms until construction is completed by the start of the second semester.

— Karen Fontanive

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**Mindful Self-Compassion for Teens**  
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The teenage years can be a rollercoaster ride of transitions, excitement, and self-discovery. However, as the demands of life increase for teens, this time is often fraught with confusion, stress, and anxiety.

This 8-week program provides simple tools designed to enhance awareness, kindness to oneself and others in response to life's challenges. Using activities like doodling, music, media, movement, short talks, group exercises, and meditations, teens will develop effective skills to navigate the ups and downs of life with greater ease.

In a preliminary research study, this program demonstrated a 32% decrease in depression, anxiety, perceived stress and negative mood.

The 8 week program meets Thursdays beginning September 28, 2017  
5:00pm - 6:30pm for middle school students  
7:00pm - 8:30pm for high school students  
fee: \$315 (scholarships are available)

A FREE INFORMATIONAL MEETING FOR FAMILIES WILL BE HELD September, 21 at 6:30PM

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Jo Anne, 80

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# SCHOOLS

## SCHOOLS

**Always a Norseman**  
Grosse Pointe North welcomes a new athletic director PAGE 9

9A NICHE RANKING | 10A BACK-TO-SCHOOL TIPS

### TEACHERS IN THE SUMMERTIME

These articles are part of a series on teachers spending time in the summer to enrich their knowledge for the benefit of their students.

## From particle physics to radar technology

Liggett physics teacher expands research knowledge

By Mary Anne Brush  
Staff Writer

University Liggett School physics teacher Scott Brunner made a deal with himself while still a Ph.D. student at Wayne State University. After some “soul searching,” he switched to the Master of Teaching program to pursue a career in teaching. He promised himself he would stay involved in some aspect of research in his field of particle physics. He has kept this deal.

Through Wayne State University, Brunner has been active with QuarkNet, an international physics outreach program. Detroit-area high school students team up with QuarkNet teachers to work with cosmic ray detectors and the e-Lab in their own projects. He also has traveled to conferences, including a particle physics conference last summer in Greece.

This summer he broke out of his comfort zone of particle physics to pursue a new venture. Through his membership in the Detroit Metropolitan Area Physics Teachers, he heard about an opportunity to participate in a project-based course on radar fundamentals at the Massachusetts Institute of Technology Lincoln Laboratory, a U.S. Department of



PHOTO COURTESY OF LLRISE

Liggett upper school physics teacher Scott Brunner assembles components of a radar system that can perform range-Doppler imaging.

Defense research and development center in Lexington, Mass. He wrote a letter of interest and was accepted into the program.

The Lincoln Laboratory Radar Introduction for Student Engineers summer program was initially intended only for students. Brunner and another teacher from Michigan were the first teachers to participate as “guinea pigs,” according to Brunner, taking part in all aspects of the curriculum for the first week of the two-week program, held July 9 to 22.

“It was a recruiting effort to get kids interested in STEM in hopes

they get engineering degrees and come work for them,” Brunner said, adding by involving teachers who would bring the equipment back to their classrooms, they could reach even more students.

Brunner and his fellow teacher attended lectures on the basics of radar systems, assembled radar systems that could perform range-Doppler imaging, learned about computer-aided design and 3-D printing and went on tours of Lincoln Laboratory’s facilities.

“We were working right along with the students,” Brunner said. They also got “to play the role of the physics teacher,” guiding students to the right solutions and answering questions.

Brunner, a 10-year teaching veteran who moved to Liggett last year after six years at Grosse Pointe South High School, plans to implement lessons about the construction and use of radar into his second semester physics class

## An adventure in theater leadership

By Mary Anne Brush  
Staff Writer

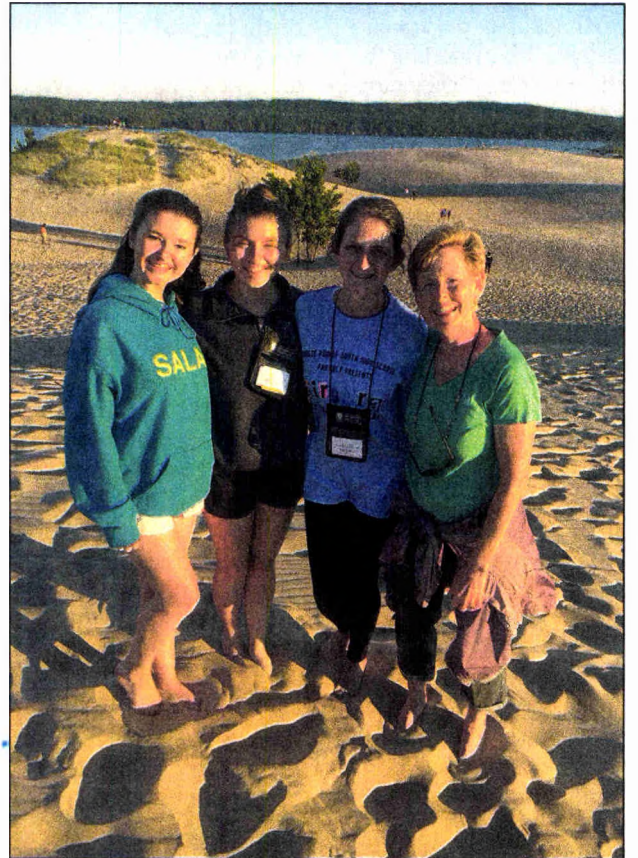
As members of high school theater programs from around the state, students attending Grace Adventures Camp on Silver Lake would be more likely to be found on a wooden stage than sand dunes. These outdoor adventurers attended the camp, hosted by Michigan Thespians, an educational theater association affiliate, to challenge themselves as leaders and bring skills back to their schools’ drama troupes.

Participating in the intensive weekend were Meaghan Dunham, English and theater teacher at Grosse Pointe South High School, and three South students — Riley Barbour, Rachel Cline and Emma Tripp. Dunham is director of Pointe Players, South’s after school drama club.

While developing leaders in any area is important, it’s particularly critical in the arts, said Dunham. A member of the Michigan Thespian board, she has been involved in the leadership camp eight years. While it was previously held at Michigan State University, this summer it was moved to the location at Silver Lake.

“There are so many leadership positions in the arts, but initially our goal was to bring back good leadership skills and ideas from other troupes in the state to individual schools,” Dunham said. “My girls learned from their peers everything from fundraising ideas to potential shows — contemporary shows that may cause a little controversy and things we want to avoid or things we want to dare to try that have been very successful.”

While some teachers attend on their own,



COURTESY PHOTO

On the Silver Lake dunes during the Michigan Thespians leadership camp are, from left, Rachel Cline, Emma Tripp, Riley Barbour and Meaghan Dunham.

Dunham brings students from her troupe — Troupe 49, one of the oldest troupes in the country with a charter dating back to the 1930s — with her each year. Because the club is student-driven, Dunham relies on the students to bring the ideas back. When school begins, Barbour, Cline and Tripp will meet with Pointe Players officers to share and blend ideas, Dunham said.

“We don’t want to do anything in a vacuum and I don’t want to do anything that’s top driven. It’s their organization,” Dunham said. “(The girls) are the ones who will share. They were taking notes on their phone, working together and texting each other back and forth. They were thrilled. They were all three very good friends, too, so they supported each other a lot. They met young people from other troupes I

know they will keep in touch with. It will be a distillation of their experience and an infusion with my officers that are already invested and already have ideas.”

One outgrowth of the camp was a mission statement: “Through investigation, discovery and artistry, the Pointe Players strive to create and share theatrical experiences that impact and enlighten in a meaningful way.”

“In a nutshell, it says who we are and why we do what we do,” Dunham said.

Students also learned about ways to run a meeting and lead a group “without making waves. To do it so everyone’s voice is heard,” Dunham said. “That was one of the big messages that the kids were given and again one of the reasons we went to Grace from MSU was to get them off their phones, to get them to a place where none of them even had a signal. They have to make connections and kids their age are not connecting in as meaningful ways as they used to because they think texting is a connection.”

“We have these kids talking and moving and organizing and reorganizing themselves by height, grade, age, region of Michigan,” she continued. “They were mixing and sharing.”

In addition to opportunities to get feedback and share ideas from their own theater programs, students engaged in team building and icebreaking exercises along with individual challenges.

“That’s what the whole weekend was all about — challenging yourself to do something you’ve never done,” Dunham

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See PHYSICS, page 10A

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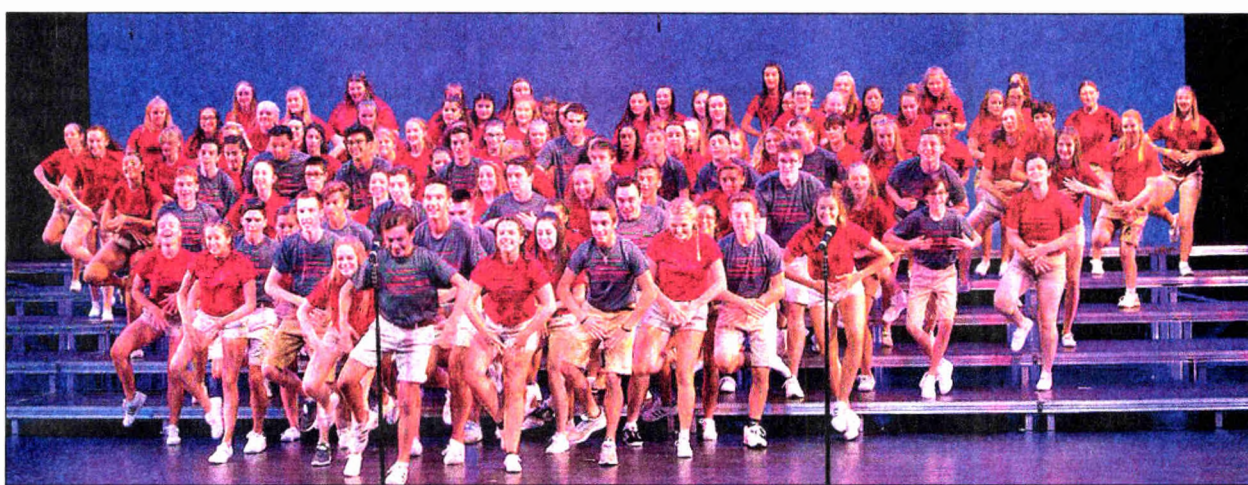
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See THEATER, page 10A





### Show time

Middle and high school participants in a week-long summer show choir camp came together for its culminating show, "That's Entertainment," Saturday, Aug. 26. Right, Giovanni Thams, a sixth-grader at Brownell Middle School, performs a solo.

PHOTOS COURTESY OF THE PORTRAIT PLACE

## Longtime teacher appointed athletic director at North

By Mary Anne Brush  
Staff Writer

The time was right for veteran Grosse Pointe North High School teacher Michelle Davis to step into an administrative position. She earned a Master of Arts degree in educational leadership at Eastern Michigan University in 1999, but found a home at North 17 years ago teaching business classes. When North's Assistant Principal and Athletic Director Brian Shelson resigned to accept a position in Rochester, the opportunity opened up and Davis was ready for a new role. On Monday, Aug. 28, the Grosse Pointe Public School System Board of Education approved her appointment.

Davis became head of the business and technology department in 2010. She spearheaded the review and restructure of the business curriculum for grades 9 to 12; led the review and restructure of the industrial technology curriculum for grades 6 to 12 and technology curriculum for grades K to 12; and took the initiative with North's school store, among other accomplishments.

Her 23 years of coaching experience — from third- to 12th-graders — includes coaching girls basketball and softball at North.

"Michelle is a longtime community member and is also a parent in the district who has two children with us at the high school," said Jon Dean, deputy superintendent of educa-



PHOTO COURTESY OF KATE MURRAY

Michelle Davis was appointed Grosse Pointe North athletic director at the BOE meeting Monday, Aug. 28. She is pictured with her family, from left, daughter, Hannah, husband, Eric, and son, Nate.

tional services. "She is a longtime coach and long-time business teacher and department chair."

The search process involved teams of North administrators, teachers, parents and students and administrators from other buildings, according to Dean. Superintendent Gary Niehaus met with the final two candidates to make the final recommendation.

Said Dean, "It really is a great marriage of the instructional side. She is an instructional leader and passionate about instruction, but she is also very interested in athletics and has coached. Her kids have participated in sports. She is really ready to tackle those things." Davis's son Nate, is a senior and daughter,

Hannah, is a sophomore. "Thank you for the opportunity to be here tonight and to serve as the next athletic director and assistant principal at North High School," said Davis to board members.

"I'm very excited. Through my instructional leadership at North, being on the leadership team for the last seven years, working with a phenomenal and amazing educational staff and watching and observing and working for the last several years with the steadfast leadership example of Kate Murray, David Reed-Nordwall and Tom Beach, prepared me for this.

"Once a Norseman, always a Norseman," she continued. "This is what we do here and I'm ready to go."



PHOTO BY RENEE LANDUYT

### Registered and ready to roll

Sebastian Simon, a senior at Grosse Pointe South High School, picked up his textbooks in the library during registration last week. His classes include AP literature, AP calculus, AP physics, Spanish independent study, advanced creative writing and anthropology.

## Liggett names new upper school head

Brock Dunn joined University Liggett School in July as head of upper school from Connecticut's Ethel Walker School, where he was executive director of strategic initiatives. Previously he was head of the middle and upper schools at Ethel Walker. He also held positions at the Masters School in New York, Williston Northampton School in Massachusetts and Cardigan Mountain School in New Hampshire.



PHOTO COURTESY OF LIGGETT

Brock Dunn

## Grosse Pointe teachers ranked No. 1

Niche.com came out with its 2018 ranking on best teachers in Michigan. The Grosse Pointe Public School System was ranked No. 1 school district with the best teachers and Grosse Pointe North and South high schools were ranked No. 1 and No. 3, respectively, for best teachers.

North, which received A+ grades for its overall Niche ranking and its teachers, has 1,364 students and a 17:1 student-teacher ratio. South, too, received an A+ ranking both overall and for teachers. It has 1,671 stu-

dents and a 19:1 student-teacher ratio.

Rankings were based on rigorous analysis of academic and teacher data from the U.S. Department of Education along with millions of reviews from students and parents. In order of weight, factors considered were academics, based on state assessment proficiency and survey responses from students and parents; parent and student surveys on teachers; teacher absenteeism; average teacher salary; percentage of teachers in their first or second

year; average teacher salary in the district; and student-teacher ratio.

While North teachers do many things well, according to Principal Kate Murray, what led to the top ranking was "the combination of being experts and leaders in their content area, combined with their deep passion for all students.

"I am incredibly proud, but I am not surprised, because North teachers are dedicated, insightful and committed to all students' learning," Murray said.

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10A | **SCHOOLS**

## Stress less with back-to-school tips

The school year — the demands, the expectations, the disappointments, the rewards — amps up stress for kids — and parents, too.

While some stress is normal and even healthy, too much is never a good thing. Sadly, the number of kids and teachers reporting stress and anxiety in children to doctors is on the incline.

Henry Ford Health System pediatrician Stacy Leatherwood offers tips on preventing and alleviating stress before school and through the school year.

### You lose if you don't snooze

Sleep is important for so many reasons, including maintaining a strong immune system to nurturing emotional well-being and mental health. The amount of sleep varies by age and ranges from nine to 12 hours for 6- to 12-year-olds and eight to 10 hours for 13- to 18-year-olds.

If falling asleep is hard for your child, create a relaxing environment as early in the evening as possible, Leatherwood suggests.

### Keep control

- ◆ Evaluate last year's schedule and adjust depending on ups and downs.

- ◆ Decide what's important for your family; choose activities to support that.

- ◆ Watch for signs that your schedule is too busy — emotional meltdowns, forgetting things regularly, more chaos in the home than not, very little downtime.

- ◆ Consider setting a family goal for the school year — exercising or

learning a new sport together, learning something new, improving social skills by meeting new families, family game and movie nights, walks, hikes.

- ◆ Schedule time to relax.

### Post schedules

Consider one for each family member so everyone, children most of all, know what's coming and can learn to prepare, ideally on their own, and work toward empowering independence. Routine is good, but be flexible.

Each calendar can include:

- ◆ Wake-up time
- ◆ Meal times
- ◆ Activities — sports, lessons, etc.
- ◆ School/homework
- ◆ Chores
- ◆ Down time
- ◆ Family time
- ◆ Bedtime

Don't forget special days, fun days, things to look forward or count down to.

### Table talk

Family dinner is a stress reliever and can build confidence, security, bonding and communication skills. Studies show a decrease in depression symptoms and decreased childhood obesity. Family dinners also lead to kids making healthier choices and using portion control. Home-cooked meals allow parents to control ingredients in food.

Cooking and meal prep with parent and child has benefits too. Try letting kids help decide meals for the week, each child taking a day and following dietary guidelines for fruits, veggies, dairy,

grains, even dessert.

Encourage kids to make their own lunch choices and prepare their own lunches, as long as the choices are good for them.

For dinner conversation, go beyond "How was your day" questions. A few conversation starters: What was your favorite part of the day? What was the craziest thing that happened today? What do you want to do this weekend? What super power would you want? If you could go anywhere, where would it be?

### 5-2-1-0

Consider Henry Ford's 5-2-1-0 advice:

- ◆ Eat at least 5 fruits and vegetables each day
- ◆ Limit screen time to 2 hours or less each day
- ◆ Get at least 1 hour of exercise
- ◆ Consume 0 sugar-added drinks

Henry Ford has a free app with games and activities to encourage kids to follow 5-2-1-0. The app provides other childhood health information for parents as well and is available at [bit.ly/2wjs9rA](http://bit.ly/2wjs9rA).

"Mostly, always remind yourself that we're all learning as we go, no matter our age. Success teaches us. Mistakes and failure do too," said Leatherwood. "While as a doctor I try to give the best advice I can when asked, no one should measure themselves against another person or someone else's advice. If lowering stress and anxiety is a concern to you, just stay focused on the things that increase or decrease that stress and anxiety and adjust accordingly.

"And have a wonderful school year," she added.

## Back at 'The High'



Sandy Max Mechan, left, and Liz Riley Binkowski, right, pictured with Grosse Pointe South High School Principal Moussa Hamka, spray painted the South rock in honor of their 60th reunion. The class of 1957 held its reunion for January and June classes Friday, Aug. 25.

COURTESY PHOTO

### PHYSICS:

Continued from page 8A

during the unit on electricity and magnetism. The radar lessons also may be part of an after-school curriculum.

Attending the LLRISE program allowed Brunner to keep his deal while expanding his knowledge for his own benefit and that of his students.

"A lot of the summer sessions are about growing as

a science teacher and staying up to date on all the research that's happening in those fields," he said, "(including) how best to incorporate it in the classroom and how to inspire students to maybe not just appreciate it, but be interested in getting involved in those STEM fields."

To help in this mission — shipped from the Lincoln Lab to Liggett — is the equipment Brunner built along with two additional sets for students to

construct. Brunner is eager to put it to use with his students. In the past, thanks to his involvement with QuarkNet, he has borrowed a cosmic ray detector from WSU, also for students' use.

"I always try new stuff in the classroom," he said. "Sometimes it doesn't. That's the fun. I tell (the students), that's when we have the opportunity to learn and grow the most when we fail."

### THEATER:

Continued from page 8A

said. "It's doing something you're not sure whether you can do or not and it's OK to fall ... because we will catch you."

"You always come away from these experiences rejuvenated and excited," she continued. "Your mind is just overflowing with ideas."

The Michigan Educational Theatre Association Hall of

Famer also came away with some hardware. Named Michigan Youth Arts Touchstone 2017 Arts Educator of the Year, Dunham was presented with the trophy at the camp because she missed the May presentation at the Michigan Youth Arts festival. Dunham, who also teaches creative writing, was attending the Mackinac Island Poetry Slam with fellow English teacher Harry Campion and South creative writing students.

