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Celebrating 85 Years

# Grosse Pointe News

MICHIGAN PRESS ASSOCIATION NEWSPAPER OF THE YEAR

VOL. 86, NO. 45, 32 PAGES NOVEMBER 6, 2025  
 ONE DOLLAR (DELIVERY 95¢) Your community newspaper since 1940 GROSSE POINTE, MICHIGAN

Complete news coverage of all the Pointes

## The first issue

By Ted O'Neil  
 Associate Editor

**THE GROSSE POINTES** — Friday, Nov. 7, marks the 85th anniversary of the first edition of the Grosse Pointe News. The accompanying picture (right) shows the front page from that day.

Interestingly, the Grosse Pointe News originally was to be called The Grosse Pointer. As noted in the lead story — the top left article on any page is considered to be that page's lead story as people tend to read newspapers in a counterclockwise method — the Grosse Pointe Yacht Club requested the name change because The Grosse Pointer was the name for its internal newsletter.

The front page also included the tragic news about the death of an 18-year-old Pointer who

passed away that week when his car flipped over at Harvard and Waveney. The 1940 presidential election was that week and 12,500 people in the Pointes cast ballots out of 16,000 registered voters. That's a whopping 78 percent turnout. The national turnout that year was 60 percent. Speaking of the election, the editorial from that first issue is reprinted on page 6A to mark the paper's anniversary and addresses the unprecedented third victory by President Franklin D. Roosevelt. Wendell Wilkie, by the way, outpolled Roosevelt in all five Pointes.

For those keeping score at home, today marks the 4,420th consecutive issue. That includes not missing a single issue during a number of crises — World War II broke out a year and a month after the paper opened its doors — including economic downturns, moving offices several times

See FIRST, page 8A



## City rolls out free parking

### Opportunities offered through end of the year

By Laurel Kraus  
 Staff Writer

**CITY OF GROSSE POINTE** — Beginning this week, the city will trial run two new parking initiatives aimed at encouraging holiday shoppers to spend time in The Village.

Parking now is free in The Village after 6 p.m. throughout November and December. It additionally is free throughout the entirety of the City on all city-recognized holidays through Jan. 1. Both initiatives encompass surface lots, the parking structure and on-street spaces.

Eligible holidays are considered those on which city hall is closed: Thanksgiving, Black Friday, Christmas Eve, Christmas Day, New Year's Eve and New Year's Day.

"(We) can't just say 'holidays,' because somebody's going to decide that National Chocolate Chip Cookie Day is a holiday and it should be free parking," Main Street Grosse Pointe Executive Director Cindy Willcock

See FREE, page 3A

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## Shores updates fence ordinance

By Ted O'Neil  
 Associate Editor

**GROSSE POINTE SHORES** — To put a new twist on an old saying, good neighbors can make good fences.

City council at its meeting Tuesday, Oct. 21, amended its fence ordinance so people can build 6-foot fences with

written consent from their neighbor. The previous limit was 4 feet.

The issue arose when a resident on Roslyn requested approval from the planning commission to replace an existing 6-foot fence that was built sometime in the 1980s and was denied. He appealed to city council, noting his large dog

could easily jump over a 4-foot fence. Council at the time sent the matter back to the planning commission for review.

"We looked at about 18 cities in the surrounding area and most allow for 6-foot fences," City Manager Steve Poloni said. "So we changed a few things."

In the case mentioned

here, a fence higher than 4 feet that needs to be replaced can be done so, up to 6 feet, without the neighbor's consent.

"We do have some around the city higher than 4 feet," Poloni said. "They were either grandfathered in or possibly improperly installed."

See FENCE, page 2A

## City to receive \$13k in additional flooding relief

**CITY OF GROSSE POINTE** — Relief keeps coming more than four years after the fact, with the news that the City of Grosse Pointe is expected to receive an additional \$13,000 in emergency funding from the flooding and basement backups that occurred in June 2021.

"This is part of a grant request that was submitted in 2021," City Manager Joe Valentine explained. "They're closing it

out and they were just reaching out to see if we had any additional submittals. ... They indicated we were eligible for submitting additional staff costs for that event in 2021."

The federal relief funding, funneled through FEMA's Category Z program, is meant to reimburse the city for public services, police and any administrative costs involved in the event, given that former

President Joe Biden approved a Michigan Disaster Declaration. The additional \$13,000 is available thanks to last month's submission of an additional 166.50 staff hours expended during the cleanup which weren't initially reported within the 2021 grant request.

"We had to compile some information very quickly," Valentine said of the tight turnaround in October to gather the

stats FEMA requested, "and special thanks to Pete Randazzo (public works director) for compiling that from all the departments so we could get that submitted in a matter of just a couple of days."

In total, the city now will have received \$405,789.09 in emergency relief funding through this grant program.

— Laurel Kraus

**Grosse Pointe SPORTS!**

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See SPORTS, Section D

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**Pointer of INTEREST**

See story, page 4A

**Fritz Damm**

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# MI's only living Medal of Honor recipient will speak at Veterans Day Breakfast

By Laurel Kraus  
Staff Writer

**GROSSE POINTE FARMS** — As a fitting finale to The War Memorial's year of Vietnam War Commemoration programming, the Tuesday, Nov. 11, Veterans Day Breakfast will be graced with a keynote address by Michigan's only living Medal of Honor recipient, Vietnam War veteran Jim McCloughan.

"Each Veterans Day, and throughout the year, The War Memorial is honored to open our doors to those who have served our nation with courage and dedication," said Maria Miller, president and CEO of The War Memorial, in a release. "Veterans Day is more than a moment of recognition — it is a commitment to remembering the sacrifices made for our freedom. This year, we are especially privileged to welcome Medal of Honor recipient Jim McCloughan, whose extraordinary service exemplifies the very spirit of bravery and selflessness we honor."

McCloughan was awarded the Medal of Honor in 1969, for distinguishing himself by acts of gallantry and intrepidity at the risk of his life, above and beyond the call of duty during 48 hours of close-combat fighting May 13 to 15, 1969.

Drafted into the Army



PHOTO COURTESY OF JAMES C. MCCLOUGHAN

**Then-Pfc. James McCloughan in front of the Vietnam Regional Exchange Snack Shop, 1969.**

at 22 years old to serve as a combat medic, the then-private first class is credited with saving the lives of 10 members of his company during the two-day battle.

His official citation from Congress recalls the harrowing details:

From the moment McCloughan was dropped by helicopter into the middle of a hot zone, he ran 100 meters in an open field through heavy fire to rescue a fellow soldier who had badly damaged his leg jumping from the hovering helicopter — carrying the man on his shoulders to safety.

"I weaved and sprinted through the fire and slid in next to him like I was sliding into second base," the four-sport varsity athlete later would recall.

Later in the day, the

platoon was ambushed and heavily outnumbered by a large North Vietnamese Army force. McCloughan got two Americans who had been shot to the safety of a trench, while being wounded by shrapnel from a rocket propelled grenade. He then ignored a direct order to stay back and moved into the kill zone four more times to extract wounded soldiers.

McCloughan refused evacuation to safety for his wounds and the next day, as the platoon continued advancing, was injured a second time by small arms fire and shrapnel from a rocket propelled grenade while tending to two soldiers in an open rice paddy.

As 700 North Vietnamese soldiers descended on his com-

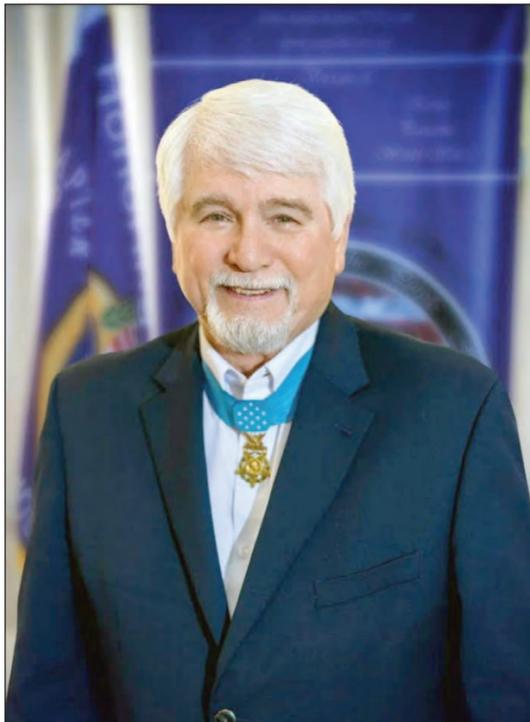


PHOTO COURTESY OF THE WAR MEMORIAL

**Medal of Honor recipient James McCloughan will speak at The War Memorial's Veterans Day Breakfast Nov. 11.**

pany from three sides during the final stages of the attack, McCloughan reentered the crossfire numerous times to extract wounded soldiers.

His bravery did not end with his medical mission. In order to affect a nighttime supply drop, McCloughan volunteered to hold a blinking strobe light in an open area as a marker, while bullets landed around him.

"During the morning darkness of May 15th, Private First Class McCloughan knocked out a rocket propelled grenade position with a grenade, fought and eliminated enemy soldiers, treated numerous casualties, kept two critically wounded soldiers alive during the night and

organized the dead and wounded for evacuation at daylight," reads the official Medal of Honor citation from Congress. "His timely and courageous actions were instrumental in saving the lives of his fellow soldiers. Private First Class McCloughan's personal heroism, professional competence and devotion to duty are in keeping with the highest traditions of the military service and reflect great credit upon himself, the Americal Division and the United States Army."

McCloughan today is one of only 61 living recipients of the country's highest recognition for valor in combat.

Out of more than 40 million Americans who have served in the Armed

Forces since the Civil War, only 3,528 have received the Medal of Honor.

The odds of meeting a Medal of Honor recipient in everyday life is approximately one in 5.57 million people, according to the Congressional Medal of Honor Society. That's a 0.000018 percent chance.

"Having him here is a pretty big deal," said Alex Szwarc, War Memorial Veterans Committee chairman. "We have not had a Medal of Honor recipient talk at our Veterans Day Breakfast, so it certainly is a rare opportunity."

The ceremony also will include a Presentation of the Colors by the Vietnam Veterans of America Chapter 154; service song medley from the Men's Club of Grosse Pointe; thank-you notes handmade by local students for veterans; and a breakfast prepared by The War Memorial's culinary team.

Prior to the program beginning at 9 a.m., coffee hour again will be held in the community room from 8 to 9 a.m., made possible by the generosity of the Louisa St. Clair Chapter, National Society Daughters of the American Revolution.

The annual Veterans Day Breakfast is free for veterans to attend, who may additionally bring one guest each at a cost of \$20.

As the event is expected to reach capacity, reservations are required and may be obtained at warmemorial.org/events/veterans-day-breakfast-7rwjx.

"Veterans Day marks

See HONOR, page 8A

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## FENCE:

Continued from page 1A

The ordinance also

says any fence can only be installed up to the front building line of the neighbor, so as not to cause a sight obstruction.

What is considered the "good" side of the fence, meaning no visible posts, must face the neighbor, although many privacy fences are now built with internal posts.

"There may be some neighbors who don't get along that will say no to a new 6 foot fence," Poloni said, "but we felt if we allowed 6 feet without consent it would cause more problems."

The regular permitting process and applicable fees still apply in all cases.

# War veteran becomes PSO

By Brad Lindberg  
Staff Writer

**GROSSE POINTE PARK** — Being married and raising six teenagers are qualifications enough for Chad Gump to become a peace officer.

Add 12 years in a U.S. Marine Corps engineering battalion, featuring deployment to the war zone of Fallujah, Iraq, in 2004, and he was a natural.

But there was something missing.

“I always wanted to be a firefighter,” Gump said.

Along came the Grosse Pointe Park Department of Public Safety. Officers are cross-trained in law enforcement and battling flames.

“The best of both worlds,” Gump said.

“From the time we interviewed Chad, we liked him and knew he would be a great fit here,” Director Jim Bostock said. “We are happy to have him on the team.”

Engineering battalions blow things up. In a role reversal, Gump’s new career includes preventing things from burning down.

“One of my very good friends is a firefighter,” he said. “I have a few firefighters in my family. It kept ringing in my head, ‘I want to be a firefighter.’”

Although military service and law enforcement



PHOTO BY BRAD LINDBERG  
**Grosse Pointe Park PSO Chad Gump.**

skills overlap, fellow Park PSO Jesse Lafriniere said being a police officer requires a different mindset than the authoritarian role on which combat-oriented organizations depend.

“Community policing is working with the community, not only enforcement,” Lafriniere said.

“Being able to work with the public and help people get through their day — it’s like my volunteering at the food pantry and soup kitchen,” Gump said. “I just love serving the community so we can provide a better community as a whole.”

Gump started working for the Park about a year ago as an ordinance enforcement officer. He dealt mainly with parking regulations and animal control.

“I was facility director at Immanuel Lutheran Church and School for roughly five years,” he said.



# Poll position

David Rakecky cast his vote at Grosse Pointe Shores City Hall. There, residents voted on Wayne County or Macomb County proposals, depending on where they live in the Shores. Find local election coverage online at [grossepointenews.com](http://grossepointenews.com) and in next week’s newspaper.

PHOTO BY RENEE LANDUYT

# Former three-sport athlete trades ball for badge

By Laurel Kraus  
Staff Writer

**GROSSE POINTE FARMS** — The Farms’ newest public safety hire, Conor McKenna, is transitioning from a past athletic career to one in law enforcement, all within the community where he was born and raised.

McKenna, who graduated from Grosse Pointe South High School in 2019, was a three-sport athlete, competing for the Blue Devils in football, baseball and hockey.

The lifelong Park resident won a state championship in baseball his junior year, as well as made first-team All-State in hockey.

Though he went on to

graduate from Western Michigan University with a bachelor’s degree in business and spent roughly a year working in sales, it quickly became clear the career wasn’t for him.

“I was drawn to service,” McKenna said. “I like the idea of being there for people when they’re at their worst or having a really bad day and me being able to have an opportunity to make that better and make them feel safe. That was a very important thing to me. It always has been growing up and being able to use that in a professional aspect is really a dream come true.”

As it so happened, McKenna’s football

coach at South, Terry Hayes, is a longtime member of the Park’s public safety department — though this fall he was hired into the City’s department.

“While I was going through that idea of a career change roughly two years ago, Terry Hayes had posted on Facebook that they were having an opening in the

Park,” McKenna said, “and it sparked my interest ... and made me investigate and explore careers within public safety.”

The 24-year-old added he’s happy to be serving anywhere in his hometown and envisions a long career ahead.

“Obviously, this is

See *BADGE*, page 5A

# Pointers come through for nonprofit

By Laurel Kraus  
Staff Writer

**CITY OF GROSSE POINTE** — The first annual all-Pointes Sporting Equipment Drive was a smashing success.

Hosted Saturday, Nov. 1, by Neff Park, in partnership with The Neighborhood Club, the drive invited Pointers to donate new or gently used sporting equipment for the newly opened southeast Michigan chapter of Leveling the Playing Field. The nonprofit refers to itself as a food bank for youth sports, redistributing the items to low-income, youth-facing sports programs and schools.

“We had 107 vehicles come by within the two-hour span (of the drive),” City Parks and Recreation Coordinator Chad Murphy said, “and that amounted to six very full pickup trucks delivering to Level the Playing Field that afternoon.”

It is, by far, the largest donation the chapter has received since opening and beginning to accept donations in March, according to Program Director Catie Meyers.

“The turnout for the sports gear drive was incredible,” added Kara H a r d e n b r o o k , Neighborhood Club marketing and development director. “We were able to deliver six full pickup truckloads of gear to Leveling the Playing Field Detroit, directly removing the cost barrier so more kids can experience the joy of sports. It’s a great feeling and not at

See *DRIVE*, page 8A

# FREE:

Continued from page 1A

noted.

Though the city has not made a habit in recent years of enforcing evening parking payments, the initiative makes free evening parking official and common knowledge.

“Five p.m. is (when we see) the highest number of visits to The Village, then it drops significantly,” Willcock said, “so in order to encourage businesses to stay open a little bit later (and) offer that opportunity to market that as free parking after 6 o’clock, especially starting off during the holiday, we think will be an asset to those businesses and create a little more vibrancy and viability in that.”

The city expects to lose approximately \$4,840 in parking revenue on the six holidays — which partially will be offset by \$1,200, since parking staff will not be needed on those days — as well as approximately \$5,500 in parking revenue from the after 6 p.m. initiative.

“I think the potential



**Metered on-street parking in The Village, in addition to surface lots and the parking structure, is free after 6 p.m. and on city-recognized holidays through New Year’s Day.**

PHOTO BY RENEE LANDUYT

goodwill and additional customers we can bring in can potentially raise parking revenue at other times,” Willcock said. “We’re seeing an increase in visitors and visits that we have year-to-year, so that number is going to continue to go up.”

The initiatives are in combination with the continuation of the city’s tradition of offering free parking in Village surface lots only on Saturdays and Sundays from Thanksgiving to

Christmas.

Specific dates are Nov. 29 and 30, and Dec. 6, 7, 13, 14, 20 and 21.

This annually costs the city about \$5,000 in revenue, of which MSGP reimburses half.

The Village’s parking structure also will continue with its status quo of free parking on Sundays, and otherwise three hours of free parking with validation from Trader Joe’s and one hour of free parking with validation from Pet Supplies Plus.



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# The Week Ahead

## MONDAY, NOV. 10

- ◆ Grosse Pointe Woods Construction Committee meeting, 6:15 p.m.
- ◆ City of Grosse Pointe City Council meeting, 7 p.m.
- ◆ Grosse Pointe Farms City Council meeting, 7 p.m.
- ◆ Grosse Pointe Public School System Board of Education meeting, 7 p.m.
- ◆ Grosse Pointe Shores Improvement Foundation meeting, 7 p.m.
- ◆ Grosse Pointe Park City Council meeting, 7 p.m.
- ◆ Grosse Pointe Woods rescheduled City Council meeting, 7 p.m.

## TUESDAY, NOV. 11

- ◆ Main Street Grosse Pointe Board of Directors meeting, 6:30 p.m.

## WEDNESDAY, NOV. 12

- ◆ Grosse Pointe Shores Finance Committee meeting, 9 a.m.
- ◆ Grosse Pointe Woods Beautification Advisory Commission Awards, 6:30 p.m.

## THURSDAY, NOV. 13

- ◆ Grosse Pointe Park Beautification Awards, 7 p.m.
- ◆ Grosse Pointe Woods Historical Commission meeting, 7:30 p.m.



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## 4A | POINTER OF INTEREST

## A lifelong commitment to law, athletics and service

By Meg Kelly  
Editorial Intern

Across more than 50 years, Fritz Damm has shaped both his career and his life around the principle of dedication. That commitment extends to his clients, his university, the city he calls home and a belief that giving back should be a constant practice rather than a rare gesture.

It's a life that has taken him from a small high school in Muskegon to the swimming lanes at the University of Michigan; from law school in Detroit to leadership roles in national legal associations; and from co-founding a social service agency to mentoring the next generation of lawyers and student-athletes.

Born and raised in Muskegon, Damm graduated from North Muskegon High School in 1960, one of just 100 classmates. He played football, basketball and golf.

"I was not even a fair

athlete," Damm said.

But that label changed in an unexpected way. When Damm enrolled at the University of Michigan as an English major, he was placed in a dormitory full of swimmers. One of them introduced him to legendary Olympic coach Gus Stager, who urged him into the pool.

"Nobody told me I couldn't do it," Damm said.

With no background in competitive swimming and no pool at his high school, Damm had a steep learning curve. Stager taught him the fundamentals and older teammates helped him with racing skills like flip turns. Within a year, Damm was competing at the varsity level.

"He's the reason I'm sitting here," Damm said of Stager. "I didn't know any better and I just worked hard."

Damm's family ties to Michigan athletics run deep. His father, Russ, was a member of the

University of Michigan football squads that won consecutive national titles in the early 1930s, sharing the field with future president Gerald R. Ford.

The experience shaped Damm's lifelong view on mentorship and opportunity.

"Swimming gave me a chance," Damm said. "That's why I've spent my life trying to give back."

After earning an undergraduate degree, Damm wasn't ready to head straight into law school. In the mid-1960s, he crossed the Atlantic, bound for Bristol University in England. He traveled extensively through Europe, meeting people from around the world and immersing himself in new cultures as he now urges young students to do the same.

"At your age, do it," Damm said. "I just recommend it. It changes you."

During that time, Damm realized he wanted to pursue law. He eventually came back to Detroit,

beginning his studies at Wayne State University Law School and completing his degree in 1968. In those days, most law schools admitted one class per year, so Damm worked and waited for the September start. He clerked for a Muskegon law firm, whose partners he had known since childhood, and interned in Washington, D.C., for a U.S. congressman from Holland, Mich.

The Grosse Pointe Woods resident admits his career choice was partly a process of elimination. Originally considering teaching, he was swayed by advice from a mentor who told him not to pursue that due to the monetary issues. The Vietnam War draft also was a factor.

"As long as you were in school, you wouldn't get drafted," Damm said.

Damm even tried to enlist in the U.S. Navy and U.S. Air Force, but was turned down due to a congenital back problem he didn't know he had. By then, he was committed to building a career in law.

What followed was a legal career spanning more than 50 years, the majority of it in transportation law. In 2008, during a period of national recession, Damm helped open the Detroit branch of Scopelitis Garvin Light Hanson & Feary, joining the firm as a partner. Despite the challenging economic climate, the office grew steadily. Damm now serves in an "of counsel" role.

Over the course of his career, his practice has spanned transportation law, labor and employment matters, mergers and acquisitions, freight and cargo disputes, collections and workers' compensation cases. His professional involvement has taken him to regional Transportation Lawyers Association seminars, the Canadian Transport Lawyers Association's Winnipeg conference and national legal forums such as the DRI Trucking Law Committee and the Conference of Freight Counsel.

Within the Transportation Lawyers Association, Damm advanced from first vice president in the late 1990s to serving as president in 2001. He also for 21 years led the group's Recruitment and Member Services Committee, which subsequently col-



COURTESY PHOTOS

Fritz Damm in August, during a visit to Livingston, Mont., with his grandson, Mac, about to turn 2.

qually became known as the Damm Membership Committee.

In 2009, Damm was honored with the TLA Lifetime Achievement Award for his decades of service to the profession and, this year, was granted the TLA's Lifetime Membership Award.

During the presentation of the award, Damm was said to have earned nearly every honor TLA offers.

The walls of his office display towering stacks of toy truck models, each one representing a transportation client he has advised over the years. While many of those companies have since closed, the models remain as a visual record of both the industry's evolution and Damm's work within it. Outside the courtroom, Damm's longest-running service commitment began shortly after he moved to Detroit. In 1968, while visiting churches, he connected with the Cathedral Church of St. Paul and met Father James McLaren. The two saw a growing need for direct, compassionate aid to Detroiters in crisis.

"His idea was to offer not a handout, but a hand up," Damm said.

In November 1971, they founded Crossroads of Michigan, a social service agency dedicated to providing counseling, food and other resources to people in need. Over the years, Crossroads has grown to include the James A. McLaren Building and expanded programs funded by generous donors, including a radiologist who underwrote major renovations. He has been Crossroads' legal counsel since its founding and was recognized with the McLaren Award in 2013, for his decades of dedication. He now holds the position of chancellor on the agency's board of trustees.

Some stories from Crossroads have stayed with him for decades, like the woman who came in seeking help getting a divorce and whose life he followed long after the initial meeting.

"The rewards are why you do it," Damm said. "I'm a born salesperson. If I believe in something, I can sell it."

Damm's connection to the University of Michigan didn't end with graduation or athletics. His involvement includes terms as governor of the U-M Club and chairman of the Presidents Club,

roles in which he partnered with university leaders to strengthen donor relations. He introduced presidents to Detroit alumni and organized fundraising events at the Detroit Athletic Club.

"I know everyone who has a building at Michigan except Yost," Damm said.

He also played a role in creating the Ufer Award through the Graduate M Club, honoring longtime Michigan football broadcaster Bob Ufer and given in recognition of exceptional enthusiasm and commitment to the university and the club.

Damm was honored to receive the annual award himself in October.