"We learned so much," Dunham said. "It's a great opportunity to breathe new life into your theater department and come up with ideas that are innovative and keep us moving forward into the 21st century as the arts transform. The arts in these kids' lifetime — who knows where the arts will go? This is a place where those ideas can be generated and then disseminated when you get back to school."

"It was so much fun," she added.

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## A twist on spinning

Doctor's unique bicycles paint canvas while encouraging exercise

By Debra Kaszubski  
 Special Writer

A Grosse Pointe-based physician has developed a way to paint unique canvas prints using a bicycle instead of a paint brush.

Dubbed the "Beaumont Bike" by Asha Shajahan M.D., this machine uses bicycle power to splatter paint onto canvas. Two versions of the bike premiered recently at Chandler Park's 100th anniversary event in Detroit. The bikes, created in partnership with Challenge Detroit, are available for use at community events.

The first bike is used for splatter painting and is a regular-size bicycle for older children and adults. The back tire of a stationary bike is saturated with paint. As a person rides the bike, paint splatters onto a canvas that's propped up behind.

The other version is a bicycle-powered spin-art system designed for children. A junior bike is attached to a pulley system with four stations to which paper plates can be attached. One person rides the bike, powering



PHOTOS COURTESY OF BEAUMONT HEALTH

Above, youngsters pour paint on spinning plates. Right, a young girl takes a turn on the adult bike, which splatters paint on canvas.



a pulley system that causes the buckets containing the plates to spin. Another four people pour paint onto the plates as they spin, creating a Spirograph-like design.

"I tried the bike and boy, did my thighs burn," Shajahan said. "The kids were yelling 'faster, faster,' and I was sweaty and tired afterwards. I also rode the adult bike and my canvas painting

is in my office as a reminder that when I treat patients, I have to think creatively and inspire them to find ways to incorporate health into their lifestyles."

Besides working as a family physician, Shajahan created the Art and Healing program, which features monthly concerts at Beaumont Hospital, Grosse Pointe. She also chairs the Arts

in Healthcare Committee, which coordinated its first Arts in Healthcare conference last April at the Detroit Institute of Arts.

"I believe in creativity being the answer to the world's problems," she said. "Creativity has guided me my entire life and career. Obesity, cardiovascular disease and diabetes are what our community struggles

with. I turned to art."

Shajahan said some people who tried the Beaumont Bike at the Chandler Park event hadn't been on a bicycle for years.

"It seemed to take many of them back to their childhood," she

said. "They were all smiles while exercising down memory lane."

Shajahan believes art is an under-utilized tool in healing. She said too often physicians and other healthcare provid-

See TWIST, page 2B

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# Fox Creek Questers starts new year of programs

Latest donations benefit Central library

Members of Fox Creek Questers No. 216 are ready for another year of informative programs and discussions. Its first meeting of 2017-18 takes place at St. Michael's Episcopal Church, Grosse Pointe Woods. Chapter members Dianne Pegg and Anne Thomas will present a program focusing on the history and beauty of stained glass, including a look at St. Michael's stained glass.

Last year's Fox Creek programs represented a wide range of the chapter's interests and collections: Nantucket baskets, Christmas dresses with English smocking, Bunnykins, Art Case pianos, Celtic traditions, Detroit's Best Chips, Grosse Pointe Historical Society, Michigan Quester Restoration Projects video and a tour of the Motown Museum, whose singing guide sent members home hum-

ming cherished Motown melodies.

In the recent past, Fox Creek has helped fund several preservation and restoration projects in Grosse Pointe and Detroit, including historic sites and objects such as the Provencal Weir House, Grosse Pointe War Memorial, portraits of early judges at Detroit's Federal Courthouse, Cook Schoolhouse furniture, plus iron hardware for wooden shutters.

The group's latest donations went to Grosse Pointe's Central library. It funded the Detroit Institute of Arts professional cleaning of a wall sculpture that sits over the aquarium by the children's room. The one-of-a-kind piece was made of colorful metal parts salvaged from old typewriters. The group also helped refurbish a 1950s blond wood slotted bench, which sits in the library's main entrance.

# AREA ACTIVITIES

## Blood drives

The American Red Cross hosts the following blood drives:

◆ 8 a.m. to 2 p.m. Thursday, Aug. 31, at Pointe Fitness, 19556 Harper, Harper Woods.

◆ 1 to 7 p.m. Tuesday, Sept. 5, VFW 1146 Bruce Post, 28404 Jefferson, St. Clair Shores.

◆ 11:30 a.m. to 5:30 p.m. Tuesday, Sept. 5, Grosse Pointe Woods Community Center, 20025 Mack.

To register, visit redcrossblood.org.

## BNI

Business Network International meets 7 a.m. Friday, Sept. 1, at Christ the King Lutheran Church, 20338 Mack, Grosse Pointe Woods. Call Ryan Marier at (313) 638-7526.

## Grannie Nannies

Grannie Nannies, for grandmothers who babysit their grandchildren, meets 1:30 p.m. Friday, Sept. 1, at Big Boy Restaurant, 20710 Mack, Grosse Pointe Woods. Reservations are required. Call (313) 882-

9600.

## NAMI

The National Alliance on Mentally Ill Eastside meets 7 p.m. Monday, Sept. 4, at Henry Ford Cottage Hospital, 159 Kercheval, Grosse Pointe Farms. Call Barb at (313) 886-8004.

## Ecumenical Breakfast

The Grosse Pointe Men's Ecumenical Breakfast meets 7:45 a.m. Friday, Sept. 8, at Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms. Rachel Nagorsen, sales and leasing manager with Presbyterian Village of Michigan's Lakeshore Senior Living facility, speaks. Reservations are not required; all are welcome. Breakfast is \$7. Call (313) 882-5330.

## PFLAG

Parents and Friends of Lesbians and Gays meets 1:30 to 4 p.m. Sunday, Sept. 10, at Grosse Pointe Unitarian Church, 17150 Maumee, City of Grosse Pointe. For information, email pflaggp@gmail.

com.

## Assumption

The Assumption Travel Group takes a motor-coach to Maine and Boston Sunday, Sept. 10, to Sunday, Sept. 17. Cost is \$889, double occupancy, and includes lodging; seven breakfasts and five dinners; guided tours of Portland, Kennebunk, Kennebunkport, Victoria Mansion and Pineland Farms; visits to Boothbay Railway Village and the Seashore Trolley Museum with a countryside trolley ride; and tours of Lexington and Concord. Limited openings are available. Call (586) 779-6111.

## Toastmasters

Northeastern Toastmasters meets 7 p.m. Monday, Sept. 11, at the Mary Ellen Stempfle University Center, 19305 Vernier, Harper Woods. Call Wendy Bradley at (313) 884-1184 or Ron or Marcia Piekielek at (313) 884-4201.

## Senior Men

The Grosse Pointe Senior Men's Club meets 11 a.m. Tuesday, Sept. 12, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms.

## Chamber

The Grosse Pointe Chamber of Commerce presents a Business After Hours event 5 to 7 p.m. Tuesday, Sept. 12, at Duffey & Co., 15120 Kercheval, Grosse Pointe Park.

## GPAA

The Grosse Pointe Artists Association presents the following programs:

◆ 2 to 5 p.m. Tuesdays, Sept. 12 to Oct. 3, Acrylics with Al Sonnenberg.

◆ 6 to 9 p.m. Tuesdays, Sept. 12 to Oct. 3, Pen and Ink with Al Sonnenberg.

◆ 10 a.m. to 4 p.m. Saturday, Sept. 16, Mixing to Match & Color Specificity: a workshop with Rachel Reynolds Z.

For information, call (313) 881-3454.

## SOC

Services for Older Citizens, 158 Ridge, Grosse Pointe Farms, welcomes the Full Circle Farmers Market 11 a.m. to 12:30 p.m. Tuesdays through October. The market, sponsored by Beaumont Hospital, includes fruits and vegetables, as well as flowers.

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Examples of creations from both bicycles displayed during the Chandler Park anniversary.

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# High Seas Adventures

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**TWIST:**  
 Continued from page 1B

ers neglect the healing power of creativity. She said that needs to change.

“How do we heal our communities?” she asked. “How do we improve the quality of life of not just one patient, but a patient's entire community? Art is just one of the many ways and it is something we can do without a doctor's prescription. Art heals.”

The bikes are being stored at Samaritan Center in Detroit, but soon will be displayed at Butzel Family Center, then Patton Community Center and Farwell Community Center, along with four other stationary art pieces that follow the theme of active art. Shajahan said the bikes most likely will be used at various community events in the future.

Some painters took their work home. Other canvases created at the Chandler Park anniversary were donated to community organizations, including Beaumont Hospital.

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# Beautiful Beginnings



## ANNIVERSARY

### Friedel

Lifelong Grosse Pointe residents Douglas and Diane Friedel celebrated their 50th wedding anniversary at a surprise party at Andiamo Trattoria hosted by their four children.

Diane Ferrante attended Barnes Elementary, Parcels Junior and Grosse Pointe High schools. Doug Friedel attended Mason Elementary, Parcels and Grosse Pointe High school. They met as sophomores in high school and both graduated in 1964. They married July 29, 1967, at Our Lady Star of the Sea Catholic Church, Grosse Pointe Woods.

Diane owned Avon Flowers on Gratiot in Eastpointe until she retired in 2012. Doug owns and continues to work at D&D Planning Design Millwork LLC in Warren.

Their children are Dora Romanelli, Dana Owen, Douglas Jr. and Daniel. The couple also have nine grandchildren.

As part of their anniversary, Doug and Diane are vacationing in Europe later this year.



Top, Diane and Doug Friedel on their wedding day in 1967.

Above, the Friedels at their 50th wedding anniversary celebration.

## ENGAGEMENTS

### McCutcheon-Perkins

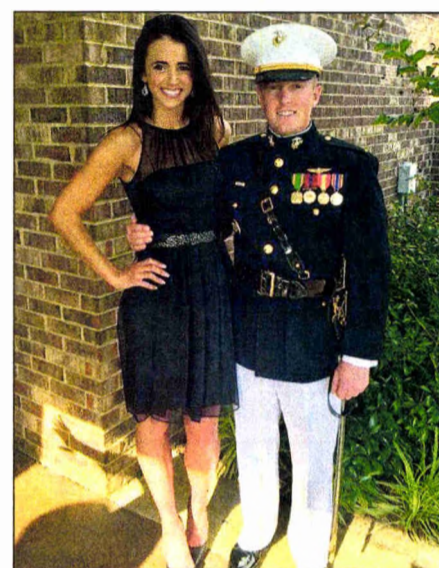
Brian and Julie McCutcheon of Grosse Pointe Woods announce the engagement of their daughter, Megan, to Andrew Perkins, son of Ronald and Sharon Perkins of Plymouth.

A December 2017 wedding is planned in Ann Arbor.

Miss McCutcheon is a graduate of Grosse Pointe North High School and earned a Bachelor of Arts degree from the University of Michigan in 2014.

Second Lt. Perkins is a graduate of Canton High School. He completed 11 years of enlisted service before earning a Bachelor of Arts degree and commissioning as a U.S. Marine Corps officer at the University of Michigan in 2015.

The couple currently resides in Pensacola, Fla., while 2nd Lt. Perkins trains to become a Marine Corps pilot.



Megan McCutcheon and 2nd Lt. Andrew Perkins

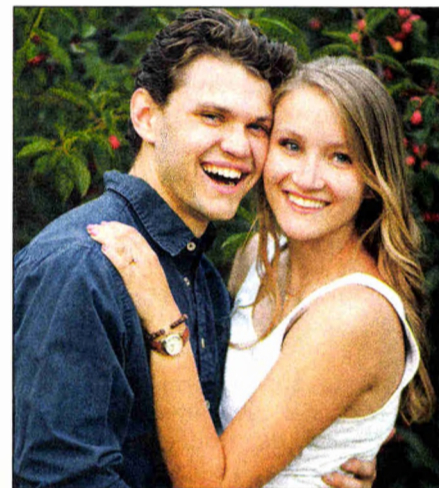
### Wilcox-Kish

Todd and Arija Wilcox of Ada announce the engagement of their daughter, Kyrian, to Rob Kish, son of Ken and Amy Kish of Grosse Pointe Park.

A December 2017 wedding is planned.

Miss Wilcox earned a Bachelor of Science Nursing degree from Hope College. She is a registered nurse at Holland Hospital.

Mr. Kish earned a Bachelor of Science degree in mechanical engineering from Hope College. He is a mechanical engineer at Lear Corp.



Rob Kish and Kyrian Wilcox

## WEDDINGS

### Walsh-Samborski

Michael Walsh and Kamille Samborski were married Saturday, July 15, 2017, at St. Mary Catholic Church, Royal Oak. The Rev. Paul Snyder officiated the wedding, which was followed by a reception in the International Banquet Center at the Atheneum Suite Hotel in Detroit.

The bride is the daughter of Andrzej and Grace Samborski of Commerce. The groom is the son of Steve and Kathy Walsh of Grosse Pointe Woods.

The bride wore a vintage-inspired ivory floral lace, fitted, off-the-shoulder gown with buttons down the back and a train. She wore a cathedral-length veil. She carried a bouquet of ivory and champagne roses with fuchsia ranunculus, mini black magic spray roses, silver dollar plant and seed eucalyptus, wrapped in ivory satin ribbon.

Serving as maid of honor was the bride's sister, Katie Waling. Lauren Walsh, the groom's sister was a bridesmaid, as were the bride's friends, Alexis Lerner, Kelsey Suffel, Sarah Cook and Jenna Valgoi, who also is the groom's cousin.

The bride's attendants wore champagne-colored chiffon long dresses of varying styles and carried bouquets of champagne roses with eucalyptus and other colorful flowers wrapped in

champagne satin ribbon. The bride's niece, Nevaeh Waling served as flowergirl.

Christopher Walsh served as his brother's best man. Groomsmen were the bride's brother, Alex Samborski and the groom's friends, Ronnie Bedway, William Schrage, Paul Smith and Jonathan Ramberger.

Ringbearer was the bride's cousin, Vincent Samborski.

The bride is a graduate of Michigan State University. She is a fourth-grade teacher at Ferry Elementary School in Grosse Pointe Woods.

The groom also graduated from MSU and is a CPA. He is a manager in the Detroit office of Plante Moran.

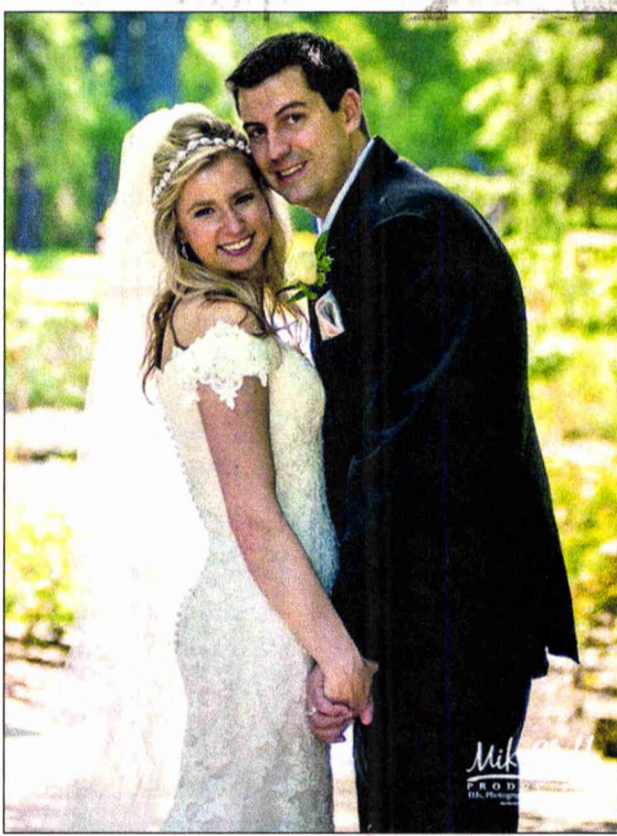
The couple honeymooned in Hawaii and live in Royal Oak.

### Palen-Krolikowski

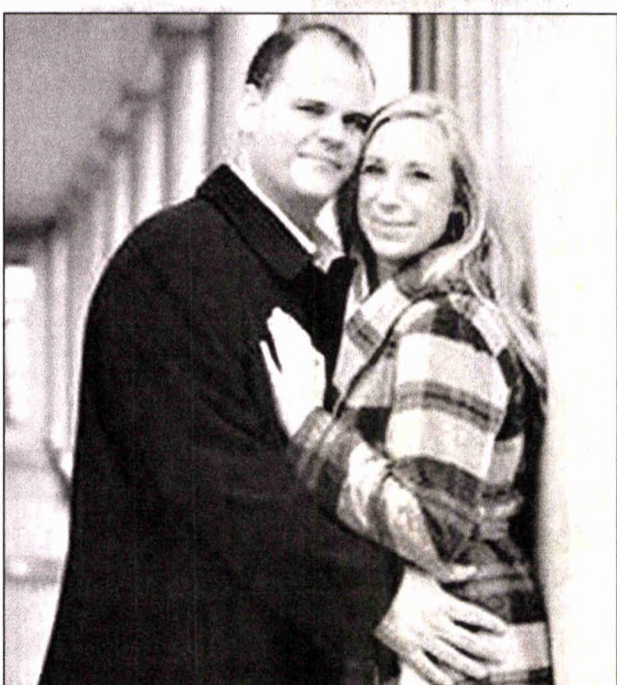
Jennifer Krolikowski and Peter Palen were married Friday, Aug. 18, 2017, at The War Memorial, Grosse Pointe Farms.

The bride is the daughter of Mr. and Mrs. Mark Krolikowski of Commerce Township. The groom is the son of Mr. and Mrs. Peter Palen of Grosse Pointe Farms.

The bride graduated from Oakland University with a bachelor's degree in nursing. She is a registered nurse in the endoscopy department at St. Joseph Mercy Hospital in Ann Arbor.



Kamille and Michael Walsh



Peter and Jennifer Palen

The groom graduated from the University of Michigan with a bachelor's degree in history and earned a master's degree in education from Wayne State University.

He is a history teacher and chairman of the social studies department at Grosse Pointe South High School. The couple reside in Grosse Pointe Farms.

## NEW ARRIVAL

### Joseph Raymond Mazzara II

Joseph and Erica Mazzara of Grosse Pointe Woods announce the birth of their son, Joseph Raymond Mazzara II, born Monday, Aug. 22, 2017.

Maternal grandparents are Patricia Maloney of Sterling Heights and Mark Maloney of St. Clair. Paternal grandparents are Jack and Kathleen Mazzara of the City of Grosse Pointe.

## Great Lakes Day set

Michigan United Conservation Clubs, the largest state-specific conservation organization in the nation, hosts Great Lakes Day at 10 a.m. Tuesday, Sept. 19, in Lansing.

Great Lakes Day at the Capitol is a day to connect membership and the public with policy work. Since 1937, MUCC has worked to conserve, protect and enhance Michigan's natural resources and outdoor heritage.

MUCC is pleased to host such a relevant and crucial event, said Nick Green, MUCC public information officer.

"In the history of our

Great Lakes, we have never had a threat like the Asian carp and the devastation it could the nation, hosts Great Lakes Day at 10 a.m. Tuesday, Sept. 19, in Lansing. Our job at MUCC and as conservationists is to protect and enhance our state's greatest resource so that our children can enjoy the Great Lakes as we have."

More than 20 legislators will attend the event. Topics of conversation include Asian carp, grass carp, the Brandon Road Draft, Lake Erie algal blooms, aquaculture and the Great Lakes funding initiatives and others.

For more information, contact Green at [nrgreen@mucc.org](mailto:nrgreen@mucc.org).

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4B | CHURCHES

PASTOR'S CORNER By the Rev. Justin Dittrich

# Healthy doubt

Doubt, for many, is a dreadful place. Many believe doubt is a sign of weakness and faithlessness. Some are haunted by the idea doubt leads to damnation: If faith saves, doubt condemns, right? Yet those of us who have a healthy amount of doubt mixed in with faith find that doubt is not the opposite of faith. Doubt often can lead to a deeper, more fruitful, experience with God. Here are some ways healthy doubt can help a faith journey.

- Healthy doubt is vital because:
- ◆ It reminds us life is rather unpredictable and our "ending" is unknown until we get there.
  - ◆ It reminds us there always is more to know. We are not "done" as a people.
  - ◆ It rewards honesty and authenticity.
  - ◆ It rewards truth above being right.
  - ◆ It promotes dialogues and opens doors when certainty closes conversation and destinations.
  - ◆ It promotes relationships beyond doctrine and knowledge.

- ◆ It promotes unearthing new information and insight.
- ◆ It promotes social, spiritual and personal growth.
- ◆ It reminds us we are not God. God has more tolerance for doubt than we do.

Certainty was what brought Jesus to the cross. The chief priest at the time was certain Jesus was not the messiah and did everything to prove he was right. Yet on the other hand, the Roman guards in the story came with open hearts. The crowd stayed curiously debating on the corner wondering about Jesus. Nicodemus wanted due order of justice to be done because he doubted the certainty of the chief priest. In the Gospel of John, certainty drove Jesus to the cross, while doubt was seeking life for Jesus and his people. May we all be open to the spiritual growth of doubt.

*Dittrich is the pastor at St. Paul Evangelical Lutheran Church, Grosse Pointe Farms.*

## St. Paul Ev. Lutheran Church hosts rummage sale

St. Paul Evangelical Lutheran Church, 375 Lothrop, Grosse Pointe Farms, hosts the East Side's Largest Rummage Sale 9 a.m. to 4 p.m. Friday, Sept. 8, and 9 a.m. to 3 p.m. Saturday, Sept. 9.

St. Paul's annual rummage sale offers something for everyone — clothing, books, furniture, toys, holiday items, office supplies, household items, small appliances, sporting goods, baby items, electronics and more. Additionally, its boutique offers new, collectible and name-brand items at bargain prices. The best selection is offered Friday; all items are half price Saturday.

Funds raised assist many organizations in need, including minis-

tries in Detroit and southeast Michigan, as well as Evangelical Lutheran Church of America World Outreach programs.

To make donations or for more information about the sale, visit [stpaulgp.org](http://stpaulgp.org) or call (313) 881-6670.



PHOTO COURTESY OF HEIDI KORTE

Members Margie and Alan Huizinga sort and stage items for the East Side's Largest Rummage Sale, which takes place Sept. 8 and 9, at St. Paul Evangelical Lutheran Church.

# CHURCH EVENTS

### Catholic Biblical School of Michigan

The Catholic Biblical School of Michigan is coming to St. Clare of Montefalco Parish in Grosse Pointe Park Wednesday evenings beginning this September. This four-year systematic study is an intensive program featuring 28 weeks of two-hour classes September to May. Classes include weekly homework, small-group discussion, lecture and a reading assignment over each summer. Partial scholarships are available for qualified students.

To register or learn more, call Fred Morath at (313) 570-8105 or Tamra Fromm at (313) 378-0868, or visit [cbsmich.org](http://cbsmich.org). Registration deadline is Saturday, Sept. 2.

### St. Paul on the Lake

St. Paul on the Lake Catholic Church, 157 Lakeshore, Grosse Pointe Farms, presents "Fresh Start: A Healing Ministry for the Divorced, Separated & Civilly Remarried," 7 to 9 p.m. two Thursdays each month, beginning Sept.

7. The program helps Catholics divorced, separated or remarried outside the Church share experiences and dialogue with others in a confidential group setting. Cost is \$10 for materials.

To register, email Deacon Bill Jamieson at [bjamieson@stpaulonthelake.org](mailto:bjamieson@stpaulonthelake.org) or call (313) 885-8855, Ext. 145.

### St. Margaret

St. Margaret of Scotland Church, 21201 13 Mile Road, St. Clair Shores, seeks crafters and artisans for its annual art and craft show, slated Saturday, Nov. 4.

For table reservations or information, call Carol at (586) 296-2745.

### Woods Presbyterian

Grosse Pointe Woods Presbyterian Church, 19950 Mack, Grosse Pointe Woods, presents a free community pancake breakfast 9 a.m. to 1 p.m. Sunday, Sept. 10. Gluten-free pancakes also are available. Special programs include "Fur, Feathers and Scales" 10 to 11 a.m. with Michigan wildlife, including a bald

eagle, from the Howell Nature Center, followed by live music by The Balduck Mountain Ramblers 11 a.m. to 1 p.m. Admission is free. Call (313) 886-4301.

### Memorial

Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms, hosts a Blessing of the Backpacks during worship Sunday, Sept. 17. Call (313) 882-5330.

The church hosts "The Novel as Theology," 7:30 to 9 p.m. Wednesday, Sept. 27, at the home of Peter and Shawn Henry. The group will discuss "The Handmaid's Tale" by Margaret Atwood.

### St. Michael

St. Michael's Episcopal Church, 20745 Sunningdale Park, Grosse Pointe Woods, hosts Feast Day 12:30 to 3:30 p.m. Sunday, Sept. 24, featuring food, games, themed baskets and live music. The celebration closes with prayer. Cost is \$5 in advance, \$6 at the door for two hot dogs, chips and a beverage. Call (313) 884-4820 or visit [stmichaelsgpw.org](http://stmichaelsgpw.org).

## High Holiday services offered

The Grosse Pointe Jewish Council holds High Holiday services, observing the Jewish New Year, Rosh Hashanah, Wednesday, Sept. 20, and Thursday, Sept. 21.

Services for Yom Kippur, the Day of Atonement, take place Friday, Sept. 29, and Saturday, Sept. 30. Rabbi

Joe Klein officiates with cantorial soloist Bryant Frank. There are special children's services both holidays.

The GPJC strives to promote the heritage and traditions of the Jewish religion and culture for the benefit of its membership and the community of metro Detroit's east side and

offer an educational and social forum for its members.

The GPJC sponsors a Sunday religious school for children, lectures on religious and cultural topics, social events and Shabbat services.

For information on High Holidays and membership, call the GPJC at (313) 882-6700.

# WORSHIP SERVICES

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*All are welcome!*

**Sunday Schedule**  
9:30 am Worship/Holy Communion  
10:45 am Christian Education  
For All Ages!

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[www.christthekinggp.org](http://www.christthekinggp.org)

**SUNDAY**  
8:15 & 10:45 a.m. - Worship Service  
9:30 a.m. - Bible Study  
10:45 a.m. - Sunday School

**MONDAY**  
7 p.m. - Worship Service  
2nd & 4th Monday of the Month

**WEDNESDAY**  
10 a.m. - Bible Study

**Randy S. Boelter, Pastor**  
*Making New Disciples - Building Stronger Ones*

**Grosse Pointe Congregational Church**  
(United Church of Christ)

**Worship Sunday at 10:00 am**  
Rev. Richard Yeager-Stiver  
*An Open & Affirming Church*  
240 Chalfonte G.P. Farms  
313-884-3075  
[www.gpccong.org](http://www.gpccong.org)

**FIRST ENGLISH EVANGELICAL LUTHERAN CHURCH**  
800 Vernier Road (Corner of Wedgwood)  
(313) 884-5040

**Sundays**  
10:00 a.m. Worship

**Wednesdays**  
7:00 p.m. Worship

Rev. Sean Motley, Senior Pastor  
~ "Go Make Disciples" ~  
[www.feelc.org](http://www.feelc.org)

**Saint Ambrose Catholic Church**  
15020 Hampton  
Grosse Pointe Park,  
Michigan 48230-1302

**Masses**  
Saturday Vigil — 4:00 p.m.  
Sunday — 8:30 and 11:15 a.m.

(313) 822-2814 • [stambrose@comcast.net](mailto:stambrose@comcast.net)  
• [stambrosechurch.net](http://stambrosechurch.net) • [facebook.com/stambroseparish](https://facebook.com/stambroseparish)

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[www.stjamesgp.org](http://www.stjamesgp.org)

*Summer Schedule*  
**Sundays**  
**Holy Eucharist**  
9:30 a.m.

*An inclusive community celebrating God's grace through Worship, Service and Hospitality*

The Rev. Denise M. Grant  
Evangelical Lutheran Church in America

**Grosse Pointe UNITED METHODIST CHURCH**  
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211 Moross Rd.  
Grosse Pointe Farms  
886-2363

**SUNDAY WORSHIP**  
9:30 am

**CHURCH SCHOOL**  
9:45 am 4 yrs. - 5th Grade  
11:00 am Adult Sunday School  
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# OBITUARIES

Obituary notices are purchased and often prewritten by family or friends. While we try to run obituaries as submitted, we nevertheless reserve the right to edit for accuracy, style and length.

## Paul Frederick Decker

Grosse Pointe Farms resident Paul Frederick Decker, 88, died Sunday, Aug. 27, 2017.

He was born Sept. 10, 1928, in New Castle, Pa., to Herman and Ester Decker. He enrolled at Westminster College in New Wilmington, Pa., and graduated after serving in the U.S. Army during the occupation of Japan. Following experience in industrial sales, he studied business administration at the University of Pittsburgh and came to Detroit in 1955 to work for Chrysler Corp.

He found working for Chrysler exhilarating. The company was a lifelong passion, having been introduced to it as a child by his uncle who owned a dealership. His enthusiasm continued well beyond his retirement from the company in 1994 after 39 years of service.

Paul lived at Shangri-la when he moved to Detroit and was an avid sailor. He competed in several classes of one-designs and completed multiple Mackinac races too.

As his sons grew, his interests shifted to Little League Baseball where he coached for years and eventually, as president of the Grosse Pointe Farms Little League,

helped merge the Farms and City Little Leagues into the combined Grosse Pointe Farms-City Little League.

Paul was a member of Crescent Sail Yacht Club, Society of Automotive Engineers, Engineering Society of Detroit, Senior Men's Club of Grosse Pointe and the Grosse Pointe Men's Ecumenical Breakfast. More recently he served on the board of trustees of his alma mater, Westminster College.

Paul is survived by his beloved wife of 54 years, Suzie Decker (nee Sisman); sons, Paul (Gretchen) and Ross (Elena Calvillo) and grandchildren, Ted, Annie, Isabel and Penelope.

Visitation is 5 to 7 p.m. Thursday, Aug. 31, at Verheyden Funeral Home, 16300 Mack, Grosse Pointe Park.

A funeral service will be 10 a.m. Friday, Sept. 1, at St. John's Episcopal Church, 2326 Woodward, Detroit, MI 48201.

Donations may be made to the Crescent Sailing Association (supporting junior and adult learn-to-sail programs), 276 Lakeshore, Grosse Pointe Farms, MI 48236 or Grosse Pointe Farms-City Little League, P.O. Box 36898, Grosse Pointe Farms, MI 48236.

Share a memory at verheyden.org.

## Marilyn Miriani

Marilyn "Lynn" Miriani, of St. Clair Shores, passed away Saturday, Aug. 26, 2017. She was 82.

Lynn was the loving wife of Donald for 61 years; dear mother of Donna Lynn Waller (Robert), Dana Miriani, Deanne Batra (Sanjay), Dennis Miriani (the late Carrie) and Kimberly Joy Ronnisch (Andrew) and grandmother of eight girls and four boys. She also is survived by her sister, Nancy Boutin.

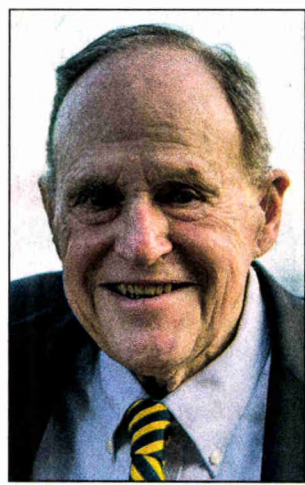
She was predeceased by her brother, Ronald Charon.

Lynn dedicated her life to her family and friends. She opened her heart to many newborns in foster care in the late 1960s. She shared her many talents, including sewing, crafting and home decorating with her children and grandchildren. She also loved old movies, cooking family recipes, hydrangeas and anything blue and white.

A greeting period begins at 9:30 a.m. Friday, Sept. 1, at St. Ambrose Catholic Church, 15020 Hampton, Grosse Pointe Park, until the memorial Mass at 11 a.m.

In lieu of flowers, donations may be made to the Capuchin Soup Kitchen at cskdetroit.org

Share a memory at verheyden.org.



Paul Frederick Decker



Marilyn Miriani



Alberta Joyce Van Pelt

## Alberta Joyce Van Pelt

Alberta Joyce Van Pelt passed away Monday, Aug. 21, 2017, at her home in the Ocean Reef Club, Key Largo, Fla. She was 97.

Born May 16, 1920, in Detroit, she was a graduate of St. Rita High School. Most of her life was spent in Grosse Pointe where she was an active boater, tennis player and bowler.

Alberta was predeceased by the love of her life, David B. Van Pelt, her husband of more than 50 years. She and Dave had four children, Thomas, Carol, David and Bruce. She was a devoted grandmother who doted on all seven grandchildren.

Alberta's spare time was spent helping charitable groups. An avid reader, she was a member of several book clubs.

She will be deeply missed by family and friends.

A funeral service was held Aug. 28 at A.H. Peters Funeral Home, Grosse Pointe Woods. Entombment took place at Evergreen Cemetery in Detroit.

## Michael Frederick Wilson

Michael Frederick Wilson, 73, passed away peacefully Friday, Aug. 25, 2017, surrounded by his family at the John D. Dingell Veterans Affairs Medical Center in Detroit.

He was born July 24, 1944, in Detroit to Harold and Margaret (nee Murphy) Wilson.

Mike is survived by his loving and devoted wife, Sandra; adoring children, Christine Fudge (Robert), Melissa Ezz (Ahmed), Michelle Anderson (Erik) and Scott Goosen (Paula); loving grandchildren, Julia, Hannah, Matthew, Emily, Renae (Tyler), Omar and Salem; sister, Patricia Cassidy (the late William); brother, Jerry Wilson (Linda); sisters-in-law, Kathleen Wilson and Martha Wilson; brother-in-law, Mel Wann (Cindy) and many loving nieces and nephews.

In addition to his parents, he was predeceased by his brothers, David, Timothy, Thomas and Daniel and sister, Peggy.

Mike was known around his neighborhood as the "Mayor of St. Clair" and will be remem-



Michael Frederick Wilson

bered as the proud Irishman waving hello from the front porch.

A funeral service will be held at 11 a.m. Friday, Sept. 1, at Jefferson Avenue Presbyterian Church, 8625 E. Jefferson Ave., Detroit.

The family would like to extend its gratitude to the VA Hospice staff for their utmost kindness and excellent care.

In lieu of flowers, donations may be made in Mike's name to the Wounded Warrior Project, P.O. Box 758517, Topeka, KS 66675 or at woundedwarriorproject.org or to Jefferson Avenue Presbyterian Church Memorial Fund, 8625 E. Jefferson, Detroit, MI 48214.

## Interfaith prayer service to celebrate International Peace Day

All faiths and cultures are invited to an interfaith prayer service to celebrate International Peace Day at 7 p.m. Thursday, Sept. 21, at St. Bonaventure Monastery Chapel, 1780 Mount Elliott, Detroit. The evening is sponsored by the Capuchin ministries, including the employees of the Capuchin Soup Kitchen and Solanus Casey Center. Security and lighted parking are available.

Rochelle Riley, award-winning Detroit Free Press columnist and Detroit activist, is the featured speaker. She plans to speak about bringing peace to the people of Detroit.

Also featured is Naim Edwards, an environmental specialist for the city of Detroit, who offers a reflection on bringing peace to the earth of Detroit.

The St. Charles Praise Dancers and Capuchin

Soup Kitchen Choir also perform. Refreshments are served after the service.

"For the sake of our country and the sake of our children, we all need to plant seeds and gardens of peace," said Sister Nancyann Turner, director of the soup kitchen's Rosa Parks' Children's Program.

For more information or directions, call Sally McCuen at (313) 579-2100, Ext. 149.

## Rally Day, luncheon start fall schedule

Rally Day takes place 10 a.m. Sunday, Sept. 10, at First English Evangelical Lutheran Church, 800 Vernier, Grosse Pointe Woods, during a celebratory service conducted by the youth.

Rally Day isn't just for children — the whole congregation and friends are invited.

Following worship, a potluck luncheon with mains, drinks and desserts is provided at no

charge. A bounce house experience is offered in the Luther Center.

The community is invited to this casual event, which ends at noon, to learn about the ministries of First English, including its youth program, 8for4, boards, choirs and more.

The event signals the start of the season when children — age 3 through fifth grade, junior high and high school students — take part in Sunday

school classes at 9:30 a.m. Renata Conger is the education/youth coordinator.

First English, served by the Rev. Sean Motley, senior pastor, returns to its regular two-service schedule Sunday, Sept. 17, with contemporary worship at 9:30 a.m. with Holy Communion and traditional worship at 11 a.m. with Holy Communion the first and third Sundays.

Call the office at (313) 884-5040.

## Holiday deadline

Due to the Labor Day holiday, obituary information for the Sept. 7 issue of the Grosse Pointe News is due 3 p.m. Friday, Sept. 1. Obituary forms are available at grossepointenews.com or copy may be emailed to karen@grossepointenews.com.

### Michael F. Urban



Michael F. Urban, 50, died suddenly of a heart attack Tuesday, April 4, 2017.

He was deeply loved by his mother, Wilma Urban, and sister, Christina Minnie (Trevor). Mike deeply loved his nephews, Christian and Simon Minnie and niece, Kate Minnie. He also loved all of his cousins and their families. He was predeceased by his father, Neil F. Urban.

Michael was a gentle, kind, loving person who cared for his mother after the death of his father. He was unique and lived life on his own terms. Michael is now one with Divine Mind.

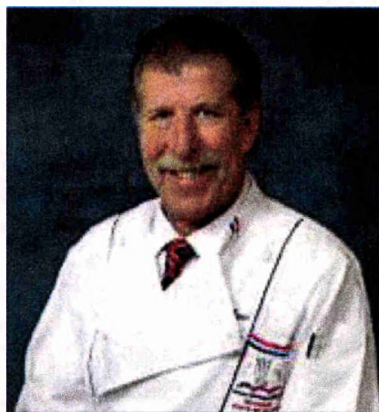
A memorial service will be held at 1 p.m. Saturday, Sept. 9, at Hope United Church of Christ, 35127 Garfield, Clinton Township.

## MICHAEL ROBERT GREEN

59 year old Michael Robert Green of St. Clair Shores made his final journey on this Earth to meet the Lord on August 18, 2017. Michael had been battling cancer for over a year with an incredible will to live each day to the fullest. The last while was spent remembering and reflecting on his full life with his beautiful wife of 28 years, Colleen, and his three children, Corinne, Christopher and Clayton.

Michael was first a son to his wonderful parents, Robert and Donna (Grandma Duck Duck) Green. As Michael grew in his parents' image, he also lost his father to cancer. His mother was a caregiver of both Michael and his father to the end. As a close family, Michael's brother, Dan, and two sisters, Jane and Ginger, always spent time together hunting, fishing, cooking, and celebrating with each other.

Michael was passionate about his loves — good food, good friends, good family, and good times, especially at Houghton Lake. He spent his life giving as a teacher, mentor, scout, uncle, father and husband. One of his most incredible talents was to make beautiful culinary art, wood carvings,



Michael Robert Green

and ice carvings out of the simplest of resources. He traveled the world competing as a culinary artist, yet still found time to share his talents with everyone around him on all occasions.