"A former M Club President and lifelong ambassador for Michigan Athletics," the Letterwinners M Club Board issued in a statement, "Fritz Damm exemplifies the spirit of the Ufer Award through his unwavering enthusiasm, proactive leadership to connect generations and uplift student-athletes and enduring commitment to building community and opportunity for generations of Letterwinners."

Damm's athletic legacy also includes induction into the Letterwinners M Club and serving as its president from 1983 to 1984. For the past decade, he has hosted an annual DAC dinner for senior swimmers and divers, aiming to smooth their transition from collegiate athletics into their next chapter.

"One of the reasons the Grad M Club won the Ufer Award was because we care about that transition," Damm said.

Damm believes deeply in mentoring, whether it's young lawyers, student-athletes or community members. His advice is simple: to give and do what you are passionate about.

Looking back, Damm credits his success to the opportunities others gave him and he has made it his mission to return the favor. From swimming to law to nonprofit leadership, he has built a life around connection, opportunity and service.

"Do things to change lives and leave the world a better place," Damm said.

It's a mantra he has lived by, one that began in a small high school without a pool and carried him through a lifetime of saying "yes" to challenges and chances alike.



Damm, right, sits with his dog, Blue, and his Michigan swim coach, Gus Stager, at Stager's cottage at Indiana Dunes, around 10 years ago. Stager was a long-time Michigan coach who won many NCAA championships, as well as a 1960 Olympic coach.



## Shore Club Apartments & Marina

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### Grosse Pointe News

USPS 230-400

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Calling it a “Brian sandwich,” Public Safety Officer **Conor McKenna**, center, is flanked by, from left, dad, **Brian**; girlfriend, **Sarah Seagram**; sister, **Shannon**; and brother, **Brian**.



PHOTOS BY LAUREL KRAUS

**BADGE:**

*Continued from page 3A*

such a great department,” he said. “A lot of people you see here, they retire out of here after serving 25-plus years, so that’s a really good telltale sign that it’s a great place to be in my eyes. Seeing myself here in 25 years retiring out of here and having a great career is definitely where my mind’s at.”



Public Safety Officer **Conor McKenna**, left, and Public Safety Director **John Hutchins**.

**Grosse Pointe Park**

**Account secured**

Bank officials looked out for a depositor by intercepting an attempted online transaction that turned out to be fraudulent.

The incident, which occurred Wednesday, Oct. 29, involved an unknown suspect trying to withdraw \$7,000 from the would-be victim’s account.

worth \$400 from a vehicle parked on the block.

— **Brad Lindberg**  
*Report information about these and other crimes to the Grosse Pointe Park Public Safety Department, (313) 822-7400.*

**City of Grosse Pointe**

**Thief caught after the fact**

A 55-year-old Detroit man was arrested last week for a past theft from a business in the 17000 block of Mack.

**eos Lotion thief**

A white man with a heavy build stole approximately 12 bottles of eos Lotion, worth a total of \$160, from a business in the 17000 block of Kercheval at 9:40 p.m. Monday, Oct. 27.

**Unlocked vehicles**

Nothing appeared to be taken from an unlocked vehicle on Cranford that was rummaged through overnight into Tuesday, Oct. 28.

A wallet was stolen from another unlocked vehicle in the 600 block of Notre Dame the same night.

**Closing time, can’t stay here**

A white man in his 40s entered a business in the 17000 block of Kercheval at closing time Wednesday, Oct. 29, gathered \$100 in items and ran out.

**License plate thief caught**

A man who stole the license plate from a van

in the Kroger parking lot at 6 p.m. Friday, Oct. 31, was captured on video, identified and arrested Monday morning.

— **Laurel Kraus**  
*Report information about these and other crimes to the City of Grosse Pointe Public Safety, (313) 886-3200.*

**Grosse Pointe Woods**

**Unlocked bikes stolen**

Two unlocked bikes were stolen last week. The first occurred at a business in the 20400 block of Mack between 9 and 10 a.m. Tuesday, Oct. 28. The report did not mention the bike’s make or value, but the owner said it is light blue with butterfly stickers on the handlebars.

A Liv Bliss bike worth \$500 was taken from a bike rack at Grosse Pointe North High School between 3:10 and 4:10 p.m. Wednesday, Oct. 29.

**Unlocked vehicle**

A wallet was stolen from an unlocked vehicle sometime overnight into Tuesday, Oct. 28, in the 900 block of Brys. The

owner was notified by his bank of fraudulent credit card activity.

— **Ted O’Neil**  
*Report information about these and other crimes to Grosse Pointe Woods Public Safety, (313) 343-2400.*

**Grosse Pointe Farms**

**Missed renewal by month**

A 30-year-old Harrison Township man was arrested during a routine traffic stop at Chalfonte and Mt. Vernon at 12:44 p.m. Tuesday, Oct. 28, when it was found his concealed carry permit expired a month prior and he had a loaded gun under his seat.

**Attempted alcohol theft**

A 27-year-old Detroit man was arrested for attempting to conceal and steal a bottle of alcohol from a business in the 19000 block of Mack at 8:18 p.m. Tuesday, Oct. 28.

**Driver in critical condition**

A 52-year-old Detroit man driving a Fiat along

Mack at 12:31 a.m. Saturday, Nov. 1, first crashed into a Lyft vehicle stopped at a red light near Outer Drive and then drove 60 mph into the rear-end of another vehicle stopped at the light at Calvin.

Though officers initially found him unconscious and not breathing, he was transported to an area hospital in critical condition. Alcohol was found in his system via a blood draw.

**Infotainment theft continues**

The window was smashed and the infotainment system stolen from a vehicle parked in the 300 block of Ridgemont between 8 p.m. Saturday, Nov. 1, and 8:30 a.m. the next morning.

— **Laurel Kraus**

*Report information about these and other crimes to Grosse Pointe Farms Public Safety, (313) 885-2100.*

**Grosse Pointe Shores**

**No soliciting**

A 17-year-old male from Royal Oak was told solicitation is against city ordinances after a Fontana Lane resident who was not home at the time saw him walking in front of her house via a security camera around 2:30 p.m. Saturday, Nov. 1.

The teen was offering window-washing services.

— **Ted O’Neil**  
*Report information about this and other crimes to Grosse Pointe Shores Public Safety, (313) 881-5500.*

**Bikes stolen**

A bicycle valued at \$3,000 was reported stolen overnight Wednesday, Oct. 29, while parked in an open garage in the 1100 block of Grayton, according to police.

The bike, described as a Specialized Diverge model, is black. It has a basket and brown sidewall tires.

The next day, a \$500 silver Marin women’s mountain bike was reported stolen while parked behind a house in the 1300 block of Maryland.

**Violates trust**

A nearly 60-year-old female suspect, described as the trusted caretaker of an elderly Park resident, faces investigation for identity theft and unauthorized use of a financial transaction device.

She’s accused of making approximately \$1,700 worth of unauthorized online charges and ATM withdrawals at the victim’s expense.

**Car entered**

A resident of the 1100 block of Buckingham reported belatedly to police last week that during the 24-hour period starting Friday, Oct. 24, someone stole \$20 in change and headphones



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# POINTES OF VIEW

GROSSE POINTE WOODS / GROSSE POINTE SHORES / GROSSE POINTE PARK / GROSSE POINTE FARMS

## Grosse Pointe News

PUBLISHED WEEKLY BY WEEKLY BUGLE, LLC  
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PHONE: (313) 882-6900 FAX: (313) 882-1585  
E-MAIL: EDITOR@GROSSEPOINTENEWS.COM

SEAN COTTON: Owner  
ANNE GRYZENIA: Publisher  
JODY MCVEIGH: Editor in Chief

### OUR VIEW

## Day one

(Editor's note: The first edition of the Grosse Pointe News was published 85 years ago Friday, Nov. 7. We are running the editorial from that day in commemoration of our anniversary.)

It is not the purpose of the Grosse Pointe News in its initial number to declare any elaborate program of pledges and policies, or to announce its dedication to any particular field of service. Its basic reason for its appearance is the belief of its owners that there exists in this important community of the Greater Detroit area the need for a progressive newspaper, giving special attention to the interests and activities of the Grosse Pointes and an increasingly complete coverage of these matters.

Goodwill and even-tempered judgment will be its sincere sentiment and open expression on all concerns and issues treated in its columns. It will aim to be an American newspaper in the broadest and best sense, entitled to the goodwill of all men and women and, because it will be clean and wholesome in tone, and fair and honest in policy, it should earn a welcome into any home in the community.

The Grosse Pointe News will be peculiar, in the untrammelled position of its owners and publishers, to effectively serve the people in its background relations with any clique or faction, either political, commercial or social, might be embarrassing, it will honestly speak for the greater interests of the community. It will labor under no hidden control to evade its civic responsibilities.

It will urge educational progress and municipal improvements, but with constant regard to the burden imposed by additional taxes.

This newspaper will support organized religion, and while respecting the different creeds of all, and be in unalterable opposition to atheism and man-made cults, which are threatening the spiritual stability of the world, as substitutes for the precepts of divine growth which have guided civilization to its present high plane, and to which the world is indebted today for all it contains of moral values.

It believes in the rights and reciprocal obligations of employers and employees and will treat both sides with fairness and candor in such controversies as may arise.

The Grosse Pointe News believes in the main in the governmental and economic policies of the Republican Party, with the reservation to oppose its candidates where their character or capacity merit the opposition of thinking citizenry; or when its declared national policy is opposed by our conscience or conviction.

The Grosse Pointe News believes that business and production is essential to the happiness and prosperity of the people; that its material expression is the only avenue to the abundant life and that it offers the only medium through which we can attain those spiritual values of political, religious and intellectual freedom whose mass we call the American scheme of life. It believes that the greatest latitude should be accorded private enterprise, subject only to such governmental reservations as may be obviously necessary for the general welfare.

Its greatest hope is that it may earn an early recognition in this area as an accurate and just register of its social, political, business and commercial interests and activities and earn its place as a force making for better social and commercial relations, for better government and greater opportunities for material and cultural advancement.

Even with the election only a matter of hours

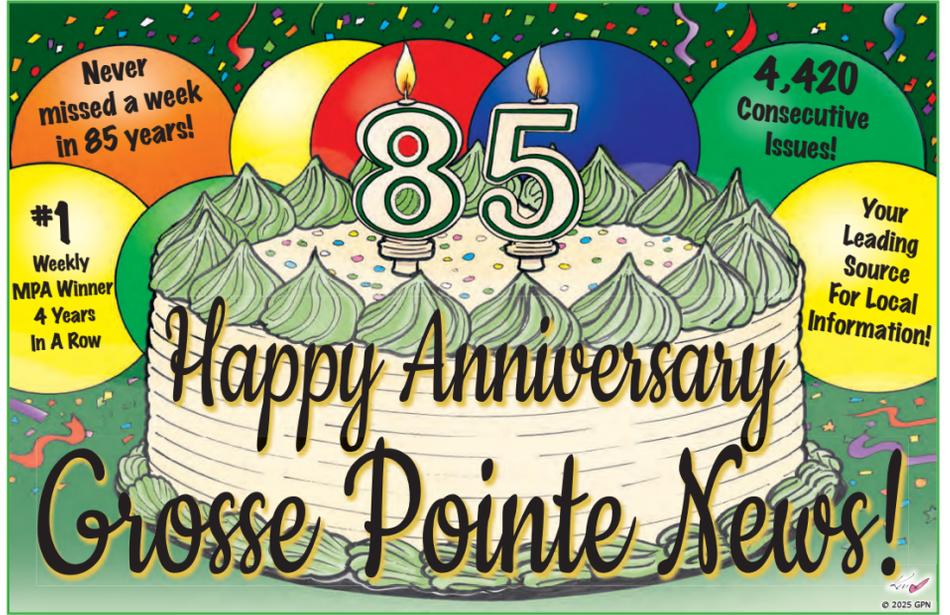


ILLUSTRATION BY KEN SCHOP

in the past, it is not difficult to already call the roll on two or three outstanding factors in the campaign just finished which puts Mr. Roosevelt in the White House for four years more.

A vast element of the people who have been the most defenseless sufferers in the difficult times through which the country has lived for the past decade, were irremovably rooted in their conviction that President Roosevelt was their personal champion against distress and future insecurity. To them immediate paternalism in government dimmed their vision or dulled their capacity to recognize or even consider the long-range implications of the policies of which they were the immediate beneficiaries, and against which they were so strenuously warned during the campaign.

The crisis in Europe, which arose with cyclonic suddenness in the spring and early summer, gave instant proportions to national defense as a political factor which Mr. Roosevelt, as a master strategist, and from the vantage point of the Man in Power, was not slow to use. With avidity he seized the tail of the national defense dog and with firm grip thereon, was literally dragged through an abatis of eight years of failures, sufficient to utterly destroy any presidential candidate in normal times, across the goal line for a touchdown unparalleled in American political annals.

He won out through the barriers of eight years of failure to restore employment, through the increase of the national debt to astronomical proportions, against buying the world's gold at a premium of 41 cents on the dollar and at the same time taking from our own people their gold at a loss to them of \$2,800,000,000. He won despite his violation of every major plank in the party platform upon which he originally stood and was elected; despite his defiance of the laws of industry and principles of economics which enhance the profits of private groups in one field at the expense of workers and growers and decrease the earning of private groups in another economic field, as the pendulum swings.

He won despite a notorious waste of public

funds in work and construction programs which brought only a general record of failure to achieve his declared objective, despite the supposed barrier of the third term inhibition which from a century and a half of observance was supposed to be decidedly embedded in the national political conscience. So might the hurdles Mr. Roosevelt took be multiplied almost indefinitely.

The fact that the support of public beneficiaries, present and prospective, and the outstanding place in the program of national defense which his position gave him, were the most readily discernible factors in his election, is not to imply that Mr. Roosevelt was not completely sincere in his stand in these matters, nor even to question their righteousness.

There were many on the sidelines during the campaign who felt that Mr. Willkie made a mistake in every premise he made of the national defense question to enter the campaign. He could have scotched it in the beginning by a simple, wholehearted approval of all that President Roosevelt had done and affirming and in all earnestness that if elected he would do likewise, or more so. If with this declaration he had gone to town on Mr. Roosevelt's conduct of the domestic affairs of the nation for eight years, where the field was ready for plowing, he might have gone farther.

But Mr. Roosevelt is to be the president of the United States for the next four years. The very essence of the American democratic plan is that the wish of the people, as expressed by the majority in a general election, becomes the basic governmental force in the country. It becomes the duty of every true American, regardless of his personal convictions, to express and act the role of a true American; in cooperation with the nation's duly selected authorities; in their efforts for the solution of our common problems; in their contact with whole-hearted loyalty in helping our President "make democracy work."

## LETTERS

The Grosse Pointe News welcomes letters to the editor. All letters should be typed and signed with the writer's full name and local address, as well as a daytime telephone number for verification or questions. Letters longer than 300 words may be edited for length. All letters may be edited for content. We reserve the right to refuse any letter. The deadline for letters is 3 p.m. Monday. Letters may be submitted via email to editor@grossepointenews.com or by filling out the letters form on our website, grossepointenews.com.

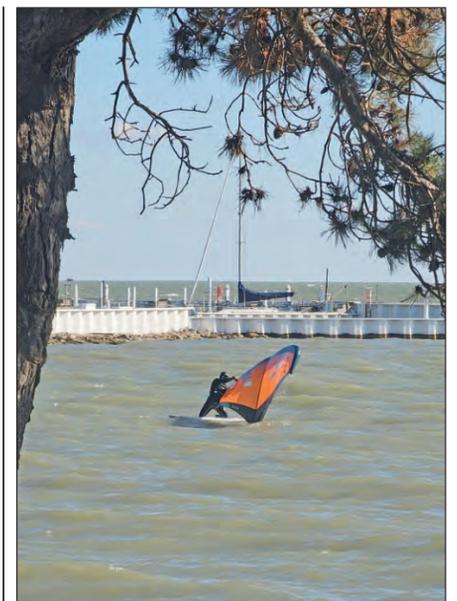


PHOTO BY RENEE LANDUYT

## Pure Grosse Pointe

This courageous man tried wind surfing near Pier Park in Grosse Pointe Farms Tuesday, Oct. 28. He got up on the board a few times, but the wind was strong so he called it a day and brought his board back into the park.

### WEEKLY BUGLE, LLC

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#### EDITORIAL

(313) 882-6900

Jody McVeigh: Editor in Chief

Ted O'Neil: Associate Editor

Mike Adzima: Sports Reporter

Kyla Bazy: Obituary Writer

Laurel Kraus: Staff Writer

Renee Landuyt: Staff Photographer

Brad Lindberg: Special Writer

#### PRODUCTION

(313) 343-5573

Ken Schop: Production Manager

John Pigott: IT Manager

David Hughes: Graphic Artist

Mary Schlager: Graphic Artist

Donna Zetterlund: Graphic Artist

#### ADVERTISING

(313) 882-3500

Shelley Owens: Advertising Manager

Ken Ong: Account Executive

Julie R. Sutton: Account Executive

Melanie Mahoney: Administrative Assistant

MARKETING

Olivia Monette: Marketing Specialist & Audience Development Manager

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### GROSSE POINTE 7-DAY WEATHER FORECAST

November 6 - 12



THU FRI SAT SUN MON TUE WED



53° 57° 48° 46° 41° 40° 47°

40° 37° 35° 28° 30° 33° 36°

Partly Cloudy Rain Mostly Cloudy Rain & Snow Partly Cloudy Cloudy Cloudy

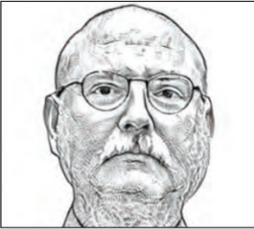
0% 90% 10% 40% 10% 0% 0%

SUNRISE 7:10 am SUNRISE 7:12 am SUNRISE 7:13 am SUNRISE 7:14 am SUNRISE 7:15 am SUNRISE 7:17 am SUNRISE 7:18 am

SUNSET 5:21 pm SUNSET 5:20 pm SUNSET 5:18 pm SUNSET 5:17 pm SUNSET 5:16 pm SUNSET 5:15 pm SUNSET 5:14 pm

Weather data courtesy of Channel 4, WDIV Detroit • ClickOnDetroit.com

I SAY By Ted O'Neil



# Happy something day

two national days that speak to pretty cool things.

It seems as though every day on the calendar is marked to celebrate national something day. Same goes for each month. Actually, there are multiple things celebrated or marked or honored each day and each month.

What's next? National hours? Minutes?

While some can be rather silly, today marks

First off, it's National Nacho Day. While I enjoy Mexican food in general, nachos are a favorite this time of year, making for the perfect snack watching football.

According to national-daycalendar.com, in their purest form nachos are tortilla chips covered in nacho cheese, queso or other melted cheese and served with salsa.

The website goes on to say Ignacio "Nacho"

Anaya created the dish in 1943. According to his son, Nacho was the maître d' at the El Moderno Restaurant in Piedras Negras, Mexico, just across the border from Eagle Pass, Texas. One evening after the kitchen staff had left, a group of U.S. Army wives stationed at Fort Duncan in Eagle Pass came into the restaurant looking for a snack after a long day of shopping.

Anaya prepared some tostadas cut into triangles, topped them with

shredded cheese and sliced jalapenos and heated the dish in the oven. They were such a hit with the Army wives that they named the snack "Nacho's Special" before he could make another batch.

Today, of course, nachos are more commonly known to use tortilla chips — which naturally have their own day, Feb. 24 — and can include all sorts of toppings, including beef, chicken or seafood, lettuce, guacamole, olives,

sour cream, salsa, etc. Pulled pork also can make for a nice change of pace.

Pro tip: If you consider ordering nachos at a non-Mexican restaurant, ask what kind of cheese they use. Melted cheese sauce is a hard pass. It has to be shredded.

It's also National Saxophone Day, marking the birth of the instrument's inventor, Adolphe Sax, in 1814. Its unmistakable, cool sound can fit into a host of musical genres, from jazz to swing to blues to rock.

My personal favorites, primarily because of who they played with, are Alto Reed from Bob Seger and the Silver Bullet Band and Clarence Clemons from Bruce Springsteen and the E Street Band. R.I.P. to both. Reed's opening notes from "On the Road Again" and Clemons' solo from "Rosalita" are instantly recognizable and powerful.

Speaking of those sillier national days, there are actually ones that mark static electricity, batteries, sword swallowing, repeating yourself, repeating yourself and working naked, also known as get fired and arrested day.

FROM THE OWNER By Sean Cotton



# 85 years of the Grosse Pointe News — and the best is yet to come

This month marks the 85th anniversary of the Grosse Pointe News. For 85 years, this paper has chronicled the life of our community, its families, its schools, its triumphs and its challenges. That kind of longevity is rare. Few organizations, in any field, endure this long. To do so requires more than luck; it takes purpose, adaptability and a deep connection to the people we serve.

Since Nov. 7, 1940, this

paper has borne witness to the history of our community, through war and peace, growth and change, hardship and celebration. Generations of writers, editors, photographers and community members have filled these pages with the stories of the five Grosse Pointes.

When I read old editions of the News, I'm struck by how constant our values have been, even as everything around us changed. The names and faces are sometimes different, the styles and headlines evolve, but the heart of this community remains

the same — proud, engaged and devoted to its neighbors.

And yet, many of those names aren't so different after all. A lot of the last names that filled these pages decades ago still appear in them today, children and grandchildren of those early Pointers who came home to raise their own families here. That continuity is one of the most remarkable things about our community: generations rooted in the same streets, schools and traditions, carrying forward the character and spirit that make this place unique.

At its core, the Grosse

Pointe News has always been about connection. In a world that moves faster and feels more divided, the mission of a community newspaper is to remind us of what binds us together.

We don't chase national headlines or trends; we tell the stories that matter here, the student who wins a scholarship, the coach who retires after decades of service, the small business that opens its doors, the neighbors who step up when others need help. These stories don't just fill pages; they strengthen community.

Eighty-five years is a long time, but in many

ways, it feels like we're just getting started. The Grosse Pointe News has evolved, from print to digital, from black-and-white to full color, from typewriters to smartphones, yet our commitment to serve remains unchanged.

We've seen the Pointes grow and adapt, just as we have. We've covered generations of students who became parents, who now watch their own children in these pages. We've seen our schools, our churches, our businesses and our families persevere and thrive.

And we've seen how strong this community can be when it works

together.

As we celebrate 85 years, I can't help but look ahead to the next milestone, the 100th anniversary in 2040. I look forward to writing that column 15 years from now, reflecting on a full century of service to the Pointes.

By then, I hope this paper will have continued to evolve, reaching new generations in new ways, but always with the same heart. Because while technology changes, community does not.

The best days of the Pointes, and of the Grosse Pointe News, are still ahead.

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## Understanding Hernias: Small Openings, Big Consequences



By Ryan Soheim, M.D.

The abdominal wall is made up of multiple layers of muscle and connective tissue that support your body and protect your internal organs. A hernia occurs when there is a weak spot in these layers, allowing an internal organ or fat to push through. This usually causes a noticeable bulge, pain, or discomfort; especially during activities like lifting, exercising or even using the bathroom.

The most common locations for hernias are in the groin (inguinal hernia), at the belly button (umbilical hernia), and at sites of previous abdominal surgery (incisional hernia). These are often found during a physical exam, but smaller or deeper hernias may need additional imaging such as a CT scan or an ultrasound to confirm the diagnosis.

Hernias that cause pain, discomfort, or interfere with your daily activities should be evaluated by a surgeon. Repair involves returning the herniating tissue to its proper position, closing the weak area in your abdominal wall, and often reinforcing the site with a piece of mesh to reduce the risk of recurrence.

Early recognition and treatment of hernias are important. While small hernias, without symptoms, can sometimes be monitored, many eventually require surgery. The most serious complication, called strangulation, occurs when bowel becomes trapped in the hernia leading to loss of blood supply and bowel obstruction. This is a medical emergency that requires immediate evaluation in an emergency department.

The good news is that many hernias, even very large ones, can now be repaired using minimally invasive techniques. This means smaller incisions, less pain, quicker recovery, and durable results.

At Corewell Health Beaumont Grosse Pointe Hospital, our experienced surgeons offer personalized evaluations and advanced treatment options to help patients return safely to their normal activities. If you notice a new bulge, pain, or discomfort, don't wait — schedule an evaluation with our surgical team!