Regardless of the capacity in which you knew Michael, he was always serious about making the world a better place so his children would be safe and loved in his arms.

Michael's memorial will be held Saturday, Sept. 16, 2017, at Pier Park, 350 Lakeshore

Road, Grosse Pointe Farms. Drop in any time between 7 and 10 p.m. Dress is business casual. Upon arrival at the park, inform the guard you are there for Michael Green's memorial.

We have reserved both the boathouse and the pavilion for an informal memorial reception to honor Michael. Hors d'oeuvres and non-alcoholic beverages will be served. RSVP to Corinne Brandner by Sept. 6. Call or text 763-710-0918 or email ckgreen@mtu.edu.

For updates on his memorial, visit Michael's Caring Bridge site at caringbridge.org/visit/michaelgreen3. If you would like to contribute memories to be shared at the memorial, please post them on the caring bridge site.

In lieu of flowers, the family is requesting donations be made to Mike Green Memorial at Cole Canoe Base, 1356 East Greenwood Road, Alger, MI 48610 or Michigan Crossroads Council Great Lakes Field Service Center, 1776 W. Warren Ave., Detroit, MI 48208, in Michael's honor.



Above, participants search the trees for birds during a previous walk at the Ford House. Right, this Carolina wren was spotted during a walk.



PHOTOS BY ANDREA ROSE

## Fall bird walks at Ford House

Each year, Rosann Kovalcik, owner of the Wild Birds Unlimited in Grosse Pointe Woods, leads public bird walks, fueled by the desire to bring people and nature together.

During these walks, she and her team of helpers lead bird watchers of all levels throughout the grounds of the Edsel and Eleanor Ford House. The property contains a mixed habitat which houses a variety of resident and migrant birds. Because birds migrate during spring and fall, these are some of the best months to look for birds. More than 190 species of birds have been seen during Kovalcik's history of bird walks at the Ford House.

"Me and my family were blown away by the diversity (of bird species) at the Ford Estate," said past attendee Dennis Kocienda. "This proves that nature can be found and enjoyed without traveling very far."

Walks typically last two hours, but

may vary due to group size, weather conditions and birds seen. Participants are encouraged to bring binoculars, though Kovalcik does provide some loaner pairs for those who need them. Guests should wear multi-layered clothing and waterproof footwear, and be prepared for a few hours of walking the grounds.

Cost is \$5 per person per walk. This reduced rate is due to renovations to the activities center, which prevents the group from meeting after the walk, as is customary. Tickets for upcoming walks may be purchased online at [fordhouse.org/events](http://fordhouse.org/events).

The fall schedule includes:

- ◆ 8 a.m. Saturday, Sept. 23;
- ◆ 8 a.m. Saturday, Oct. 28 and
- ◆ 8 a.m. Saturday, Nov. 18. More

information on the bird walks may be found at [facebook.com/wbu](http://facebook.com/wbu) [grossepointewoods/events](http://grossepointewoods/events).

# Prevention and preparation

## Mental Health First Aid Training planned

By Jody McVeigh  
Editor

One in five Americans will face mental illness during their lifetime and more than 20 million Americans age 12 and older will face addiction.

Only 41 percent of these Americans will get the treatment they need.

These statistics from [mentalhealthfirstaid.org](http://mentalhealthfirstaid.org) are among the reasons why The Family Center, in partnership with the Grosse Pointe News and Grosse Pointe Memorial Church, are offering Mental Health First Aid Training for adults who work and interact with youth.

Training takes place 5:30 to 9:30 p.m. Wednesdays, Sept. 13 and 20, at Memorial Church, 16 Lakeshore, Grosse Pointe Farms. Participants must commit to both four-hour courses.

"This is much like CPR training," said Debbie Liedel, executive director of The Family Center. "It's a three-year certification to be a first responder. So if someone

talks to you about a sensitive issue like depression or suicide, you should have the skill set to guide them — not treat them — but guide them through it."

Liedel said professionals and lay people are invited to the free course, which is geared toward people who regularly interact with ages 14 to 25. Professionals could include nurses, teachers, police officers, coaches, faith leaders and colleagues.

"With lay people, maybe they have someone in their life, maybe a family member, or maybe they're struggling themselves," Liedel said. "It's really open to anyone."

Mental Health First Aid Training teaches participants how to reach out and offer help to someone in need. They'll learn to assist someone having a mental health or substance abuse crisis.

Through lecture, interactive projects and role-playing, participants learn risk factors, warning signs, strategies for

helping someone in crisis and non-crisis situations and where to turn for help. This could apply to panic attacks, suicidal thoughts and behaviors, self-injury, overdose or withdrawal, or reactions to traumatic events.

"This is training you can access free through the state of Michigan," Liedel said. "We're hoping we can train almost 30 people to have this certification. It creates further awareness for individuals. Why do people take CPR? This is the same thing — so you can handle situations as they arise."

"After a crisis happens, a lot of time people wonder what they could have done different, what signs they should have looked for," she continued. "This will help them know what the signs are. It's all about prevention and being prepared."

Participation is limited to 30 people.

To sign up for Mental Health First Aid Training, visit [familycenterweb.org](http://familycenterweb.org) or call (313) 447-1374.

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PHOTO BY RENEE LANDUYT

Karen Labarge gets ready to putt while Connie Lucchese, Nancy Kennedy and Beth Jaskolski look on.

## Lochmoor Club hosts golf fundraiser

Wednesday, Aug. 9, Lochmoor Club hosted Lochmoor Fights Cancer, a golf event to benefit the Van Elslander Cancer Center Needy Patient Fund at St. John Hospital & Medical Center. The fund assists patients with co-pays for medical bills, transportation, utility bills, prescription payments and other costs.

The event, organized by the Ladies of Lochmoor, was filled to capacity, with nearly 120 golfers teeing off for the four-person scramble. Afterward, golfers were joined by additional luncheon guests who filled the ballroom for a buffet, raffles and silent auctions, as well as an address by featured speaker Tracey Steeves, a cancer survivor and recipient of support from the Van Elslander Cancer Center Needy Patient Fund.

The event was co-chaired by Kathy Jerger, Marilyn Zimmer and Patty Vaughn, with help from a committee that garnered donations.

The community also supported the event with hole sponsorships, raffle and auction donations, in-kind donations and participation. The planning committee is tallying income and will present all proceeds from the event to the Cancer Center.



Lochmoor Golf Club painted the cups pink and changed the course flags to pink ribbon flags for the event.



Gail Howe, Katie McSkimming, Erin Collins and Kristy Donnellon dressed in Grosse Pointe pink and green accessories for the golf event.

PHOTOS BY RENEE LANDUYT



Left, Mary Ellen Brayton gets ready to swing while her teammates Katie Smith, Suzi Ramadan and Dedria Cruden wait their turn.

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**ASK THE EXPERTS**

By Training & Treatment Innovations Inc.

**Mental Health First Aid training sessions near**

**Q: Can you tell me about the Mental Health First Aid training sessions being offered through The Family Center this fall. Who should attend and what can we expect if we do?**

**A:** Just like First Aid and CPR training provide people with the skills to help someone experiencing a physical health crisis, Mental Health First Aid is a course, designed for lay people, to provide the skills needed to reach out to a person experiencing a mental health crisis. There are two primary formats for MHFA — adults and youth.

The fall session we are hosting in September is focused on youth. The Youth Mental Health First Aid course is

designed for adults who work with young people, ages 12 to 18 — teachers, coaches, leaders of faith communities, social workers and other caring citizens. Anyone is welcome to attend.

You are more likely to encounter someone — friend, family member, student, neighbor or member of the community — in an emotional or mental crisis than someone having a heart attack. Youth Mental Health First Aid teaches a 5-step action plan to offer initial help to young people showing signs of a mental illness or in a crisis and connect them with the appropriate professional, peer, social or self-help care.

The training introduces

participants to the unique risk factors and warning signs of mental health problems in adolescents, builds understanding of the importance of early intervention and teaches individuals how to help a youth experiencing a mental health crisis or challenge. You will participate in role-playing and simulations to demonstrate how to assess a mental health crisis.

Often, when someone is experiencing a mental health crisis, the people around them do not intervene because they don't know what to do and are afraid of making the situation worse by "saying the wrong thing." This course does not train participants to diagnose or provide any counseling

**SAVE the DATES**

Mental Health First Aid Training: For Adults Working/Interacting with Youth  
5:30 to 9:30 p.m. Wednesdays, Sept. 13 and 20, at Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms.

Presented by The Family Center, in partnership with Training & Treatment Innovations Inc., Grosse Pointe Memorial Church and Grosse Pointe News.

Participants must attend both sessions to receive the three-year certification.

Attendance for this free program is limited to 30 pre-registered participants. Register online at [familycenterweb.org](http://familycenterweb.org) or call (313) 447-1374.

**The Family Center**

**ASK THE EXPERTS articles**

offers concrete tools and answers key questions, like "what do I do?" and "where can someone find help?"

For more than 25 years, TTI has provided behavioral health services and support to individuals and families affected by disability. From outpatient therapy to support/educational groups to information and referral, TTI seeks to support children, teens and adults with disabilities to live and participate fully in their communities. While the agency has six offices serving southeastern Michigan, local offices in

Sterling Heights and Troy serve Macomb and Oakland county residents.

The Family Center's mission is to serve the community through programs and resources vital to today's families. As a nonprofit organization, it is completely supported by community donations. To learn more, visit [familycenterweb.org](http://familycenterweb.org), call (313) 477-1374 or email [info@familycenterweb.org](mailto:info@familycenterweb.org).

The Family Center's new address is 32 Lakeshore, Grosse Pointe Farms, and new phone number is (313) 477-1374.

**Call for entry to 'Our Rivers Our Lakes'**

The Grosse Pointe Artists Association opens a call for entry to its 11th annual "Our Rivers Our Lakes" exhibit.

The deadline is Thursday, Sept. 14. All media are welcome.

The exhibition is a celebration of fresh water — the Great Lakes, inland lakes, rivers and streams.

Treena Flannery Ericson, gallery director of the Scarab Club since 2003, serves as juror. Ericson served on the public art committee for the Midtown Detroit Inc. Greenway Loop Project and is a frequent speaker and panelist on issues related to the metro Detroit arts community.

The Best of Show designation awards either \$750 or a solo show to be scheduled next year. The second place award is \$500 and third place is \$250. Two honorable mentions also are given.

The exhibition runs Monday, Oct. 2, to Friday, Oct. 27, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms, then moves to Services for Older Citizens, 158 Ridge, Grosse Pointe Farms, Tuesday, Oct. 31, to Friday, Dec. 1.

An awards ceremony and reception take place 3 to 5 p.m. Sunday, Oct. 8, at The War Memorial. A reception and program take place 6 to 8 p.m. Thursday, Nov. 9, at SOC.

Online submission is available at [grossepointeartcenter.org](http://grossepointeartcenter.org).



PHOTOS BY RENEE LANDUYT

Bob Aitchison and his great-granddaughter, Viviana Ostrowski, blow out the candles on his birthday cake.



Services for Older Citizens Executive Director David Dieter presents an American flag to Bob Aitchison. The flag, from U.S. Sen. Gary Peters, was flown over the state capitol July 1, 2017.

**100 years young**

Bob Aitchison was born Aug. 15, 1917, in Chicago, then moved to Cincinnati and then Detroit during his childhood.

After serving in World War II as an Army Signal Corp staff sergeant, he was a punch press operator foreman, then a Twin Pines milkman 18 years and finally a broker and real estate salesman.

He married Katherine and had two sons.

His current residence is at the American House/Cottage, but Aitchison previously resided in Grosse Pointe Park. He starting coming to

Services for Older Citizens in 2002, became a regular and graduated from bingo to Texas Hold'em Poker until fairly recently.

An avid sportsman, he excelled in everything in

which he participated, including softball, baseball, fishing, boating, bowling and golf.

Aitchison has tons of friends, according to S O C Program Coordinator Susan Mary Kopf, because of his good nature and his "extremely charming personality."

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**911 memorial unveiling, dedication set**

The public is welcome to a dedication ceremony at 6 p.m. Monday, Sept. 11, at AMVETS Post 57, 19730 Harper.

A piece of I-beam pulled from the wreckage of Ground Zero has been mounted and displayed to honor those lost in the 2001 attacks, as well as first responders who risk their lives daily.

The dedication includes a keynote address from John Tyler Iacovetta, who was in fifth grade in New York at the time of the attacks.

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*John Minnis, Publisher*



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# SPORTS

CROSS COUNTRY

## Sweet start

South girls and boys, plus North girls run to success PAGE 2C

2C FOOTBALL | 2C SOCCER | 2C VOLLEYBALL, FIELD HOCKEY | 3-4C CLASSIFIEDS

### Football

#### GROSSE POINTE SOUTH

## Just short

By Bob St. John  
Sports Editor

A young team learned some valuable lessons as host Grosse Pointe South dropped its season opener 22-20 to Detroit Cody last week.

"This is a young team and we made too many mental and physical mistakes tonight," head coach Tim Brandon said. "We had our chances, but we didn't play well enough to win. We will break down tape and practice hard for our next opponent, Utica."

The Blue Devils started off fast, scoring a touchdown on their first series when senior Jermaine Young ran in for the score early in the first quarter.

A bad snap on the extra point try forced an incomplete pass, leaving the score 6-0.

Cody used two big plays to score its first touchdown, but a missed extra point left it a 6-6 game midway through the opening quarter.

Young scored again on a short run and senior Cam Shook kicked the PAT to give the home

team a 13-6 lead.

On the ensuing possession, the Comets scored on a 57-yard pass play and took the lead after converting a two-point conversion run.

Shook came up a half-yard short on a 47-yard field goal try in the final 30 seconds of the first half.

There was just enough wind blowing against the ball to force the kick to just miss going through the uprights.

Cody scored on a 53-yard run in the third quarter and ran in the two-point conversion to grab a 22-13 lead.

South cut the deficit to 22-20 early in the fourth quarter when Young scored his third touchdown of the game on a short run. Shook kicked the PAT.

The Blue Devils' defense did their job, getting the ball back twice in the final six minutes, but the offense turned the ball over both times.

Young also caught two passes to go with his three scoring runs and senior quarterback Davis Graham was 11-of-21 for



PHOTO BY PAUL KANIA

South's Jacob Hinkle returns an interception late in the first half of the Blue Devils' season opener against Detroit Cody.

114 yards and three interceptions. He also ran the ball seven times for 21 yards.

The leading receiver was senior Jacob Hinkle with five catches for 85 yards.

Others with receptions were senior Alexander Saubier and junior Riley Francis.

Defensively, Hinkle

had an interception and junior Terrence Lane had a quarterback sack. The defense also forced a couple of fumbles.

Grosse Pointe South is 0-1 overall.

Next for the Blue Devils is their Macomb Area Conference White Division opener at home at 7 p.m. Thursday, Aug. 31, against Utica.

### Tennis

#### LIGGETT

## Hot start

By Bob St. John  
Sports Editor

The No. 1 ranked team in Division 4, University Liggett, opened its boys' tennis season in style last week, sweeping the four events it competed in.

The Knights traveled to Portland and won the invitational, beating North Muskegon, Portland and Paw Paw.

"We started strong and played well in the opener," head coach Mark Sobieralski said.

Singles players William Cooksey, No. 1; Christian Ilitch, No. 2; Casey Scoggin, No. 3; and Andrew Staricco, No. 4, breezed to easy wins.

The doubles teams were Alec Azar and Maddie Fozo at No. 1, Tommy Van Pelt and Spencer Warezak at No. 2, Matt Lesha and Craig Buhler at No. 3, and Ryan Warezak and Patrick Ilitch at No. 4.

The Knights followed that by finishing 3-0 in a home invitational, beating Port Huron Northern, Allen Park and Frankel Jewish Academy 8-0.

In their third invita-

tional, the Knights beat East Grand Rapids 8-0, Grand Rapids Forest Hills Central 8-0 and Holland West Ottawa 8-0.

Cooksey, Christian Ilitch, Scoggin and Staricco remained in the singles flights, while Azar and Fozo, Van Pelt and Spencer Warezak and Lesha and Buhler stayed the same.

The only change in the lineup came at No. 4 doubles where Victor Logan returned from injury to play with Patrick Ilitch and they won their three matches.

Last weekend Liggett improved to 9-0, beating Grosse Ile 8-0 and Parma Western 8-0. They also beat the No. 3 ranked squad in Division 4, Traverse City St. Francis, 5-3.

Cooksey and Staricco won their singles matches, while Fozo and Azar, Van Pelt and Spencer Warezak, and Lesha and Buhler won.

"We have a lot of leadership on this team and we are not surprised at our solid start," Sobieralski said. "We have big matches ahead."

### Volleyball

#### GROSSE POINTE NORTH

## Norsemen work on team cohesiveness

By Bob St. John  
Sports Editor

It was a busy opening week for the Grosse Pointe North girls' volleyball team, which finished 3-3 in the Grand Haven Tournament.

The Norsemen beat Kenowa Hills 25-17, 25-11, South Christian 25-19, 25-11, and St.

Joseph 26-24, 25-19. They lost 26-24, 25-16 to Mason, 25-13, 25-18 to Grand Haven, and 25-14, 25-23 to Lowell.

Leading the offense were Abby Kanakry with 34 kills and six aces, and Meredith Kraus with 22 kills and 14 aces.

Rachel Malinowski had 12 kills and Kirstin Bessette had 69 assists in

the six matches.

Defensively, Kraus had seven digs, while Anna Post and Evelyn Zacharias had six digs apiece.

Head coach Chelsea Brozo and her Norsemen also competed in the Dakota Invitational, finishing 2-3-1.

They beat Marysville 15-25, 25-18, 15-10, and

Lakeland 25-11, 25-16, plus tied Utica Eisenhower 14-25, 25-17.

They lost 25-21, 27-25 to Romeo, 25-7, 26-24 to Birmingham Seaholm and 25-21, 25-19 to Rochester Hills Stoney Creek.

Kanakry and Kraus had 35 and 32 kills to lead the offense, while Malinowski chipped in

with 10 and Maria Zaki had nine.

Bessette finished with 80 assists and on the defensive side, Regan Sliwinski had 14 blocks, followed by Kanakry with 10 and Kraus with seven. Camryn Simon had nine digs, followed by Zacharias with seven.

Head coach Chelsea Brozo scheduled the

tough tournaments to give her players a chance to gel and play good competition.

Grosse Pointe North is 5-6-1 overall and travels to arch rival Grosse Pointe South Thursday, Sept. 7.

South opens its season Friday, Sept. 1, competing in the Bedford Tournament.