*Dr. Ryan Soheim is a Board-Certified general surgeon specializing in general and trauma surgery. He operates at Corewell Health Beaumont Grosse Pointe Hospital, with his partners, Drs. Dustin Baker, Chris Scipione, and Arman Krikor. His clinic is located on the hospital campus, at 16815 E. Jefferson Avenue, Suite #240 in Grosse Pointe, (313) 473-4690. He and his team are currently accepting new patients.*



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HONOR:

Continued from page 2A

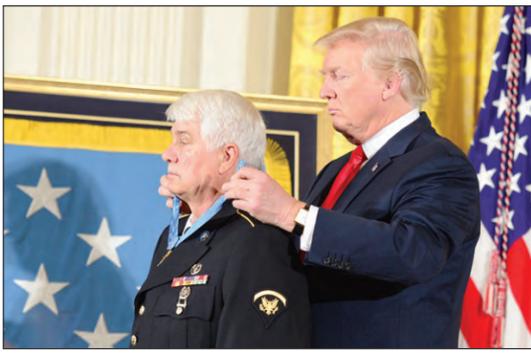
the official end of the national 13-month-long Vietnam War 50th anniversary commemoration," Szwarc said, "so to be able to put a final event together with a Vietnam War Medal of Honor recipient that officially closes the 50th anniversary commemoration period is perfect timing and just a great way to end our year-long series of commemorating the Vietnam War."

The year-long lineup aimed to honor a class of veterans who weren't welcomed home after their service due to the political climate at the time.

"We want to give them their official welcome home, as they say, and I feel we did a great job of tying it into our mission of honoring those who served," Szwarc said. "It's been rewarding to see the Vietnam veterans this year get their proper recognition and it's the very least we can do as an organization to properly recognize and honor them."

The War Memorial facilitated nearly a dozen Vietnam War-focused events this year, including:

- ◆ Conflict and Healing: The Psychology of



U.S. ARMY PHOTO BY EBONI EVERSON-MYART

**President Donald Trump hosts the Medal of Honor ceremony for former Spc. 5 James C. McCloughan at the White House in Washington, D.C., July 31, 2017.**

Trauma with Dr. Judy Jacobs in February

◆ Conflict and Healing: Managing Everyday Stresses with Dr. Judy Jacobs in March

◆ Vietnam Veterans Day Luncheon in March

◆ Evening with Karl Marlantes: Echoes of the Vietnam War in April

◆ Vietnam Through The Lens: The James "Skip" Liberty Story Film Screening in June

◆ SummerFest Lecture: Motown Meets the Movement with Chris Hemler in August

◆ Flying the P-3 Orion: A Vietnam War Pilot's Story in September

◆ Boots On The Ground: A Conversation with Elizabeth Partridge in October

◆ The AC-119 Gunships: From Cargo to

Combat in November

◆ Vietnam War exhibit in the Patriot Gallery, up from late March through Veterans Day

"We're thankful to everyone who took part in those programs," Szwarc said. "To be able to engage with the public like that has helped honor those who served during the Vietnam War era and create a better understanding of everything that went on from a variety of perspectives. "Certainly hearing from the veterans is very powerful, but then there's so many other aspects of what was going on in American culture and life during the Vietnam War, so I feel we've done a good job of incorporating different viewpoints into the commemoration."



PHOTOS COURTESY OF MARTA GIRDWOOD AT EYES ON YOU PHOTOGRAPHY

**Grosse Pointe Farms Foundation board and trustees enjoy the annual fundraiser, this year held Sept. 18.**

Fundraiser exceeds 2024 donations

The Grosse Pointe Farms Foundation's annual fundraiser, "Come Play with Us," made a big splash this year, raising \$250,000 to support the construction of a new pool complex at Pier Park. The event took place Thursday, Sept. 18, on the park's pool deck, bringing together community members for an evening of fun, philanthropy and celebration.

This year marked the second of a two-year campaign dedicated to funding the new pool project, which is expected to begin construction in early 2026. Last year's fundraiser brought in \$175,000 toward the project.

This year's sold-out event featured a Paloma Paradise beach theme, creating a festive, tropical atmosphere under the late summer sky with almost perfect weather.

Guests appreciated the event's signature cocktail, the Paloma, while enjoying the upbeat sounds of local band Uncle Brown and ME. Passed hors d'oeuvres

were provided by T&M Catering. Proceeds from the fundraiser will be gifted to the city of Grosse Pointe Farms, helping to offset costs for the upcoming pool project. The new complex is expected to be a centerpiece for community recreation, featuring updated amenities that will benefit residents for years to come.

"We're thrilled with the turnout and the generosity of everyone who came together to make this event such a success," said Michael Ottaway, president of the Farms Foundation. "This fundraiser is crucial for helping us bring the new pool complex to life and we're incredibly excited about the positive impact it will have on our community."

Donations for the project still are being accepted. Those interested in contributing can find more information and make a donation on the Grosse Pointe Farms Foundation's website at [grossepointefarmsfoundation.org/](http://grossepointefarmsfoundation.org/).

FIRST:

Continued from page 1A

and the pandemic.

By and large, today's Grosse Pointe News isn't too different from 85 years ago. The first issue had information such as:

- ◆ students at Grosse Pointe High School per-

forming "Our Town,"

◆ the school football team's loss the prior week to Dearborn Fordson,

- ◆ engagement and birth announcements,
- ◆ letters to the editor,
- ◆ church news,
- ◆ social happenings,
- ◆ a crossword puzzle,
- ◆ classified ads and

◆ comics.

All things that still can be found in the paper.

Advertisements included 10 bars of Ivory soap for 85 cents at Hamlin's, an oil change and vehicle inspection at Grosse Pointe Garage for \$4.95 and chicken and bacon for 32 cents a pound at Farms Market on Fisher, still in existence today as Fresh Farms Market.

The first issue was 10 pages, all in one section, as compared to the typical 34 pages today across four sections. Cost was \$1.50 for the year or 3 cents per individual copy.

To celebrate the paper's anniversary, new or existing subscribers can get a three-year subscription for \$85 by using the promotional code BIRTHDAY at [grossepointenews.com/subscribe](http://grossepointenews.com/subscribe).



COURTESY PHOTOS

**The drive's organizers stand with the items donated from the Pointes at the Leveling the Playing Field facility. From left, Kara Hardenbrook, Neighborhood Club marketing and development director; Catie Meyers, Leveling the Playing Field southeast Michigan chapter program director; and Chad Murphy, City Parks and Recreation coordinator.**

DRIVE:

Continued from page 3A

all surprising to know the community is making that impact."

The largest amount of donated equipment was for baseball and softball, followed by hockey gear and, third-most prevalent, golf clubs.

"Some great sets came in," Murphy said. "People were very selfless. ... Everyone showed up with a smile and were excited to give away their stuff. It's multi-tiered. They're excited to do good and give back to less-fortunate communities and, at the same time, they need to clear out their closets, so everyone was very enthusiastic."

The donated items now will be redistributed for free to economically dis-

advantaged children or people with disabilities.

"Most of the programs that apply are Title I schools that need equipment for PE classes, for recess, for health classes, so we see a lot of Detroit Public Schools coming in, a lot of Dearborn Public Schools," Meyers said, "and then folks that

are grassroots trying to get a league started in their area because they have kids who are interested and they just don't have the full financial means to fully get it up and running."

Pointers can expect the sporting equipment drive to return next year, again in early November.



**Volunteers load trucks of donated items at Neff Park to transport to the Leveling the Playing Field facility on the eastside of Detroit.**

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**NEW INDOOR-OUTDOOR RUNS**

# Liggett's Players present 'Inherit the Wind'

The University Liggett School Players announce the upcoming production of the American classic, "Inherit the Wind," by Jerome Lawrence and Robert E. Lee. This courtroom drama, celebrated for its enduring relevance, takes the stage Nov. 6 to 9.

More than a historical retelling, "Inherit the Wind" examines the timeless tension between freedom of thought and societal progress. As the playwrights state in their opening note: "INHERIT THE WIND does not pretend to be journalism. It is theater. It is not 1925. The stage directions set the time as 'Not too long ago.' It might have been yesterday. It could be tomorrow."

The Players rise to this challenge with a bold, modern interpretation that brings the play into the era of social media, influencers and internet-fueled public opinion — demonstrating that the play's core themes are as relevant today as ever.

Leading the cast are seniors KateLynn Johnson, of Detroit, as Brady; Sishir Chamiraju, of the City of Grosse Pointe, as Drummond; and Lucy Wujek, of Grosse Pointe Farms, as Rachel. Rounding out the principal cast are William Martin, of Grosse Pointe Park, as Cates; Emmeline Massie, of Ferndale, as the Judge; Teresa Romenilli, of the City of Grosse Pointe, as the Mayor; Max Brown, of Clinton Township, as the Prosecuting Attorney; newcomer Eric Hood III, of Chesterfield, as



COURTESY PHOTOS

Left, from left, William Martin, Zaire Polk, KateLynn Johnson, Lucy Wujek (seated) Emmeline Massie as the judge, Sishir Chamiraju and Max Brown. Above, William Martin and KateLynn Johnson.

Reverend Brown; and Zaire Polk, of Grosse Pointe Woods, in the pivotal role of Hornbeck — the story's sharp-tongued commentator and social influencer.

Under the direction of longtime Liggett theater director Phillip Moss, the production explores new dimensions of this enduring drama.

"This is a true gem of American literature," said Moss, who has led the school's productions more than four decades. "It's a love story, a courtroom thriller and, above all, a challenge to think critically about the world we live in."

The Players' production already has earned statewide recognition. "Inherit the Wind" has been selected as a main-stage performance at the 2025 Michigan Educational Theater Association's State Festival on Saturday, Dec. 13 — marking the

company's ninth invitation to this prestigious event. Previous featured

productions include "Radium Girls" (2023) and "Twelve Angry

Jurors" (2019). Performance dates are 7:30 p.m. Thursday, Nov. 6; Friday, Nov. 7; and Saturday, Nov. 8; and 2 p.m. Sunday, Nov. 9. Tickets are available at [search.seatyourself.biz/webstore/accounts/uls/](https://search.seatyourself.biz/webstore/accounts/uls/) buy-tix.

## GPPSS unveils new website

By Ted O'Neil  
Associate Editor

**THE GROSSE POINTES** — The Grosse Pointe Public School System last week rolled out a new website that was more than a year in the making. "It's been several years since our website had a refresh," said Rebecca Fannon, director of communications. "Most organizations do this every few years. Plus, things have changed over the years as to how people use websites."

The process started under Chris Stanley, former director of instructional technology, and Brian Jaeger, who moved

from webmaster to information systems. Shane Duggan, the current webmaster, and Garrett Kelley, director of technology, continued the work.

"We found there was a lot of overlap on our old website," Fannon said. "We didn't just transfer everything over. Every word was looked at, every page was rebuilt."

The new site was designed and purchased with a \$50,000 grant from the Grosse Pointe Foundation for Public Education. The project is part of an overall rebranding effort the district has undertaken with a \$50,000 grant from

Pointers for Academic Excellence.

Key drop-down menus are at the upper right of the main page. They include information about the district, including the board of education, enrollment, departments and food service.

A magnifying glass can be used to search the site and a small icon of the state links to transparency reports required by law.

Fannon said the site also is compliant with the Americans with Disabilities Act, something normally associated with a physical structure.

"It can be used with screen readers for people who are visually impaired and can be converted to spoken language," she said. "It also has translation capabilities for our families where English is a second language."

Individual school pages still are being developed and should be done by the end of December.

"We'll make sure to have those ready in time for our information nights," Fannon added.

Those are scheduled for Jan. 6, middle schools; Jan. 7, high schools and Jan. 8, elementary schools. Each begins at 6:30 p.m.

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10A | BUSINESS

# New business to watch your house

By Ted O'Neil  
Associate Editor

**GROSSE POINTE WOODS** — After building houses for several years, Patrick Bresser now has a business designed to look after them.

The 1984 Grosse Pointe South High School graduate recently started Compass Home Watch to provide a host of services to homeowners for both short- and long-term service.

"I've had friends and family ask me to walk through homes they were considering buying for years," Bresser said. "I didn't realize it could be a business."

Services are tiered and based on an annual subscription. Vacation watch, for example, is for shorter terms and offers things like collecting mail, checking for issues and even stocking groceries for the client's return.

"It's not house sitting as far as staying at the property full time," Bresser said. "And we aren't a security company, although our visits can be a crime deterrent."

For the longer term — homeowners who spend winters somewhere warm — services include regular inspections that can identify potential problems.



Patrick Bresser

"Houses need to be used," Bresser said. "We'll run the water, flush all the toilets, check for leaks or critters, water the plants. We can even take people to the airport and pick them up."

Homeowners receive a detailed report after each inspection.

"We record the year, make and model of all the appliances, too," Bresser said. "We'll work with the person's vendors if something needs to be repaired or replaced."

The service isn't just for those leaving town.

"We can act as a key holder, too," Bresser said. "We'll let contractors in, pick up packages and

respond to alarms so people don't have to leave work. We can also do some light handiwork."

Executor watch helps those who are overseeing the home of a deceased loved one from a distance and new homeowner concierge service is for those moving to the area who need pre-move checks, vendor appointments and other setup tasks.

Bresser began building houses in the Boston area after college, then moved back and did renovations and remodeling before joining the family business, Bresser Marketing Solutions.

"We do direct mail," he said. "We'll do 20 million pieces during a presidential election year."

Bresser said Compass Home Watch is insured and bonded and each employee undergoes a background check — all requirements for getting certified by the National Home Watch Association.

He and his wife, Michelle, said they started the company as something low-stress they can do heading toward retirement.

"We can give homeowners peace of mind," Bresser said. "We're their eyes and ears."

Visit compasshomewatch.com or call (313) 885-8570 for more information.



PHOTO BY RENEE LANDUYT

## The giving season

edmund t. AHEE Jewelers is once again paying to provide free parking in Grosse Pointe Woods. This is the fourth consecutive year the family has given the Woods \$27,500 to cover parking costs for November and December, having first done so in 2022 to mark the company's 75th anniversary. "We had such a positive response the first time, we decided to keep doing it," said Andre Ahee, vice president. "We want to encourage shopping locally."

Woods City Administrator Frank Schulte called it "a nice gesture," and said all of the business owners along Mack appreciate it.

## Stronger still at 25

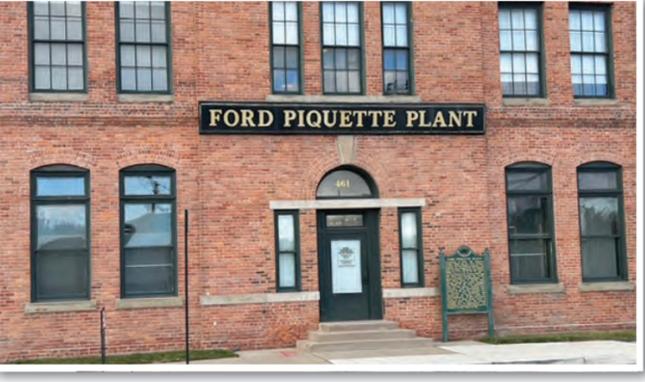
From left, Rotary Club of Grosse Pointe President Jackie Dale, The Family Center Executive Director Jen Bingaman, The Family Center Director of Programs & Administration MaryJo Harris and Rotary member and The Family Center founder Diane Strickler. Bingaman and Harris visited the club Oct. 29, and spoke about the organization's 25 years of empowering families, expanding mental health initiatives and strengthening community connections across Grosse Pointe and Harper Woods.

COURTESY PHOTO



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**For more information about Sunrise Rotary Club contact:**

**Dennis Hyduk**  
Club Administrator  
denmark77@aol.com  
313-969-7650

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## Celebrating 25 years Family Center founder Diane Strickler to be honored at Hollyfest Nov. 20

By Jody McVeigh  
Editor

The Family Center has come a long way the last 25 years.

Its milestones and achievements — as well as its founder, Diane Strickler — will be celebrated during its annual Hollyfest gala, beginning at 6 p.m. Thursday, Nov. 20, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms.

“We’re honoring Diane for founding the organization,” said Jennifer Bingaman, The Family

Center executive director. “Twenty-five years is a huge feat in the lifecycle of a nonprofit. It takes you to the next phase of growth and sustainability when you’ve made it to that point.”

Bingaman had a chance to reflect on Strickler’s many contributions to the community during a recent meeting of the Grosse Pointe Rotary Club. Strickler is a longtime member and Bingaman apprised the group of The Family Center’s latest news.

“Needless to say, it was a very welcoming environment,” Bingaman said. “We were preaching to the choir. But they’re always surprised to hear what’s new and what we’ve been doing.”

“All of this takes time,” she continued. “It all started with Diane seeing a need in the community, based on a survey given by the school system in 1999, that indicated there needed to be more support for families. Instead of asking, ‘What can we do?’ she said, ‘I can do it.’”

Strickler founded The Family Center with help from her Rotary connections, who guided her through the processes of bylaws, financials and 501(c)3 status.

“It takes a village to do something like this,” Bingaman said.

One of The Family Center’s first programs was Play Central, which still is going strong today.

“There are lots of programs we have on an annual basis that are preventative, but we’re also reactive,” Bingaman



The Family Center founder, Diane Strickler, and her husband, Ron Strickler.

said. “When something comes up in the schools or in the community, we work with that. We are the scaffolding underneath families; we’re here to help build happier, healthier families. Not everyone is aware of that.”

The Family Center’s mission is to support families through every age and stage of life, connecting people to programs and resources on a variety of topics, from family dynamics and parenting expertise to mental and physical well-being, trauma, grief and substance misuse.

During the 2024-25 school year, it hosted more than 100 events and programs; offered programs for more than 12,500 students and staff; and provided resources for more than 62,000 residents of the Grosse Pointes and Harper Woods.

“All these things that we’re doing ... people would miss in small and larger ways if we were not here,” Bingaman said.

In celebration of The Family Center’s silver anniversary — and to help support its continu-

ing outreach and efforts — Hollyfest will include a cocktail reception, dinner and recognition program, as well as live music, a live auction, an afterglow with a gourmet coffee bar and complimentary valet parking.

“Back by popular demand, Pat Brown will be playing acoustic guitar and singing,” Bingaman said. “Then he’ll go into DJ mode for the afterglow. We’ll have a handful of live auction items that promote connection.”

The live auction also will include a necklace donated by LaLonde Jewelers & Gemologists.

“We’re so grateful for Diane and what The Family Center has done the last 25 years,” Bingaman said. “We’re even more excited about where we’re going and what we can do in the next 25 years, with funding and support from the community.”

Hollyfest tickets and sponsorship opportunities still are available at [familycenterhelps.org/hollyfest/](http://familycenterhelps.org/hollyfest/)

For more information, call (313) 447-1374 or email [Jen@familycenterhelps.org](mailto:Jen@familycenterhelps.org)



PHOTO COURTESY OF THE FAMILY CENTER

Another exciting auction is in store for bidders at Hollyfest, which takes place Nov. 20, at The War Memorial.

## Running it back

By Ted O’Neil  
Associate Editor

Distance running isn’t easy. Doing it tethered to another runner is next level.

But that’s exactly what Shores resident Chris Morgan did last month, serving as a guide for Rob Sanchas, a blind Army veteran, during the half marathon at the Detroit Free Press Marathon.

“It’s heartwarming and you get so much out of it,” Morgan said. “When you’re running for someone else, you don’t even think about the race because you’re so focused on them.”

Morgan’s involvement is through Achilles International, a foundation that helps disabled people experience endur-

ance sports.

“I was running the Boston Marathon in 2022 and I saw people guiding other runners,” he recalled. “It was pretty empowering. I did some research, learned more about it and registered.”

Morgan said he didn’t hear anything and had almost forgotten about it until October of that year.

“I was literally driving to Chicago to run the marathon and they called,” he said. “They said they needed someone to guide a runner that weekend. I hesitated because I didn’t know anything about how it worked, but they said if I couldn’t do it she’d have to drop out. It’s a phenomenal organization that provides so many opportunities.”

Morgan told the caller he was willing to give it a try and fell in love with it.

“The next weekend I was paired with Rob for the half marathon in Detroit,” he said. “I wasn’t able to do it the last couple of years ... life and kids and all ... but I was training for the full marathon this year and was looking to set a personal record. Then Rob called. How could I say no?”

Sanchas, of Rhode Island, joined the U.S. Army in 1986 and served in the Persian Gulf War. A freak accident involving a bungee cord, however, cost him his vision. That occurred in 1988 while he was stationed at Ft. Bragg in North Carolina. The cord snapped and hit him in his right eye.

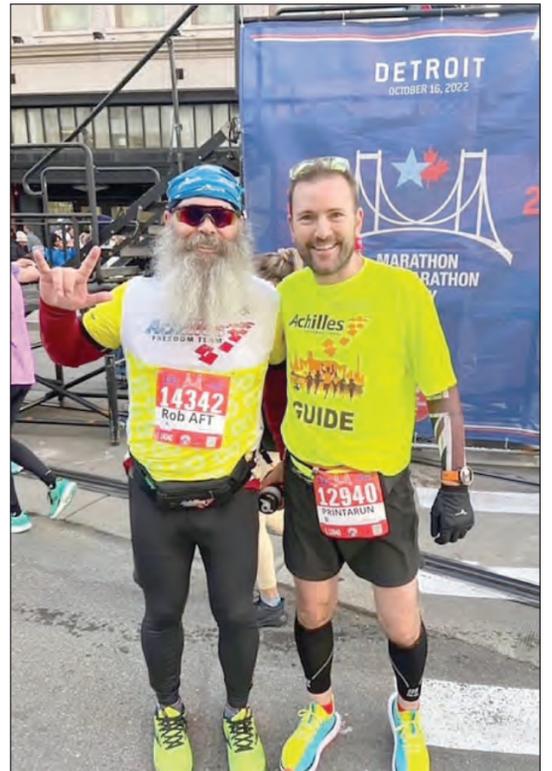
Doctors thought his vision would eventually stabilize, but by 2010, Sanchas, who can only see two to three inches in front of him, was legally blind in both eyes. He became involved with Achilles International in 2016, after hearing a presentation by the National Federation of the Blind.

“I started just walking, then jogging and finally running,” Sanchas said. “It keeps me level-headed.”

Sanchas said he’s done 22 marathons and about the same number of half marathons. Last month was his third in Detroit.

“My favorite part is crossing over to Canada on the bridge and coming back through the tunnel,” he said. “All those people hooting and hollering. It’s crazy.”

Despite his injury, Sanchas went on to earn



COURTESY PHOTO

See *RUNNING*, page 2B Rob Sanchas, left, and Chris Morgan.

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# Free Men's Night Out event is Nov. 12

By Jody McVeigh  
Editor

The flyer for The Family Center's third annual November Men's Night Out implores men in the community to "Don't be that guy."

The event, featuring a panel of experts leading an open and honest Q&A about men's health, takes place at 6:30 p.m. Wednesday, Nov. 12, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms.

This year's panel, which will be moderated by Frank Wilberding, LMSW, includes:

◆ Tristan Guevara, D.O., of Silver Pine Medical Group;

◆ Barry Hull, M.A., LLP, of Hull Behavioral Health;

◆ Craig Reickert, M.D., a colon and rectal surgeon with Henry Ford

Health;

◆ Philip Shalhoub, M.D., a urologist at Comprehensive Urology and chief of surgery at Corewell Health Beaumont Grosse Pointe Hospital; and

◆ Evan Vasilauskas, DPT, PT, OCS, a TPI golf specialist.

"I plan on discussing a few tests that help us determine cardiac and cancer risk," Guevara said. "There are a few genetic tests that can tell you your risk of getting cancer. Also affordable cardiac testing can help determine risk of heart disease."

He said the most common concern he sees regarding men's health is "men ignore symptoms and don't follow up with their physicians. This leads to delayed diagnosis and sometimes bad outcomes. (It's) also why

women live longer than men."

Reickert, who will discuss ways to prevent and minimize the risk of colon and rectal cancer and other problems, agreed.

"Most of the men I know aren't great about seeing a doctor regularly," he said. "Early detection of problems is really important to minimize the risk to life and reduce the impact of treatments. Not every colon or rectal problem is cancer, but also people can have colon cancer with no symptoms — that's most common. It's always better to check preventatively. We change the oil in our cars so we don't have to replace the whole engine."