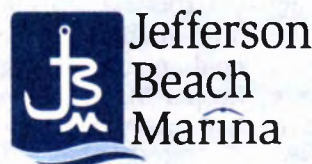
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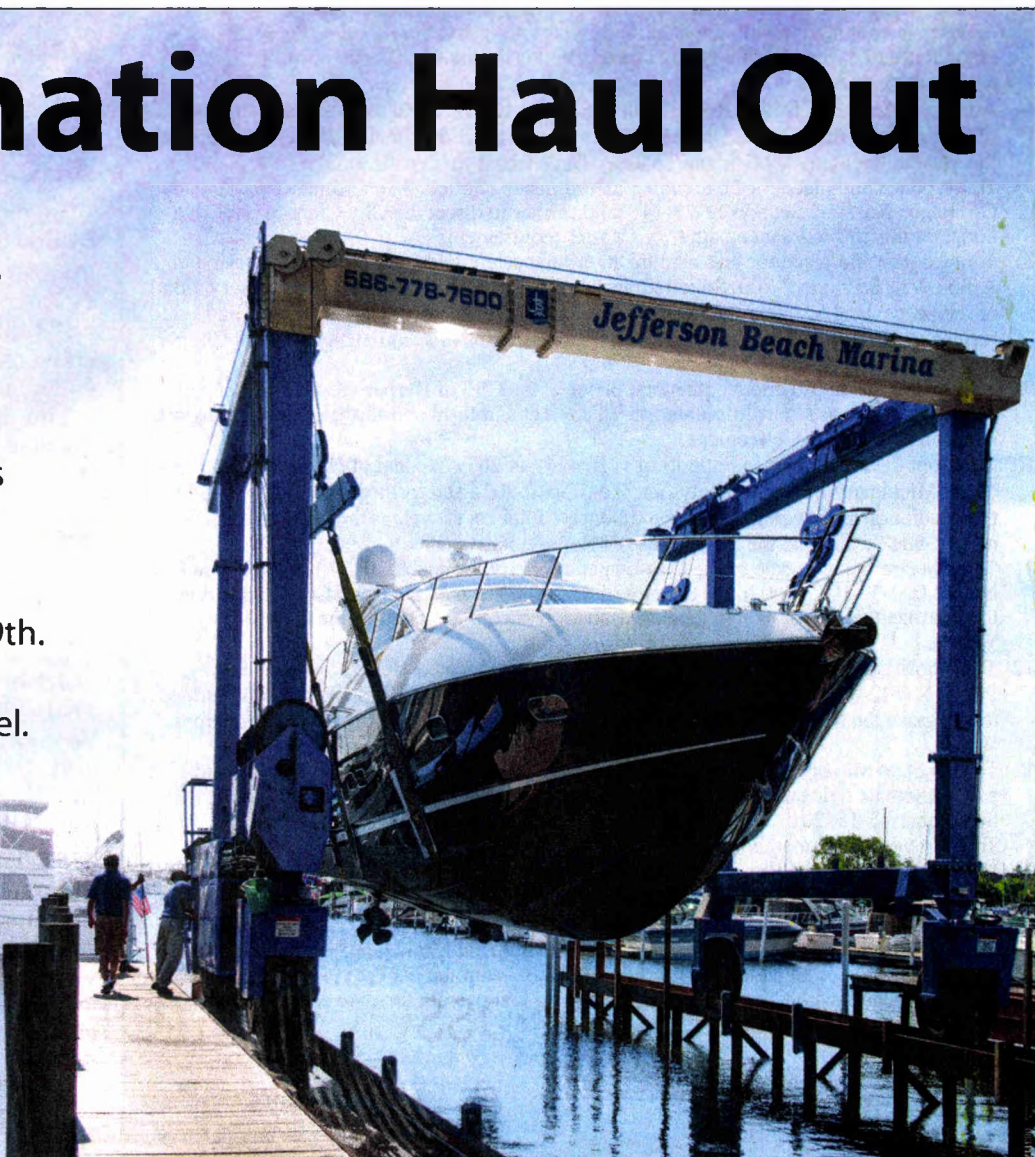
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2C | SPORTS

**Football**

LIGGETT

# Time to learn

By Bob St. John  
Sports Editor

University Liggett played well in its season opener last week, but lost 17-7 to host Waterford Our Lady of the Lakes.

“The best way for our young team to learn is to experience adversity, and we experienced some in our opener,” head coach Dan Cimini said. “We played well on both sides of the ball, but turnovers killed some drives and we up gave a couple of big plays defensively. That was the difference in the game. “This was a game we could have won.”



PHOTO BY BOB BRUCE

**Liggett junior Brady McCarron is loose for a long run in the Knights' season opener against Waterford Our Lady of the Lakes.**

Junior Brady McCarron led the way, running for 130 yards and a touchdown, plus had a team leading 14 tackles. Sophomore Drew Zelenak chipped in with nine tackles and senior Colin McMann had eight tackles from their linebacker positions. “Our offensive and defensive lines played great,” Cimini said. “We were able to run the ball well, but those four turnovers hurt. We had good play from our linebackers, too.” Liggett is 0-1 overall and hosts Rochester Hills Lutheran Northwest in its home opener at 5 p.m. Thursday, Aug. 31.

**Cross country**

NORTH & SOUTH

# Successful starts

It was a good day to be a Grosse Pointe cross-country runner.

Last weekend at the season-opening Mariner Invitational at East China Park, Grosse Pointe North girls' and Grosse Pointe South girls' and boys' squads enjoyed success.

Both South squads won the race, while North was second.

South won the 15-team girls' race with 35 points and North had 43.

Each of the top seven Blue Devil runners earned a medal with their top-30 placement. The team was led by junior Devon Krasner, who won the race with a time of 20:49.

Others in the top 10 were sophomore Sarah Bellovich, fifth at 21:47, and senior Leah Mackay, sixth at 21:50.

“The first big meet always presents challenges,” South head

coach Steve Zaranek said. “We handled them well. Our varsity made a great attempt to follow our strategy and this race gave us great ideas where to focus from this point forward.”

Freshman Lizzy Bellovich made her South varsity debut, placing 11th overall with a time of 22:15 and senior Abby Hurst was 12th at 22:17. Also earning a medal was senior Natalia Szura, who was 16th with a time of 22:43 and junior Abbey Guevara, 30th at 24:08.

For North and head coach Scott Cooper, its top seven each earned a medal and were senior Lauren Sickmiller, second with a time of 20:58; Sara Michalik, third at 21:01; senior Kate Wozniak, eighth at 21:54; senior Jenna Miller, 14th at 22:22; Katie Louwers, 18th at 23:00; Caroline Mrsan, 22nd at 23:39;

and senior Stephanie Schaefer, 28th at 23:39.

“These girls ran well together to start the race and then individually pulled ahead, knocking down opponents on the way to the finish line,” Cooper said.

South head coach Mark Sonnenberg and his boys' squad had 38 points to take first. Each of his runners earned a medal.

The Blue Devils were led by junior Blake Weaver, who won with a time of 17:43. Senior Rockim Williamson was fourth at 17:59 and the trio of senior Bradley Geist, junior Joe Cornell and senior Isaac Kado placed 10th, 11th and 12th with times of 18:19, 18:34 and 18:35.

Junior Joey Pellerito was 18th with a time of 18:52 and senior Matthew Oliver took 30th at 19:30.

— Bob St. John

**Soccer**

NORTH & SOUTH

# Division victories

By Bob St. John  
Sports Editor

Grosse Pointe South and Grosse Pointe North each won division openers last week.

After a lackluster first half, head coach Francesco Cilano made some adjustments as his Grosse Pointe South boys' soccer team was tied 1-1 with host St. Clair Shores Lakeview.

The adjustments paid big dividends as the Blue Devils' offense was dominant, scoring three goals en route to a 4-1 win.

“We used our speed a little more in the second half and our passing was excellent,” Cilano said. “We played a much better second half. This team has the potential to

be very good if they play like this. It was a nice win for us.”

The Blue Devils took the lead for good when senior Peter Buhl scored off a centering pass from junior Griffin Clevenger. This goal came at the 30-minute mark of the second half.

It was all Blue Devils after that. Senior Jake Reid scored at the 20-minute mark to make it 3-1 and senior Joey Erickson put the finishing touches on the win with a goal at the 9-minute mark.

Early in the first half, senior Peter Hummer scored to give the visitors a quick 1-0 lead. The Huskies tied it two minutes later.

Grosse Pointe South is

1-0 in the MAC White and 2-1 overall.

Grosse Pointe North beat Anchor Bay 2-1 in its division opener.

Senior Billy Hoover scored to give the Norsemen a 1-0 lead, but the Tars came back to tie it 1-1.

Senior Dylan Watts tallied the winning goal.

The Norsemen earned its first win of the young season, beating Warren Cousino 2-0.

Watts and junior Nate Truss scored first-half goals.

“I was happy with the way our boys responded after Chris (Valice) was injured,” North head coach Eric Vanston said. “They played well.”

Grosse Pointe North is 3-1-1 overall.

**Volleyball, field hockey**

LIGGETT

# Ladies enjoy success

By Bob St. John  
Sports Editor

It's all systems go for University Liggett girls' volleyball team.

The Knights opened the season by defending its River Rouge Invitational title after beating Detroit Edison PSA 25-23, 25-13 in the championship match.

In pool play, the Knights split with Royal Oak Shrine, 25-20, 13-25, and beat Detroit Voyageur 25-14, 25-16, and Romulus Summit Academy 25-14, 25-23, to nab the No. 2 seed behind Shrine.

In the semifinals, the Knights beat Port Huron 25-21, 25-11.

Senior Teagan Cornell led the way with 27 service points, 30 digs and nine kills, while senior Tegan Jones had 14 kills, 22 service points and 23

digs.

Junior Mary Weiermiller finished with 38 assists and 17 service points, and senior Delaney Bandos chipped in with 27 service points and 30 digs.

Sophomore Izzy Tomlinson had 13 kills and sophomore Bella Cubba had 14 kills.

Liggett also played a quad match at Harbor Beach High School and finished 2-1 to see its record move to 6-1-1 on the season.

The Knights beat Port Huron 14-25, 25-18, 25-23 and Harbor Beach 25-12, 18-25, 25-18. They lost 25-20, 25-23 to Caseville.

Jones and Cubba were the leading hitters, earning 19 kills and 15 kills.

Weiermiller had 65 assists and 28 service points, while Cornell finished with 12 service

points. Defensively, Bandos had 82 digs and Cornell had 62 digs. Jones finished with 41 digs.

**Field hockey**

The University Liggett girls' field hockey team is off to a fast start, winning its first three games.

Head coach Jayant Trewn and his Knights started the year with a 3-0 win over Maumee Valley Country Day.

Kate Birgbauer scored two goals and Naomi Yoshida had one.

Next came a 2-1 victory over visiting Dearborn as Birgbauer and Yoshida scored a goal apiece, while goalkeeper Madeline Wujek had six-saves.

Liggett also edged Grand Rapids Forest Hills Central 1-0 on a Birgbauer goal and is 3-0 overall.

**CITY OF HARPER WOODS  
WAYNE COUNTY, MICHIGAN  
SYNOPSIS: REGULAR CITY COUNCIL MEETING**

The regular City Council meeting was called to order by Mayor Kenneth A. Poynter at 7:00 P.M.

**ROLL CALL:** All Councilpersons were present except Councilperson Hugh R. Marshall.

**MOTIONS PASSED**

- 1) To excuse Councilperson Marshall from tonight's meeting because of a prior commitment.
- 2) To receive, approve and file the minutes of the regular City Council meeting held July 10, 2017 and furthermore receive and file the minutes of the Ordinance Committee meeting held July 10, 2017, the Election Commission meeting held July 11, 2017 and the Board of Review meeting held July 28, 2017.
- 3) To add to the Agenda a request for authorization to attend Michigan municipal League conference.
- 4) That the agenda of the regular City Council meeting having been acted upon, the meeting is hereby adjourned at 8:48 p.m.

**RESOLUTION PASSED**

- 1) To approve the following items on the Consent Agenda: (1) Approve the Accounts Payable/Payroll Vendor listing for Check Numbers 111458 through 111691 in the amount of \$955,231.12 as submitted by the City Manager and Finance Director, and further, authorize the Mayor and City Clerk to sign the listing. (2) Approve payment to Plante Moran in the amount of \$20,450.00 for professional services in conjunction with the 2016 Audit and also with the reporting of pension liability necessary to remain in compliance with GASB 68. (3) Approve payment to Oakland County Information Technology in the amount of \$6,597.75 for fees relative to the CLEMIS computer system utilized by the Police Department. (4) Approve payment to Anderson, Eckstein & Westrick, Inc. in the amount of \$16,810.87 for professional services during the month of June 2017 for the following projects: DTE/Michcon Sidewalk, #180-191; SRF Open Cut Repairs, #180-119; 8 Mile Traffic Signal Upgrade, #180-179; Pointe Alarm, #180-192; Littlestone Reconstruction, #180-186; Kelly Road Bldg Assessment, #180-190; Housing Rehab Project, #180-178 and the 2017 Construction Pavement Repair, #180-188. (5) Approve payment to SafeBuilt, Inc. in the amount of \$39,292.80 for the contractual building department services performed during the month of June 2017. (6) Approve payment in the amount of \$12,462.87 to Grosse Pointe Woods for the City's pro-rata portion of the operating and maintenance of the Torrey Road Pump Station for the period January through June 2017. (7) Approve payment to Nu Appearance Maintenance, Inc. in the amount of \$8,910.25 for contractual lawn cutting and weed maintenance in various areas of the City, including City Hall, the annexes, Library and the Parks and also for lawn cuttings at various residential homes. (8) Approve payment to Servpro of Grosse Pointe in the amount of \$28,425.71 for the cleanup and demolition work performed following a water pipe break at the City-owned property at 20010 Kelly Road.
- 2) To approve payment to Wayne County in the amount of \$226,934.75 for the operation and maintenance of the Milk River Drain for July through September 2017.
- 3) To approve payment to Fontana Construction Inc., in the amount of \$23,118.20 for Progress Payment No. 14 on the 2012 SRF Sanitary Sewer Repairs Project, Open Cut Repairs, Contract No. 3, #180-119.
- 4) To approve payment to Fiore Enterprises LLC, in the amount of \$52,545.70 for Progress Payment No. 1 on the Littlestone Reconstruction and Resurfacing Project, #180-186.
- 5) To appoint the firm of Bendzinski and Company as the Registered Municipal Financial Advisor in conjunction with the Qualified Energy Conservation Bond (QECB) in an amount not to exceed \$7,500.00, and further authorize the City Manager to sign the necessary documents.
- 6) Adopt the Amended Deficit Reduction Plan for the Refuse Fund as outlined in the attached resolution from the Finance Director and further to direct the Finance Director to submit this plan to the State of Michigan Treasury Department for certification.
- 7) To introduce and place for first reading an ordinance entitled, “An Ordinance to Amend Ordinance No. 95-2 Section 11-73(14)” and further to direct the City Clerk to publish a notice of this in accordance with City Charter requirements.
- 8) To introduce and place for first reading an ordinance entitled, “An Ordinance to Amend Article VII, Section 12-200, Solicitations” to have immediate effect for the preservation of the peace, health, safety and welfare of the people of the City Harper Woods, and further to direct the City Clerk to publish a notice of this in accordance with City Charter requirements.
- 9) To approve the employment agreement between the City of Harper Woods and Rachelle Matouk to serve as Court Administrator in content and form and further, that the Mayor be authorized to sign the agreement.
- 10) To Adopt the Resolution in Support of H.B. 4244 of 2017, Repeal of Hazardous Sections of the Michigan Fireworks Safety Act, P.A. 256 of 2011 and further to forward a copy of this resolution to Governor Snyder and Senator Johnson as well as the legislative leaders of the State Senate and the State House of Representatives.
- 11) To authorize the as-is sale of the City-owned property located at 20477 Kenosha, Parcel No. 42-000-30-1047-000 in the amount of \$8,000.00 to A & M Group LLC, and further to authorize the Mayor to sign the necessary documents on behalf of the City of Harper Woods.
- 12) To authorize the as-is sale of the City-owned property located at 20521 Washtenaw, Parcel No. 42-003-01-0383-000 in the amount of \$8,000.00 to HomeVestors, and further to authorize the Mayor to sign the necessary documents on behalf of the City of Harper Woods.
- 13) To designate Mayor Poynter as the City's official delegate, and Councilmember Kindle as the alternate delegate at the Michigan Municipal League's Annual Meeting to be held September 13-15, 2017.
- 14) To approve Councilmember Kindle's attendance and subsequent travel expenses at Executive Board meetings of the Michigan Municipal League's affiliate Michigan Women in Municipal Government as City business in her capacity of City Councilmember for the City of Harper Woods.
- 15) To authorize Councilmember Paiz to attend the Michigan Municipal League's Annual Conference held on September 13 through 15, 2017 with the City paying all necessary and related expenses with Councilmember Paiz being responsible for costs associated with bringing a guest.

Kenneth A. Poynter, Mayor

Leslie M. Frank, City Clerk

# CLASSIFIED ADVERTISING

PHONE: 313-882-6900 EXT. 1

FAX: 313-343-5569

WEB: GROSSEPOINTENEWS.COM

**DEADLINES**  
Please call for holiday deadline dates and times, subject to change.

**CLASSIFIED DISPLAY ADS:**  
MONDAYS: 3:00 P.M.  
**CLASSIFIED WORD ADS:**  
TUESDAYS: 12:30 P.M.

**PRICING**  
Prepayment is required. We accept credit cards, cash and check.

**FREQUENCY DISCOUNTS**  
Given for multi-week scheduled advertising, with prepayment or credit approval. Call for rates or for more information. Phone lines can be busy on Monday and Tuesday. Please call early.

**WORD ADS:**  
12 - 25 words for \$25.35; additional words are 30c each. Abbreviations are not accepted.  
**BORDER ADS STARTING AT:**  
\$42.00 per column inch

**CLASSIFYING AND CENSORSHIP**  
We reserve the right to classify each ad under its appropriate heading. The publisher reserves the right to edit or reject ad copy submitted for publication.

**CORRECTIONS AND ADJUSTMENTS**  
Responsibility for classified advertising errors is limited to either a cancellation of the charge or a re-run of the portion of the error. Notification must be given in time for the correction in the following issue. We assume no responsibility for the same after the first insertion.

**GROSSE POINTE NEWS OFFICE IS CLOSED MONDAY, SEPTEMBER 4 IN OBSERVANCE OF LABOR DAY.**

For the September 7 newspaper, deadline for retail and classified display ads is **Friday, September 1 at 3p.m.**  
Deadline for classified word ads is **Tuesday, September 5 at 12:30p.m.**

## Special Services

119 TRANSPORTATION / TRAVEL



**GROSSE Pointe Base**  
Door to Door auto, cargo and dog delivery.  
From Michigan to Florida  
Airport shuttle to City, Bishop, Metro, Oakland Airports  
FBI  
Background checked/ Bonded/ Insured - Retired police officer.  
(313)434-2070  
www.vhvalet.com

123 DECORATING SERVICES

**FOR YOUR Lighting Needs-**  
I've looked at thousands of antique and vintage light fixtures for remodeling and re-decorating projects. Let me help you find those that work for yours.  
Contact me at lightsbycamera@gmail.com or 313-265-7110 for a free quote for my services.

### Help Wanted

200 HELP WANTED GENERAL

**DELI and STOCK person.**  
Must be 18 Part-time.  
Apply within 17320 Mack, Grosse Pointe.

200 HELP WANTED GENERAL

**GROSSE Pointe Animal Clinic** is looking for a receptionist 8am- 2pm. Apply in person to: 15135 Kercheval, Grosse Pointe Park. (313)822-5707

200 HELP WANTED GENERAL

**DIRTY Dog Jazz** is now hiring for the following:  
Cook-experience is a plus  
Dishwasher/Stock.  
Pantry Person to prepare salads, desserts and more as required.  
Qualified candidates please call (313) 882-5299

**EASTSIDE Detroit** Company is hiring shop worker with rough carpentry experience.  
\$12- \$13/ hour. Lots of overtime opportunities.  
Email resumes to office@greatlakesexport.com or Fax to: (313)822-1110

200 HELP WANTED GENERAL

### Administrative Clerk

The City of Grosse Pointe Woods Public Safety Department is seeking a permanent part-time Administrative Clerk I. This is a union position; 3 days per week (Monday-Friday); starting wage: \$16.15 per hour. A detailed job description and application can be obtained at [www.gpwmi.us](http://www.gpwmi.us). Applications for employment can be emailed to [cityadmin@gpwmi.us](mailto:cityadmin@gpwmi.us). Or mailed to:

City of Grosse Pointe Woods  
20025 Mack Plaza Drive  
Grosse Pointe Woods, MI 48236  
Attn: City Administrator

**Application deadline is by noon on Thursday, September 7, 2017.**

••• NO PHONE CALLS •••

The City of Grosse Pointe Woods is an EOE, FMLA and ADA compliance employer.