Shalhoub will discuss men's health in relation to the genitourinary tract,

including issues such as urination, sexual function and prostate cancer screening.

"Unfortunately, I see too many men describe worsening urinary symptoms as just the cost of getting older," Shalhoub said. "While there is certainly an association, these symptoms should be assessed and treated if needed to maintain bladder health in the long term."

Physical health also is a concern of Vasilauskas, who will talk about finding one's purpose through physical hobbies.

"I plan on discussing the importance of age-appropriate physical activities to engage your mind and body for healthy aging," he said, noting that oftentimes men overlook the importance of strength training

and professional work life," he said. "Equally important, to help men understand the critical reflexive relationship between our mind/mood and our bodies/feelings."

"The most common misconception about men's health is the belief that 'If I ignore it, it will go away,'" he added. "We need to pay attention to our its."

Bringing men together in hopes they'll pay better attention to their health is exactly what The Family Center had in mind when it created November Men's Night Out. This is its third such event; previous years have been well-attended.

"Even if you've gone to the first two, there will be new information," said MaryJo Harris, The Family Center's director

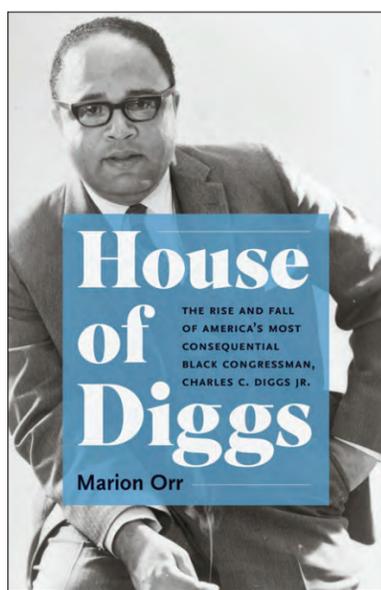
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See MEN, page 8B



## Flyleaf welcomes 'House of Diggs' author Nov. 11

Registration and book pre-sales are strongly recommended in advance of Dr. Marion Orr's visit to Flyleaf, 92 Kercheval, Grosse Pointe Farms, from 5 to 7 p.m. Tuesday, Nov. 11.

Orr will be on hand for a meet and greet, signing copies of his "House of Diggs" and taking questions. Detroit personality Greg Dunmore, founding partner of Pulsebeat Media, will facilitate the discussion.

"House of Diggs" is the first book to tell the full story of Charles C. Diggs Jr., who was Michigan's first black member of Congress and a

behind-the-scenes power broker of the civil rights era. He worked closely with Martin Luther King Jr., fought early to end segregation in airport terminals, restored home rule to Washington, D.C., and was a crucial voice on international human rights, shaping black politics on both sides of the Atlantic.

He also founded the Congressional Black Caucus, helped ignite the American anti-apartheid movement and was the only federal official to attend the trial of Emmett Till's murderers.

Until now, no full biogra-



Author Dr. Marion Orr

leagues, Orr, a leading political scientist, brings Diggs's complex, deeply human story to life. It is a powerful work of recovery and remembrance that speaks urgently to the present, in an era when political legacy and historical memory are under increasing pressure.

Orr is a Frederick Lippitt Professor of Public Policy and Professor of Political Science and Urban Studies at Brown University.

The event will be held on Flyleaf's second floor; seating is limited. Reserve a seat online at flyleafgp.com/events.

## Hollyfest

The Family Center 25th Anniversary

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Join us for a special silver anniversary celebration benefiting The Family Center.

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## Quarterly collection

President Mark Heppner, center, and Grosse Pointe Sunrise Rotary Club members stand with their quarterly collection of toiletries Sept. 30. The club's community service project collection helps those in need at Peace Lutheran Church in Detroit. Cash donations are welcome to assist the club with this ongoing project. The Sunrise Rotary Club welcomes residents to join its Tuesday morning breakfast and presentations at Ford House. Email dennis.rotary1591@gmail.com for more information.

## RUNNING:

Continued from page 1B

a bachelor's degree in special education from Rhode Island College and a master's degree in teaching visually impaired students from the University of Massachusetts-Boston. He also surfs and skis and is taking up snowboarding.

"When I'm running, all my anxiety and doubt and self-pity goes away," Sanchas said. "At one time, I was afraid to leave my room. Now, I'm afraid not to run."

During the race, Morgan and Sanchas were connected by a stretchy belt worn around their waists.

"Basically, where I go, he follows," Morgan said. "It's my job to call out if there's a pothole or debris in the road, if we're making a hard turn or going up an incline or down a decline.

"I also call out mile markers and if there's an aid station ahead," he continued. "I'll ask if he wants to stop for a drink or use the restroom."

Morgan said he can generally run a half marathon in 1 hour, 45 minutes. The first time with Sanchas, it was 2 hours, 10 minutes.

"Whatever pace he wants to go, I go," he said.

Their time last month was 3 hours, 15 minutes in cold, wet conditions.

"I told Chris we were going to go slow," Sanchas said. "I'm doing the Marine Corps Marathon (the following) Sunday."

That's far shorter than what Morgan experienced in Chicago three years ago.

"I'm 5 feet, 10 inches and the woman I was guiding was about 5 feet, six inches and took much shorter strides," he said. "During a full marathon, I'll take about 35,000 strides over three and a half hours. That day, it was 75,000 strides and took seven hours. My knees and hips were on fire."

Although they've only run together twice in three years, Morgan and Sanchas have developed a friendship. "We text back and forth," Morgan said. "He'll ask about the kids and tell me about his new dog. It goes beyond friendship."

Sanchas said the pair are trying to find other races to run together.

"Chris is a great guy," he added. "We have a similar sarcastic sense of humor, so we're joking the entire time."

# The joy of reading

## BOOKS PROVE TO BE GOOD FOR SENIORS' HEALTH AND LONGEVITY

By Grosse Pointe News Staff

Physical wellness is usually the first thing that comes to mind when considering staying healthy in the golden years. While it's an important component, it also is critical to pay attention to cognitive and emotional health too.

Just because we may not feel as sharp as we did in our 20s doesn't mean that seniors are powerless against Father Time. Certain behaviors and activities can help improve mental acuity and well-being. It's certainly not all bitter medicine, either — some of the measures we can take to stave off aging can be downright enjoyable.

One of the best and most helpful things seniors can incorporate into their lifestyle is a regular habit of reading for enjoyment. On so many levels — from staying connected to the world to challenging the brain with new ideas — reading can have a positive effect on the mind and slow down the aging process.

Avid readers already may feel there's nothing better than diving into a good book, but who knew reading might be more beneficial than anyone realized, particularly for older book lovers? That's because reading can even make you live longer.

A recent 12-year study published in the journal, *Social Science & Medicine* noted that reading books can promote empathy, social perception and emotional intelligence — all benefits that researchers found contributed to a survival advantage for older people. Researchers noted that book readers reduced their risk of mortality by 20 percent. Equally notable was that older individuals who read books enjoyed this survival advantage regardless of their gender, overall health, socioeconomic status or education levels.

Living longer is great, but what about quality of life? Reading's got that covered too. It's an incredible way to reduce stress and help maintain cognition. Researchers at the University of Sussex found that participants who read for just six minutes experienced reduced muscle tension and a slower heart rate.

Decades of studies show that reading can promote strong overall brain health. In addition to keeping one entertained or informed, it's like a cardio workout for the mind. There are new words to learn, new scenarios to imagine and far-away locations to envision. Though some seniors may need to slow down on physical travel, adventures across the globe still can be theirs for the taking by simply flipping through some pages.

Studies also have shown that regular reading may slow mental decline and reduce the risk of Alzheimer's disease. The journal, *Neurology* found people who read regularly had a lower risk of developing dementia compared to those who did not. Reading improves memory, attention, processing speed and other factors in older adults by stimulating the brain through the activation of multiple cognitive processes. It promotes the creation of new neural connections and strengthens existing ones, helping to maintain brain health.

It's just as powerful to the brain as more physically stimulating activities, like word games, gardening, dancing or playing a musical instrument. Doing things that require mental effort reinforces adaptability, strengthening the mind as well as the state of emotional well-being.

Joining a book club is a great way to intermingle social fun with the love of reading. Sharing a summary of what we read with others helps work the brain in different ways, all of which are good for cognitive health. And making new friends also is great for improving longevity.

The Grosse Pointe Public Library has several book clubs from which to choose. For more information and a calendar of events, visit [grossepointelibrary.org](http://grossepointelibrary.org) and join the fun.

For a cozy place to read and enjoy a drink or a bite, **Flyleaf** has just the mood you seek. Flyleaf is a three-story independent bookshop, bistro and bar located at 92 Kercheval in Grosse Pointe Farms. Visit [flyleafgp.com](http://flyleafgp.com) for more on this interesting bibliophile's paradise.

New books always inspire people to read. According to **Goodreads** and **The New York Times**® Best Sellers, here are a few of the best-selling books of 2025. Live long — get reading!



### “Atmosphere” by Taylor Jenkins Reid

Thoughtful and reserved, Joan Goodwin is content with her career as a physics professor. But when she sees an advertisement seeking the first women scientists to join the NASA space shuttle program, suddenly Joan aspires to be one of those lucky enough to visit space.

### “Greenlights” by Matthew McConaughey

An honest and unflinching memoir from one of the more popular actors of his generation. Compiled from years of diaries and stories, the book is a composition of his life thus far and offers readers many lessons.

### “My Friends” by Fredrik Backman

Most people don't even notice them — three tiny figures sitting at the end of a long pier in the corner of one of the most famous paintings in the world. Most people think it's just a depiction of the sea. But Louisa, an aspiring artist herself, knows otherwise and she is determined to find out the story of these three enigmatic figures.

### “The River is Waiting” by Wally Lamb

Corby Ledbetter is struggling. New fatherhood, the loss of his job and a growing secret addiction have thrown his marriage to his beloved Emily into a tailspin. And that's before he causes the tragedy that tears the family apart.



4B | SENIOR LIVING

# The Helm receives endowment pledge

## Transformative \$5 million endowment commitment from Jim, Patti Anderson

The Helm at the Boll Life Center recently announced a transformational commitment from Jim and Patti Anderson, who have pledged \$5 million over five years to establish and grow an endowment for The Helm.

The Andersons' commitment will begin with an initial gift of \$1 million in 2026.

"We are so truly thankful for this incredible donation," said Krista Siddall, executive director of The Helm. "An endowment provides long-term financial stability and sustainability. Building this fund has been a goal for years and this gift allows us to begin laying the foundation for a secure future.

Our goal is to grow a \$10 to \$15 million endowment that can generate interest income to support ongoing operations for generations to come."

Siddall noted the growing need for senior services both locally and globally.

"Our senior population continues to expand rapidly," she said. "By 2030, one in six people worldwide will be age 60 or older, and one in five Americans will be over 65. In many states, older adults will soon outnumber children. The Helm is preparing now to ensure the right supports, care and expertise are in place to meet those needs. We must be ready to step

up with age-friendly services that help older adults live well and stay connected.

"The past 12 months have shown how much this community cares about its senior population," Siddall added. "The passage of a senior services millage provides a stable source of funding for the near future and enables The Helm to expand services, including opening an Adult Day Center in 2026. The endowment enables The Helm to live well into the future. We continue to work on that three-legged stool approach — fundraising/grants, millage support and now an endowment for the long-term future."



COURTESY PHOTO

Jim and Patti Anderson

# Holiday time at The Helm

## Upcoming programs to foster the holiday mood

The end of a calendar year brings about the holidays and The Helm has several ways to create a festive mood.

The Helm hosts a traditional Thanksgiving meal noon to 1:30 p.m. Tuesday, Nov. 18, featuring turkey, stuffing, mashed potatoes and other goodies, as well as pumpkin pie. The afternoon includes live entertainment and fun with friends. Cost is \$20 for members and \$25 for guests.

Those who want to enjoy the Thanksgiving

spirit without participating in a full luncheon are invited to Friendsgiving Bingo, 10 to 11 a.m. Thursday, Nov. 20. Thanksgiving-themed goodies and prizes will be offered. Cost for Bingo is \$2 for one card and refreshments for members; \$5 for guests.

Get an early start on holiday decorating with two workshops that tap into creativity. During the holiday basketmaking workshop, noon to 4 p.m. Wednesday, Nov. 19, Deb VanderLinde (The Basketmak'r) will

guide participants on ways to decorate a woven tree oak bushel basket wall hanging. Stars, bells, birds and other embellishments will make this basket a festive decoration from fall through winter. Cost is \$55 for members and \$60 for guests. Snacks and beverages will be provided.

Add more holiday décor with the holiday wreath-making workshop, 10 a.m. to 2 p.m. Monday, Dec. 1. In this Wayne County Community College District Continuing Education Class, guests will design and create a wreath using silk and

See HOLIDAYS, page 5B



PHOTOS BY RENEE LANDUYT

Devin Scillian & Arizona Son entertained the crowd at lunch.

## Senior Expo success

The 2025 Senior Expo, presented by Assumption Cultural Center, took place Oct. 16, and welcomed hundreds of seniors for an afternoon of informative exhibits, educational seminar, interactive experiences and valuable resources.

The wellness event, which celebrated its 30th anniversary this year, included lunch, giveaways and medical

checks, as well as a keynote address from retired WDIV-TV sports anchor Bernie Smilovitz.

Entertainment was provided by former WDIV-TV news anchor Devin Scillian and his band, Arizona Son.

Guests also were provided with resource guides, which list available services throughout the metro area.

"I always enjoy the opportunity to connect

with our community's seniors — to hear about the issues that matter most to them and share what we are doing at the state level to ensure they can age with security, dignity and peace of mind," Sen. Kevin Hertel said. "From successfully repealing the retirement tax, to saving retirees an average of \$1,000 a year to fighting to expand protections for vulnerable adults, I'm focused on delivering real solutions that make a difference in their lives."

*More Than a Store*  
Six Decades of Sophistication in The Pointes

Jacobson's store entrance, 1947 (above) and the iconic Jacobson's bag c. 1990 (left).

Eighty-one years ago this month, the Pointes welcomed a new focal point with the opening of **Jacobson's**. Starting in 1944, this wasn't just another store; it was a cornerstone of our community, a place that defined sophisticated shopping for nearly six decades. We can still picture the elegant facade and recall how "going to Jacobson's" felt like a special occasion — whether for a tailored suit, a beautiful gift or simply lunch at the famous St. Clair Room. The largest merchant in Grosse Pointe with more than 350 employees at its peak, Jacobson's always maintained a concern for and an involvement in the local community.

**Take a trip down memory lane!**  
Scan the QR code or visit [gphistorical.org](http://gphistorical.org).

**Grosse Pointe Historical Society**  
*The hub for history in the Grosse Pointes*

375 Kercheval Ave.  
Grosse Pointe Farms, MI 48236  
(313) 884-7010  
[www.gphistorical.org](http://www.gphistorical.org)  
[development@gphistorical.org](mailto:development@gphistorical.org)

The Grosse Pointe Historical Society has thousands of resources about the history of the Pointes and adjacent communities. Visit our web site to find out more.

**Do you like history? Would you like to volunteer? Scan to learn more!**

**Henry Ford HEALTH SYSTEM HOSPICE**

**Enable Dental**

Left, Henry Ford Hospice Volunteer Coordinator Maria Ciccone and volunteer Rosemary Gugino were ready to answer questions. Right, Courtney Crighton is the community relations manager at Enable Dental, which assists the homebound and others who can't get to the dentist by bringing the dentist to them.

**Grosse Pointe The RIVERS**

**Maureen Hennessy and Tammy Kaleta represented The Rivers, Grosse Pointe Woods.**

**Sen. Kevin Hertel, left, and 12th District aide Tom Kettler attended the expo.**

COURTESY PHOTO



## Second Time Around

By Margie Reins Smith

### Memories

Senior citizens — like me — fret and futz constantly about memory. Specifically, memory loss. We shrug our shoulders, sigh dramatically and brush aside complaints about aching joints and hearing loss and swollen ankles, but we go into a major panic attack if we think we're losing our memories.

Alzheimer's disease or

some form of dementia seems to be slithering along the sidelines of our lives, waiting for an opportunity to strike. Every time we can't recall a person's name or the title of a movie or book and every time we forget an appointment we think: "OMG. I'm in the first stage of Alzheimer's. I'm doomed."

Every senior citizen I know also gets two or three phishing emails daily about the latest

memory hack. "Take this supplement." "Eat this." "Drink that." "Don't do this." "Sleep more." "Sit less." Yada yada yada. And so on, the email tells us... "Just fill out this form with your Social Security number and you'll learn how to avoid memory loss."

While browsing in a used bookstore many years ago, I bought a book about memory. I was in my 40s. I think it was titled "How to Improve Your Memory." Memory was important to me, even way back then. I read the book from

cover to cover. I practiced some of the tips: how to remember a person's name by associating a physical feature — tallness or shortness or rosy cheeks or a big nose — with their name; how to use mnemonic devices and acronyms to remember lists; how to associate what I want to remember with what I already know. It explained the value of repetition, writing things down, grouping (called chunking), creating original songs and rhymes and riddles, using alliteration and rhyming and even making flashcards.

My memory fails quite often lately, but I have a theory. When a senior, like me, can't remember a neighbor's name or a book title or an appointment date and time, we get agitated because of that looming dementia worry.

When we were younger, we'd often get stuck on names and movie titles and we'd sometimes forget appointment times. But we'd brush it off. We'd look up the answer or make a call to reschedule the appointment, or we'd ask someone who might know whatever we forgot. Back then, we hadn't heard much about Alzheimer's or dementia.

About 15 years ago, I bought another book about memory, this time online. Around the third chapter or so, things started sounding familiar. I remembered the mne-

monic tactic and the chunking idea and the trick of visualizing places on your own body or in your own home to remember items on, say, a grocery list. For example, if your grocery list named bread, eggs, cheese, soap, broccoli, cookies etc., you picture a loaf of bread balancing on top of your head, an egg in one of your eyes, smelly cheese under your nose, a bar of soap in your mouth, some broccoli on each shoulder, cookies on your knees and so on. The visuals helped you recall the list.

Curious now, I strolled over to my bookshelf and scanned the nonfiction section. Found the same book I bought and read more than 40 years earlier.

Same title. Same author.

This does not bode well.

### Share the spirit of the season

A cherished holiday tradition — the annual Holiday Giving Tree — is returning to The Helm.

"For well over 10 years, The Helm has helped bring joy to homebound seniors in the Grosse Pointes and Harper Woods during the holidays," said Heidi Uhlig-Johnstone, director of volunteer services at The Helm. "The seniors are truly grateful for these thoughtful gifts — and those who give often tell us they receive just as much joy in return."

This year's Giving Tree, located inside The Helm, 158 Ridge, Grosse Pointe Farms, is adorned with 120 tags — more than ever — each representing a local senior and their holiday wish list.

"This year, we've noticed more people asking for gift cards to help with groceries and medications," Uhlig-Johnstone said. "With the rising cost of food and prescriptions, these

simple gifts bring real relief and comfort to those who need them."

New this year is a Mutts 'n' Meows tree. Those hoping to help out can grab a gift tag for an Amazon gift card, purchase the card and give it to The Helm. It will be used to buy food, treats and other pet necessities.

"Pet food and supplies are costing more, too, and many of our seniors are having difficulty paying for food and treats for their animals," Uhlig-Johnstone said. "These animals are more than pets; they provide much-needed companionship for seniors who live alone."

Anyone can stop by The Helm between 9 a.m. and 5 p.m. weekdays to select a tag from either tree, but there are online options too. Gifts from the Holiday Giving Tree may be purchased online by visiting [bit.ly/4hBVBje](http://bit.ly/4hBVBje) and Amazon gift cards in any incre-

ment also may be purchased. Cash donations and gift cards for a minimum \$20 to stores like Kroger, Meijer or Walmart also are welcome.

New, unwrapped gifts and gift cards should be returned to The Helm by Thursday, Dec. 4.

"We're so fortunate to be part of a community that truly values and cares for older adults," Uhlig-Johnstone added. "If you can't make it in to choose a tag, selecting one online is a wonderful way to participate. And, of course, we have volunteers who love to shop on behalf of others."

Volunteers also are needed to wrap and deliver gifts. Wrapping will take place Wednesday, Dec. 10, with deliveries scheduled Dec. 10 to 19.

For more information about the Giving Tree or to volunteer, contact Uhlig-Johnstone at (313) 649-2107.

### HOLIDAYS:

Continued from page 4B

dried flowers, ribbons and other accent pieces. This class is free for Wayne County residents 60 and older. Call Linda at (313) 649-2114 for a list of needed supplies. Snacks and beverages will be provided.

Keep the crafting going by creating a snowman

with second graders from Richard Elementary School, 1 to 2 p.m. Friday, Dec. 5. Participants will get creative with pinecones, Styrofoam and felt during this intergenerational activity, which is free to members and guests.

Lastly, it's time for one final gathering before Christmas with a holiday lunch, noon to 1:30 p.m. Wednesday, Dec. 17.

This special catered lunch comes complete with beverages, dessert and live entertainment. Cost is \$20 for members and \$25 for guests.

Registration is required for all events, whether there is a charge or not. Classes and lunches fill up quickly, so registration is recommended sooner rather than later. Register at [helmlife.org](http://helmlife.org) or call (313) 882-9600.

### What's happening in our community?

Grosse Pointe Farms Public Safety will be at The Helm, 158 Ridge, Grosse Pointe Farms, from 10 to 11 a.m. Wednesday, Nov. 19, to discuss current crime trends and how to stay safe. Attendees will learn from the experts about what's happening in the community and simple steps to take to protect themselves. There will be time for questions.

Coffee, tea and pastries will be served. The presentation is free to attend, but registration is required. Register at [helmlife.org](http://helmlife.org) or by calling (313) 882-9600.



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### Care that counts

Grosse Pointe Sunrise Rotary President Mark Heppner, right, stands with Elena Voyles and Rachel Powell from AccentCare Hospice during the club's Sept. 9 meeting at Ford House in Grosse Pointe Shores. Voyles and Powell spoke about the end-of-life care AccentCare provides, which is part of its "post-acute" health care services. AccentCare also has developed several specialty volunteer roles tailored to individuals' strengths and interests that provide meaningful and rewarding volunteer experiences, as well as enhance the quality of life for hospice patients and families. The local community is encouraged to join Grosse Pointe Sunrise Rotary Club members Tuesdays at 7 a.m. for breakfast and presentations at Ford House. Email [dennis.rotary1591@gmail.com](mailto:dennis.rotary1591@gmail.com) for further details.

PHOTO COURTESY OF BOB GRAMBO



### Heroes come in many different uniforms. Thanks to all our veterans.

This Veterans Day, we'd like to salute the brave women and men who have served in defense of our country and our freedoms.

It's our honor to serve you and your families.



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## 6B | OBITUARIES

# OBITUARIES

Obituary notices are purchased and often prewritten by family or friends. While we try to run obituaries as submitted, we nevertheless reserve the right to edit for accuracy, style and length.

## Richard "Rick" Paul McManama

Richard "Rick" Paul McManama, 73, of Grosse Pointe Park, passed away peacefully Saturday, Oct. 25, 2025, surrounded by his family.

Rick was born Jan. 31, 1952, in Pittsburgh, to Maurice and Ellen McManama, both now deceased. Rick built a life defined by dedication, kindness and love. He was married to his beloved wife of 48 years, Marie, and together they raised two children, Chris McManama (Meggan) and Lisa Cameron (Jeff). Rick was a proud and devoted Papa to Ellie and Connor McManama and Ben, Emily and Lauren Cameron. Rick also is survived by his sister, Eileen Thompson (Cam); and many dear friends who were like family to him.

Rick spent the majority of his career with General Motors, where he earned respect and admiration for his dedication, integrity and strong work ethic. His career took him and his family to Pittsburgh, Detroit, Nashville and Wiesbaden, Germany, offering opportunities to experience new cultures, build lifelong friendships and create unforgettable memories.