200 HELP WANTED GENERAL

**GROSSE Pointe Salon** looking for Front desk Coordinator.  
Tuesday thru Saturday, part or full time.  
Appointment software helpful, pleasant personality.  
Call (313)881-7523 [prevalon@gmail.com](mailto:prevalon@gmail.com)

**NOW Hiring Sales Associate** at The UPS Store in Grosse Pointe Farms.  
Retail experience preferred but not required. Flexible hours. Please email resume to [store0140@theupsstore.com](mailto:store0140@theupsstore.com)

**PART-time Valet Attendant.** Must be 21 years of age with clean driving record. Must be available for day and evening shifts. Call (586)242-6505 after 5pm.

VILLAGE FOOD MARKET

is hiring!  
Cashier  
Deli Clerk  
Meat Clerk  
Stock Clerk  
Apply within 18330 Mack Ave

203 HELP WANTED DENTAL / MEDICAL

**EXPERIENCED**, part time dental assistant needed for St. Clair Shores office. Position is Monday, Wednesday, Friday and one Saturday per month. Fax resume to 586-771 7396 or call office at 586-771-1280

**REGISTERED Dental Hygienist** (part-time) needed for well-developed periodontal department at Faircourt Dental; Grosse Pointe Woods, MI. Skills: local anesthesia certification, laser trained, scaling/ root planing, Dengrix software preferred. Email resume to [faircourtdental@aol.com](mailto:faircourtdental@aol.com)



**IN THE CLASSIFIEDS**  
Grosse Pointe News  
(313)882-6900 ext. 1

## Situations Wanted

300 SITUATIONS WANTED BABYSITTERS

**ATTENTION:**  
by MICHIGAN LAW DAY CARE FACILITIES (In-Home & Centers)  
Must Show Their Current License To Advertising Representative When Placing Your Ads  
THANK YOU

Parents - Please Verify All Child Care Licenses!

304 GENERAL

**CARETAKER near Grosse Pointe City** needed to assist elderly person and mildly disabled adult woman with activities of daily living. Hourly rate ranges between \$15-\$20 part time based upon previous experience. Background Check and References Required. Must be bonded. Please contact: Carolynn Sloan 586-933-7227

312 ORGANIZING

**DUCKS IN A ROW**  
De-cluttering and organizing your home! Closets, basements, whole house. Organize your paper clutter. Home information, notebooks, medical journals, memory albums.  
Becky Schlaff (313)580-2528  
Susan Mason (313)910-9705  
[schlaffb@comcast.net](mailto:schlaffb@comcast.net)  
[rwmason@comcast.net](mailto:rwmason@comcast.net)

## Merchandise

400 ANTIQUES / COLLECTIBLES

**FOR YOUR Lighting Needs-**  
I've looked at thousand of antique and vintage light fixtures for remodeling and re-decorating projects. Let me help you find those that work for yours.  
Contact me at [lightsbycamera@gmail.com](mailto:lightsbycamera@gmail.com) or 313-265-7110 for a free quote for my services.

408 FURNITURE

**BEDROOM set** for a child with single bed, night stand and size drawers dresser with mirror. Pristine condition. \$1,800. (586)243 2800

409 GARAGE / YARD / RUMMAGE SALE

**616 University, Grosse Pointe.** Big sale: furniture, girls' clothing (size 5 to 16), men's and women's clothing, toys, books, household items. Good quality and condition. Friday and Saturday, 9- 3.

409 GARAGE / YARD / RUMMAGE SALE

**UNIVERSITY Place** Sale (664)- furniture, artwork, decor, children's toys, books and much more. Friday, 9am- 3pm and Saturday, 9am-1pm.

**Having a Garage Sale?**  
25 Words for \$25  
Includes 2 Garage Sale Signs

Advertise it in the Grosse Pointe News (313) 882-6900 x1

ANTIQU ESTATE Sale

Saturday September 2nd and Sunday the 3rd 9am-4pm both days 510 Neff Rd. Estate of antique dealer. Architectural items mid century furniture and unique items.

**BARGAIN hunters** dream sale! Grosse Pointe Park, 1147 Lakepointe. Friday, Saturday, Sunday, 10am- 3pm. Household, designer clothing, jewelry, furniture, electronics, tools, table top vending machine, glass top desks, collectibles.

GARAGE Sale

1527 Hawthorne September 1st-3rd 9am -4pm all three days. Baby clothes, toys, furniture, electric scooters for the elderly, and much more.

**HEY we downsized** too much stuff for a smaller home. Something for everyone. Sale Saturday and Sunday, September 2nd and 3rd; 9am to 5pm. 1863 Prestwick, Grosse Pointe Woods.

HISTORIC INDIAN VILLAGE

28th Annual Yard Sales 50 to 75 historic mansions Iroquois, Seminole, Burns September 9 & 10 9-6 & 10-4

## Automotive

601 CHRYSLER

**1986 Chrysler New Yorker, 2.2 Turbo.** 84,000 original miles. Beautiful condition. Very dependable, drive anywhere. Great for college kid! 2,500. Bill (313)682-1970

603 GENERAL MOTORS

**2006 Buick Lucerne.** CXS red/ taupe. All options. 132,000 miles. Well maintained \$5950. 248 563-2391.

616 AUTO STORAGE

**RED BARON ENTERPRISES**  
INDOOR- heated, clean and dry storage. Located at 9 Mile and Harper Ave. \$150.00 per car, per month. [RedBaronEnterprises.com](http://RedBaronEnterprises.com) (313)408-1166

**Buy! Buy! Buy! Sell!**  
CLASSIFIEDS  
Grosse Pointe News  
(313)882-6900 ext. 1

**LAST WEEK'S PUZZLE SOLVED**

CANA RAP FLAP  
AXON EWE LEGO  
BELIEVER OVEN  
SLIME THREED  
ACME OAR  
GUTS OVAL ABC  
ASH EVER Y GOO  
LEI SERI BEAM  
ESP TALE  
COVEYS AHEAD  
AREA CLEVERLY  
PERM AIL AGIN  
TOYS REF DOTE

## ACROSS

- Unescorted
- Third degree?
- Admitting clients
- Not pizzicato
- Scull tool
- Give a darn
- Mary's follower
- Genetic initials
- Eastern potentate
- Shoelace hole
- Cried like a puppy
- Flightless bird
- Reaction to fireworks
- Gen. - E. Lee
- Knight's glove
- Atmosphere
- Plant bristle
- Preceding
- Blood bit
- Bottom-row PC key
- Spy org.
- Mao's successor
- Angelic babe
- Mini-program
- Luau entertainment
- Tier
- Corporate

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- Heavy cart
- Spotted wildcat
- Tract
- Great Lake
- Dweeb
- Dorothy's auntie
- A billion years
- Music genre
- Lubricate
- Arm bling
- Amaze
- Still frozen
- Blunder
- Aviv
- Long, harsh speech
- de cologne
- Dosage unit
- Pixar film about Carl Fredricksen
- Bloke
- Ginormous
- Raised
- Traditional tales
- Early birds?
- Whistle sound
- Latin
- Down

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Solution Time: 25 minutes

406 ESTATE SALES



**ANTHONY'S**  
ESTATE SERVICES  
Estate Sales - Clean Outs - Hoarding Cleanups  
Ready to maximize the value of your estate?  
Great references from previous clients.  
We handle it all...from set up to clean up.  
586.565.1590  
[www.anthonysstateservices.com](http://www.anthonysstateservices.com)

**AUTOMOTIVE SPECIAL**  
25 Words \$25  
Includes FREE Photo  
Deadline: Tuesdays 12:30pm  
Grosse Pointe News  
(313) 882-6900 ext. 1

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HAVE THE GROSSE POINTE NEWS DELIVERED TO YOUR HOME EVERY WEEK.

**CALL 313 343.5578 today!**

# REAL ESTATE

**700 APTS/FLATS/DUPLEX**  
POINTES/HARPER WOODS  
LOWER level flat. Neff Road, Grosse Pointe City. Two bedroom, one bath. Grosse Pointe schools. \$1,200/ month. Water and appliances included. (313)737-8134

**701 APTS/FLATS/DUPLEX**  
DETROIT/WAYNE COUNTY  
JEFFERSON/ Alter area. Nice waterfront, cleaned, well maintained lower flat. Great for fishermen. \$275/ month. (313)802-7710

**702 APTS/FLATS/DUPLEX**  
S.C.S./MACOMB COUNTY  
GROSSE Pointe Park. west village, 3 bedroom, awesome location. recent renovation with new kitchen. 2 car garage. GPHF approved. \$1450. 313-300-6146,

**705 HOUSES FOR RENT**  
POINTES/HARPER WOODS  
ST. Clair Shores- Three bedroom house with central air, spacious family room, dining room, three baths, finished carpeted basement with three rooms. Wash and dryer, two car garage. Available September first, \$1,500 month. First month plus one month security. 313-673-8147 tomchaku@gmail.com

**707 HOUSES FOR RENT**  
S.C.S./MACOMB COUNTY  
GROSSE Pointe Woods office building. Over 5,000 square feet with parking. Great investment. \$299,900 (313)268-2000

**716 OFFICE / COMMERCIAL**  
FOR RENT  
GROSSE Pointe Woods. Private, and secure indoor storage space available. Starting at \$200/ month. Various sizes available. (313)268-2000

**721 VACATION RENTAL-FLA**  
SIESTA Key- Spend your holiday in a beautiful condo on beach. Pictures available. \$5,600 monthly. 2 week, \$2,800. Available December, 2017; April, June, August, October, December 2018. 313-882-0235

**800 REAL ESTATE**  
GROSSE Pointe Park 4 Bedroom, 3 bath. Original hardwood floors, 2 fireplaces, finished basement, fenced in yard. Maire School. NO realtors \$475,000.00 (313) 318-2730

**TWO** bedroom, one bath, upper level Harcourt. Grosse Pointe Schools, available September First. \$1,300/ month. Water included. (313)737-8134

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See The Classifieds  
Grosse Pointe News  
(313)882-6900 ext. 1

**COLLECTORS' ITEMS**  
IN THE CLASSIFIEDS  
Grosse Pointe News  
(313)882-6900 ext. 1

**Classified Advertising**  
an IDEA that sells!  
Grosse Pointe News

**Buying Selling**  
See The Classifieds  
Grosse Pointe News  
(313)882-6900 ext. 1

**808 WATERFRONT HOMES**  
LAKE St. Clair, 2 bedroom, 2 bath, den, ranch, plus guest cottage. New seawall. Great location. \$350,000 or offer. The Real Estate Market. (586)465 1000

# DIRECTORY OF SERVICES

Some classifications are not required by law to be licensed. Please check with the proper state agency to verify license.

**911 BRICK / BLOCK WORK**  
**DELISI**  
Construction Licensed Builder specializing in tuck-pointing, porches, chimneys and steps. Responsible. (586)772-3223

**920 CHIMNEY REPAIR**  
**MADISON**  
Maintenance specializing in restoration of chimneys, porches, houses, brick walls, tuck pointing, all masonry. Grosse Pointe resident. Free estimates. Licensed and insured. masonrvp88@gmail.com (313)885-8525 Cell (313)402-7166

**927 DEBRIS / CLUTTER**  
REMOVAL  
**RED BARON ENTERPRISES**  
UNWANTED Items - Moving- Hauling- Recycling Red Baron Enterprises, LLC is available for any hauling/ moving needs. Any salvageable goods will be donated or recycled. RedBaron Enterprises.com (313)408-1166

**929 DRYWALL / PLASTERING**  
**Nick Karoutsos PAINTING**  
- Since 1965 - PLASTER & DRYWALL REPAIR - INSURANCE WORK - HANDYMAN SERVICES (586)778-9619 - All Work Guaranteed - FREE ESTIMATES - LICENSED - INSURED

**944 GUTTERS**  
**NO CLOG GUTTERS... GUARANTEED**  
**LeafGuard**  
313-749-0396 www.leafguardofmichigan.com

**945 HANDYMAN**  
**RED BARON ENTERPRISES**  
WE'RE your "to do" list handymen! Using a wide- range of various handyman tasks, specialized tools and skills, Red Baron Enterprise, LLC handymen professionals are just a phone call away and ready to accomplish those daily to-do's that you never seem to have time for. BIG or small we can handle it all. RedBaron Enterprises.com (313)408-1166

**954 PAINTING / DECORATING**  
**RED BARON ENTERPRISES**  
INTERIOR/ Exterior painting. Including drywall, plaster, paint repair. RedBaron Enterprises.com (313)408-1166

**959 POWER WASHING**  
**OFF DUTY FIREFIGHTERS**  
Let us wash your windows. Power wash, paint, stain, clean gutters, general handyman work. Trust the professionals at American Gutter Rescue. (313)732-7377

**MADISON**  
Maintenance specializing in restoration of chimneys, porches, houses, brick walls, tuck pointing, all masonry. Grosse Pointe resident. Free estimates. Licensed and insured. masonrvp88@gmail.com (313)885-8525 Cell (313)402-7166

**IT'S IN THE CLASSIFIEDS**  
Grosse Pointe News  
(313)882-6900 ext. 1

**CLEAN UP CLEAR OUT**  
WE are Grosse Pointe's first choice for clutter, debris, hoarding and junk removal. Background checked, bonded and insured. Retired law enforcement owned company. Featured in the Grosse Pointe News. (313)886-3330 www.cleanupclearout.com

**936 FLOOR SANDING / REFINISHING**  
FLOOR sanding and finishing. Free estimates. Terry Yerke (586)823-7753

**945 HANDYMAN**  
A affordable price. Mike handyman. Electrical, plumbing, carpentry, hardwood flooring, ceramic, marble, painting. Roofs, bathrooms, basements, kitchens, decks. Code violations. Small or big jobs. (313)237-7607 (586)215-4388 (810)908-4888 Native Grosse Pointer.

**946 HOME SERVICES**  
**GROSSE POINTE MOVING & STORAGE**  
Local & Long Distance **822-4400**  
• Large and Small Jobs  
• Pianos (our specialty)  
• Appliances  
• Saturday, Sunday Service  
• Senior Discounts  
Owned & Operated By John Steinger  
**11850 E. Jefferson MPSC-L 19675 Licensed - Insured**  
FREE ESTIMATES

**JOHN'S PAINTING**  
Interior/Exterior Repairing: Damaged plaster, drywall, cracks, windows puttying, caulking. Fire/Water damage insurance work. All work guaranteed G. P. References License/Insured Free estimates Senior Discount (313)882-5038

**960 ROOFING SERVICES**  
**GENTILE** Roofing: tear- offs, repairs, and gutters. Custom seamless gutters. Licensed, insured. (313)884-1602

**918 CEMENT WORK**  
**Grazio Construction, Inc.**  
1963 - CELEBRATING 50 PLUS YEARS!  
**Residential DRIVEWAYS • FLOORS • PATIOS GARAGES RAISED & RENEWED**  
New Garages Built Exposed Aggregate • Brick Pavers  
Licensed (586)774-3020 Insured

**943 LANDSCAPERS / TREE SERVICE / GARDENER**  
**DOMINIC'S** Stump Grinding. **Backyards no problem.** Stumps only, no trees. Insured. Since 1972. (586)445-0225

**OLDER** home specialist. City inspection repairs. Sewer cleaning, carpentry, plumbing, electrical, plaster, painting, kitchens, baths, masonry. (313)354-2955

**SHORES PAINTING**  
Painting, general repairs, lead paint certified, affordable prices and insured. Call Kevin for your FREE estimate at (586)291-9317 or email shorespaint@gmail.com

**961 WINDOW WASHING**  
**RED BARON ENTERPRISES**  
ROOF- Gutters-Siding- Trim New roof installation. Locate/ repair leaks or damages. RedBaron Enterprises.com (313)408-1166

**Weekly SUDOKU**  
by Linda Thistle

	9	5		1				8
6				5	1	7		
		3	7	6		2		
	4			7		8	6	
2		7		8		9		
3			4	1		2		
	6	1	8			7		
	3			4		1	9	
8			1	5				2

Place a number in the empty boxes in such a way that each row across, each column down and each small 9-box square contains all of the numbers from one to nine.

**DIFFICULTY THIS WEEK: ♦**  
♦ Moderate ♦♦ Challenging ♦♦♦ HOO BOY!

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**GARDENING** and property cleaning, meticulous work \$18.00/ hr. Personal, private worker in Grosse Pointe areas. Call Jeff (586)322-7846

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Working in the business since 1972. Top quality work. Trimming, weeding, gardening, fall cleanups etc. Please call (586)244-7587

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**Everything From A To Z Can Be Found In The Classifieds.**  
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**948 INSULATION**  
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A quiet home is a relaxing home! Blown in Cellulose Insulation is GREEN, cost and energy efficient. Red Baron Enterprises, LLC will insulate your home. RedBaron Enterprises.com (313)408-1166

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**COMMERCIAL** and residential window cleaning and power washing. With 30 years experience I provide homeowners and business owners with the quality work you expect. Call for a free estimate. (586)524-8168

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Classifieds: 313-882-6900 x 1 Grosse Pointe News

**SOLUTION FOR LAST WEEKS PUZZLE 8/24/17**

3	9	2	1	6	8	5	4	7
1	5	7	4	3	9	2	6	8
8	6	4	2	7	5	9	1	3
2	4	9	5	1	3	8	7	6
5	1	6	8	4	7	3	2	9
7	8	3	9	2	6	1	5	4
9	7	5	6	8	1	4	3	2
4	3	8	7	5	2	6	9	1
6	2	1	3	9	4	7	8	5

**Find Your New Best Friend In The Classifieds**

**Grosse Pointe News (313)882-6900 ext. 1**

Michael's  
MAKE CREATIVITY HAPPEN

**MAKE**  
a whole wall half off

**50% OFF**  
Select Frames  
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Trendsetter™, Ventura™ & Styleline™ Poster Frames

Home & Platinum, Gallery & Float Wall Frames

Expressions™ Tabletop Frames

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Value 2 pk. Canvas by Artist's Loft®

\$4 EA. Reg. 4.99 - 7.99

\$6 EA. Reg. 8.99 - 10.99

\$9 EA. Reg. 14.99 - 19.99



EVERYDAY VALUE

\$5 EA. 8.5" x 11" Artist's Loft™ Hardbound Sketchbook

Over 60 Items  
**BUY ONE, GET ONE 50% OFF\*\***  
Strathmore® Artist Paper Pads

Over 200 Items  
**40% OFF**  
Liquitex® Professional Acrylic Paint & Mediums  
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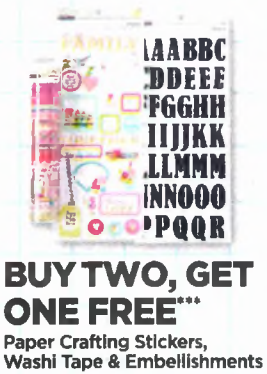
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Crayola®  
Excludes Everyday Value program.

Over 100 Items  
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Hot Buy Scrapbook Paper Pads, Scrapbook Albums & Boxed Cards  
Reg. 19.99 Each

Over 600 Items  
**40% OFF**  
Artist Open-Stock Brushes



**BUY TWO, GET ONE FREE\*\*\***  
Paper Crafting Stickers, Washi Tape & Embellishments



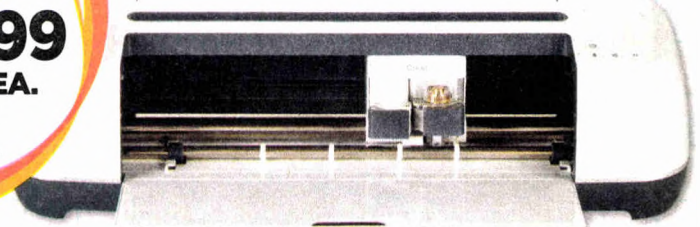
**40% OFF**  
2017 - 2018 Planner Books by Recollections® & The Happy Planner™  
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**3/\$10**  
8.5" x 11" Value Pack Paper  
Sale 3.33 Each  
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**new!**  
**399.99 EA.**  
Cricut Maker™ Ultimate smart cutting machine.