Outside of work, Rick had a variety of passions that brought him joy and fulfillment. He was an avid gardener, taking pride in cultivating his yard and creating spaces of beauty and peace. Rick loved to travel to explore the world with family and friends on countless trips. He had a deep love for golden retrievers and devoted time to organizing the Golden Retriever Rescue of Michigan's participation in the Grosse Pointe Santa Claus Parade the day after Thanksgiving.

Above all, he loved being with his grandchildren, playing in the pool, going for walks with the dogs, family euchre tournaments and enjoying quiet moments together. His warmth, generosity and sense of humor made him a friend and mentor to all who knew him.

Rick will be deeply missed and forever remembered by his loved ones for his love of family, the joy he brought to those around him and the

kindness he shared with those who had the privilege of knowing him.

A funeral Mass will be held at 9:30 a.m. Saturday, Nov. 15, at St. Clare of Montefalco Catholic Church, 1401 Whittier, Grosse Pointe Park. Family and friends are invited to a celebration of life luncheon immediately following the service.

Rick will be cremated in accordance with his wishes.

Flowers may be sent to St. Clare of Montefalco for the service. In lieu of flowers, memorial donations may be made to the Golden Retriever Rescue of Michigan, P.O. Box 214576, Auburn Hills, MI 48321, [grrom.com/donate](http://grrom.com/donate).

## John Charles Brooks

John Charles Brooks, 86, passed away peacefully Monday, Oct. 27, 2025.

John was born Oct. 19, 1939, in Detroit, to Robert and Isabelle Brooks. After graduating from St. Paul on the Lake Catholic School, John began his life of service by joining the U.S. Marine Corps — a commitment that shaped his character and defined his path.

When his time in the Marines concluded, he enrolled at Wayne State University and began what became a remarkable 60-year career with Allstate Insurance Company. His dedication to his clients and community earned him numerous accolades, including induction into the Life Hall of Fame in 1999.

John married Georgia O'Connor and together they raised three wonderful sons, John C. Jr., Mark (Molly) and Brian (Bridget). He was a devoted father who took great joy in being involved in his sons' lives. Whether coaching their teams or leading community programs, John was always present. He served as both coach and president of the Grosse Pointe Farms Little League and president of the Dad's Club at Grosse Pointe South High School — roles that reflected his deep commitment to family and community. He also enjoyed spending time with his grandchildren, Scott, Jack, Megan

and Griffin.

John's passion for service extended far beyond his professional life. He was an active board member of the YMCA of Metropolitan Detroit and found his greatest joy in his work with the Grosse Pointe Rotary Club, where he served as president and later as governor of District 6400 for two consecutive years — a rare and distinguished honor that reflected his deep commitment to Rotary's mission of service above self.

After Georgia's passing, John's sons, John C. Jr. and Mark, took over his Allstate practice and John began to consider retirement.

In 1998, John found love again when he married Barbara "Bunny," beginning a new chapter filled with joy, adventure and shared purpose. He embraced Bunny's children, William Denler and Barbara Johns (David), as his own and became a loving father figure and proud grandfather to Brooke and Maksim. John and Bunny shared a deep bond rooted in mutual respect, laughter and a passion for giving back. They traveled extensively, built a beautiful life in Naples, Fla., and continued their philanthropic work side by side.

Retirement didn't suit John for long. He purchased another Allstate agency in Naples and quickly became active in the community once again. He served as chairman of the board of the Naples YMCA, was a dedicated member of the North Naples Rotary Club and joined the Leadership Collier Class of 2005. He supported Junior Reserve Officers' Training Corps programs and was honored with induction into the Men of Distinction. He also championed the 100 Club, which provides support to first responders and their families.

John was predeceased by his parents; and brother, Robert (Sue). He will be deeply missed by his family and the many friends whose lives he touched with his warmth, humor and generosity.

Of all his accomplishments, John's greatest joy was his family. They imagine him now in



Richard P. McManama



John Charles Brooks



Martha Johnson Speer

heaven serenading the angels, reconnecting with old friends, laughing at his own jokes (of which there were many) and raising a glass to his Scottish heritage.

Memorial donations may be made to the Grosse Pointe Rotary Club, P.O. Box 36366, Grosse Pointe Farms, MI 48236, [bit.ly/47BS2F7](http://bit.ly/47BS2F7).

Arrangements were entrusted to A.H. Peters Funeral Home in Grosse Pointe.

Share a memory at [ahpeters.com](http://ahpeters.com).

## Martha Johnson Speer

Martha Johnson Speer, 96, of Grosse Pointe Farms, passed away peacefully Wednesday, Oct. 22, 2025. She leaves behind a legacy of grace, warmth and devotion to family and community.

Born in Monroe and raised in Grosse Pointe, Martha attended Grosse Pointe Country Day School before continuing her education at Smith College. There she met the love of her life, Richard Allan Speer, of Stamford, Conn., who was attending Amherst College. The couple returned to Grosse Pointe to marry and build their life together.

Except for two years spent overseas in Germany, Martha and Richard made Grosse Pointe their lifelong home, where they raised four children and created countless cherished memories.

Martha was the heart of her family. She was a proud and dedicated mother, grandmother, great-grandmother and friend who treasured every moment with her loved ones. Her warmth, elegance and unwavering support touched everyone who knew her. She was known for her positive attitude, infectious energy and wonderful sense of humor that brought laughter and light into the lives of all around her.

A woman of many interests, Martha was a diehard Detroit Lions and Detroit Tigers fan who never missed a chance to cheer on her teams. She was an avid golfer, skilled bridge player and enthusiastic world traveler. She was never without a crossword puzzle, a great book or a needlepoint or knitting project. Known as a dapper dresser with impeccable style, she brought grace and joy to every occasion.

Martha also was the cofounder and proprietor of the Pointe Peddler, where her entrepreneurial spirit and community connection flourished. She cherished spending time with family and extended family up north in Omena, where many treasured memories were made.

Martha was a devoted and active member of Grosse Pointe Memorial Church for more than 82 years, a lifetime member of the Country Club of Detroit and a member of

the Tau Beta Association. She was actively involved in the Junior League of Detroit and the Grosse Pointe Garden Club and dedicated countless hours to numerous volunteer opportunities throughout her life. Her faith, friendships and community involvement were cornerstones of her rich and fulfilling life.

Martha was predeceased by her beloved husband of 50 years, Richard Allan Speer; daughter, Emily Speer Bedford; and brother, Bayard Johnson. She is survived by her children, Suzanne Speer Martin (Wayne), Lisa Speer Tille (Steve) and Richard Speer (Betsy); grandchildren, Elizabeth Henderson, Jennifer Tille, Tripp Henderson (Allison), Katie Tille, Andrew Speer (Andra), Michael Speer (Phillipa), Blake Bedford, Brooke Bedford Weese (Ben) and Maya Speer; and great-grandchildren, Jack, Charlie and Quinn Henderson, George Speer and Millie and Scarlett Weese.

Martha's life was a beautiful testament to love, family and community. She will be deeply missed and forever remembered by all who knew her.

A memorial service will be held at a later date.

In lieu of flowers, memorial donations may be made to Grosse Pointe Memorial Church, 16 Lakeshore, Grosse Pointe Farms, MI 48236, [onrealm.org/GrossePointeMem/-/form/give/GPMC](http://onrealm.org/GrossePointeMem/-/form/give/GPMC).

## Deborah Ann Poetzl Tischler

Deborah Ann Poetzl Tischler, 85, passed away peacefully Sunday, Oct. 26, 2025, in Albuquerque, N.M. Her vibrant faith and gentle spirit touched countless lives.

Deborah was born Aug. 21, 1940, in Chicago, to Raymond Poetzl and Margery Coffey Poetzl. She graduated from Highland High School in Albuquerque and furthered her education at the University of New Mexico.

On Dec. 19, 1970, she married the love of her life, Howard Mark Tischler, with whom she shared a deep and abiding bond. She was a devoted mother to her two daughters, the Rev. Dr. Chloe Chavez (Ruben Chavez) and Faith Lynn Cleary. She also held a special place in her heart for her niece, Mimi Stevens Keller. Deborah was predeceased by her beloved sister, Susan Parks Stevens.

Throughout her life, Deborah was actively involved in numerous volunteer organizations, reflecting her commitment to making a positive impact on the world around her. She generously dedicated her time and energy to the Detroit Symphony Orchestra, having served as its president, and the Michigan Orchestra Volunteer



Deborah Ann Tischler

Association, sharing her love for the arts.

Deborah was a woman of deep faith and a compassionate spirit, whose life was marked by service and a dedication to nurturing the spiritual well-being of others. She served several ministries of the Episcopal Church, including Faith Alive and Daughters of the King, through which she held the elected roles of provincial president and national triennial chairperson. She also served as both a senior and junior warden of Christ Church Grosse Pointe.

As a founding member of Hope in the Desert Episcopal Church in Albuquerque, Deborah poured her heart into her spiritual family. She served on the vestry, shared her wisdom as a lay minister, speaker and Bible teacher and was a faculty member of Hope's Healing School for Prayer. Her passion for spiritual growth led her to create and host the podcast, "Growing in God's Design for You," through which she shared her insights and encouragement with a wider audience.

Furthering her ability to guide others, Deborah trained with the Colombiere Center in Michigan, allowing her to offer profound guidance and support to those seeking a deeper understanding of their faith and themselves. Known for her extroverted and friendly nature, Deborah effortlessly connected with people, leaving a lasting impression of warmth and care. Her legacy of faith, service and heartfelt connection will continue to inspire those who knew her, and her radiant spirit and unwavering devotion will be deeply missed by her loved ones.

A funeral service was held Friday, Oct. 31, at Hope in the Desert Episcopal Church in Albuquerque. She will be laid to rest during a memorial service at Christ Church Grosse Pointe at a later date.

In lieu of flowers, memorial donations may be made to Unbound, 1 Elmwood, Kansas City, KS 66103, [unbound.org/donate/general-donation](http://unbound.org/donate/general-donation); The Cathedral of St. John, P.O. Box 1246, Albuquerque, NM 87103, [stjohnsabq.org/donate](http://stjohnsabq.org/donate); or Hope in the Desert Episcopal Church, 8700 Alameda NE, Albuquerque, NM 87122, [hopeepiscopal.org/give](http://hopeepiscopal.org/give).

Sign her online guestbook at [frenchfunerals.com](http://frenchfunerals.com).

See OBITS, page 7B

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## OBITS:

Continued from page 6B

## Frederick Pope IV

Frederick Pope IV, 43, of Rockville, Md., died Saturday, Oct. 25, 2025, after spending three weeks in the hospital due to injuries resulting from a heart attack while biking. He passed away peacefully with his wife by his side.

Fred was born Nov. 28, 1981, in northern Vermont, where his parents owned and operated a weekly newspaper. In 1989, his family moved to Grosse Pointe Park. He graduated from Grosse Pointe South High School in 2000, where he earned varsity letters in cross country and track. He earned a bachelor's degree in accounting from Wayne State University in 2004. Following graduation, he participated in the City Year program, serving as a classroom aide at the Detroit Lions Academy, an alternative high school. In 2009, he married Mirsada Gega of Novi, whom he met while they were both students at Wayne State. In 2012, the couple welcomed a son, Frederick Hayden, who goes by Hayden.

Fred was a natural-born salesman with a gift for talking to anyone about anything. He started his career in sales while in high school selling treadmills and other sporting equipment part-time at the Sears in Macomb Mall, where his sister Rebecca also worked. He also sold shoes at Sherman Shoes in The Village. After college, Fred took a sales position with Worldwide Express, a logistics company, where he demonstrated a strong entrepreneurial spirit as a district manager. In 2009, he moved into pharmaceutical sales, joining Shire in Cincinnati. In 2013, Fred and his family relocated to Rockville when he accepted a sales position at Supernus, another pharmaceutical company, where he later transitioned into marketing.

Fred lived his life to the fullest and savored what each day brought his way. His interests included hiking, biking and Boogie Boarding at the beach. He kept in shape by chopping wood and clearing trails in the woods across the street from his house. In his youth, he participated in Taekwondo before taking up boxing. While in high school, he spent his afternoons training at the KRONK Boxing Gym in Detroit. He was infatuated with fast cars, having owned a Taurus SHO, a Buick Regal and a Dodge Challenger. He loved dogs, particularly a boxer he had in high school named Winston,



Frederick Pope IV

and more recently a German shepherd named Jade. But most of all, Fred enjoyed spending time with his wife, Sada, and their son, Hayden. Fred and Hayden particularly enjoyed riding dirt bikes together in the woods near their house, skateboarding, going to movies, getting ice cream and taking walks around their neighborhood. Fred was very proud of his home, his family and the life he had built with them.

Fred excelled at maintaining strong relationships with friends and family members. Unlike many of his generation, Fred loved to talk on the phone and regularly spent hours chatting with faraway friends and family members. While he was in the hospital, Fred was visited by numerous family members, friends and coworkers, many of whom traveled significant distances to be by his side. Fred was loved by many and he will be sorely missed by all who knew him.

Fred is survived by his wife, Sada; son, Hayden; parents, Karen and Eric Pope of Grosse Pointe Park; sisters, Rebecca Pope (Brian Maskery) of Tucker, Ga., and Emily Pope (Chad Hanson) of Philadelphia; nephews, Eric and Kevin Maskery and Elliott Pope-Hanson; niece, Penelope Pope-Hanson; and parents-in-law, Agim and Lita Gega of Novi.

A celebration of life will be held at 2 p.m. Saturday, Nov. 8, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms.

## Mary Lou Hulswit

Mary Lou Hulswit, 76, of St. Clair Shores, passed away Saturday, Nov. 1, 2025.

Mary was born in Zeeland, Mich., to Clarence and Angeline Schrottenboer. Mary found meaningful employment that connected her to local communities wherever her husband of 55 years, Paul, was stationed. Over the years, she worked as a baker, librarian, caregiver, secretary, painter and conversational English teacher in Japan.

After leaving western Michigan, Mary, Paul and their children lived in Chicago, Cincinnati, Fairfax County, Va., and Tokyo, Japan. After more than four years in



Mary Lou Hulswit

Japan, the family moved to Paul's childhood hometown of Grosse Pointe.

Mary had many interests, including baking, reading and needlework. Her spirit of adventure led her to embrace her love of traveling the world. She extended that sense of adventure when she and Paul hosted three foreign exchange students and one German volunteer for Services for Older Citizens. She also was featured as a Grosse Pointe News Pointer of Interest. Her connection to her church and community led to many great friendships through book clubs, Bible study groups, dinner invitations and other activities. Through all of it, Mary's laughter and joy in being with others was infectious.

Mary was predeceased by her parents; and sister, Debora Nyenbrink. She is survived by her husband, Paul; children, Gwyn and John; grandchildren, Cooper, Bailey and Madison; great-grandchild, Althea Valone; sisters, Elaine Mast, Carol Sheldon and Barbara VandeVoorde; and brothers, Peter, Richard, Robert and Mark Shrotenboer.

Visitation will be held from 4 to 8 p.m. Friday, Nov. 7, at Chas. Verheyden Inc., 16300 Mack, Grosse Pointe Park. A funeral service will be held at 10 a.m. Saturday, Nov. 8, at First Christian Reformed Church, 1444 Mayland, Grosse Pointe Park. She will be interred at White Chapel Memorial Park Cemetery in Troy.

Arrangements were entrusted to Chas. Verheyden Inc.

Share a memory at verheyden.org.

## Dr. Richard Hipolet Bryce

Dr. Richard Hipolet Bryce, 95, passed away peacefully Saturday, June 1, 2024. He was a beloved father and grandfather. A man of deep faith, boundless curiosity and generous spirit, Richard lived a full and vibrant life dedicated to family, service and the pursuit of excellence.

Born Aug. 13, 1928, Richard grew up in a devout Catholic family and attended Catholic grade school, high school and college, giving him values that shaped the



Dr. Richard H. Bryce

foundation of his long and meaningful life. After years of study and dedication, he became an accomplished orthodontist and established a respected practice in Eastpointe, proudly serving the metro Detroit community for many years.

Richard believed in living a healthy, active lifestyle and continued to exercise well into his 90s. Upon retiring early, he and his beloved wife, Leona, to whom he was married for more than four decades, moved to Florida to enjoy the sunshine, boating, golfing and fishing. Summers often brought them back to Michigan, where Richard cherished time spent at the Grosse Pointe Yacht Club with family and friends.

Proud of his Polish heritage, Richard loved good food, fine dining and lively gatherings. He also had a deep appreciation for music and curated an extensive collection that brought him joy throughout his life. Ever curious and adaptive, he stayed current with technology — often watching Sunday Mass via Zoom — and loved to connect with family across generations.

A devoted football fan, Richard often could be found cheering on the game on weekends. Above all else, he found his greatest happiness in his family. He was a loving and supportive father to his five children, Richard (Debbie), Patricia (Bob), David (Julie), Cyndi (Greg) and Mia (John). He leaves behind several cherished grandchildren and great-grandchildren, all of whom adored his warmth, humor and wisdom.

Richard's life was a reflection of his faith, hard work and dedication to living well. He valued education, integrity and the simple joys of life — traveling, learning, laughing and spending time with those he loved. His presence will be deeply missed but fondly remembered by all who knew him.

A funeral Mass will be held at 9:30 a.m. Monday, Nov. 10, at St. Kateri Tekakwitha Catholic Church, 16101 Rotunda, Dearborn.

In lieu of flowers, memorial donations may be made to the giver's local Catholic parish or a charity of the giver's choice.

## 'Call &amp; Response 5' runs through Feb. 1

"Call & Response 5: Poets and Artists in Dialogue" takes place at Grosse Pointe Congregational Church's Arts Ministry gallery, now through Sunday, Feb. 1. The project brings together 40 poets and artists from metro Detroit.

The opening reception, including light refreshments and jazz music performed by the Matthew Daher Trio, takes place 7 to 9 p.m. Thursday, Nov. 6. A poetry reading and discussion forum is scheduled 1 to 4 p.m. Saturday, Jan. 10, with light refreshments provided. All related events are free and open to the public.

For "Call & Response 5," each participating poet brought several poems to an initial meeting, while each artist brought examples of their artwork. The artists chose a poem, the poets chose art, then each created a response to the work they selected.

At the exhibition, each poem will be posted beside its corresponding work of art. That juxtaposition has been maintained for a book documenting all the responses that is available for purchase at the scheduled events.

Participating artists and poets include Linda Boyle, Ruth Harvey, Kathryn Poremiski, Kari Rasmussen, Cindy Sommerville, Jeff Greer and Caroline Maun of Grosse Pointe Park; Jackie Brooks, Carol LaChiusa and Mary Stebbins Tait of Grosse Pointe Farms; Loreta Markell and Ronald Strickler of Grosse Pointe Shores; Lori Zurvalec of the City of Grosse Pointe; Dwight Stackhouse, James Macmillan, Aaron Ray, Giovanna Borner, Marguerite Carlton, Carol Cook Reid, Joya Rush-Keli, Elaine Belz and Christian Kroeyr of Detroit; Linda Allen of Shelby Township; K. Michelle Morn of Harrison Township; Richard Reeves and Michael Madigan of Lathrup Village; ML Liebler of St. Clair Shores; Candace Law of Berkley; Suzanne Allen and Donald Levin of Ferndale; Laura Whitesides Host and Alexander Morgan of Birmingham; Alinda Wasner of Beverly Hills; Tracey Morris of Warren; James Ross of Oak Park; and John Diephouse of Lansing. Doug Tanoury, Jeffery Hermann and Jennifer Rivera also are participating.

Grosse Pointe Congregational Church is located at 240 Chalfonte, Grosse Pointe Farms. Hours are 9 a.m. to 1 p.m. Sundays, or by appointment. Call the church office at (313) 884-3075 or email arts@gpcong.org for more information.



St. Paul students stand with a portion of their candy haul.

COURTESY PHOTOS

## An impressive haul

The afternoon of Oct. 27, students at St. Paul on the Lake Catholic School loaded a truck with candy, donated by parishioners, which then was transferred to Sacred Heart Major Seminary in Detroit to be passed out to trick-or-treaters. Every year, the seminary provides a safe venue for 2,000 less fortunate children to trick-or-treat on Halloween.

St. Paul set a goal of 1,001 pounds of candy, but in true fashion, donors went above and beyond, contributing close to 2,000 pounds — literally a ton — of candy.



John Hindelang and Kevin Agnone help fill a vehicle with donations.

## GP Young Adults event benefits The Family Center

The Grosse Pointe Young Adults hosts its third annual fundraiser at 8 p.m. Wednesday, Nov. 26, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms.

Proceeds this year benefit The Family Center, which has supported

families in the Grosse Pointes and Harper Woods for 25 years.

Tickets for the fundraiser start at \$99, and include craft cocktails, food, music, mocktail and more. Deadline to purchase tickets is Monday, Nov. 10.

Sponsorship opportunities are available until Saturday, Nov. 15.

For tickets or more information, visit tinyurl.com/4wmhxm4c. Find updates about the event on the group's Facebook page and Instagram @gpyafundraiser.

# Worship Service

**Christ the King Lutheran Church and Preschool**  
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www.christthekinggp.org

**SUNDAY**  
8:30 a.m. - Bible Study  
9:30 a.m. - Worship Service  
Sunday School - During Service

**WEDNESDAY**  
10 a.m. - Bible Study  
6:30 p.m. - Worship Service

**Solomon Spangler, Pastor**  
*Making New Disciples - Building Stronger Ones*

**Grosse Pointe Congregational Church**  
(United Church of Christ)

**Worship Sunday at 10:00 am**  
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WE HAVE AN ARTS MINISTRY

8B | FEATURES



PHOTOS BY RENEE LANDUYT

Moderator Taylor Mae of Creative Mornings Detroit, left, speaks with "Join or Die" filmmaker Rebecca Davis during the event.

Jody Barndt is the volunteer coordinator and a board member with Free Bikes 4 Kidz Detroit, a non-profit organization that accepts donations of used bikes, fixes them up and gives them away to kids in need. To volunteer, visit [fb4kdetroit.org/](http://fb4kdetroit.org/) volunteer.



Kelsey Devaney listens to Ruth Ann Yamada and Steve Yamada, the founders and facilitators of the Eastside Board Gaming Club. Anyone can join in and play board games at the Grosse Pointe Public Library Central Branch the fourth Saturday of each month from noon to 4 p.m.

Diane Jones-Kirby, left, president of the Fine Arts Society of Detroit, interviews actress Kim Czasnojc about the fun they have with the organization. It puts on three stage productions each year and hosts new member cocktail and holiday parties. Anyone can join and there are nominal yearly dues. Call Donna Ridella at (313) 530-0763.



# Joyful joining

Last month, The Family Center — in partnership with the Grosse Pointe Public Library, The War Memorial and Ford House — hosted "Join or Die," a documentary about the importance of community involvement. The weeks-long campaign, which included various screenings of the documentary, culminated

in a discussion with the filmmaker, followed by a Joiners' Fair, featuring a variety of agencies offering avenues of participation to those interested not only in helping the community, but also breaking the barrier of isolation.

The War Memorial clocked 433 attendees, but was sure more than

that slipped beneath its radar.

"That speaks so well for our community and how well we work together," said Jennifer Bingaman, executive director of The Family Center. "We're building the community we want to live in. That's the ripple effect from 'Join or Die.'"

Find a complete list of participating agencies, each offering volunteer opportunities, online at [grossepointelibrary.org/community-information](http://grossepointelibrary.org/community-information).



Debra Dawson is the president of P.E.O., which was founded as a college society by seven women in 1869, and has grown into an international sisterhood dedicated to the advancement of women through education. Its mission is achieved by sponsoring scholarships, loans, grants and low-interest loans to women at all stages of life. The Michigan Chapter of P.E.O. also has a fund that provides financial assistance to Michiganders in temporary financial need. The Grosse Pointe chapter assisted several local high school students with scholarships and supported a graduate student in getting the P.E.O. Scholar Award. It also has helped several women obtain grants to go back to school to finish their education after an interruption. Email [chapterdbpeomichigan@gmail.com](mailto:chapterdbpeomichigan@gmail.com) for information about membership or scholarships.



Kelly St. John talks with Volunteer Ambassador Peggy Julian while Shannon Woods talks with Program Coordinator David Megyesi of Americorps Seniors, Retired and Senior Volunteer Program. Americorps Seniors has volunteer opportunities for adults 55 and older, such as tutoring and homework help for students, providing assistance and compassion to older adults and more. To volunteer, contact [ccsem.org/acsvp](http://ccsem.org/acsvp) or call (248) 537-3300.

## AREA ACTIVITIES

### The War Memorial

The War Memorial, 32 Lakeshore, Grosse Pointe Farms, offers programs and activities for the community. For information on the following, visit [warmemorial.org](http://warmemorial.org)

- ◆ Opera Soiree: Prosecco, Pasta & Puccini, 6:30 p.m. Friday, Nov. 7. Tickets are \$80 per person and sold by table.
- ◆ Second Saturdays at TWM: Wild Wildlife, 9 to

11 a.m. Saturday, Nov. 8. Tickets are \$10 per child.

- ◆ Modern Manners: Youth Etiquette, 1 to 3 p.m. Sunday, Nov. 9. Cost is \$95.
- ◆ Weekly Creations: Kids Art Class, 5:30 to 6:30 p.m. Mondays, beginning Nov. 10. Cost is \$25 per class.
- ◆ Veterans Day Breakfast, 8 to 11 a.m. Tuesday, Nov. 11. Breakfast is free for veterans, \$20 per guest.
- ◆ War Memorial

History Tour, 10 to 11:30 a.m. Thursday, Nov. 13.

- ◆ Candlelight: The Wizard of Oz — A Classical Concert, 6:30 p.m. Thursday, Nov. 13. Tickets range from \$45 to \$67.

### GPAA

The Grosse Pointe Artists Association presents Lines: Building Blocks of Art, with Saveria Giovinazzo, 9:30 a.m. to 12:30 p.m. Fridays, Nov. 7, 14 and 21, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms. To register, visit [grossepointeartcenter.org](http://grossepointeartcenter.org).

### Questers

The Pear Tree Questers meet at 1 p.m. Friday, Nov. 7, at the

home of member Bernadette Lindquist, who will discuss her experience during a mission trip to the Dominican Republic with the Haiti and Africa Relief Team, or HART.

### Blood drives

The American Red Cross hosts the following blood drives:

- ◆ 8 a.m. to 2 p.m. Friday, Nov. 7, Grosse Pointe South High School, 11 Grosse Pointe Blvd., Grosse Pointe Farms.
- ◆ 9 a.m. to 3 p.m. Friday, Nov. 7, University Liggett School, 1045 Cook, Grosse Pointe Woods.
- ◆ 1 to 7 p.m. Wednesday, Nov. 12, Jefferson Masonic Lodge

No. 553, 22000 E. 11 Mile, St. Clair Shores.

- ◆ Noon to 6 p.m. Wednesday, Nov. 12, Holy Innocents-St. Barnabas Parish, 26100 Ridgemoor, Roseville.

Register at [redcrossblood.org](http://redcrossblood.org).

### Garden Center

Wild Birds Unlimited owner Rosann Kovalcik will share her expertise about "The Woodpeckers of Michigan," at 7 p.m. Tuesday, Nov. 11, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms. Admission is free for Grosse Pointe Garden Center members, \$10 for nonmembers. Registration is required at [gpgardencenter.org/michigan-woodpeckers/](http://gpgardencenter.org/michigan-woodpeckers/).

### The Family Center

The Family Center of Grosse Pointe and Harper Woods offers "Grief Work: Choose Compassion for Yourself and Have Courage to Seek Help," noon and 7 p.m. Tuesday, Nov. 11, at The War Memorial, 32 Lakeshore, Grosse Pointe Farms. RSVP to [maryjo@familycenterhelps.org](mailto:maryjo@familycenterhelps.org).

### Rotary

The Rotary Club of Grosse Pointe hosts its next meeting at 5:30 p.m. Wednesday, Nov. 12, at Village Grille, 16930 Kercheval, City of Grosse Pointe. Mike McKay, founder of the veterans' organization Heroes' Movement, speaks. Email [grossepointerotary@gmail.com](mailto:grossepointerotary@gmail.com).

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## MEN:

Continued from page 2B

of programs and administration. "Medicine always changes. There are new things to know to keep your body healthy."

Panelists, The Family Center Executive Director Jennifer Bingaman said, not only share their knowledge, but do it in a way that's easy to absorb.

"They're all so down to earth and know their

fields so well, but they translate it so it's relatable — and they do it with a sense of humor," Bingaman said. "... This night can be life-changing and life-saving."

"... And, (attendees) can ask questions afterward," she added. "They'll have more than the eight minutes they have with their physician every year."

Though Bingaman and Harris don't sit in on the men-only session, they've heard the laughter and received positive feed-

back from past events.

"Men stayed after to talk and met other men," Harris said. "They really enjoyed themselves."

"And it's intergenerational," Bingaman added, "which is a great opportunity because they're learning from each other, too."

"Research shows that loneliness has become epidemic since the pandemic, especially for men," Wilberding added. "Other research cites relationships as the primary source of happi-

ness. What are ways men can cultivate to pursue connectedness?"

To register for the free event, email [MaryJo@FamilyCenterHelps.org](mailto:MaryJo@FamilyCenterHelps.org) or scan the QR code.



# LIFE & LEISURE



2C GP GABBY | 3C MOMBEAU'S TABLE | 4C MOVIE JUNKIE MARK | 6C & 7C COMICS

## GPT's Youth on Stage breathes life into 'Beetlejuice Jr.' Performances are Nov. 14-16 at Parcels

Grosse Pointe Theatre's Youth on Stage program invites audiences to get spooky, silly and sentimental with "Beetlejuice Jr.," creeping onstage Nov. 14 to 16, at Parcels Middle School. The high-energy production features 43 young performers and a full youth-run technical crew, bringing Broadway's favorite ghostly comedy to vibrant life.

The production marks the directorial debuts of GPT members Alexa Baxt and Kristina Kamm-Mardlin.

"When the musical first debuted on Broadway, I fell in love with the music," Kamm-Mardlin said. "The show is genius in the way it portrays the characters and tells the story — it's funny, emotional and heartfelt all at once."

While the show playfully tackles themes of death, the directors have taken special care in helping young actors approach those moments with thoughtfulness.

"We even brought in a therapist to help us handle sensitive topics," said Baxt, who describes the show as ultimately uplifting. "The central message is to embrace life and change — to live life to the fullest."

The pair said their



Anna Steiger, Josie Danley and Dean Stackpoole are among the cast of "Beetlejuice."

young cast is rising to the challenge.

"The kids are doing amazing," Kamm-Mardlin said. "We have so many who really shine in creative, kooky roles. I think audiences will be really impressed."

With its ghostly humor, campy charm and heartfelt moments, "Beetlejuice Jr." promises a visually spectacular experience, complete with imaginative sets, unique costumes and netherworld-inspired makeup.

"You simply can't miss

the shrunken head bob," Baxt joked.

For both directors, co-directing has been a rewarding creative partnership.

"It's great to have someone to bounce ideas off of; it makes it less daunting," Kamm-Mardlin said.

Added Baxt, "I've loved collaborating with our incredible creative team to bring our shared vision to life."

"Beetlejuice Jr." is suitable for all ages. A sensory-friendly performance also will be

offered at 1 p.m. Saturday, Nov. 15, to ensure accessibility for all audiences. That performance is especially great for young children new to live performance.

Tickets are on sale at [gpt.org/juice](http://gpt.org/juice) or [gpt.org/sensory](http://gpt.org/sensory) or by calling (313) 881-4004.



Elliott Cox as Beetlejuice.



Clinton Steinert, Gavin Coon and Ellie Korte soon take the stage in "Beetlejuice."

PHOTOS COURTESY OF GROSSE POINTE THEATRE



25 YEARS OF EMPOWERING FAMILIES & ENRICHING LIVES

ASK THE EXPERTS By Bailey Linderman

## Finding calm before the holidays

The holiday season often is filled with joy and celebration, but it just as easily can become a season of overwhelm. Between preparing for Thanksgiving, planning for December festivities, managing family gatherings, shopping lists, travel and endless to-dos, many of us find ourselves running in circles, both in our schedules and in our minds. What should be a time of connection can quickly turn into stress, pressure and exhaustion.

Guided meditation is one of the most effective ways to reset before the holiday season begins. Research shows that meditation reduces stress, improves focus, balances mood and helps regulate sleep — all of which are tested this time of year. Taking even a short pause to sit in meditation allows the body to relax, lowers the heart rate and helps quiet the racing thoughts that so often take over when life feels busy.

Contrary to popular belief, meditation isn't about forcing silence within. It's a gentle practice of listening, understanding and uncovering the roots of your stress. Instead of spinning out, meditation provides an anchor; helping you feel centered, calm and capa-

ble of meeting the holidays with clarity and ease.

Alongside meditation, calming tea offers its own set of benefits. Herbal teas, such as chamomile or peppermint, can help relax the nervous system, support healthy digestion and provide a gentle sense of comfort. Sipping tea slowly encourages mindfulness, extending the peace created in meditation and allowing the body and mind to remain in alignment. The warmth of tea not only soothes physically, but also reinforces the mental reset needed to carry calm into the rest of the day.

Use these quiet practices to find balance, release stress and enter the holidays feeling grounded and refreshed.

Wishing you peace and joy this season and beyond.

Bailey Linderman is a certified hypnotherapist. Her mission is simple: to help you rediscover your own potential and fall back in love with life. Learn more at [familycenterhelps.com](http://familycenterhelps.com).

The Family Center provides free programs and resources that help build happier, healthier families. Learn more at [familycenterhelps.org](http://familycenterhelps.org).

### GROSSE POINTE ANIMAL ADOPTION SOCIETY



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# GROSSE POINTE Gabby



POINTING YOU IN THE RIGHT DIRECTION WITH REAL-LIFE ADVICE!

## Too many school fundraisers for my budget

**Dear Gabby:** How do I politely avoid buying from every school fundraiser without looking like a terrible neighbor? — Broke in the Shores

**Dear Broke:** The cookie dough, coupon books and mattress sales could bankrupt almost anyone. The key is to pick

a few causes close to your heart to support enthusiastically.

Most parents completely understand, because they're just trying to help their kid hit a quota, not ruin your budget.

Remember: Generosity is admirable, but boundaries are healthy. Support where you can, and cheer

on the rest from the sidelines — preferably while eating some of that fundraiser popcorn.

— Gabby!

*We love problem-solving and giving advice! Please send us your questions & problems to advice@grossepointenews.com.*



## When giving becomes too much

**DEAR ANNIE:** I am struggling with what feels like a small thing, but it weighs on me. I have several great-nieces and great-nephews, and over the years I've tried to remember birthdays with cards, little gifts or even just a phone call. Lately, though, I feel overwhelmed. Between the number of children, the cost of presents and my own busy life, I can't keep up the way I used to.

This year, two of them have birthdays coming up, and I find myself dreading it rather than looking forward to celebrating them. Part of me wonders if I should stop sending gifts altogether and just acknowledge the day with a heartfelt card or call. But then I

worry they will think I don't care or that I am playing favorites if some get gifts and others don't.

I don't want to disappoint these kids, but I also don't want to feel resentful or guilty every time another birthday rolls around. Am I a bad great-aunt if I don't keep sending birthday gifts? How do I show them love in a way that doesn't leave me stretched too thin? — Wondering Aunt

**DEAR WONDERING AUNT:** You are not a bad great-aunt for wanting to set limits. Gifts are nice, but what children remember most is the love and attention behind them. A thoughtful card, a phone call or even a tradition like baking cookies together

can mean far more than something from a store.

Do what feels genuine and sustainable for you. If that means sending cards instead of presents, that is perfectly fine. Your consistency and care will speak louder than any gift ever could.

**DEAR ANNIE:** I am writing to you about something that I suspect many people wrestle with but rarely admit out loud: feeling completely drained by trying to "do it all."

On paper, my life looks fine. I have a steady job, a family I love and friends I try to keep up with. But in reality, I feel like I'm stretched so thin that I'm not fully present anywhere. At work, I'm behind on deadlines. At home, I'm guilty that I

don't spend enough quality time with my spouse or children. With friends, I cancel plans at the last minute because I just don't have the energy.

Everywhere I turn, there are messages telling me to "set boundaries," "practice self-care" or "say no more often." I try to follow that advice, but then I feel like I'm letting someone down. If I say no to my boss, I risk my job. If I say no to my kids, I feel like a bad parent. And if I say no to social invitations, I worry people will stop asking altogether.

The end result is that I'm running on empty. I can't tell if this is just modern life, or if I need to make some big changes. I find myself wondering: Is it normal to feel this



### Dear Annie

by Annie Lane

exhausted all the time? Or is this a sign that I've taken on too much? How do other people balance responsibility with rest without feeling like they're failing everyone around them?

I'd love your advice, because right now it feels like I'm surviving, not living. — Running on Empty

**DEAR RUNNING ON EMPTY:** What you are describing is more common than you think. Many people feel the same invisible weight of trying to do everything to everyone. The truth is you cannot, and no one can.

Start by taking one small step. Choose one area where you can realistically say no or scale back, and protect that space as if it were an appointment with your health. Over time, those small boundaries build into real breathing room.

You are not failing anyone by resting. You are giving them a healthier version of you, and that is worth far more than a burned-out version who is running on empty.

Send your questions for Annie Lane to [dearannie@creators.com](mailto:dearannie@creators.com).

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## North-South tailgate

Photo story by Renee Landuyt

The Grosse Pointe Public School System hosted its annual tailgate before the North-South football game Friday, Oct. 24. The tailgate included food, games, raffles and music from 5 to 7 p.m. on the front lawn of Grosse Pointe South High School.



Left, Grosse Pointe North Student Activities Director Peggy Bonbrisco stands with student David Staperfenne and Thor, the Grosse Pointe North mascot.



Above, Roy Bishop III plays cornhole at the North-South tailgate.



The Grosse Pointe South choir sang two songs during the tailgate.



The combined North and South marching bands entertain the crowd.

Sensory Friendly Performance • Sat. Nov. 15 at 1 p.m.

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Molly Stackpoole and Mia Schlaff are besties and do everything together, so when it came to having their faces painted, they asked Iris Schuster of Painting for Loretta if they could each get a half of a spider web on their cheeks. That way, when they put their faces next to each other, it would form a whole spider web. Once finished, they loved what they saw in the mirror.



# We Tried It!

by Anna Lizer



As many of you may know, I'm in my bread era. I'm making sourdough bread, sourdough with inclusions, sourdough sandwich bread — and I even made my own butter. I also work at a newspaper. Basically, I'm becoming Amish.

On my road to becoming Amish, I realized something important: I cannot eyeball anything. I'm terrible at baking when my measurements aren't exact. If you've ever made sourdough,



you know that everything is measured in grams and

if you're off even a little, things can go sideways

fast. I know this because I've made about 25 inedible loaves.

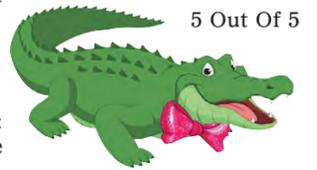
That's where the KitchenAid KQ909 Digital Kitchen Scale comes in. This scale is incredibly precise and very easy to use. You can measure two ingredients at once, which is a game changer when you're juggling flour, water, starter and salt. Common uses for a kitchen scale go

way beyond bread, too. It's great for measuring flour and sugar for cookies, portioning ingredients for meal prep, dividing dough evenly and even getting exact amounts of coffee beans for a perfect cup.

I bought this one from Amazon for \$58 and it's already earned its spot on my counter. It's reliable, accurate and has completely changed how I bake. You know the drill: This product gets five

out of five alligators and is a staple on my bread-making journey.

*We LOVE testing out new things! Tell us about your favorite item or something you want us to try for you! Drop us a line at media@grossepointenews.com.*



5 Out Of 5

## Caesar'd roasted cabbage

Courtesy of Mombeau's Table

One of the only salads that I can count on my family eating is caesar salad. They absolutely love it. So, when I saw this recipe on my Instagram feed, I was definitely curious. To be completely honest, I struggle with side dishes at dinner. I want my family to look forward to vegetable sides that aren't mashed potatoes or butter soaked green beans. Plus, I tend to always focus my attention on the main protein.

Caesar salad was a win because the bowl was always picked clean. But that's a fine line to walk. My downfall is when I notice this victory and then make it every night. Only to have them become sick of it and be back to square one. This recipe has the flavors of caesar salad but presented in an entirely different way.

It's inspired by cookbook author Jake Cohen. A whole green cabbage is sliced into wedges and then roasted with a homemade caesar dressing. The dressing is garlicky and lemony with lots of parmesan cheese. It gets poured over the raw cabbage and nestles

in between each layer. Then the cabbage is roasted for almost an hour. The bite of the garlic mellows out and the cabbage becomes sweet and tender with crispy brown edges.

I've tweaked his dressing recipe by swapping a couple tablespoons of mayonnaise for an egg yolk. It thickens it a bit more than an egg yolk but not so much that it's too thick to easily pour through the cabbage leaves. It wouldn't be complete without some garlicky breadcrumbs that are quickly toasted in a pan and then sprinkled over the finished product. Fresh parsley is a must for garnish as it gives just a pop of freshness.

This dish was met with curiosity by my family but for most ended with a smile. Liven up your side by caesarizing some cabbage wedges. It's such a delicious twist on familiar tastes.

Cheers, Mombeau

### Caesar'd Roasted Cabbage

1 head green cabbage  
Juice and zest of 1 lemon

3 cloves minced garlic

1 tbsp anchovy paste

1 tbsp worcestershire sauce

2 tbsp mayonnaise

2 tsp dijon mustard

¼ cup olive oil

½ cup grated parmesan cheese

Salt and pepper

Chopped parsley for garnish

Toasted Garlic Breadcrumbs

½ cup toasted panko breadcrumbs

1 minced garlic clove

2 tbs olive oil

Preheat your oven to 425 degrees. Take off the outer, dirty leaves of the cabbage. Using a large knife, cut the cabbage in half, splitting the core in two. Then cut each half into fours. Lay the wedges down on a parchment paper lined baking sheet.



PHOTO BY KAREN FERGUSON

Now make the dressing. Mix together the remaining ingredients in a medium sized bowl until it is combined and creamy. Add in a pinch of salt and ½ teaspoon of fresh cracked pepper. Spoon the dressing all over the cabbage wedges.

Make sure to get the dressing down in all the nooks and cranies. Roast in the oven for 45 to 55 minutes.

While the cabbage cooks, toast the breadcrumbs in a small saute pan with the olive oil and minced garlic clove over medium heat. Stir the

breadcrumbs around until they begin to brown which takes about three minutes. Set aside.

The cabbage is done when it is soft and the edges are browned and caramelized. Top with garlic breadcrumbs and chopped parsley. Serve piping hot!

## Non-alcoholic wine

I believe in the healthful benefits of wine consumed regularly in moderation with food. I have a glass a day, rarely more, and always with food.

Several doctors I know, including world-famous heart specialists, agree with me, at least in terms of what they say is wine's beneficial impact on heart disease, the number one killer of Americans.

However, some health agencies have recently come out with arguments that suggest drawbacks to any alcohol consumption. As with most health-related issues, the real-world issues are complex and call for far more data than can be presented in a wine column.

The result of the controversy over the effects of alcoholic beverage consumption is that millions of people worldwide have begun seeking low-alcohol and zero-alcohol beverages to replace their standard glass of table wine. This has prompted wine companies to seek products that replace traditional wine.

Thus far, their efforts have been heroic, but not

particularly exciting. It has long been known that wine with zero alcohol typically is not very appealing to wine lovers.

Alternatively, beer has been made without alcohol quite successfully for the last two decades and advances in nonalcoholic beer have been excellent. Beer lovers might disagree. Nonetheless, at least two dozen exciting, zero-alcohol brews now sell widely.

Although most non-alcoholic wines I have tasted aren't very wine-like, the best examples aren't bad. One reason is that they typically contain grape juice, which carries some of the flavors of wine.

But grape juice alone is sweet and most of it doesn't work well with savory foods.

Efforts to make nonalcoholic wines that satisfy wine lovers have been ongoing for decades, which winemaker Clark Smith wrote about in his 2013 book, "Postmodern Winemaking."

The late Bruno Benziger, founder of Glen Ellen Winery, asked Smith in the 1980s to investigate making such a prod-

uct "outside of the federal restrictions that forbid flavor additives to standard wine," Smith wrote.

The idea was to make a non-alcoholic product and then figure out how to do so entirely legally, so it could be sold as a non-alcoholic wine.

Smith wrote that one technique was to remove all the alcohol from, say, a chardonnay and "we could then add essences like apple, pear, pineapple, and butter" to emulate chardonnay.

"But it didn't work," he wrote. "The flavors didn't blend. We ended up with what tasted like a bland base (wine) with a bunch of flavor notes sticking out as bizarrely as spiked hair."

Some of the best non-alcoholic wines today use a technique called vacuum distillation to remove most of the alcohol after traditional fermentation. Then some grape juice is added back along with sufficient acidity to balance whatever sugars remain.

Consumer demand for lower alcohol products has been relatively recent, and it takes time for the wine industry to respond. It's not easy to rush new technologies into a business such as wine.

As a result, the vast majority of wine now sitting on store shelves or on restaurant wine lists was produced two to four years ago, before the consumer demand for lower alcohol became a trend.

At a recent major wine event in Sonoma County, most of the wines served had 15 percent alcohol or close to it. It was extremely difficult to find any lower-alcohol wines to consume.

My seat-of-the-pants solution was to add a little water to the chardonnay I was consuming. Yes, obviously, it tended to



by Dan Berger

water down (literally) the flavors, but the product was at least palatable with the foods being served.

A woman sitting next to me saw me and my water and asked if I was happy with the wine. I said I would've preferred a lower alcohol chardonnay, but a few drops of water didn't really

destroy the wine. At least, it made it drinkable.

To find out more about Sonoma County resident Dan Berger, visit the Creators Syndicate webpage at [www.creators.com](http://www.creators.com).

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PHOTOS COURTESY OF RECORDED PICTURE COMPANY, BBC FILM AND HANWAY FILMS

Paul Bettany as Charles Darwin showing Jenny the Orangutan her image in the 2009 movie "Creation," directed by Jon Amiel.

MOVIE REVIEW  
 "Creation"  
 2009 - Rated PG-13  
 1 hr 48 min  
 ★★★★★

This film has been in my queue for ages and I'm glad I finally got around to watching it. What a pleasant surprise. I've long been fascinated by Charles Darwin, yet know almost nothing about the man. The film was a revelation. After watching it, it made me want to find a book I own about the voyages of the HMS Beagle. But considering the mess our library is, it's going to be a daunting task. From outside appearances, you'd think I was on a mission to collect every book in print.

But I digress. Back to the film at hand. "Creation" is based on the book "Annie's Box" written by Darwin's great-grandson Randal Keynes. The book's title refers to a box of mementos Darwin kept to remind him of his beloved daughter Annie. The movie is directed by Jon Amiel ("Entrapment") and the script was written by Amiel, Keynes and John Collee. A good part of the

impact of the film can be credited to the two leads. Paul Bettany ("Uncle Frank," "WandaVision") plays Darwin and Jennifer Connelly ("A Beautiful Mind") his wife Emma. Interestingly, Ms. Connelly is Bettany's wife in real life.

This is far from your typical biopic. Unlike most movies about a historical character which paints a picture of the persons entire life, "Creation" focuses on two short periods of Darwin's life. It jumps back and forth between the time when he was a happy husband and father, playing with his young children and telling them stories, and ten years later, when he was suffering from depression — due to the loss of his daughter Annie (Martha West) when she was ten, and the inner turmoil he felt because of the impact the publication his famous book would have on the world.

We first meet Darwin in a photo studio, where his daughter Annie is having her portrait taken. She is a lively, animated girl and he has a hard time get-



A picnic with friends.

ting her to not smile and sit still. A short time later, we encounter him on a stroll with two of his colleagues, Thomas Huxley (Toby Jones), and Joseph Hooker (Benedict Cumberbatch). The two are aware of the potential earth-shattering treatise Darwin is working on, and strongly encourage him to complete it and get it published.

It's this time period, when Darwin was in his early 50s, that a good deal of the film focuses on. He was suffering both physically and mentally. The loss of his daughter was a devastating experience

# Movie Junkie Mark

by Mark Domin

"Life is too short to watch mediocre movies"



and it was taking its toll not only on him, but on his relationship with his wife as well. Emma was a deeply religious person and Darwin feared how the publication of "On the Origin of Species" would effect them. We can sense the deep depression he was putting himself through and Bettany does

encourages him to finish writing and publish his ground-breaking book.