**10x More Cutting Power!**



\*Buy one item at regular price & get the second of equal or lesser value free. Excludes clearance. \*\*Buy one item at regular price & get the second of equal or lesser value 50% off. Excludes clearance. \*\*\*Buy two items at regular price & get the third of equal or lesser value free. Excludes clearance.

SEPTEMBER  
SUN MON TUE WED THU FRI SAT  
3 4 5 6 7 8 9

#MakeltWithMichaels | Shop michaels.com today!

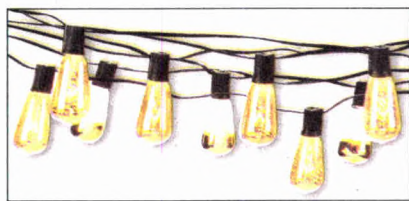
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Fall Floral  
by Ashland®  
Project Ideas shown.



**40% OFF** Lighting  
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and Ashland® Shimmer Lights



**40% OFF**  
Fall Décor  
by Ashland®



**40% OFF**  
Marketplace Décor  
by Ashland™



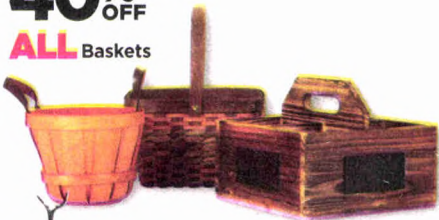
**\$10 EA**  
9" Fall Craft Pumpkins  
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**40% OFF**  
**ALL** Handcrafted Floral Arrangements  
Excludes custom made-to-order arrangements.



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**ALL** Baskets



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**30% OFF** Halloween Décor  
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Multiple colors available. Sizes S-XL.  
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**40% OFF**  
Halloween Ribbon  
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**4/\$10** • Bernat® Softee® Chunky Yarn  
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Sale 2.50 Each Reg. 2.99 - 3.99



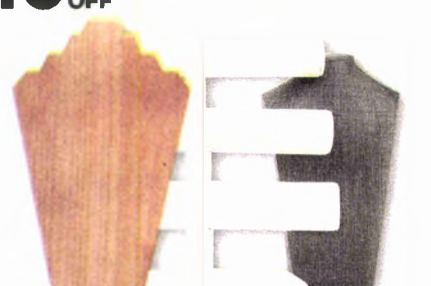
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Brown & Red Label Strung Beads  
by Bead Gallery®  
Reg. 3.99 & 7.99



**39.99 EA.** DigiLoom™ Starter Kit  
Reg. 49.99 Each  
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to see it in action.  
Project ideas shown.



**40% OFF** Jewelry Props & Packaging  
Excludes Everyday Value program.



\*\*Buy one item at regular price & get the second of equal or lesser value 50% off. Excludes clearance.

**CREATIVE CLASSES OPEN HOUSE**  
Saturday, September 9, 11AM - 3PM  
**50% off all classes when you register on 9/9**

**SALE PRICES VALID SUNDAY, SEPTEMBER 3 - SATURDAY, SEPTEMBER 9, 2017.** Some advertised items may not be available at all store locations. Please contact your local Michaels or [michaels.com](http://michaels.com) for hours of operation. For the Michaels nearest you, call 1-800-FREE-MICHAELS (1-800-642-4253) or visit us at [michaels.com](http://michaels.com) for store locator. Percent off discounts are off original marked price. All credit cards may not be accepted at all stores. Selection and price may vary in store and online. Typographic, photographic and printing errors are subject to correction at the store level. Products available while quantities last and no rain checks may be issued. We reserve the right to limit quantities. Offer good only in US. An advertising supplement in Florida for: Bonita Springs Banner, Boynton Forum, Bradenton Herald, Brunswick News, Daytona Beach News-Journal, Fort Lauderdale Sun-Sentinel, Fort Myers News-Press, Gainesville Sun, Jacksonville Sun, Jacksonville Record, Lake City Reporter, Lakeland Ledger, Land O' Lakes Lake, Leesburg Daily Commercial, MacClenny Baker County Press, Melbourne Florida Today, Miami Dario, Las Americas, Miami El Nuevo Herald, Miami Herald, Naples Daily News, Ocala Star-Banner, Orlando El Sentinel, Orlando Sentinel, Panama City News Herald, Pompano Beach News, Ponce Inlet/Daytona Beach Shores HomeTown News, Port Charlotte Sun, Sarasota Herald-Tribune, St. Augustine Record, St. Petersburg Tampa Bay Times, Stuart Treasure Coast Times, Tallahassee Democrat, West Palm Beach Post, Apopka Chief (Apopka, FL), Cape Coral Breeze, Clearwater Beacon, Daytona Beach News-Journal/NU Plus-TM, Highlands News-Sun, Luz News, Martin County, HomeTown News, Melbourne HomeTown News (Melbourne, FL), New Smyrna Beach/Edgewater/Lake Hill HomeTown News (Orlando, FL), Ormond Beach/Daytona Beach HomeTown News, Palm Bay HomeTown News (Melbourne, FL), Palm Coast Observer, Port Orange/South Daytona/Daytona Beach Shores/Ponce Inlet HomeTown News (Orlando, FL), Port Saint Lucie HomeTown News, Sanford Herald, Suncoast News Pasco Central-TM, Vero Beach HomeTown News, Villages Daily Sun, Winter Garden West Orange Times.



# LABOR DAY SAVINGS

**2 DAYS ONLY**  
SUN 9/3 & MON 9/4/17

**20% OFF** Entire Purchase Including Sale Items

Michaels

ONLINE PROMO CODE:  
**20SAVE9317T**



Select stores closed on Sunday.

Limit one coupon per product. Limit one coupon of each type per day.

**Not valid on:** Everyday Value program, Doorbusters, technology, custom frames, glass and mats; custom floral arrangements, books, magazines, candy and beverages, gift cards; clearance or buy & get items; online-only products; classes, events, birthday parties; shipping, delivery or installation fees; Cricut, Silhouette, Brother, Canon and Polaroid products; Typecast typewriters, sewing machines, 3D printers, Hatchimals, Digiloom, Christmas trees, The Elf on the Shelf. Not applicable to prior purchases. Limited to stock on hand. Void where prohibited. Valid only in US. Exclusions subject to change. See Team Member for details.

**2 DAYS ONLY**  
SUN 9/3 & MON 9/4/17

**50% OFF** Any One Regular Price Item

Michaels

ONLINE PROMO CODE:  
**50SAVE9317T**



Select stores closed on Sunday.

Limit one coupon per product. Limit one coupon of each type per day.

**Not valid on:** Everyday Value program, Doorbusters, technology, custom frames, glass and mats; custom floral arrangements, books, magazines, candy and beverages, gift cards; sale, clearance or buy & get items; online-only products; classes, events, birthday parties; shipping, delivery or installation fees; Cricut, Silhouette, Brother, Canon and Polaroid products; Typecast typewriters, sewing machines, 3D printers, Hatchimals, Digiloom, Christmas trees, The Elf on the Shelf. Not applicable to prior purchases. Limited to stock on hand. Void where prohibited. Valid only in US. Exclusions subject to change. See Team Member for details.

**TUE 9/5 - SAT 9/9/17**

**40% OFF** Any One Regular Price Item

Michaels

ONLINE PROMO CODE:  
**40SAVE9317T**



Limit one coupon per product. Limit one coupon of each type per day.

**Not valid on:** Everyday Value program, Doorbusters, technology, custom frames, glass and mats; custom floral arrangements, books, magazines, candy and beverages, gift cards; sale, clearance or buy & get items; online-only products; classes, events, birthday parties; shipping, delivery or installation fees; Cricut, Silhouette, Brother, Canon and Polaroid products; Typecast typewriters, sewing machines, 3D printers, Hatchimals, Digiloom, Christmas trees, The Elf on the Shelf. Not applicable to prior purchases. Limited to stock on hand. Void where prohibited. Valid only in US. Exclusions subject to change. See Team Member for details.

## DAILY DEALS

STOP IN EACH DAY FOR NEW DEALS!



**TUESDAY**

**55% OFF**

**HOME & PLATINUM FRAMES**

by Studio Décor®  
8" x 10" - 24" x 36"



**WEDNESDAY**

**40% OFF**

**FINE ART SUPPLIES**

Excludes Everyday Value program.

10 pc pz



**THURSDAY**

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**FALL FLORAL & DÉCOR**

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Project idea shown.

Michael's  
CUSTOM  
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CERTIFIED EXPERTS

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### SO MANY CHOICES

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### FRAME ALMOST ANYTHING

You name it, we can probably frame it — awkward shapes, oversized art and all!



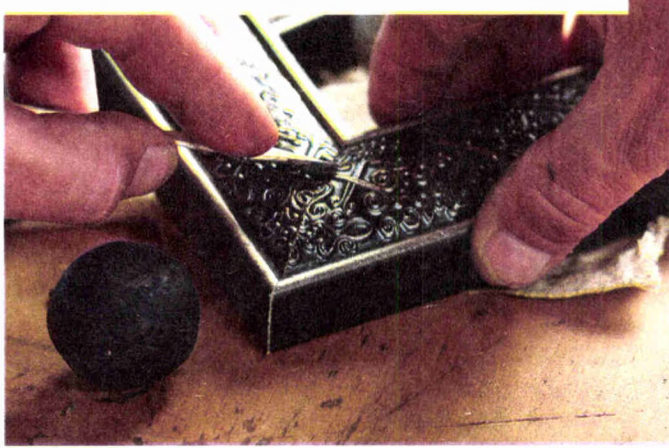
### WE MAKE IT EASY

Our frame design experts will guide you step-by-step through the process.



### TOP-NOTCH QUALITY

Treat your artwork to frames built in the USA with archival mats and glass. Plus, your satisfaction is guaranteed. If you don't love it, we'll make it right.†



SUN 9/3 - SAT 9/9/17

ALL CUSTOM FRAMES  
ON SALE

**60%** OFF<sup>††</sup>

**+ GET AN EXTRA 25%** OFF<sup>††</sup>  
SALE PRICE

†100% satisfaction. Low prices. Guaranteed. We will match any published offer or written estimate. See terms at [michaels.com](http://michaels.com). ††Excludes Bundle & Save Packages, Custom Frame Express, expedited shipping and engraved plates. Must purchase a custom frame. May not be applied to prior purchases or combined with any other coupon, sale or discount. Valid only in US. Offers may vary by location. See a Certified Framing Expert for details.

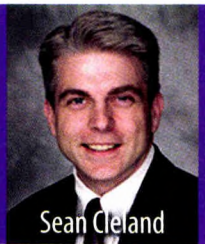
# The Family Center

Resources for Families, Individuals and Professionals

**News**  
Fall 2017  
Volume 17, Issue 2



Meet & Greet



Sean Cleland



Dorothy Heitjan



Beth Walsh-Sahutske  
Milissa Pierce



Lori Warner

## Suicide Awareness and Prevention

The Centers for Disease Control and Prevention (CDC) reports more than 42,000 Americans took their own lives in 2014, a 45.7 percent increase since 2000. There are, on average, 117 suicides each day, according to the American Foundation for Suicide Prevention (AFSP). Men, women and children from all races, religions, ethnic backgrounds, and economic levels will be affected - suicide does not discriminate. It is estimated that for every suicide, over 130 people are affected by the loss of a friend, relative or coworker.



When suicide affects a community — what can be done in response to it, and also to help prevent further loss and grief? The natural response following such a tragic death is to “do something” and to do it quickly. But what is that “something”?

One of the first things to do must be to help those close to the deceased. Allow them to grieve, to talk, to share and deal with the complicated emotions that arise when a loss is from suicide. Loved ones left behind after a suicide often need more support than others grieving a loss, but may get less because of the complexities and stigma involved. Complicated emotions, including anger, guilt and uncertainty make it harder to process. Family and friends of the bereaved often feel uncertain about how to offer help, and the stigma associated with suicide is vast.

*Suicide continues on page 2*

## Exciting News to Share!

After 17 years, The Family Center is expanding and moving its administrative office from Barnes Early Childhood Center to The War Memorial.

The support of, and partnership with, the Grosse Pointe Public School System has been a primary catalyst for our successes and our reach. While our physical location will change, our long-standing partnership with the District will remain steadfast.

Dr. Niehaus, superintendent of Grosse Pointe Public School System, continues to serve as an advisory council member. Numerous district employees serve in important roles and continue to provide relevant and timely input on program topics and serve as experts for programs.

*Exciting News! continues on page 3*

## Ambassadors Circle

As a 501(c)3 nonprofit organization that is 100% community supported, The Family Center would not have been able to continue its work for the last 17 years without invested individuals and organizations. They have contributed essential relationships and partnerships necessary for success in our community.

To help accelerate our growth, we have implemented a new partnership program, the Ambassadors Circle. This group of engaged leaders will help promote our programs and provide relevant and timely topics for discussion, and be a spokesperson within their networks. The ambassadors will enable us to reach more people in need of information and services.

*Ambassadors Circle continues on page 4*

## Fall Ask the Experts Talks

### Mental Health First Aid Training: For Adults Working/Interacting with Youth

September 13 and 20, 5:30-9:30pm,  
at Grosse Pointe Memorial Church

### Suicide: The Silent Epidemic. What Do We Know? What Can We Do?

September 27, 6:30pm,  
at The War Memorial

### Play Central

Wednesday and Thursday mornings,  
9am - 11am, October 4 through May 31.  
Visit [familycenterweb.org](http://familycenterweb.org) for location.

### Meet & Greet for Professionals

October 10, 9:30-Noon,  
at The War Memorial

### Ageing Parents? Strategies to Remain Conflict-free

October 19, 7pm,  
at SOC (Services for Older Citizens)

### Help Your Child Get Ready for Kindergarten

November 9, 7pm, in the Brownell  
Middle School Library

### The College Preparation Process for Parents and Students

November 9, 6:30pm,  
at Brownell Middle School  
*Pick Two to Attend: “Know How to Go” and “Using Online College Resources”* are each offered with specific content for 9th & 10th graders or 11th & 12th graders.

### Digital Distractions: How to Find a Balanced Relationship with Technology

November 15, 7pm, in Miller Hall at  
Christ Church Grosse Pointe

**Register at [familycenterweb.org](http://familycenterweb.org)**

## Suicide Awareness and Prevention

*Continued from front cover*

Erasing the stigma related to mental illness and depression is another important step in preventing suicides. According to the Centers for Disease Control and Prevention, only 25 percent of people with mental health issues feel that people are caring and sympathetic toward their struggles.

*"We need so much more openness, transparency and understanding that it's okay to talk about depression as an illness. It's not a weakness. It's not a moral shortcoming. It's not something people brought on themselves."*

John F. Greden, M.D., Founder and Executive Director of the University of Michigan Depression Center

Erasing stigma matters because stigma embraces both prejudicial attitudes and discriminating behavior toward individuals with mental health problems, and the social effects of this include exclusion, poor social support, poorer subjective quality of life, and low self-esteem (Livingston & Boyd, 2010). People are not alone, but they may feel they are.

Consider these statistics from the National Alliance on Mental Illness (Nami.org):

- One in five adults experience a mental illness.
- One in twenty-five adults (10 million) live with a serious mental illness.
- One-half of all chronic mental illness begins by the age of 14; three-quarters by the age of 24.

Discussion and education are important steps in eliminating stigma.

To that end, Grosse Pointe Public Schools (GPPS), The Family Center, Kevin's Song and other local organizations are working to support survivors, erase stigma, educate community members and help prevent more suicides:

Grosse Pointe Public Schools:

- Held the *Out of the Darkness Walk* on June 4. Organized by students and faculty at South, the walk raised over \$10,000 for the AFSP, and provided access to resources and services from local organizations.
- In cooperation with the AFSP, GPPS implemented a survivors support group over the summer months for students affected by the loss of a friend/loved one from suicide. A volunteer trained by the AFSP facilitated the group to offer hope and reassurance, to connect those suffering to information and resources, and to reduce the stigma by engaging in an open dialogue.



- Provides mental health assessments (for depression and anxiety) and suicide education and prevention as part of the health curriculum.
- Presented a school-wide assembly educating students on suicide awareness and prevention. Going forward, the presentation will be given to incoming freshmen.
- Staff are currently being trained on risk factors and response for suicide prevention through the AFSP.

The Family Center, Grosse Pointe Memorial Church, Training & Treatment Innovations, Inc. and the Grosse Pointe News:

- Are partnering for Mental Health First Aid Training. This 8-hour training (two 4-hr sessions) is specifically tailored to provide basic tools for adults working to assist youth/young adults with a developing mental illness or mental health crisis situation. September 13 and September 20 at Grosse Pointe Memorial Church.

The Family Center, Kevin's Song, Grosse Pointe News and The War Memorial:

- Will present *Suicide: The Silent Epidemic. What Do We Know? What Can We Do?* This special program will feature the documentary film "Death is NOT the Answer," directed by award-winning filmmaker Keith Famie and inspired and executive produced by Kevin's Song, a charitable organization for suicide awareness and prevention started by Grosse Pointe residents Gail & John Urso, after the loss of their son, Kevin, to suicide. The film delves deeply into the

complex and often misunderstood world of depression and suicide. It unearths the roots of depression and explores the reasons for suicidal tendencies through personal stories, as well as through scientific reasoning. The event will also include a panel discussion with individuals featured in the film.

*"As a society we have to work to end the stigma that surrounds mental illness. We need to see that educators at all levels including college professors, high school, middle school and elementary school teachers, counselors, office personnel, school bus drivers, lunchroom helpers, crossing guards, and school custodians are trained to know the signs of suicidal ideation and what to do when the signs are spotted. Clergy, family lawyers, physicians, human resources professionals, first responders and psychotherapists also play important roles in this process. We have to work to reduce bullying and discrimination against those who are seen as 'different' so they don't feel alone."*  
Gail Urso, Kevin's Song Co-Founder.

### National Suicide Hotline

(answered 24/7): 1-800-273-8255.

### Crisis texting service:

<http://www.crisistextline.org>  
text HOME to 741741 for help.

## SAVE THE DATES:

### Mental Health First Aid Training

Two four-hour sessions  
September 13 and 20,  
5:30pm-9:30pm  
Grosse Pointe Memorial Church  
16 Lake Shore Drive,  
Grosse Pointe Farms **FREE**

### Suicide: The Silent Epidemic. What Do We Know? What Can We Do?

Featuring the documentary film  
"Death is NOT the Answer"

September 27, 6:30pm  
The War Memorial  
32 Lake Shore Drive,  
Grosse Pointe Farms **FREE**

**To register for any of the free events  
above, call 313-447-1374,  
email [info@familycenterweb.org](mailto:info@familycenterweb.org) or  
online at [familycenterweb.org](http://familycenterweb.org).**

## Exciting News to Share!

*Continued from front cover*

The new office at The War Memorial will provide a more central and visible location within the community. Our collaborative goal to provide programs throughout the Grosse Pointes will continue.

We are pleased that the board of directors at The War Memorial has indicated a desire to focus on patriotism, culture and community leadership.

The War Memorial recognized the value The Family Center brings to the community, and reached out to offer available space to our growing organization.

Charles Burke, President and CEO of The War Memorial, recently stated:

"The War Memorial is pleased to welcome The Family Center's administrative office to our campus. Their office space will be located in our newly renovated area, along with The Grosse Pointe Artists Association and Grosse Pointe Garden Center.

The Family Center and The War Memorial strive to be strong community leaders, and we look forward to collaborating with them on projects and programs to help strengthen our community."

Beginning in August 2017, you can find us at 32 Lake Shore Drive, Grosse Pointe Farms. Our new phone number is 313-447-1374.