Darwin spends quite a bit of time with his other children who constantly request stories about his adventures aboard the Beagle visiting exotic locations. They offer a brief look into the research he did to help him formulate his theories of evolution. One one hand, I felt there could have been more background about this time period. However, that really would be another film altogether, and it probably took restraint to limit these scenes. One of the most moving parts of the film was when Darwin spent time with an orangutan named Jenny in a cage at the zoo. The two seemed to bond and you sense that he drew on these interactions to help him with his theories.

A phenomenal job conveying this pain through his facial expressions, hunched posture, and his nervous twitches.

Throughout the film, Darwin's daughter Annie makes numerous appearances. We see her interacting with him when she was alive, but she continues to appear after she died from time to time, where the couple have lively discussions. She keeps asking him to tell her tragic stories. When he asks her why, she responds, "I like them. They make me cry." Annie, who also had a great love for science,

I got a kick out of seeing Jim Carter in the movie. He plays Parslow, Dickens' butler and lab assistant. You may have seen him in "Downton Abbey" as Mr. Carson. He's the quintessential butler with his formal manners, bushy mutton-chops and deep, sonorous voice.

I feel the movie is more of a character study than a traditional biopic. It's really about Darwin's relationship with his wife and family and overcoming the grief that was a result of the death of his favorite daughter.

the belief in God? Or could the two coexist?

If you're looking for a well-written and well-acted thought-provoking film, I highly recommend "Creation." It's another one of those movies I felt definitely slipped under the radar. I'm just glad I came upon it! I hope you like it as much as I did.

Currently streaming for free on Kanopy and Hoopla (with your library card), and on Pluto, Plex, and to rent on Apple TV, Fandango, and YouTube.

My rating system:

★ A real stinker. A movie that is so bad, you're embarrassed to admit you've seen it, but you have to rate it nonetheless.

★★ So-so. Not a total waste of time, but you would have been better off reading a good book.

★★★ Pretty good. In fact, if there weren't any other movies in your queue, you might watch it again.

★★★★ One you'd recommend to friends.

★★★★★ So good you'd actually buy it!

If you have any movie suggestions, feel free to email me at: [dominmark@yahoo.com](mailto:dominmark@yahoo.com).

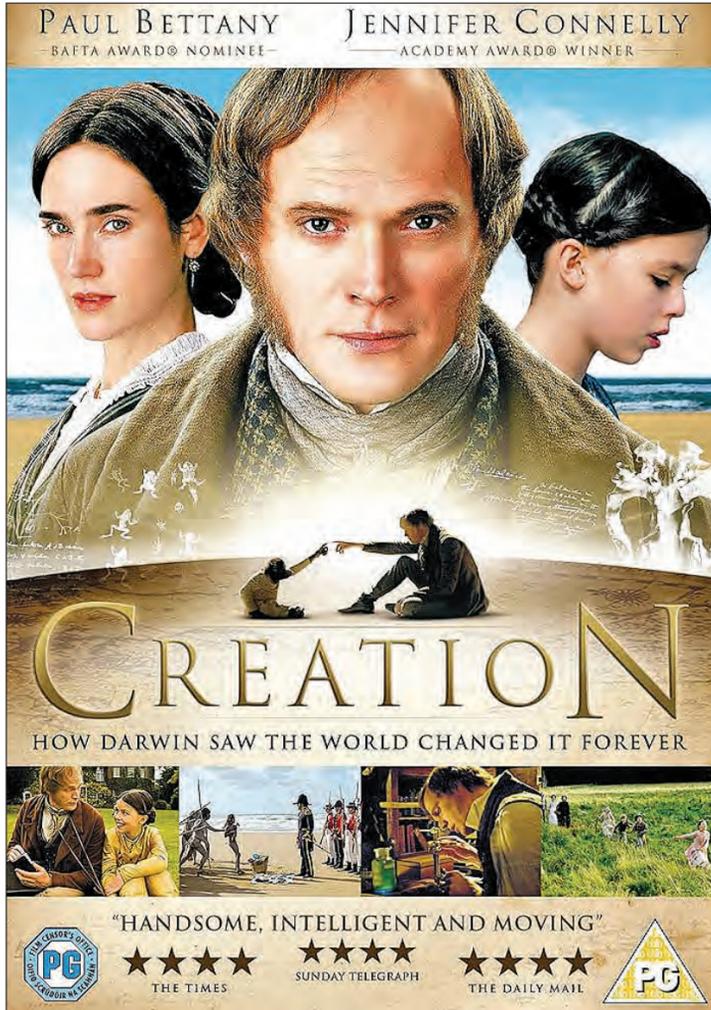
Also, if you're looking for more recommendations, be sure to check out my blog: [moviejunkie-mark.blogspot.com](http://moviejunkie-mark.blogspot.com).



Charles carrying his sick daughter Annie.



Charles (Paul Bettany) & Emma (Jennifer Connelly).



Movie Poster.



Emma and Charles at church



Charles spending time with Annie



Paul Bettany as Darwin interacting with Jenny the Orangutan.



The Darwins.

# Weekly Challenge

## UNIVERSAL Sudoku Puzzle

		2	3					1
		3		1		8		
7					5			6
		9		4		6		5
6	3						4	8
1		4		6		7		
	7		6					3
		1		2		5		
9				7	8			

Complete the grid so every row, column and 3 x 3 box contains every digit from 1 to 9 inclusively.

### Previous puzzle solution

2	1	4	5	8	9	7	6	3
8	6	9	3	7	4	2	1	5
3	5	7	2	1	6	4	9	8
7	4	6	9	5	3	8	2	1
5	9	2	8	6	1	3	7	4
1	8	3	4	2	7	6	5	9
4	3	1	7	9	2	5	8	6
6	7	5	1	3	8	9	4	2
9	2	8	6	4	5	1	3	7

11/6 DIFFICULTY RATING: ★★★★★☆  
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## Contract Bridge

### THE BEST-LAID PLANS

South dealer.  
Both sides vulnerable.

<b>NORTH</b>			
♠	A 6 4		
♥	K 9		
♦	K J 10 5 3		
♣	7 6 4		
<b>WEST</b>			
♠	J 10 8		
♥	J 7 5		
♦	8		
♣	K J 10 5 3 2		
<b>EAST</b>			
♠	Q 9 5 3 2		
♥	Q 10 6 4 2		
♦	7 4		
♣	9		
<b>SOUTH</b>			
♠	K 7		
♥	A 8 3		
♦	A Q 9 6 2		
♣	A Q 8		

The bidding:  
South West North East  
1♦ Pass 3♦ Pass  
6♦  
Opening lead — jack of spades.

Declarer should not be satisfied with adopting a promising line of play when there might be a better approach available. Any move that increases his chances of making the contract without risking it is a step in the right direction.

Take this case where West led a spade against six diamonds. South could see at once that his only potential losers were two clubs. But rather

than pin his hopes solely on a successful finesse — an even-money shot — South resolved to augment his chances by attempting an endplay.

So he took the spade with the king, drew trump, cashed the ace of spades and ruffed a spade. He then played the K-A of hearts and ruffed the eight in dummy.

This series of plays eliminated all the spades and hearts from the North-South hands. With the lead now in dummy, South's plan was to lead a club and, if East followed low, insert the eight. This would assure the slam regardless of where the king was located, since with West on lead, any return was certain to hand declarer the rest of the tricks. But even the best-laid plans have been known to go awry, and East upset the apple cart when he produced the nine on the first club.

However, declarer had one more string to his bow. There was no need to finesse at the moment, he reasoned, since the club finesse was still available if it became necessary.

He therefore ducked the nine on the off chance that it might be a singleton, and it was this final flourish that did his opponents in. It did not matter whether East or West won the trick; either way the slam was in the bag.

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by Steve Becker

## Royal Stars Weekly Horoscopes

**Moon Alert:** Avoid shopping or important decisions from 9:15 a.m. to 10:30 a.m. EST today (6:15 a.m. to 7:30 a.m. PST). After that, the Moon moves from TAURUS into GEMINI.

Happy Birthday for Thursday, November 6, 2025:

You are practical and level-headed. You have a positive, original outlook on life. You're perceptive. This year you will receive recognition for your achievements. You will attain power and leadership. Expect promotions, kudos, awards and acknowledgement. Seize opportunities and act on them while the spotlight is on you.

**ARIES** (March 21-April 19)  
Keep your eyes open, because this is a mildly accident-prone day. However, it's also a productive day, especially if you're making travel plans or dealing with business related to publishing, the media, medicine and the law. Look for ways to make improvements. Tonight: Discussions.

**TAURUS** (April 20-May 20)  
You can get a lot done today, especially if you work in a bank or any kind of financial institution. Nevertheless, whatever you do, you have energy to burn! This is a good day to renegotiate loans, mortgages or redo agreements related to shared property. Tonight: Check your belongings.

**GEMINI** (May 21-June 20)  
You might feel jittery and a bit impulsive this morning because the Moon in your sign will line up with unpredictable Uranus, which can trigger spontaneous reactions. Remind yourself to think before you act. Meanwhile, serious discussions with partners and close friends are intense. (Oh yeah.) Tonight: You win!

**CANCER** (June 21-July 22)  
Roll up your sleeves and get busy. Today you will be especially productive at work. However, you will be just as productive with any task that you set for yourself today. Not only will you work hard, you will look for reforms and ways to do things better. Tonight: Seek privacy.

**LEO** (July 23-Aug. 22)  
This is a powerful day for all of you, but especially those of you in sports and the entertainment world. You can work effectively with others to accomplish your goals. Do something today that makes your wishes or objectives a stronger reality. Don't hesitate to dream big! Tonight: Be friendly.

**VIRGO** (Aug. 23-Sept. 22)  
You couldn't pick a better day to work in cooperation with someone else to introduce improvements to your home. In particular, you might focus on plumbing areas or anything to do with laundry and bathrooms. Accept offers of assistance from anyone. Tonight: You're noticed.

**LIBRA** (Sept. 23-Oct. 22)  
You might want to beautify your surroundings today. You will also enjoy good food, drink and good company. You have pleasant feelings with friends and a desire for a good time. Nevertheless, financial discussions will be probing. Tonight: Socialize.

**SCORPIO** (Oct. 23-Nov. 21)  
Issues related to finances or your possessions will be settled with firm resolve today. You will take the lead in expressing your needs and expectations, especially related to earnings, cash flow. You're in charge! Tonight: Check your finances.

**SAGITTARIUS** (Nov. 22-Dec. 21)  
You have tremendous gusto to accomplish what you want today because Mars in your sign is dancing beautifully with big daddy Pluto. This will encourage you to make new plans or improve old ones. Note: It's an excellent day to join forces with others. Tonight: Cooperate.

**CAPRICORN** (Dec. 22-Jan. 19)  
Certain energy going on behind the scenes will affect you today. Secrets might be revealed. Research could show you something that allows you to move forward in a particular area that interests you. This morning, your work routine might change. Keep an eye on your pet. Tonight: Get organized.

**AQUARIUS** (Jan. 20-Feb. 18)  
Teamwork will be productive for you today. This might be teamwork in sports, athletic workouts or professional teams helping you in your job or teaching and coaching others. Your confidence in reaching ambitious goals is high. Tonight: Socialize.

**PISCES** (Feb. 19-March 20)  
Your ambition is strong today, which is why you won't hesitate to after what you want. Some of you are interested in travel or working with foreign countries. Publishing, the media, medicine and the law are also areas of interest. Don't hesitate to act. Tonight: Cocoon at home.

**BORN TODAY**  
Actor, director Ethan Hawke (1970), actress Emma Stone (1988), actress Sally Field (1946).

## Universal Crossword

Edited by David Steinberg November 6, 2025

<b>ACROSS</b>	<b>46</b> De Armas of "Knives Out"	<b>9</b> Hindu title that becomes a sentence when its last letter is made first	<b>39</b> Spoke volumes
<b>1</b> Particle whose name means "indivisible"	<b>47</b> ***Gas grill fuel	<b>40</b> Traveler's stop	<b>41</b> Droop
<b>5</b> Interprets, as palms	<b>50</b> ***Feeding (on)	<b>43</b> Egret, for example	<b>45</b> Uses up, as energy
<b>10</b> House, in Rosario	<b>52</b> Workers	<b>47</b> Potential sorority member	<b>48</b> Tell on
<b>14</b> "Whip It" band	<b>54</b> Discontinued Apple product	<b>49</b> Malia and Sasha	<b>50</b> Suggestion from an expert
<b>15</b> Nixon's No. 2	<b>55</b> Train station fig.	<b>51</b> "Let me explain ..."	<b>53</b> They may be final
<b>16</b> What an aspiring judge takes: Abbr.	<b>56</b> Kitchen utensil brand	<b>57</b> Mother-child connection	<b>58</b> "Game of Thrones" actress
<b>17</b> *Broncos' home	<b>57</b> Like some Fridays at work	<b>60</b> Unfriendly	<b>61</b> Hosp. area
<b>18</b> *Unite	<b>59</b> ****Monetary gift	<b>63</b> Home www hookup, maybe	
<b>20</b> Certain window treatments	<b>62</b> ***Grinned		
<b>22</b> "Believer" (Monkees hit)	<b>64</b> Mexican spread, for short		
<b>23</b> Roth or SEP plan	<b>65</b> "Chip" or "brew" lead-in		
<b>24</b> Something not quite right	<b>66</b> Long time spans		
<b>25</b> Quick looks	<b>67</b> Crafty marketplace		
<b>27</b> **Erases	<b>68</b> Taters		
<b>30</b> **Infantry unit	<b>69</b> Author list ender, for short		
<b>31</b> Game with Skip and Reverse cards			
<b>32</b> Nobelist Wiesel	<b>DOWN</b>		
<b>33</b> General on a Chinese menu	<b>1</b> Calculate a sum		
<b>34</b> Comforter filler, often simple instrument	<b>2</b> Prepared to drive?		
<b>36</b> Simple instrument	<b>3</b> ___ room (extra space at an event)		
<b>38</b> Omegas' predecessors	<b>4</b> Team spirit		
<b>42</b> Sounds heard at spas	<b>5</b> Strides with speed		
<b>44</b> Maker of Caramel Churro ice cream	<b>6</b> Barriers to teamwork		
	<b>7</b> Massachusetts cape		
	<b>8</b> New Jersey team whose name sounds wicked		

### PREVIOUS PUZZLE ANSWER

S	P	E	C	D	E	P	T	H	R	A	G	S		
O	R	C	A	A	D	O	R	E	O	M	E	N		
B	O	L	T	M	I	S	E	R	A	N	I	L		
F	A	C	E	S	T	H	E	M	U	S	I	C		
S	T	A	T	E	I	S	T	O	O					
F	A	L	S	E	S	T	E	P						
R	A	C	E	S	M	A	T	S	I	L	T	S		
E	G	O	S	S	E	R	T	A	G	O	E	S		
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O	S	T	R	I	S	S	N	A	P	A	T			
R	U	D	E	R	P	E	P	A	I	O	L	I		
B	R	E	A	K	F	A	S	T	S	P	R	E	A	D
I	G	N	A	R	R	E	S	T	S	M	M	A		
T	E	T	O	E	D	U	E	S	O	L				

10/30 Solution  
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11/6 **Swing States by Dario Salvucci**

1	2	3	4	5	6	7	8	9	10	11	12	13	
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59			60				61			62			63
64						65				66			
67						68				69			

# Grosse Pointe News THURSDAY COMICS

**Peanuts**

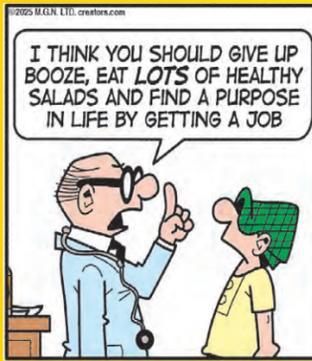
Charles M. Schulz



**Bizarro** Dan Piraro and Wayno

**Andy Capp**

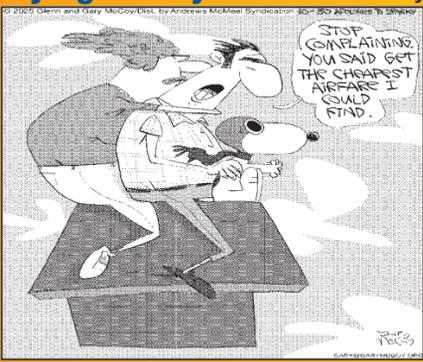
Reg Smythe



**Flying McCoys** Glenn McCoy

**B.C.**

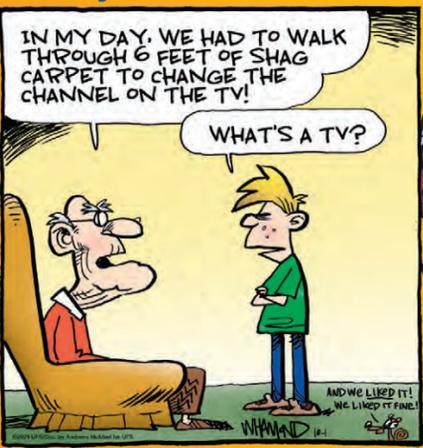
Johnny Hart and Mason Mastroianni



**Reality Check** Dave Whamond

**Beetle Bailey**

Greg, Brian, Neal and Mort Walker



**The Lockhorns** Bill Hoest, Bunny Hoest and John Reiner

**Mother Goose and Grim**

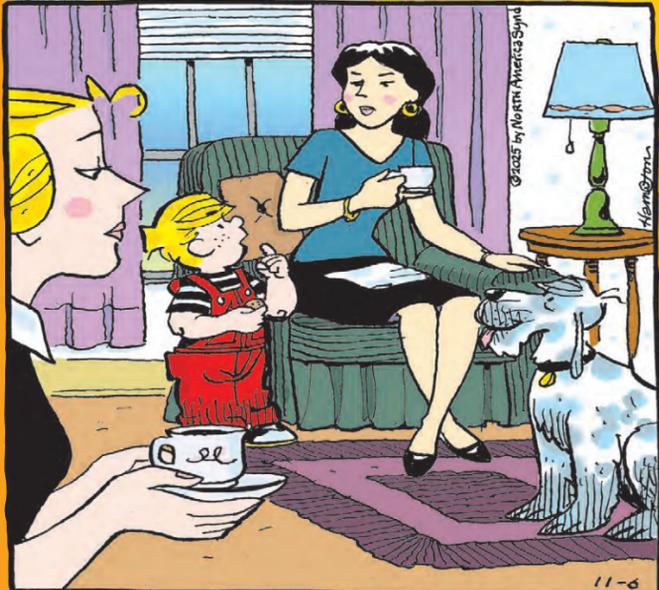
Mike Peters



**Crankshaft**

Tom Batiuk and Dan Davis

**Dennis the Menace** Hank Ketchum, Scott Ketchum, Ron Ferdinand and Marcus Hamilton



**Carpe Diem**

Niklas Eriksson



**Wumo**

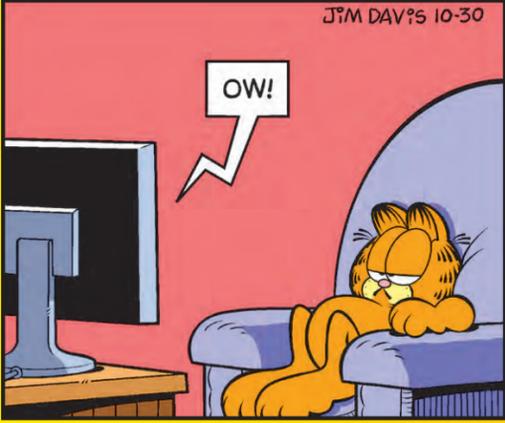
Mikael Wulff and Anders Morgenthaler



# THURSDAY COMICS

Garfield

Jim Davis



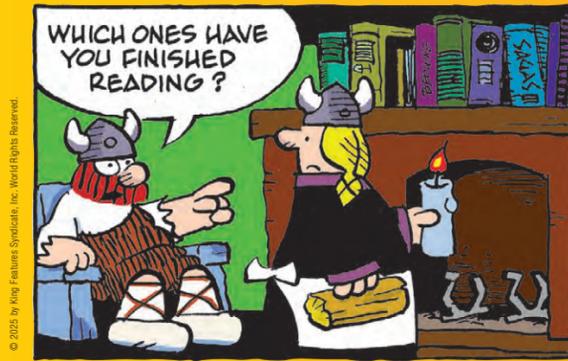
Hagar The Horrible

(Dik Browne & Chris Browne Original Creators)

Bob Webber Jr. and Gary Hallgren

Close To Home

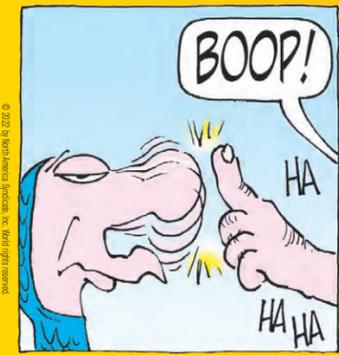
John McPherson



Wizard of Id

Created by Brant Parker and Johnny Hart. Currently by Mason Mastroianni

OB-GYN Kenobi



Blondie

Chris and Dean Young



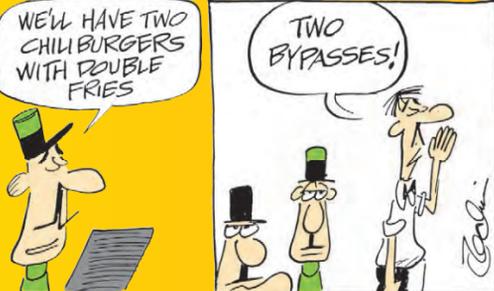
Over The Hedge

Michael Fry and T. Lewis



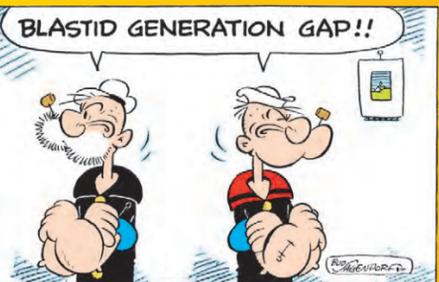
Crock

Created by Bill Rechin and Brant Parker



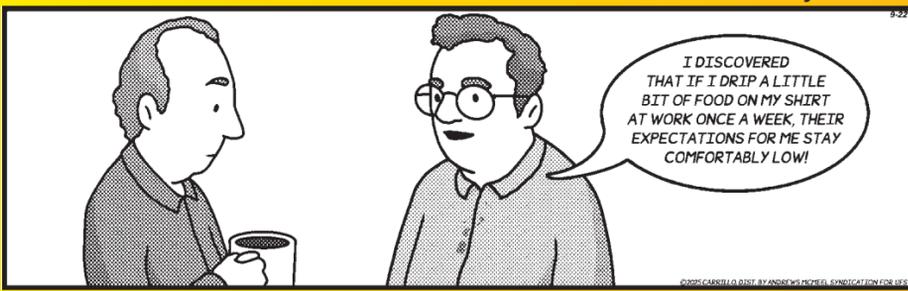
Popeye

Bud Sagendorf



F Minus

Tony Carrilo



Marmaduke

Paul & Brad Anderson



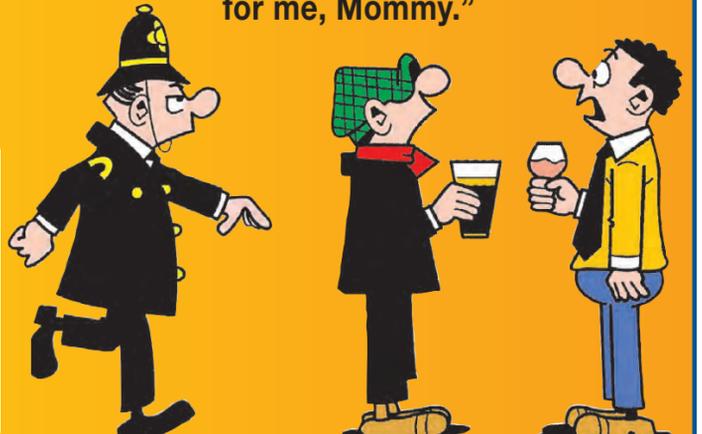
Family Circus

Bill and Jeff Keane



©2025 Bill Keane, Inc. Dist. by King Features Synd. www.familycircus.com

"You don't have to make breakfast for me, Mommy."



There are rules for flying the American flag that help people show their flag the proper respect.

## Veterans Day

On the 11th hour of the 11th day of the 11th month people around the world remember the soldiers who have fought in wars.

It was started after World War I. More soldiers had died

in WWI than in any other war before that one. An Australian journalist by the name of George Honey asked people around the world to observe two minutes of silence at 11:00 a.m. as the treaty to end the war was signed.

**Color this flag. Cut it out and display it in a window on Veterans Day, November 11.**

## Flags: A High-Flying Tradition

People fly the American flag on Veterans Day. How many times a day do you see the flag?

Every country in the world has a flag. A flag is a symbol of a country. A symbol is a picture that tells us something without using words.



The American flag has a blue corner section with white stars, called the **union**. The rest of the flag has red and white stripes.

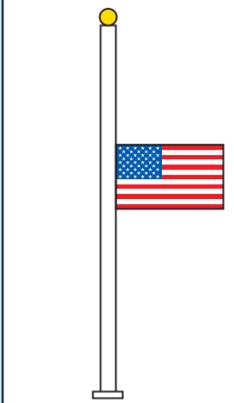
### Why stars and stripes?

Stars are considered a symbol of big dreams. When we say, "Reach for the stars," it means dream big.

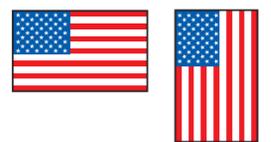
The stripes are symbolic of the rays of light emanating from the sun.

There are 50 stars representing the 50 states and there are 13 stripes representing the 13 original states.

Red symbolizes hardiness and valor. White is for purity and innocence. The blue represents justice.



1. Flags are flown at half-mast to show grief for lives lost. When the flag is flown at half-mast, it should first be raised to the top of the flag pole for a moment and then lowered slowly to the half-mast position.



2. The union (stars and blue panel) should always be in the upper left corner when a flag is displayed as shown above.

3. The flag shouldn't be flown in bad weather. When possible it should be taken down at night. If the flag is flown at night, it should be illuminated by a spotlight.

4. The flag should never touch the ground.

5. When a flag becomes old or damaged, it can be donated to a local Scouting troop for proper disposal.

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**Kid Scoop VOCABULARY BUILDERS**

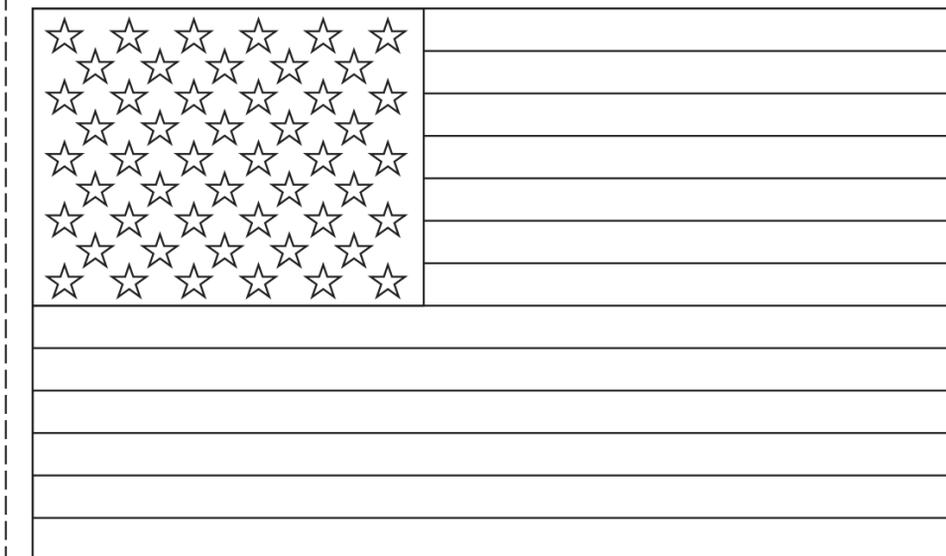
This week's word: **TREATY**  
The noun **treaty** means a formal written agreement between two or more countries.

The leaders signed a **treaty** to end the war.

Try to use the word **treaty** in a sentence today when talking with your friends and family members.

**Write On!**

**My Hero**  
Write a paragraph about your personal hero. Be sure to tell why this person is your hero.



# THANK YOU VETERANS!

## The Six Branches of the U.S. Military

Men and women who serve in our military are called veterans. Veterans Day is a day to thank them for their service defending our nation. Use the code to discover the six branches of the American military.

SECRET CODE	
■ = A	● = N
◆ = C	○ = O
■ = D	■ = P
▼ = E	■ = R
■ = F	■ = S
■ = G	▲ = T
■ = H	★ = U
▼ = I	▲ = V
■ = L	■ = Y
■ = M	

How many stars can you find on this page? Have a friend try. Who found the most stars?

Standards Link: Reading Comprehension: Follow simple written directions.

Circle every third letter to discover a nickname of the American flag.

**O D F L J S D W V**  
**G B N L Q O B**  
**C R U G Y**

**Extra! Extra!**  
**Veterans Day Words**

Look through the newspaper for five or more words that describe a veteran. Put the words into ABC order.

Standards Link: Research: Use the newspaper to locate information.

## Kid Scoop Puzzler

Here are some common symbols. Circle each one you have seen. Underneath each symbol, write what it means.

Standards Link: Reading Comprehension: Follow simple written directions.

## Double Double Word Search

VETERANS  
MILITARY  
COUNTRY  
SYMBOL  
PURITY  
SECRET  
NATION  
DREAM  
VALOR  
STARS  
LIGHT  
FLAG  
CODE  
BLUE

Find the words by looking up, down, backwards, forwards, sideways and diagonally.

T H G I L M A E R D  
N A T I O N T Y H S  
R A Y S B B A R N N  
T K T S M L T A S O  
E A I L Y U R T T G  
R C R L S E V I A E  
C O U N T R Y L R T  
E D P E R R F I S A  
S E V A L O R M N S

Standards Link: Letter sequencing. Recognize identical words. Skim and scan reading. Recall spelling patterns.

## FROM THE LESSON LIBRARY

### Symbol Search

Look through the newspaper for a symbol. A symbol is a picture that has a meaning. Write what the symbol means and why you think it does or does not do a good job of expressing that meaning.

Standards Link: Research: Use the newspaper to locate information.

# What rises in the morning and waves all day?

ANSWER: A flag.

## Your Neighborhood

It's what's most important to you, to your kids, to your family. It's easy to stay on top of what is happening around you with the

# Grosse Pointe News



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# SPORTS

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## Knights battle hard, fall short in thrilling soccer state final

By Mike Adzima  
 Sports Reporter

When the Division 4 state championship

game against Leland came down to the wire Saturday, Nov. 1, it was a familiar spot for University Liggett

School varsity boys soccer. After all, Brady Ancona's winning goal in extra time against Lansing Christian in the

semifinals a few days earlier got the team there. Saturday's state title matchup brought extra time for Liggett

and eventually a penalty shootout, but the Knights found themselves on the losing end of a close result this time, with Leland winning the state championship in a shootout.

"We didn't emerge victorious in the end, but I think we were victorious in a lot of other ways," Liggett boys soccer head coach David Dwaihy said. "... (Leland) came out of the gates and took an early lead and I think a lesser team might have crumbled under those circumstances. We were able to equalize before halftime and I thought we were really looking good in the second half. I was really pleased with the performance and I told the boys before the shootout that we don't need a positive result in the shootout to validate all the amazing things they accomplished throughout the season."

The Knights and Comets seemed to be pushing each other to the limit during their battle that began

Saturday morning and stretched into the afternoon. Leland took the lead 16 minutes into the game when Adrian Spencer found the back of the net. Liggett answered with just over five minutes to go before halftime as Sekou Manneh scored the equalizer for the Knights.

The 1-1 tie remained through the second half. Liggett spent much of the second 40 minutes creating good scoring opportunities, but had no luck in getting anything past Leland. Despite the offensive efforts by the Knights, the scoreboard was still even and the game went to extra time.

No winner was decided after 20 minutes of extra time, so the game went into a penalty shootout. Liggett got goals in the shootout from Ollie Cooley and Ancona, but Leland won the shootout 4-2 and took home the state

See SOCCER, page 6D



PHOTO BY MIKE ADZIMA

Ollie Cooley begins his run toward the ball for his attempt in the penalty kick shootout during the Division 4 boys soccer state championship game Saturday, Nov. 1.

### ATHLETE OF THE WEEK

## Rouleau becomes South football's ultimate playmaker

By Mike Adzima  
 Sports Reporter

Those who watched Sam Rouleau with Grosse Pointe South varsity football as a sophomore in 2024 saw glimpses of what kind of athlete he could be. He made his mark on the offense with 10 total touchdowns that year as he showcased his abilities as a runner and receiver. However, his fate was always to take over as the Blue Devils' starting quarterback beginning in 2025.

While there may have been some questions as to how ready Rouleau was to be a full-time QB, those have been answered at this point. The junior has showcased his ability to power South both through the air and on the ground, becoming the focal point of the offense. He also has seamlessly transitioned into being one of the team's true leaders, a

Grosse Pointe News



**Sam Rouleau**  
 School: Grosse Pointe South  
 Sport: Football  
 Sponsored by Fairway Packing Co.

ready to lead the team," Rouleau said.

Through 10 games this season, Rouleau has passed for 1,078 yards with seven touchdowns. He also is South's second-leading rusher with

role for which he's been preparing since last season ended.

"I trained hard in the offseason because I knew how important this role was and that I had to have that leadership and a good mentality to get

863 yards on the ground and leads the Blue Devils with 17 trips to the end zone.

What makes Rouleau dangerous is his ability to take off at any moment. When he has the ball in his hands, he



PHOTO BY RENEE LANDUYT

South junior QB sprints to the end zone for a rushing touchdown in a game against Roseville Sept. 26.

becomes the most elusive player on the field. He knows his ability to create a big play out of nothing is something special.

"I like being considered a dual-threat," Rouleau said. "If it's a designed pass play, I can

drop back if I'm not seeing much of anything, but if I see green grass in front of me, I know that I can take off and go get it. It's nice knowing that it's just always an option."

Rouleau has helped create explosive plays all season for the Blue

Devils' offense. What also helps is the chemistry he has with the guys around him who also have become valuable pieces for South this season.

Teammates like Trey See ATHLETE, page 2D

### Rouleau Rules

- 1,078 passing yards and 7 TDs at QB for South
- Rushed for 863 yards and leads team with 17 TDs
- Recorded 1+ Rushing and Passing TDs in 6 games this season



**SCORE BIG WITH EVERY BITE.**

2D | SPORTS

# Eastside FC fights hunger with Forgotten Harvest

By Mike Adzima  
Sports Reporter

The holidays are a great time to give back to the community, which can be especially meaningful now with the government shutdown causing an increase in families across Michigan facing food insecurity. That is why Eastside FC has begun its “Kicks for Cans” challenge this month, in partnership with Forgotten Harvest, to combine soccer skills with helping those in need.

Eastside FC, a Grosse Pointe-based youth soccer organization, began the initiative Nov. 1, with plans to continue it through the week of Thanksgiving. “Kicks for Cans” is open to all Eastside players, coaches, family mem-

bers and volunteers who can take part in the challenge to see how many kicks, or “juggles,” of a soccer ball the club can tally.

With Eastside FC currently between outdoor and indoor soccer seasons, the “Kicks for Cans” campaign also allows players to keep practicing and improving their soccer skills while helping the community. Participants can take a video of themselves juggling the ball and post it to Facebook or Instagram and tag Eastside FC with #KicksForCans.

For each juggle, Eastside FC will donate one canned food item, or a cash equivalent, to Forgotten Harvest, an organization that helps fight hunger in metro Detroit. The ultimate goal for Eastside FC is

1,000 canned goods donated. That would translate to up to \$5,600 worth of groceries going to help those facing food insecurity, based on Forgotten Harvest’s impact statement that “Every \$10 donated provides \$70 worth of groceries or 30 meals to your neighbors.”

“Eastside FC’s ‘Kicks for Cans’ campaign with Forgotten Harvest represents the true spirit of the community we try to foster throughout our club every year,” said Eastside FC Board of Directors President Bob Kruse. “Through this partnership, every juggle goes to support food for those in need.”

For more information on how to participate, visit Facebook.com/eastsidefc or Instagram @Eastsidefc\_.



COURTESY PHOTOS

Eastside FC has partnered with Forgotten Harvest to begin its “Kicks for Cans” campaign, where Eastside players and families can help reach the goal of 1,000 canned goods donated.



Eastside Select 2018 Boys Green player Damen Castro-Savich juggles a soccer ball to contribute to Eastside FC’s “Kicks for Cans” campaign.



PHOTO BY RENEE LANDUYT

Rouleau stands with his South teammates during the national anthem ahead of the Blue Devils’ playoff game Saturday, Nov. 1.

## ATHLETE:

Continued from page 1D

Grabowski and Kooper Richards have become some of Rouleau’s favorite targets in the passing game. He has handed off the ball flawlessly many times to fellow junior and running back Charlie Michelotti, another longtime friend and key factor in South’s offense. Rouleau has known these teammates and more for years, even before getting to South and being on the varsity team together. Being starters on the field together has only made their chemistry stronger. “I’ve grown up with a lot of these guys and we’ve been playing sports together our whole lives, so the chemistry was already there,”

he said. “Football is just another way to mesh together. At practice, we’re always communicating.”

Rouleau gets plenty of confidence from being surrounded by teammates he has trusted for years. What also has given him confidence as a quarterback is remembering he learned from one of the best to ever play under center for the Blue Devils.

Jack Lupo helped lead South football to its most wins ever in a single season as the starting quarterback in 2024 and showed Rouleau what it takes to lead. Rouleau saw Lupo as a valuable mentor who gave him some big shoes to fill, but helped lay the foundation for Rouleau’s rising success.

“It’s hard to come in

and play quarterback after him because he was so great and one of the best I’ve ever seen play high school football,” Rouleau said. “We had a really good relationship last year. I admired him and knew that this was what I wanted to do.”

With 10 games down his first year taking over for Lupo, Rouleau has begun to prove he is worthy of taking over the mantle. Rouleau’s coaches have seen his potential from the start, with South coach Chad Hepner calling him a “super explosive athlete” before the season even started.

With everything he has done this season, Rouleau is not finished making his mark. A playoff win for South over Roseville on Saturday, Nov. 1, has the Blue Devils continuing for another week in the post-season, giving Rouleau and his teammates another week to learn and grow together while enjoying the journey.

“We hold ourselves to a standard of perfection and it’s even more important now,” he said. “Every week depends on how you play the week before. I like how it makes sure that everyone is focused in practice and working toward the weekend, so that we can keep this going as long as possible.”

Grosse Pointe News Do you know an outstanding high school athlete?

**ATHLETE OF THE WEEK**

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**GROSSE POINTE PUBLIC SCHOOL SYSTEM ADVERTISEMENT FOR BID**

Grosse Pointe Public School System will receive sealed bid proposals until **2:00 p.m. EST on November 14th, 2025** for Roofing Contractor Services for the 2026 North Roofing Project. Grosse Pointe Public School System will not consider or accept a bid received after the date and time specified for the bid submission.

Pre-bid Clarifications must be sent to Gary Kent from Plante Moran Realpoint at [gary.kent@plantemoran.com](mailto:gary.kent@plantemoran.com) by **November 7th, 2025 at 2:00 p.m. EST**

All bids must be addressed to: Grosse Pointe Public School System, 20601 Morningside Dr., Grosse Pointe Woods, MI 48236. Attention Ben Matteson, Director of Operations.

All bids must be accompanied by a sworn and notarized statement disclosing any familial relationship that exists between the owner or any employee of the bidder and any member of the board, board of directors, or the superintendent of the school district. A sworn and notarized Iran Disclosure Statement must also be included along with a Familial Disclosure Statement, Criminal Background Disclosure Affidavit, and a Non-Collusive Affidavit.

**Bid documents may be viewed and downloaded at:**

<https://app.e-builder.net/public/publicLanding.aspx?QS=c2cbbff4d76d4bfe9ad0fd92adeff413>

Documents will be available for viewing on **October 31st, 2025**. Any questions, contact Gary Kent from Plante Moran Realpoint at [gary.kent@plantemoran.com](mailto:gary.kent@plantemoran.com).

Published: GPN, 11/6/2025

**VILLAGE OF GROSSE POINTE SHORES, A MICHIGAN CITY**

**NOTICE OF ENACTMENT OF ORDINANCE NO. 283**

Notice is hereby given that at its regular meeting held on October 21, 2025, the Grosse Pointe Shores City Council passed Ordinance No. 283.

Ordinance No. 283 amends Chapter 12 of the City Code of Ordinances by revising its Article I, Sections 12-1 through 12-8, concerning the City’s requirements for the construction, placement and dimensions of fences and walls.

A copy of Ordinance No. 283 is available for public inspection at the City Offices.

**Courtney Smith**  
City Clerk  
The Village of Grosse Pointe Shores,  
A Michigan City

GPN: 11/6/2025

# South football survives scare in playoff opener against Roseville

By Mike Adzima  
Sports Reporter

With about six minutes left in the third quarter of its first-round playoff game against Roseville Saturday, Nov. 1, Grosse Pointe South varsity football seemed to be settling in comfortably with a three-touchdown lead. However, no lead is ever truly safe, especially in the playoffs, and the Blue Devils found themselves battling to keep the scoreboard in their favor down to the final seconds, only to narrowly escape with a 28-27 win over the Panthers.

“We’ve been in that type of situation with (Roseville) before,” South football head coach Chad Hepner said after the game. “It was a last-second play last year with them in the first round of the playoffs, so nobody was surprised that it came down to the last minute. I told the guys at halftime that we have to play as a team, even though we had a man go down. With our starting quarterback going down, we were going to pick him up and everybody had a part in that.”

South’s starting quarterback, Sam Rouleau, had to leave the game due to injury just before halftime, but his impact



PHOTOS BY RENEE LANDUYT

South’s William Scott (No. 53) hoists receiver Kooper Richards in the air to celebrate Richards catching a touchdown pass in the Blue Devils’ 28-27 playoff win against Roseville Saturday, Nov. 1.

on South’s victory was undeniable. The junior had a rushing touchdown and threw a 47-yard touchdown to Kooper Richards. Those plays, combined with a pick-six by Ethan Morgan for South’s defense early in the game, helped set the Blue Devils up with a 21-7 lead at halftime.

Andrew Wilson took over under center for the

Blue Devils following Rouleau’s injury and helped extend the lead with a 37-yard rushing touchdown in the third quarter to make it 28-7 in favor of South.

Roseville did not give the Blue Devils time to rest on their laurels after that. The Panthers struck quickly with a touchdown pass from senior quarterback Ryan Davis to receiver Milton

Standifer that narrowed the gap to two scores before the end of the third quarter.

The Davis-to-Standifer connection worked wonders for Roseville in the second half. The two connected for another touchdown to make it 28-21 early in the fourth quarter. The Blue Devils then had a chance to again extend their lead to double digits, but could not capitalize on the opportunity after a

missed field goal.

With just less than four minutes left in the game, Davis found Standifer again for another big-play touchdown to make it 28-27, but Roseville missed the potential game-tying extra point.

That ended up being the difference in the game. The Panthers got the ball for one last drive in the final minutes of the game, but South’s defense made one last stand to stop Roseville’s

comeback bid.

Wilson completed six passes for 42 yards and had 62 rushing yards after taking over at QB for South mid-game. Charlie Michelotti had another strong day on the ground, carrying the ball 23 times for 110 yards. Richards was the leading receiver with four catches for 81 yards and a touchdown.

After defeating Roseville in the opening round of the postseason, another familiar division foe awaits the Blue Devils in the district championship game. South will take on Lakeview in the next round of the Division 2 playoffs, giving the Blue Devils a chance at redemption. The Huskies handed South its only loss of the season on homecoming night, Oct. 11, winning 25-22 on a game-winning field goal with four seconds remaining.

“I’ve never wanted to play a team that we lost to as soon as possible as much as this Lakeview team,” Hepner said. “We’ve got a lot of respect for them. They earned the victory in the regular season, so we’re going to have to go earn this one. We’re really happy to have another chance at them.”

South hosts Lakeview in the district final Saturday, Nov. 8, with kickoff at 1 p.m.



Junior QB Andrew Wilson reaches the end zone after a 37-yard run in the third quarter against Roseville.



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4D | SPORTS

# Runners finish season strong at XC states

By Mike Adzima  
Sports Reporter

Another fall sports season reached its exciting conclusion last week with the boys and girls cross-country state finals. One runner from Grosse Pointe South and two from Grosse Pointe North made the trip to Michigan International Speedway Saturday, Nov. 1, to represent the Pointes. While none of the athletes brought home hardware, all closed out the season showing they belonged among the best in the state.

**South**  
Freshman Eleanor Pilsner was the lone Blue Devil who earned a spot

in the Division 1 state finals after running one of the best times at the regional meet the week before. An injury early in the week set her back a bit. She may have not finished near the top, but Pilsner still finished the race at states with a time of 22:12 while powering through the adversity.

“A late-season injury prevented Eleanor from running at 100 percent at the finals, but like every single race this season, she ran with heart and soul,” said South girls cross-country coach Steve Zaranek.

**North**  
The Norsemen had a pair of runners from the boys team who earned their spots in the Division

2 state finals. Neil Orlowski and Paul Stephens represented North at the final race last Saturday. Orlowski finished the race with a time of 17:15, landing him just outside the top 150 runners. Stephens came in just outside of the top 200 with his time of 17:42.

“Both Neil and Paul capped off outstanding cross country careers at North with fine showings in a highly competitive race,” said North coach Jim Fisher. “A highlight of the day was that 10 of their Norsemen teammates traveled to support Paul and Neil in their final race. That reflects the closeness and team pride that have defined this group all season.”



COURTESY PHOTO

South freshman Eleanor Pilsner finished with a time of 22:12 in the Division 1 girls cross-country state finals Saturday, Nov. 1.



## Red Barons headed to Super Bowl

Grosse Pointe Red Barons varsity players and coaches celebrate after clinching a 41-34 playoff victory against the Plymouth-Canton Steelers Sunday, Nov. 2. Julian Wade ran for two touchdowns, including one from 55-yards out. QB Charlie Bunch connected for a TD with Will Krall. Will Kowal threw three touchdowns – two to Michael Agnone and one to Will Krall. The win earned the Red Barons a spot in the Michigan Youth Football & Cheer Conference (MYFCC) Super Bowl. The Red Barons freshman team also earned a trip to the Super Bowl by defeating Plymouth-Canton 13-0. Both Red Barons teams will compete in their championship matchups Saturday, Nov. 8, at Fraser High School. Freshman faces the Southeast Ferndale Eagles at 11 a.m. and varsity takes on the Rochester Raiders at 4 p.m.

COURTESY PHOTO

# MORE SPORTS EVERY WEEK

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6D | SPORTS



PHOTO BY MIKE ADZIMA

Sekou Manneh celebrates after scoring the equalizing goal for Liggett to tie the Division 4 state championship game 1-1 late in the first half.

**SOCCER:**

*Continued from page 1D*

championship with a 2-1 victory.

The final result was heartbreaking in the moment for the Knights, but the team knows the importance of having pride in how far they were able to go this fall. The coaches and players for Liggett saw the great chemistry the team had and were able to keep that together to the very end.

"It's a testament to the culture of the program and what the boys brought to that because they wanted to keep

going," Dwaihy said. "It's a long fall season during a busy time, sometimes it's understandable if the sentiment is you want to move on, but these guys were so eager to be around each other for as much time as possible. It's a great collection of kids, so to have a couple extra practices and games with them was a gift."

The Knights finish the season with a record of 18-3-1. The team added plenty of hardware to the trophy case this fall by winning the CHSL championship along with district and regional titles.

Zingas dazzles in China with silver medal

COURTESY PHOTO



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