Email addresses and website will not change. Please feel free to reach out with any questions.

We look forward to continuing to serve the community as we have for the past 17 years.

We extend our sincerest appreciation to the Grosse Pointe Public School System, the Grosse Pointe Public School Board of Education, the faculty and staff at Barnes Early Childhood Center and The War Memorial.

Onward!

## Matching Gift Opportunity Extended! December 31, 2017

The generous gift from The Family Center's founder Diane Strickler and her husband, Dr. Ron Strickler to match donations to The Family Center has been extended until December 31, 2017!

Through the end of this year, your donation will be doubled!

Family Center programs and resources are available AT NO COST. We rely on generous individuals, like you who understand their donation could help a teen and prevent a suicide. Or open the eyes of a parent to substance abuse and help them find support. Or simply bridge understanding from children to adults to grandparents.

Your gift enriches our community through stronger families.

## Matching Gift!

Give today and double your gift! Clip the form below and send to The Family Center, 32 Lake Shore Drive, Grosse Pointe Farms, MI 48236. Donate online at [familycenterweb.org](http://familycenterweb.org).

**Match my gift!** Please make your check payable to **The Family Center**.

\$25  \$50  \$100  \$250  \$500 Amount \$ \_\_\_\_\_

Name (as you wish it to appear in annual giving report) \_\_\_\_\_

Address \_\_\_\_\_

City/State/Zip \_\_\_\_\_

Phone ( ) \_\_\_\_\_ Email \_\_\_\_\_

You can make this gift in recognition of the following and we will notify them of your gift:

In Celebration of  In Honor of  In Memory of

Honoree Name \_\_\_\_\_

Address \_\_\_\_\_ City/State/ZIP \_\_\_\_\_

## Ambassadors Circle

*Continued from front cover*

We would like to welcome and thank the new members of the Ambassadors Circle:

Kay Agney & Bob Lucas  
Lynne Aldrich & Christina Pitts  
Mary Alice Annecharico & Bob Simpson  
Elyse Jones  
George McMullen  
Beline & Tony Obeid  
Deborah Holley Palms  
Katherine Palms  
Lynn & Jack Schneider  
Diane & Ron Strickler  
Sheila Young Tomkowiak  
Frank Wilberding  
Mark Wollenweber

*"Along with the many advantages of life in Grosse Pointe, including schools, public safety, libraries and parks, The Family Center adds a critical element. A one-stop shop for family support and help that not only benefits our current residents, but adds to what attracts new families to our great community."*  
George McMullen, new ambassador



George McMullen is an extremely active community member. His activism extends to Grosse Pointe Rotary, Services for Older Citizens, Grosse Pointe Library Foundation, The

Lake House, NAACP Grosse Pointe, League of Women Voters, Grosse Pointe Chamber of Commerce and many others. He also works as an account manager for Rose Pest Solutions.



Deborah Holley Palms (Deb) is the director of learning services for the Council of Michigan Foundations (CMF) and the president of the HP Foundation, a small family foundation established by her

grandparents and Katherine Palms' great-grandparents, Earl and Elizabeth Holley. Deb and her husband grew up and raised their two children in Grosse Pointe. She has served on several nonprofit boards in the area and has been supporting The Family Center and its mission since 2000.

Lynn Carpenter Schneider and Jack Schneider are both believers in the importance of, and the need for, The Family Center. Jack was an active and well-known hematologist/oncologist until his retirement in 2000. Lynn is very active in the community and works with

Sigma Gamma, Flinn Foundation and the Fink Foundation. She also does pet therapy and volunteers with the Grosse Pointe Animal Adoption Society and Henry Ford Council of Advisors for Cottage.



Beline Obeid was born and raised in Grosse Pointe. She and her husband, Tony Obeid, have four children. She has been selling Grosse Pointe residential real estate for over 25 years. In

2010 she opened her own office, Beline Obeid Realty, to offer her clients a more personalized approach. She has been and continues to be one of the top Grosse Pointe agents. Tony is also a part of Beline Obeid Realty as the offsite administrator. They both chose to serve as Family Center Ambassadors because "many people need the critical support that the The Family Center provides when they have a crisis in their life. This is a passionate group of individuals who are always available."



Frank Wilberding was born and raised in Grosse Pointe. After twenty years in advertising, he sought and earned a Masters of Social Work degree. Frank is a licensed clinical social worker

and a certified advanced alcohol and drug counselor. He has a private practice with a primary focus on addiction, codependency and grief. Frank and his wife, Beth Conrad, live in Grosse Pointe Farms.



Mark Wollenweber is currently the City Manager for Grosse Pointe Shores. He has also served the cities of St. Clair Shores, Huntington Woods, Plymouth, Westland and

Ferndale. Mark agreed to serve as a Family Center Ambassador because "it's a great Grosse Pointe community organization that provides valuable resources so that we are all better parents and community members."

These are just a few of the fine individuals committed to helping us strengthen our community. Stay tuned to the next Family Center newsletter for more highlights from our Ambassadors Circle program.

## We Help People

Thousands of people look to The Family Center every month for timely and relevant resources from a trusted source.

*How do we help? Mothers of newborns have found ways to help their baby sleep all night. Parents of teenagers learned how to plan the college selection process. Adult children have found ways to select in-home care for elderly parents. All of this with help from Family Center resources:*



**Ask the Experts Articles** written by physicians, educators and counselors appear every week in the Grosse Pointe News.

Topics address the entire spectrum of family life. Hundreds of articles are online at [familycenterweb.org](http://familycenterweb.org).



**Ask the Experts Talks** bring talented speakers who educate and engage audiences in an evening of intensive discussion on a single topic. Talks are held at community venues throughout the Grosse Pointes.



**Ask the Experts Videos** of many Talks are online at our YouTube channel and aired on The War Memorial's WMTV.



**Association of Professionals** online directory provides 24/7 access to connect with local mental health

practitioners, specialized services, organizations, senior services, schools, faith community members and businesses.



**Play Central** is a weekly drop-in play program that allows children to be active and caregivers to socialize. Play Central runs

from 9-11am, Wednesday and Thursday mornings, October 4 through May 31. Visit [familycenterweb.org](http://familycenterweb.org) for location.

Visit [familycenterweb.org](http://familycenterweb.org) for articles, events calendar and social media links.

## 15th Annual HOLLYFEST *Honoring Dr. and Mrs. John Schneider*

Join us as we celebrate the past year of service to Grosse Pointe and neighboring communities at the 15th annual HOLLYFEST on November 30, 2017 at the Grosse Pointe Yacht Club! Our Honorary Chairs this year are Family Center Ambassadors Dr. and Mrs. John Schneider.

HOLLYFEST is an invaluable lifeline for The Family Center. The funds raised during the event help sustain our programming, which includes *Ask the Experts* lectures focusing on a wide range of life stages from pre-natal through end-of-life; articles in the Grosse Pointe News; Play Central (a place for parents, grandparents and all caregivers to play with their children while socializing with others); and much more.

Funds raised also underwrite communication outreach efforts to thousands of families and professionals via social media, newsletters and website. Plans for the 2017-2018 programs are already underway but can only be realized with community support and a successful signature event.

The benefit committee is actively seeking support at all levels. Sponsorship information and commitment forms can be found online at [hollyfest.familycenterweb.org](http://hollyfest.familycenterweb.org) or by calling 313-447-1374.

For sponsors contributing \$250 or more, the evening will begin with a VIP reception at 5:30 p.m. Individual reservations are \$125 and doors open for the full event at 6:30 p.m. Cocktails and hors d'oeuvres, silent auction, and dinner will round out the festivities. The auction has had some exciting prizes in the past: beautiful vacation homes, fabulous sports event packages, and much more!

To donate an auction item, please contact the benefit committee, download the auction item form online at [hollyfest.familycenterweb.org](http://hollyfest.familycenterweb.org) or call 313-477-1374. On behalf of all of the families who benefit from The Family Center programs and services, thank you for your generous support. Together, we will enrich our community through stronger families!



### HOLLYFEST Sponsorship Levels

#### CHAMPION SPONSOR: \$5,000

- 8 tickets to HOLLYFEST's VIP Reception and event
- Prominent seating
- Full-page ad on inside of front or back cover of program
- Prominent placards with logo at the event
- 5-minute opportunity on the microphone
- Listing in invitation and program

#### SIGNATURE SPONSOR: \$3,000

- 6 tickets to HOLLYFEST's VIP Reception and event
- Half-page ad in HOLLYFEST program
- Prominent placards with logo at the event
- Listing in invitation and program

#### PATRON: \$1,500

- 4 tickets to HOLLYFEST's VIP Reception and event
- Quarter-page ad in HOLLYFEST program
- Prominent placards with logo at the event
- Listing in invitation and program

#### BENEFACTOR: \$500

- 2 tickets to HOLLYFEST's VIP Reception and event
- Listing in invitation and program

#### PARTNER: \$250

- 1 ticket to HOLLYFEST's VIP Reception and event
- Listing in invitation and program

Sponsorship forms may be found at [hollyfest.familycenterweb.org](http://hollyfest.familycenterweb.org) or call The Family Center at 313.447.1374

# MEET & Greet

*A Gathering for School, Mental Health and Other Professionals Working with Youth, Adults and Families*

Tuesday, October 10, 9:30am-Noon

The War Memorial, 32 Lake Shore Drive, Grosse Pointe Farms



*Connect, exchange business cards and brochures*

*Share information with other community professionals working with youth, adults and families (educators, therapists, physicians, attorneys, dentists, clergy, etc.)*

*Learn about The Family Center and its Association of Professionals*

Register at [familycenterweb.org](http://familycenterweb.org) or 313.447.1374  
FREE

*A community enrichment presentation provided by:*

**The Family Center**  
Resources for Families, Individuals and Professionals



## Discussing an Alzheimer's Diagnosis with Children



Ask the Experts by  
Barbara Roden

**Q: I'm struggling to help my 14 year old son to understand why grandpa is being more forgetful over the past 6 months.**

**The two of them have always had a close relationship. My father was diagnosed with Alzheimer's earlier this year. I would like some suggestions as to how I might be able to help my son understand and to know what to expect in the future?**

A: It is important to be as clear, honest and calm as possible. One of the hardest parts about the disease, especially in the early stages, is that you cannot visually see that something is wrong. You can start your discussion with the common functionalities of the brain (language,

memory, balance, vision, senses etc.) and how all these functions help us do things throughout the day. Then you can explain that dementia is a brain disease that causes some of these functions to fail. Explain that it is progressive and he will see slow changes in his grandfather. Unfortunately it won't get better.

One of the first signs that people notice is loss of memory. His grandfather may have a hard time remembering new memories, such as a doctor's appointment, or a scheduled visit from the family. He may recall older memories such as special times he shared with his grandson.

Possibly have your son recall a special time with his grandfather, then explain that this would be a great topic to bring up with grandpa.

As the disease progresses, there will be things that he will have a hard time doing, and that is not only frustrating

for your son to see, but it will also be frustrating for his grandfather. What is most important, is for your family to focus on what he **can do**, and not on what he **can't do**. Think of things they can do together so they can stay connected.

Even as the disease progresses, and grandpa may not recognize family members, emotional memories remain.

Stay friendly, smile, laugh. This will allow your son to be that special person to him at any stage of the disease and will hopefully provide some long-lasting positive memories for your son.

For helpful resources, visit [www.alz.org](http://www.alz.org).

*Barbara Roden is the owner of Senior Helpers in Grosse Pointe/Saint Clair Shores. For further information call 313.885.0600 or visit [seniorhelpers.com](http://seniorhelpers.com).*

*Senior Helpers is a member of The Family Center's Association of Professionals.*

## Self-Pity VS. Self-Compassion



Ask The Experts  
by Rebecca Palen  
and Leah Beck

**Q: Is there a difference between self-pity and self-compassion?**

A: We realize that there are still many people who confuse self-compassion with self-pity - but the truth is, self-compassion and self-pity are very different emotions that have an equally different impact on our emotional wellness. Here's why:

Individuals who are feeling self-pity are sometimes so immersed in their problems that they lose their sense of empathy and understanding for others. They have trouble gaining perspective and being able to pull back from their situation to see the possibilities. Feeling isolated, they stop connecting and often intensify their difficulty with actions that further separate them from opportunities that could help them.

Feeling self-compassion, on the other hand, isn't isolating and doesn't tend to intensify problems. In fact, self-compassion naturally brings us closer to others because it reminds us that we aren't alone in the problems we face.

One of our favorite authors, Kristin Neff, defines self-compassion as being made up

of three core components: self-kindness, common humanity, and mindfulness. It is helpful to explore these three components.

**Self-Kindness:** Nearly everyone who comes to us for help is experiencing criticism in their lives. While we most often associate the experience of criticism as coming from another person in our lives (a parent, a boss, a teacher, a mate), the harshest critiques most often come from within ourselves. When we choose self-kindness, we learn to be gentle, caring and patient with ourselves, realizing that being harsh rarely results in improving our lives or the situation we are facing.

**Common Humanity:** It is common to feel alone, especially when we are suffering. When we recognize that there are others facing the same or very similar challenges, it eases the sense of isolation we feel, gives us an awareness of the possibilities and often connects us to important resources. When we find a safe environment to read, listen or talk to others about topics that are sensitive, our thinking expands and our behavior often changes. Experiencing a sense of hope combined with new ideas on how to move forward can help us shift into a happier, healthier emotional state.

**Mindfulness:** When we are harsh with ourselves, we frequently are focusing on something that happened in the past (either recent or long ago) or could happen

in the future (later today or years from now). In both cases, we are not focused on the present and what is happening right here, right now. Mindfulness is a practice that keeps us in the present and focused on what is immediately happening. Being fully present can reduce (and even suspend) worry and regret. Staying present and being mindful of our lives from moment to moment is a much gentler and kinder way of living and its direct impact on our emotional health is easy to identify.

Being compassionate with yourself isn't always easy, especially if being harsh with yourself has become a habit, but it isn't self-pity. Unlike self-pity, self-compassion is empowering and can significantly help you through those hard times when you question yourself and your life experiences. Being a friend to another is a gift and so is being a friend to yourself.

*Rebecca L. Palen MPA, LMSW, GC-C, GRS is a practicing psychotherapist in St. Clair Shores, Michigan and the Owner and Practice Director of H3-Hope, Healing & Health, LLC. Leah Beck is H3's Growth Coordinator. H3 provides a wide range of integrative therapies delivered by a team of credentialed therapists and coaches focused on emotional wellness.*

*For more information call 586.335.2006 or visit [www.H3EmotionalWellness.com](http://www.H3EmotionalWellness.com).*

*H3 is a member of the Family Center's Association of Professionals.*



## An Evening with Friends

On Friday, June 9, The Family Center celebrated *An Evening with Friends* at the lovely home and gardens of Bob and Sandy Riney. Bob is the President & CEO of Henry Ford Health System and both he and his wife Sandy, have been strong supporters of The Family Center. Mrs. William Clay Ford served as our honorary chair for the evening – a very special honor for everyone involved.

Members of the newly established Ambassadors Circle were introduced. Along with them and many community supporters, we celebrated our 17th successful year serving the families of our community.

The Family Center relies on events such as this to support our ongoing efforts to provide relevant, timely and discreet information to families. We are forever grateful for the continued generosity of many influential community members.



Bob and Sandy Riney, Mrs. William Clay Ford, Deborah Liedel



Mrs. William Clay Ford, Mary Alice Annecharico, Beth Walsh-Sahutske



Marquita Bedway, Diane Strickler, Joan Rieber, Ron Strickler



Joe Ricci, George McMullen, George Shammass

## Welcome New Board Members and Ambassadors

The Family Center welcomed new Board members and Ambassadors Circle members at a gathering in late June. Pictured below (l-r): Cynthia Dawdy, Rev. Stephen Butler-Murray, Sean Cleland, Sheila Young Tomkowiak, George McMullen, Mary Beth Austin, Milissa Pierce, Beth Walsh-Sahutske, Mary Petersen, Ghada Abdallah, Lynne Aldrich, Suzanne Antonelli, Pamela Flom, Beth Vernon, Diane Strickler, Jeff Jay, Kathryn Oldham, Debra Jay, Deborah Liedel, Jerry Antonelli



## Video Archives



### In Case You Missed It:

The Family Center knows that although you might WANT to attend our relevant and timely

programs throughout the year, you may not be able to do so.

For that reason, we try to videotape as many of the evenings as possible.

More than 80 past presentations are on [familycenterweb.org](http://familycenterweb.org) and on our FamilyCenterWeb Videos YouTube channel.

Here are some of the more recently uploaded program videos:

**High Vibration Living! Living a Healthier, Happier, More Empowered Life**

**For Your Heirs: Preparing for Financial Circumstances of Aging and Disability**

**Making Modern Divorced Families Work, During and After the Divorce**

**Sexual Victimization of Our Youth: On and Off-line**

**The Spirituality of Taking Action: A Cooperative Approach to Lasting Recovery**

**Sexuality and Safety: How to Be the “Go-To” Person for Critical Conversations with Your Children**

**Burnout to Balance: A Mom’s Guide to Mom Time**

**Tips for Getting Ready for Kindergarten**

**HOLLYFEST 2016**

**The College Selection Process**

**Recovery Live - Detroit Residency Tour at Harper Woods High School**

Subscribe to FamilyCenterWeb Videos on YouTube to keep up with new videos as they are added.

Follow us on Facebook ([facebook.com/TheFamilyResourceCenter](https://facebook.com/TheFamilyResourceCenter)) and Twitter ([twitter.com/TheFamilyCenter1](https://twitter.com/TheFamilyCenter1)) to stay up to date on upcoming programs.



#### Board of Directors 2017-2018

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Mary Beth Austin  
Gabriela Boddy  
Sean Cleland  
Cynthia L. Dawdy  
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Rev. Peter J.M. Henry, PhD  
Mary Petersen, LMSW, ACSW  
Milissa Pierce, MA, LPC  
Rania Routsis  
Beth Walsh-Sahutske  
Rev. Richard Yeager-Stiver

#### Ambassadors Circle

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Lynne Aldrich & Christina Pitts  
Mary Alice Annecharico & Bob Simpson  
Elyse F. Jones  
George R. McMullen, Jr.  
Beline & Tony Obeid  
Deborah Holley Palms  
Katherine Palms  
Lynn & Jack Schneider  
Diane & Ron Strickler  
Sheila Young Tomkowiak  
Frank Wilberding  
Mark Wollenweber

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*Executive Director*  
Beth Vernon  
*Assistant to the Director*  
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*Communications & Program Support Coordinator*

# The Family Center

*Resources for Families, Individuals and Professionals*

The Family Center of Grosse Pointe and Harper Woods  
32 Lake Shore Drive  
Grosse Pointe Farms, MI 48236

*Printing of this issue courtesy of an anonymous donor. Thank you!*

## Thank you!

The Family Center is a 501(c)3 organization whose mission is **to serve our community through programs and resources vital to today's families**. Our work is made possible by our generous donors, professionals who contribute their time and expertise, and those who offer beautiful community locations as venues for programs.

### Presenters

Angela Aufdemberge  
*Vista Maria*  
Sean Cleland  
*Cleland Collaborative Solutions*  
Debra Jay  
*Love First, Inc.*  
Jeff Jay  
*Love First, Inc.*  
Charmaine Johnson-Fuller  
*Self-care Coach*  
D/Sgt. Sarah Krebs  
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Mary Petersen, LMSW, ACSW  
*Clinical Therapist*  
F/Lt. Denise Powell  
*Michigan State Police*  
Barbara Roden  
*Senior Helpers*  
Nicole Runyon, LMSW  
*Adolescent Psychotherapist*  
Sonya Thompson  
*CARE of Southeastern Michigan*

### Venue Hosts/Sponsors

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Grosse Pointe Congregational Church  
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